

Summary of Benefits



Medicare Advantage and Part D

Plan year: January 1 – December 31, 2026

New York

Bronx, Kings, Nassau, New York, Queens, Richmond, Rockland counties

Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP)

*** This plan uses a focused network of doctors and hospitals.**

Introduction

This document is a brief summary of the benefits and services covered by Anthem HealthPlus Full Dual Advantage (LTSS) 2 Long-Term Services and Supports (HMO D-SNP) Dual Special Needs Plan. It includes answers to frequently asked questions, important contact information, an overview of benefits and services offered, and information about your rights as a member of Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP). Key terms and their definitions appear in alphabetical order in the last chapter of the *Evidence of Coverage*.

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A. Disclaimers

This is a summary of health services covered by Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) for January 1 – December 31, 2026. This is only a summary. Read the *Evidence of Coverage* for the full list of benefits. You may contact Member Services at the phone number listed below to request your Evidence of Coverage. You can also access your *Evidence of Coverage* at the plan's website listed on the bottom of this page.

- Anthem Blue Cross and Blue Shield is an HMO D-SNP plan with a Medicare contract and either a contract or a coordination of benefits agreement with the New York State Department of Health. Enrollment in Anthem Blue Cross and Blue Shield depends on contract renewal. Services provided by Anthem HP, LLC, licensee of the Blue Cross Blue Shield Association, an association of independent Blue Cross Blue Shield plans. Anthem is a registered trademark of Anthem Insurance Companies, Inc.
- You can get this document for free in other formats, such as large print, braille, or audio. Call **1-833-613-5117** (TTY: **711**), 8 a.m. to 8 p.m., seven days a week (except Thanksgiving and Christmas) from October 1 through March 31, and Monday to Friday (except holidays) from April 1 through September 30. The call is free.
- If you call us to request a change to your preferred language or format preference, let us know if you want this to be a standing order. That means we will send the same documents in your requested format and language every year. You can also call us to change or cancel a standing order. You can also find your documents online at **<https://shop.anthem.com/medicare>**.
- Contact Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) at the phone number listed at the bottom of this page if there are any changes in your personal information, such as your address or phone number.

ATTENTION: If you speak English, free language assistance services are available to you. Appropriate auxiliary aids and services to provide information in accessible formats are also available free of charge. Call **1-833-613-5117** (TTY: **711**) or speak to your provider. Hours of operation are 8 a.m. to 8 p.m. local time, seven days a week (except Thanksgiving and Christmas) from October 1 through March 31, and Monday to Friday (except holidays) from April 1 through September 30.

Spanish – ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia en otros idiomas. También puede obtener ayudas y servicios auxiliares adecuados gratuitos para proporcionar información en formatos accesibles. Llame al número de teléfono indicado anteriormente o hable con su proveedor. El horario de atención es de 8 a.m. a 8 p.m. hora local, los siete días de la semana (excepto el Día de Acción de Gracias y Navidad) desde el 1.º de octubre hasta el 31 de marzo, y de lunes a viernes (excepto los días feriados) desde el 1.º de abril hasta el 30 de septiembre.

Albanian – VËMENDJE: Nëse flisni shqip, për ju ofrohen falas shërbime asistence gjuhësore. Gjithashtu ofrohen falas mjete ndihmëse dhe shërbime të përshtatshme për të ofruar informacionin në formate të aksesueshme. Telefononi në numrin që tregohet më sipër ose flisni me ofruesin tuaj. Orari i punës është 08:00 deri në 20:00 sipas orës lokale, shtatë ditë në javë (përveç Ditës së Falënderimeve dhe Krishtlindjeve) nga 1 tetori deri në 31 mars, dhe nga e hëna në të premte (përveç pushimeve) nga 1 prilli deri në 30 shtator.

Arabic تنبيه: إذا كنت تتحدث ،العربية فإن خدمات المساعدة اللغوية المجانية متاحة لك. كما تتوفر مساعدات وخدمات مساعدة مناسبة لتوفير المعلومات بأشكال يسهل الوصول إليها مجاناً. اتصل برقم الهاتف المذكور أعلاه أو تحدث إلى مقدم الخدمة الخاص بك. ساعات العمل من الساعة 8 صباحاً حتى الساعة 8 مساءً على مدار الأسبوع (ما عدا أيام عيد الشكر وعيد الميلاد) بداية من 1 أكتوبر حتى 31 مارس ومن الاثنين حتى الجمعة (ما عدا أيام العطلات) من 1 أبريل حتى 30 سبتمبر.

Bengali – মনোযোগ দিন: যদি আপনি বাংলা ভাষায় কথা বলেন, তবে আপনার জন্ম বিনামূল্যে ভাষা সহায়তা পরিষেবা উপলব্ধ রয়েছে। তথ্য সহজলভ্য ফরম্যাটে পাওয়ার জন্ম প্রয়োজনীয় সহায়ক সরঞ্জাম ও পরিষেবাও বিনামূল্যে প্রদান করা হয়। উপরে উল্লেখিত ফোন নম্বরে ফোন করুন অথবা আপনার পরিষেবা সরবরাহকারীর সাথে কথা বলুন। কার্যক্রমের সময় সকাল ৪ টা থেকে রাত ৪ টা পর্যন্ত (স্থানীয় সময় অনুযায়ী), সপ্তাহে সাত দিন (শুধুমাত্র থ্যাংকসগিভিং ও বড়দিন ছাড়া) অক্টোবর ১ থেকে মার্চ ৩১ পর্যন্ত এবং এপ্রিল ১ থেকে সেপ্টেম্বর ৩০ পর্যন্ত সোমবার থেকে শুক্রবার (ছুটির দিন ছাড়া) কার্যক্রম পরিচালিত হয়।

Chinese Simplified – 注意：如果您说简体中文，我们可以为您提供免费的语言协助服务。我们还免费提供适当的辅助工具和服务，以可访问的格式提供信息。请拨打上面列出的电话号码或与您的提供者交谈。营业时间：10 月 1 日至 3 月 31 日，每周七天（感恩节和圣诞节除外），4 月 1 日至 9 月 30 日，周一至周五（节假日除外），当地时间上午 8 时至晚上 8 时。

Chinese Traditional – 注意：如果您說繁體中文，我們可以為您提供免費的語言協助服務。我們還免費提供適當的輔助工具和服務，以無障礙格式提供資訊。請撥打上面列出的電話號碼或與您的提供者交談。營業時間：10 月 1 日至 3 月 31 日，每週七天（感恩節和耶誕節除外），4 月 1 日至 9 月 30 日，週一至週五（節假日除外），當地時間上午 8 時至晚上 8 時。

French – ATTENTION : Si vous parlez français, des services gratuits d'assistance linguistique sont disponibles. Des aides et services auxiliaires appropriés permettant de fournir des informations dans des formats accessibles sont également disponibles gratuitement. Appelez le numéro de téléphone mentionné ci-dessus ou appelez votre prestataire. Les heures d'ouverture sont de 8 a.m à 8 p.m., heure locale, sept jours sur sept (sauf Thanksgiving et Noël) du 1er octobre au 31 mars, et du lundi au vendredi (sauf jours fériés) du 1er avril au 30 septembre.

Greek – ΠΡΟΣΟΧΗ: Αν μιλάτε ελληνικά, οι δωρεάν υπηρεσίες γλωσσικής υποστήριξης είναι διαθέσιμες για εσάς. Διατίθενται επίσης δωρεάν κατάλληλα βοηθητικά μέσα και υπηρεσίες για παροχή πληροφοριών σε προσβάσιμες μορφές. Καλέστε στο τηλέφωνο που αναγράφεται παραπάνω ή επικοινωνήστε με τον πάροχό σας. Το ωράριο λειτουργίας είναι από τις 8 π.μ. έως τις 8 μ.μ. στην τοπική ώρα, επτά ημέρες την εβδομάδα (εκτός από την ημέρα των Ευχαριστιών και την ημέρα των Χριστουγέννων) από 1 Οκτωβρίου έως

31 Μαρτίου, και από Δευτέρα έως Παρασκευή (εκτός από τις αργίες) από 1 Απριλίου έως 30 Σεπτεμβρίου.

