

# Summary of Benefits



## Thank you for your interest in our Medicare Advantage plans

Anthem | MaineHealth offers benefits to help you stay healthy while protecting you from unexpected costs. This plan includes your hospital and medical benefits in one plan.

### Medicare Advantage

**Plan year:** January 1 – December 31, 2026

#### **Maine**

All counties in Maine

**Anthem | MaineHealth Advantage Veteran (PPO)<sup>†</sup>**

**<sup>†</sup> This plan has no prescription drug coverage.**

# Anthem I MaineHealth Advantage Veteran (PPO)

## Anthem I MaineHealth Advantage Veteran (PPO)

Our service area includes these counties in ME: Androscoggin, Aroostook, Cumberland, Franklin, Hancock, Kennebec, Knox, Lincoln, Oxford, Penobscot, Piscataquis, Sagadahoc, Somerset, Waldo, Washington, York.

### Do you have questions?

You can learn more on our website, **[shop.anthem.com/medicare](https://shop.anthem.com/medicare)**. Or call us toll-free **1-844-600-9932** (TTY: **711**). Hours of operation: 8 a.m. to 8 p.m., seven days a week (except Thanksgiving and Christmas) from October 1 through March 31, and Monday to Friday (except holidays) from April 1 through September 30.

The Summary of Benefits does not include every service, limit, or exclusion, but the Evidence of Coverage does. Just give us a call to request a copy.

Anthem I MaineHealth Advantage Veteran (PPO) is a Medicare Advantage plan. It includes hospital and medical benefits in one plan. To join this plan, the following must apply to you:

- ☐ You're entitled to Medicare Part A.
- ☐ You're enrolled in Medicare Part B.
- ☐ You live in our service area.

You can go to any doctor or facility. However, if you stay inside the network, your out-of-pocket costs may be lower. Ask your current doctor if they are in this plan.

# Anthem I MaineHealth Advantage Veteran (PPO)

## Medicare coverage that goes beyond Original Medicare

- ☐ Medicare Advantage plans cover everything that Original Medicare covers — Part A (hospital services) and Part B (medical services) — plus more.
- ☐ Medicare Advantage plans cover Medicare Part B drugs. However, this plan does not cover Part D prescription drugs.

## This is a Preferred Provider Organization (PPO) plan. That means:

- ☐ You can see any doctor or specialist, in or out of our plan, no referrals needed.
- ☐ Your costs may be higher if you use doctors outside the plan.

## Shop smart and save

If you use a doctor in our plan, your costs will be lower. A doctor can join or leave this plan at any time, so check if they're in-network with our Find a Doctor tool online. Just follow the steps listed.

## How to find a doctor/PCP in our plan:

- ☐ Go to **shop.anthem.com/medicare**
  1. Select **Useful Tools** and choose **Find a Doctor**.
  2. Enter your ZIP code, county, and the date you want your coverage to begin.
  3. Fill in the details (city, doctor's name, distance, etc.).
  4. Be sure to check that the doctor is listed as "In-Network" for this plan.
- ☐ Or you can ask us for the Provider Directory. The phone number is on page 2.



For more information about Medicare, you can read the Medicare & You handbook. If you don't have a copy of this booklet, you can access it online at the Medicare website ([medicare.gov/medicare-and-you](https://www.medicare.gov/medicare-and-you)) or request a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

## Optional supplemental dental and/or vision benefits

You can add an Optional Supplemental Benefits (OSB) package to the plan for an additional monthly premium. Optional Supplemental Benefits may not be available with every Medicare Advantage plan. See the Optional Supplemental Dental and Vision Plans section of the medical benefits chart for more details.



# **Summary of 2026 medical benefits**

# Anthem I MaineHealth Advantage Veteran (PPO)

## How much is my premium (monthly payment)?

**\$0.00** per month

You must continue to pay your Medicare Part B premium.

## Medicare Part B premium reduction

**\$64.00** per month

## How much is my deductible?

**\$750.00** for out-of-network Medicare-covered services per year for medical deductible.

This plan has a deductible that applies to Medicare-covered hospital and medical services from providers and facilities that are not in our plan. These services will have a <sup>3</sup> next to the benefit throughout this Summary of Benefits.

## Is there a limit on how much I will pay for my covered medical services? (does not include Part D drugs)

**\$7,200.00** per year from doctors and facilities in our plan  
**\$11,500.00** per year from doctors or facilities both in and out of our plan

Like all Medicare health plans, our plan protects you by having yearly limits on your out-of-pocket costs for medical and hospital care.

Services you receive from doctors or facilities, both in and out of our plan, go toward your yearly limit. If you reach the limit on out-of-pocket costs, you will not have to pay any out-of-pocket costs for covered Part A and Part B services (in or outside of our plan) for the rest of the year.

## Anthem I MaineHealth Advantage Veteran (PPO)

### Inpatient Hospital<sup>1,3</sup>

Facilities in our plan: Days 1-5: **\$350.00** per day, per admission / Days 6-90: **\$0.00** per day, per admission

Facilities not in our plan: **50%** coinsurance per stay

Our plan covers an unlimited number of days for an inpatient hospital stay.

Per-day cost sharing applies to each new inpatient admission (Note: transfers to an inpatient rehabilitation hospital are considered a new admission and cost sharing per day applies).

### Outpatient Hospital<sup>1,3</sup>

Doctors and facilities in our plan: **\$350.00** copay

Doctors and facilities not in our plan: **50%** coinsurance

What you will pay may depend on the service and where you are treated.

