



# Summary of Benefits 2026

**AARP® Medicare Advantage Patriot No Rx AL-MA01 (HMO-POS)**  
H0432-012-000

Look inside to learn more about the plan and the health services it covers.  
Contact us for more information about the plan.



**AARPMedicarePlans.com**



**Toll-free 1-844-723-6473, TTY 711**  
8 a.m.-8 p.m. local time, 7 days a week

**AARP® | Medicare Advantage**  
from  **UnitedHealthcare®**

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# Summary of Benefits


**January 1, 2026 - December 31, 2026**

This is a summary of what we cover and what you pay. For a complete list of covered services, limitations and exclusions, review the Evidence of Coverage (EOC) at [myAARPMedicare.com](https://myAARPMedicare.com) or call Customer Service for help. After you enroll in the plan, you will get more information on how to view your plan details online.



## AARP® Medicare Advantage Patriot No Rx AL-MA01 (HMO-POS)

Medical premium, deductible and limits			
		In-network	Out-of-network
Monthly plan premium		\$0 You need to continue to pay your Medicare Part B premium	
Part B premium reduction		Up to \$125 Reductions will be applied to your Social Security check or your Medicare Part B premium bill.	
Annual medical deductible		This plan does not have a medical deductible.	
Maximum out-of-pocket amount		\$5,900  This is the most you will pay out-of-pocket each year for Medicare-covered services and supplies received from network providers.	
Medical benefits			
		In-network	Out-of-network
Inpatient hospital care <sup>2</sup> Our plan covers an unlimited number of days for an inpatient hospital stay.		\$445 copay per day: days 1-6 \$0 copay per day: days 7 and beyond	\$445 copay per day: for days 1-6 \$0 copay per day: for days 7 and beyond <sup>¥</sup>
Outpatient hospital Cost-sharing for additional plan covered services will apply.	Ambulatory surgical center (ASC) <sup>2</sup>	\$0 copay for a colonoscopy \$395 copay otherwise	Not covered
	Outpatient hospital, including surgery <sup>2</sup>	\$0 copay for a colonoscopy \$445 copay otherwise	\$0 copay for a colonoscopy \$445 copay otherwise <sup>¥</sup>

Medical benefits			
		In-network	Out-of-network
	Outpatient hospital observation services <sup>2</sup>	\$445 copay	\$445 copay <sup>‡</sup>
Doctor visits	Primary care provider	\$0 copay	\$0 copay <sup>‡</sup>
	Specialists <sup>1,2</sup>	\$45 copay	\$45 copay <sup>‡</sup>
	Virtual medical visits	\$0 copay to talk with a network telehealth provider online through live audio and video	
Preventive services	Routine physical	\$0 copay, 1 per year*	\$0 copay, 1 per year** <sup>‡</sup>
	Medicare-covered	\$0 copay	\$0 copay <sup>‡</sup>
	<div><div><div><input type="checkbox"/> Abdominal aortic aneurysm screening</div><div><input type="checkbox"/> Alcohol misuse counseling</div><div><input type="checkbox"/> Annual wellness visit</div><div><input type="checkbox"/> Bone mass measurement</div><div><input type="checkbox"/> Breast cancer screening (mammogram)</div><div><input type="checkbox"/> Cardiovascular disease (behavioral therapy)</div><div><input type="checkbox"/> Cardiovascular screening</div><div><input type="checkbox"/> Cervical and vaginal cancer screening</div><div><input type="checkbox"/> Colorectal cancer screenings (colonoscopy, fecal occult blood test, flexible sigmoidoscopy)</div><div><input type="checkbox"/> Depression screening</div><div><input type="checkbox"/> Diabetes screenings and monitoring</div><div><input type="checkbox"/> Hepatitis C screening</div><div><input type="checkbox"/> HIV screening</div></div><div><div><input type="checkbox"/> Lung cancer with low dose computed tomography (LDCT) screening</div><div><input type="checkbox"/> Medical nutrition therapy services</div><div><input type="checkbox"/> Medicare Diabetes Prevention Program (MDPP)</div><div><input type="checkbox"/> Obesity screenings and counseling</div><div><input type="checkbox"/> Prostate cancer screenings (PSA)</div><div><input type="checkbox"/> Sexually transmitted infections screenings and counseling</div><div><input type="checkbox"/> Tobacco use cessation counseling (counseling for people with no sign of tobacco-related disease)</div><div><input type="checkbox"/> Vaccines, including those for the flu, Hepatitis B, pneumonia, or COVID-19</div><div><input type="checkbox"/> “Welcome to Medicare” preventive visit (one-time)</div></div></div>		
Any additional preventive services approved by Medicare during the contract year will be covered.			


