



Summary of Benefits 2026

UHC Dual Choice DC-Q001 (PPO D-SNP)

Look inside to learn more about the plan and the health and drug services it covers.
Contact us for more information about the plan.



UHC.com/CommunityPlan



Toll-free **1-844-560-4944**, TTY **711**
8 a.m.–8 p.m. local time, 7 days a week

**United
Healthcare®**

Introduction

This document is a brief summary of the benefits and services covered by UHC Dual Choice DC-Q001 (PPO D-SNP). It includes answers to frequently asked questions, important contact information, an overview of benefits and services offered, and information about your rights as an enrollee of UHC Dual Choice DC-Q001 (PPO D-SNP). Key terms and their definitions appear in alphabetical order in the last chapter of the **Enrollee Handbook**.

Table of Contents

A.	Disclaimers.....	3
B.	Frequently asked questions (FAQ)	5
C.	List of covered services	9
D.	Benefits covered outside of UHC Dual Choice DC-Q001 (PPO D-SNP)	19
E.	Services that UHC Dual Choice DC-Q001 (PPO D-SNP), Medicare, and DC Medicaid don't cover	20
F.	Your rights as an enrollee of the plan	21
G.	How to file a complaint or appeal a denied service.....	22
H.	What to do if you suspect fraud	23

 **If you have questions**, please call UHC Dual Choice DC-Q001 (PPO D-SNP) at **1-866-242-7726** and TTY **711**, 8 a.m.–8 p.m., 7 days a week, October–March; 8 a.m.–5:30 p.m., Monday–Friday, April–September. The call is free.
For more information, visit **MyUHC.com/CommunityPlan**.

A. Disclaimers



This is a summary of health services covered by UHC Dual Choice DC-Q001 (PPO D-SNP) for January 1, 2026 to December 31, 2026. This is only a summary. Please read the Enrollee Handbook for the full list of benefits.

- ❖ UHC Dual Choice DC-Q001 (PPO D-SNP) is insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract and a contract with the District Medicaid Program. Enrollment in the plan depends on the plan's contract renewal with Medicare and District Medicaid.
- ❖ For more information about Medicare, you can read the **Medicare & You** handbook. It has a summary of Medicare benefits, rights, and protections and answers to the most frequently asked questions about Medicare. You can get it at the Medicare website ([medicare.gov](https://www.medicare.gov)) or by calling 1-800-MEDICARE (1-800-633-4227) TTY users should call 1-877-486-2048.
- ❖ For more information about UHC Dual Choice DC-Q001 (PPO D-SNP), you can check the DC Department of Health Care Finance website at dhcf.dc.gov/page/district-dual-choice-d-snps, contact the DC Office of Health Care Ombudsman and Bill of Rights at 202-724-7491, TTY 711, Monday-Friday 9 a.m.-4:45 p.m., or contact the DC State Health Insurance Assistance Program (SHIP) at 202-727-8370, TTY 711, Monday-Friday, 9:30 a.m.-4:30 p.m.
- ❖ UnitedHealthcare does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities.
- ❖ UnitedHealthcare provides free services to help you communicate with us such as documents in other languages, Braille, large print, audio, or you can ask for an interpreter. Please contact our number at **1-866-242-7726** for additional information (TTY users should call **711**). Hours are 8 a.m.–8 p.m.: 7 Days Oct–Mar; 8 a.m.–5:30 p.m. M–F Apr–Sept.
- ❖ UnitedHealthcare ofrece servicios gratuitos para ayudarle a que se comunique con nosotros. Por ejemplo, documentos en otros idiomas, braille, letra grande, audio o bien, usted puede pedir un intérprete. Comuníquese con nuestro número de Servicio al Cliente al **1-866-242-7726**, para obtener información adicional (los usuarios de TTY deben comunicarse al **711**). Los horarios de atención son de 8 a.m. a 8 p.m.: los 7 días de la semana, de octubre a marzo; 8 a.m.–5:30 p.m. de lunes a viernes, de abril a septiembre.
- ❖ Benefits, features, and/or devices may vary by plan/area. Limitations, exclusions and/or network restrictions may apply.
- ❖ You can get this document for free in other formats, such as large print, braille, or audio. Call **1-866-242-7726**, TTY **711**, 8 a.m.–8 p.m., 7 Days a week, October–March; 8 a.m.–5:30 p.m., Monday–Friday, April–September. The call is free.



If you have questions, please call UHC Dual Choice DC-Q001 (PPO D-SNP) at **1-866-242-7726** and TTY **711**, 8 a.m.–8 p.m., 7 days a week, October–March; 8 a.m.–5:30 p.m., Monday–Friday, April–September. The call is free.
For more information, visit **MyUHC.com/CommunityPlan**.