### Ambulatory Surgical Center<sup>1,3</sup>

Doctors and facilities in our plan: **\$250.00** copay

Doctors and facilities not in our plan: **50%** coinsurance

### Doctor's Office Visits<sup>3</sup>

#### Primary care physician (PCP) visit:

PCPs in our plan: **\$0.00** copay

PCPs not in our plan: **50%** coinsurance

## Anthem I MaineHealth Advantage Veteran (PPO)

### Doctor's Office Visits<sup>3</sup>

#### Specialist visit:<sup>1</sup>

Doctors in our plan: **\$45.00** copay

Doctors not in our plan: **50%** coinsurance

### Preventive Care Screenings and Annual Physical Exams

#### Preventive care screenings:<sup>3</sup>

Doctors in our plan: **\$0.00** copay

Doctors not in our plan: **50%** coinsurance

#### Annual physical exam:

Doctors in our plan: **\$0.00** copay

Doctors not in our plan: **50%** coinsurance

## Anthem | MaineHealth Advantage Veteran (PPO)

### Preventive Care Screenings and Annual Physical Exams

#### Covered preventive care screenings:

- ☐ Abdominal aortic aneurysm screening
- ☐ Annual wellness visit
- ☐ Bone mass measurement
- ☐ Breast cancer screening (mammogram)
- ☐ Cardiovascular disease risk reduction visit (therapy for cardiovascular disease)
- ☐ Cardiovascular disease screening tests
- ☐ Cervical and vaginal cancer screening
- ☐ Colorectal cancer screenings
- ☐ Depression screening
- ☐ Diabetes screening
- ☐ Diabetes self-management training, diabetic services, and supplies
- ☐ Health and wellness education programs
- ☐ HIV screening
- ☐ Immunizations
- ☐ Medical nutrition therapy
- ☐ Medicare Diabetes Prevention Program (MDPP)
- ☐ Obesity screening and therapy to promote sustained weight loss
- ☐ Pre-exposure prophylaxis (PrEP) for HIV prevention
- ☐ Prostate cancer screening exams
- ☐ Screening and counseling to reduce alcohol misuse
- ☐ Screening for Hepatitis C Virus infection
- ☐ Screening for lung cancer with low dose computed tomography (LDCT)
- ☐ Screening for sexually transmitted infections (STIs) and counseling to prevent STIs
- ☐ Smoking and tobacco use cessation (counseling to stop smoking or tobacco use)
- ☐ Vision care
- ☐ “Welcome to Medicare” preventive visit (one-time)

Any extra preventive services approved by Medicare during the contract year will be covered. When you use doctors in our plan, **100%** of the cost of preventive care screenings and annual physical exams is covered.

# Anthem I MaineHealth Advantage Veteran (PPO)

## Emergency Care

**\$115.00** copay

### Emergency and Urgent Care Worldwide Coverage

**\$115.00** copay

This plan covers urgent care and emergency services, including emergency transportation, when traveling outside of the United States for less than six months. This benefit is limited to **\$100,000** per year.

## Urgently Needed Services

**\$40.00** copay

## Anthem I MaineHealth Advantage Veteran (PPO)

### Diagnostic Services, Labs, and Imaging<sup>1,3</sup>

#### Diagnostic Radiology Services

CT scans, MRI, MRA, PET at a physician's office or free-standing provider facilities in our plan:

**\$130.00 copay**

CT scans, MRI, MRA, PET at hospital outpatient facilities in our plan:

**\$350.00 copay**

Ultrasounds at a physician's office or free-standing provider facilities in our plan:

**\$50.00 copay**

Ultrasounds at hospital outpatient facilities in our plan:

**\$110.00 copay**

Physician's office, free-standing provider or hospital outpatient facilities not in our plan:

**50% coinsurance**

#### Diagnostic Tests and Procedures

Physician's office or free-standing provider facilities in our plan:

**\$50.00 copay**

Hospital outpatient facilities in our plan:

**\$140.00 copay**

Physician's office, free-standing provider or hospital outpatient facilities not in our plan:

**50% coinsurance**

## Anthem I MaineHealth Advantage Veteran (PPO)

### Diagnostic Services, Labs, and Imaging<sup>1,3</sup>

#### Lab Services

Physician's office or free-standing provider facilities in our plan:

**\$15.00 copay**

Hospital outpatient facilities in our plan:

**\$15.00 copay**

Physician's office, free-standing provider or hospital outpatient facilities not in our plan:

**50% coinsurance**

#### Outpatient X-rays

Physician's office in our plan:

**\$50.00 copay**

Hospital outpatient facilities in our plan:

**\$110.00 copay**

Free-standing facility or at-home portable X-ray services in our plan:

**\$50.00 copay**

Physician's office, free-standing provider or hospital outpatient facilities not in our plan:

**50% coinsurance**

#### Therapeutic Radiology Services (such as radiation treatment for cancer)

Physician's office, free-standing provider or hospital outpatient facilities in our plan:

**20% coinsurance**

Physician's office, free-standing provider or hospital outpatient facilities not in our plan:

**50% coinsurance**

## Anthem I MaineHealth Advantage Veteran (PPO)

### Hearing Services<sup>3</sup>

**Medicare-covered hearing services** (Exam to diagnose and treat hearing and balance issues):<sup>1</sup>

Doctors in our plan: **\$45.00** copay

Doctors not in our plan: **50%** coinsurance

#### **Routine hearing services:**<sup>1</sup>

This plan covers 1 routine hearing exam up to a **\$59** maximum plan benefit every year. **\$300** maximum plan benefit for over-the-counter hearing aids OR 1 routine hearing aid fitting evaluation and a **\$1,000** maximum plan benefit for prescribed hearing aids every year.

Doctors in our plan: **\$0.00** copay for routine hearing exam(s). **\$0.00** copay for hearing aids up to the maximum plan benefit amount.

Doctors not in our plan: **50%** coinsurance for routine hearing exam(s).

### Dental Services<sup>3</sup>

**Medicare-covered dental services** (this does not include services for care, treatment, filling, removal or replacement of teeth):<sup>1</sup>

Doctors and dentists in our plan: **\$0.00** copay

Doctors and dentists not in our plan: **\$0.00** copay

## Anthem I MaineHealth Advantage Veteran (PPO)

### Dental Services<sup>3</sup>

#### Preventive and Comprehensive<sup>1</sup> Dental Combined Allowance:

This plan covers up to a **\$750** allowance for covered preventive and comprehensive dental services every year.

Any amount not used at the end of the plan year will expire.

#### Preventive dental services:

Dentists in our plan: **\$0.00** copay

Dentists not in our plan: **20%** coinsurance

This plan covers 2 oral exams, 2 cleanings, 2 fluoride treatments, and 2 dental X-rays every year.

#### Comprehensive dental services:

Doctors and dentists in our plan: **25%** coinsurance

Doctors and dentists not in our plan: **50%** coinsurance

Please refer to Chapter 4 in the plan's Evidence of Coverage for more details on prior authorizations, covered dental services, limitations, and exclusions.