Haitian Creole – ATANSYON: Si w pale kreyòl ayisyen, sèvis asistans linguistik gratis disponib pou ou. Èd ak sèvis oksilyè apwopriye pou bay enfòmasyon nan fòm ki aksesib disponib tou san w p ap peye. Rele nimewo telefòn yo bay anwo a oswa pale ak founisè w la. Orè fonksyònman yo se 8 a.m. rive 8 p.m., sèt jou sou sèt (eksepte Jou Thanksgiving ak Nwèl) soti 1ye Oktòb rive 31 Mas, ak Lendi pou rive Vandredi (eksepte jou ferye) soti 1ye Avril rive 30 Septanm.

Hebrew לתשומת לבך: אם הנך דובר/ת עברית, שירותי סיוע בשפה בחינם זמינים עבורך. אמצעי עזר ושירותים נלווים מתאימים, שנועדו לספק מידע בפורמטים נגישים, זמינים גם הם ללא תשלום. יש להתקשר למספר הטלפון המופיע למעלה או לדבר עם הספק שלכם. שעות הפעילות הן 8:00 עד 20:00 שעות מקומי (שבעה ימים בשבוע) למעט חג ההודיה וחג המולד (מה- 1 באוקטובר עד ה-31 במרץ, ובשאר השנה – ימי שני עד שישי) למעט חגים (מה- 1 באפריל עד ה-30 בספטמבר).

Hindi – ध्यान दें: यदि आप हिंदी बोलते हैं, तो आपके लिए निःशुल्क भाषा सहायता सेवाएं उपलब्ध हैं। पहुँच योग्य प्रारूपों में जानकारी प्रदान करने के लिए उपयुक्त सहायक साधन और सेवाएँ भी निःशुल्क उपलब्ध हैं। ऊपर दिए गए फ़ोन नंबर पर कॉल करें या अपने प्रदाता से बात करें। कामकाज के घंटे, 1 अक्टूबर से 31 मार्च तक सप्ताह के सातों दिन (थैंक्सगिविंग और क्रिसमस को छोड़कर), और 1 अप्रैल से 30 सितंबर तक सोमवार से शुक्रवार (छुट्टियों को छोड़कर), स्थानीय समय अनुसार सुबह 8 बजे से रात 8 बजे तक हैं।

Italian – ATTENZIONE: sono disponibili servizi di assistenza linguistica gratuita in italiano. Sono inoltre disponibili gratuitamente adeguati supporti e servizi per ottenere informazioni in formato accessibile. Chiamare il numero di telefono riportato sopra o rivolgersi al proprio fornitore. Il servizio è attivo dalle 8.00 alle 20.00 ora locale, sette giorni su sette (eccetto il Giorno del Ringraziamento e Natale) dal 1° ottobre al 31 marzo, e dal lunedì al venerdì (eccetto i giorni festivi) dal 1° aprile al 30 settembre.

Korean – 주의: 한국어를 구사하시는 경우 무료 언어 지원 서비스를 이용하실 수 있습니다. 대체 형식으로 정보를 제공하기 위한 적절한 보조 장치 및 서비스도 무료로 제공됩니다. 위의 전화 번호로 전화하시거나 담당 의료 제공자에게 문의해 주십시오. 운영 시간은 현지 시간 오전 8시부터 오후 8시까지이며 10월 1일부터 3월 31일까지는 주 7일(추수 감사절과 성탄절은 제외) 내내, 4월 1일부터 9월 30일까지는 월요일부터 금요일까지(휴일은 제외)입니다.

Polish – UWAGA: Jeśli mówisz po polsku, możesz skorzystać z bezpłatnych usług pomocy językowej. Dostępne są również nieodpłatnie odpowiednie pomoce i usługi zapewniające informacje w dostępnych formatach. Zadzwoń pod numer telefonu podany powyżej lub porozmawiaj ze swoim dostawcą. Czynne od 8:00 rano do 8:00 wieczorem czasu lokalnego, czasu lokalnego, siedem dni w tygodniu (oprócz Święta Dziękczynienia i Bożego Narodzenia) od 1 października do 31 marca oraz od poniedziałku do piątku (oprócz świąt) od 1 kwietnia do 30 września.

Portuguese – ATENÇÃO: Se fala português, tem à sua disposição serviços de assistência linguística gratuitos. Estão também disponíveis, a título gratuito, ajudas e serviços auxiliares adequados para fornecer informações em formatos acessíveis. Ligue para o número de telefone acima indicado ou fale com o seu fornecedor. Horário de expediente: das 8h às 20h, (hora local), sete dias por semana (exceto Dia de Ação de Graças e Natal) de 1 de outubro até 31 de março, e de segunda a sexta-feira (exceto feriados) de 1 de abril até 30 de setembro.

Russian – ВНИМАНИЕ: Если вы говорите на русском языке, вам могут предоставить бесплатные услуги переводчика. Также бесплатно предоставляются вспомогательные средства и услуги, позволяющие получать информацию в доступных форматах. Позвоните по вышеуказанному номеру телефона или обсудите этот вопрос с вашим поставщиком услуг. Часы работы: с 08:00 до 20:00 в любой день недели (кроме Дня благодарения и Рождества) с 1 октября по 31 марта и с понедельника по пятницу (кроме праздничных дней) с 1 апреля по 30 сентября.

Tagalog – PAUNAWA: Kung nagsasalita ka Tagalog, mayroong available na mga libreng serbisyo sa tulong sa wika para sa iyo. Ang naaangkop na mga karagdagang tulong at serbisyo para magbigay ng impormasyon sa mga naa-access na format ay available rin nang walang bayad. Tawagan ang numero ng telepono na nakalista sa itaas o makipag-usap sa iyong provider. Ang mga oras ng opisina ay 8 a.m. hanggang 8 p.m., lokal na oras, pitong araw sa isang linggo (maliban sa Thanksgiving at Pasko) mula Oktubre 1 hanggang Marso 31, at Lunes hanggang Biyernes (maliban sa mga holiday) mula Abril 1 hanggang Setyembre 30.

Urdu توجہ دیں: اگر آپ اردو بولتے، ہیں تو آپ کے لیے زبان کی مفت مدد کی خدمات دستیاب ہیں۔ قابل رسائی فارمیٹس میں معلومات فراہم کرنے کے لیے مناسب معاون آلات اور خدمات بھی مفت دستیاب ہیں۔ اوپر درج فون نمبر پر کال کریں یا اپنے فراہم کنندہ سے بات کریں۔ کام کے اوقات مقامی وقت کے مطابق صبح 8 بجے تا شام 8 بجے کے ساتھ دن (سوائے تھینکس گیونگ اور کرسمس کے) 1 اکتوبر سے 31 مارچ، تک اور پیر تا جمعہ (چھٹیوں کے علاوہ) 1 اپریل تا 30 ستمبر ہیں۔

Yiddish אויפמערקזאמקייט: אויב איר רעדן יידישמעזיש, פריי שפראך הילף באדינונגס זענען בנימצא צו איר. צונעמען אגזיליערי אידס און באדינונגס צו צושטעלן אינפארמאציע אין צוטריטלעך פארמאטירונגען זענען אויך פריי. רופן די טעלעפאן נומער ליסטעד אויבן אדער רעדן צו דיין שפיזער. שעה פון אפערעציע זענען 8 a.m. צו 8 p.m. לאקאלע צייט, זיבן טעג א וואך (אחוץ טהאנקסגיווינג און ניטל) פון 1 אקטאבער ביז 31 מער, און מאנטיק צו פרייטאג (חוץ האלידייטס) פון 1 אפריל ביז 30 סעפטעמבער.