- This document is available for free in Spanish and Amharic.
- To make or change a standing request to get this document, now and in the future, in a language other than English or in an alternate format, call UHC Dual Choice DC-Q001 (PPO D-SNP) Enrollee Services at the number at the bottom of this page.

Hearing aids

Other hearing exam providers are available in the UnitedHealthcare network. The plan only covers hearing aids from a UnitedHealthcare Hearing network provider. Provider network size may vary by local market. OTC hearing aid warranties, if available, will vary by device and are handled through the manufacturer. One-time professional fee may apply for prescription hearing aids.

Routine dental benefits

If your plan offers out-of-network dental coverage and you see an out-of-network dentist, you might be billed more. Provider network may vary in local market. Dental network size based on Zelis Network360, May 2025.

OTC, healthy food, utilities + wellness support

OTC, food and utility benefits have expiration time frames. Review your **Enrollee Handbook** for more information. The healthy food and utilities benefit is a special supplemental benefit only available to chronically ill enrollees with a qualifying condition, such as diabetes, cardiovascular disorders, chronic heart failure, chronic high blood pressure and/or chronic high cholesterol, and who also meet all applicable plan coverage criteria. There may be other qualified conditions not listed. Certain wellness support services are provided by third parties not affiliated with UnitedHealthcare and participation may be subject to your acceptance of the third parties' respective terms and policies. UnitedHealthcare is not responsible for the services provided by third parties.

Out-of-network/non-contracted providers are under no obligation to treat UnitedHealthcare enrollees, except in emergency situations. Please call our customer service number or see your **Enrollee Handbook** for more information, including the cost-sharing that applies to out-of-network services.

The Formulary, pharmacy network, and/or provider network may change at any time. You will receive notice when necessary.

Rewards Program

Reward offerings may vary by plan and are not available in all plans. Reward program terms of service apply.

All trademarks are property of their respective owners.



If you have questions, please call UHC Dual Choice DC-Q001 (PPO D-SNP) at **1-866-242-7726** and TTY **711**, 8 a.m.–8 p.m., 7 days a week, October–March; 8 a.m.–5:30 p.m., Monday–Friday, April–September. The call is free.
For more information, visit **MyUHC.com/CommunityPlan**.

B. Frequently asked questions (FAQ)

The following chart lists frequently asked questions.

Frequently asked questions	Answers
<p>What's a UHC Dual Choice D-SNP?</p>	<p>A Dual Eligible Special Needs Plan (D-SNP) is a type of Medicare Advantage health plan. A D-SNP is for individuals who are dually eligible for both Medicare and DC Medicaid. A D-SNP covers all of your Medicare and prescription drug benefits (Medicare Part D) and provides all of your Medicaid services and drugs for which you are eligible under the DC Medicaid program.</p>
<p>Will I get the same Medicare and DC Medicaid benefits in UHC Dual Choice DC-Q001 (PPO D-SNP) that I get now?</p>	<p>You'll get most of your covered Medicare and DC Medicaid benefits directly from UHC Dual Choice DC-Q001 (PPO D-SNP). You'll work with a team of providers who will help determine what services will best meet your needs. This means that some of the services you get now may change based on your needs, and your doctor and care team assessment. You may also get other benefits outside of your health plan the same way you do now, directly from a District agency or specialty mental health and substance use disorder services.</p> <p>When you enroll in UHC Dual Choice DC-Q001 (PPO D-SNP), you and your care team will work together to develop a care plan to address your health and support needs, reflecting your personal preferences and goals.</p> <p>If you're taking any Medicare Part D drugs that UHC Dual Choice DC-Q001 (PPO D-SNP) doesn't normally cover, you can get a temporary supply and we'll help you to transition to another drug or get an exception for UHC Dual Choice DC-Q001 (PPO D-SNP) to cover your drug if medically necessary. For more information, call Enrollee Services at the numbers listed at the bottom of this page.</p>

 **If you have questions**, please call UHC Dual Choice DC-Q001 (PPO D-SNP) at **1-866-242-7726** and TTY **711**, 8 a.m.–8 p.m., 7 days a week, October–March; 8 a.m.–5:30 p.m., Monday–Friday, April–September. The call is free. **For more information**, visit **MyUHC.com/CommunityPlan**.