To find a dental provider in our plan, follow the same steps as the "How to find a doctor/PCP in our plan" box at the beginning of this booklet. Then select **Dental Provider** under **Provider Type**.

## Anthem I MaineHealth Advantage Veteran (PPO)

### Vision Services<sup>3</sup>

#### Medicare-covered vision services:

##### Exam to diagnose and treat diseases and conditions of the eye:

Doctors in our plan: **\$45.00** copay

Doctors not in our plan: **50%** coinsurance

##### Eyeglasses or contact lenses after cataract surgery:

Doctors in our plan: **\$0.00** copay

Doctors not in our plan: **\$0.00** copay

#### Routine vision services:

##### Routine vision exam:

This plan covers 1 routine eye exam(s) every year. **\$69** maximum eye exam coverage amount.

Doctors in our plan: **\$0.00** copay

Doctors not in our plan: **\$0.00** copay

##### Routine eyewear (lenses and frames):

This plan covers up to **\$200** for eyeglasses or contact lenses every year.

Doctors in our plan: **\$0.00** copay

Doctors not in our plan: **\$0.00** copay

To find a vision provider in our plan, follow the same steps as the "How to find a doctor/PCP in our plan" box at the beginning of this booklet. Then select **Vision Provider** under **Provider Type**.

## Anthem I MaineHealth Advantage Veteran (PPO)

### Mental Health Care

#### Inpatient visit:<sup>1,3</sup>

Doctors and facilities in our plan: Days 1-5: **\$350.00** per day, per admission /  
Days 6-90: **\$0.00** per day, per admission

Doctors and facilities not in our plan: **50%** coinsurance per stay

Our plan covers unlimited inpatient days.

Per day cost sharing applies to each new inpatient admission. (Note: transfers to an inpatient rehabilitation hospital is considered a new admission and cost sharing per day applies).

#### Outpatient individual and group therapy services:<sup>1,3</sup>

Doctors and facilities in our plan: **\$45.00** copay

Doctors and facilities not in our plan: **50%** coinsurance

### Skilled Nursing Facility (SNF)<sup>1,3</sup>

Doctors and facilities in our plan: Days 1 - 20: **\$0.00** per day / Days 21 - 100:  
**\$218.00** per day

Doctors and facilities not in our plan: **50%** coinsurance per stay

Our plan covers up to 100 days in a Skilled Nursing Facility (SNF).

Your copays for SNF benefits are based on benefit periods. A benefit period starts on the first day you go into a hospital or SNF and ends when you haven't had any inpatient hospital care or skilled nursing care for 60 days in a row. If you go into a SNF after one benefit period has ended, a new benefit period starts. There's no limit to the number of benefit periods you can have.

## Anthem I MaineHealth Advantage Veteran (PPO)

### Physical Therapy<sup>1,3</sup>

Doctors and facilities in our plan: **\$35.00** copay

Doctors and facilities not in our plan: **50%** coinsurance

### Ambulance<sup>1</sup>

#### Ground/Water Ambulance:

Emergency transportation services in and out of our plan: **\$323.00** copay per trip

#### Air Ambulance:

Emergency transportation services in and out of our plan: **\$323.00** copay per trip

### Transportation

#### Plan approved health related locations

**\$0.00** copay. This plan offers coverage for 24, one-way, routine transportation services every year. Trips are limited to 60 miles.

Routine transportation coverage is limited to plan-approved locations (within the local service area) and transportation vendors in our plan. If you need a ride, call us or your transportation vendor at least 48 hours ahead of time (excluding weekends).

Before you schedule a ride from a transportation vendor not in our plan, please call us. We can help you schedule a ride from a transportation vendor in our plan.

## Anthem I MaineHealth Advantage Veteran (PPO)

### Medicare Part B Drugs<sup>3</sup>

#### Insulin furnished through an insulin pump:

Drugs obtained from doctors and facilities in our plan: **\$35.00** copay

Drugs obtained from doctors and facilities not in our plan: **\$35.00** copay

#### Other Part B Drugs:<sup>1</sup>

Drugs obtained from doctors and facilities in our plan: **\$0.00** copay - **20%** coinsurance

Drugs obtained from doctors and facilities not in our plan: **0%** - **50%** coinsurance

Our plan does not cover Part D prescription drugs.

#### Chemotherapy drugs:<sup>1</sup>

Drugs obtained from doctors and facilities in our plan: **\$0.00** copay - **20%** coinsurance

Drugs obtained from doctors and facilities not in our plan: **0%** - **50%** coinsurance

You may pay less than the maximum coinsurance for certain Part B and chemotherapy rebatable drugs. The list and the cost of each rebatable drug changes every quarter.

# Additional benefits

## Anthem I MaineHealth Advantage Veteran (PPO)

### Acupuncture<sup>3</sup>

#### Medicare-covered acupuncture services:<sup>1</sup>

Providers in our plan: **\$15.00** copay

Providers not in our plan: **50%** coinsurance

Available for people with chronic low back pain under certain circumstances. Please see the Evidence of Coverage for more information.

### Chiropractic Care<sup>1,3</sup>

#### Medicare-covered chiropractic services:

Providers in our plan: **\$15.00** copay

Providers not in our plan: **50%** coinsurance

Medicare coverage includes manipulation of the spine to correct a subluxation (when one or more of the bones of your spine move out of position).

## Anthem I MaineHealth Advantage Veteran (PPO)

### Foot Care (podiatry services)<sup>1,3</sup>

#### Medicare-covered podiatry:

Doctors in our plan: **\$45.00** copay

Doctors not in our plan: **50%** coinsurance

Foot exams and treatment are covered if you have diabetes-related nerve damage and/or meet certain conditions.

### Home Health Care<sup>1,3</sup>

Doctors and facilities in our plan: **\$0.00** copay

Doctors and facilities not in our plan: **50%** coinsurance

### LiveHealth<sup>®</sup> Online

Lets you talk to a board-certified doctor or licensed psychiatrist, psychologist, or therapist by live, two-way video on a computer, smartphone, or tablet.

LiveHealth Online is offered through an arrangement with Amwell, a separate company, providing telehealth services on behalf of your health plan.

