Anthem

January 1 – December 31, 2026

Evidence of Coverage for 2026:

Your Medicare Health Benefits and Services as a Member of Anthem Veteran (PPO)

This document gives the details of your Medicare health coverage from January 1 – December 31, 2026. **This is an important legal document. Keep it in a safe place.**

This document explains your benefits and rights. Use this document to understand:

- Our plan premium and cost sharing
- Our medical benefits
- How to file a complaint if you're not satisfied with a service or treatment
- How to contact us
- Other protections required by Medicare law

For questions about this document, call Customer Service at 1-855-690-7798 (TTY users call 711). Hours are 8 a.m. to 8 p.m., seven days a week (except Thanksgiving and Christmas) from October 1 through March 31, and Monday to Friday (except holidays) from April 1 through September 30. This call is free.

This plan, Anthem Veteran (PPO), is offered by Anthem Blue Cross and Blue Shield. (When this *Evidence of Coverage* says "we," "us," or "our," it means Anthem Blue Cross and Blue Shield. When it says "plan" or "our plan," it means Anthem Veteran (PPO).)

This document is available to order in braille, large print and audio. To request this document in an alternate format, please call Customer Service at the phone number printed on the front of this document.

Benefits and/or copayments or coinsurance may change on January 1, 2027.

Our provider network may change at any time. You'll get notice about any changes that may affect you at least 30 days in advance.

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2026 Evidence of Coverage

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CHAPTER 1:

Get started as a member

SECTION 1 You're a member of Anthem Veteran (PPO)

Section 1.1 You're enrolled in Anthem Veteran (PPO), which is a Medicare PPO

You're covered by Medicare, and you chose to get your Medicare health coverage through our plan, Anthem Veteran (PPO). Our plan covers all Part A and Part B services. However, cost sharing and provider access in this plan are different from Original Medicare.

Anthem Veteran (PPO) is a Medicare Advantage PPO Plan (PPO stands for Preferred Provider Organization). Like all Medicare health plans, this Medicare PPO is approved by Medicare and run by a private company. This plan doesn't include Part D drug coverage.

Section 1.2 Legal information about the *Evidence of Coverage*

This *Evidence of Coverage* is part of our contract with you about how Anthem Veteran (PPO) covers your care. Other parts of this contract include your enrollment form and any notices you get from us about changes to your coverage or conditions that affect your coverage. These notices are sometimes called *riders* or *amendments*.

The contract is in effect for the months you're enrolled in Anthem Veteran (PPO) between January 1, 2026 and December 31, 2026.

Medicare allows us to make changes to our plans we offer each calendar year. This means we can change the costs and benefits of Anthem Veteran (PPO) after December 31, 2026. We can also choose to stop offering our plan in your service area, after December 31, 2026.

Medicare (the Centers for Medicare & Medicaid Services) must approve Anthem Veteran (PPO) each year. You can continue to get Medicare coverage as a member of our plan as long as we choose to continue offering our plan and Medicare renews approval of our plan.

SECTION 2 Plan eligibility requirements

Section 2.1 Eligibility requirements

You're eligible for membership in our plan as long as as you meet all these conditions:

- You have both Medicare Part A and Medicare Part B
- You live in our geographic service area (described in Section 2.2). People who are incarcerated aren't considered to be in the geographic service area even if they're physically located in it.
- You're a United States citizen or lawfully present in the United States.

Section 2.2 Plan service area for Anthem Veteran (PPO)

Anthem Veteran (PPO) is only available to people who live in our plan service area. To stay a member of our plan, you must continue to live in our plan service area. The service area is described below.

Our service area includes these counties in Missouri: Christian, Dallas, Douglas, Franklin, Greene, Hickory, Jefferson, Laclede, Lincoln, Polk, Pulaski, St. Charles, St. Louis, St. Louis City, Warren, Washington, Webster, Wright.

If you move out of our plan's service area, you can't stay a member of this plan. Call Customer Service at 1-855-690-7798 (TTY users call 711) to see if we have a plan in your new area. When you move, you'll have a Special Enrollment Period to either switch to Original Medicare or enroll in a Medicare health or drug plan in your new location.

If you move or change your mailing address, it's also important to call Social Security. Call Social Security at 1-800-772-1213 (TTY users call 1-800-325-0778).

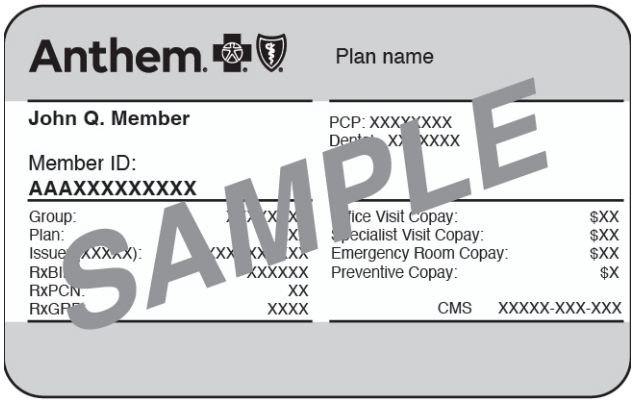
Section 2.3 U.S. citizen or lawful presence

You must be a U.S. citizen or lawfully present in the United States to be a member of a Medicare health plan. Medicare (the Centers for Medicare & Medicaid Services) will notify Anthem Veteran (PPO) if you're not eligible to stay a member of our plan on this basis. Anthem Veteran (PPO) must disenroll you if you don't meet this requirement.

SECTION 3 Important membership materials

Section 3.1 Our plan membership card

Use your membership card whenever you get services covered by our plan. You should also show the provider your Medicaid card, if you have one. Sample membership card:



DON'T use your red, white, and blue Medicare card for covered medical services while you're a member of this plan. If you use your Medicare card instead of your Anthem Veteran (PPO) membership card, you may have to pay the full cost of medical services yourself. Keep your Medicare card in a safe place. You may be asked to show it if you need hospital services, hospice services, or participate in Medicare-approved clinical research studies (also called clinical trials).

If our plan membership card is damaged, lost, or stolen, call Customer Service at 1-855-690-7798 (TTY users call 711) right away and we'll send you a new card.

Section 3.2 Provider Directory

The *Provider Directory* www.anthem.com lists our current network providers and durable medical equipment suppliers. **Network providers** are the doctors and other health care professionals, medical groups, durable medical equipment suppliers, hospitals, and other health care facilities that have an agreement with us to accept our payment and any plan cost sharing as payment in full.

As a member of our plan, you can choose to get care from out-of-network providers. Our plan will cover services from either in-network or out-of-network providers, as long as the services are covered benefits and medically necessary. However, if you use an out-of-network provider, your share of the costs for your covered services may be higher. Go to Chapter 3 for more specific information.

Get the most recent list of providers and suppliers on our website at www.anthem.com.

If you don't have a *Provider Directory*, you can ask for a copy (electronically or in paper form) from Customer Service at 1-855-690-7798 (TTY users call 711). Requested paper *Provider Directories* will be mailed to you within 3 business days.

SECTION 4 Your monthly costs for Anthem Veteran (PPO)

	Your Costs in 2026
Monthly plan premium* * Your premium can be higher than this amount. Go to Section 4.1 for details.	$0.00
Maximum out-of-pocket amount This is the most you'll pay out of pocket for covered Part A and Part B services. (Go to Chapter 4, Section 1.2 for details.)	From network providers: $6,751.00 From network and out-of-network providers combined: $10,000.00
Primary care office visits	In network $0.00 copay **per visit** Out-of-Network 30% coinsurance **per visit**
Specialist office visits	In network $45.00 copay **per visit** Out-of-Network 30% coinsurance **per visit**
Inpatient hospital stays	In network Days 1-5: $360.00 per day, per admission / Days 6-90: $0.00 per day, per admission Out-of-Network 30% coinsurance per stay

Your costs may include the following:

- Plan Premium (Section 4.1)
- Monthly Medicare Part B Premium (Section 4.2)
- Optional Supplemental Benefit Premium (Section 4.3)

Section 4.1 Plan premium

You don’t pay a separate monthly plan premium for Anthem Veteran (PPO).

Medicare Part B premiums differ for people with different incomes. If you have questions about these premiums, check your copy of the *Medicare & You 2026* handbook in the section called *2026 Medicare Costs*. Download a copy from the Medicare website (www.Medicare.gov/medicare-and-you) or order a printed copy by phone at 1-800-MEDICARE (1-800-633-4227), TTY users call 1-877-486-2048.

Section 4.2 Monthly Medicare Part B Premium

Many members are required to pay other Medicare premiums

As a member of our plan, you are eligible for a reduction in your Medicare Part B premium up to $70.00. The reduction is set up by Medicare and administered through Social Security Administration (SSA). Depending on how you pay your Medicare Part B premium, your reduction may be credited to your Social Security check or credited on your Medicare Part B premium statement. Reductions may take several months to be issued.

Please be aware that should you disenroll from Anthem Veteran (PPO) your Part B premium reduction will end on the effective date of disenrollment. The Social Security Administration may take several months to complete the necessary processing. If your Part B premium is automatically deducted from your monthly Social Security check, any Part B premium reductions you receive after the effective date of disenrollment will be deducted from your subsequent monthly Social Security check.

You must continue paying your Medicare premiums to stay a member of our plan. This includes your premium for Part B. You may also pay a premium for Part A if you aren’t eligible for premium-free Part A.

Section 4.3 Optional Supplemental Benefit Premium

If you signed up for extra benefits, also called *optional supplemental benefits*, you pay an additional premium each month for these extra benefits. Go to Chapter 4, Section 2.1 for details.

- Preventive Dental Package: $16.00 additional monthly premium.
- Dental and Vision Package: $25.00 additional monthly premium.
- Enhanced Dental and Vision Package: $42.00 additional monthly premium.

SECTION 5 More information about your monthly plan premium

Section 5.1 Our monthly plan premium won't change during the year

We're not allowed to change our plan's monthly plan premium amount during the year. If the monthly plan premium changes for next year, we'll tell you in September and the new premium will take effect on January 1.

SECTION 6 Keep our plan membership record up to date

Your membership record has information from your enrollment form, including your address and phone number. It shows your specific plan coverage including your Primary Care Provider (PCP)/Independent Physician Association (IPA).

The doctors, hospitals, and other providers in our plan's network **use your membership record to know what services are covered and your cost-sharing amounts**. Because of this, it's very important to help us keep your information up to date.

If you have any of these changes, let us know:

- Changes to your name, address, or phone number
- Changes in any other health coverage you have (such as from your employer, your spouse or domestic partner's employer, workers' compensation, or Medicaid)
- Any liability claims, such as claims from an automobile accident
- If you're admitted to a nursing home
- If you get care in an out-of-area or out-of-network hospital or emergency room
- If your designated responsible party (such as a caregiver) changes
- If you participate in a clinical research study (**Note**: You're not required to tell our plan about clinical research studies you intend to participate in, but we encourage you to do so.)

If any of this information changes, let us know by calling Customer Service at 1-855-690-7798 (TTY users call 711).

It's also important to contact Social Security if you move or change your mailing address. Call Social Security at 1-800-772-1213 (TTY users call 1-800-325-0778).

SECTION 7 How other insurance works with our plan

Medicare requires us to collect information about any other medical or drug coverage you have so we can coordinate any other coverage with your benefits under our plan. This is called **Coordination of Benefits**.

Once a year, we'll send you a letter that lists any other medical or drug coverage we know about. Read this information carefully. If it's correct, you don't need to do anything. If the information isn't correct, or if you have other coverage that is not listed, call Customer Service1-855-690-7798 (TTY users call 711). You may need to give our plan member ID number to your other insurers (once you confirm their identity) so your bills are paid correctly and on time.

When you have other insurance (like employer group health coverage), Medicare rules decide whether our plan or your other insurance pays first. The insurance that pays first (the "primary payer") pays up to the limits of its coverage. The one that pays second (the "secondary payer") only pays if there are costs left uncovered by the primary coverage. The secondary payer may not pay all uncovered costs. If you have other insurance, tell your doctor, hospital, and pharmacy.

These rules apply for employer or union group health plan coverage:

- If you have retiree coverage, Medicare pays first.
- If your group health plan coverage is based on your or a family member's current employment, who pays first depends on your age, the number of people employed by your employer, and whether you have Medicare based on age, disability, or End-Stage Renal Disease (ESRD):
    - If you're under 65 and disabled and you (or your family member) are still working, your group health plan pays first if the employer has 100 or more employees or at least one employer in a multiple employer plan has more than 100 employees.
    - If you're over 65 and you (or your spouse or domestic partner) are still working, your group health plan pays first if the employer has 20 or more employees or at least one employer in a multiple employer plan has more than 20 employees.
- If you have Medicare because of ESRD, your group health plan will pay first for the first 30 months after you become eligible for Medicare.

These types of coverage usually pay first for services related to each type:

- No-fault insurance (including automobile insurance)
- Liability (including automobile insurance)
- Black lung benefits
- Workers' compensation

Medicaid and TRICARE never pay first for Medicare-covered services. They only pay after Medicare, employer group health plans, and/or Medigap have paid.

CHAPTER 2:

Phone numbers and resources

SECTION 1 Anthem Veteran (PPO) contacts

For help with claims, billing or member card questions, call or write to Anthem Veteran (PPO) Customer Service. We'll be happy to help you.

Customer Service – Contact Information	
Call	1-855-690-7798 Calls to this number are free. 8 a.m. to 8 p.m., seven days a week (except Thanksgiving and Christmas) from October 1 through March 31, and Monday to Friday (except holidays) from April 1 through September 30. Customer Service 1-855-690-7798 (TTY users call 711) also has free language interpreter services for non-English speakers.
TTY	711 Calls to this number are free. 8 a.m. to 8 p.m., seven days a week (except Thanksgiving and Christmas) from October 1 through March 31, and Monday to Friday (except holidays) from April 1 through September 30.
Fax	1-877-664-1504
Write	Anthem Blue Cross and Blue Shield P.O. Box 105187 Atlanta, GA 30348-5187
Website	www.anthem.com

How to ask for a coverage decision or appeal about your medical care

A coverage decision is a decision we make about your benefits and coverage or about the amount we pay for your medical services. An appeal is a formal way of asking us to review and change a coverage decision. For more information on how to ask for coverage decisions or appeals about your medical care, go to Chapter 7.

Coverage Decisions for Medical Care – Contact Information	
Call	1-855-690-7798 Calls to this number are free. Hours are from 8 a.m. to 8 p.m., seven days a week (except Thanksgiving and Christmas) from October 1 through March 31, and Monday to Friday (except holidays) from April 1 through September 30.
TTY	711 Calls to this number are free. Hours are from 8 a.m. to 8 p.m., seven days a week (except Thanksgiving and Christmas) from October 1 through March 31, and Monday to Friday (except holidays) from April 1 through September 30.
Fax	1-877-664-1504
Write	Anthem Blue Cross and Blue Shield P.O. Box 105187 Atlanta, GA 30348-5187
Website	https://shop.anthem.com/medicare

Appeals for Medical Care – Contact Information	
Call	1-855-690-7798 Calls to this number are free. Hours are from 8 a.m. to 8 p.m., seven days a week (except Thanksgiving and Christmas) from October 1 through March 31, and Monday to Friday (except holidays) from April 1 through September 30.
TTY	711 Calls to this number are free. Hours are from 8 a.m. to 8 p.m., seven days a week (except Thanksgiving and Christmas) from October 1 through March 31, and Monday to Friday (except holidays) from April 1 through September 30.
Fax	1-888-458-1406

Appeals for Medical Care – Contact Information	
Write	Medicare Complaints, Appeals & Grievances Mailstop: OH0205-A537 4361 Irwin Simpson Rd Mason, OH 45040
Website	https://shop.anthem.com/medicare

How to make a complaint about your medical care

You can make a complaint about us or one of our network providers, including a complaint about the quality of your care. This type of complaint doesn't involve coverage or payment disputes. For more information on how make a complaint about your medical care, go to Chapter 7.

Complaints about Medical Care – Contact Information	
Call	1-855-690-7798 Calls to this number are free. 8 a.m. to 8 p.m., seven days a week (except Thanksgiving and Christmas) from October 1 through March 31, and Monday to Friday (except holidays) from April 1 through September 30.
TTY	711 Calls to this number are free. Hours are from 8 a.m. to 8 p.m., seven days a week (except Thanksgiving and Christmas) from October 1 through March 31, and Monday to Friday (except holidays) from April 1 through September 30.
Fax	1-888-458-1406
Write	Medicare Complaints, Appeals & Grievances Mailstop: OH0205-A537 4361 Irwin Simpson Rd Mason, OH 45040
Medicare website	To submit a complaint about Anthem Veteran (PPO) directly to Medicare, go to www.Medicare.gov/my/medicare-complaint.

How to ask us to pay our share of the cost for medical care you got

If you got a bill or paid for services (like a provider bill) you think we should pay for, you may need to ask us for reimbursement or to pay the provider bill, go to Chapter 5 for more information.

If you send us a payment request and we deny any part of your request, you can appeal our decision. Go to Chapter 7 for more information.

Payment Requests – Contact Information	
Call	1-855-690-7798 Calls to this number are free. 8 a.m. to 8 p.m., seven days a week (except Thanksgiving and Christmas) from October 1 through March 31, and Monday to Friday (except holidays) from April 1 through September 30.
TTY	711 Calls to this number are free. 8 a.m. to 8 p.m., seven days a week (except Thanksgiving and Christmas) from October 1 through March 31, and Monday to Friday (except holidays) from April 1 through September 30.
Write	Anthem Blue Cross and Blue Shield P.O. Box 105187 Atlanta, GA 30348-5187
Website	www.anthem.com

SECTION 2 Get help from Medicare

Medicare is the federal health insurance program for people 65 years of age or older, some people under age 65 with disabilities, and people with End-Stage Renal Disease (permanent kidney failure requiring dialysis or a kidney transplant).

The federal agency in charge of Medicare is the Centers for Medicare & Medicaid Services (CMS). This agency contracts with Medicare Advantage organizations including our plan.

Medicare – Contact Information	
Call	1-800-MEDICARE (1-800-633-4227) Calls to this number are free.

Medicare – Contact Information	
	24 hours a day, 7 days a week.
TTY	1-877-486-2048 This number requires special telephone equipment and is only for people who have difficulties hearing or speaking. Calls to this number are free.
Chat Live	Chat live at www.Medicare.gov/talk-to-someone.
Write	Write to Medicare at PO Box 1270, Lawrence, KS 66044
Website	www.Medicare.gov • Get information about the Medicare health and drug plans in your area, including what they cost and what services they provide. • Find Medicare-participating doctors or other health care providers and suppliers. • Find out what Medicare covers, including preventive services (like screenings, shots or vaccines, and yearly “Wellness” visits). • Get Medicare appeals information and forms. • Get information about the quality of care provided by plans, nursing homes, hospitals, doctors, home health agencies, dialysis facilities, hospice centers, inpatient rehabilitation facilities, and long-term care hospitals. • Look up helpful websites and phone numbers. You can also visit www.Medicare.gov to tell Medicare about any complaints you have about Anthem Veteran (PPO). **To submit a complaint to Medicare,** go to www.Medicare.gov/my/medicare-complaint. Medicare takes your complaints seriously and will use this information to help improve the quality of the Medicare program.

SECTION 3 State Health Insurance Assistance Program (SHIP)

The State Health Insurance Assistance Program (SHIP) is a government program with trained counselors in every state that offers free help, information, and answers to your Medicare questions. In Missouri, the SHIP is called Missouri State Health Insurance Assistance Program (SHIP).

Missouri State Health Insurance Assistance Program (SHIP) is an independent state program (not connected with any insurance company or health plan) that gets money from the federal government to give free local health insurance counseling to people with Medicare.

Missouri State Health Insurance Assistance Program (SHIP) counselors can help you understand your Medicare rights, make complaints about your medical care or treatment, and straighten out problems, with your Medicare bills. Missouri State Health Insurance Assistance Program (SHIP) counselors can also help you with Medicare questions or problems, help you understand your Medicare plan choices, and answer questions about switching plans.

	Missouri State Health Insurance Assistance Program (SHIP) – Contact Information
Call	1-800-390-3330 9 a.m. - 4 p.m. local time, Monday - Friday
TTY	711
Write	State Health Insurance Assistance Program 601 W Nifong Blvd, Suite 3A Columbia, MO 65203
Website	https://www.missouriship.org/

SECTION 4 Quality Improvement Organization (QIO)

A designated Quality Improvement Organization (QIO) serves people with Medicare in each state. For Missouri, the Quality Improvement Organization is called Livanta - Missouri's Quality Improvement Organization.

Livanta - Missouri's Quality Improvement Organization has a group of doctors and other health care professionals paid by Medicare to check on and help improve the quality of care for people with Medicare. Livanta - Missouri's Quality Improvement Organization is an independent organization. It’s not connected with our plan.

Contact Livanta - Missouri's Quality Improvement Organization in any of these situations:

- You have a complaint about the quality of care you got. Examples of quality-of-care concerns include getting the wrong medication, unnecessary tests or procedures, or a misdiagnosis.
- You think coverage for your hospital stay is ending too soon.
- You think coverage for your home health care, skilled nursing facility care, or Comprehensive Outpatient Rehabilitation Facility (CORF) services is ending too soon.

	Livanta - Missouri's Quality Improvement Organization – Contact Information
Call	1-888-755-5580 9 a.m. - 5 p.m. local time, Monday - Friday; 10 a.m. - 4 p.m. local time, Saturday - Sunday
TTY	711
Write	Livanta LLC/BFCC-QIO PO Box 2687 Virginia Beach, VA 23450
Website	https://www.livantaqio.cms.gov/en

SECTION 5 Social Security

Social Security determines Medicare eligibility and handles Medicare enrollment.

If you move or change your mailing address, contact Social Security to let them know.

Social Security– Contact Information	
Call	1-800-772-1213 Calls to this number are free. Available 8 am to 7 pm, Monday through Friday. Use Social Security’s automated telephone services to get recorded information and conduct some business 24 hours a day.
TTY	1-800-325-0778 This number requires special telephone equipment and is only for people who have difficulties with hearing or speaking.

Social Security– Contact Information	
	Calls to this number are free. Available 8 am to 7 pm, Monday through Friday.
Website	www.SSA.gov

SECTION 6 Medicaid

Medicaid is a joint federal and state government program that helps with medical costs for certain people with limited incomes and resources. Some people with Medicare are also eligible for Medicaid. Medicaid offers programs to help people with Medicare pay their Medicare costs, such as their Medicare premiums. These **Medicare Savings Programs** include:

- **Qualified Medicare Beneficiary (QMB):** Helps pay Medicare Part A and Part B premiums, and other cost sharing (like deductibles, coinsurance, and copayments). (Some people with QMB are also eligible for full Medicaid benefits (QMB+).)
- **Specified Low-Income Medicare Beneficiary (SLMB):** Helps pay Part B premiums. (Some people with SLMB are also eligible for full Medicaid benefits (SLMB+).)
- **Qualifying Individual (QI):** Helps pay Part B premiums
- **Qualified Disabled & Working Individuals (QDWI):** Helps pay Part A premiums

To find out more about Medicaid and Medicare Savings Programs, contact MO HealthNet (Missouri Medicaid).