Frequently asked questions	Answers
<p>Can I use the same doctors I use now?</p>	<p>This is often the case. If your providers (including doctors, hospitals, therapists, pharmacies, and other health care providers) work with UHC Dual Choice DC-Q001 (PPO D-SNP) and have a contract with us, you can keep going to them.</p> <ul style="list-style-type: none"> • Providers with an agreement with us are “in-network.” Network providers participate in our plan. That means they accept enrollees of our plan and provide services our plan covers. If you use providers or pharmacies that aren’t in our network, the plan may not pay for these services or drugs. • If you need urgent or emergency care or out-of-area dialysis services, you can use providers outside of UHC Dual Choice DC-Q001 (PPO D-SNP)’s plan. • If you are currently under treatment with a provider that is out of UHC Dual Choice DC-Q001 (PPO D-SNP)’s network, you may choose to continue this treatment, regardless of whether this provider is in UHC Dual Choice DC-Q001 (PPO D-SNP)’s provider network, through a transitional period until the course of treatment is concluded or for 30 days, whichever is longer. Call Enrollee Services for more information about staying connected. <p>To find out if your providers are in the plan’s network, call Enrollee Services at the numbers listed at the bottom of this page or read UHC Dual Choice DC-Q001 (PPO D-SNP)’s Provider and Pharmacy Directory on the plan’s website at MyUHC.com/CommunityPlan.</p> <p>If UHC Dual Choice DC-Q001 (PPO D-SNP) is new for you, we’ll work with you to develop an Individualized Plan of Care to address your needs.</p>
<p>What’s a UHC Dual Choice DC-Q001 (PPO D-SNP) care navigator?</p>	<p>A UHC Dual Choice DC-Q001 (PPO D-SNP) care navigator is one main person for you to contact. This person helps to manage all your providers and services and make sure you get what you need.</p>

 **If you have questions**, please call UHC Dual Choice DC-Q001 (PPO D-SNP) at **1-866-242-7726** and TTY **711**, 8 a.m.–8 p.m., 7 days a week, October–March; 8 a.m.–5:30 p.m., Monday–Friday, April–September. The call is free. **For more information**, visit **MyUHC.com/CommunityPlan**.

Frequently asked questions	Answers
<p>What are Long-term Services and Supports (LTSS)?</p>	<p>Long-term Services and Supports are help for people who need assistance to do everyday tasks like bathing, toileting, getting dressed, making food, and taking medicine. Most of these services are provided at your home or in your community but could be provided in a nursing home or hospital. In some cases, another agency may administer these services, and your care navigator or care team will work with that agency.</p>
<p>What happens if I need a service but no one in UHC Dual Choice DC-Q001 (PPO D-SNP)'s network can provide it?</p>	<p>Most services will be provided by our network providers. If you need a service that can't be provided within our network, UHC Dual Choice DC-Q001 (PPO D-SNP) will pay for the cost of an out-of-network provider.</p>
<p>Where's UHC Dual Choice DC-Q001 (PPO D-SNP) available?</p>	<p>The service area for this plan includes: Washington, DC. You must live in this area to join the plan.</p> <p>* Call Enrollee Services at the numbers listed at the bottom of this page for more information about whether the plan is available where you live.</p>

 **If you have questions**, please call UHC Dual Choice DC-Q001 (PPO D-SNP) at **1-866-242-7726** and TTY **711**, 8 a.m.–8 p.m., 7 days a week, October–March; 8 a.m.–5:30 p.m., Monday–Friday, April–September. The call is free. **For more information**, visit **[MyUHC.com/CommunityPlan](https://www.uhc.com/CommunityPlan)**.

Frequently asked questions	Answers
<p>What's prior authorization?</p>	<p>Prior authorization means an approval from UHC Dual Choice DC-Q001 (PPO D-SNP) to seek services outside of our network or to get services not routinely covered by our network before you get the services. UHC Dual Choice DC-Q001 (PPO D-SNP) may not cover the service, procedure, item, or drug if you don't get prior authorization.</p> <p>If you need urgent or emergency care or out-of-area dialysis services, you don't need to get prior authorization first. UHC Dual Choice DC-Q001 (PPO D-SNP) can provide you or your provider with a list of services or procedures that require you to get prior authorization from UHC Dual Choice DC-Q001 (PPO D-SNP) before the service is provided.</p> <p>Refer to Chapter 3, of the Enrollee Handbook to learn more about prior authorization. Refer to the Benefits Chart in Chapter 4 of the Enrollee Handbook to learn which services require a prior authorization.</p> <p>If you have questions about whether prior authorization is required for specific services, procedures, items, or drugs, call Enrollee Services at the numbers listed at the bottom of this page for help.</p>
<p>Do I pay a monthly amount (also called a premium) under UHC Dual Choice DC-Q001 (PPO D-SNP)?</p>	<p>No. Because you have DC Medicaid you won't pay any monthly premiums, including your Medicare Part B premium, for your health coverage.</p>
<p>Do I pay a deductible as a enrollee of UHC Dual Choice DC-Q001 (PPO D-SNP)?</p>	<p>No. You don't pay deductibles in UHC Dual Choice DC-Q001 (PPO D-SNP).</p>
<p>What's the maximum out-of-pocket amount that I'll pay for medical services as a enrollee of UHC Dual Choice DC-Q001 (PPO D-SNP)?</p>	<p>There's no cost sharing for medical services in UHC Dual Choice DC-Q001 (PPO D-SNP), so your annual out-of-pocket costs will be \$0.</p>