### Medical Equipment/Supplies<sup>3</sup>

#### Durable Medical Equipment (wheelchairs, oxygen, etc.):<sup>1</sup>

Suppliers in our plan: **20%** coinsurance

Suppliers not in our plan: **50%** coinsurance

## Anthem I MaineHealth Advantage Veteran (PPO)

### Medical Equipment/Supplies<sup>3</sup>

#### **Medical supplies and prosthetic devices** (braces, artificial limbs, etc.):<sup>1</sup>

Suppliers in our plan: **20%** coinsurance

Suppliers not in our plan: **50%** coinsurance

#### **Diabetic supplies and services:**

Suppliers in our plan: **\$0.00** copay

Suppliers not in our plan: **50%** coinsurance

Covered diabetic supplies include: glucose monitors, test strips, and lancets.

See your Evidence of Coverage for all supplies covered.

### Outpatient Rehabilitation<sup>3</sup>

#### **Cardiac (heart) rehab services** (with a limit of two, one-hour sessions per day and a maximum of 36 sessions within a 36-week period):<sup>1</sup>

Doctors and facilities in our plan: **\$30.00** copay

Doctors and facilities not in our plan: **50%** coinsurance

#### **Pulmonary (lung) rehab services** (with a limit of two, one-hour sessions per day and a maximum of 36 sessions):<sup>1</sup>

Doctors and facilities in our plan: **\$15.00** copay

Doctors and facilities not in our plan: **50%** coinsurance

#### **Occupational therapy visit:**<sup>1</sup>

Doctors and facilities in our plan: **\$35.00** copay

Doctors and facilities not in our plan: **50%** coinsurance

## Anthem I MaineHealth Advantage Veteran (PPO)

### Outpatient Substance Abuse<sup>1,3</sup>

#### Individual & Group therapy visit:

Doctors and facilities in our plan: **\$45.00** copay

Doctors and facilities not in our plan: **50%** coinsurance

### Over-the-Counter Products

This benefit provides a spending allowance of **\$35** every quarter on your Benefits Mastercard® Prepaid Card for over-the-counter (OTC) health and wellness products like vitamins, first aid supplies, pain-relievers, and more.

You have a variety of convenient ways to use the benefit:

- ☐ Shop in-store at participating retailers near you
- ☐ Shop online on the approved vendor website
- ☐ Shop on the approved vendor's mobile app
- ☐ Call to place an order
- ☐ Order by mail

Unused amounts expire at the end of every quarter.

### Renal Dialysis<sup>3</sup>

Doctors and facilities in our plan: **20%** coinsurance

Doctors and facilities not in our plan: **20%** coinsurance

## Anthem I MaineHealth Advantage Veteran (PPO)

### SilverSneakers<sup>®††</sup> Fitness program

When you become our member, you can sign up for SilverSneakers. It's included in our plan. To learn more details, go to **[silversneakers.com](https://silversneakers.com)** or call SilverSneakers at 1-855-741-4985 (TTY: 711), Monday to Friday, 8 a.m. to 8 p.m. ET.

<sup>††</sup>SilverSneakers is a registered trademark of Tivity Health, Inc. All rights reserved. Tivity Health, Inc. is an independent company providing a fitness program on behalf of this plan.

### 24/7 Nurseline

24-hour access to a nurse line, seven days a week, 365 days a year

### Footnote

Services with a 1 may need prior authorization (preapproval) from the plan.

For services with a 3, your medical deductible will apply for Medicare-covered services from providers or facilities that are not in the plan's network.





## **Optional supplemental dental and vision plans**

# Package 1: Preventive Dental Package

## Anthem I MaineHealth Advantage Veteran (PPO)

### How much is the monthly payment?

An extra **\$16.00** per month. You must keep paying your Medicare Part B monthly payment.

### How much is the deductible?

This package does not have a deductible.

### Is there a limit on how much the plan will pay?

#### Doctors in and out of our plan:

- ☐ The plan will pay up to **\$500** for the following preventive dental benefits each year (benefit maximum).

Talk to your doctor and confirm all coverage, costs, and codes before you receive services.

### Benefits included:

#### Doctors in our plan:

You pay no copay for:

- ☐ Two exams
- ☐ Two cleanings
- ☐ Dental X-rays: include one full-mouth **or** panoramic X-ray **and** one set/series of bitewing X-rays each year **and** up to seven periapical images per calendar year

## Anthem I MaineHealth Advantage Veteran (PPO)

### Benefits included:

- ☐ Two fluoride treatments

### Doctors not in our plan:

You pay **20%** of the covered charges for:

- ☐ Two exams
- ☐ Two cleanings
- ☐ Dental X-rays include one full-mouth *or* panoramic X-ray *and* one set/series of bitewing X-rays each year *and* up to seven periapical images per calendar year
- ☐ Two fluoride treatments

Exclusions & Limits for this benefit package:

- ☐ In-network coverage is only available from network providers.

Since these services are not normally covered under Original Medicare, we offer them as a Supplemental Benefit for an extra monthly payment through this Optional Supplemental Package.

# Package 2: Dental and Vision Package

## Anthem | MaineHealth Advantage Veteran (PPO)

### How much is the monthly payment?

An extra **\$26.00** per month. You must keep paying your Medicare Part B monthly payment.

### How much is the deductible?

This package does not have a deductible.

### Is there a limit on how much the plan will pay?

#### Doctors in and out of our plan:

- ☐ The plan will pay up to **\$1,000** for the following preventive and comprehensive dental benefits each year (benefit maximum).

Talk to your doctor and confirm all coverage, costs, and codes before you receive services.

### Benefits included:

#### Dental:

#### Doctors in our plan:

You pay no copay for:

- ☐ Two exams
- ☐ Two cleanings

## Anthem | MaineHealth Advantage Veteran (PPO)

### Benefits included:

- ☐ Dental X-rays: include one full-mouth **or** panoramic X-ray **and** one set/series of bitewing X-rays each year **and** up to seven periapical images per calendar year
- ☐ Two fluoride treatments

You pay **20%** of the covered charges for certain restorative dental services (fillings).

You pay **50%** of the covered charges for certain endodontic, periodontic, and oral surgery dental services which include, but are not limited to, the following:

- ☐ Root canal treatment
- ☐ Periodontal scaling and root planing
- ☐ Simple and surgical extractions

Exclusions & Limits for this benefit package:

- ☐ Dentures and crowns are excluded.
- ☐ Coverage is only available from network providers.