MO HealthNet (Missouri Medicaid) – Contact Information	
Call	1-573-751-3425 8 a.m. - 5 p.m. CT, Monday - Friday
TTY	711
Write	MO HealthNet Division 615 Howerton Court P.O. Box 6500 Jefferson City, MO 65102-6500

MO HealthNet (Missouri Medicaid) – Contact Information	
Website	https://dss.mo.gov/mhd/healthcare-benefit.htm

SECTION 7 Railroad Retirement Board (RRB)

The Railroad Retirement Board is an independent federal agency that administers comprehensive benefit programs for the nation's railroad workers and their families. If you get Medicare through the Railroad Retirement Board, let them know if you move or change your mailing address. For questions about your benefits from the Railroad Retirement Board, contact the agency.

Railroad Retirement Board (RRB) – Contact Information	
Call	1-877-772-5772 Calls to this number are free. Press "0" to speak with an RRB representative from 9 am to 3:30 pm, Monday, Tuesday, Thursday, and Friday, and from 9 am to 12 pm on Wednesday. Press "1" to access the automated RRB HelpLine and get recorded information 24 hours a day, including weekends and holidays.
TTY	1-312-751-4701 This number requires special telephone equipment and is only for people who have difficulties hearing or speaking. Calls to this number aren't free.
Website	https://RRB.gov

SECTION 8 If you have group insurance or other health insurance from an employer

If you (or your spouse or domestic partner) get benefits from your (or your spouse or domestic partner's) employer or retiree group as part of this plan, call the employer/union benefits administrator or Customer Service at 1-855-690-7798 (TTY users call 711) with any questions. You can ask about your (or your spouse or domestic partner's) employer or retiree health benefits, premiums, or the enrollment period. (Phone numbers for Customer Service are printed on the back cover of this document.) You can call 1-800-MEDICARE (1-800-633-4227) with questions about your Medicare coverage under this plan. TTY users call 1-877-486-2048.

CHAPTER 3:

Using our plan for your medical services

SECTION 1 How to get medical care as a member of our plan

This chapter explains what you need to know about using our plan to get your medical care covered. For details on what medical care our plan covers and how much you pay when you get care, go to the Medical Benefits Chart in Chapter 4.

Section 1.1 Network providers and covered services

- **Providers** are doctors and other health care professionals licensed by the state to provide medical services and care. The term “providers” also includes hospitals and other health care facilities.
- **Network providers** are the doctors and other health care professionals, medical groups, hospitals, and other health care facilities that have an agreement with us to accept our payment and your cost-sharing amount as payment in full. We arranged for these providers to deliver covered services to members in our plan. The providers in our network bill us directly for care they give you. When you see a network provider, you pay only your share of the cost for their services.
- **Covered services** include all the medical care, health care services, supplies, and equipment that are covered by our plan. Your covered services for medical care are listed in the Medical Benefits Chart in Chapter 4.

Section 1.2 Basic rules for your medical care to be covered by our plan

As a Medicare health plan, Anthem Veteran (PPO) must cover all services covered by Original Medicare and follow Original Medicare’s coverage rules.

Anthem Veteran (PPO) will generally cover your medical care as long as:

- **The care you get is included in our plan’s Medical Benefits Chart** in Chapter 4.
- **The care you get is considered medically necessary**. Medically necessary means that the services, supplies, equipment, or drugs are needed for the prevention, diagnosis, or treatment of your medical condition and meet accepted standards of medical practice.

- **You get your care from a provider who is eligible to provide services under Original Medicare.** As a member of our plan, you can get care from either a network provider or an out-of-network provider (go to Section 2 for more information).
    - The providers in our network are listed in the *Provider Directory* www.anthem.com.
    - If you use an out-of-network provider, your share of the costs for your covered services may be higher.
    - While you can get your care from an out-of-network provider, the provider must be eligible to participate in Medicare. Except for emergency care, we can't pay a provider who is not eligible to participate in Medicare. If you go to a provider who is not eligible to participate in Medicare, you'll be responsible for the full cost of the services you receive. Check with your provider before getting services to confirm that they're eligible to participate in Medicare.

SECTION 2 Use network and out-of-network providers to get medical care

Section 2.1 You must choose a Primary Care Provider (PCP) to provide and oversee your medical care

What is a PCP and what does the PCP do for you?

- When you become a member of our plan, you may choose a plan provider to be your Primary Care Provider (PCP). Your PCP is a physician, Nurse Practitioner, or Physician Assistant who meets state requirements and is trained to give you basic medical care. PCPs are licensed and credentialed. Your PCP will provide most of your care and will help you arrange or coordinate most other care you need.
- Providers who practice in any of the following medical fields are considered PCPs:
    - General Practice
    - Family Medicine
    - Internal Medicine
    - Pediatrics
    - Geriatrics
- You will usually see your PCP first for most of your routine health care needs. Your PCP may help arrange for most other services, including X-rays, laboratory tests and hospital care.

How to choose a PCP?

You may have selected a PCP when you completed your enrollment form.

If you need help finding a network provider, please call Customer Service at the number listed on your membership card, or visit our website to access our online, searchable directory. If you would like a *Provider Directory* mailed to you, you may call Customer Service, or request one at our website. To help

you make your selection, our online provider search allows you to choose providers near you and gives information about the doctor's gender, language, hospital affiliations and board certifications.

How to change your PCP

You can change your PCP for any reason, at any time. It's also possible that your PCP might leave our plan's network of providers, and you'd need to choose a new PCP, or you will pay more for covered services.

To change your PCP, call Customer Service. When you call, be sure to tell Customer Service if you are seeing specialists or getting other covered services that need your PCP's approval (such as home health services and durable medical equipment). Customer Service can assist with transition of care if you are currently getting treatment from a specialist.

The Customer Service representative will also check to be sure the new PCP you selected is accepting new patients. Then, Customer Service will change your membership record to show the name of your new PCP and tell you when the change will be effective. Customer Service will also send you a new membership card that shows the name of your new PCP.

Section 2.2 Medical care you can get without a PCP referral

You can get the services listed below without getting approval in advance from your PCP.

- Routine women's health care, including breast exams, screening mammograms (x-rays of the breast), Pap tests, and pelvic exams
- Flu shots, COVID-19 vaccines, Hepatitis B vaccinations, and pneumonia vaccinations
- Emergency services from network providers or from out-of-network providers
- Urgently needed plan-covered services are services that require immediate medical attention (but not an emergency), if you're either temporarily outside our plan's service area or it's unreasonable given your time, place, and circumstances to get this service from network providers. Examples of urgently needed services are unforeseen medical illnesses and injuries, or unexpected flare-ups of existing conditions. Medically necessary routine provider visits (like annual checkups) aren't considered urgently needed even if you're outside our plan's service area or our plan network is temporarily unavailable.
- Kidney dialysis services that you get at a Medicare-certified dialysis facility when you're temporarily outside our plan's service area or when your provider for this service is temporarily unavailable or inaccessible. The cost sharing you pay our plan for dialysis can never exceed the cost sharing in Original Medicare. If you're outside our plan's service area and get the dialysis from a provider that is outside our plan's network, your cost sharing can't exceed the cost sharing you pay in-network. However, if your usual in-network provider for dialysis is available and you choose to get services inside the service area from a provider outside our plan's network, the cost sharing for the dialysis may be higher. If possible, call Customer Service at

1-855-690-7798 (TTY users call 711) before you leave the service area so we can help arrange for you to have maintenance dialysis while you're away.

- This plan does not require referrals from your PCP or any network providers.

Section 2.3 How to get care from specialists and other network providers

A specialist is a doctor who provides health care services for a specific disease or part of the body. There are many kinds of specialists. For example:

- Oncologists care for patients with cancer
- Cardiologists care for patients with heart conditions
- Orthopedists care for patients with certain bone, joint, or muscle conditions

If you need help finding a network specialist, please call Customer Service at the number listed on your membership card, or visit our website to access our online, searchable directory. If you would like a Provider Directory mailed to you, you may call Customer Service, or request one at our website.

You can get care from providers not in our plan for most of your benefits without getting our approval first. If you want to know if services are covered by Medicare before you get them, you can ask us. Your provider can ask us, too. This way you'll know if your care is considered medically necessary per the coverage guidelines. Again, you don't have to get our prior approval. But we may still review claims to see if they were medically necessary before we pay them. When we give our decision, we base it on two things. First there are Medicare's rules. Second there are generally accepted standards of medical practice. These standards are proven and accepted by those who practice and study medicine. We also need to make sure you get the most cost effective care. This means it doesn't cost more than another option that will work just as well. But we also need it to be right for you. And that you get it in the right place and the right number of times. Finally, we cannot approve a service just because it is more convenient than another option.

When a specialist or another network provider leaves our plan

We may make changes to the hospitals, doctors and specialists (providers) in our plan's network during the year. If your doctor or specialist leaves our plan, you have these rights and protections:

- Even though our network of providers may change during the year, Medicare requires that you have uninterrupted access to qualified doctors and specialists.
- We'll notify you that your provider is leaving our plan so that you have time to choose a new provider.
    - If your primary care or behavioral health provider leaves our plan, we'll notify you if you visited that provider within the past 3 years.

    - If any of your other providers leave our plan, we'll notify you if you're assigned to the provider, currently get care from them, or visited them within the past 3 months.
- We'll help you choose a new qualified in-network provider for continued care.
- If you're undergoing medical treatment or therapies with your current provider, you have the right to ask to continue getting medically necessary treatment or therapies. We'll work with you so you can continue to get care.
- We'll give you information about available enrollment periods and options you may have for changing plans.
- When an in-network provider or benefit is unavailable or inadequate to meet your medical needs, we'll arrange for any medically necessary covered benefit outside of our provider network at in-network cost sharing. You should obtain authorization from the plan prior to seeking care.
- If you find out your doctor or specialist is leaving our plan, contact us so we can help you choose a new provider to manage your care.
- If you believe we haven't furnished you with a qualified provider to replace your previous provider or that your care isn't being appropriately managed, you have the right to file a quality-of-care complaint to the QIO, a quality-of-care grievance to our plan, or both (go to Chapter 7).

Section 2.4 How to get care from out-of-network providers

As a member of our plan, you can choose to get care from out-of-network providers. However, providers that don't contract with us are under no obligation to treat you, except in emergency situations. Our plan will cover services from either in-network or out-of-network providers, as long as the services are covered benefits and are medically necessary. However, **if you use an out-of-network provider, your share of the costs for covered services may be higher.** Here are more important things to know about using out-of-network providers:

- You can get your care from an out-of-network provider; however, in most cases that provider must be eligible to participate in Medicare. Except for emergency care, we can't pay a provider who isn't eligible to participate in Medicare. If you get care from a provider who isn't eligible to participate in Medicare, you'll be responsible for the full cost of the services you receive. Check with your provider before getting services to confirm that they're eligible to participate in Medicare.
- You don't need a referral or prior authorization when you get care from out-of-network providers. However, before getting services from out-of-network providers, ask for a pre-visit coverage decision to confirm that the services you get are covered and medically necessary.

(go to Chapter 7, Section 4 for information about asking for coverage decisions.) This is important because:

- Without a pre-visit coverage decision, and if our plan later determines that the services aren't covered or were not medically necessary, our plan may deny coverage and you'll be responsible for the entire cost. If we say we won't cover the services you got, you have the right to appeal our decision not to cover your care (go to Chapter 9 to learn how to make an appeal).

- It's best to ask an out-of-network provider to bill our plan first. But, if you've already paid for the covered services, we'll reimburse you for our share of the cost for covered services. Or if an out-of-network provider sends you a bill you think we should pay, you can send it to us for payment (go to Chapter 5).
- If you're using an out-of-network provider for emergency care, urgently needed services, or out-of-area dialysis, you may not have to pay a higher cost-sharing amount (go to Section 3).

SECTION 3 How to get services in an emergency, disaster, or urgent need for care

Section 3.1 Get care if you have a medical emergency

A **medical emergency** is when you, or any other prudent layperson with an average knowledge of health and medicine, believe that you have medical symptoms that require immediate medical attention to prevent loss of life (and, if you're a pregnant woman, loss of an unborn child), loss of a limb or function of a limb, or loss of or serious impairment to a bodily function. The medical symptoms may be an illness, injury, severe pain, or a medical condition that's quickly getting worse.

If you have a medical emergency:

- **Get help as quickly as possible.** Call 911 for help or go to the nearest emergency room or hospital. Call for an ambulance if you need it. You don't need to get approval or a referral first from your PCP. You don't need to use a network doctor. You can get covered emergency medical care whenever you need it, anywhere in the United States, its territories or worldwide, and from any provider with an appropriate state license even if they're not part of our network.
- **As soon as possible, make sure our plan has been told about your emergency.** We need to follow up on your emergency care. You or someone else should call to tell us about your emergency care, usually within 48 hours. Please call Customer Service at the number on the back of our plan membership card.

Covered services in a medical emergency

Our plan covers ambulance services in situations where getting to the emergency room in any other way could endanger your health. We also cover medical services during the emergency.

The doctors giving you emergency care will decide when your condition is stable, and when the medical emergency is over.

After the emergency is over, you're entitled to follow-up care to be sure your condition continues to be stable. Your doctors will continue to treat you until your doctors contact us and make plans for additional care. Your follow-up care will be covered by our plan. If your emergency care is provided by out-of-network providers, we will try to arrange for network providers to take over your care as soon as your medical condition and the circumstances allow.

If you get your follow-up care from out-of-network providers, you'll pay the higher out-of-network cost sharing.

What if it wasn't a medical emergency?

Sometimes it can be hard to know if you have a medical emergency. For example, you might go in for emergency care — thinking that your health is in serious danger — and the doctor may say that it wasn't a medical emergency after all. If it turns out that it wasn't an emergency, as long as you reasonably thought your health was in serious danger, we'll cover your care.

However, after the doctor says it wasn't an emergency, the amount of cost sharing that you pay will depend on whether you get the care from network providers or out-of-network providers. If you get the care from network providers, your share of the costs will usually be lower than if you get the care from out-of-network providers.

Section 3.2 Get care when you have an urgent need for services

A service that requires immediate medical attention (but isn't an emergency) is an urgently needed service if you're either temporarily outside our plan's service area, or if it's unreasonable given your time, place, and circumstances to get this service from network providers. Examples of urgently needed services are unforeseen medical illnesses and injuries, or unexpected flare-ups of existing conditions. However, medically necessary routine provider visits, such as annual checkups, aren't considered urgently needed even if you're outside our plan's service area or our plan network is temporarily unavailable.

If you need help finding a network urgent care center, please call Customer Service at the number listed on your membership card, or visit our website to access our online, searchable directory. If you would like a *Provider Directory* mailed to you, you may call Customer Service, or request one at our website.

Our plan covers worldwide emergency and urgent care services outside the United States under the following circumstances: if you're traveling outside of the United States for less than six months.

Prescriptions purchased outside of the country are not covered even for urgent or emergency care. Please refer to the Medical Benefits Chart in Chapter 4 for more details.

Section 3.3 Get care during a disaster

If the Governor of your state, the U.S. Secretary of Health and Human Services, or the President of the United States declares a state of disaster or emergency in your geographic area, you're still entitled to care from our plan.

Visit: www.anthem.com for information on how to get needed care during a disaster.

If you can't use a network provider during a disaster, our plan will allow you to get care from out-of-network providers at in-network cost sharing.

SECTION 4 What if you're billed directly for the full cost of covered services?

If you paid more than our plan cost sharing for covered services, or if you got a bill for the full cost of covered medical services, you can ask us to pay our share of the cost of covered services. Go to Chapter 5 for information about what to do.

Section 4.1 If services aren't covered by our plan, you must pay the full cost

Anthem Veteran (PPO) covers all medically necessary services as listed in the Medical Benefits Chart in Chapter 4. If you get services that aren't covered by our plan, you're responsible for paying the full cost of services.

For covered services that have a benefit limitation, you also pay the full cost of any services you get after you use up your benefit for that type of covered service. When the benefit limit has been reached, the costs you pay will not count toward your out-of-pocket maximum.

SECTION 5 Medical services in a clinical research study

Section 5.1 What is a clinical research study

A clinical research study (also called a clinical trial) is a way that doctors and scientists test new types of medical care, like how well a new cancer drug works. Certain clinical research studies are approved by Medicare. Clinical research studies approved by Medicare typically ask for volunteers to participate in the study. When you're in a clinical research study, you can stay enrolled in our plan and continue to get the rest of your care (care that is not related to the study) through our plan.

If you participate in a Medicare-approved study, Original Medicare pays most of the costs for covered services you get as part of the study. If you tell us you're in a qualified clinical trial, you're only responsible for the in-network cost sharing for the services in that trial. If you paid more—for example, if you already paid the Original Medicare cost-sharing amount—we'll reimburse the difference between what you paid and the in-network cost sharing. You'll need to provide documentation to show us how much you paid.

If you want to participate in any Medicare-approved clinical research study, you don't need to tell us or get approval from us or your PCP. The providers that deliver your care as part of the clinical research study don't need to be part of our plan's network. (This doesn't apply to covered benefits that require a clinical trial or registry to assess the benefit, including certain benefits requiring coverage with evidence development (NCDs-CED) and investigational device exemption (IDE) studies. These benefits may also be subject to prior authorization and other plan rules.)

While you don't need our plan's permission to be in a clinical research study, we encourage you to notify us in advance when you choose to participate in Medicare-qualified clinical trials.

If you participate in a study not approved by Medicare, you'll be responsible for paying all costs for your participation in the study.

Section 5.2 Who pays for services in a clinical research study

Once you join a Medicare-approved clinical research study, Original Medicare covers the routine items and services you get as part of the study, including:

- Room and board for a hospital stay that Medicare would pay for even if you weren't in a study.
- An operation or other medical procedure if it's part of the research study.
- Treatment of side effects and complications of the new care.

After Medicare pays its share of the cost for these services, our plan will pay the difference between the cost sharing in Original Medicare and your in-network cost sharing as a member of our plan. This means you'll pay the same amount for services you get as part of the study as you would if you got these services from our plan. However, you must submit documentation showing how much cost sharing you paid. Go to Chapter 5 for more information on submitting requests for payments.

Example of cost sharing in a clinical trial: Let's say you have a lab test that costs $100 as part of the research study. Your share of the costs for this test is $20 under Original Medicare, but the test would be $10 under our plan. In this case, Original Medicare would pay $80 for the test, and you would pay the $20 copay required under Original Medicare. You would then notify our plan that you got a qualified clinical trial service and submit documentation (like a provider bill) to our plan. Our plan would then directly pay you $10. This makes your net payment for the test $10, the same amount you'd pay under our plan's benefits.

When you're in a clinical research study, **neither Medicare nor our plan will pay for any of the following:**

- Generally, Medicare won't pay for the new item or service the study is testing unless Medicare would cover the item or service even if you weren't in a study.
- Items or services provided only to collect data and not used in your direct health care. For example, Medicare won't pay for monthly CT scans done as part of a study if your medical condition would normally require only one CT scan.
- Items and services provided by the research sponsors free-of-charge for people in the trial.

Get more information about joining a clinical research study

Get more information about joining a clinical research study in the Medicare publication *Medicare and Clinical Research Studies*, available at www.Medicare.gov/sites/default/files/2019-09/02226-medicare-and-clinical-research-studies.pdf. You can also call 1-800-MEDICARE (1-800-633-4227) TTY users call 1-877-486-2048.

SECTION 6 Rules for getting care in a religious non-medical health care institution

Section 6.1 A religious non-medical health care institution

A religious non-medical health care institution is a facility that provides care for a condition that would ordinarily be treated in a hospital or skilled nursing facility. If getting care in a hospital or a skilled nursing facility is against a member's religious beliefs, we'll instead cover care in a religious non-medical health care institution. This benefit is provided only for Part A inpatient services (non-medical health care services).

Section 6.2 How to get care from a religious non-medical health care institution

To get care from a religious non-medical health care institution, you must sign a legal document that says you're conscientiously opposed to getting medical treatment that is **non-excepted**.

- **Non-excepted** medical care or treatment is any medical care or treatment that's *voluntary* and *not required* by any federal, state, or local law.
- **Excepted** medical treatment is medical care or treatment you get that's *not* voluntary or *is required* under federal, state, or local law.

To be covered by our plan, the care you get from a religious non-medical health care institution must meet the following conditions:

- The facility providing the care must be certified by Medicare.
- Our plan only covers *non-religious* aspects of care.
- If you get services from this institution provided to you in a facility, the following conditions apply:
    - You must have a medical condition that would allow you to get covered services for inpatient hospital care or skilled nursing facility care.
    - – *and* – you must get approval in advance from our plan before you're admitted to the facility, or your stay won't be covered.

The Medicare inpatient hospital coverage limits apply to care received in a religious non-medical health care institution. For more information, see the Medical Benefits Chart in Chapter 4.

SECTION 7 Rules for ownership of durable medical equipment

Section 7.1 You won't own some durable medical equipment after making a certain number of payments under our plan

Durable medical equipment (DME) includes items like oxygen equipment and supplies, wheelchairs, walkers, powered mattress systems, crutches, diabetic supplies, speech generating devices, IV infusion pumps, nebulizers, and hospital beds ordered by a provider for members to use in the home. The member always owns some DME items, like prosthetics. Other types of DME you must rent.

In Original Medicare, people who rent certain types of DME own the equipment after paying copayments for the item for 13 months. As a member of our plan, however, you will acquire ownership of the DME items following a rental period not to exceed 13 months. Your copayment will end when you obtain ownership of the item.

What happens to payments you made for durable medical equipment if you switch to Original Medicare?

If you didn't get ownership of the DME item while in our plan, you'll have to make 13 new consecutive payments after you switch to Original Medicare to own the DME item. The payments you made while enrolled in our plan don't count towards these 13 payments.

Example 1: You made 12 or fewer consecutive payments for the item in Original Medicare and then joined our plan. The payments you made in Original Medicare don't count. You'll have to make 13 payments to our plan before owning the item.

Example 2: You made 12 or fewer consecutive payments for the item in Original Medicare and then joined our plan. You didn't get ownership of the item while in our plan. You then go back to Original

Medicare. You'll have to make 13 consecutive new payments to own the item once you rejoin Original Medicare. Any payments you already made (whether to our plan or to Original Medicare) don't count.

Section 7.2 Rules for oxygen equipment, supplies, and maintenance

If you qualify for Medicare oxygen equipment coverage Anthem Veteran (PPO) will cover:

- Rental of oxygen equipment
- Delivery of oxygen and oxygen contents
- Tubing and related oxygen accessories for the delivery of oxygen and oxygen contents
- Maintenance and repairs of oxygen equipment

If you leave Anthem Veteran (PPO) or no longer medically require oxygen equipment, the oxygen equipment must be returned.

What happens if you leave our plan and return to Original Medicare?