- This document is available for free in Spanish, Albanian, Arabic, Bengali, Chinese, French, Greek, Haitian Creole, Hebrew, Hindi, Italian, Korean, Polish, Portuguese, Russian, Tagalog, Urdu, and Yiddish.
- For more information about **Medicare**, you can read the *Medicare & You* handbook. Every year in the fall, this booklet is mailed to people with Medicare. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. If you don't have a copy of this booklet, you can access it online at the Medicare website (www.medicare.gov) or request a copy by calling 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048.
- The Benefits Mastercard® Prepaid Card is issued by The Bancorp Bank N.A., Member FDIC, pursuant to license by Mastercard International Incorporated and card can be used for eligible expenses wherever Mastercard is accepted. Valid only in the U.S. No cash access. This is not a gift card or gift certificate. You have received this card as a gratuity without the payment of any monetary value or consideration.

B. Frequently asked questions

The following table lists frequently asked questions.

Frequently Asked Questions (FAQs)	Answers
What’s a Medicaid Advantage Plus (MAP/ HMO) + Dual Eligible Special Needs Plan (D-SNP) plan?	Our MAP plan is a Health Maintenance Organization (HMO) aligned with a Dual Eligible (Medicaid and Medicare) Special Needs Plan (D-SNP). Our plan combines your Medicaid home care and long-term care services and your Medicare services. It combines your doctors, hospital, pharmacies, home care, nursing home care, behavioral health care (mental health and substance use/addiction services), and other health care providers into one coordinated health care system. It also has care coordinators to help you manage all of your providers and services. They all work together to provide the care you need. Our MAP plan is called Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP).

Frequently Asked Questions (FAQs)	Answers
Will I get the same Medicare and Medicaid benefits in Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) that I get now?	If you're coming to Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) from Original Medicare or another Medicare plan, you may get benefits or services differently. You'll get almost all of your covered Medicare and Medicaid benefits directly from Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP). When you enroll in Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) you and your Care Team will work together to develop an Individualized Plan of Care to address your health and support needs, reflecting your personal preferences and goals. If you are taking any Medicare Part D drugs that Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) doesn't normally cover, you can get a temporary supply and we'll help you to transition to another drug or get an exception for Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) to cover your drug if medically necessary. If you're taking any Medicare Part D drugs that Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) doesn't normally cover, you can get a temporary supply and we'll help you to transition to another drug or get an exception for Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) to cover your drug if medically necessary. For more information, call Member Services at the number listed at the bottom of this page.

Frequently Asked Questions (FAQs)	Answers
Can I use the same health care providers I use now?	That's often the case. If your providers (including doctors, therapists, pharmacies, and other health care providers) work with Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) and have a contract with us, you can keep going to them. ☐ Providers with an agreement with us are “in-network.” You must use the providers in Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP)’s network. ☐ If you need urgent or emergency care or behavioral health crisis services or out-of-area dialysis services, you can use providers outside of Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP)'s network. To find out if your providers are in the plan’s network, call Member Services at the number at the bottom of this page or read Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP)’s Provider and Pharmacy Directory. You can also visit our website at shop.anthem.com/medicare for the most current listing. If Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) is new for you, we’ll work with you to develop an Individualized Plan of Care (ICP) to address your needs. You can keep using the providers you use now for 90 days or until your ICP is completed. Further, members who enroll on or after January 1, 2026, can continue to use their same behavioral health providers for up to 24 months as part of a continuous episode of care. “Continuous Behavioral Health Episode of Care” means a course of ambulatory behavioral health treatment, other than ambulatory detoxification and withdrawal services, which began prior to the effective date of the behavioral health benefit inclusion into MAP in the geographic service area in which services had been provided to an enrollee at least twice during the six months preceding January 1, 2026 by the same provider for the treatment of the same or related behavioral health condition.

Frequently Asked Questions (FAQs)	Answers
What's a Care Manager?	A Care Manager is your main contact person at our plan. This person helps to manage all of your providers and services and make sure you get what you need. Members may have a Care Manager who works for the Plan as well as a specialized Health Home/Health Home Plus Care Manager (refer to Section E. Benefits covered outside of Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP)).
What are Managed Long-term Services and Supports (MLTSS)?	Managed Long-term Services and Support (MLTSS) are help for people who need assistance to do everyday tasks like taking a bath, getting dressed, making food, and taking medicine. Often these services are provided at your home or in your community but they could also be provided in a nursing home or hospital when necessary. MLTSS is available to members who meet certain clinical and financial requirements.
What happens if I need a service but no one in Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP)'s network can provide it?	Most services will be provided by our network providers. If you need a service that can't be provided within our network, such as due to shortage of staff with necessary expertise and/or availability to provide services, Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) will cover services provided by an out-of-network provider.
Where's Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) available?	The service area for this plan includes: Bronx, Kings, Nassau, New York, Queens, Richmond, Rockland counties, New York. You must live in one of these areas to join the plan.

Frequently Asked Questions (FAQs)	Answers
What's prior authorization?	Prior authorization means that you must get approval from Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) before Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) will cover a specific service, item, or drug or out-of-network provider. Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) may not cover the service, item or drug if you don't get prior approval. If you need urgent or emergency care or behavioral health crisis services or out-of-area dialysis services, you don't need to get approval first. Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) can provide you with a list of services or procedures that require you to get prior authorization from Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) before the service is provided. Refer to Chapter 3 of the <i>Evidence of Coverage</i> to learn more about prior authorization. Refer to the Benefits Chart in Chapter 4 of the <i>Evidence of Coverage</i> to learn which services require a prior authorization. If you have questions about whether prior authorization is required for specific services, procedures, items, or drugs, call Member Services at the number listed at the bottom of this page for help.
What's a referral?	A referral means that your Primary Care Provider (PCP) must give you written approval before you can use specialists or other providers in the plan's network. This can be done electronically however if you don't get approval, Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) may not cover the services. You don't need a referral to use certain specialists, such as women's health specialists. Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) can provide you with a list of services that require you to get a referral from your PCP before the service is provided. For more information on when a referral is needed, call Member Services at the toll-free number below or refer to Chapter 3, Section 2.2, of the <i>Evidence of Coverage</i>.

Frequently Asked Questions (FAQs)	Answers
Do I pay a monthly amount (also called a premium) under Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP)?	No. Because you have Medical Assistance (Medicaid), you won't pay any monthly premiums for your health coverage. However, you must continue to pay your Medicare Part B premium unless your Part B premium is paid for you by Medical Assistance (Medicaid) or another third party.
Do I pay a deductible as a member of Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP)?	No. You don't pay deductibles in Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP).
What's the maximum out-of-pocket amount that I'll pay for medical services as a member of Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP)?	There's no cost sharing (copays or deductibles) for medical services in Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP), so your annual out-of-pocket costs will be \$0.

C. Overview of services

The following table is a quick overview of what services you may need and rules about the benefits.

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
You need hospital care (continued on the next page)	Inpatient hospital care	\$0	Your provider must get an approval from the plan before you are admitted to a hospital for a procedure, rehabilitation or transplant that you and your doctor planned ahead. This

If you have questions, call Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) Member Services at **1-844-612-6686** (TTY 711), 8 a.m. to 8 p.m., seven days a week (except Thanksgiving and Christmas) from October 1 through March 31, and Monday to Friday (except holidays) from April 1 through September 30. The call is free. For more information, visit shop.anthem.com/medicare.