### Doctors not in our plan:

You pay **30%** of the covered charges for:

- ☐ Two exams
- ☐ Two cleanings
- ☐ X-rays include one full-mouth **or** panoramic X-ray **and** one set/series of bitewing X-rays each year **and** up to seven periapical images per calendar year.
- ☐ Two fluoride treatments.

You pay **60%** of the covered charges for certain restorative dental services (fillings). You pay **75%** of the covered charges for certain endodontic, periodontic, and oral surgery dental services which include, but are not limited to, the following:

- ☐ Root canal treatment
- ☐ Periodontal scaling and root planning
- ☐ Simple and surgical extractions

Exclusions & limits for this benefit package:

## Anthem I MaineHealth Advantage Veteran (PPO)

### Benefits included:

- ☐ Dentures and crowns are excluded.
- ☐ In-network coverage is only available from network dental providers.

### Vision:

This package offers a **\$150** reimbursement allowance toward the purchase of eyewear. The benefit applies to corrective (prescription) glasses, lenses, frames, and/or contact lenses.

Talk to your provider and confirm all coverage, costs, and codes prior to services being rendered.

Exclusions & limits for this benefit package:

- ☐ Safety eyewear, non-prescription sunglasses, glass lenses, non-prescription lenses or contacts are not covered.
- ☐ In-network coverage is only available from network providers.

Since these services are not normally covered under Original Medicare, we offer them as a Supplemental Benefit for an extra monthly payment through this Optional Supplemental Package.

# Package 3: Enhanced Dental and Vision Package

## Anthem | MaineHealth Advantage Veteran (PPO)

### How much is the monthly payment?

An extra **\$41.00** per month. You must keep paying your Medicare Part B monthly payment.

### How much is the deductible?

This package does not have a deductible.

### Is there a limit on how much the plan will pay?

#### Doctors in and out of our plan:

- ☐ The plan will pay up to **\$2,000** for the following preventive and comprehensive dental benefits each year (benefit maximum).

Talk to your doctor and confirm all coverage, costs, and codes before you receive services.

### Benefits included:

#### Dental:

#### Doctors in our plan:

You pay no copay for:

- ☐ Two exams
- ☐ Two cleanings
- ☐ Dental X-rays: include one full-mouth **or** panoramic X-ray **and** one set/series of bitewing X-rays each year **and** up to seven periapical images per calendar year

## Anthem | MaineHealth Advantage Veteran (PPO)

### Benefits included:

- ☐ Two fluoride treatments

You pay **20%** of the covered charges for certain restorative dental services (fillings).

You pay **50%** of the covered charges for certain endodontic, periodontic, prosthodontic, and oral surgery dental services which include, but are not limited to, the following:

- ☐ Root canal treatment
- ☐ Periodontal scaling and root planing
- ☐ Simple and surgical extractions
- ☐ Crowns (once per tooth every five years)
- ☐ Complete denture, immediate denture, or partial denture (one set of dentures every five years)
- ☐ Denture adjustment, repair, replacement, rebasing, and relining
- ☐ Local anesthesia (a drug to numb a part of the body) or regional block anesthesia

### Doctors not in our plan:

You pay **30%** of the covered charges for:

- ☐ Two exams
- ☐ Two cleanings
- ☐ Dental X-rays include one full-mouth **or** panoramic X-ray **and** one set/series of bitewing X-rays each year **and** up to seven periapical images per calendar year.
- ☐ Two fluoride treatments.

You pay **60%** of the covered charges for certain restorative dental services (fillings).

You pay **75%** of the covered charges for certain endodontic, periodontic, prosthodontic, and oral surgery dental services which include, but are not limited to, the following:

- ☐ Root canal treatment

## Anthem | MaineHealth Advantage Veteran (PPO)

### Benefits included:

- ☐ Periodontal scaling and root planing
- ☐ Simple and surgical extractions
- ☐ Crowns (once per tooth every five years)
- ☐ Complete denture, immediate denture, or partial denture (one set of dentures every five years)
- ☐ Denture adjustment, repair, replacement, rebasing, and relining
- ☐ Local anesthesia (a drug to numb a part of the body) or regional block anesthesia

#### Exclusions & Limits for this benefit package:

- ☐ In-network coverage is only available from network providers.

### Vision

This package offers a **\$200** reimbursement allowance toward the purchase of eyewear. The benefit applies to corrective (prescription) glasses, lenses, frames and/or contact lenses.

Talk to your provider and confirm all coverage, costs and codes prior to services being rendered.

#### Exclusions & limits for this benefit package:

- ☐ Safety eyewear, non-prescription sunglasses, glass lenses, non-prescription lenses or contacts are not covered.
- ☐ In-network coverage is only available from network providers.

Since these services are not normally covered under Original Medicare, we offer them as a Supplemental Benefit for an extra monthly payment through this Optional Supplemental Package.

Out-of-network/non-contracted providers are under no obligation to treat Anthem I MaineHealth Advantage Veteran (PPO) members, except in emergency situations. For a decision about whether we will cover an out-of-network service, we encourage you or your provider to ask us for a pre-service organization determination before you receive the service. Please call our customer service number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services.

If you need emergency or urgent care, call 911 or go to the nearest doctor or facility that can help you. Most times, you must use doctors in our plan to receive covered medical care, except for emergencies and urgently needed care when doctors in our plan are not available or dialysis services when you are out of the service area. If you receive routine care from doctors outside our plan, neither Medicare nor Anthem I MaineHealth will pay for it.

The Benefits Mastercard® Prepaid Card is issued by The Bancorp Bank N.A., Member FDIC, pursuant to license by Mastercard International Incorporated and card can be used for eligible expenses wherever Mastercard is accepted. Valid only in the U.S. No cash access. This is not a gift card or gift certificate. You have received this card as a gratuity without the payment of any monetary value or consideration.

AMH Health Plans Of Maine, Inc. is a PPO plan with a Medicare contract. Enrollment in AMH Health Plans Of Maine, Inc. depends on contract renewal. Plans offered by AMH Health Plans Of Maine, Inc, a joint venture between MaineHealth and Anthem Partnership Holding Company, LLC. AMH Health Plans Of Maine, Inc is an independent licensee of the Blue Cross Blue Shield Association.