Original Medicare requires an oxygen supplier to provide you services for 5 years. During the first 36 months, you rent the equipment. For the remaining 24 months, the supplier provides the equipment and maintenance (you're still responsible for the copayment for oxygen). After 5 years, you can choose to stay with the same company or go to another company. At this point, the 5-year cycle starts over again, even if you stay with the same company, and you're again required to pay copayments for the first 36 months. If you join or leave our plan, the 5-year cycle starts over.

CHAPTER 4:

Medical Benefits Chart (what's covered and what you pay)

SECTION 1 Understanding your out-of-pocket costs for covered services

The Medical Benefits Chart lists your covered services and shows how much you pay for each covered service as a member of Anthem Veteran (PPO). This section also gives information about medical services that aren't covered and explains limits on certain services.

Section 1.1 Out-of-pocket costs you may pay for covered services

Types of out-of-pocket costs you may pay for covered services include:

- **Copayment:** the fixed amount you pay each time you get certain medical services. You pay a copayment at the time you get the medical service. (The Medical Benefits Chart tells you more about your copayments.)
- **Coinsurance:** the percentage you pay of the total cost of certain medical services. You pay a coinsurance at the time you get the medical service. (The Medical Benefits Chart tells you more about your coinsurance.)

Most people who qualify for Medicaid or for the Qualified Medicare Beneficiary (QMB) program don't pay copayments or coinsurance. If you're in one of these programs, be sure to show your proof of Medicaid or QMB eligibility to your provider.

Section 1.2 What's the most you'll pay for Medicare Part A and Part B covered medical services?

Under our plan, there are 2 different limits on what you pay out-of-pocket for covered medical services:

- Your **in-network maximum out-of-pocket amount (MOOP)** is $6,751.00. This is the most you pay during the calendar year for covered Medicare Part A and Part B services received from network providers. The amounts you pay for copayments and coinsurance for covered services from network providers count toward this in-network maximum out-of-pocket amount. In addition, amounts you pay for some services don't count toward your in-network maximum out-of-pocket amount. These services are noted in the Medical Benefits Chart.) If you pay

$6,751.00 for covered Part A and Part B services from network providers, you won't have any out-of-pocket costs for the rest of the year when you see our network providers. However, you must continue to pay the Medicare Part B premium (unless your Part B premium is paid for you by Medicaid or another third party).

- Your **combined maximum out-of-pocket amount** is $10,000.00. This is the most you pay during the calendar year for covered Medicare Part A and Part B services received from both in-network and out-of-network providers. The amounts you pay for copayments and coinsurance for covered services count toward this combined maximum out-of-pocket amount. (In addition, amounts you pay for some services don't count toward your combined maximum out-of-pocket amount. These services are noted in the Medical Benefits Chart.) If you pay $10,000.00 for covered services, you'll have 100% coverage and won't have any out-of-pocket costs for the rest of the year for covered Part A and Part B services. However, you must continue to pay the Medicare Part B premium (unless your Part B premium is paid for you by Medicaid or another third party).

Section 1.3 Providers aren't allowed to balance bill you

As a member of Anthem Veteran (PPO), you have an important protection because you only have to pay your cost-sharing amount when you get services covered by our plan. Providers can't bill you for additional separate charges, called **balance billing**. This protection applies even if we pay the provider less than the provider charges for a service, and even if there's a dispute and we don't pay certain provider charges.

Here's how protection from balance billing works:

- If your cost sharing is a copayment (a set amount of dollars, for example, $15.00), you pay only that amount for any covered services from a network provider. You'll generally have higher copayments when you get care from out-of-network providers.
- If your cost sharing is a coinsurance (a percentage of the total charges), pay more than that percentage. However, your cost depends on which type of provider you see:
  - If you get covered services from a network provider, you pay the coinsurance percentage multiplied by our plan's reimbursement rate (this is set in the contract between the provider and our plan).
  - If you get covered services from an out-of-network provider who participates with Medicare, you pay the coinsurance percentage multiplied by the Medicare payment rate for participating providers.
  - If you get covered services from an out-of-network provider who doesn't participate with Medicare, you pay the coinsurance percentage multiplied by the Medicare payment rate for non-participating providers.
- If you think a provider has balance billed you, call Member Services at 1-855-690-7798 (TTY users call 711).

SECTION 2 The Medical Benefits Chart shows your medical benefits and costs

The Medical Benefits Chart on the next pages lists the services Anthem Veteran (PPO) covers and what you pay out-of-pocket for each service. The services listed in the Medical Benefits Chart are covered only when these requirements are met:

- Your Medicare-covered services must be provided according to Medicare coverage guidelines.
- Your services (including medical care, services, supplies, equipment, and Part B drugs) *must* be medically necessary. Medically necessary means that the services, supplies, or drugs are needed for the prevention, diagnosis, or treatment of your medical condition and meet accepted standards of medical practice.
- For new enrollees, your MA coordinated care plan must provide a minimum 90-day transition period, during which time the new MA plan may not require prior authorization for any active course of treatment, even if the course of treatment was for a service that commenced with an out-of-network provider.
- Some services listed in the Medical Benefits Chart are covered as in-network services *only* if your doctor or other network provider gets approval from us in advance (sometimes called prior authorization).
    - Covered services that need approval in advance to be covered as in-network services are marked in the Medical Benefits Chart.
    - You never need approval in advance for out-of-network services from out-of-network providers.
    - While you don't need approval in advance for out-of-network services, you or your doctor can ask us to make a coverage decision in advance.
- If your coordinated care plan provides approval of a prior authorization request for a course of treatment, the approval must be valid for as long as medically reasonable and necessary to avoid disruptions in care in accordance with applicable coverage criteria, your medical history, and the treating provider's recommendation.

Other important things to know about our coverage:

- For benefits where your cost sharing is a coinsurance percentage, the amount you pay depends on what type of provider you get the services from:
    - If you get the covered services from a network provider, you pay the coinsurance percentage multiplied by our plan's reimbursement rate (as determined in the contract between the provider and our plan).

  - If you get the covered services from an out-of-network provider who participates with Medicare, you pay the coinsurance percentage multiplied by the Medicare payment rate for participating providers.
  - If you get the covered services from an out-of-network provider who doesn't participate with Medicare, you pay the coinsurance percentage multiplied by the Medicare payment rate for non-participating providers.
- Like all Medicare health plans, we cover everything that Original Medicare covers. For some of these benefits, you pay *more* in our plan than you would in Original Medicare. For others, you pay *less*. (To learn more about the coverage and costs of Original Medicare, go to your *Medicare & You 2026* handbook. View it online at www.Medicare.gov or ask for a copy by calling 1-800-MEDICARE (1-800-633-4227) TTY users call 1-877-486-2048.)
- For preventive services covered at no cost under Original Medicare, we also cover those services at no cost to you. However, if you're also treated or monitored for an existing medical condition during the visit when you get the preventive service, a copayment will apply for the care you got for the existing medical condition.
- If Medicare adds coverage for any new services during 2026, either Medicare or our plan will cover those services.

 This apple shows preventive services in the Medical Benefits Chart.

Medical Benefits Chart

You may have more than one cost share to pay if you get more than one service at a visit. Cost-share amounts for services are listed in this chart below.

Covered Service	What you pay
 **Abdominal aortic aneurysm screening** A one-time screening ultrasound for people at risk. Our plan only covers this screening if you have certain risk factors and if you get a referral for it from your physician, physician assistant, nurse practitioner, or clinical nurse specialist.	**In-network:** There is no coinsurance, copayment, or deductible for members eligible for this preventive screening. **Out-of-network:** **30%** coinsurance for this preventive screening if you are eligible.
Acupuncture for chronic low back pain	**In-network:** **$20.00** copay for each Medicare-covered acupuncture

Covered Service	What you pay
Covered services include: Up to 12 visits in 90 days are covered under the following circumstances: For the purpose of this benefit, chronic low back pain is defined as: • Lasting 12 weeks or longer; • nonspecific, in that it has no identifiable systemic cause (i.e., not associated with metastatic, inflammatory, infectious disease, etc.); • not associated with surgery; and • not associated with pregnancy. An additional 8 sessions will be covered for patients demonstrating an improvement. No more than 20 acupuncture treatments may be administered annually. Treatment must be discontinued if the patient is not improving or is regressing. **Provider Requirements:** Physicians (as defined in 1861(r)(1) of the Social Security Act (the Act)) may furnish acupuncture in accordance with applicable state requirements. Physician assistants (PAs), nurse practitioners (NPs)/clinical nurse specialists (CNSs) (as identified in 1861(aa) (5) of the Act), and auxiliary personnel may furnish acupuncture if they meet all applicable state requirements and have: • a master's or doctoral level degree in acupuncture or Oriental Medicine from a school accredited by the Accreditation Commission on Acupuncture and Oriental Medicine (ACAOM); and,	visit. **Out-of-network:** **30%** coinsurance for each Medicare-covered acupuncture visit.

Covered Service	What you pay
• a current, full, active, and unrestricted license to practice acupuncture in a State, Territory, or Commonwealth (i.e. Puerto Rico) of the United States, or District of Columbia. Auxiliary personnel furnishing acupuncture must be under the appropriate level of supervision of a physician, PA, or NP/CNS required by our regulations at 42 CFR §§ 410.26 and 410.27. Prior authorization may be required.	
Ambulance services Covered ambulance services, whether for an emergency or non-emergency situation, include fixed wing, rotary wing, and ground ambulance services, to the nearest appropriate facility that can provide care if they're furnished to a member whose medical condition is such that other means of transportation could endanger the person's health or if authorized by our plan. If the covered ambulance services aren't for an emergency situation, it should be documented that the member's condition is such that other means of transportation could endanger the person's health and that transportation by ambulance is medically required. Prior authorization may be required.	**In- and out-of-network:** **$340.00** copay for each covered, one-way ambulance trip by ground or water. **$340.00** copay for each covered, one-way air ambulance trip.
Annual routine physical exam In addition to the Welcome to Medicare exam or the annual wellness visit, you are covered for one routine physical exam each year. The routine physical includes a comprehensive examination and evaluation of your health status and chronic diseases. Please note: Additional cost share may apply for additional services or testing performed during your visit as described for each service in this medical chart.	Any costs you pay for Medicare Non-covered Services will not count toward your maximum out-of-pocket amount. **In-network:** **$0.00** copay for one routine physical exam each calendar year. **Out-of-network:** **30%** coinsurance for one routine physical exam each calendar year.

Covered Service	What you pay
Annual wellness visit If you've had Part B for longer than 12 months, you can get an annual wellness visit to develop or update a personalized prevention plan based on your current health and risk factors. This is covered once every 12 months. **Note:** Your first annual wellness visit can't take place within 12 months of your Welcome to Medicare preventive visit. However, you don't need to have had a Welcome to Medicare visit to be covered for annual wellness visits after you've had Part B for 12 months.	**In-network:** There is no coinsurance, copayment, or deductible for the annual wellness visit. **Out-of-network:** **30%** coinsurance for the annual wellness visit.
Bone mass measurement For qualified people (generally, this means people at risk of losing bone mass or at risk of osteoporosis), the following services are covered every 24 months or more frequently if medically necessary: procedures to identify bone mass, detect bone loss, or determine bone quality, including a physician's interpretation of the results.	**In-network:** There is no coinsurance, copayment, or deductible for Medicare-covered bone mass measurement. **Out-of-network:** **30%** coinsurance for each bone mass measurement.
Breast cancer screening (mammograms) Covered services include: • One baseline mammogram between the ages of 35 and 39 • One screening mammogram every 12 months for women aged 40 and older • Clinical breast exams once every 24 months	**In-network:** There is no coinsurance, copayment, or deductible for covered screening mammograms. **Out-of-network:** **30%** coinsurance for each screening mammogram.
Cardiac rehabilitation services Comprehensive programs of cardiac rehabilitation services that include exercise, education, and counseling are covered for members who meet certain conditions with a doctor's order.	**In-network:** **$20.00** copay for each covered therapy visit to treat you if you've had a heart condition.

Covered Service	What you pay
Our plan also covers intensive cardiac rehabilitation programs that are typically more rigorous or more intense than cardiac rehabilitation programs. Prior authorization may be required.	**Out-of-network:** **30%** coinsurance for each therapy visit to treat you if you've had a heart condition.
Cardiovascular disease risk reduction visit (therapy for cardiovascular disease) We cover one visit per year with your primary care doctor to help lower your risk for cardiovascular disease. During this visit, your doctor may discuss aspirin use (if appropriate), check your blood pressure, and give you tips to make sure you're eating healthy.	**In-network:** There is no coinsurance, copayment, or deductible for the intensive behavioral therapy cardiovascular disease preventive benefit. **Out-of-network:** **30%** coinsurance for each visit to lower your risk for heart disease.
Cardiovascular disease screening tests Blood tests for the detection of cardiovascular disease (or abnormalities associated with an elevated risk of cardiovascular disease) once every five years (60 months).	**In-network:** There is no coinsurance, copayment, or deductible for cardiovascular disease testing that is covered once every 5 years. **Out-of-network:** **30%** coinsurance for cardiovascular disease testing that is covered once every five years.
Cervical and vaginal cancer screening Covered services include: • For all women: Pap tests and pelvic exams are covered once every 24 months	**In-network:** There is no coinsurance, copayment, or deductible for Medicare-covered preventive Pap and pelvic exams.

Covered Service	What you pay
• If you're at high risk of cervical or vaginal cancer or you're of childbearing age and have had an abnormal Pap test within the past 3 years: one Pap test every 12 months	**Out-of-network:** **30%** coinsurance for each Pap and pelvic exams.
Chiropractic services Covered services include: • We cover only manual manipulation of the spine to correct subluxation Visits that are covered are to adjust alignment problems with the spine. This is called manual manipulation of the spine to fix subluxation. Prior authorization may be required.	**In-network:** **$15.00** copay for each Medicare-covered visit to see a chiropractor. **Out-of-network:** **30%** coinsurance for each Medicare-covered visit to see a chiropractor.
Chronic pain management and treatment services Covered monthly services for people living with chronic pain (persistent or recurring pain lasting longer than 3 months). Services may include pain assessment, medication management, and care coordination and planning. Prior authorization may be required.	Cost sharing for this service will vary depending on individual services provided under the course of treatment. **In-network:** **$0.00** copay for each covered Primary Care Provider (PCP) office visit for Chronic pain management and treatment services. **$45.00** copay for each covered specialist office visit for Chronic pain management and treatment services. **Out-of-network:** **30%** coinsurance for each covered PCP visit for Chronic pain management and treatment services.

Covered Service	What you pay
	30% coinsurance for each covered specialist visit for Chronic pain management and treatment services.
Colorectal cancer screening The following screening tests are covered: • Colonoscopy has no minimum or maximum age limitation and is covered once every 120 months (10 years) for patients not at high-risk, or 48 months after a previous flexible sigmoidoscopy for patients who aren't at high-risk for colorectal cancer, and once every 24 months for high-risk patients after a previous screening colonoscopy. • Computed tomography colonography for patients 45 year and older who are not at high risk of colorectal cancer and is covered when at least 59 months have passed following the month in which the last screening computed tomography colonography was performed or 47 months have passed following the month in which the last screening flexible sigmoidoscopy or screening colonoscopy was performed. For patients at high risk for colorectal cancer, coverage may be made for a screening computed tomography colonography performed after at least 23 months have passed following the month in which the last screening computed tomography colonography or the last screening colonoscopy was performed. • Flexible sigmoidoscopy for patients 45 years and older. Once every 120 months for patients not at high-risk after the patient received a screening colonoscopy. Once every 48 months for high-risk patients from the last flexible sigmoidoscopy or computed tomography colonography. • Screening fecal-occult blood tests for patients 45 years and older. Once every 12 months.	**In-network:** There is no coinsurance, copayment, or deductible for a Medicare-covered colorectal cancer screening exam. If your doctor finds and removes a polyp or other tissue during the colonoscopy or flexible sigmoidoscopy, the screening exam becomes a diagnostic exam and subject to copayment/coinsurance. **$0.00** copay for a biopsy or removal of tissue during a screening exam of the colon. **Out-of-network:** **30%** coinsurance for a covered screening to be sure you don't have a colon condition. **30%** coinsurance for a biopsy or removal of tissue during a screening exam of the colon.

Covered Service	What you pay
• Multitarget stool DNA for patients 45 to 85 years of age and not meeting high-risk criteria. Once every 3 years. • Blood-based Biomarker Tests for patients 45 to 85 years of age and not meeting high risk criteria. Once every 3 years. • Colorectal cancer screening tests include a follow-up screening colonoscopy after a Medicare-covered non-invasive stool-based colorectal cancer screening test returns a positive result. • Colorectal cancer screening tests include a planned screening flexible sigmoidoscopy or screening colonoscopy that involves the removal of tissue or other matter, or other procedure furnished in connection with, as a result of, and in the same clinical encounter as the screening test.	
Dental services - Medicare-covered In general, preventive dental services (such as cleaning, routine dental exams, and dental x-rays) aren't covered by Original Medicare. However, Medicare pays for dental services in a limited number of circumstances, specifically when that service is an integral part of specific treatment of a person's primary medical condition. Examples include reconstruction of the jaw after fracture or injury, tooth extractions done in preparation for radiation treatment for cancer involving the jaw, or oral exams prior to organ transplantation. Prior authorization may be required.	**In-network:** For in-network Medicare-covered dental benefits, you must use a provider that is part of the Anthem Veteran (PPO) medical network. You can find these providers in the Provider Directory. To learn more, call the Customer Service number on the back cover of this document. **$0.00** copay for Medicare-covered dental services. **Out-of-network:** **$0.00** copay for Medicare-covered dental services.

Covered Service	What you pay
Dental services - Supplemental This plan provides additional dental coverage not covered by Original Medicare. This plan covers up to a **$2,000** allowance for covered preventive and comprehensive dental services every year. Any amount not used at the end of the plan year will expire. Our dental allowance can be used toward approved dental services: **Diagnostic and Preventive Services:** • 2 Exams • 2 X-rays • 2 Cleanings • 2 Fluoride treatments • Other preventive services (treatment to stop tooth decay progression) • Other diagnostic services (specialized X-rays) **Comprehensive Dental Services:** • Restorative (fillings and crowns) • Endodontics (root canals, pulp & root therapy, and other related services) • Periodontics (deep cleaning services and other gum-related treatments) • Fixed Prosthodontics (bridges) • Removable Prosthodontics (complete or partial dentures services) • Oral and Maxillofacial Surgery (teeth extractions, surgical repairs, and other related specialized procedures)	Please see Optional Supplemental Benefits in Chapter 4, Section 2.1 for more options. Any costs you pay for Medicare Non-covered Services will not count toward your maximum out-of-pocket amount. **In-network:** In-network dental services are covered. To be covered in-network, dental services must be performed by a provider that is contracted with our approved dental vendor to provide supplemental dental services. When using an in-network provider, you pay: • **$0.00** copay for covered preventive dental services designed to help prevent disease. • **25%** coinsurance for covered comprehensive dental services. **Out-of-network:** Out-of-network dental services are covered. Dental services performed by a provider that is not contracted with our approved dental vendor are considered out-of-network.

Covered Service	What you pay
• Adjunctive General Services (emergency treatment, sedation, anesthesia, night guards) Please note: • Prior authorization is required for restorative crowns and bridge services prior to treatment being performed. Services must meet our clinical criteria and guidelines to be approved and covered. • Other dental services are subject to limitations. For detailed information on prior authorization, limitations, and exclusions, please refer to the supplemental dental section immediately following this Medical Benefits Chart.	When using an out-of-network provider: • **20%** coinsurance for covered preventive dental services designed to help prevent disease. • **50%** coinsurance for covered comprehensive dental services. If you receive services from an out-of-network provider, benefits received are still subject to any in-network benefit maximums, limitations, exclusions, and applicable medical necessity reviews. Out-of-network providers: • Are not required to bill the plan directly. If the provider chooses not to bill the plan, the provider will bill you and may require upfront payment. • May charge more than what the plan pays. If the provider charges more than the reimbursement level set by the plan, you may be billed by the provider for the remaining balance.

Covered Service	What you pay
	If the out-of-network provider does not bill the plan directly, you will need to complete and submit a request form for reimbursement with proof of payment and an itemized receipt. Talk to your provider and confirm all coverage, costs, and codes prior to services being performed. Once the plan pays the benefits, you are responsible for any remaining costs. For help finding an in-network provider or how to submit for reimbursement when using an out-of-network provider, call the Dental Member Services number located on the back of your member ID card.
 **Depression screening** We cover one screening for depression per year. The screening must be done in a primary care setting that can provide follow-up treatment and/or referrals.	**In-network:** There is no coinsurance, copayment, or deductible for an annual depression screening visit. **Out-of-network:** **30%** coinsurance for annual depression screening.