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
You need hospital care (continued)			is called getting prior authorization. You do not need approval for emergency or urgently needed services. Except in an emergency, your health care provider must tell the plan of your hospital admission.
	Outpatient hospital services (including outpatient treatment by a doctor or a surgeon)	\$0	
	Ambulatory surgical center (ASC) services	\$0	Prior authorization may be required.
You want to use an outpatient health care provider (continued on the next page)	Doctor visits (including visits to Primary Care Providers and specialists)	\$0	Prior authorization and referral may be required.
	Visits to treat an injury or illness	\$0	Prior authorization and referral may be required.
	Preventive care (care to keep you from getting sick, such as flu shots and other immunizations)	\$0	Influenza, Hepatitis B, pneumococcal vaccinations, and other vaccinations recommended for adults are covered. The full childhood immunization schedule is covered for members under the age of 21.

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
You want to use an outpatient health care provider (continued)	Wellness visits, such as a physical	\$0	
	“Welcome to Medicare” preventive visit (one time only)	\$0	
You need emergency care (continued on the next page)	Emergency room services, including mental health emergencies at Comprehensive Psychiatric Emergency Programs (CPEPs)	\$0	You may use any emergency room or CPEP if you reasonably believe you need emergency care. You do not need prior authorization and you do not have to be in-network. Emergency room services are NOT covered outside of the U.S. and its territories except under limited circumstances. In addition to the Medicare-covered emergency room services, this plan offers worldwide emergency care services when traveling outside of the United States and its territories for less than six months. Coverage is limited to \$100,000 per year for worldwide emergency services and urgent care. Contact the plan for details.
	Urgent care	\$0	Urgent care is not emergency care. You do not need prior authorization and you do not have to be in-network. Urgent care is NOT covered outside the U.S. and its territories except under limited circumstances. Contact the plan for details.

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
You need emergency care (continued)			In addition to the Medicare-covered urgent care services, this plan offers urgently needed services when traveling outside of the United States and its territories for less than six months. Coverage is limited to \$100,000 per year for worldwide emergency services and urgent care. Contact the plan for details.
You need medical tests	Lab tests, such as blood work	\$0	Prior authorization and referral may be required.
	X-rays or other pictures, such as CAT scans	\$0	Your provider must refer you and get an approval from the plan before you get high-tech imaging or certain diagnostic and therapeutic radiology and lab services
	Screenings, such as tests to check for cancer	\$0	
You need hearing/auditory services (continued on the next page)	Hearing screenings (including routine hearing exams)	\$0	This plan offers Medicare-covered hearing evaluations to determine if you need medical treatment for a hearing condition. In addition to the Medicare-covered hearing evaluations, this plan offers one (1) supplemental routine hearing exam. Prior authorization and referral may be required.

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
You need hearing/auditory services (continued)			Additional services may be covered in accordance with your Medicaid benefits and guidelines.
	Hearing aids (as well as fittings and associated accessories and supplies)	\$0	In addition to the Medicare-covered hearing evaluations, this plan offers up to \$4,000 toward the purchase of one pair of supplemental prescribed hearing aid(s) or up to \$300 towards the purchase of one pair of over-the-counter hearing aid(s) and one (1) supplemental hearing aid fitting/evaluation every year. Prior authorization and referral may be required. Additional services may be covered in accordance with your Medicaid benefits and guidelines.
You need dental care (continued on the next page)	Dental services (including, but not limited to, routine exams and cleanings, X-rays, fillings, crowns, implants, extractions, dentures, and endodontic and periodontal care)	\$0	In addition to the Medicare covered dental services, this plan covers 3 oral exams, 1 cleaning, and certain dental x-rays up to the plan's limitations. This plan covers comprehensive dental including Restorative Services, Implant Services, Crown Services, Endodontics, Periodontics, and other comprehensive dental services up to the plan's limitations. Please reference the Dental Services section of your <i>Evidence of Coverage</i> for additional benefit information, limitations, and exclusions.

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
You need dental care (continued)			Many dental services require prior authorization. Please note that dental crown and implant services require prior authorization. Please refer to the <i>Evidence of Coverage</i> for a full list of the dental benefits, limitations, and exclusions.
You need eye care	Vision services (including annual eye exams)	\$0	This plan offers Medicare-covered exam to treat an eye condition. In addition to the Medicare-covered eye exam, this plan offers one (1) routine eye exam every calendar year. Prior authorization may be required. Additional services may be covered in accordance with your Medicaid benefits and guidelines.
	Glasses or contact lenses	\$0	In addition to Medicare-covered eye wear, this plan covers up to \$375 for supplemental eyeglasses or contact lenses every year.
	Other vision care (including diagnosis and treatment for diseases and conditions of the eye)	\$0	
Annual health related social needs screening and navigation to services (continued on the next page)	You can connect to organizations in	\$0	If you're interested, please call Member Services and we'll connect

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Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
Annual health related social needs screening and navigation to services (continued)	your community that provide services to help with housing, transportation, and care management at no-cost to you, through a regional Social Care Network (SCN).		you to a SCN in your area. The Social Care Navigator will verify your eligibility, tell you more about these services, and help you get connected to them.
You have a mental health condition (continued on the next page)	Inpatient mental health care (long-term mental health services, including inpatient services in a psychiatric hospital, general hospital, psychiatric unit of an acute care hospital, Short Term Care Facility (STCF), State Operated Addiction Treatment Center's (ATC), Inpatient addiction rehabilitation, Inpatient Medically Supervised Detox, or critical access hospital)	\$0	All members are covered by the plan for acute inpatient hospitalization in a general hospital, regardless of the admitting diagnosis or treatment. Except in an emergency, your health care provider must tell the plan of your hospital admission.
	Adult outpatient mental health care Continuing Day Treatment (CDT)	\$0	Authorization required for ACT Services.

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
You have a mental health condition (continued)	Partial hospitalization Adult outpatient rehabilitative mental health care Assertive Community Treatment (ACT) Mental Health Outpatient Treatment and Rehabilitative Services (MHOTRS) Personalized Recovery Oriented Services (PROS) Adult outpatient rehabilitative mental health and addiction services for members who meet clinical requirements These are also known as Community Oriented Recovery and Empowerment (CORE) services. CORE services: Psychosocial Rehabilitation (PSR) Community Psychiatric Supports and Treatment (CPST) Empowerment services – peer		

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
You have a mental health condition (continued)	supports Family Support and Training (FST) Adult mental health crisis services Comprehensive Psychiatric Emergency Program (CPEP) Mobile Crisis and Telephonic Crisis Services Crisis Residential Programs		
	Outpatient mental health care (including, but not limited to, clinical counseling and therapy, peer support, psychosocial rehabilitation, medication management, family psychoeducation, and intensive outpatient models of care). (Note: This isn't a complete list of the plan's expanded outpatient mental health services. Call	\$0	Services may be provided by any OMH licensed, designated, or approved provider agency, or a state-licensed psychiatrist or doctor, clinical psychologist, clinical social worker, clinical nurse specialist, nurse practitioner, physician assistant, Independent Practitioner Network (IPN) Psychiatrist, Psychologist or Advanced Practice Nurse (APN), or other qualified mental health care professional as allowed under applicable state laws. Prior authorization and referral may be required.

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
You have a mental health condition (continued)	Member Services at the number listed at the bottom of this page or read the <i>Evidence of Coverage</i> , Chapter 4, for more information.)		
You are having a mental health or substance use crisis	Mobile Crisis services (assessment by telephone or mobile crisis team response); short-term residential crisis stabilization (for mental health crises)	\$0	Any approved mobile crisis or licensed crisis residence provider in New York State.
You have a mental health condition or a substance use disorder (continued on the next page)	CORE Services (which are person-centered, recovery-oriented mobile behavioral health supports. CORE Services build skills and self-efficacy that promote and facilitate community participation and independence). (Note: For more information about CORE Services and	\$0	CORE services are available to members who meet certain clinical requirements. Anyone can refer or self-refer to CORE Services.