## Notice of Availability of Language Assistance Services and Auxiliary Aids and Services

ATTENTION: If you speak English, free language assistance services are available to you. Appropriate auxiliary aids and services to provide information in accessible formats are also available free of charge. Call **1-844-600-9932** (TTY: **711**) or speak to your provider. Hours of operation are 8 a.m. to 8 p.m. local time, seven days a week (except Thanksgiving and Christmas) from October 1 through March 31, and Monday to Friday (except holidays) from April 1 through September 30.

**Spanish** – ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia en otros idiomas. También puede obtener ayudas y servicios auxiliares adecuados gratuitos para proporcionar información en formatos accesibles. Llame al número de teléfono indicado anteriormente o hable con su proveedor. El horario de atención es de 8 a.m. a 8 p.m. hora local, los siete días de la semana (excepto el Día de Acción de Gracias y Navidad) desde el 1.o de octubre hasta el 31 de marzo, y de lunes a viernes (excepto los días feriados) desde el 1.o de abril hasta el 30 de septiembre.

**Arabic** - تنبيه: إذا كنت تتحدث العربية، فإن خدمات المساعدة اللغوية المجانية متاحة لك. كما تتوفر مساعدات وخدمات مساعدة مناسبة لتوفير المعلومات بأشكال يسهل الوصول إليها مجاناً. اتصل برقم الهاتف المذكور أعلاه أو تحدث إلى مقدم الخدمة الخاص بك. ساعات العمل من الساعة 8 صباحاً حتى الساعة 8 مساءً على مدار الأسبوع (ما عدا أيام عيد الشكر وعيد الميلاد) بدايةً من 1 أكتوبر حتى 31 مارس، ومن الاثنين حتى الجمعة (ما عدا أيام العطلات) من 1 أبريل حتى 30 سبتمبر.

**Chinese Simplified** – 注意：如果您说简体中文，我们可以为您提供免费的语言协助服务。我们还免费提供适当的辅助工具和服务，以可访问的格式提供信息。请拨打上面列出的电话号码或与您的提供者交谈。营业时间：10月1日至3月31日，每周七天（感恩节和圣诞节除外），4月1日至9月30日，周一至周五（节假日除外），当地时间上午8时至晚上8时。

**Chinese Traditional** – 注意：如果您說繁體中文，我們可以為您提供免費的語言協助服務。我們還免費提供適當的輔助工具和服务，以無障礙格式提供資訊。請撥打上面列出的電話號碼或與您的提供者交談。營業時間：10月1日至3月31日，每週七天（感恩節和耶誕節除外），4月1日至9月30日，週一至週五（節假日除外），當地時間上午8時至晚上8時。

**Dinka** – PID: Naye jam Thon̄ Jiëñ, ke luoi de kuɔny ẽ thok ẽ thää ẽbëñ aluɔi atɔ tënë yïn. Käk kuɔny thõñ ku luoi bĩ wël yök nẽ dhöl ẽ yök yiic aye yök aya ke cĩn wëu ye täau piny. Col namba de telepun cẽ gõt nhial wälä jam kek raandun ẽ yĩ kony. Thær ke luoi aye thää 8 thëi agut cĩ thää 8 thëi thää ẽ baai, nĩn ka dhorou nẽ wik (ke cie nĩn ke Alɛɛc ku nĩn ke Yit) jɔɔk

në Pɛɛi Dhiëc 1 agut cĩ Pɛɛi Dhiëc 31, ku Pɛɛi Dhiëc agut cĩ Pɛɛi Dhiëc (ke cie nĩn ke lɥ) jook  
në Pɛnɛɲuan 1 agut cĩ Pɛɛi Dhoɲuan 30.

**Farsi** - توجه: اگر به زبان فارسی صحبت می‌کنید، خدمات کمک زبانی رایگان قابل ارائه به شما است. وسایل و خدمات کمکی مناسب برای ارائه اطلاعات در قالب‌های مناسب معلولان نیز به صورت رایگان قابل ارائه است. با شماره تلفن بالا تماس بگیرید یا با ارائه دهنده تان صحبت کنید. ساعات کاری: از 8 صبح تا 8 شب به وقت محلی از 1 اکتبر تا 31 مارس (به جز کریسمس و روز شکرگزاری) در هفت روز هفته و از 1 آوریل تا 30 سپتامبر از دوشنبه تا جمعه (به جز تعطیلات).

**French** – ATTENTION : Si vous parlez français, des services gratuits d'assistance linguistique sont disponibles. Des aides et services auxiliaires appropriés permettant de fournir des informations dans des formats accessibles sont également disponibles gratuitement. Appelez le numéro de téléphone mentionné ci-dessus ou appelez votre prestataire. Les heures d'ouverture sont de 8 a.m à 8 p.m., heure locale, sept jours sur sept (sauf Thanksgiving et Noël) du 1er octobre au 31 mars, et du lundi au vendredi (sauf jours fériés) du 1er avril au 30 septembre.

**German** – ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlose Dienste zur sprachlichen Unterstützung zur Verfügung. Außerdem sind kostenlose Hilfsmittel und Dienste verfügbar, um Informationen in zugänglichen Formaten bereitzustellen. Rufen Sie die oben aufgeführte Telefonnummer an oder wenden Sie sich an Ihren Anbieter. Die Geschäftszeiten sind 8 Uhr bis 20 Uhr lokaler Zeit an sieben Tagen in der Woche (außer Thanksgiving und Weihnachten) vom 1. Oktober bis zum 31. März, und Montag bis Freitag (außer an Feiertagen) vom 1. April bis zum 30. September.

**Italian** – ATTENZIONE: sono disponibili servizi di assistenza linguistica gratuita in italiano. Sono inoltre disponibili gratuitamente adeguati supporti e servizi per ottenere informazioni in formato accessibile. Chiamare il numero di telefono riportato sopra o rivolgersi al proprio fornitore. Il servizio è attivo dalle 8.00 alle 20.00 ora locale, sette giorni su sette (eccetto il Giorno del Ringraziamento e Natale) dal 1° ottobre al 31 marzo, e dal lunedì al venerdì (eccetto i giorni festivi) dal 1° aprile al 30 settembre.