Medical benefits			
		In-network	Out-of-network
This plan covers preventive care screenings and annual physical exams at 100% when you use in-network providers.			
<b>Emergency care</b>		\$130 copay (\$0 copay for emergency care outside the United States) per visit. If you are admitted to the hospital within 24 hours, you pay the inpatient hospital copay instead of the Emergency Care copay. See the “Inpatient Hospital Care” section of this booklet for other costs.	
<b>Urgently needed services</b>		\$50 copay (\$0 copay for urgently needed services outside the United States) per visit	
<b>Diagnostic tests, lab and radiology services, and X-rays</b>	Diagnostic radiology services (e.g. MRI, CT scan) <sup>2</sup>	\$0 copay for each diagnostic mammogram \$260 copay otherwise	\$0 copay for each diagnostic mammogram \$260 copay otherwise <sup>¥</sup>
	Lab services <sup>2</sup>	\$0 copay	\$0 copay <sup>¥</sup>
	Diagnostic tests and procedures <sup>2</sup>	\$50 copay	\$50 copay <sup>¥</sup>
	Therapeutic radiology <sup>2</sup>	20% coinsurance	20% coinsurance <sup>¥</sup>
	Outpatient X-rays <sup>2</sup>	\$25 copay	\$25 copay <sup>¥</sup>
 <b>Hearing services</b>	Exam to diagnose and treat hearing and balance issues <sup>2</sup>	\$0 copay	Not covered
	Routine hearing exam	\$0 copay for a routine hearing exam to help support hearing health	Not covered
	Hearing aids <sup>2</sup>	\$199 - \$829 copay for each OTC hearing aid. \$199 - \$1,249 copay for each prescription hearing aid. You can purchase up to 2 hearing aids every year. <ul style="list-style-type: none"> <li>□ A broad selection of over-the-counter (OTC), high-value and brand-name prescription hearing aids</li> <li>□ Access to one of the largest national networks of hearing professionals with more than 6,500 locations</li> </ul>	

## Medical benefits


		In-network	Out-of-network
		<input type="checkbox"/> 3-year manufacturer warranty on all prescription hearing aids covers a trial period and damage or repair during warranty period <input type="checkbox"/> Hearing aids purchased outside of UnitedHealthcare Hearing are not covered	
 <b>Routine dental benefits</b>	Preventive and comprehensive services <sup>2</sup>	\$4,000 allowance for all covered dental services*  \$0 copay for covered preventive services like oral exams, X-rays, routine cleanings and fluoride  50% coinsurance for covered comprehensive services like fillings, crowns, bridges and dentures <input type="checkbox"/> No annual deductible <input type="checkbox"/> Access to one of the largest national dental networks <input type="checkbox"/> Freedom to see any dentist	
 <b>Vision services</b>	Exam to diagnose and treat diseases and conditions of the eye <sup>2</sup>	\$0 copay	Not covered
	Eyewear after cataract surgery	\$0 copay	Not covered
	Routine eye exam	\$0 copay for a routine eye exam each year to help protect your eyesight and health	Not covered
	Routine eyewear	\$200 allowance every 2 years for 1 pair of frames or contacts <input type="checkbox"/> Free standard prescription lenses including single vision, bifocals, trifocals and Tier I (standard) progressives <input type="checkbox"/> Other covered lenses available with copays from \$40 – \$153 <input type="checkbox"/> Access to one of Medicare Advantage's largest national networks of vision providers and retail providers <input type="checkbox"/> Eyewear available from many online providers, including Warby Parker and GlassesUSA <input type="checkbox"/> You are responsible for all eyewear costs from providers outside of the UnitedHealthcare Vision network	

