

2026

Summary of Benefits

HMO C-SNP

ILLINOIS

H4624-010 Zing Essential Wellness Diabetes & Heart IL (HMO C-SNP)
Service Area: Boone, Cook, DeKalb, DuPage, Kane, Kankakee, Kendall, Lake, McHenry, Ogle, Will, and Winnebago Counties

H4624-028 Zing Elite Diabetes & Heart IL (HMO C-SNP)
Service Area: Boone, Cook, Kane, Will, and Winnebago Counties

Zing Health contracts with Medicare to offer Medicare Advantage HMO, HMO SNP, PPO, and PPO SNP plans in select states. Enrollment in Zing Health depends on contract renewal. All Zing Health products and services are provided exclusively by or through operating subsidiaries of Zing Health Consolidator, Inc., including Zing Health, Inc., and Zing Health of Michigan, Inc. The Zing Health name, logo, and other Zing Health marks are owned by Zing Health Holdings, Inc.

The benefit information provided does not list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, please call 1-866-946-4458 (TTY: 711) and request the "Evidence of Coverage" or access it online at myzinghealth.com.

To join Zing Health, you must be entitled to Medicare Part A, be enrolled in Part B, and live in the plan's service area. The service area includes the counties listed in the first row of the chart below for each plan. These plans are specifically for someone who has been diagnosed with Cardiovascular disorders (limited to cardiac

arrhythmias, coronary artery disease, peripheral vascular disease, and valvular heart disease), Chronic heart failure and/or Diabetes mellitus.

For HMO plans, except in emergency situations, if you use providers that are not in our network, we may not pay for these services.

For coverage and costs of Original Medicare, look in your current "Medicare & You" handbook. View it online at www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 7 days a week, 24 hours a day. TTY users should call 1-877-486-2048.

This document is available in other formats such as braille, large print, or audio.

For more information, please call us at 1-866-946-4458 (TTY: 711). Hours are 8:00 a.m. to 8:00 p.m., 7 days a week from October 1 – March 31 (except Thanksgiving and Christmas Day) and 8:00 a.m. to 8:00 p.m. Monday – Friday from April 1 – September 30 or visit us at myzinghealth.com.

Monthly Premium, Deductible, and Limits on How Much you Pay for Covered Services

Benefit Coverage

Services with a ¹ may require prior authorization.

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Uses a Provider-Specific Network⁺

PREMIUMS, DEDUCTIBLES, AND MOOP

Monthly Plan Premium (medical and drugs)

\$0. You must continue to pay your Medicare Part B premium unless paid on your behalf by Medicaid.

\$0. You must continue to pay your Medicare Part B premium unless paid on your behalf by Medicaid.

Deductible (medical)

\$0. See Part D prescription drug section for Part D deductible.

\$0. See Part D prescription drug section for Part D deductible.

Maximum Out-of-Pocket Responsibility (medical)

You pay no more than \$3,650 annually for in-network Medicare-covered services.

You pay no more than \$3,200 annually for in-network Medicare-covered services.

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INPATIENT AND OUTPATIENT HOSPITAL COVERAGE

Inpatient Hospital ¹	You pay \$275 per day for days 1-6; You pay \$0 per day for days 7 and beyond per admission or stay.	You pay \$275 per day for days 1-6; You pay \$0 per day for days 7 and beyond per admission or stay.
Outpatient Hospital ¹	You pay \$200 per visit.	You pay \$95 per visit.
Ambulatory Surgical Center (ASC) ¹	You pay \$100 per visit.	You pay \$50 per visit.

DOCTOR VISITS

Doctor Visits		
• Primary Care Provider	You pay \$0 per visit.	You pay \$0 per visit.
• Specialists	You pay \$0 per visit for Cardiologist, Endocrinologist, Gerontologist, Nephrologist, Ophthalmologist, Pulmonologist. You pay \$15 for all other Specialists.	You pay \$0 per visit for Cardiologist, Endocrinologist, Gerontologist, Nephrologist, Ophthalmologist, Pulmonologist. You pay \$10 for all other Specialists.