 **If you have questions**, please call UHC Dual Choice DC-Q001 (PPO D-SNP) at **1-866-242-7726** and TTY **711**, 8 a.m.–8 p.m., 7 days a week, October–March; 8 a.m.–5:30 p.m., Monday–Friday, April–September. The call is free. **For more information**, visit **MyUHC.com/CommunityPlan**.

C. List of covered services

The following table is a quick overview of what services you may need, your costs, and rules about the benefits.

Health need or concern	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
You need hospital care	Inpatient hospital stay ¹	\$0	Except in an emergency, your health care provider must tell the plan of your hospital admission. Our plan covers an unlimited number of days for an inpatient hospital stay.
	Outpatient hospital services, including observation ¹	\$0	
	Ambulatory surgical center (ASC) services ¹	\$0	
	Doctor or surgeon care ¹	\$0	
You want a doctor	Visits to treat an injury or illness	\$0	
	Care to keep you from getting sick, such as flu shots and screenings to check for cancer	\$0	
	Wellness visits, such as a physical	\$0	1 per year
	“Welcome to Medicare” (preventive visit one time only)	\$0	
	Specialist care ¹	\$0	
You need emergency care	Emergency room services	\$0	\$0 copay (worldwide) per visit. For emergency and urgent care services, prior authorization is not required for out-of-network providers.
	Urgent care	\$0	\$0 copay (worldwide) per visit.

? If you have questions, please call UHC Dual Choice DC-Q001 (PPO D-SNP) at **1-866-242-7726** and TTY **711**, 8 a.m.–8 p.m., 7 days a week, October–March; 8 a.m.–5:30 p.m., Monday–Friday, April–September. The call is free. For more information, visit **MyUHC.com/CommunityPlan**.

Health need or concern	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
You need medical tests	Diagnostic radiology services (for example, X-rays or other imaging services, such as CAT scans or MRIs) ¹	\$0	
	Lab tests and diagnostic procedures, ¹ such as blood work	\$0	
You need hearing/auditory services	Hearing screenings ¹	\$0	1 per year Other hearing exam providers are available in the UnitedHealthcare network. The plan only covers hearing aids from a UnitedHealthcare Hearing network provider.
	Hearing aids	\$0	\$1,500 allowance every 2 years for 2 hearing aids* <ul style="list-style-type: none"> • A broad selection of over-the-counter (OTC) high-value and brand-name prescription hearing aids • Access to one of the largest national networks of hearing professionals with more than 6,500 locations • 3-year manufacturer warranty on all prescription hearing aids covers a trial period and damage or repair during warranty period Hearing aids purchased outside of UnitedHealthcare Hearing are not covered.

? **If you have questions**, please call UHC Dual Choice DC-Q001 (PPO D-SNP) at **1-866-242-7726** and TTY **711**, 8 a.m.–8 p.m., 7 days a week, October–March; 8 a.m.–5:30 p.m., Monday–Friday, April–September. The call is free. **For more information**, visit **MyUHC.com/CommunityPlan**.

Health need or concern	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
You need dental care	Dental check-ups and preventive care*	\$0	\$1,000 allowance for all covered dental services* \$0 copay for covered preventive and comprehensive services like cleanings, fillings, crowns, bridges and dentures <ul style="list-style-type: none"> • No annual deductible • Access to one of the largest national dental networks • Freedom to see any dentist
	Restorative and emergency dental care	\$0	
You need eye care	Eye exams ¹	\$0	1 per year
	Glasses or contact lenses	\$0	Plan pays up to \$200 every year for 1 pair of lenses/frames and contacts*
	Other vision care	\$0	
You need behavioral health services	Behavioral health services ¹	\$0	
You need a substance use disorder services	Substance use disorder services ¹	\$0	
You need a place to live with people available to help you	Skilled nursing care ¹	\$0	Our plan covers up to 100 days in a SNF.
	Nursing home care ¹	\$0	Our plan covers up to 100 days in a SNF.
	Adult Foster Care and Group Adult Foster Care	\$0	
You need therapy after a stroke or accident	Occupational, physical, or speech therapy ¹	\$0	

? **If you have questions**, please call UHC Dual Choice DC-Q001 (PPO D-SNP) at **1-866-242-7726** and TTY **711**, 8 a.m.–8 p.m., 7 days a week, October–March; 8 a.m.–5:30 p.m., Monday–Friday, April–September. The call is free.
For more information, visit **MyUHC.com/CommunityPlan**.