Medical benefits			
		In-network	Out-of-network
<b>Mental health</b>	Inpatient visit <sup>2</sup> Our plan covers 90 days for an inpatient hospital stay	\$445 copay per day: days 1-5 \$0 copay per day: days 6-90	Not covered
	Outpatient group therapy visit <sup>2</sup>	\$15 copay	Not covered
	Outpatient individual therapy visit <sup>2</sup>	\$25 copay	Not covered
	Virtual mental health visits	\$0 copay to talk with a network telehealth provider online through live audio and video	
<b>Skilled nursing facility (SNF)<sup>2</sup></b> Our plan covers up to 100 days in a SNF.		\$0 copay per day: days 1-20 \$218 copay per day: days 21-100	Not covered
<b>Outpatient rehabilitation services</b>	Physical therapy and speech and language therapy visit <sup>1,2</sup>	\$45 copay	\$45 copay <sup>¥</sup>
	Occupational Therapy Visit <sup>1,2</sup>	\$45 copay	\$45 copay <sup>¥</sup>
<b>Ambulance<sup>2</sup></b> Your provider must obtain prior authorization for non-emergency transportation.		\$290 copay for ground \$290 copay for air	Not covered (except for emergencies)
<b>Routine transportation</b>		Not covered	Not covered

Medical benefits			
		In-network	Out-of-network
<b>Medicare Part B prescription drugs</b> In-network cost sharing shown is the maximum you will pay for Part B prescription drugs. You may pay less for certain drugs.	Chemotherapy drugs <sup>2</sup>	20% coinsurance	20% coinsurance <sup>¥</sup>
	Part B covered insulin <sup>2</sup>	20% coinsurance, up to \$35	20% coinsurance <sup>¥</sup>
	Other Part B drugs <sup>2</sup> Part B drugs may be subject to Step Therapy. See your Evidence of Coverage for details.	\$0 copay for allergy antigens 20% coinsurance for all others	\$0 copay for allergy antigens 20% coinsurance for all others <sup>¥</sup>
Additional benefits			
		In-network	Out-of-network
<b>Chiropractic services</b>	Medicare-covered chiropractic care (manual manipulation of the spine to correct subluxation) <sup>2</sup>	\$15 copay	Not covered
<b>Diabetes management</b>	Diabetes monitoring supplies <sup>2</sup>	\$0 copay  We only cover Contour® and Accu-Chek® brands. Other brands are not covered by your plan.  Covered glucose monitors include: Contour Plus Blue, Contour Next EZ, Contour Next Gen, Contour Next One, Accu-Chek Guide Me and Accu-Chek Guide.	Not covered

Additional benefits			
		In-network	Out-of-network
		Test strips: Contour, Contour Plus, Contour Next, Accu-Chek Guide and Accu-Chek Aviva Plus.	
	Diabetes self-management training	\$0 copay	Not covered
	Therapeutic shoes or inserts <sup>2</sup>	20% coinsurance	Not covered
<b>Durable medical equipment (DME) and related supplies</b>	DME (e.g., wheelchairs, oxygen) <sup>2</sup>	20% coinsurance	Not covered
	Prosthetics (e.g., braces, artificial limbs) <sup>2</sup>	20% coinsurance	Not covered
 <b>Fitness program</b>		\$0 copay Your fitness program helps you stay active and connected at the gym, from home or in your community. It's available to you at no additional cost and includes: <ul style="list-style-type: none"> <li><input type="checkbox"/> Free gym membership at core locations</li> <li><input type="checkbox"/> Access to a large national network of gyms and fitness locations</li> <li><input type="checkbox"/> On-demand workout videos and live streaming fitness classes</li> <li><input type="checkbox"/> Online memory fitness activities</li> </ul>	
<b>Foot care</b> (podiatry services)	Foot exams and treatment <sup>2</sup>	\$45 copay	Not covered
	Routine foot care	\$45 copay, 6 visits per year	Not covered
<b>Meal benefit<sup>2</sup></b>		\$0 copay for 28 home-delivered meals immediately after an inpatient hospitalization or skilled nursing facility (SNF) stay	
<b>Home health care<sup>2</sup></b>		\$0 copay	Not covered