PREVENTIVE CARE

Preventive Care (e.g., colorectal cancer screening, flu vaccine, mammogram)	You pay \$0 per service.	You pay \$0 per service.
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EMERGENCY CARE

Emergency Care	You pay \$135; If you are admitted to the hospital within 24 hours, then you do not have to pay \$135.	You pay \$140; If you are admitted to the hospital within 24 hours, then you do not have to pay \$140.
Worldwide Emergency and Urgent Care (Emergency Transportation not included)	You pay \$0 for emergency and urgent care services received outside of the United States and its territories. Our plan will reimburse up to a \$100,000 maximum benefit amount per year.	You pay \$0 for emergency and urgent care services received outside of the United States and its territories. Our plan will reimburse up to a \$100,000 maximum benefit amount per year.
Urgently Needed Services	You pay \$0 per visit at a PCP office; You pay \$10 per visit at other locations.	You pay \$0 per visit at a PCP office; You pay \$10 per visit at other locations.

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DIAGNOSTIC SERVICES/LABS/IMAGING

Diagnostic Services/ Labs/Imaging

If a member receives multiple services on the same day, only the maximum copay applies for services.

- **Diagnostic tests and procedures** ¹

You pay \$0 for outpatient COVID tests; You pay \$25 for all other Medicare-covered diagnostic tests and procedures.

You pay \$0 for outpatient diagnostic tests and procedures.

- **Lab services** ¹

You pay \$0 for Lab services.

You pay \$0 for Lab services.

- **MRI, CAT Scan** ¹

You pay \$50 for CT, MRI, PET Scan at a doctor's office; You pay \$100 at a facility.

You pay \$50 for CT, MRI, PET Scan at a doctor's office; You pay \$100 at a facility.

- **X-Rays**

You pay \$0 for X-rays.

You pay \$0 for X-rays.

- **Therapeutic Radiology** ¹
(chemotherapy, nuclear medicine, radiation)

You pay 20% of the cost for Medicare-covered services.

You pay 20% of the cost for Medicare-covered services.

HEARING SERVICES

Hearing Services

- **Medicare-Covered Hearing Exams**

You pay \$20 for Medicare-covered hearing exams.

You pay \$20 for Medicare-covered hearing exams.

- **Routine Hearing Exam**

You pay \$0 for 1 routine hearing exam per year.

You pay \$0 for 1 routine hearing exam per year.

- **Hearing Aid Fitting and Evaluation**

You pay \$0 for 1 hearing aid fitting and evaluation every 3 years.

You pay \$0 for 1 hearing aid fitting and evaluation every 3 years.

- **Hearing Aids**

You pay \$0 for hearing aids; You receive a \$750 benefit allowance towards hearing aids per ear every 3 years.

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DENTAL SERVICES

Dental Services

You receive a \$2,500 benefit allowance every year for diagnostic, preventive, and comprehensive dental benefits combined.

You receive a \$2,500 benefit allowance every year for diagnostic, preventive, and comprehensive dental benefits combined.

- **Medicare Dental Services ¹**

You pay \$0 for certain emergent or complicated dental services received when in the hospital.

You pay \$0 for certain emergent or complicated dental services received when in the hospital.

- **Diagnostic and Preventive Dental Services**

You pay \$0 for diagnostic and preventive dental services.

- 1 Oral exam every 6 months
- 1 Prophylaxis (cleaning) every 6 months
- 1 Fluoride treatment every year
- 1 X-ray set per year

You pay \$0 for diagnostic and preventive dental services.

- 1 Oral exam every 6 months
- 1 Prophylaxis (cleaning) every 6 months
- 1 Fluoride treatment every year
- 1 X-ray set per year

- **Comprehensive Dental Services ¹**

You pay \$0 for comprehensive dental services.

- Restorative Services (crowns)
- Endodontics (root canals)
- Periodontics (scaling/root planing)
- Prosthodontics, fixed and removable (dentures, partials)
- Oral and Maxillofacial Surgery (extractions)
- Adjunctive General Services

You pay \$0 for comprehensive dental services.

- Restorative Services (crowns)
- Endodontics (root canals)
- Periodontics (scaling/root planing)
- Prosthodontics, fixed and removable (dentures, partials)
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VISION SERVICES

Vision Services

- **Medicare-Covered Eye Exams**
- **Routine Eye Exams**
- **Medicare-Covered Eyewear**
- **Routine Eyewear**

You pay \$0 for diabetic retinopathy exams; you pay \$20 for all other Medicare-covered eye exams.