Covered Service	What you pay
Diabetes screening We cover this screening (includes fasting glucose tests) if you have any of these risk factors: high blood pressure (hypertension), history of abnormal cholesterol and triglyceride levels (dyslipidemia), obesity, or a history of high blood sugar (glucose). Tests may also be covered if you meet other requirements, like being overweight and having a family history of diabetes. You may be eligible for up to 2 diabetes screenings every 12 months following the date of your most recent diabetes screening test.	**In-network:** There is no coinsurance, copayment, or deductible for the Medicare covered diabetes screening tests. **Out-of-network:** **30%** coinsurance for each diabetes screening.
Diabetes self-management training, diabetic services, and supplies For all people who have diabetes (insulin and non-insulin users). Covered services include: • Supplies to monitor your blood glucose: blood glucose monitor, blood glucose test strips, lancet devices and lancets, and glucose-control solutions for checking the accuracy of test strips and monitors • For people with diabetes who have severe diabetic foot disease: one pair per calendar year of therapeutic custom-molded shoes (including inserts provided with such shoes) and 2 additional pairs of inserts, or one pair of depth shoes and 3 pairs of inserts (not including the non-customized removable inserts provided with such shoes). Coverage includes fitting. • Diabetes self-management training is covered under certain conditions This plan covers one blood glucose monitor every calendar year. Test strips are covered for 102 units every 30 days and up to 306 units for a 90-day supply. Lancets are covered for 100 units every 30 days and up to 300 units for a 90-day supply. Your provider must get an approval from the plan before we'll pay for test strips or lancets greater than the amount listed above.	**In-network:** **$0.00** copay for: • Blood glucose test strips • Lancet devices and lancets • Blood glucose monitors **$0.00** copay for therapeutic shoes, including fitting the shoes or inserts. You can buy them from a Durable Medical Equipment (DME) provider. **$0.00** copay for covered charges for training to help you learn how to monitor your diabetes. **Out-of-network:** **30%** coinsurance for: • Blood glucose test strips • Lancet devices and lancets • Blood glucose monitors

Covered Service	What you pay
	30% coinsurance for therapeutic shoes, including fitting the shoes or inserts. You can buy them from a Durable Medical Equipment (DME) provider. **30%** coinsurance for training to help you learn how to monitor your diabetes.
Durable medical equipment (DME) and related supplies (For a definition of Durable Medical Equipment, go to Chapter 10 and Chapter 3.) Covered items include, but aren't limited to, wheelchairs, crutches, powered mattress systems, diabetic supplies, hospital beds ordered by a provider for use in the home, IV infusion pumps, speech generating devices, oxygen equipment, nebulizers, and walkers. We cover all medically necessary DME covered by Original Medicare. If our supplier in your area doesn't carry a particular brand or manufacturer, you can ask them if they can special order it for you. The most recent list of suppliers is available on our website at www.anthem.com. If you receive a durable medical equipment item during an inpatient stay in a hospital or skilled nursing facility, the cost will be included in your inpatient claim. Therapeutic Continuous Glucose Monitors (CGMs) and related supplies are covered by Medicare when they meet Medicare National Coverage Determination (NCD) and Local Coverage Determinations (LCD) criteria. In addition, where there is not NCD/ LCD criteria, therapeutic CGM must meet any plan benefit limits, and the plan's evidence based clinical practice guidelines.	**In-network:** Durable medical equipment (DME): **20%** coinsurance Medicare oxygen equipment: **20%** coinsurance every billing cycle (rental period) Your cost sharing will not change after being enrolled for 36 months. If prior to enrolling in Anthem Veteran (PPO) you had made 36 months of rental payments for oxygen equipment coverage, your cost sharing in Anthem Veteran (PPO) is **20%** coinsurance every billing cycle (rental period). **$0.00** copay for CGMs and related supplies. **Out-of-network:**

Covered Service	What you pay
Continuous Glucose Monitors are available as a covered benefit for diabetics who require the use of insulin and have difficulty controlling their blood sugar levels. This plan covers only DUROLANE, EUFLEXXA, SUPARTZ, and Gel-SYN-3 Hyaluronic Acids. We will not cover other brands unless your provider tells us it is medically necessary. Your provider must get our approval for items such as powered vehicles, powered wheelchairs and related items, and wheelchairs and beds that are not standard. Your provider must also get approval for therapeutic continuous glucose monitors covered by Medicare. You must get durable medical equipment through our approved suppliers. You cannot purchase these items from a pharmacy. Prior authorization may be required.	**30%** coinsurance for durable medical equipment, CGMs, and oxygen equipment.
Emergency care Emergency care refers to services that are: • Furnished by a provider qualified to furnish emergency services, and • Needed to evaluate or stabilize an emergency medical condition A medical emergency is when you, or any other prudent layperson with an average knowledge of health and medicine, believe that you have medical symptoms that require immediate medical attention to prevent loss of life (and, if you're a pregnant woman, loss of an unborn child), loss of a limb, or loss of function of a limb. The medical symptoms may be an illness, injury, severe pain, or a medical condition that's quickly getting worse. Cost sharing for necessary emergency services you get out-of-network is the same as when you get these services in-network.	Any costs you pay for Medicare Non-covered Services will not count toward your maximum out-of-pocket amount. **$115.00** copay for each emergency room visit. If you get emergency care at an out-of-network hospital and need inpatient care after your emergency condition is stabilized, you must have your inpatient care at the out-of-network hospital authorized by the plan and your cost is the cost sharing you would pay at a network hospital.

Covered Service	What you pay
Emergency care coverage is worldwide. This plan covers emergency services if you're traveling outside of the United States for less than six months. Coverage is limited to **$100,000** per year for worldwide emergency services. This is a supplemental benefit. It's not covered by the Federal Medicare program. You must pay all costs over **$100,000** and all costs to return to your service area. You may be able to buy added travel insurance through an authorized agency. If you need emergency care outside the United States or its territories, please call the Blue Cross Blue Shield Global Core program at 1-800-810-BLUE (1-800-810-2583). Or call collect at 1-804-673-1177. We can help you 24 hours a day, seven days a week, 365 days a year.	Your emergency room copay will be waived if you receive care from a primary care provider, urgent care provider, or LiveHealth Online within 24 hours prior to the emergency room visit. **$115.00** copay for each covered worldwide urgent care visit, emergency ground transportation, or emergency room visit.
Essential Extras You may choose **one (1)** of the supplemental benefits below. You can select your benefit at the time of application, through the member portal, or by contacting Customer Service. After you select your benefit, you will receive a confirmation of your election with benefit details. If you have any questions, please contact Customer Service. The phone number is listed on the back of this document. You may be able to make a one- (1-) time change to your initial election if you have not used any part of your benefit. **Assistive Devices:** The Assistive Devices benefit provides an annual spending allowance of **$500** on your Benefits Mastercard® Prepaid Card. This spending allowance can be used to buy assistive and safety devices like ADA toilet seats, shower stools, hand-held shower heads, reaching devices, temporary wheelchair threshold ramps, and more. Unused amounts expire at the end of the year.	Any costs you pay for Medicare Non-covered Services will not count toward your maximum out-of-pocket amount. **$0.00** copay for the **one (1)** Essential Extras supplemental benefit option you have chosen. You can select **one (1)** of these **Essential Extras:** • Assistive Devices: **$500** annual spending allowance • Dental, Vision, and Hearing Allowance: **$500** every year

Covered Service	What you pay
The Benefits Prepaid Card is automatically loaded with the spending allowance amount. You can only pay for your own items and cannot convert the card to cash. You have a variety of convenient ways to use your benefit: 1. Shop online on the approved vendor website 2. Shop on the approved vendor mobile app 3. Call to place an order 4. Order by mail **Note:** • Upon enrollment, you will receive a mailer outlining products available for purchase. • Once you've used your annual spending allowance amount, you are responsible for the remaining cost of your purchases. • Any repair or replacement of items selected is limited to the manufacturer's warranty. • Items are limited to those offered by the approved vendor and are subject to availability. • Quantity limits may apply. • Installation services are not included. **Dental, Vision, and Hearing Allowance:** The Dental, Vision, and Hearing Allowance benefit provides an annual spending allowance of **$500** on your Benefits Mastercard® Prepaid Card. This spending allowance can be used to pay your provider for any dental, vision, and/or hearing items or services. Cosmetic procedures are not covered under this benefit. Unused amounts expire at the end of the year.	• Transportation: 60 plan-approved, health-related one-way trips every year

Covered Service	What you pay
Upon enrollment, you will receive a mailer including further detail on how to use your benefits and your Benefits Prepaid Card. The Benefits Prepaid Card is automatically loaded with the spending allowance. You can only pay for your own items or services and cannot convert the card to cash. If your Benefits Prepaid Card is not accepted for payment or in the event of a card transaction failure, you may submit a reimbursement request along with proof of payment. Contact information is listed on the back of your Benefits Prepaid Card. A reimbursement request must be submitted within 90 days of the date of payment on your receipt. **Transportation:** This benefit covers routine, non-emergency one-way trips (60-mile limit per one-way trip) to locations within the local service area when obtaining plan-approved health-related services. Trips may be covered for getting to and from covered medical visits, SilverSneakers® locations, and visits to a pharmacy to pick up prescriptions. You can use this benefit for one-way trips or you can schedule a round trip by using two one-way trips. Short stops at a pharmacy to pick up a prescription after a plan-approved medical-related visit can be made as part of the return trip and will not require a separate trip. Ask the provider/facility to call in the prescription so you have a shorter wait. When scheduling your ride, let the vendor know if you are in a wheelchair, if you need help, or if someone will be coming with you. Modes of approved transportation may include:	

Covered Service	What you pay
• Taxi • Rideshare • Wheelchair Van • Public Transportation You must use the plan approved vendor and schedule trips 48 hours (excluding weekends) in advance. Please refer to the Ambulance Services section in this chart for information on non-emergency Medicare-covered ambulance services.	
Health and wellness education programs These programs are designed to enrich the health and lifestyles of members. • 24/7 Nurseline: As a member, you have access to a 24-hour nurse line, 7 days a week, 365 days a year. - see 24/7 Nurseline for more details • Personal Emergency Response System (PERS) - see Personal Emergency Response System for more details • SilverSneakers® Fitness Program - see SilverSneakers® for more details	Any costs you pay for Medicare Non-covered Services will not count toward your maximum out-of-pocket amount. **$0.00** copay for health and wellness programs covered by this plan.
Healthy Meals-Post Discharge After you are discharged from an inpatient stay at a hospital or skilled nursing facility, you may qualify for nutritious, precooked meals delivered to you at no cost. You may be contacted by the plan or one of its representatives, to see if you would like this benefit. Alternatively, you or your	Any costs you pay for Medicare Non-covered Services will not count toward your maximum out-of-pocket amount. **$0.00** copay for up to 2 meals a day for 7 days following your

Covered Service	What you pay
provider/case manager can contact Customer Service after your discharge and a representative will help with the process to validate that you qualify for the benefit and arrange for you to be contacted to complete a nutritional assessment and schedule delivery of your meals. In order for us to provide your meals benefit, we, or an approved vendor acting on our behalf, may need to contact you using the phone number you provided to confirm shipping details and any nutritional requirements. A portion of this benefit may be used to obtain meal replacement shakes.	discharge from the hospital or skilled nursing facility (SNF).
Hearing services - Medicare-covered Diagnostic hearing and balance evaluations performed by your provider to determine if you need medical treatment are covered as outpatient care when you get them from a physician, audiologist, or other qualified provider. Prior authorization may be required.	**In-network:** For in-network Medicare-covered hearing care, you must use a doctor in the Anthem Veteran (PPO) medical network. You can find them in the Provider Directory. To learn more, call the Customer Service number on the back cover of this document. **$45.00** copay for each Medicare-covered hearing exam to determine if you need medical treatment for a hearing condition. **Out-of-network:** **30%** coinsurance for each Medicare-covered hearing exam to determine if you need medical treatment for a hearing condition.
Hearing services - Supplemental This plan provides additional hearing coverage not covered by Original Medicare.	Any costs you pay for Medicare Non-covered Services will not count toward your maximum out-of-pocket amount.

Covered Service	What you pay
This plan covers 1 routine hearing exam up to a **$59** maximum plan benefit every year. **$300** maximum plan benefit for over-the-counter hearing aids OR 1 routine hearing aid fitting evaluation and a **$2,000** maximum plan benefit for prescribed hearing aids every year. Limit up to one pair of hearing aid(s) per year, regardless of type. Over-the-Counter (OTC) hearing aids are only sold in pairs and the benefit maximum is applied to the pair. The plan has negotiated rates and options through our hearing aid vendor to give you the most options. For your hearing aid to be covered, you must select a device from the list available through our approved vendor. This vendor must be used for both in-network and out-of-network benefits. Hearing aids obtained through an unauthorized vendor are not covered. The approved vendor will send your prescription hearing aids directly to your audiologist and OTC hearing aids directly to you. Prescribed hearing aids may require prior authorization from our hearing vendor to ensure you are fitted with the most appropriate device available under the plan. If you choose a device with non-rechargeable batteries, the plan will provide a 2-year supply (up to 64 cells per hearing aid per year) for prescription hearing aids and a 6-month supply (up to 32 cells per hearing aid per year) for OTC hearing aids. After plan paid benefits for routine hearing exams or hearing aids, you are responsible for the remaining cost. Prior authorization may be required.	**In-network:** **$0.00** copay for routine hearing exam(s). **$0.00** copay for hearing aids up to the maximum plan benefit amount. Hearing aids are limited to specific devices based on your hearing needs. **Out-of-network:** **20%** coinsurance for routine hearing exam(s). One routine hearing exam every year performed by an audiologist not in the plan's supplemental hearing network. One hearing aid fitting/evaluation is covered for prescription hearing aids every year. There is a maximum benefit coverage of **$59** per year for all out-of-network exams/fittings/evaluations. Benefits received out-of-network are subject to in-network benefit maximums, limitations, and/or exclusions. The total in-network and out-of-network allowance combined cannot exceed the benefit maximum. Although you can see an out-of-network provider for your exam, you must select a device from the list available through our approved vendor. The plan does not reimburse for devices received from unauthorized vendors under this

Covered Service	What you pay
	supplemental benefit. If you use an out-of-network audiologist for your hearing exam, you may be required to pay in full at the time of service and submit a request for reimbursement. To submit a request form for reimbursement, you will need to provide proof of payment and an itemized receipt.
HIV screening For people who ask for an HIV screening test or are at increased risk for HIV infection, we cover: • One screening exam every 12 months If you are pregnant, we cover: • Up to 3 screening exams during a pregnancy	**In-network:** There is no coinsurance, copayment, or deductible for members eligible for Medicare-covered preventive HIV screening. **Out-of-network:** **30%** coinsurance for each preventive HIV screening.
Home health agency care Before you get home health services, a doctor must certify that you need home health services and will order home health services to be provided by a home health agency. You must be homebound, which means leaving home is a major effort. Covered services include, but aren't limited to: • Part-time or intermittent skilled nursing and home health aide services (to be covered under the home health care benefit, your skilled nursing and home health aide services combined must total fewer than 8 hours per day and 35 hours per week)	**In-network:** **$0.00** copay for each covered visit from a home health agency. **Out-of-network:** **30%** coinsurance for each covered visit from a home health agency.

Covered Service	What you pay
• Physical therapy, occupational therapy, and speech therapy • Medical and social services • Medical equipment and supplies Prior authorization may be required.	
Home infusion therapy Home infusion therapy involves the intravenous or subcutaneous administration of drugs or biologicals to a person at home. The components needed to perform home infusion include the drug (for example, antivirals, immune globulin), equipment (for example, a pump), and supplies (for example, tubing and catheters). Covered services include but aren't limited to: • Professional services, including nursing services, furnished in accordance with our plan of care • Patient training and education not otherwise covered under the durable medical equipment benefit • Remote monitoring • Monitoring services for the provision of home infusion therapy and home infusion drugs furnished by a qualified home infusion therapy supplier Separately from the Home Infusion Therapy Professional Services, Home Infusion requires a Durable Medical Equipment component: • Durable Medical Equipment - the external infusion pump, the related supplies and the infusion drug(s), pharmacy services, delivery, equipment set up, maintenance of rented equipment, and training and education on the use of the covered items Prior authorization may be required.	**In-network:** **$0.00** copay for Home Infusion Therapy (HIT) professional services furnished by a qualified HIT supplier in the patient's home. Durable medical equipment (DME): **20%** coinsurance DME includes the external infusion pump and the related supplies by a contracted DME Provider. **20%** coinsurance for the infusion drug(s). You may pay less for certain rebatable drugs. This list and the cost of each rebatable drug changes every quarter. **Out-of-network:** **30%** coinsurance for Home Infusion Therapy (HIT) professional services furnished by a qualified HIT supplier in the patient's home. **30%** coinsurance for durable medical equipment. **30%** coinsurance for the

Covered Service	What you pay
	infusion drug(s). You may pay less for certain rebatable drugs. This list and the cost of each rebatable drug changes every quarter.
Hospice care You're eligible for the hospice benefit when your doctor and the hospice medical director have given you a terminal prognosis certifying that you're terminally ill and have 6 months or less to live if your illness runs its normal course. You can get care from any Medicare-certified hospice program. Our plan is obligated to help you find Medicare-certified hospice programs in our plan's service area, including program we own, control, or have a financial interest in. Your hospice doctor can be a network provider or an out-of-network provider. Covered services include: • Drugs for symptom control and pain relief • Short-term respite care • Home care When you're admitted to a hospice, you have the right to stay in our plan; if you stay in our plan you must continue to pay plan premiums. **For hospice services and for services that are covered by Medicare Part A or B that are related to your terminal prognosis:** Original Medicare (rather than our plan) will pay your hospice provider for your hospice services and any Part A and Part B services related to your terminal prognosis. While you're in the hospice program, your hospice provider will bill Original Medicare for the services that Original Medicare pays for. You'll be billed Original Medicare cost sharing. **For services that are covered by Medicare Part A or B and are not related to your terminal prognosis:** If you need	When you enroll in a Medicare-certified hospice program, your hospice services and your Part A and Part B services related to your terminal prognosis are paid for by Original Medicare, not our plan. **In-network:** **$0.00** copay if you get a hospice consultation by a Primary Care Provider (PCP) before you elect hospice. **$45.00** copay if you get a hospice consultation by a specialist before you elect hospice. **Out-of-network:** **30%** coinsurance if you get a hospice consultation by a Primary Care Provider (PCP) before you elect hospice. **30%** coinsurance if you get a hospice consultation by a specialist before you elect hospice.

Covered Service	What you pay
non-emergency, non-urgently needed services that are covered under Medicare Part A or B and that aren't related to your terminal prognosis, your cost for these services depends on whether you use a provider in our plan's network and follow the plan rules (like if there's a requirement to get prior authorization) • If you get the covered services from a network provider and follow plan rules for getting services, you pay our plan cost-sharing amount for in-network services • If you get the covered services from an out-of-network provider, you pay the cost-sharing under Original Medicare **For services that are covered by our plan but not covered by Medicare Part A or B:** The plan will continue to cover plan-covered services that aren't covered under Part A or B whether or not they're related to your terminal prognosis. You pay our plan cost-sharing amount for these services. **Note:** If you need non-hospice care (care that's not related to your terminal prognosis), contact us to arrange the services. Our plan covers hospice consultation services (one time only) for a terminally ill person who hasn't elected the hospice benefit. Prior authorization may be required.	
Immunizations Covered Medicare Part B services include: • Pneumonia vaccines • Flu/influenza shots (or vaccines), once each flu/influenza season in the fall and winter, with additional flu/influenza shots (or vaccines) if medically necessary • Hepatitis B vaccines if you're at high or intermediate risk of getting Hepatitis B • COVID-19 vaccines	**In-network:** There is no coinsurance, copayment, or deductible for the pneumonia, flu/influenza, Hepatitis B, and COVID-19 vaccines. The shingles shot is only covered under the Part D drug benefit. Your plan does not cover Part D prescription drugs. Please go to your prescription drug carrier for coverage. **Out-of-network:**

Covered Service	What you pay
• Other vaccines if you're at risk and they meet Medicare Part B coverage rules You can get a flu/influenza, pneumonia, or COVID-19 vaccines without asking a doctor to refer you.	**30%** coinsurance for each pneumonia, flu/influenza, Hepatitis B, and COVID-19 vaccines.
Inpatient hospital care Includes inpatient acute, inpatient rehabilitation, long-term care hospitals and other types of inpatient hospital services. Inpatient hospital care starts the day you're formally admitted to the hospital with a doctor's order. The day before you are discharged is your last inpatient day. This plan covers unlimited inpatient days. Covered services include but aren't limited to: • Semi-private room (or a private room if medically necessary) • Meals including special diets • Regular nursing services • Costs of special care units (such as intensive care or coronary care units) • Drugs and medications • Lab tests • X-rays and other radiology services • Necessary surgical and medical supplies • Use of appliances, such as wheelchairs • Operating and recovery room costs • Physical, occupational, and speech language therapy • Inpatient substance abuse services • Under certain conditions, the following types of transplants are covered: corneal, kidney, kidney-pancreatic, heart, liver, lung, heart/lung, bone marrow, stem cell, and	**In-network:** For covered hospital stays: Days 1-5: **$360.00** per day, per admission / Days 6-90: **$0.00** per day, per admission You pay no copay for additional inpatient hospital days. Your benefits are based on the date of admission. If you are admitted in 2026 and discharged in 2027, the 2026 copays apply until you are discharged or transferred to a skilled nursing facility. The hospital should tell the plan within one business day of any emergency admission, if possible. If you get authorized inpatient care at an out-of-network hospital after your emergency condition is stabilized, your cost is the cost-sharing you would pay at a network hospital. Your cost share starts the day you are admitted as an inpatient in a hospital or skilled nursing facility. You pay no cost

Covered Service	What you pay
intestinal/multivisceral. If you need a transplant, we'll arrange to have your case reviewed by a Medicare-approved transplant center that will decide whether you're a candidate for a transplant. Transplant providers may be local or outside of the service area. If our in-network transplant services are outside the community pattern of care, you may choose to go locally as long as the local transplant providers are willing to accept the Original Medicare rate. If the plan provides transplant services at a location outside the pattern of care for transplants in your community and you choose to get transplants at this distant location, we'll arrange or pay for appropriate lodging and transportation costs for you and a companion. The reimbursement for transportation costs are while you and your companion are traveling to and from the medical providers for services related to the transplant care. The plan defines the distant location as a location that is outside of the member's service area AND a minimum of 75 miles from the member's home. For each travel and lodging reimbursement request, please submit a letter from the Medicare-approved transplant center indicating the dates you were an inpatient of the Medicare-approved transplant center, and the dates you were treated as an outpatient when required to be near the Medicare-approved transplant center to receive treatment/services related to the transplant care. Please also include documentation of any companion and the dates they traveled with you while you were receiving services related to the transplant care. Travel reimbursement forms can be requested from Customer Service. Transportation and lodging costs will be reimbursed for travel mileage and lodging consistent with current IRS travel mileage and lodging guidelines on the date services are rendered. Accommodations for lodging will be reimbursed at the lesser of: 1) billed charges, or 2) consistent with IRS guidelines for maximum lodging for that location. You can access current reimbursement on the US General Services Administration website www.gsa.gov. All requests for reimbursement must be submitted within one year (12 months) from the date incurred. For more information on how and where to submit a claim,	share for the day you are discharged. **Out-of-network:** For covered hospital stays: **30%** coinsurance per stay Providers not in our network should call the plan to determine coverage before elective inpatient admission.

Covered Service	What you pay
please go to Chapter 5, Section 2, How to ask us to pay you back or to pay a bill you have received. • Blood - including storage and administration. Coverage of whole blood and packed red cells starts with the first pint of blood that you need. All other components of blood are also covered beginning with the first pint used. • Physician services **Note:** To be an inpatient, your provider must write an order to admit you formally as an inpatient of the hospital. Even if you stay in the hospital overnight, you might still be considered an outpatient. If you're not sure if you are an inpatient or an outpatient, you should ask the hospital staff. Get more information in the Medicare fact sheet *Medicare Hospital Benefits*. This fact sheet is available at www.medicare.gov/publications/11435-Medicare-Hospital-Benefits.pdf or by calling 1-800-MEDICARE (1-800-633-4227). TTY users call 1-877-486-2048. Prior authorization may be required.	
Inpatient services in a psychiatric hospital Covered services include mental health care services that require a hospital stay. There is a 190-day lifetime limit for inpatient services in a psychiatric hospital. The 190-day limit does not apply to inpatient mental health services provided in a psychiatric unit of a general hospital. This plan covers an unlimited number of days in the psychiatric unit of an acute care general hospital. Your provider must get an approval from the plan before you are admitted to a hospital for a mental condition, drug or alcohol abuse or rehab. This is called getting prior authorization.	**In-network:** For covered hospital stays: Days 1-6: **$295.00** per day, per admission / Days 7-90: **$0.00** per day, per admission You pay no copay for additional inpatient hospital days. Your benefits are based on the date of admission. If you are admitted in 2026 and discharged in 2027, the 2026 copays apply until you are discharged or transferred to a skilled nursing facility.