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
You have a mental health condition or a substance use disorder (continued)	to determine whether you're eligible for them, call Member Services at the numbers at the bottom of this page or read the <i>Evidence of Coverage.</i>)		
You have a substance use disorder (continued on the next page)	Inpatient and outpatient substance use disorder treatment services (including, but not limited to, detoxification and withdrawal management, short-term residential services, residential treatment center services, and methadone Medication Assisted Treatment) (Note: This isn't a complete list of the plan's expanded substance use disorder services. Call Member Services at the number listed at the bottom of this page	\$0	Your provider must refer you and get an approval from the plan before you are admitted to a hospital for a mental condition, drug or alcohol abuse or rehab.

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
You have a substance use disorder (continued)	or read the <i>Evidence of Coverage</i> , Chapter 4, for more information.)		
You need a place to live with people available to help you	Skilled nursing care	\$0	Your provider must get an approval from the plan before you get skilled nursing facility care.
	Nursing home	\$0	
	Custodial care (long-term care in a Nursing Facility)	\$0	Services are covered for those who meet nursing facility level of care and whose rehabilitation goals have been met or discontinued with no plan to discharge to the community within 180 days of admission.
You need therapy after a stroke or accident	Occupational, physical, or speech therapy (outpatient or in-home)	\$0	In addition to Medicare coverage, the plan provides 40 outpatient physical therapy visits, occupational and speech therapy limited to 20 visits each per calendar year. Limits do not apply to Enrollees under age 21, Enrollees who are developmentally disabled, and Enrollees with traumatic brain injury. You may need a referral and an approval from the plan before you get physical therapy, occupational therapy and speech/language therapy.

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
You need help getting to health services	Emergency transportation	\$0	
You need drugs to treat your illness or condition (continued on the next page)	Medicare Part B drugs (including those given by your provider in their office, some oral anti-cancer drugs, and some drugs used with certain medical equipment)	\$0	Your plan currently may require step therapy for any Part B drugs. Step Therapy is a utilization tool that requires you to first try another drug to treat your medical condition before we will cover the drug your doctor may have initially prescribed. You may also be required to try a Part B drug before using a Part D drug and in some cases you may be required to try a Part D drug before getting a Part B drug. You can contact Member Services for more information. Read the <i>Evidence of Coverage</i>, Chapter 4, Section 2, for more information on these drugs.
	Medicare Part D drugs Tier 1: Preferred Generic Standard retail one-month supply Mail order three-month supply Tier 2: Generic	\$0.00 \$0.00	Part D Drug Deductible: If you receive Extra Help , this payment stage does not apply to you. If you do not qualify for Extra Help , the deductible is \$615.00 per year for Part D prescription drugs. Drugs listed on Tier 2: Generic, Tier 3: Preferred Brand, Tier 4: Non-Preferred Drug, Tier 5: Specialty Tier are included in the Part D deductible.

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
You need drugs to treat your illness or condition (continued)	Standard retail one-month supply	\$0.00 - \$12.65 OR 25%*	There may be limitations on the types of drugs covered. Refer to Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP)'s list of covered drugs (formulary) at the website listed at the bottom of the page for more information.
	Mail order three-month supply	\$0.00 - \$12.65 OR 25%*	
	Tier 3: Preferred Brand		
	Standard retail one-month supply	\$0.00 - \$12.65 OR 25%*	Once you or others on your behalf pay \$2,100 you've reached the catastrophic coverage stage and you pay \$0 for all your Medicare drugs. Read the <i>Evidence of Coverage</i> for more information on this stage.
	Mail order three-month supply	\$0.00 - \$12.65 OR 25%*	
	Tier 4: Non-Preferred Drug		
	Standard retail one-month supply	\$0.00 - \$12.65 OR 25%*	Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) may require you to first try one drug to treat your condition before it will cover another drug for that condition.
	Mail order three-month supply	\$0.00 - \$12.65 OR 25%*	
	Tier 5: Specialty Tier		
	Standard retail one-month supply	\$0.00 - \$12.65 OR 25%*	Some drugs have quantity limits.
	Mail order three-month supply	Not available	Your provider must get prior authorization from Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) for certain drugs.

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
You need drugs to treat your illness or condition (continued)	Tier 6: Select Care Drugs Standard retail one-month supply Mail order three-month supply	\$0.00 \$0.00 Copays for drugs may vary based on the level of Extra Help you get. Please contact the plan for more details.	You must use certain pharmacies for a very limited number of drugs, due to special handling, provider coordination, or patient education requirements that cannot be met by most pharmacies in your network. These drugs are listed on the plan's website, list of covered drugs (formulary), and printed materials, as well as on the Medicare Prescription Drug Plan Finder on www.medicare.gov/plan-compare. Important message about what you pay for vaccines and insulin: This plan covers most part D vaccines at no cost to you. If you receive Extra Help, you pay \$0.00-\$12.65 for a one-month supply of any covered insulin. If you do not qualify for Extra Help, you will not pay more than \$35 for a one-month supply of any covered insulin. * If you receive Extra Help, the amount you pay is determined by your Extra Help low-income subsidy (LIS) coverage and whether you use a generic or brand drug. Please refer to your LIS Rider for your specific

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
You need drugs to treat your illness or condition (continued)			copayment amount. If you do not qualify for Extra Help, you pay the coinsurance.
	Over-the-counter (OTC) drugs	\$0	This plan offers a supplemental Over-the-Counter (OTC) benefit through a combined monthly spending allowance. Please refer to the Everyday Options Allowance benefit later in this document for more information.
You need foot care	Podiatry services (including routine exams)	\$0	In addition to the Medicare-covered podiatry services, this plan offers six (6) routine foot care visits each year. Prior authorization and referral may be required.
	Orthotic services	\$0	
You need durable medical equipment (DME) or supplies (continued on the next page)	Wheelchairs, nebulizers, crutches, roll about knee walkers, walkers, and oxygen equipment and supplies, for example (Note: This isn't a complete list of covered DME or supplies. Call Member Services at the number at the bottom of this page)	\$0	Therapeutic Continuous Glucose Monitors (CGMs) and related supplies are covered by Medicare when they meet Medicare National Coverage Determination (NCD) and Local Coverage Determinations (LCD) criteria. In addition, where there is not NCD/ LCD criteria, therapeutic CGM must meet any plan benefit limits, and the plan's evidence based clinical practice guidelines. This plan only covers Dexcom FreeStyle Libre Continuous Glucose Monitors (CGMs). We will not cover other brands unless your provider tells us it is medically necessary. CGMs

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
You need durable medical equipment (DME) or supplies (continued)	or read the <i>Evidence of Coverage</i> for more information.)		MUST be purchased at a network retail or our mail-order pharmacy to be covered. If you purchase these supplies through a Durable Medical Equipment (DME) provider these items will not be covered. Coverage limitations: ☐ 2-3 Sensors per month depending on receiver ☐ One receiver every 2 years Insulin pumps are different than a CGM and can be purchased through a DME provider. This plan covers only DUROLANE, EUFLEXXA, SUPARTZ, and Gel-SYN-3 Hyaluronic Acids. We will not cover other brands unless your provider tells us it is medically necessary. Prior authorization may be required.
You need interpreter services	Spoken language interpreter	\$0	
	Sign language interpreter	\$0	
Other covered services (continued on the next page)	Acupuncture	\$0	This plan offers twelve (12) acupuncture visits each year to treat lower back pain not related to a systemic cause, pregnancy, or surgery.