You pay \$0 for 1 routine eye exam per year.

You pay \$0 for Medicare-covered eyewear.

You pay \$0 for routine eyewear; You receive a \$300 benefit allowance towards Eyeglass (lenses and frames), Eyeglass lenses, Eyeglass frames, or a pair of Contacts every year.

You pay \$0 for diabetic retinopathy exams; you pay \$20 for all other Medicare-covered eye exams.

You pay \$0 for 1 routine eye exam per year.

You pay \$0 for Medicare-covered eyewear.

You pay \$0 for routine eyewear; You receive a \$350 benefit allowance towards Eyeglass (lenses and frames), Eyeglass lenses, Eyeglass frames, or a pair of Contacts every year.

MENTAL HEALTH SERVICES

Inpatient Mental Health Services ¹

You pay \$275 per day for days 1-6; You pay \$0 per day for days 7 to 90 per admission or stay.

You pay \$275 per day for days 1-6; You pay \$0 per day for days 7 to 90 per admission or stay.

Outpatient Mental Health Services ¹

- **Outpatient Group Therapy/Individual Therapy Visit ¹**

You pay \$0 per Medicare-covered session.

You pay \$0 per Medicare-covered session.

SKILLED NURSING

Skilled Nursing Facility ¹

You pay \$0 for days 1-20. You pay \$214 per day for days 21-100 of each Medicare-covered stay.

You pay \$0 for days 1-20. You pay \$214 per day for days 21-100 of each Medicare-covered stay.

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REHABILITATION SERVICES

Physical Therapy/ Speech Therapy ¹	You pay \$20 per visit.	You pay \$20 per visit.
Occupational Therapy ¹	You pay \$20 per visit.	You pay \$20 per visit.
Cardiac Rehabilitation ¹		
• Intensive Cardiac Rehabilitation ¹	You pay \$0 per visit.	You pay \$0 per visit.

AMBULANCE

Ambulance (Ground) ¹	You pay \$175 per Medicare-covered services.	You pay \$200 per Medicare-covered services.
Ambulance (Air) ¹	You pay 20% of the cost for Medicare-covered services.	You pay 20% of the cost for Medicare-covered services.

TRANSPORTATION

Transportation (Non-Emergency)	You pay \$0 for 30 one-way trips per year to plan approved health-related locations. Trips are limited to 30 miles.	You pay \$0 for 30 one-way trips per year to plan approved health-related locations. Trips are limited to 30 miles.
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MEDICARE PART B DRUGS

Medicare Part B Drugs ¹		
• Insulin ¹	You pay 0% to 20% coinsurance for insulin not to exceed \$35 for a 1-month supply.	You pay 0% to 20% coinsurance for insulin not to exceed \$35 for a 1-month supply.
• Chemotherapy and Other Drugs ¹	You pay 0% to 20% coinsurance for chemotherapy and other Part B drugs.	You pay 0% to 20% coinsurance for chemotherapy and other Part B drugs.

Step Therapy may be required.

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FOOT CARE

Podiatry Visit (Medicare-Covered)

You pay \$10 per visit.

You pay \$10 per visit.

Podiatry Visit (Routine Foot Care)

You pay \$0; up to 6 visits/year.

You pay \$0; up to 12 visits/year.

MEDICAL EQUIPMENT/SUPPLIES

Durable Medical Equipment ¹

- **Prosthetics ¹**

You pay 20% for Medicare-covered benefits.

You pay 20% for Medicare-covered benefits.

Diabetes Supplies and Services ¹

You pay 0% - 20%.

You pay \$0 for preferred brand diabetic test strips, meters and supplies prescribed by a physician and obtained at a pharmacy. For 2026, Zing's preferred brands are Accu-Chek and True Metrix.

You pay \$0 for preferred brand Continuous Glucose Monitors (CGMs) prescribed by a physician and obtained at a pharmacy. For 2026, Zing's preferred CGMs are Dexcom G6 and G7.

You pay 20% for non-preferred diabetic test strips, meters and supplies, non-preferred CGMs and CGMs billed by DME.

You pay 0% - 20%.

You pay \$0 for preferred brand diabetic test strips, meters and supplies prescribed by a physician and obtained at a pharmacy. For 2026, Zing's preferred brands are Accu-Chek and True Metrix.