Covered Service	What you pay
	The hospital should tell the plan within one business day of any emergency admission, if possible. If you get inpatient care at an out-of-network hospital after your emergency condition is stable, your cost is the cost sharing you would pay at a network hospital. Your cost share starts the day you are admitted as an inpatient in a hospital or skilled nursing facility. You pay no cost share for the day you are discharged. **Out-of-network:** For covered hospital stays: **30%** coinsurance per stay Providers not in our network should call the plan to determine coverage before elective inpatient admission.
Inpatient stay: Covered services you get in a hospital or SNF during a non-covered inpatient stay This plan covers unlimited inpatient hospital days and up to 100 days per benefit period for skilled nursing facility (SNF) care. If you've used up your inpatient benefits or if the inpatient stay isn't reasonable and necessary, we won't cover your inpatient stay. In some cases, we'll cover certain services you get while you're in the hospital or the skilled nursing facility (SNF). Covered services include, but aren't limited to:	You must pay the full cost if you stay in a hospital or skilled nursing facility longer than your plan covers. If you stay in a hospital or skilled nursing facility longer than what is covered, this plan will still pay the cost for doctors

Covered Service	What you pay
• Physician services • Diagnostic tests (like lab tests) • X-ray, radium, and isotope therapy including technician materials and services • Surgical dressings • Splints, casts and other devices used to reduce fractures and dislocations • Prosthetics and orthotics devices (other than dental) that replace all or part of an internal body organ (including contiguous tissue), or all or part of the function of a permanently inoperative or malfunctioning internal body organ, including replacement or repairs of such devices • Leg, arm, back, and neck braces, trusses, and artificial legs, arms, and eyes including adjustments, repairs, and replacements required because of breakage, wear, loss, or a change in the patient's physical condition • Physical therapy, speech therapy, and occupational therapy Prior authorization may be required.	and other medical services that are covered as listed in this document.
Medical nutrition therapy This benefit is for people with diabetes, renal (kidney) disease (but not on dialysis), or after a kidney transplant when ordered by your doctor. We cover 3 hours of one-on-one counseling services during the first year you get medical nutrition therapy services under Medicare (this includes our plan, any other Medicare Advantage plan, or Original Medicare), and 2 hours each year after that. If your condition, treatment, or diagnosis changes, you may be able to get more hours of treatment with a physician's order. A physician must prescribe these services and renew their order yearly if your treatment is needed into the next calendar year.	**In-network:** There is no coinsurance, copayment, or deductible for beneficiaries eligible for Medicare-covered medical nutrition therapy services. **Out-of-network:** **30%** coinsurance for each covered medical nutrition therapy visit.

Covered Service	What you pay
Medicare Community Resource Support Do you need help with a specific issue? While your plan includes Medicare benefits along with the extra benefits outlined in this chart, you may sometimes require more support. As a member, you have access to our Medicare Community Resource Support team. They are here to help you find community-based services and support programs in your area. To use this benefit, call Customer Service at the number on your member ID card and ask for the Medicare Community Resource Support team.	Any costs you pay for Medicare Non-covered Services will not count toward your maximum out-of-pocket amount. **$0.00** copay for the assistance provided by the Medicare Community Resource Support team.
Medicare Diabetes Prevention Program (MDPP) **MDPP services are covered for eligible people under all Medicare health plans.** MDPP is a structured health behavior change intervention that provides practical training in long-term dietary change, increased physical activity, and problem-solving strategies for overcoming challenges to sustaining weight loss and a healthy lifestyle.	**In-network:** There is no coinsurance, copayment, or deductible for the MDPP benefit. **Out-of-network:** **30%** coinsurance for the MDPP benefit.
Medicare Part B drugs **These drugs are covered under Part B of Original Medicare. Members of our plan get coverage for these drugs through our plan. Covered drugs include:** • Drugs that usually aren't self-administered by the patient and are injected or infused while you are get physician, hospital outpatient, or ambulatory surgical center services • Insulin furnished through an item of durable medical equipment (such as a medically necessary insulin pump) • Other drugs you take using durable medical equipment (such as nebulizers) that were authorized by our plan • The Alzheimer's drug, Leqembi®, (generic name lecanemab), which is administered intravenously. In addition to medication costs, you may need additional scans and tests before and/or during treatment that could	**In-network:** **$35.00** copay for a one-month's supply of Medicare-covered Part B Insulin Drugs. **$0.00** copay - **20%** coinsurance for chemotherapy and other Medicare-covered Part B drugs. You may pay less for certain rebatable drugs. This list and the cost of each rebatable drug changes every quarter. You still have to pay your portion of the cost allowed by the plan for a Part B drug whether you get it from a doctor's office or a pharmacy.

Covered Service	What you pay
add to your overall costs. Talk to your doctor about what scans and tests you may need as part of your treatment • Clotting factors you give yourself by injection if you have hemophilia • Transplant/immunosuppressive drugs: Medicare covers transplant drug therapy if Medicare paid for your organ transplant. You must have Part A at the time of the covered transplant, and you must have Part B at the time you get immunosuppressive drugs. • Injectable osteoporosis drugs, if you're are homebound, have a bone fracture that a doctor certifies was related to post-menopausal osteoporosis, and can't self-administer the drug • Some antigens: Medicare covers antigens if a doctor prepares them and a properly instructed person (who could be you, the patient) gives them under appropriate supervision • Certain oral anti-cancer drugs: Medicare covers some oral cancer drugs you take by mouth if the same drug is available in injectable form or the drug is a prodrug (an oral form of a drug that, when ingested, breaks down into the same active ingredient found in the injectable drug) of the injectable drug. • Oral anti-nausea drugs: Medicare covers oral anti-nausea drugs you use as part of an anti-cancer chemotherapeutic regimen if they're administered before, at, or within 48 hours of chemotherapy or are used as a full therapeutic replacement for an intravenous anti-nausea drug • Certain oral End-Stage Renal Disease (ESRD) drugs covered under Medicare Part B • Calcimimetic and phosphate binder medications under the ESRD payment system, including the intravenous medication Parsabiv®, and the oral medication Sensipar®	**Out-of-network:** **$35.00** copay for a one-month's supply of Medicare-covered Part B Insulin Drugs. **0%** - **30%** coinsurance for covered charges for chemotherapy and other drugs covered by Medicare Part B. You may pay less for certain rebatable drugs. This list and the cost of each rebatable drug changes every quarter.

Covered Service	What you pay
• Certain drugs for home dialysis, including heparin, the antidote for heparin when medically necessary, and topical anesthetics • Erythropoiesis-stimulating agents: Medicare covers erythropoietin by injection if you have End-Stage Renal Disease (ESRD) or you need this drug to treat anemia related to certain other conditions (such as Epogen®, Procrit®, Retacrit®, Epoetin Alfa, Aranesp®, Darbepoetin Alfa®, Mircera®, or Methoxy polyethylene glycol-epoetin beta) • Intravenous Immune Globulin for the home treatment of primary immune deficiency diseases • Parenteral and enteral nutrition (intravenous and tube feeding) Some of the Part B covered drugs listed above may be subject to step therapy. To access the Part B Step Therapy list, go to https://shop.anthem.com/medicare, enter your ZIP code, and select Plan Documents. Then click Prescription Drug Coverage Details and choose Part B Step Therapy from the list. We also cover some vaccines under our Part B drug benefit. Your provider must get an approval from the plan before you get certain injectable or infusible drugs. Call the plan to learn which drugs apply. This is called getting prior authorization. Prior authorization may be required for chemotherapy and all other Part B drugs.	
24/7 Nurseline	Any costs you pay for Medicare Non-covered Services will not

Covered Service	What you pay
As a member, you have access to a 24-hour nurse line, 7 days a week, 365 days a year. When you call our nurse line, you can speak directly to a registered nurse who will help answer your health-related questions. The call is toll free and the service is available anytime, including weekends and holidays. Plus, your call is always confidential. Call the 24/7 Nurseline at 1-855-658-9249. TTY users should call 711.	count toward your maximum out-of-pocket amount. **$0.00** copay for the 24/7 Nurseline.
Obesity screening and therapy to promote sustained weight loss If you have a body mass index of 30 or more, we cover intensive counseling to help you lose weight. This counseling is covered if you get it in a primary care setting, where it can be coordinated with your comprehensive prevention plan. Talk to your primary care doctor or practitioner to find out more.	**In-network:** There is no coinsurance, copayment, or deductible for preventive obesity screening and therapy. **Out-of-network:** **30%** coinsurance for preventive obesity screening and therapy.
Opioid treatment program services Members of our plan with opioid use disorder (OUD) can get coverage of services to treat OUD through an Opioid Treatment Program (OTP) which includes the following services: • U.S. Food and Drug Administration (FDA)-approved opioid agonist and antagonist medication-assisted treatment (MAT) medications • Dispensing and administration of MAT medications (if applicable) • Substance use counseling • Individual and group therapy • Toxicology testing • Intake activities • Periodic assessments Prior authorization may be required.	**In-network:** **$45.00** copay for Opioid Treatment Program Services. **Out-of-network:** **30%** coinsurance for Opioid Treatment Program Services.

Covered Service	What you pay
Outpatient diagnostic tests and therapeutic services and supplies Covered services include, but are not limited to: • X-rays • Radiation (radium and isotope) therapy including technician materials and supplies • Surgical supplies, such as dressings • Splints, casts and other devices used to reduce fractures and dislocations • Laboratory tests • Blood - including storage and administration. Coverage of whole blood and packed red cells begins with the first pint of blood that you need. All other components of blood are also covered beginning with the first pint used. • Diagnostic non-laboratory tests such as CT scans, MRIs, EKGs, and PET scans when your doctor or other health care provider orders them to treat a medical problem. • Other outpatient diagnostic tests Your provider must get the plan's approval before you get complex imaging or some diagnostic, radiology therapy and lab services. These include radiation therapy, PET, CT, SPECT, MRI scans, heart tests called echocardiograms, lab tests, genetic tests, sleep studies and related supplies. Prior authorization may be required.	**In-network:** **$0.00** copay for each covered lab service performed in a physician's office. **$50.00** copay for each covered lab service performed in an outpatient facility department. **$50.00** copay for each covered diagnostic procedure or test at a network doctor's office. **$100.00** copay for each covered diagnostic procedure or test at a network outpatient facility. **$0.00** copay for tests to confirm chronic obstructive pulmonary disease (COPD). **20%** coinsurance for each covered radiation therapy service. **$90.00** copay for each covered X-Ray in a provider's office. **$110.00** copay for each covered X-Ray in the outpatient department of a network hospital or facility. **$90.00** copay for each covered X-ray in a freestanding radiology facility or for portable X-ray services performed in the patient's home or facility that can be considered a patient's

Covered Service	What you pay
	home. **$180.00** copay for each visit for the following Medicare-covered diagnostic radiology services: computed tomography (CT), magnetic resonance (MRIs and MRAs), and nuclear medicine studies, which includes PET scans in a provider's office or freestanding radiology center. **$275.00** copay for each visit for the following Medicare-covered diagnostic radiology services: computed tomography (CT), magnetic resonance (MRIs and MRAs), and nuclear medicine studies, which includes PET scans in the outpatient department of a network hospital or facility. **$50.00** copay for covered ultrasounds in a provider's office or freestanding radiology center. **$110.00** copay for covered ultrasounds in the outpatient department of a network hospital or facility. **$180.00** copay for other covered diagnostic radiology services in a provider's office or freestanding radiology center. **$275.00** copay for other covered diagnostic radiology

Covered Service	What you pay
	services in the outpatient department of a network hospital or facility. **$0.00** copay for covered blood, blood storage, processing and handling services. **20%** coinsurance for surgery bandages and supplies, such as casts and splints. **$0.00** copay for hemoglobin A1c or urine tests to check albumin levels. **Out-of-network:** **30%** coinsurance for lab services. **30%** coinsurance for each diagnostic procedure or test. **30%** coinsurance for tests to confirm COPD. **20%** coinsurance for each covered radiation therapy service. **30%** coinsurance for covered diagnostic radiology services. **30%** coinsurance for covered X-rays. **$0.00** copay for covered blood, blood storage, processing and handling services.

Covered Service	What you pay
	30% coinsurance for surgical supplies, splints and casts. **30%** coinsurance for Hemoglobin A1c tests or urine tests to check Albumin levels.
Outpatient hospital observation Observation services are hospital outpatient services given to determine if you need to be admitted as an inpatient or can be discharged. For outpatient hospital observation services to be covered, they must meet Medicare criteria and be considered reasonable and necessary. Observation services are covered only when provided by the order of a physician or another person authorized by state licensure law and hospital staff bylaws to admit patients to the hospital or order outpatient tests. **Note:** Unless the provider has written an order to admit you as an inpatient to the hospital, you're an outpatient and pay the cost-sharing amounts for outpatient hospital services. Even if you stay in the hospital overnight, you might still be considered an outpatient. If you're not sure if you're an outpatient, ask the hospital staff. Get more information in the Medicare fact sheet *Medicare Hospital Benefits*. This fact sheet is available at www.medicare.gov/publications/11435-Medicare-Hospital-Benefits.pdf or by calling 1-800-MEDICARE (1-800-633-4227). TTY users call 1-877-486-2048. Prior authorization may be required.	**In-network:** **$280.00** copay for each observation room service you get at an outpatient hospital. **Out-of-network:** **30%** coinsurance for each observation room service you get at an outpatient hospital.
Outpatient hospital services We cover medically necessary services you get in the outpatient department of a hospital for diagnosis or treatment of an illness or injury.	**In-network:** **$280.00** copay for each surgical or observation room service you get at an outpatient

Covered Service	What you pay
Covered services include, but aren't limited to: • Services in an emergency department or outpatient clinic, such as observation services or outpatient surgery • Laboratory and diagnostic tests billed by the hospital • Mental health care, including care in a partial hospitalization program, if a doctor certifies that inpatient treatment would be required without it • X-rays and other radiology services billed by the hospital • Medical supplies such as splints and casts • Certain drugs and biologicals you can't give yourself **Note:** Unless the provider has written an order to admit you as an inpatient to the hospital, you're an outpatient and pay the cost-sharing amounts for outpatient hospital services. Even if you stay in the hospital overnight, you might still be considered an outpatient. If you aren't sure if you're an outpatient, ask the hospital staff. Prior authorization may be required.	hospital. **$55.00** copay for each covered partial hospitalization visit for mental health or substance abuse. **20%** coinsurance for medical supplies such as splints and casts. If medical supplies are billed as part of your outpatient hospital service, the outpatient hospital cost share will apply. **Out-of-network:** **30%** coinsurance for each surgical or observation room service you get at an outpatient hospital. **30%** coinsurance for each partial hospitalization visit for mental health or substance abuse. **30%** coinsurance for medical supplies such as splints and casts. If medical supplies are billed as part of your outpatient hospital service, the outpatient hospital cost share will apply. **In- and out-of-network:** Your cost share for emergency

Covered Service	What you pay
	room visits, outpatient diagnostic tests, outpatient therapeutic services and lab tests are listed under those items elsewhere in this chart. Please see the Medicare Part B drugs section for details on certain drugs and biologicals. Look for the apple icon to learn about certain screenings and preventive care services.
Outpatient mental health care Covered services include: Mental health services provided by a state-licensed psychiatrist or doctor, clinical psychologist, clinical social worker, clinical nurse specialist, licensed professional counselor (LPC), licensed marriage and family therapist (LMFT), nurse practitioner (NP), physician assistant (PA), or other Medicare-qualified mental health care professional as allowed under applicable state laws. Prior authorization may be required.	**In-network:** **$40.00** copay for each covered therapy visit. This applies to individual or group therapy. **Out-of-network:** **30%** coinsurance for each covered therapy visit. This applies to individual or group therapy.
Outpatient rehabilitation services Covered services include: physical therapy, occupational therapy, and speech language therapy. Outpatient rehabilitation services are provided in various outpatient settings, such as hospital outpatient departments, independent therapist offices, and Comprehensive Outpatient Rehabilitation Facilities (CORFs). Prior authorization may be required.	**In-network:** **$35.00** copay for each covered physical and speech therapy visit. **$35.00** copay for each covered occupational therapy visit. **Out-of-network:** **30%** coinsurance for each covered physical, occupational and speech therapy visit.

Covered Service	What you pay
Outpatient substance use disorder services Outpatient and ambulatory substance use services/treatment is supervised by an appropriate licensed professional. Outpatient treatment is provided for individuals or groups, and family therapy may be an additional component. Additional services may be covered in lieu of hospitalization, or as a step-down after hospitalization for substance use-related conditions. Prior authorization may be required.	**In-network:** **$45.00** copay for each covered therapy visit. This applies to individual or group therapy. **Out-of-network:** **30%** coinsurance for each covered therapy visit. This applies to individual or group therapy.
Outpatient surgery, including services provided at hospital outpatient facilities and ambulatory surgical centers **Note:** If you're having surgery in a hospital facility, you should check with your provider about whether you'll be an inpatient or outpatient. Unless the provider writes an order to admit you as an inpatient to the hospital, you're an outpatient and pay the cost-sharing amounts for outpatient surgery. Even if you stay in the hospital overnight, you might still be considered an outpatient. Prior authorization may be required.	**In-network:** **$230.00** copay for each covered surgery in an ambulatory surgical center. **$280.00** copay for each covered surgery or observation room service in an outpatient hospital. **$0.00** copay for a screening exam of the colon that includes a biopsy or removal of any growth or tissue when you get it at an outpatient or ambulatory surgical center. **Out-of-network:** **30%** coinsurance for each covered surgery in an ambulatory surgical center. **30%** coinsurance for each covered surgery or observation room service in an outpatient hospital.

Covered Service	What you pay
	30% coinsurance for a screening exam of the colon that includes a biopsy or removal of any growth or tissue when you get it at an outpatient or ambulatory surgical center.
Over the Counter (OTC) products This benefit provides a quarterly spending allowance on your Benefits Mastercard® Prepaid Card to buy health and wellness products like vitamins, first-aid supplies, pain relievers, and more. The Benefits Prepaid Card is automatically loaded with the spending allowance amount each quarter. You can only pay for your own items and cannot convert the card to cash. You have a variety of convenient ways to use your benefit: • Shop in-store at participating retailers near you • Shop online on the approved vendor website • Shop on the approved vendor mobile app • Call to place an order • Order by mail **Note:** • Upon enrollment, you will receive a mailer outlining products available for purchase. • Purchases are limited to the available benefit dollars. Once you've used your quarterly spending allowance, you are responsible for the remaining cost of your purchases. • Specific name brands may not be available and quantities may be limited or restricted. • All orders must be placed through the plan's approved vendor or purchased at a participating retail store.	Any costs you pay for Medicare Non-covered Services will not count toward your maximum out-of-pocket amount. This plan covers certain approved, non-prescription, over-the-counter drugs and health-related items, up to **$65** every quarter. Unused OTC amounts expire at the end of each quarter.

Covered Service	What you pay
Minimum order quantities and delivery fees may apply for online orders. See ordering site for details. If your Benefits Prepaid Card is not accepted for payment or in the event of a card transaction failure, you may submit a reimbursement request along with proof of payment. Contact information is listed on the back of your Benefits Prepaid Card. A reimbursement request must be submitted within 90 days of the date of payment on your receipt.	
Partial hospitalization services and Intensive outpatient services *Partial hospitalization* is a structured program of active psychiatric treatment provided as a hospital outpatient service or by a community mental health center, that's more intense than care you get in your doctor's, therapist's licensed marriage and family therapist's (LMFT), or licensed professional counselor's office and is an alternative to inpatient hospitalization. *Intensive outpatient service* is a structured program of active behavioral (mental) health therapy treatment provided in a hospital outpatient department, a community mental health center, a federally qualified health center, or a rural health clinic that is more intense than care you get in your doctor's, therapist's, licensed marriage and family therapist's office LMFT), or licensed professional counselor's office but less intense than partial hospitalization. **Note:** Because there are no community mental health centers in our network, we cover partial hospitalization only in a hospital outpatient setting. Prior authorization may be required.	**In-network:** **$55.00** copay for each covered partial hospitalization visit or intensive outpatient service. **Out-of-network:** **30%** coinsurance for each covered partial hospitalization visit or intensive outpatient service.
Personal Emergency Response System (PERS) Coverage of one personal emergency response system and monthly monitoring in the member's home when arranged by the plan with a contracted vendor. The Personal Emergency Response System benefit provides an in-home device to notify appropriate personnel of an emergency (e.g., a fall).	Any costs you pay for Medicare Non-covered Services will not count toward your maximum out-of-pocket amount. **$0.00** copay for one personal emergency response system

Covered Service	What you pay
Please call Customer Service for more information or to request the device.	and monthly monitoring by a contracted vendor.
Physician/Practitioner services, including doctor's office visits Covered services include: • Medically necessary medical care or surgery services you get in a physician's office, certified ambulatory surgical center, hospital outpatient department, or any other location • Consultation, diagnosis, and treatment by a specialist • Basic hearing and balance exams performed by your PCP or specialist, if your doctor orders it to see if you need medical treatment • Certain telehealth services including Medicare-covered telehealth services from your primary care physician, a nurse practitioner or physician's assistant affiliated with the primary care, individual sessions for mental health visits or individual sessions for psychiatric services. ○ You have the option of getting these services through an in-person visit or by telehealth. If you choose to receive one of these services by telehealth, then you must use a network provider who offers the service by telehealth. • Some telehealth services including consultation, diagnosis, and treatment by a physician or practitioner for patients in certain rural areas or other locations approved by Medicare • Telehealth services for monthly end-stage renal disease-related visits for home dialysis members in a hospital-based or critical access hospital-based renal dialysis center, renal dialysis facility, or the member's home • Telehealth services to diagnose, evaluate, or treat symptoms of a stroke, regardless of your location	**In-network:** **$0.00** copay for each covered Primary Care Provider (PCP) office visit. **$45.00** copay for each covered specialist office visit. **$0.00** copay for other health care professionals including midwives, physician assistants, nurse practitioners, and OB/GYNs. **$0.00** copay for each covered service you get at a retail health clinic. This is a clinic inside of a retail pharmacy. **$45.00** copay for each Medicare-covered hearing exam to diagnose a hearing condition. **$0.00** copay for defined Medicare-covered telehealth services from your primary care physician, a nurse practitioner or physician's assistant affiliated with network primary care, a network mental health provider or network psychiatric provider.

Covered Service	What you pay
• Telehealth services for members with a substance use disorder or co-occurring mental health disorder, regardless of their location • Telehealth services for diagnosis, evaluation, and treatment of mental health disorders, if: ○ You have an in-person visit within 6 months prior to your first telehealth visit ○ You have an in-person visit every 12 months while getting these telehealth services ○ Exceptions can be made to the above for certain circumstances • Telehealth services for mental health visits provided by Rural Health Clinics and Federally Qualified Health Centers • Virtual check-ins (for example, by phone or video chat) with your doctor for 5-10 minutes **if:** ○ You're not a new patient **and** ○ The check-in isn't related to an office visit in the past 7 days **and** ○ The check-in doesn't lead to an office visit within 24 hours or soonest available appointment • Evaluation of video and/or images you sent to your doctor and interpretation and follow-up by your doctor within 24 hours **if**: ○ You're not a new patient **and** ○ The evaluation isn't related to an office visit in the past 7 days **and** ○ The evaluation doesn't lead to an office visit within 24 hours or soonest available appointment	All other specialties, Medicare-covered telehealth services will apply the applicable cost share found in this benefit chart based on their specialty. For LiveHealth Online services, please go to the Video Doctor Visits benefit later in this benefit chart. **Out-of-network:** **30%** coinsurance for each covered Primary Care Provider (PCP) office visit. **30%** coinsurance for each covered specialist visit. **30%** coinsurance for other health care professionals including midwives, physician assistants, nurse practitioners, and OB/GYNs. **30%** coinsurance for each covered service you get at a retail health clinic. This is a clinic inside of a retail pharmacy. **30%** coinsurance for each Medicare-covered hearing exam to diagnose a hearing condition.