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
Other covered services (continued)			In addition to the Medicare-covered acupuncture visits, this plan offers up to twenty-four (24) supplemental acupuncture visits as an alternative to treat illness or to numb pain. Prior authorization may be required.
	Plan Care coordination	\$0	
	Chiropractic services	\$0	This plan offers Medicare-covered visits for manual manipulation of the spine to correct subluxation. Prior authorization and referral may be required.
	Diabetic supplies	\$0	This plan covers Freestyle (made by Abbott) and Accu-Chek® (made by Roche Diagnostics) glucometers and blood glucose test strips. We will not cover other brands unless your provider tells us it is medically necessary. Blood glucose test strips and glucometers MUST be purchased at a network retail or our mail-order pharmacy to be covered. If you purchase these supplies through a Durable Medical Equipment (DME) provider these items will NOT be paid for.

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
Other covered services (continued)			Lancets are limited to the following manufacturers: Freestyle, Trividia, Accu-Chek®, HTL-Strefa, Kroger and its affiliates which include Fred Meyer, King Soopers, City Market, Fry's Food Stores, Smith's Food and Drug Centers, Dillon Companies, Ralphs, Quality Food Centers, Baker, Scott's, Owen, Payless, Gerbes, Jay-C, Prodigy, and Good Neighbor.
	Early and Periodic Screening Diagnosis and Treatment (EPSDT) (including preventive screenings, medical examinations, vision and hearing screenings and services, immunizations, lead screening, and private duty nursing services)	\$0	EPSDT is for members under 21 years of age.
	Family planning	\$0	Family planning services furnished by out-of-network providers are covered directly by Medicaid fee-for-service. Services primarily related to the diagnosis and treatment of infertility are not covered.
	Hospice care	\$0	

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
Other covered services (continued)	Mammograms	\$0	
	Managed Long-term Services and Supports (MLTSS) (including, but not limited to, assisted living services; cognitive, speech, occupational, and physical therapy; chore services; home-delivered meals; residential modifications (such as the installation of ramps or grab bars); social adult day care)	\$0	MLTSS provides services for members that need the level of care typically provided in a Nursing Facility, and allows them to get necessary care in a residential or community setting. MLTSS is available to all members; specific service authorization, including amount, is indicated in the member's individualized approved Plan of Care.
	Medical day care (including preventive, diagnostic, therapeutic, and rehabilitative services under medical and nursing supervision in an ambulatory care setting)	\$0	Medical day care is provided to meet the needs of individuals with physical and/or cognitive impairments in order to support their community living.
	Personal Care Assistance (PCA) (assistance with daily activities such	\$0	

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
Other covered services (continued)	as bathing, dressing, using the bathroom, shopping, cooking, including health-related tasks performed by a qualified individual in a member's home, under the supervision of a registered professional nurse, as certified by a physician in accordance with a member's written plan of care)		
	Prosthetic services	\$0	Prior authorization required.
	Services to help manage your disease	\$0	

The above summary of benefits is provided for informational purposes only. For more information about your benefits, you can read Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP)'s *Evidence of Coverage*. If you have questions, you can also call Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) Member Services at the number at the bottom of this page.

D. Additional services Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) covers

This isn't a complete list. Call Member Services at the number at the bottom of this page or read the *Evidence of Coverage* to find out about other covered services.

Additional services Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) covers	Your costs
24/7 NurseLine 24-hour access to a nurse helpline, 7 days a week, 365 days a year: 1-855-658-9249.	\$0
Dental In addition to the Medicare covered dental services, this plan covers 3 oral exams, 1 cleaning, and certain dental x-rays up to the plan's limitations. This plan covers comprehensive dental including Restorative Services, Implant Services, Crown Services, Endodontics, Periodontics, and other comprehensive dental services up to the plan's limitations. Please reference the Dental Services section of your <i>Evidence of Coverage</i> for additional benefit information, limitations, and exclusions. Many dental services require prior authorization. Please note that dental crown and implant services require prior authorization. Please refer to the <i>Evidence of Coverage</i> for a full list of the dental benefits, limitations, and exclusions.	\$0

Additional services Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) covers	Your costs
Everyday Options Allowance This benefit provides a combined monthly spending allowance of \$305 each month on your Benefits Mastercard® Prepaid Card for assistive devices, healthy foods*, over-the-counter (OTC) health and wellness products, and utilities*. You have the flexibility to choose how you want to spend your allowance on any of the following benefits: ☐ Assistive Devices: ADA toilet seats, shower stools, hand-held shower heads, reaching devices, temporary wheelchair threshold ramps, and more. ☐ Healthy Foods*: Food items like fresh meats, fruits, and vegetables. ☐ OTC: Health and wellness products like vitamins, first aid supplies, pain-relievers, and more. ☐ Utilities*: Use toward the payment of natural/propane gas, electric, water, cable, internet, or cell phone services. Unused amounts expire at the end of each month. * The benefits mentioned are Special Supplemental Benefits for the Chronically Ill (SSBCI). You may qualify for SSBCI if you have a high risk for hospitalization and require intensive care coordination to manage chronic conditions such as Chronic Kidney Diseases, Chronic Lung Disorders, Cardiovascular Disorders, Chronic Heart Failure, or Diabetes. For a full list of chronic conditions or to learn more about other eligibility requirements needed to qualify for SSBCI benefits, please refer to Chapter 4 in the plan's <i>Evidence of Coverage</i>.	\$0

Additional services Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) covers	Your costs
LiveHealth Online Lets you talk to a board-certified doctor, or licensed psychiatrist, psychologist or therapist, by live, two-way video on a computer, smartphone or tablet. LiveHealth Online is offered through an arrangement with Amwell, a separate company, providing telehealth services on behalf of your health plan.	\$0
Medicare Community Resource Support We assist you right over the phone by providing you with health-related information and by connecting you to local community-based services and support programs. We'll help you coordinate these services based on your unique needs. Call us at the number listed on your plan ID card and ask for the Medicare Community Resource Support team for more details.	\$0
SilverSneakers*[®] Fitness program When you become our member, you can sign up for SilverSneakers. It's included in our plan. To learn more details, go to silversneakers.com or call SilverSneakers at 1-855-741-4985 (TTY: 711), Monday through Friday, 8 a.m. to 8 p.m. ET. * SilverSneakers is a registered trademark of Tivity Health, Inc. All rights reserved. Tivity Health, Inc. is an independent company providing a fitness program on behalf of this plan.	\$0

E. Benefits covered outside of Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP)

This isn’t a complete list. Call the Member Services number at the bottom of this page to find out about other services not covered by Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) but available through Medicaid fee-for-service.

Other services covered directly by Medicaid fee-for-service	Your costs
CSS (Community Support Services)	\$0
Health Home (HH) and Health Home Plus (HH+) Care Management	\$0
Certified Community Behavioral Health Clinics (CCBHC)	\$0
Children’s Crisis Residence Services Youth ages 18-20	\$0
Non-emergency Medical Transportation	\$0

F. Services that Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP), Medicare, and Medicaid don’t cover

The following services aren’t covered by our plan. This isn’t a complete list. Call Member Services at the number listed at the bottom of this page to find out about other excluded services.