You pay \$0 for preferred brand Continuous Glucose Monitors (CGMs) prescribed by a physician and obtained at a pharmacy. For 2026, Zing's preferred CGMs are Dexcom G6 and G7.

You pay 20% for non-preferred diabetic test strips, meters and supplies, non-preferred CGMs and CGMs billed by DME.

- **Diabetic Therapeutic Shoes or Inserts ¹**

You pay \$0.

You pay \$0.

- **Diabetes Self-Management Training**

You pay \$0.

You pay \$0.

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CHIROPRACTIC CARE AND ACUPUNCTURE

Chiropractic Visit (Medicare-Covered)

You pay \$20 per visit.

You pay \$20 per visit.

Acupuncture Visit (Medicare-Covered)

You pay \$0 per visit.

You pay \$0 per visit.

HOME HEALTH CARE

Home Health Care (Medicare-Covered) ¹

You pay \$0 per visit.

You pay \$0 per visit.

HOSPICE

Hospice Care

You must get your care from a Medicare certified hospice provider. You pay part of the cost for outpatient drugs.

You must get your care from a Medicare certified hospice provider. You pay part of the cost for outpatient drugs.

OUTPATIENT SUBSTANCE ABUSE

Individual and Group Therapy Visit ¹

You pay \$0 per visit.

You pay \$0 per visit.

Opioid Treatment Visit ¹

You pay \$20 per visit.

You pay \$20 per visit.

RENAL DIALYSIS

Renal Dialysis

You pay 20% for Medicare-covered benefits.

You pay 20% for Medicare-covered benefits.

Kidney Disease Education Services

You pay \$0 for Medicare-covered benefits.

You pay \$0 for Medicare-covered benefits.

IN-HOME SUPPORT SERVICES

In-Home Support Services

You pay \$0 for 60 hours per year of Papa Pals services.

You pay \$0 for 60 hours per year of Papa Pals services.

FITNESS

Fitness - Health Club Membership

You pay \$0.

You pay \$0.

24/7 NURSING HOTLINE

24/7 Nurse Hotline

You pay \$0.

You pay \$0.

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PERSONAL EMERGENCY RESPONSE SYSTEM

Personal Emergency Response System

You pay \$0.

You pay \$0.

MEAL BENEFITS

Post Discharge Meals

You pay \$0 for 14 meals after each inpatient facility discharge or surgery.

You pay \$0 for 14 meals after each inpatient facility discharge or surgery.

Chronic Condition Meals

You pay \$0 for 14 meals if you have a qualifying chronic condition and participate in a lifestyle transition program.

You pay \$0 for 14 meals if you have a qualifying chronic condition and participate in a lifestyle transition program.

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ZING SMART CARD

The following benefits are administered through Zing's Debit Card.

Over-the-Counter (OTC) Allowance

Any unused balances cannot be converted to cash or rolled over to the next benefit period.

You may receive \$75/quarter for over-the-counter items.

Over-the-Counter allowance is not covered separately from the Special Supplemental Benefits for the Chronically Ill. Please see the SSBCI benefit for OTC coverage information.

Help With Certain Chronic Conditions

Special Supplemental Benefits for the Chronically Ill (SSBCI)

The benefits mentioned are a part of special supplemental program for the chronically ill. Not all members qualify.

Any unused balances cannot be converted to cash or rolled over to the next benefit period.

You may receive \$120/month for use towards plan-approved food items and/or utilities (electric, gas, heating oil, sanitation or water). See the plan's Evidence of Coverage booklet for more information.

Members with Cardiovascular Disorders, Chronic Heart Failure, and/or Diabetes who have a high risk of hospitalization or other adverse health outcome and require intensive care coordination are eligible for this benefit.

Eligible members may receive this benefit for the first 90 days of their effective date. To continue to receive this benefit, you must complete a Health Risk Assessment (HRA) within 90 days of your effective date. Renewing members must complete their HRA within 11 months of their annual HRA due date.

You may receive \$141/month for use towards plan-approved over-the-counter items, food items and/or utilities (electric, gas, heating oil, sanitation or water). See the plan's Evidence of Coverage booklet for more information.

Members with Cardiovascular Disorders, Chronic Heart Failure, and Diabetes who have a high risk of hospitalization or other adverse health outcome and require intensive care coordination are eligible for this benefit.