Health need or concern	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
You need help getting to health services	Ambulance services	\$0	Your provider must obtain prior authorization for non-emergency transportation
	Emergency transportation	\$0	
	Transportation to medical appointments and services	\$0	24 one-way trips to or from approved medically related appointments, gyms and pharmacies.* Routine transportation not for use in emergencies.
You need drugs to treat your illness or condition (continued on next page)	Medicare Part B drugs ¹	\$0	Part B drugs include drugs given by your doctor in their office, some oral cancer drugs, and some drugs used with certain medical equipment. Read the Enrollee Handbook for more information on these drugs.

 **If you have questions**, please call UHC Dual Choice DC-Q001 (PPO D-SNP) at **1-866-242-7726** and TTY **711**, 8 a.m.–8 p.m., 7 days a week, October–March; 8 a.m.–5:30 p.m., Monday–Friday, April–September. The call is free.
For more information, visit **MyUHC.com/CommunityPlan**.

Health need or concern	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
<p>You need drugs to treat your illness or condition (continued)</p>	<p>Medicare Part D drugs (continued on next page)</p>	<p>If you don't qualify for Low-Income Subsidy (LIS), you pay the Medicare Part D cost-share outlined in the Enrollee Handbook.</p> <p>If you do qualify for Low-Income Subsidy (LIS) you pay:</p> <p>Deductible: \$0</p> <p>Initial Coverage:</p> <p>In this stage, you'll pay your plan copays or coinsurance. The plan pays the rest. Once you, and others on your behalf, have paid a combined total of \$2,100, which includes the amount you paid towards your deductible, you move to the Catastrophic Coverage stage.</p>	<p>There may be limitations on the types of drugs covered. Please refer to UHC Dual Choice DC-Q001 (PPO D-SNP)'s List of Covered Drugs (Drug List) for more information.</p> <p>You will pay a maximum of \$0 for each 1-month supply of Part D covered insulin drugs.</p> <p>An extended day supply is only available at a subset of the retail or mail order network pharmacy.</p>

 **If you have questions**, please call UHC Dual Choice DC-Q001 (PPO D-SNP) at **1-866-242-7726** and TTY **711**, 8 a.m.–8 p.m., 7 days a week, October–March; 8 a.m.–5:30 p.m., Monday–Friday, April–September. The call is free. **For more information**, visit **MyUHC.com/CommunityPlan**.

Health need or concern	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
<p>You need drugs to treat your illness or condition (continued)</p>	<p>Medicare Part D drugs (continued)</p>	<p>Drug Coverage 30-day or 100-day supply from a retail network pharmacy. (Members living in long-term care facilities pay the same for a 31-day supply as a 30-day supply at a retail pharmacy.)</p> <p>Generic (including brand drugs treated as generic):</p> <ul style="list-style-type: none"> • \$0, \$1.60, or \$5.10 copay • Drugs that are in Tier 1 are always \$0 copay. (Some covered drugs are limited to a 30-day supply) 	<p>You pay no more than 25% of the total drug cost or a \$35 copay, whichever is lower, for each 1-month supply of Part D covered insulin drugs, even if you haven't paid your deductible, until you reach the Catastrophic Coverage stage where you pay \$0.</p> <p>Catastrophic Coverage: Once you're in this stage, you won't pay anything for your Medicare-covered Part D drugs for the rest of the plan year.</p>

 **If you have questions**, please call UHC Dual Choice DC-Q001 (PPO D-SNP) at **1-866-242-7726** and TTY **711**, 8 a.m.–8 p.m., 7 days a week, October–March; 8 a.m.–5:30 p.m., Monday–Friday, April–September. The call is free. **For more information**, visit **MyUHC.com/CommunityPlan**.