Covered Service	What you pay
• Consultation your doctor has with other doctors by telephone, internet, or electronic health record • Second opinion by another network provider prior to surgery Prior authorization may be required.	
Podiatry services - Medicare-covered Covered services include: • Diagnosis and the medical or surgical treatment of injuries and diseases of the feet (such as hammer toe or heel spurs). • Routine foot care for members with certain medical conditions affecting the lower limbs Prior authorization may be required.	**In-network:** **$45.00** copay for each non-routine Medicare-covered foot care visit. This is for diagnosis and the medical or surgical treatment of injuries and diseases of the feet (such as hammer toe or heel spurs). **$0.00** copay for each routine Medicare-covered foot care visit. This is for routine foot care for members with certain medical conditions affecting the lower limbs. **Out-of-network:** **30%** coinsurance for each Medicare-covered foot care visit.
Podiatry services - Supplemental This plan covers additional foot care services not covered by Original Medicare: • Removal or cutting of corns or calluses, trimming nails and other hygienic and preventive care in the absence of localized illness, injury, or symptoms involving the feet • 12 routine foot care visit(s) each year.	Any costs you pay for Medicare Non-covered Services will not count toward your maximum out-of-pocket amount. **In-network:** **$0.00** copay for each routine foot care visit.

Covered Service	What you pay
Prior authorization may be required.	**Out-of-network:** **30%** coinsurance for each visit.
Pre-exposure prophylaxis (PrEP) for HIV prevention If you don't have HIV, but your doctor or other health care practitioner determines you're at an increased risk for HIV, we cover pre-exposure prophylaxis (PrEP) medication and related services. If you qualify, covered services include: • FDA-approved oral or injectable PrEP medication. If you're getting an injectable drug, we also cover the fee for injecting the drug. • Up to 8 individual counseling sessions (including HIV risk assessment, HIV risk reduction, and medication adherence) every 12 months. • Up to 8 HIV screenings every 12 months. A one-time hepatitis B virus screening.	**In-network:** There is no coinsurance, copayment, or deductible for the PrEP benefit. **Out-of-network:** **30%** coinsurance for the PrEP benefit.
Prostate cancer screening exams For men aged 50 and older, covered services include the following once every 12 months: • Digital rectal exam • Prostate Specific Antigen (PSA) test	**In-network:** There is no coinsurance, copayment, or deductible for an annual PSA test. **Out-of-network:** **30%** coinsurance for each prostate cancer screening. **30%** coinsurance for a digital rectal exam.
Prosthetic and orthotic devices and related supplies	**In-network:** **20%** coinsurance for covered prosthetic devices and

Covered Service	What you pay
Devices (other than dental) that replace all or part of a body part or function. These include, but aren't limited to: testing, fitting, or training in the use of prosthetic and orthotic devices as well as colostomy bags and supplies directly related to colostomy care, pacemakers, braces, prosthetic shoes, artificial limbs, and breast prostheses (including a surgical brassiere after a mastectomy). Includes certain supplies related to prosthetic and orthotic devices, and repair and/or replacement of prosthetic and orthotic devices. Also includes some coverage following cataract removal or cataract surgery – go to *Vision Care* later in this table for more detail. Prior authorization may be required.	supplies. You must get prosthetic devices and supplies from a medical supply (DME) provider who works with this plan. They will not be covered if you buy them from a pharmacy. If you get a prosthetic or orthotic device while you are getting inpatient services at a hospital or skilled nursing facility, the cost will be included in your inpatient claim. **Out-of-network:** **30%** coinsurance for prosthetic devices and supplies.
Pulmonary rehabilitation services Comprehensive programs of pulmonary rehabilitation are covered for members who have moderate to very severe chronic obstructive pulmonary disease (COPD) and an order for pulmonary rehabilitation from the doctor treating the chronic respiratory disease. Prior authorization may be required.	**In-network:** **$15.00** copay for each covered pulmonary rehabilitation visit. **Out-of-network:** **30%** coinsurance for each covered pulmonary rehabilitation visit.
Screening and counseling to reduce alcohol misuse We cover one alcohol misuse screening for adults (including pregnant women) who misuse alcohol but aren't alcohol dependent. If you screen positive for alcohol misuse, you can get up to 4 brief face-to-face counseling sessions per year (if you're competent and	**In-network:** There is no coinsurance, copayment, or deductible for the Medicare-covered screening and counseling to reduce alcohol misuse preventive benefit.

Covered Service	What you pay
alert during counseling) provided by a qualified primary care doctor or practitioner in a primary care setting.	**Out-of-network:** **30%** coinsurance for the screening and counseling to reduce alcohol misuse.
Screening for Hepatitis C Virus Infection We cover one Hepatitis C screening if your primary care doctor or other qualified health care provider orders one and you meet one of these conditions: • You're at high risk because you use or have used illicit injection drugs. • You had a blood transfusion before 1992. • You were born between 1945-1965. If you were born between 1945-1965 and aren't considered high risk, we cover a screening once. If you're at high risk (for example, you've continued to use illicit injection drugs since your previous negative Hepatitis C screening test), we cover yearly screenings.	**In-network:** There is no coinsurance, copayment, or deductible for the Medicare-covered screening for the Hepatitis C Virus. **Out-of-network:** **30%** coinsurance for each screening for the Hepatitis C Virus.
Screening for lung cancer with low dose computed tomography (LDCT) For qualified people, a LDCT is covered every 12 months. **Eligible members are** people age 50 - 77 who have no signs or symptoms of lung cancer, but who have a history of tobacco smoking of at least 20 pack-years and who currently smoke or have quit smoking within the last 15 years, who get an order for LDCT during a lung cancer screening counseling and shared decision-making visit that meets the Medicare criteria for such visits and be furnished by a physician or qualified non-physician practitioner. *For LDCT lung cancer screenings after the initial LDCT screening:* the member must get an order for LDCT lung cancer screening, which may be furnished during any appropriate visit with a physician or qualified non-physician practitioner. If a physician or qualified non-physician practitioner elects to provide a lung cancer screening counseling and shared decision-making visit for later	**In-network:** There is no coinsurance, copayment, or deductible for the Medicare-covered counseling and shared decision making visit or for the LDCT. **Out-of-network:** **30%** coinsurance for counseling and shared decision making visit or for the LDCT.

Covered Service	What you pay
lung cancer screenings with LDCT, the visit must meet the Medicare criteria for such visits.	
Screening for sexually transmitted infections (STIs) and counseling to prevent STIs We cover sexually transmitted infection (STI) screenings for chlamydia, gonorrhea, syphilis, and Hepatitis B. These screenings are covered for pregnant women and for certain people who are at increased risk for an STI when the tests are ordered by a primary care provider. We cover these tests once every 12 months or at certain times during pregnancy. We also cover up to 2 individual 20 to 30 minute, face-to-face high-intensity behavioral counseling sessions each year for sexually active adults at increased risk for STIs. We only cover these counseling sessions as a preventive service if they are provided by a primary care provider and take place in a primary care setting, such as a doctor's office.	**In-network:** There is no coinsurance, copayment, or deductible for the Medicare-covered screening for STIs and counseling for STIs preventive benefit. **Out-of-network:** **30%** coinsurance for each Medicare-covered screening for STIs and counseling for STIs preventive benefit.
Services to treat kidney disease Covered services include: • Kidney disease education services to teach kidney care and help members make informed decisions about their care. For members with stage IV chronic kidney disease when referred by their doctor, we cover up to 6 sessions of kidney disease education services per lifetime. • Outpatient dialysis treatments (including dialysis treatments when temporarily out of the service area, as explained in Chapter 3, or when your provider for this service is temporarily unavailable or inaccessible) • Inpatient dialysis treatments (if you're admitted as an inpatient to a hospital for special care) • Self-dialysis training (includes training for you and anyone helping you with your home dialysis treatments) • Home dialysis equipment and supplies • Certain home support services (such as, when necessary, visits by trained dialysis workers to check on your home	**In-network:** **$0.00** copay for each covered kidney disease education service visit. **20%** coinsurance services for: • Kidney dialysis when you use a provider in our plan or you are out of the service area for a short time • Dialysis equipment or supplies • Dialysis home support services **$0.00** copay for each covered training session to learn how to care for yourself if you need dialysis.

Covered Service	What you pay
dialysis, to help in emergencies, and check your dialysis equipment and water supply) Certain drugs for dialysis are covered under your Medicare Part B drug benefit. For information about coverage for Part B Drugs, please go to the section, **Medicare Part B drugs** in this table. You pay the inpatient hospital member cost share for dialysis services that you receive while admitted to an inpatient hospital.	You don't need the plan's approval before getting dialysis. But please let us know when you need to start this care so we can work with your providers. **Out-of-network:** **30%** coinsurance for each covered kidney disease education service visit. **20%** coinsurance services for kidney dialysis. **20%** coinsurance for each covered training session to learn how to care for yourself if you need dialysis. **20%** coinsurance for home support services and home dialysis equipment and supplies. You don't need the plan's approval before getting dialysis. But please let us know when you need to start this care so we can work with your providers.
SilverSneakers **SilverSneakers® Membership**	Any costs you pay for Medicare Non-covered Services will not count toward your maximum

Covered Service	What you pay
SilverSneakers can help you live a healthier, more active life through fitness and social connection. You are covered for a fitness benefit through SilverSneakers online and at participating locations.[1] You have access to a nationwide network of participating locations where you can take classes[2] and use exercise equipment and other amenities. Enroll in as many locations as you like, at any time. You also have access to instructors who lead specially designed group exercise classes in-person and online, seven days a week. Additionally, SilverSneakers Community gives you options to get active outside of traditional gyms at recreation centers, parks, and other neighborhood locations. SilverSneakers also connects you to a support network and online resources through SilverSneakers LIVE classes, SilverSneakers On-Demand videos, and the SilverSneakers GO mobile app. All you need to get started is your personal SilverSneakers ID number. Go to SilverSneakers.com to learn more about your benefit or call 1-855-741-4985 (TTY: 711) Monday through Friday, 8 a.m. to 8 p.m. ET. Always talk with your doctor before starting an exercise program. [1]Participating locations (PL) are not owned or operated by Tivity Health, Inc. or its affiliates. Use of PL facilities and amenities is limited to terms and conditions of PL basic membership. Facilities and amenities vary by PL. [2]Membership includes SilverSneakers instructor-led group fitness classes. Some locations offer members additional classes. Classes vary by location. SilverSneakers is not a gym membership, but a specialized program designed specifically for older adults. Gym memberships or other fitness programs that do not meet the SilverSneakers criteria are excluded. SilverSneakers is a registered trademark of Tivity Health, Inc. All rights reserved. Tivity Health, Inc. is an independent company providing a fitness program on behalf of this plan.	out-of-pocket amount. **$0.00** copay for the SilverSneakers® Fitness Program.
Skilled nursing facility (SNF) care (For a definition of skilled nursing facility care, go to Chapter 10. Skilled nursing facilities are sometimes called SNFs.) 100 days per benefit period. No prior hospital stay required. Covered services include but aren't limited to:	**In-network:** For covered SNF stays: Days 1 - 20: **$0.00** per day / Days 21 - 100: **$218.00** per day A benefit period starts on the

Covered Service	What you pay
• Semiprivate room (or a private room if medically necessary) • Meals, including special diets • Skilled nursing services • Physical therapy, occupational therapy, and speech therapy • Drugs administered to you as part of your plan of care (this includes substances that are naturally present in the body, such as blood clotting factors) • Blood – including storage and administration. Coverage of whole blood and packed red cells begins with the first pint of blood that you need. All other components of blood are also covered beginning with the first pint used. • Medical and surgical supplies ordinarily provided by SNFs • Laboratory tests ordinarily provided by SNFs • X-rays and other radiology services ordinarily provided by SNFs • Use of appliances such as wheelchairs ordinarily provided by SNFs • Physician/Practitioner services Generally, you get SNF care from network facilities. Under certain conditions listed below, you may be able to pay in-network cost sharing for a facility that isn't a network provider, if the facility accepts our plan's amounts for payment. • A nursing home or continuing care retirement community where you were living right before you went to the hospital (as long as it provides skilled nursing facility care) • A SNF where your spouse or domestic partner is living at the time you leave the hospital Prior authorization may be required.	first day you are an inpatient in a hospital or skilled nursing facility. It ends when you have not had care as an inpatient in a hospital or skilled nursing facility for 60 days in a row. If you go into a skilled nursing facility after one benefit period has ended, a new benefit period begins. There is no limit on how many benefit periods you can have. The hospital should tell the plan within one business day of any emergency admission. Your cost share starts the day you are admitted as an inpatient in a hospital or skilled nursing facility. You have no cost share for the day you are discharged. Your skilled nursing care benefits are based on the date of admission. If you are admitted in 2026 and are discharged in 2027, the 2026 copays will apply until you have not had any inpatient care in an acute hospital, a SNF, or an inpatient mental health facility for 60 days in a row. **Out-of-network:** For covered SNF stays: **30%** coinsurance per stay

Covered Service	What you pay
Smoking and tobacco use cessation (counseling to stop smoking or tobacco use) Smoking and tobacco use cessation counseling is covered for outpatient and hospitalized patients who meet these criteria: • Use tobacco regardless of whether they exhibit signs or symptoms of tobacco-related disease • Are competent and alert during counseling • A qualified physician or other Medicare-recognized practitioner provides counseling We cover 2 cessation attempts per year (each attempt may include a maximum of 4 intermediate or intensive sessions, with the patient getting up to 8 sessions per year.)	**In-network:** There is no coinsurance, copayment, or deductible for the Medicare-covered smoking and tobacco use cessation preventive benefits. **Out-of-network:** **30%** coinsurance for each smoking and tobacco use cessation.
Supervised Exercise Therapy (SET) SET is covered for members who have symptomatic peripheral artery disease (PAD). Up to 36 sessions over a 12-week period are covered if the SET program requirements are met. The SET program must: • Consist of sessions lasting 30-60 minutes, comprising a therapeutic exercise-training program for PAD in patients with claudication • Be conducted in a hospital outpatient setting or a physician's office • Be delivered by qualified auxiliary personnel necessary to ensure benefits exceed harms, and who are trained in exercise therapy for PAD • Be under the direct supervision of a physician, physician assistant, or nurse practitioner/clinical nurse specialist who	**In-network:** **$20.00** copay for each covered SET session. **Out-of-network:** **30%** coinsurance for each covered SET session.

Covered Service	What you pay
must be trained in both basic and advanced life support techniques SET may be covered beyond 36 sessions over 12 weeks for an additional 36 sessions over an extended period of time if deemed medically necessary by a health care provider. Prior authorization may be required.	
Urgently needed services A plan-covered service requiring immediate medical attention that's not an emergency is an urgently needed service if either you're temporarily outside our plan's service area, or, even if you're inside our plan's service area, it's unreasonable given your time, place, and circumstances to get this service from network providers. Our plan must cover urgently needed services and only charge you in-network cost sharing. Examples of urgently needed services are unforeseen medical illnesses and injuries, or unexpected flare-ups of existing conditions. Medically necessary routine provider visits, (like annual checkups) aren't considered urgently needed even if you're outside our plan's service area or our plan network is temporarily unavailable. Urgently needed service coverage is worldwide. This plan covers worldwide urgent care services if you're traveling outside of the United States for less than six months. Coverage is limited to **$100,000** per year for worldwide urgent care and emergency services. This is a supplemental benefit. It's not covered by the Federal Medicare program. You must pay all costs over **$100,000** and all costs to return to your service area. You may be able to buy added travel insurance through an authorized agency. If you need urgent care outside the United States or its territories, please call the Blue Cross Blue Shield Global Core program at 1-800-810-BLUE (1-800-810-2583). Or call collect at 1-804-673-1177. We can help you 24 hours a day, 7 days a week, 365 days a year.	Any costs you pay for Medicare Non-covered Services will not count toward your maximum out-of-pocket amount. **$25.00** copay for each covered urgently needed service. **$115.00** copay for each covered worldwide urgently needed service.
Video Doctor Visits LiveHealth Online lets you see board-certified doctors and licensed therapists, psychologists, and psychiatrists through live, two-way	Any costs you pay for Medicare Non-covered Services will not count toward your maximum

Covered Service	What you pay
video on your smartphone, tablet, or computer. It's easy to get started! You can sign up at livehealthonline.com or download the free LiveHealth Online mobile app and register. Make sure you have your health plan ID card ready – you'll need it to answer some questions. **Sign up for Free:** • You must enter your health insurance information during enrollment, so have your ID card ready when you sign up. Benefits of a video doctor visit: • The visit is just like seeing your regular doctor face-to-face, but just by web camera. • It's a great option for medical care when your doctor can't see you. Board-certified doctors can help 24/7 for most types of care and common conditions like the flu, colds, pink eye and more. • The doctor can send prescriptions to the pharmacy of your choice, if needed[1]. • If you're feeling stressed, worried, or having a tough time, you can make an appointment to talk to a licensed therapist or psychologist from your home or on the road. In most cases, you can make an appointment and talk with a therapist[2] or make an appointment and talk with a psychiatrist[3] from the privacy of your home. Video doctor visits are intended to complement face-to-face visits with a board-certified physician and are available for most types of care. LiveHealth Online is offered through an arrangement with Amwell, a separate company, providing telehealth services on behalf of your health plan. [1]Prescription is prescribed based on physician recommendations and state regulations (rules). [2]Appointments are typically scheduled within seven days but may	out-of-pocket amount. **$0.00** copay for video doctor visits using LiveHealth Online.

Covered Service	What you pay
vary based on therapist/psychologist availability. Video psychologists or therapists cannot prescribe medications. [3]Appointments are typically scheduled within 28 days but may vary based on psychiatrist availability. Video psychiatrists cannot prescribe controlled substances.	
Vision care - Medicare-covered Covered services include: • Outpatient physician services for the diagnosis and treatment of diseases and injuries of the eye, including treatment for age-related macular degeneration. Original Medicare doesn't cover routine eye exams (eye refractions) for eyeglasses/contacts. • For people who are at high risk for glaucoma, we cover one glaucoma screening each year. People at high risk of glaucoma include: people with a family history of glaucoma, people with diabetes, African-Americans who are age 50 and older and Hispanic Americans who are 65 or older. • For people with diabetes, screening for diabetic retinopathy is covered once per year. • One pair of eyeglasses or contact lenses after each cataract surgery that includes insertion of an intraocular lens. If you have 2 separate cataract operations, you can't reserve the benefit after the first surgery and purchase 2 eyeglasses after the second surgery.	**In-network:** For in-network Medicare-covered vision care, you must use a provider in the Anthem Veteran (PPO) specialty medical network. You can find them in the Provider Directory. To learn more, call the Customer Service number on the back cover of this document. **$0.00** copay for the glaucoma screening for people who are at high risk of glaucoma. **$0.00** copay for Medicare-covered diabetic retinopathy and remote imaging for detection of retinal disease (e.g. retinopathy in a patient with diabetes). **$45.00** copay for each Medicare-covered exam to treat an eye condition and comprehensive ophthalmological exam and evaluation of a patient for retinal disease. After you have covered cataract

Covered Service	What you pay
	surgery, **$0.00** copay for one pair of Medicare-covered eyeglasses or contact lenses. Eye exams and early detection are important as some problems do not have symptoms. It matters to find problems early. Your doctor will tell you what tests you need. Talk to your doctor to see if you qualify. Your medical vision benefit does not include a routine eye exam (refraction) for the purpose of prescribing glasses. If you have coverage under a supplemental benefit you will see that information in the section below. **Out-of-network:** **30%** coinsurance for the glaucoma screening for people who are at high risk of glaucoma. **30%** coinsurance for Medicare-covered diabetic retinopathy and remote imaging for detection of retinal disease (e.g. retinopathy in a patient with diabetes). **30%** coinsurance for each Medicare-covered exam to treat an eye condition and comprehensive ophthalmological exam and evaluation of a patient for

Covered Service	What you pay
	retinal disease. **$0.00** copay for one pair of Medicare-covered eye glasses or contact lenses after cataract surgery.
Vision care - Supplemental The plan provides additional vision coverage not covered by Original Medicare. This plan covers 1 routine eye exam(s) every year. **$69** maximum eye exam coverage amount. This plan covers up to **$200** for eyeglasses or contact lenses every year.	Please see Optional Supplemental Benefits in Chapter 4 Section 2.1 for more options. Any costs you pay for Medicare Non-covered Services will not count toward your maximum out-of-pocket amount. You may have to pay more if you use an out-of-network provider. **In- and out-of-network:** **$0.00** copay for one routine eye exam every plan year. This plan covers up to **$69** for an eye exam each year. Refractions are covered as part of a routine eye exam and are not covered if billed separately. **$0.00** copay for eyewear up to the allowance amount every plan year. The amount the plan covers for eyewear is deducted from the total charged amount billed to insurance. After plan paid benefits for eyewear are

Covered Service	What you pay
	applied, you are responsible for any remaining costs including non-covered services. Benefits available under this plan cannot be combined with any other in-store discounts. If you use an out-of-network provider, you may be required to pay in full at the time of service and submit a request for reimbursement. To submit a request form for reimbursement, you will need to provide proof of payment and an itemized receipt.
Visitor/Traveler The visitor/traveler program provides access to in-network level of benefits for plan covered services when you are traveling outside our service area for up to 12 months. Network and Service Area restrictions apply.	See Section 2.3 of this chapter for more detail.
Welcome to Medicare preventive visit Our plan covers the one-time *Welcome to Medicare* preventive visit. The visit includes a review of your health, as well as education and counseling about preventive services you need (including certain screenings and shots, (or vaccines)), and referrals for other care if needed. **Important:** We cover the *Welcome to Medicare* preventive visit only within the first 12 months you have Medicare Part B. When you make your appointment, let your doctor's office know you want to schedule your *Welcome to Medicare* preventive visit.	**In-network:** There is no coinsurance, copayment, or deductible for the *Welcome to Medicare* preventive visit. **Out-of-network:** **30%** coinsurance for the *Welcome to Medicare* preventive visit. **30%** coinsurance for the EKG

Covered Service	What you pay
	following the *Welcome to Medicare* preventive visit.

* Your Member Liability Calculation — the cost of the service, on which your member liability copayment/coinsurance is based, will be either:

The Medicare allowable amount for covered services.

or

The amount either we negotiate with the provider or the local Blue Medicare Advantage plan negotiates with its provider on behalf of our members, if applicable. The amount negotiated may be either higher than, lower than or equal to the Medicare allowable amount.