Eligible members may receive this benefit for the first 90 days of their effective date. To continue to receive this benefit, you must complete a Health Risk Assessment (HRA) within 90 days of your effective date. Renewing members must complete their HRA within 11 months of their annual HRA due date.

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PART D PRESCRIPTION DRUGS

Stage #1: Yearly Deductible Stage

Your deductible amount is \$0.

Your deductible amount is \$0.

Stage #2: Initial Coverage Stage (after you pay your deductible, if applicable)

You are in the Initial Coverage Stage until your total yearly drug cost reaches \$2,100. This is the maximum that you will pay each year for Medicare Part D prescription drugs covered by the plan. Once you've reached this amount, you enter the Catastrophic Coverage Stage.

You are in the Initial Coverage Stage until your total yearly drug cost reaches \$2,100. This is the maximum that you will pay each year for Medicare Part D prescription drugs covered by the plan. Once you've reached this amount, you enter the Catastrophic Coverage Stage.

Standard Retail Benefits (30 days / 60 days / up to 100 days)

Insulins (30 days): Tiers 1, 3, 5, & 6: \$0; Tier 4: up to \$35

Tier 1 - Preferred Generic

\$0 / \$0 / \$0

\$0 / \$0 / \$0

Tier 2 - Generic (includes excluded drugs)

\$5 / \$10 / \$15

\$5 / \$10 / \$15

Tier 3 - Preferred Brand

\$47 / \$94 / \$141

\$47 / \$94 / \$141

Tier 4 - Non-Preferred Drug

25% / 25% / 25%

25% / 25% / 25%

Tier 5 - Specialty Tier (30-day supply only)

33%

33%

Tier 6 - Select Care Drugs

\$0 / \$0 / \$0

\$0 / \$0 / \$0

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Mail Order Copay (30 days / 60 days / up to 100 days)

Insulins (100 days): Tiers 1, 3, & 6: \$0; Tier 4: up to \$70

Tier 1 - Preferred Generic	\$0 / \$0 / \$0	\$0 / \$0 / \$0
Tier 2 - Generic (includes excluded drugs)	\$0 / \$0 / \$0	\$0 / \$0 / \$0
Tier 3 - Preferred Brand	\$47 / \$94 / \$94	\$47 / \$94 / \$94
Tier 4 - Non-Preferred Drug	25% / 25% / 25%	25% / 25% / 25%
Tier 5 - Specialty Tier (30-day supply only)	33%	33%
Tier 6 - Select Care Drugs	\$0 / \$0 / \$0	\$0 / \$0 / \$0

Stage #3: Catastrophic Coverage Stage

The plan pays the full cost for your covered Part D drugs. You pay \$0.

Additional Drug Coverage

Erectile Dysfunction (ED Drugs) - sildenafil

Covered at Tier 2 cost-share amount.

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Cost-Sharing may change depending on point-of-service (mail-order, retail, Long Term Care (LTC)), home infusion, the pharmacy you choose, and when you enter a new phase of the drug stages.

Important Message About What You Pay for Insulin - You won't pay more than \$35 for a one-month supply of each insulin product covered by our plan, no matter what cost-sharing tier it's on.

Important Message About What You Pay for Vaccines - Our plan covers most Part D vaccines at no cost to you. Call Member Services for more information.

Your cost share may differ depending on when you enter another phase of the drug benefit and if you qualify for "Extra Help." To find out if you qualify for "Extra Help," please contact the Social Security Office at 1-800-772-1213, Monday through Friday, 7 a.m. – 7 p.m. TTY users should call 1-800-325-0778.

For more information on additional pharmacy specific cost-share and the drug coverage stages, please call Member Services or access our "Evidence of Coverage" online or request one by mail.

⁺ Zing Elite Diabetes & Heart IL (HMO C-SNP) is a Provider Specific Plan (PSP) and has a network of doctors, hospitals, pharmacies, and other providers that have agreed to participate in the network for this plan. As a member of a PSP, you must select a Primary Care Physician (PCP) from a subset of PCPs within this designated network. Except in emergency situations or out-of-area urgently needed services, if you use providers that are not associated with Zing Elite Diabetes & Heart IL (HMO C-SNP) PSP specific network, the plan may not pay for these services.