Services that Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP), Medicare, and Medicaid do not cover
Personal and comfort items
Cosmetic surgery if not medically necessary
Services of a provider that is not part of the plan, unless the plan sends you to that provider
Services not considered “reasonable and necessary” according to standards of Medicare and New York State Department of Health
Experimental medical and surgical treatments, items, or drugs unless covered by Medicare or under a Medicare-approved clinical study
Surgical treatment for morbid obesity except when medically necessary
Elective or voluntary enhancement procedures
LASIK surgery

G. Your rights and responsibilities as a member of the plan

As a member of Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP), you have certain rights concerning your health care. You also have certain responsibilities to the health care providers who are taking care of you. Regardless of your health condition, you can’t be refused medically necessary treatment. You can use these rights without losing your health care services. We’ll tell you about your rights at least once a year. For more information on your rights, read the *Evidence of Coverage*.

Your rights include, but aren't limited to, the following:

- ☐ **You have a right to respect, fairness, and dignity.** This includes the right to:
 - Get covered services without concern about race, ethnicity, national origin, color, religion, creed, sex (including sex stereotypes and gender identity), age, health status, mental, physical, or sensory disability, sexual orientation, genetic information, ability to pay, or ability to speak English. No health care provider should engage in any practice, with respect to any member that constitutes unlawful discrimination under any state or federal law or regulation.
 - Ask for and get information in other formats (for example, large print, braille, audio) free of charge
 - Be free from any form of physical restraint or seclusion
 - Not be billed by network providers
 - Have your questions and concerns answered completely and courteously
 - Apply your rights freely without any negative effect on the way Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) or your provider treats you
- ☐ **You have the right to get information about your health care.** This includes information on treatment and your treatment options, regardless of cost or benefit coverage. This information should be in a format and language you can understand. These rights include getting information on:
 - Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP)
 - Description of the services we cover
 - How to get services
 - How much services will cost you
 - Names of health care providers and Care Managers
 - Your rights and responsibilities

- **You have the right to make decisions about your care, including refusing treatment.** This includes the right to:
 - Choose a primary care provider (PCP) and change your PCP at any time during the year You can call **1-833-613-5117** if you want to change your PCP.
 - Use a women's health care provider without a referral
 - Get your covered services and drugs quickly
 - Know about all treatment options, no matter what they cost or whether they're covered
 - Refuse treatment as far as the law allows, even if your health care provider advises against it
 - Stop taking medicine, even if your health care provider advises against it
 - Ask for a second opinion about any health care that your PCP or your Care Team advises you to have. Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) will pay for the cost of your second opinion visit.
 - Make your health care wishes known in an advance directive
- **You have the right to timely access to care that doesn't have any communication or physical access barriers.** This includes the right to:
 - Get timely medical care
 - Get in and out of a health care provider's office. This means barrier-free access for people with disabilities, in accordance with the Americans with Disabilities Act
 - Have interpreters to help with communication with your doctors, other providers, and your health plan Call **1-833-613-5117** if you need help with this service.
 - Have your *Evidence of Coverage* and any printed materials from Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) translated into your primary language, and/or have these materials read out loud to you if you have trouble seeing or reading. Oral

interpretation services will be made available upon request and free of charge.

- Be free of any form of physical restraint or seclusion that would be used as a means of coercion, force, discipline, convenience, or retaliation

☐ **You have the right to emergency and urgent care when you need it.** This means you have the right to:

- Get emergency and urgent care services, 24 hours a day, 7 days a week, without prior approval
- Use an out-of-network urgent or emergency care provider, when necessary

☐ **You have a right to confidentiality and privacy.** This includes the right to:

- Ask for and get a copy of your medical records in a way that you can understand and to ask for your records to be changed or corrected
- Have your personal health information kept private. No personal health information will be released to anyone without your consent, unless required by law.
- Have privacy during treatment

☐ **You have the right to make complaints about your covered services or care.** This includes the right to:

- Access an easy process to voice your concerns, and to expect follow-up by Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP)
- File a complaint or grievance against us or our providers You also have the right to appeal certain decisions made by us or our providers.
- Ask for a State Appeal (State Fair Hearing)
- Get a detailed reason why services were denied

For more information about your rights, you can read Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP)'s *Evidence of Coverage*. If you have questions, you can also call Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) Member Services at the number listed at the bottom of this page.

Your responsibilities include, but aren't limited to, the following:

- ☐ **You have a responsibility to treat others with respect, fairness, and dignity.** You should:
 - Treat your health care providers with dignity and respect
 - Keep appointments, be on time, and call in advance if you're going to be late or have to cancel
- ☐ **You have the responsibility to give information about you and your health.** You should:
 - Tell your health care provider your health complaints clearly and provide as much information as possible
 - Tell your health care provider about yourself and your health history
 - Tell your health care provider that you're an Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) member
 - Talk to your PCP, Care Manager, or other appropriate person about using the services of a specialist before you go to a hospital (except in cases of emergency)
 - Tell your PCP, Care Manager, or other appropriate person within 24 hours of any emergency or out-of-network treatment
 - Notify Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) Member Services if there are any changes in your personal information, such as your address or phone number
- ☐ **You have the responsibility to make decisions about your care, including refusing treatment.** You should:
 - Learn about your health problems and any recommended treatment, and consider the treatment before it's performed
 - Partner with your Care Team and work out treatment plans and goals together
 - Follow the instructions and plans for care that you and your health care provider have agreed to, and remember that refusing treatment recommended by your health care provider might harm your health

- **You have the responsibility to obtain your services from Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP).** You should:
- Get all your health care from Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP), except in cases of emergency, urgent care, behavioral health crisis services, out-of-area dialysis services, or family planning services, unless Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) provides a prior authorization for out-of-network care
 - Not allow anyone else to use your Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) Member ID Card to obtain healthcare services
 - Notify Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) when you believe that someone has purposely misused Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) benefits or services

For more information about your rights, you can read Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP)'s *Evidence of Coverage*. If you have questions, you can also call Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) Member Services at the number listed at the bottom of this page.

H. How to file a complaint or appeal a denied service

If you have a complaint or think Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) should cover something we denied, call Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) at **1-833-613-5117** (TTY: **711**), 8 a.m. to 8 p.m., seven days a week (except Thanksgiving and Christmas) from October 1 through March 31, and Monday to Friday (except holidays) from April 1 through September 30. You can file a complaint or appeal our decision.

For questions about complaints and appeals, you can read **Chapter 9** of Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP)'s *Evidence of Coverage*. You can also call Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) Member Services at **1-833-613-5117** (TTY: **711**).

You also have a right to contact the New York State Department of Health about your complaint. Contact the Department of Health by:

- ☐ Phone: 1-866-712-7197
- ☐ Mail: New York State Department of Health
Bureau of Managed Long Term Care
Technical Assistance Center
99 Washington Ave / One Commerce Plaza 16th Fl
Albany, NY 12210
- ☐ Email: mltctac@health.ny.gov

I. What to do if you suspect fraud

Most health care professionals and organizations that provide services are honest. Unfortunately, there may be some who are dishonest.

If you think a doctor, hospital or other pharmacy is doing something wrong, contact us.

- ☐ Call us at Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) Member Services. The phone number is listed in the footer of each page of this document.
- ☐ Or, call Medicare at 1-800-MEDICARE (1-800-633-4227). TTY users may call 1-877-486-2048. You can call these numbers for free.
- ☐ Or, call the New York State Medicaid Fraud Hotline 1-877-87 FRAUD.

If you have general questions or questions about our plan, services, service area, billing, or Member ID Cards, call Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) Member Services:

CALL: 1-833-613-5117

Calls to this number are free.

8 a.m. to 8 p.m., seven days a week (except Thanksgiving and Christmas) from

If you have general questions or questions about our plan, services, service area, billing, or Member ID Cards, call Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) Member Services:

October 1 through March 31, and Monday to Friday (except holidays) from April 1 through September 30.

Member Services also has free language interpreter services available for non-English speakers.

TTY: 711

This number requires special telephone equipment and is only for people who have difficulties with hearing or speaking.