Additional benefits			
		In-network	Out-of-network
<b>Hospice</b>		You pay nothing for hospice care from any Medicare-approved hospice. You may have to pay part of the costs for drugs and respite care. Hospice is covered by Original Medicare, outside of our plan.	
<b>Opioid treatment program services<sup>2</sup></b>		\$0 copay	Not covered
<b>Outpatient substance use disorder services</b>	Outpatient group therapy visit <sup>2</sup>	\$15 copay	Not covered
	Outpatient individual therapy visit <sup>2</sup>	\$25 copay	Not covered
 <b>OTC credit</b>		\$55 credit every quarter for over-the-counter (OTC) products in-store or online <ul style="list-style-type: none"> <li>☐ Choose from thousands of brand name and generic OTC products like vitamins, pain relievers, first aid and more</li> <li>☐ Shop at thousands of participating stores, including Walmart, Walgreens and Dollar General, or at neighborhood stores near you</li> </ul>	
<b>Renal dialysis<sup>2</sup></b>		20% coinsurance	Not covered out-of-network (except in emergency situations).

<sup>1</sup> Requires a referral from your doctor.

<sup>2</sup> May require your provider to get prior authorization from the plan for in-network benefits.

\* Benefits are combined in and out-of-network

‡ Out-of-network services are limited to Southeast Health providers or facilities only in Houston, Dale, and Henry counties

Member discounts	
	As a UnitedHealthcare Medicare Advantage plan member, you'll have access to an exclusive collection of discounts on hundreds of products and services. Once you're a member, you can sign in to your member site for a list of discounts available to you.

## About this plan

AARP® Medicare Advantage Patriot No Rx AL-MA01 (HMO-POS) is a Medicare Advantage HMOPOS plan with a Medicare contract.

To join this plan, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, live within our service area listed below, and be a United States citizen or lawfully present in the United States.

Our service area includes these counties in:

**Alabama:** Autauga, Baldwin, Barbour, Bibb, Blount, Bullock, Butler, Calhoun, Chambers, Cherokee, Chilton, Choctaw, Clarke, Clay, Cleburne, Coffee, Colbert, Conecuh, Coosa, Covington, Crenshaw, Cullman, Dale, Dallas, DeKalb, Elmore, Escambia, Etowah, Fayette, Franklin, Geneva, Greene, Hale, Henry, Houston, Jackson, Jefferson, Lamar, Lauderdale, Lawrence, Lee, Limestone, Lowndes, Macon, Madison, Marengo, Marion, Marshall, Mobile, Monroe, Montgomery, Morgan, Perry, Pickens, Pike, Randolph, Russell, Shelby, St. Clair, Sumter, Talladega, Tallapoosa, Tuscaloosa, Walker, Washington, Wilcox, Winston.

## Use network providers

AARP® Medicare Advantage Patriot No Rx AL-MA01 (HMO-POS) has a network of doctors, hospitals, and other providers. For some services you can use providers that are not in our network. Out-of-network services are limited to the plan's service area as described on the cover. If you have any questions, please contact customer service. With this plan, you have the freedom to enjoy access to care at in-network costs when you visit any provider participating in the UnitedHealthcare® Medicare National Network (exclusions may apply). This health plan requires you to select a primary care provider (PCP) from the network. Your PCP can handle most routine health care needs and will be responsible to coordinate your care. If you need to see a network specialist or other network provider, you may need to get a referral from your PCP. We encourage you to find out which specialists and hospitals your PCP would recommend for you and would refer you to for care, prior to selecting them as your plan's PCP.