Health need or concern	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
You need drugs to treat your illness or condition (continued)	Medicare Part D drugs (continued)	<p>All other drugs:</p> <ul style="list-style-type: none"> • \$0, \$4.90, or \$12.65 copay • Drugs that are in Tier 1 are always \$0 copay. (Some covered drugs are limited to a 30-day supply) <p>Copays for drugs may vary based on the level of Extra Help you get. Please contact the plan for more details.</p>	
	Over-the-counter (OTC) drugs	\$0	There may be limitations on the types of drugs covered. Please refer to UHC Dual Choice DC-Q001 (PPO D-SNP)'s List of Covered Drugs (Drug List) for more information.
You need help getting better or have special health needs	Rehabilitation services ¹	\$0	
	Medical equipment for home care ¹	\$0	
	Dialysis services ¹	\$0	
You need foot care	Podiatry services ¹	\$0	
	Orthotic services ¹	\$0	

 **If you have questions**, please call UHC Dual Choice DC-Q001 (PPO D-SNP) at **1-866-242-7726** and TTY **711**, 8 a.m.–8 p.m., 7 days a week, October–March; 8 a.m.–5:30 p.m., Monday–Friday, April–September. The call is free. **For more information**, visit **MyUHC.com/CommunityPlan**.

Health need or concern	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
<p>You need durable medical equipment (DME)</p> <p>Note: This isn't a complete list of covered DME. For a complete list, contact Enrollee Services or refer to Chapter 4 of the Enrollee Handbook.</p>	Wheelchairs, crutches, and walkers ¹	\$0	
	Nebulizers ¹	\$0	
	Oxygen equipment and supplies ¹	\$0	
<p>Additional services (continued on next page)</p>	Chiropractic services ¹	\$0	Medicare-covered chiropractic care (manual manipulation of the spine to correct subluxation)
	Diabetes supplies and services ¹	\$0	<p>We only cover Contour® and Accu-Chek® brands. Other brands are not covered by your plan.</p> <p>Covered glucose monitors include: Contour Plus Blue, Contour Next EZ, Contour Next Gen, Contour Next One, Accu-Chek Guide Me and Accu-Chek Guide.</p> <p>Test strips: Contour, Contour Plus, Contour Next, Accu-Chek Guide and Accu-Chek Aviva Plus</p>
	Prosthetic services ¹	\$0	
	Radiation therapy ¹	\$0	
	Services to help manage your disease	\$0	

 **If you have questions**, please call UHC Dual Choice DC-Q001 (PPO D-SNP) at **1-866-242-7726** and TTY **711**, 8 a.m.–8 p.m., 7 days a week, October–March; 8 a.m.–5:30 p.m., Monday–Friday, April–September. The call is free. **For more information**, visit **MyUHC.com/CommunityPlan**.

Health need or concern	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
Additional services (continued)	OTC, healthy food, utilities + wellness support		<p>\$57 credit every month for over-the-counter (OTC) products and wellness support, plus healthy food and utilities for qualifying enrollees</p> <ul style="list-style-type: none"> • Choose from thousands of OTC products, like first aid supplies, pain relievers and more • Buy healthy foods like fruits, vegetables, meat, seafood, dairy products and water • Shop at thousands of participating stores, including Walmart, Walgreens and Dollar General, or at neighborhood stores near you • Pay home utilities like electricity, heat, water and internet • Get wellness support including in-home services, weight management coaching, respite care, select fitness items and more
	Meal benefit ¹		\$0 copay for 28 home-delivered meals immediately after an inpatient hospitalization or skilled nursing facility (SNF) stay.
Additional services (continued)	Nurse Hotline	\$0	Speak with a registered nurse (RN) 24 hours a day, 7 days a week

? If you have questions, please call UHC Dual Choice DC-Q001 (PPO D-SNP) at **1-866-242-7726** and TTY **711**, 8 a.m.–8 p.m., 7 days a week, October–March; 8 a.m.–5:30 p.m., Monday–Friday, April–September. The call is free. For more information, visit **MyUHC.com/CommunityPlan**.

The above summary of benefits is provided for informational purposes only and isn't a complete list of benefits. For a complete list and more information about your benefits, you can read the UHC Dual Choice DC-Q001 (PPO D-SNP) **Enrollee Handbook**. If you don't have an **Enrollee Handbook**, call UHC Dual Choice DC-Q001 (PPO D-SNP) Enrollee Services at the numbers listed at the bottom of this page to get one. If you have questions, you can also call Enrollee Services or visit **MyUHC.com/CommunityPlan**.

*Benefits are combined in and out-of-network

¹May require provider to get prior authorization from the plan for in-network benefits.



If you have questions, please call UHC Dual Choice DC-Q001 (PPO D-SNP) at **1-866-242-7726** and TTY **711**, 8 a.m.–8 p.m., 7 days a week, October–March; 8 a.m.–5:30 p.m., Monday–Friday, April–September. The call is free.
For more information, visit **MyUHC.com/CommunityPlan**.

D. Benefits covered outside of UHC Dual Choice DC-Q001 (PPO D-SNP)

There are some services that you can get that aren't covered by UHC Dual Choice DC-Q001 (PPO D-SNP) but are covered by Medicare, DC Medicaid, or a District agency. This isn't a complete list. Call Enrollee Services at the numbers listed at the bottom of this page to find out about these services.