Calls to this number are free. 8 a.m. to 8 p.m., seven days a week (except Thanksgiving and Christmas) from October 1 through March 31, and Monday to Friday (except holidays) from April 1 through September 30.

If you have questions about your health:

- ☐ Call your primary care provider (PCP). Follow your PCP's instructions for getting care when the office is closed.
- ☐ If your PCP's office is closed, you can also call Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP)'s 24/7 NurseLine at **1-855-658-9249** (TTY: **711**). A nurse will listen to your problem and tell you how to get care.
- ☐ Calls to this number are free. 8 a.m. to 8 p.m., seven days a week (except Thanksgiving and Christmas) from October 1 through March 31, and Monday to Friday (except holidays) from April 1 through September 30.
- ☐ Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) also has free language interpreter service available for non-English speakers.

If you have general questions or questions about our plan, services, service area, billing, or Member ID Cards, call Anthem HealthPlus Full Dual Advantage LTSS 2 (HMO D-SNP) Member Services:

- **TTY: 711.** Calls to this number are free. 8 a.m. to 8 p.m., seven days a week (except Thanksgiving and Christmas) from October 1 through March 31, and Monday to Friday (except holidays) from April 1 through September 30.
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LANGUAGE ASSISTANCE

ATTENTION: Language assistance services and other aids, free of charge, are available to you. Call 833-613-5117 (TTY 711).	English
ATENCIÓN: Dispone de servicios de asistencia lingüística y otras ayudas, gratis. Llame al 833-613-5117 (TTY 711).	Spanish
请注意：您可以免费获得语言协助服务和其他辅助服务。请致电 833-613-5117 (TTY 711)。	Chinese
ملاحظة: خدمات المساعدة اللغوية والمساعدات الأخرى المجانية متاحة لك. اتصل بالرقم 833-613-5117 (TTY 711).	Arabic
주의: 언어 지원 서비스 및 기타 지원을 무료로 이용하실 수 있습니다. 833-613-5117 (TTY 711) 번으로 연락해 주십시오.	Korean
ВНИМАНИЕ! Вам доступны бесплатные услуги переводчика и другие виды помощи. Звоните по номеру 833-613-5117 (TTY 711).	Russian
ATTENZIONE: Sono disponibili servizi di assistenza linguistica e altri ausili gratuiti. Chiamare il 833-613-5117 (TTY 711).	Italian
ATTENTION : Des services d'assistance linguistique et d'autres ressources d'aide vous sont offerts gratuitement. Composez le 833-613-5117 (TTY 711).	French
ATANSYON: Gen sèvis pou bay asistans nan lang ak lòt èd ki disponib gratis pou ou. Rele 833-613-5117 (TTY 711).	French Creole
אכטונג: שפראך הילף סערוויסעס און אנדערע הילף, זענען אוועילעבל פאר אייך אומזיסט. 833-613-5117 (TTY 711) רופט.	Yiddish
UWAGA: Dostępne są bezpłatne usługi językowe oraz inne formy pomocy. Zadzwoń: 833-613-5117 (TTY 711).	Polish
ATENSYON: Available ang mga serbisyong tulong sa wika at iba pang tulong nang libre. Tumawag sa 833-613-5117 (TTY 711).	Tagalog
মনোযোগ নামূল্যে ভাষা সহায়তা পরিষেবা এবং অন্যান্য সাহায্য আপনার জন্য উপলব্ধ। 833-613-5117 (TTY 711) -এ ফোন করুন।	Bengali
VINI RE: Për ju disponohen shërbime asistence gjuhësore dhe ndihma të tjera falas. Telefononi 833-613-5117 (TTY 711).	Albanian
ΠΡΟΣΟΧΗ: Υπηρεσίες γλωσσικής βοήθειας και άλλα βοηθήματα είναι στη διάθεσή σας, δωρεάν. Καλέστε στο 833-613-5117 (TTY 711).	Greek
توجہ فرمائیں: زبان میں معاونت کی خدمات اور دیگر معاونتیں آپ کے لیے بلا معاوضہ دستیاب ہیں۔ کال کریں 833-613-5117 (TTY 711)۔	Urdu

IMPORTANT INFORMATION: 2025 Medicare Star Ratings

Official U.S.
Government
Medicare
Information



Centers Plan for Healthy Living - H6988

For 2025, Centers Plan for Healthy Living - H6988 received the following Star Ratings from Medicare:

Overall Star Rating: ★★★★★

Health Services Rating: ★★★★★

Drug Services Rating: ★★★★★

Every year, Medicare evaluates plans based on a 5-star rating system.

Why Star Ratings Are Important

Medicare rates plans on their health and drug services.

This lets you easily compare plans based on quality and performance.

Star Ratings are based on factors that include:

- ☐ Feedback from members about the plan's service and care
- ☐ The number of members who left or stayed with the plan
- ☐ The number of complaints Medicare got about the plan
- ☐ Data from doctors and hospitals that work with the plan

The number of stars show how well a plan performs.

★★★★★ EXCELLENT

★★★★☆ ABOVE AVERAGE

★★★☆☆ AVERAGE

★★☆☆☆ BELOW AVERAGE

★☆☆☆☆ POOR

More stars mean a better plan – for example, members may get better care and better, faster customer service.

Get More Information on Star Ratings Online

Compare Star Ratings for this and other plans online at [medicare.gov/plan-compare](https://www.medicare.gov/plan-compare).

Questions about this plan?

Contact Centers Plan for Healthy Living 7 days a week from 8 a.m. to 8 p.m., (except Thanksgiving and Christmas) from October 1 through March 31, and Monday to Friday (except holidays) from April 1 through September 30 at 833-274-5627 (toll-free) or 711 (TTY). Current members please call 833-274-5627 (toll-free) or 711 (TTY).

Pre-Enrollment Checklist

Before making an enrollment decision, it is important that you fully understand our benefits and rules. If you have any questions, you can call and speak to a customer service representative at **1-844-612-6686** TTY: **711**, 8 a.m. to 8 p.m., seven days a week (except Thanksgiving and Christmas) from October 1 through March 31, and Monday to Friday (except holidays) from April 1 through September 30.

Understanding the Benefits

- ☐ The Evidence of Coverage (EOC) provides a complete list of all coverage and services. It is important to review plan coverage, costs, and benefits before you enroll. Visit <https://shop.anthem.com/medicare> or call **1-844-612-6686** to view a copy of the EOC.
- ☐ Review the provider directory (or ask your doctor) to make sure the doctors you see now are in the network. If they are not listed, it means you will likely have to select a new doctor.
- ☐ Review the pharmacy directory to make sure the pharmacy you use for any prescription medicines is in the network. If the pharmacy is not listed, you will likely have to select a new pharmacy for your prescriptions.
- ☐ Review the formulary to make sure your drugs are covered.

Understanding Important Rules

- ☐ **Effect on Current Coverage.** If you are currently enrolled in a Medicare Advantage plan, your current Medicare Advantage healthcare coverage will end once your new Medicare Advantage coverage starts. If you have Tricare, your coverage may be affected once your new Medicare Advantage coverage starts. Please contact Tricare for more information. If you have a Medigap plan, once your Medicare Advantage coverage starts, you may want to drop your Medigap policy because you will be paying for coverage you cannot use.
- ☐ In addition to your monthly plan premium, you must continue to pay your Medicare Part B premium. This premium is normally taken out of your Social Security check each month.
- ☐ Benefits, premiums and/or copayments/co-insurance may change on January 1, 2027.
- ☐ Except in emergency or urgent situations, we do not cover services by out-of-network providers (doctors who are not listed in the provider directory).
- ☐ This plan is a dual eligible special needs plan (D-SNP). Your ability to enroll will be based on verification that you are entitled to both Medicare and medical assistance from a state plan under Medicaid.