**Japanese** – 注意：日本語を話せる方向けに、無料の言語支援サービスをご提供しています。適切な補助器具・サービスも、利用者がアクセスしやすい方法でご提供しています。こちらも無料でご利用いただけます。必要な情報取得にお役立てください。上記の電話番号にお電話いただくか、プロバイダーにお問い合わせください。営業時間は、10月1日から3月31日までは現地時間午前8時から午後8時まで週7日（感謝祭とクリスマスを除く）、および4月1日から9月30日まで（祝日を除く）は月曜日から金曜日までです。

**Khmer** – សូមយកចិត្តទុកដាក់៖ បុរសិសបរិវេណអនុវត្តន៍យោធា ខុមហ្វ្រែនស្ថាប័នស្ថាប័ន គិតថ្លៃម៉ោងផ្ទាល់ជូនអ្នក។ មានផ្ទាល់ជូនដោយ គិតគិតថ្លៃស្រូវសរុបមុខ និងឧបករណ៍ជំនួយសមស្របដើម្បីបំបាត់ ព័ត៌មានកុនុងមុខរបបបែបនេះដែលអាចចូលប្រើបាន ផងដែរ។ ហៅទូរសព្ទទៅលេខទូរសព្ទដែលមាននៅខាងលើ ឬនិយាយជាមួយអ្នកផ្តល់សេវាបស់អ្នក។ ម៉ោងធ្វើការចាប់ពីម៉ោង 8 ព្រឹក ដល់ម៉ោង 8 យប់ ម៉ោងកុនុងស្រុក ប្រាំពីរថ្ងៃក្នុងមួយសប្តាហ៍ (លើកលែងតែថ្ងៃបុណ្យចូលឆ្នាំ អំណរគុណ និងបុណ្យណូអែល) ចាប់ពីថ្ងៃទី 1 ខែតុលា ដល់ថ្ងៃទី 31 ខែមីនា និងថ្ងៃចន្ទ ដល់ថ្ងៃសុក្រ (លើកលែងតែថ្ងៃឈប់សម្រាក) ចាប់ពីថ្ងៃទី 1 ខែមេសា ដល់ថ្ងៃទី 30 ខែកញ្ញា។

**Korean** – 주의: 한국어를 구사하시는 경우 무료 언어 지원 서비스를 이용하실 수 있습니다. 대체 형식으로 정보를 제공하기 위한 적절한 보조 장치 및 서비스도 무료로 제공됩니다. 위의 전화 번호로 전화하시거나 담당 의료 제공자에게 문의해 주십시오. 운영 시간은 현지 시간 오전 8시부터 오후 8시까지이며 10월 1일부터 3월 31일까지는 주 7일(추수 감사절과 성탄절은 제외) 내내, 4월 1일부터 9월 30일까지는 월요일부터 금요일까지(휴일은 제외)입니다.

**Oromo** – XIYYEEFFANNOO: Afaan Oromoo dubbattu yoo ta'e, deeggarsi afaanii bilisaan jira. Gargaarsi fi tajaajilootni odeeffannoo kennuu namoota arguufi dhagahuu hin dandeenyeef kaffaltii tokko malee bifa garaagaraan ni jiru. Lakkoofsa bilbilaa armaan olitti kaa'ame irratti bilbilaa yookiin dhiyeessaa keessan haasofsiisaa. Sa'aatiiwwan hojii 8 a.m. hanga 8 p.m. akka sa'aatii naannootti, torbanitti guyyaa torba (guyyaa ayyaana Guyyaa Galateffannoofi Dhaloota Kiristoosiin alatti) Onkoloolessa 1 hanga Bitootessa 31 tti, akkasumas Wiixataa hanga Jimaataa (guyyoota ayyaana waggaaatiin alatti) Ebla 1 hanga Fulbaana 30 tti dha.

**Polish** – UWAGA: Jeśli mówisz po polsku, możesz skorzystać z bezpłatnych usług pomocy językowej. Dostępne są również nieodpłatnie odpowiednie pomoce i usługi zapewniające informacje w dostępnych formatach. Zadzwoń pod numer telefonu podany powyżej lub porozmawiaj ze swoim dostawcą. Czynne od 8:00 rano do 8:00 wieczorem czasu lokalnego, czasu lokalnego, siedem dni w tygodniu (oprócz Święta Dziękczynienia i Bożego Narodzenia) od 1 października do 31 marca oraz od poniedziałku do piątku (oprócz świąt) od 1 kwietnia do 30 września.

**Portuguese** – ATENÇÃO: Se fala português, tem à sua disposição serviços de assistência linguística gratuitos. Estão também disponíveis, a título gratuito, ajudas e serviços auxiliares adequados para fornecer informações em formatos acessíveis. Ligue para o número de telefone acima indicado ou fale com o seu fornecedor. Horário de expediente: das 8h às 20h, (hora local), sete dias por semana (exceto Dia de Ação de Graças e Natal) de 1 de outubro até 31 de março, e de segunda a sexta-feira (exceto feriados) de 1 de abril até 30 de setembro.

**Russian** – ВНИМАНИЕ: Если вы говорите на русском языке, вам могут предоставить бесплатные услуги переводчика. Также бесплатно предоставляются вспомогательные средства и услуги, позволяющие получать информацию в доступных форматах. Позвоните по вышеуказанному номеру телефона или обсудите этот вопрос с вашим поставщиком услуг. Часы работы: с 08:00 до 20:00 в любой день недели (кроме Дня благодарения и Рождества) с 1 октября по 31 марта и с понедельника по пятницу (кроме праздничных дней) с 1 апреля по 30 сентября.

**Tagalog** – PAUNAWA: Kung nagsasalita ka Tagalog, mayroong available na mga libreng serbisyo sa tulong sa wika para sa iyo. Ang naaangkop na mga karagdagang tulong at serbisyo para magbigay ng impormasyon sa mga naa-access na format ay available rin nang walang bayad. Tawagan ang numero ng telepono na nakalista sa itaas o makipag-usap sa iyong provider. Ang mga oras ng opisina ay 8 a.m. hanggang 8 p.m., lokal na oras, pitong araw sa isang linggo (maliban sa Thanksgiving at Pasko) mula Oktubre 1 hanggang Marso 31, at Lunes hanggang Biyernes (maliban sa mga holiday) mula Abril 1 hanggang Setyembre 30.