Other services covered by Medicare, TennCare, or a State Agency	Your costs
Certain hospice care services covered outside of UHC Dual Choice DC-Q001 (PPO D-SNP)	\$0 You pay nothing for hospice care from any Medicare-approved hospice. You may have to pay part of the costs for drugs and respite care. Hospice is covered by Original Medicare, outside of our plan.

 **If you have questions**, please call UHC Dual Choice DC-Q001 (PPO D-SNP) at **1-866-242-7726** and TTY **711**, 8 a.m.–8 p.m., 7 days a week, October–March; 8 a.m.–5:30 p.m., Monday–Friday, April–September. The call is free.
For more information, visit **[MyUHC.com/CommunityPlan](https://www.uhc.com/CommunityPlan)**.

E. Services that UHC Dual Choice DC-Q001 (PPO D-SNP), Medicare, and DC Medicaid don't cover

This isn't a complete list. Call Enrollee Services at the numbers listed at the bottom of this page to find out about other excluded services.

Services UHC Dual Choice DC-Q001 (PPO D-SNP), Medicare, and DC Medicaid don't cover	
Services considered not "reasonable and medically necessary", according to Medicare and DC Medicaid standards, unless we list these as covered services	Elective or voluntary enhancement procedures
Experimental medical and surgical treatments, items, or drugs unless covered by Medicare or under a Medicare-approved clinical study	Cosmetic surgery or other cosmetic work unless required criteria are met
Surgical treatment for morbid obesity except when medically necessary	LASIK surgery

 **If you have questions**, please call UHC Dual Choice DC-Q001 (PPO D-SNP) at **1-866-242-7726** and TTY **711**, 8 a.m.–8 p.m., 7 days a week, October–March; 8 a.m.–5:30 p.m., Monday–Friday, April–September. The call is free. **For more information**, visit **MyUHC.com/CommunityPlan**.

F. Your rights as an enrollee of the plan

As an enrollee of UHC Dual Choice DC-Q001 (PPO D-SNP), you have certain rights. You can exercise these rights without being punished. You can also use these rights without losing your health care services. We'll tell you about your rights at least once a year. For more information on your rights, please read the **Enrollee Handbook**. Your rights include, but aren't limited to, the following:

- **You have a right to respect, fairness, and dignity.** This includes the right to:
 - Get covered services without concern about medical condition, health status, receipt of health services, claims experience, medical history, disability (including mental impairment), marital status, age, sex (including sex stereotypes and gender identity) sexual orientation, national origin, race, color, religion, creed, or public assistance
 - Get information in other languages and formats (for example, large print, braille, or audio) free of charge
 - Be free from any form of physical restraint or seclusion
- **You have the right to get information about your health care.** This includes information on treatment and your treatment options. This information should be in a language and format you can understand. This includes the right to get information on:
 - Description of the services we cover
 - How to get services
 - How much services will cost you
 - Names of health care providers and care navigator
- **You have the right to make decisions about your care, including refusing treatment.** This includes the right to:
 - Choose a primary care provider (PCP) and change your PCP at any time during the year
 - Use a women's health care provider without a referral
 - Get your covered services and drugs quickly
 - Know about all treatment options, no matter what they cost or whether they're covered
 - Refuse treatment, even if your health care provider advises against it
 - Stop taking medicine, even if your health care provider advises against it
 - Ask for a second opinion. UHC Dual Choice DC-Q001 (PPO D-SNP) will pay for the cost of your second opinion visit
 - Make your health care wishes known in an advance directive
- **You have the right to timely access to care that doesn't have any communication or physical access barriers.** This includes the right to:
 - Get timely medical care



If you have questions, please call UHC Dual Choice DC-Q001 (PPO D-SNP) at **1-866-242-7726** and TTY **711**, 8 a.m.–8 p.m., 7 days a week, October–March; 8 a.m.–5:30 p.m., Monday–Friday, April–September. The call is free.
For more information, visit **MyUHC.com/CommunityPlan**.