You can go to **[AARPMedicarePlans.com](https://www.aarpmedicareplans.com)** to search for a network provider using the online directory.

## Required Information

AARP® Medicare Advantage Patriot No Rx AL-MA01 (HMO-POS) is insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract. Enrollment in the plan depends on the plan's contract renewal with Medicare. UnitedHealthcare Insurance Company pays royalty fees to AARP for the use of its intellectual property. These fees are used for the general purposes of AARP. You do not need to be an AARP member to enroll in a Medicare Advantage or Prescription Drug Plan. AARP and its affiliates are not insurers. AARP encourages you to consider your needs when selecting products and does not make specific product recommendations for individuals.

Plans may offer supplemental benefits in addition to Part C benefits.

If you want to know more about the coverage and costs of Original Medicare, look in your current "Medicare & You" handbook. View it online at [medicare.gov](https://www.medicare.gov) or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

UnitedHealthcare does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities.

UnitedHealthcare provides free services to help you communicate with us such as documents in other languages, Braille, large print, audio, or you can ask for an interpreter. Please contact our Customer Service number at 1-877-370-4874 for additional information (TTY users should call 711). Hours are 7 a.m.-10 p.m. CT: 7 Days Oct-Mar; M-F Apr-Sept.

UnitedHealthcare ofrece servicios gratuitos para ayudarle a que se comuniquen con nosotros. Por ejemplo, documentos en otros idiomas, braille, letra grande, audio o bien, usted puede pedir un intérprete. Comuníquese con nuestro número de Servicio al Cliente al 1-877-370-4874, para obtener información adicional (los usuarios de TTY deben comunicarse al 711). Los horarios de atención son de 7 a.m. a 10 p.m. hora del Centro: los 7 días de la semana, de octubre a marzo; de lunes a viernes, de abril a septiembre.

Benefits, features, and/or devices vary by plan/area. Limitations, exclusions and/or network restrictions may apply.

### Hearing aids

Other hearing exam providers are available in the UnitedHealthcare network. The plan only covers hearing aids from a UnitedHealthcare Hearing network provider. Provider network size may vary by local market. OTC hearing aid warranties, if available, will vary by device and are handled through the manufacturer. One-time professional fee may apply for prescription hearing aids.

### Routine dental benefits

If your plan offers out-of-network dental coverage and you see an out-of-network dentist, you might be billed more. Provider network may vary in local market. Dental network size based on Zelis Network360, May 2023.

### Routine eyewear

Additional charges may apply for out-of-network items and services. Provider and retail network may vary in local market. Vision network size based on Zelis Network360, March 2023. Annual routine eye exam and \$100-450 allowance for contacts or designer frames, with standard (single, bi-focal, tri-focal or standard progressive) lenses covered in full either annually or every two years. Savings based on comparison to retail. Other vision providers are available in our network.

### Fitness program

The fitness benefit and gym network varies by plan/area and participating locations may change. The fitness benefit includes a standard fitness membership at participating locations. Not all plans offer access to premium locations. Consult your doctor prior to beginning an exercise program or making changes to your lifestyle or health care routine.

**OTC credit**

OTC benefits have expiration timeframes. Review your Evidence of Coverage (EOC) for more information.

Out-of-network/non-contracted providers are under no obligation to treat UnitedHealthcare members, except in emergency situations. Please call our customer service number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services.

The provider network may change at any time. You will receive notice when necessary.

Additional authorizations may be required to access discount programs. The discounts described are neither offered nor guaranteed under our contract with the Medicare program. In addition, they are not subject to the Medicare appeals process. Any disputes regarding these products and services may be subject to the UnitedHealthcare grievance process. Discount offerings may vary by plan and are not available on all plans. The discount offers are made available to members through a third party. Participation in these third-party services are subject to your acceptance of their respective terms and policies. UnitedHealthcare and its respective subsidiaries are not responsible for the services or information provided by third parties.

**Rewards Program**

Reward offerings may vary by plan and are not available in all plans. Reward program terms of service apply.