Dental services – Supplemental limitations and exclusions

Our plan partners with Liberty Dental to provide your dental benefits.

Please note: Crown services, retainer crowns, and pontics require clinical review for prior authorization before treatment is performed to determine if they are appropriate and meet industry standards, clinical criteria, and guidelines. Treatment requests which are not medically necessary or do not meet clinical criteria and guidelines will not be covered. If prior authorization is denied, the service will not be covered and you will be responsible for all associated costs.

To locate a network provider or for questions related to Liberty Dental Plan's clinical guidelines, you may call Liberty Dental Member Services at 1-888-700-0992 or search the Liberty Dental website at https://client.libertydentalplan.com/anthem/Index. It is recommended you work with your in-network dentist to check benefit coverage prior to obtaining dental services. Services performed by an out-of-network provider are only covered if listed in the Dental services – Supplemental section of the Chapter 4 Medical Benefits Chart.

Coverage is limited to the services listed in the Dental services – Supplemental section of the Chapter 4 Medical Benefits Chart with the following additional limitations and exclusions:

Crown Services -

1. Requires prior authorization through Liberty Dental.
2. Requests for crowns require the tooth/teeth to have a good long-term restorative, endodontic, and periodontal (at least 50% bone support) prognosis for approval.
3. Requests for crowns on teeth without root canal treatment must show evidence of decay, fracture, failing restoration, etc., undermining more than 50% of the tooth to be considered for coverage.
4. Replacement of existing crowns which, in the opinion of Liberty Dental staff dentist or dental director is satisfactory or can be made to a satisfactory condition, is not covered.

5. Cosmetic or experimental dental services and/or procedures not generally performed in a general dentist's office are not covered.
6. Crowns for the purposes of esthetics, or as a result of normal wear & attrition, recession, abfraction and/or abrasion are not covered.
7. Core Buildup, including any pins when required (CDT Code D2950), must show evidence that the tooth requires additional structure critical to support and retain a crown or bridge. Otherwise, the service will be considered included as part of the crown restoration.
8. Providers must submit all necessary documents to prove the services meet plan criteria and are medically necessary. This includes full mouth X-rays and treatment plan. Missing documents will lead to a denial of services. Services lacking enough documentation to show necessity, according to Liberty Dental's criteria, will be denied.

Bridges (Retainer Crowns and Pontics) -

1. Bridges (retainers crowns and pontics) require prior authorization through Liberty Dental.
2. Requests for bridges require a missing tooth in the arch with at least one strong tooth on each side and enough space for a replacement tooth.
3. Requests for bridges require the supporting teeth to have a good long-term restorative, endodontic, and periodontal (at least 50% bone support) prognosis for approval.
4. Requests for a "cantilevered pontic" or only one supporting tooth next to a missing tooth will not be covered for the replacement of a missing back tooth.
5. Requests for bridges must be between teeth that are alike. Bridges with a fake tooth, such as an implant, on one side and a natural tooth on the other side will not be covered.
6. Replacement of an existing bridge which, in the opinion of Liberty Dental staff dentist or dental director, is satisfactory or that can be made satisfactory is not covered.
7. Cosmetic or experimental dental services and/or procedures not generally performed in a general dentist's office are not covered.
8. Core Buildup, including any pins when required (CDT Code D2950), must show evidence that the tooth requires additional structure critical to support and retain a crown or bridge. Otherwise, the service will be considered included as part of the crown restoration.
9. Providers must submit all necessary documents to prove the services meet plan criteria and are medically necessary. This includes full mouth X-rays and treatment plan. Missing documents will lead to a denial of services. Services lacking enough documentation to show necessity, according to Liberty Dental's criteria, will be denied.

Other Limitations and Exclusions:

- Providers must submit all necessary documents to prove the service meets the plan's criteria and is medically necessary. This includes full mouth X-rays and a treatment plan. Missing documents will lead to a denial of service. Services lacking enough documentation to show necessity, according to Liberty Dental's criteria, will be denied.

- Any procedure not specifically listed as a covered benefit in the Dental services – Supplemental section of the Chapter 4 Medical Benefits Chart is not covered.
- Services related to a denied service will also be denied.
- Any treatment covered under an individual or group medical plan, auto insurance, no fault auto insurance or uninsured motorist policy, to the extent permitted by federal or state statute, is not covered.
- Treatment is not covered if it's due to civil insurrection, military service, acts of war, or nuclear incidents.
- Services for injuries and/or conditions which are paid or payable under Worker's Compensation or Employer Liability Laws, and treatment provided without cost to you by any municipality, county, or other political subdivision is not covered.
- Fees for missed appointments, preparing or copying dental reports, duplicate X-rays, itemized bills, or claim forms are not covered.

Liberty Dental's criteria utilized for medical necessity determination were developed from information collected from American Dental Association's Code Manuals, clinical articles, and guidelines, as well as dental schools, practicing dentists, insurance companies, other dental related organizations, and local state or health plan requirements.

Dental procedure codes and descriptions provided are based on CDT codes guidelines and intended for informational purposes only. These codes can change annually according to the updates released by the American Dental Association's Current Dental Terminology (CDT). These updates may introduce new codes, alter existing ones, or eliminate others. We recommend that you confirm the relevant procedure codes with our contracted dental vendor and dental provider before undergoing treatment to ensure they have the latest and most accurate information. The organization assumes no liability for claims denied due to the use of outdated or incorrect codes.

Code Set				
Codes	**Description**	**Prior Authorization Required?**	**Frequency Limitation**	**Service Category**
Diagnostic and Preventive Dental Services				
D0120	Periodic oral evaluation	No	2 of (D0120-D0180) every calendar year	Oral Exam
D0140	Limited oral evaluation	No	2 of (D0120-D0180) every calendar year	Oral Exam

Code Set				
Codes	**Description**	**Prior Authorization Required?**	**Frequency Limitation**	**Service Category**
D0150	Comprehensive oral evaluation	No	2 of (D0120-D0180) every calendar year	Oral Exam
D0160	Oral evaluation, problem focused	No	2 of (D0120-D0180) every calendar year	Oral Exam
D0170	Re-evaluation, limited, problem focused (established patient; not post-operative visit)	No	2 of (D0120-D0180) every calendar year	Oral Exam
D0171	Re-evaluation, post operative office visit	No	2 of (D0120-D0180) every calendar year	Oral Exam
D0180	Comprehensive periodontal evaluation	No	2 of (D0120-D0180) every calendar year	Oral Exam
D0210	Intraoral, comprehensive series of radiographic images	No	1 of (D0210, D0330, D0709) every 3 calendar years	Dental X-Rays
D0220	Intraoral, periapical, first radiographic image	No		Dental X-Rays
D0230	Intraoral, periapical, each add 'l radiographic image	No		Dental X-Rays
D0270	Bitewing, single radiographic image	No	2 of (D0270-D0274, D0708) every calendar year	Dental X-Rays
D0272	Bitewings, two radiographic images	No	2 of (D0270-D0274, D0708) every calendar year	Dental X-Rays

Code Set				
Codes	**Description**	**Prior Authorization Required?**	**Frequency Limitation**	**Service Category**
D0273	Bitewings, three radiographic images	No	2 of (D0270-D0274, D0708) every calendar year	Dental X-Rays
D0274	Bitewings, four radiographic images	No	2 of (D0270-D0274, D0708) every calendar year	Dental X-Rays
D0277	Vertical bitewings, 7 to 8 radiographic images	No	1 (D0277) every 3 calendar years	Dental X-Rays
D0330	Panoramic radiographic image	No	1 of (D0210, D0330, D0709) every 3 calendar years	Dental X-Rays
D0364	Cone beam CT capture & interpretation, limited view, less than one whole jaw	No		Other Diagnostic Services
D0365	Cone beam CT capture & interpretation, view of one full arch, mandible	No		Other Diagnostic Services
D0366	Cone beam CT capture & interpretation, view of one full arch, maxilla, cranium	No		Other Diagnostic Services
D0367	Cone beam CT capture & interpretation, view of both jaws; cranium	No		Other Diagnostic Services
D0368	Cone beam CT capture and interpretation for TMJ series including two or more exposures	No		Other Diagnostic Services

Code Set				
Codes	**Description**	**Prior Authorization Required?**	**Frequency Limitation**	**Service Category**
D0380	Cone beam CT image capture with limited field of view, less than one whole jaw	No		Other Diagnostic Services
D0381	Cone beam CT image capture with field of view of one full dental arch, mandible	No		Other Diagnostic Services
D0382	Cone beam CT image capture with field of view of one full dental arch, maxilla	No		Other Diagnostic Services
D0383	Cone beam CT image capture with field of view of both jaws	No		Other Diagnostic Services
D0384	Cone beam CT image capture for TMJ series including two or more exposures	No		Other Diagnostic Services
D0460	Pulp vitality tests	No		Other Diagnostic Services
D0707	Intraoral, periapical radiographic image, image capture only	No		Other Diagnostic Services
D0708	Intraoral, bitewing radiographic image, image capture only	No	2 of (D0270-D0274, D0708) every calendar year	Other Diagnostic Services
D0709	Intraoral, comprehensive series of radiographic images, image capture only	No	1 of (D0210, D0330, D0709) every 3 calendar years	Other Diagnostic Services

Code Set				
Codes	**Description**	**Prior Authorization Required?**	**Frequency Limitation**	**Service Category**
D1110	Prophylaxis, adult	No	2 of (D1110, D4346, D4910) every calendar year	Prophylaxis (Cleaning)
D1206	Topical application of fluoride varnish	No	2 of (D1206, D1208) every calendar year	Fluoride Treatment
D1208	Topical application of fluoride, excluding varnish	No	2 of (D1206, D1208) every calendar year	Fluoride Treatment
D1354	Application of caries arresting medicament, per tooth	No		Other Preventive Dental Services
D1355	Caries preventive medicament application, per tooth	No		Other Preventive Dental Services
Restorative Dental Services				
D2140	Amalgam, one surface, primary or permanent	No	1 of (D2140-D2394) per surface, per tooth every 2 calendar years	Restorative Services
D2150	Amalgam, two surfaces, primary or permanent	No	1 of (D2140-D2394) per surface, per tooth every 2 calendar years	Restorative Services
D2160	Amalgam, three surfaces, primary or permanent	No	1 of (D2140-D2394) per surface, per tooth every 2 calendar years	Restorative Services
D2161	Amalgam, four or more surfaces, primary or permanent	No	1 of (D2140-D2394) per surface, per tooth every 2 calendar years	Restorative Services

Code Set				
Codes	**Description**	**Prior Authorization Required?**	**Frequency Limitation**	**Service Category**
D2330	Resin-based composite, one surface, anterior	No	1 of (D2140-D2394) per surface, per tooth every 2 calendar years	Restorative Services
D2331	Resin-based composite, two surfaces, anterior	No	1 of (D2140-D2394) per surface, per tooth every 2 calendar years	Restorative Services
D2332	Resin-based composite, three surfaces, anterior	No	1 of (D2140-D2394) per surface, per tooth every 2 calendar years	Restorative Services
D2335	Resin-based composite, four or more surfaces, involving incisal angle	No	1 of (D2140-D2394) per surface, per tooth every 2 calendar years	Restorative Services
D2390	Resin-based composite crown, anterior	No	1 (D2390) per tooth every 2 calendar years	Restorative Services
D2391	Resin-based composite, one surface, posterior	No	1 of (D2140-D2394) per surface, per tooth every 2 calendar years	Restorative Services
D2392	Resin-based composite, two surfaces, posterior	No	1 of (D2140-D2394) per surface, per tooth every 2 calendar years	Restorative Services
D2393	Resin-based composite, three surfaces, posterior	No	1 of (D2140-D2394) per surface, per tooth every 2 calendar years	Restorative Services
D2394	Resin-based composite, four or more surfaces, posterior	No	1 of (D2140-D2394) per surface, per tooth every 2 calendar years	Restorative Services

Code Set				
Codes	**Description**	**Prior Authorization Required?**	**Frequency Limitation**	**Service Category**
D2542	Onlay, metallic, two surfaces	No	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Restorative Services
D2543	Onlay, metallic, three surfaces	No	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Restorative Services
D2544	Onlay, metallic, four or more surfaces	No	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Restorative Services
D2620	Inlay, porcelain/ceramic, two surfaces	No	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Restorative Services
D2630	Inlay, porcelain/ceramic, three or more surfaces	No	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Restorative Services
D2642	Onlay, porcelain/ceramic, two surfaces	No	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Restorative Services
D2643	Onlay, porcelain/ceramic, three surfaces	No	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Restorative Services
D2644	Onlay, porcelain/ceramic, four or more surfaces	No	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Restorative Services
D2651	Inlay, resin-based composite, two surfaces	No	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Restorative Services

Code Set				
Codes	**Description**	**Prior Authorization Required?**	**Frequency Limitation**	**Service Category**
D2652	Inlay, resin-based composite, three or more surfaces	No	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Restorative Services
D2662	Onlay, resin-based composite, two surfaces	No	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Restorative Services
D2663	Onlay, resin-based composite, three surfaces	No	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Restorative Services
D2664	Onlay, resin-based composite, four or more surfaces	No	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Restorative Services
D2710	Crown, resin-based composite (indirect)	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Restorative Services
D2712	Crown, ¾ resin-based composite (indirect)	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Restorative Services
D2720	Crown, resin with high noble metal	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Restorative Services
D2721	Crown, resin with predominantly base metal	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Restorative Services
D2722	Crown, resin with noble metal	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Restorative Services

Code Set				
Codes	**Description**	**Prior Authorization Required?**	**Frequency Limitation**	**Service Category**
D2740	Crown, porcelain/ceramic	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Restorative Services
D2750	Crown, porcelain fused to high noble metal	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Restorative Services
D2751	Crown, porcelain fused to predominantly base metal	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Restorative Services
D2752	Crown, porcelain fused to noble metal	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Restorative Services
D2753	Crown, porcelain fused to titanium and titanium alloys	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Restorative Services
D2780	Crown, ¾ cast high noble metal	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Restorative Services
D2781	Crown, ¾ cast predominantly base metal	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Restorative Services
D2782	Crown, ¾ cast noble metal	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Restorative Services
D2783	Crown, ¾ porcelain/ceramic	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Restorative Services

Code Set				
Codes	**Description**	**Prior Authorization Required?**	**Frequency Limitation**	**Service Category**
D2790	Crown, full cast high noble metal	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Restorative Services
D2791	Crown, full cast predominantly base metal	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Restorative Services
D2792	Crown, full cast noble metal	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Restorative Services
D2794	Crown, titanium and titanium alloys	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Restorative Services
D2910	Re-cement or re-bond inlay, onlay, veneer, or partial coverage	No		Restorative Services
D2915	Re-cement or re-bond indirectly fabricated/prefabricated post & core	No		Restorative Services
D2920	Re-cement or re-bond crown	No		Restorative Services
D2921	Reattachment of tooth fragment, incisal edge or cusp	No		Restorative Services
D2928	Prefabricated porcelain/ceramic crown, permanent tooth	Yes		Restorative Services
D2950	Core buildup, including any pins when required	Yes	1 (D2950) per tooth every 5 calendar years	Restorative Services

Code Set				
Codes	**Description**	**Prior Authorization Required?**	**Frequency Limitation**	**Service Category**
D2951	Pin retention, per tooth, in addition to restoration	No	1 (D2951) per tooth every 5 calendar years	Restorative Services
D2952	Post and core in addition to crown, indirectly fabricated	Yes	1 of (D2952, D2954) per tooth every 5 calendar years	Restorative Services
D2953	Each additional indirectly fabricated post, same tooth	No	1 of (D2953, D2957) per tooth every 5 calendar years	Restorative Services
D2954	Prefabricated post and core in addition to crown	Yes	1 of (D2952, D2954) per tooth every 5 calendar years	Restorative Services
D2955	Post removal	No	1 (D2955) per tooth every 5 calendar years	Restorative Services
D2957	Each additional prefabricated post, same tooth	No	1 of (D2953, D2957) per tooth every 5 calendar years	Restorative Services
D2971	Additional procedure to customize new crown, existing partial denture frame	No		Restorative Services
D2980	Crown repair necessitated by restorative material failure	No		Restorative Services
D2981	Inlay repair necessitated by restorative material failure	No		Restorative Services

Code Set				
Codes	**Description**	**Prior Authorization Required?**	**Frequency Limitation**	**Service Category**
D2982	Onlay repair necessitated by restorative material failure	No		Restorative Services
D2983	Veneer repair necessitated by restorative material failure	No		Restorative Services
D2990	Resin infiltration of incipient smooth surface lesions	No		Restorative Services
Endodontic Dental Services				
D3110	Pulp cap, direct (excluding final restoration)	No	1 of (D3110, D3120) per tooth in a lifetime	Endodontics
D3120	Pulp cap, indirect (excluding final restoration)	No	1 of (D3110, D3120) per tooth in a lifetime	Endodontics
D3221	Pulpal debridement, primary and permanent teeth	No	1 (D3221) per tooth in a lifetime	Endodontics
D3230	Pulpal therapy, anterior, primary tooth (excluding final restoration)	No	1 of (D3230, D3240) per tooth in a lifetime	Endodontics
D3240	Pulpal therapy, posterior, primary tooth (excluding finale restoration)	No	1 of (D3230, D3240) per tooth in a lifetime	Endodontics
D3310	Endodontic therapy, anterior tooth (excluding final restoration)	No	1 of (D3310-D3330) per tooth in a lifetime	Endodontics

Code Set				
Codes	**Description**	**Prior Authorization Required?**	**Frequency Limitation**	**Service Category**
D3320	Endodontic therapy, premolar tooth (excluding final restoration)	No	1 of (D3310-D3330) per tooth in a lifetime	Endodontics
D3330	Endodontic therapy, molar tooth (excluding final restoration)	No	1 of (D3310-D3330) per tooth in a lifetime	Endodontics
D3331	Treatment of root canal obstruction; non-surgical access	No	1 (D3331) per tooth in a lifetime	Endodontics
D3332	Incomplete endodontic therapy; inoperable, unrestorable, fractured tooth	No	1 (D3332) per tooth in a lifetime	Endodontics
D3333	Internal root repair of perforation defects	No	1 (D3333) per tooth in a lifetime	Endodontics
D3346	Retreatment of previous root canal therapy, anterior	No	1 of (D3346-D3348) per tooth in a lifetime; not payable within 12 months if performed by same provider	Endodontics
D3347	Retreatment of previous root canal therapy, premolar	No	1 of (D3346-D3348) per tooth in a lifetime; not payable within 12 months if performed by same provider	Endodontics
D3348	Retreatment of previous root canal therapy, molar	No	1 of (D3346-D3348) per tooth in a lifetime; not payable within 12	Endodontics

Code Set				
Codes	**Description**	**Prior Authorization Required?**	**Frequency Limitation**	**Service Category**
			months if performed by same provider	
D3351	Apexification/ recalcification, initial visit	No	1 of (D3351) per tooth in a lifetime	Endodontics
D3352	Apexification/ recalcification, interim medication replacement	No	1 of (D3352) per tooth in a lifetime	Endodontics
D3353	Apexification/ recalcification, final visit	No	1 of (D3353) per tooth in a lifetime	Endodontics
D3410	Apicoectomy, anterior	No	1 of (D3410-D3425) per tooth in a lifetime	Endodontics
D3421	Apicoectomy, premolar (first root)	No	1 of (D3410-D3425) per tooth in a lifetime	Endodontics
D3425	Apicoectomy, molar (first root)	No	1 of (D3410-D3425) per tooth in a lifetime	Endodontics
D3426	Apicoectomy, (each additional root)	No	1 (D3426) per tooth in a lifetime	Endodontics
D3428	Bone graft in conjunction with periradicular surgery, per tooth, single site	No	1 of (D3428, D3429) per tooth in a lifetime	Endodontics
D3429	Bone graft in conjunction with periradicular surgery, each add'l tooth, same site	No	1 of (D3428, D3429) per tooth in a lifetime	Endodontics
D3430	Retrograde filling, per root	No	1 (D3430) per tooth in a lifetime	Endodontics

Code Set				
Codes	**Description**	**Prior Authorization Required?**	**Frequency Limitation**	**Service Category**
D3431	Biologic materials, soft osseous tissue regeneration with periradicular surgery	No	1 of (D3431, D3432) per site in a lifetime	Endodontics
D3432	Guided tissue regeneration, per site, with periradicular surgery	No	1 of (D3431, D3432) per site in a lifetime	Endodontics
D3450	Root amputation, per root	No	1 (D3450) per tooth in a lifetime	Endodontics
D3920	Hemisection, not including root canal therapy	No	1 (D3920) per tooth in a lifetime	Endodontics
Periodontics Dental Services				
D4210	Gingivectomy or gingivoplasty, four or more teeth per quadrant	No	1 of (D4210-D4212) per site/quad every 3 calendar years	Periodontics
D4211	Gingivectomy or gingivoplasty, one to three teeth per quadrant	No	1 of (D4210-D4212) per site/quad every 3 calendar years	Periodontics
D4212	Gingivectomy or gingivoplasty, restorative procedure, per tooth	No	1 of (D4210-D4212) per site/quad every 3 calendar years	Periodontics
D4230	Anatomical crown exposure, four or more contiguous teeth per quadrant	No	1 of (D4230, D4231) per site/quad every 3 calendar years	Periodontics

Code Set				
Codes	**Description**	**Prior Authorization Required?**	**Frequency Limitation**	**Service Category**
D4231	Anatomical crown exposure, one to three teeth per quadrant	No	1 of (D4230, D4231) per site/quad every 3 calendar years	Periodontics
D4240	Gingival flap procedure, four or more teeth per quadrant	No	1 of (D4240-D4245) per site/quad every 3 calendar years	Periodontics
D4241	Gingival flap procedure, one to three teeth per quadrant	No	1 of (D4240-D4245) per site/quad every 3 calendar years	Periodontics
D4245	Apically positioned flap	No	1 of (D4240-D4245) per site/quad every 3 calendar years	Periodontics
D4249	Clinical crown lengthening, hard tissue	No	1 (D4249) per tooth in a lifetime	Periodontics
D4260	Osseous surgery, four or more teeth per quadrant	No	1 of (D4260, D4261) per site/quad every 5 calendar years	Periodontics
D4261	Osseous surgery, one to three teeth per quadrant	No	1 of (D4260, D4261) per site/quad every 5 calendar years	Periodontics
D4263	Bone replacement graft, retained natural tooth, first site, quadrant	No	1 of (D4263, D4264) per site/quad in a lifetime	Periodontics
D4264	Bone replacement graft, retained natural tooth, each additional site	No	1 of (D4263, D4264) per site/quad in a lifetime	Periodontics