- Get in and out of a health care provider’s office. This means barrier-free access for people with disabilities, in accordance with the Americans with Disabilities Act
- Have interpreters to help with communication with your health care providers and your health plan
- **You have the right to seek emergency and urgent care when you need it.** This means you have the right to:
 - Get emergency services without prior authorization in an emergency
 - Use an out-of-network urgent or emergency care provider, when necessary
- **You have a right to confidentiality and privacy.** This includes the right to:
 - Ask for and get a copy of your medical records in a way that you can understand and to ask for your records to be changed or corrected
 - Have your personal health information kept private
 - Have privacy during treatment
- **You have the right to make complaints about your covered services or care.** This includes the right to:
 - File a complaint or grievance against us or our providers
 - File a complaint with the DC Department of Health Care Finance (DHCF) at 202-442-9533, TTY 711
 - Ask for an IMR of DC Medicaid services or items that are medical in nature
 - Appeal certain decisions made by DHCF or our providers
 - Ask for a District Fair Hearing
 - Get a detailed reason for why services were denied

For more information about your rights, you can read the **Enrollee Handbook**. If you have questions, you can call UHC Dual Choice DC-Q001 (PPO D-SNP) Enrollee Services at the numbers listed at the bottom of this page.

You can also call the contact the DC Office of Health Care Ombudsman and Bill of Rights at 202-724-7491, TTY 711, Monday–Friday 9 a.m.–4:45 p.m.

G. How to file a complaint or appeal a denied service

If you have a complaint or think UHC Dual Choice DC-Q001 (PPO D-SNP) should cover something we denied, call Enrollee Services at the numbers listed at the bottom of this page. You may be able to appeal our decision.

For questions about complaints and appeals, you can read **Chapter 9** of the **Enrollee Handbook**. You can also call UHC Dual Choice DC-Q001 (PPO D-SNP) Enrollee Services at the numbers listed at the bottom of this page.



If you have questions, please call UHC Dual Choice DC-Q001 (PPO D-SNP) at **1-866-242-7726** and TTY **711**, 8 a.m.–8 p.m., 7 days a week, October–March; 8 a.m.–5:30 p.m., Monday–Friday, April–September. The call is free.
For more information, visit **MyUHC.com/CommunityPlan**.

For complaints/grievances or medical appeals:

UnitedHealthcare Appeals and Grievance Department
P.O. Box 6103, MS CA120-0360
Cypress, CA 90630-0023

For Part D or Medicaid drug appeals only:

UnitedHealthcare Part D Appeal and Grievance Department
P.O. Box 6103, MS CA120-0368
Cypress, CA 90630-0023

H. What to do if you suspect fraud

Most health care professionals and organizations that provide services are honest. Unfortunately, there may be some who are dishonest.

If you think a doctor, hospital or other pharmacy is doing something wrong, please contact us.

- Call us at UHC Dual Choice DC-Q001 (PPO D-SNP) Enrollee Services. Phone numbers are listed at the bottom of this page.
- Or, call DC Medicaid Customer Service Center at 202-442-9533. TTY users may call 711.
- Or, call DC Medicaid’s Fraud Hotline at 1-877-632-2873. TTY users may call 711.
- Or, call Medicare at 1-800-MEDICARE (1-800-633-4227). TTY users may call 1-877-486-2048. You can call these numbers for free.



If you have questions, please call UHC Dual Choice DC-Q001 (PPO D-SNP) at **1-866-242-7726** and TTY **711**, 8 a.m.–8 p.m., 7 days a week, October–March; 8 a.m.–5:30 p.m., Monday–Friday, April–September. The call is free.
For more information, visit **MyUHC.com/CommunityPlan**.

If you have general questions or questions about our plan, services, service area, billing, or Enrollee ID Cards, please call UHC Dual Choice DC-Q001 (PPO D-SNP) Enrollee Services:

1-866-242-7726

Calls to this number are free. 8 a.m.–8 p.m., 7 days a week, October–March; 8 a.m.–5:30 p.m., Monday–Friday, April–September.

Enrollee Services also has free language interpreter services available for non-English speakers.

711

Calls to this number are free. 8 a.m.–8 p.m., 7 days a week, October–March; 8 a.m.–5:30 p.m., Monday–Friday, April–September.

If you have questions about your health:

Call your primary care provider (PCP). Follow your PCP's instructions for getting care when the office is closed.

If your PCP's office is closed, you can also call Nurse Triage. A nurse will listen to your problem and tell you how to get care. (Example: convenience care, urgent care, emergency room). The numbers for the Nurse Triage are:

1-877-303-2422

Calls to this number are free. 24 hours, 7 days a week.

UHC Dual Choice DC-Q001 (PPO D-SNP) also has free language interpreter services available for non-English speakers.

711

Calls to this number are free. 24 hours, 7 days a week.

If you need immediate behavioral health care, please call the Optum Mental Health:

1-866-242-7726

Calls to this number are free. 8 a.m.–8 p.m. local time, 7 days a week. UHC Dual Choice DC-Q001 (PPO D-SNP) also has free language interpreter services available for non-English speakers.

711

Calls to this number are free. 8 a.m.–8 p.m. 7 days a week, October–March, 8 a.m.–5:30 p.m., Monday–Friday, April–September