**Thai** – หมายเหตุ: หากคุณพูด ภาษาไทย เรามีบริการช่วยเหลือด้านภาษาฟรีสำหรับคุณ นอกจากนี้ยังมีความช่วยเหลือและบริการเสริมที่เหมาะสม เพื่อให้ข้อมูลในรูปแบบที่เข้าถึงได้โดยไม่เสียค่าใช้จ่ายอีกด้วย โทรไปยังหมายเลขโทรศัพท์ที่ระบุไว้ด้านบนหรือพูดคุยกับผู้ให้บริการของคุณ เวลาทำการคือ 08.00 น. ถึง 20.00 น. ตามเวลาท้องถิ่น เจ็ด วันต่อสัปดาห์ (ยกเว้นวันขอบคุณพระเจ้าและวันคริสต์มาส) ตั้งแต่วันที่ 1 ตุลาคม ถึง 31 มีนาคม และวันจันทร์ถึงวันศุกร์ (ยกเว้นวันหยุด) ตั้งแต่วันที่ 1 เมษายน ถึง 30 กันยายน.

**Ukrainian** – УВАГА. Якщо ви розмовляєте українською, вам доступні безкоштовні послуги мовної допомоги. Відповідні допоміжні засоби й послуги для надання інформації в доступних форматах також можна отримати безкоштовно. Зателефонуйте за вказаним вище номером або зверніться до свого постачальника. Графік роботи: з 08:00 до 20:00 за місцевим часом, без вихідних (крім Дня подяки й Різдва) з 1 жовтня по 31 березня, і з понеділка по п'ятницю (крім святкових днів) з 1 квітня по 30 вересня.

**Vietnamese** – CHÚ Ý: Nếu quý vị nói tiếng Việt, các dịch vụ hỗ trợ ngôn ngữ miễn phí luôn sẵn sàng phục vụ quý vị. Các dịch vụ và hỗ trợ phụ trợ thích hợp cung cấp thông tin ở các định dạng có thể truy cập cũng được cung cấp miễn phí. Gọi số điện thoại nêu trên hoặc nói chuyện với nhà cung cấp của quý vị. Giờ làm việc từ 8 giờ sáng đến 8 giờ tối, giờ địa phương, bảy ngày một tuần (Trừ Lễ Tạ ơn và Giáng sinh) từ ngày 1 Tháng Mười đến 31 Tháng Ba, và Thứ Hai đến Thứ Sáu (trừ các ngày lễ), từ ngày 1 Tháng Tư đến 30 Tháng Chín.

## IMPORTANT INFORMATION: 2025 Medicare Star Ratings

Official U.S.  
Government  
Medicare  
Information



AMH Health - H9219

**For 2025, AMH Health - H9219 received the following Star Ratings from Medicare:**

**Overall Star Rating:** ★★★★★

**Health Services Rating:** ★★★★★

**Drug Services Rating:** ★★★★★

**Every year, Medicare evaluates plans based on a 5-star rating system.**

### Why Star Ratings Are Important

Medicare rates plans on their health and drug services.

This lets you easily compare plans based on quality and performance.

Star Ratings are based on factors that include:

- ☐ Feedback from members about the plan's service and care
- ☐ The number of members who left or stayed with the plan
- ☐ The number of complaints Medicare got about the plan
- ☐ Data from doctors and hospitals that work with the plan

**The number of stars show how well a plan performs.**

★★★★★ EXCELLENT

★★★★☆ ABOVE AVERAGE

★★★☆☆ AVERAGE

★★☆☆☆ BELOW AVERAGE

★☆☆☆☆ POOR

More stars mean a better plan – for example, members may get better care and better, faster customer service.

### Get More Information on Star Ratings Online

Compare Star Ratings for this and other plans online at [medicare.gov/plan-compare](https://www.medicare.gov/plan-compare).

### Questions about this plan?

Contact AMH Health 7 days a week from 8 a.m. to 8 p.m., (except Thanksgiving and Christmas) from October 1 through March 31, and Monday to Friday (except holidays) from April 1 through September 30 at 1-855-639-0211 (toll-free) or 711 (TTY).

Current members please call 1-833-713-1077 (toll-free) or 711 (TTY).

AMH Health Plans Of Maine, Inc. is an PPO plan with a Medicare contract. Enrollment in AMH Health Plans Of Maine, Inc. depends on contract renewal.

# Pre-Enrollment Checklist

Before making an enrollment decision, it is important that you fully understand our benefits and rules. If you have any questions, you can call and speak to a customer service representative at **1-844-600-9932** TTY: **711**, 8 a.m. to 8 p.m., seven days a week (except Thanksgiving and Christmas) from October 1 through March 31, and Monday to Friday (except holidays) from April 1 through September 30.

## Understanding the Benefits

- ☐ The Evidence of Coverage (EOC) provides a complete list of all coverage and services. It is important to review plan coverage, costs, and benefits before you enroll. Visit <https://shop.anthem.com/medicare> or call **1-844-600-9932** to view a copy of the EOC.
- ☐ Review the provider directory (or ask your doctor) to make sure the doctors you see now are in the network. If they are not listed, it means you will likely have to select a new doctor.
- ☐ Review the pharmacy directory to make sure the pharmacy you use for any prescription medicines is in the network. If the pharmacy is not listed, you will likely have to select a new pharmacy for your prescriptions.

## Understanding Important Rules

- ☐ **Effect on Current Coverage.** If you are currently enrolled in a Medicare Advantage plan, your current Medicare Advantage healthcare coverage will end once your new Medicare Advantage coverage starts. If you have Tricare, your coverage may be affected once your new Medicare Advantage coverage starts. Please contact Tricare for more information. If you have a Medigap plan, once your Medicare Advantage coverage starts, you may want to drop your Medigap policy because you will be paying for coverage you cannot use.
- ☐ In addition to your monthly plan premium, you must continue to pay your Medicare Part B premium. This premium is normally taken out of your Social Security check each month.
- ☐ Benefits, premiums and/or copayments/co-insurance may change on January 1, 2027.
- ☐ Except in emergency or urgent situations, we do not cover services by out-of-network providers (doctors who are not listed in the provider directory).
- ☐ Our plan allows you to see providers outside of our network (non-contracted providers). However, while we will pay for covered services provided by a non-contracted provider, the provider must agree to treat you. Except in an emergency or urgent situations, non-contracted providers may deny care. In addition, you will pay a higher co-pay for services received by non-contracted providers.