Code Set				
Codes	**Description**	**Prior Authorization Required?**	**Frequency Limitation**	**Service Category**
D4266	Guided tissue regeneration, natural teeth, resorbable barrier, per site	No	1 of (D4266, D4267) per site/quad every 5 calendar years	Periodontics
D4267	Guided tissue regeneration, natural teeth, non-resorbable barrier, per site	No	1 of (D4266, D4267) per site/quad every 5 calendar years	Periodontics
D4268	Surgical revision procedure, per tooth	No	1 (D4268) per tooth every 3 calendar years	Periodontics
D4270	Pedicle soft tissue graft procedure	No	1 of (D4270-D4285) per site/quad every 3 calendar years	Periodontics
D4273	Autogenous connective tissue graft procedure, first tooth	No	1 of (D4270-D4285) per site/quad every 3 calendar years	Periodontics
D4274	Mesial/distal wedge procedure, single tooth	No	1 of (D4270-D4285) per site/quad every 3 calendar years	Periodontics
D4275	Non-autogenous connective tissue graft, first tooth	No	1 of (D4270-D4285) per site/quad every 3 calendar years	Periodontics
D4276	Combined connective tissue and pedicle graft	No	1 of (D4270-D4285) per site/quad every 3 calendar years	Periodontics
D4277	Free soft tissue graft, first tooth	No	1 of (D4270-D4285) per site/quad every 3 calendar years	Periodontics

Code Set				
Codes	**Description**	**Prior Authorization Required?**	**Frequency Limitation**	**Service Category**
D4278	Free soft tissue graft, each additional tooth	No	1 of (D4270-D4285) per site/quad every 3 calendar years	Periodontics
D4283	Autogenous connective tissue graft procedure, each additional tooth, per site	No	1 of (D4270-D4285) per site/quad every 3 calendar years	Periodontics
D4285	Non-autogenous connective tissue graft procedure, each additional tooth, per site	No	1 of (D4270-D4285) per site/quad every 3 calendar years	Periodontics
D4322	Splint intra-coronal; natural teeth or prosthetic crowns	No	1 of (D4322, D4323) per arch every 3 calendar years	Periodontics
D4323	Splint extra-coronal; natural teeth or prosthetic crowns	No	1 of (D4322, D4323) per arch every 3 calendar years	Periodontics
D4341	Periodontal scaling and root planing, four or more teeth per quadrant	No	1 of (D4341, D4342) per site/quad every 2 calendar years	Periodontics
D4342	Periodontal scaling and root planing, one to three teeth per quadrant	No	1 of (D4341, D4342) per site/quad every 2 calendar years	Periodontics
D4346	Scaling in presence of moderate or severe inflammation, full mouth after evaluation	No	2 of (D1110, D4346, D4910) every calendar year	Periodontics
D4355	Full mouth debridement to enable comprehensive periodontal evaluation	No	1 (D4355) every 2 calendar years	Periodontics

Code Set				
Codes	**Description**	**Prior Authorization Required?**	**Frequency Limitation**	**Service Category**
	and diagnosis, subsequent visit			
D4910	Periodontal maintenance	No	2 of (D1110, D4346, D4910) every calendar year	Periodontics
Prosthodontics, Removable				
D5110	Complete denture, maxillary	No	1 of (D5110-D5228, D5863-D5866) per arch every 5 calendar years	Prosthodontics, removable
D5120	Complete denture, mandibular	No	1 of (D5110-D5228, D5863-D5866) per arch every 5 calendar years	Prosthodontics, removable
D5130	Immediate denture, maxillary	No	1 of (D5110-D5228, D5863-D5866) per arch every 5 calendar years	Prosthodontics, removable
D5140	Immediate denture, mandibular	No	1 of (D5110-D5228, D5863-D5866) per arch every 5 calendar years	Prosthodontics, removable
D5211	Maxillary partial denture, resin base	No	1 of (D5110-D5228, D5863-D5866) per arch every 5 calendar years	Prosthodontics, removable
D5212	Mandibular partial denture, resin base	No	1 of (D5110-D5228, D5863-D5866) per arch every 5 calendar years	Prosthodontics, removable
D5213	Maxillary partial denture, cast metal framework with resin denture bases (including	No	1 of (D5110-D5228, D5863-D5866) per arch every 5 calendar years	Prosthodontics, removable

Code Set				
Codes	**Description**	**Prior Authorization Required?**	**Frequency Limitation**	**Service Category**
	retentive/clasping materials, rests and teeth)			
D5214	Mandibular partial denture, cast metal framework with resin denture bases (including retentive/clasping materials, rests and teeth)	No	1 of (D5110-D5228, D5863-D5866) per arch every 5 calendar years	Prosthodontics, removable
D5221	Immediate maxillary partial denture - resin base (including retentive/clasping materials, rests and teeth)	No	1 of (D5110-D5228, D5863-D5866) per arch every 5 calendar years	Prosthodontics, removable
D5222	Immediate mandibular partial denture - resin base (including retentive/clasping materials, rests and teeth)	No	1 of (D5110-D5228, D5863-D5866) per arch every 5 calendar years	Prosthodontics, removable
D5223	Immediate maxillary partial denture - cast metal framework with resin denture bases (including retentive/clasping materials, rests and teeth)	No	1 of (D5110-D5228, D5863-D5866) per arch every 5 calendar years	Prosthodontics, removable
D5224	Immediate mandibular partial denture - cast metal framework with resin denture bases (including	No	1 of (D5110-D5228, D5863-D5866) per arch every 5 calendar years	Prosthodontics, removable

Code Set				
Codes	**Description**	**Prior Authorization Required?**	**Frequency Limitation**	**Service Category**
	retentive/clasping materials, rests and teeth)			
D5225	Maxillary partial denture, flexible base	No	1 of (D5110-D5228, D5863-D5866) per arch every 5 calendar years	Prosthodontics, removable
D5226	Mandibular partial denture, flexible base	No	1 of (D5110-D5228, D5863-D5866) per arch every 5 calendar years	Prosthodontics, removable
D5227	Immediate maxillary partial denture - flexible base (including any clasps, rests and teeth)	No	1 of (D5110-D5228, D5863-D5866) per arch every 5 calendar years	Prosthodontics, removable
D5228	Immediate mandibular partial denture - flexible base (including any clasps, rests and teeth)	No	1 of (D5110-D5228, D5863-D5866) per arch every 5 calendar years	Prosthodontics, removable
D5410	Adjust complete denture, maxillary	No	1 of (D5410-D5422) per arch every calendar year; not payable within 6 months of initial placement by the same provider	Prosthodontics, removable
D5411	Adjust complete denture, mandibular	No	1 of (D5410-D5422) per arch every calendar year; not payable within 6 months of initial placement by the same provider	Prosthodontics, removable

Code Set				
Codes	**Description**	**Prior Authorization Required?**	**Frequency Limitation**	**Service Category**
D5421	Adjust partial denture, maxillary	No	1 of (D5410-D5422) per arch every calendar year; not payable within 6 months of initial placement by the same provider	Prosthodontics, removable
D5422	Adjust partial denture, mandibular	No	1 of (D5410-D5422) per arch every calendar year; not payable within 6 months of initial placement by the same provider	Prosthodontics, removable
D5511	Repair broken complete denture base, mandibular	No	1 of (D5511, D5512) per arch every calendar year; not payable within 6 months of initial placement by the same provider	Prosthodontics, removable
D5512	Repair broken complete denture base, maxillary	No	1 of (D5511, D5512) per arch every calendar year; not payable within 6 months of initial placement by the same provider	Prosthodontics, removable
D5520	Replace missing or broken teeth, complete denture	No	1 (D5520) per arch every calendar year; not payable within 6 months of initial placement by the same provider	Prosthodontics, removable

Code Set				
Codes	**Description**	**Prior Authorization Required?**	**Frequency Limitation**	**Service Category**
D5611	Repair resin partial denture base, mandibular	No	1 of (D5611-D5622) per arch every calendar year; not payable within 6 months of initial placement by the same provider	Prosthodontics, removable
D5612	Repair resin partial denture base, maxillary	No	1 of (D5611-D5622) per arch every calendar year; not payable within 6 months of initial placement by the same provider	Prosthodontics, removable
D5621	Repair cast partial framework, mandibular	No	1 of (D5611-D5622) per arch every calendar year; not payable within 6 months of initial placement by the same provider	Prosthodontics, removable
D5622	Repair cast partial framework, maxillary	No	1 of (D5611-D5622) per arch every calendar year; not payable within 6 months of initial placement by the same provider	Prosthodontics, removable
D5630	Repair or replace broken clasp, per tooth	No	1 (D5630) per tooth every calendar year; not payable within 6 months of initial placement by the same provider	Prosthodontics, removable
D5640	Replace broken teeth, per tooth	No	1 (D5640) per tooth every calendar year; not	Prosthodontics, removable

Code Set				
Codes	**Description**	**Prior Authorization Required?**	**Frequency Limitation**	**Service Category**
			payable within 6 months of initial placement by the same provider	
D5650	Add tooth to existing partial denture	No	1 (D5650) per tooth every calendar year; not payable within 6 months of initial placement by the same provider	Prosthodontics, removable
D5660	Add clasp to existing partial denture, per tooth	No	1 (D5660) per tooth every calendar year; not payable within 6 months of initial placement by the same provider	Prosthodontics, removable
D5670	Replace all teeth & acrylic on cast metal frame, maxillary	No	1 of (D5670, D5671) per arch every 2 calendar years; not payable within 6 months of initial placement by the same provider	Prosthodontics, removable
D5671	Replace all teeth & acrylic on cast metal frame, mandibular	No	1 of (D5670, D5671) per arch every 2 calendar years; not payable within 6 months of initial placement by the same provider	Prosthodontics, removable
D5710	Rebase complete maxillary denture	No	1 of (D5710-D5721 per arch every 2 calendar years; not payable within 6 months of initial placement by the same provider	Prosthodontics, removable

Code Set				
Codes	**Description**	**Prior Authorization Required?**	**Frequency Limitation**	**Service Category**
D5711	Rebase complete mandibular denture	No	1 of (D5710-D5721 per arch every 2 calendar years; not payable within 6 months of initial placement by the same provider	Prosthodontics, removable
D5720	Rebase maxillary partial denture	No	1 of (D5710-D5721 per arch every 2 calendar years; not payable within 6 months of initial placement by the same provider	Prosthodontics, removable
D5721	Rebase mandibular partial denture	No	1 of (D5710-D5721 per arch every 2 calendar years; not payable within 6 months of initial placement by the same provider	Prosthodontics, removable
D5725	Rebase hybrid prosthesis	No	1 of (D5725) per site every 2 calendar years; not payable within 6 months of initial placement by the same provider	Prosthodontics, removable
D5730	Reline complete maxillary denture, direct	No	1 of (D5730-D5761) per arch every 2 calendar years; not payable within 6 months of initial placement by the same provider	Prosthodontics, removable

Code Set				
Codes	**Description**	**Prior Authorization Required?**	**Frequency Limitation**	**Service Category**
D5731	Reline complete mandibular denture, direct	No	1 of (D5730-D5761) per arch every 2 calendar years; not payable within 6 months of initial placement by the same provider	Prosthodontics, removable
D5740	Reline maxillary partial denture, direct	No	1 of (D5730-D5761) per arch every 2 calendar years; not payable within 6 months of initial placement by the same provider	Prosthodontics, removable
D5741	Reline mandibular partial denture, direct	No	1 of (D5730-D5761) per arch every 2 calendar years; not payable within 6 months of initial placement by the same provider	Prosthodontics, removable
D5750	Reline complete maxillary denture, indirect	No	1 of (D5730-D5761) per arch every 2 calendar years; not payable within 6 months of initial placement by the same provider	Prosthodontics, removable
D5751	Reline complete mandibular denture, indirect	No	1 of (D5730-D5761) per arch every 2 calendar years; not payable within 6 months of initial placement by the same provider	Prosthodontics, removable

Code Set				
Codes	**Description**	**Prior Authorization Required?**	**Frequency Limitation**	**Service Category**
D5760	Reline maxillary partial denture, indirect	No	1 of (D5730-D5761) per arch every 2 calendar years; not payable within 6 months of initial placement by the same provider	Prosthodontics, removable
D5761	Reline mandibular partial denture, indirect	No	1 of (D5730-D5761) per arch every 2 calendar years; not payable within 6 months of initial placement by the same provider	Prosthodontics, removable
D5765	Soft liner for complete or partial removable denture indirect	No	1 (D5765) per arch every 2 calendar years; not payable within 6 months of initial placement by the same provider	Prosthodontics, removable
D5810	Interim complete denture, maxillary	No		Prosthodontics, removable
D5811	Interim complete denture, mandibular	No		Prosthodontics, removable
D5820	Interim partial denture, maxillary	No		Prosthodontics, removable
D5821	Interim partial denture, mandibular	No		Prosthodontics, removable
D5850	Tissue conditioning, maxillary	No	1 of (D5850, D5851) per arch every calendar year	Prosthodontics, removable
D5851	Tissue conditioning, mandibular	No	1 of (D5850, D5851) per arch every calendar year	Prosthodontics, removable

Code Set				
Codes	**Description**	**Prior Authorization Required?**	**Frequency Limitation**	**Service Category**
D5863	Overdenture, complete, maxillary	No	1 of (D5110-D5228, D5863-D5866) per arch every 5 calendar years	Prosthodontics, removable
D5864	Overdenture, partial, maxillary	No	1 of (D5110-D5228, D5863-D5866) per arch every 5 calendar years	Prosthodontics, removable
D5865	Overdenture, complete, mandibular	No	1 of (D5110-D5228, D5863-D5866) per arch every 5 calendar years	Prosthodontics, removable
D5866	Overdenture, partial, mandibular	No	1 of (D5110-D5228, D5863-D5866) per arch every 5 calendar years	Prosthodontics, removable
D5867	Replacement of part of semi-precision, precision attachment, per attachment	No		Prosthodontics, removable
D5899	Unspecified removable prosthodontic procedure, by report	No	1 of (D5867, D5899) per site every 5 calendar years	Prosthodontics, removable
Prosthodontics, Fixed Dental Services				
D6205	Pontic, indirect resin based composite	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed
D6210	Pontic, cast high noble metal	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed

Code Set				
Codes	**Description**	**Prior Authorization Required?**	**Frequency Limitation**	**Service Category**
D6211	Pontic, cast predominantly base metal	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed
D6212	Pontic, cast noble metal	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed
D6214	Pontic, titanium, and titanium alloys	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed
D6240	Pontic, porcelain fused to high noble metal	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed
D6241	Pontic, porcelain fused to predominantly base metal	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed
D6242	Pontic, porcelain fused to noble metal	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed
D6243	Pontic, porcelain fused to titanium and titanium alloys	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed
D6245	Pontic, porcelain/ceramic	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed
D6250	Pontic, resin with high noble metal	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed

Code Set				
Codes	**Description**	**Prior Authorization Required?**	**Frequency Limitation**	**Service Category**
D6251	Pontic, resin with predominantly base metal	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed
D6252	Pontic, resin with noble metal	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed
D6545	Retainer, cast metal for resin bonded fixed prosthesis	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed
D6548	Retainer, porcelain/ceramic, resin bonded fixed prosthesis	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed
D6549	Resin retainer, for resin bonded fixed prosthesis	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed
D6600	Retainer inlay, porcelain/ceramic, two surfaces	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed
D6601	Retainer inlay, porcelain/ceramic, three or more surfaces	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed
D6602	Retainer inlay, cast high noble metal, two surfaces	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed
D6603	Retainer inlay, cast high noble metal, three or more surfaces	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed

Code Set				
Codes	**Description**	**Prior Authorization Required?**	**Frequency Limitation**	**Service Category**
D6604	Retainer inlay, cast base metal, two surfaces	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed
D6605	Retainer inlay, cast base metal, three or more surfaces	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed
D6606	Retainer inlay, cast noble metal, two surfaces	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed
D6607	Retainer inlay, cast noble metal, three or more surfaces	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed
D6608	Retainer onlay, porcelain/ceramic, two surfaces	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed
D6609	Retainer onlay, porcelain/ceramic, three or more surfaces	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed
D6610	Retainer onlay, cast high noble metal, two surfaces	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed
D6611	Retainer onlay, cast high noble metal, three or more surfaces	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed
D6612	Retainer onlay, cast base metal, two surfaces	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed

Code Set				
Codes	**Description**	**Prior Authorization Required?**	**Frequency Limitation**	**Service Category**
D6613	Retainer onlay, cast base metal, three or more surfaces	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed
D6614	Retainer onlay, cast noble metal, two surfaces	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed
D6615	Retainer onlay, cast noble metal three or more surfaces	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed
D6710	Retainer crown, indirect resin based composite	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed
D6720	Retainer crown, resin with high noble metal	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed
D6721	Retainer crown, resin with predominantly base metal	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed
D6722	Retainer crown, resin with noble metal	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed
D6740	Retainer crown, porcelain/ceramic	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed
D6750	Retainer crown, porcelain fused to high noble metal	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed

Code Set				
Codes	**Description**	**Prior Authorization Required?**	**Frequency Limitation**	**Service Category**
D6751	Retainer crown, porcelain fused to predominantly base metal	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed
D6752	Retainer crown, porcelain fused to noble metal	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed
D6753	Retainer crown, porcelain fused to titanium and titanium alloys	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed
D6780	Retainer crown,¾ cast high noble metal	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed
D6781	Retainer crown, ¾ cast predominantly base metal	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed
D6782	Retainer crown, ¾ cast noble metal	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed
D6783	Retainer crown, ¾ porcelain/ceramic	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed
D6790	Retainer crown, full cast high noble metal	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed
D6791	Retainer crown, full cast predominantly base metal	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed

Code Set				
Codes	**Description**	**Prior Authorization Required?**	**Frequency Limitation**	**Service Category**
D6792	Retainer crown, full cast noble metal	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed
D6794	Retainer crown, titanium and titanium alloys	Yes	1 of (D2542-D2794, D6205-D6794) per tooth every 5 calendar years	Prosthodontics, fixed
D6930	Re-cement or re-bond fixed partial denture	No		Prosthodontics, fixed
D6980	Fixed partial denture repair, restorative material failure	No		Prosthodontics, fixed
Oral and Maxillofacial Surgery Dental Services				
D7111	Extraction, coronal remnants, primary tooth	No		Oral and Maxillofacial Surgery
D7140	Extraction, erupted tooth or exposed root	No		Oral and Maxillofacial Surgery
D7210	Extraction, erupted tooth requiring removal of bone and/or sectioning of tooth	No		Oral and Maxillofacial Surgery
D7220	Removal of impacted tooth, soft tissue	No		Oral and Maxillofacial Surgery
D7230	Removal of impacted tooth, partially bony	No		Oral and Maxillofacial Surgery

Code Set				
Codes	**Description**	**Prior Authorization Required?**	**Frequency Limitation**	**Service Category**
D7240	Removal of impacted tooth, completely bony	No		Oral and Maxillofacial Surgery
D7241	Removal impacted tooth, complete bony, complication	No		Oral and Maxillofacial Surgery
D7250	Removal of residual tooth roots (cutting procedure)	No		Oral and Maxillofacial Surgery
D7260	Oroantral fistula closure	No	1 (D7260) per site in a lifetime	Oral and Maxillofacial Surgery
D7261	Primary closure of a sinus perforation	No	1 (D7261) per site in a lifetime	Oral and Maxillofacial Surgery
D7270	Tooth reimplantation and/or stabilization, accident	No	1 (D7270) per tooth in a lifetime	Oral and Maxillofacial Surgery
D7280	Exposure of an unerupted tooth	No	1 (D7280) per tooth in a lifetime	Oral and Maxillofacial Surgery
D7285	Incisional biopsy of oral tissue, hard (bone, tooth)	No	1 (D7285) per site every 2 calendar years	Oral and Maxillofacial Surgery
D7286	Incisional biopsy of oral tissue, soft	No	1 (D7286) per site every 2 calendar years	Oral and Maxillofacial Surgery
D7288	Brush biopsy, transepithelial sample collection	No	1 (D7288) per site every 2 calendar years	Oral and Maxillofacial Surgery

Code Set				
Codes	**Description**	**Prior Authorization Required?**	**Frequency Limitation**	**Service Category**
D7310	Alveoloplasty with extractions, four or more teeth per quadrant	No	1 of (D7310-D7321) per site quad in a lifetime	Oral and Maxillofacial Surgery
D7311	Alveoloplasty with extractions, one to three teeth per quadrant	No	1 of (D7310-D7321) per site quad in a lifetime	Oral and Maxillofacial Surgery
D7320	Alveoloplasty, w/o extractions, four or more teeth per quadrant	No	1 of (D7310-D7321) per site quad in a lifetime	Oral and Maxillofacial Surgery
D7321	Alveoloplasty, w/o extractions, one to three teeth per quadrant	No	1 of (D7310-D7321) per site quad in a lifetime	Oral and Maxillofacial Surgery
D7340	Vestibuloplasty, ridge extension (2nd epithelialization)	No	1 (D7340) per site/quad in a lifetime	Oral and Maxillofacial Surgery
D7350	Vestibuloplasty, ridge extension	No	1 (D7350) per site/quad in a lifetime	Oral and Maxillofacial Surgery
D7410	Excision of benign lesion, up to 1.25 cm	No		Oral and Maxillofacial Surgery
D7411	Excision of benign lesion, greater than 1.25 cm	No		Oral and Maxillofacial Surgery
D7412	Excision of benign lesion, complicated	No		Oral and Maxillofacial Surgery
D7413	Excision of malignant lesion, up to 1.25 cm	No		Oral and Maxillofacial Surgery

Code Set				
Codes	**Description**	**Prior Authorization Required?**	**Frequency Limitation**	**Service Category**
D7414	Excision of malignant lesion, greater than 1.25 cm	No		Oral and Maxillofacial Surgery
D7415	Excision of malignant lesion, complicated	No		Oral and Maxillofacial Surgery
D7440	Excision of malignant tumor, up to 1.25 cm	No		Oral and Maxillofacial Surgery
D7441	Excision of malignant tumor, greater than 1.25 cm	No		Oral and Maxillofacial Surgery
D7450	Removal, benign odontogenic cyst/tumor, up to 1.25 cm	No		Oral and Maxillofacial Surgery
D7451	Removal, benign odontogenic cyst/tumor, greater than 1.25 cm	No		Oral and Maxillofacial Surgery
D7460	Removal, benign nonodontogenic cyst/tumor, up to 1.25 cm	No		Oral and Maxillofacial Surgery
D7461	Removal, benign nonodontogenic cyst/tumor, greater than 1.25 cm	No		Oral and Maxillofacial Surgery
D7465	Destruction of lesion(s) by physical or chemical method, by report	No		Oral and Maxillofacial Surgery

Code Set				
Codes	**Description**	**Prior Authorization Required?**	**Frequency Limitation**	**Service Category**
D7471	Removal of lateral exostosis, maxilla or mandible	No	1 (D7471) per arch in a lifetime	Oral and Maxillofacial Surgery
D7472	Removal of torus palatinus	No	1 (D7472) in a lifetime	Oral and Maxillofacial Surgery
D7473	Removal of torus mandibularis	No	1 (D7473) in a lifetime	Oral and Maxillofacial Surgery
D7485	Reduction of osseous tuberosity	No	1 (D7485) per site/quad in a lifetime	Oral and Maxillofacial Surgery
D7510	Incision & drainage of abscess, intraoral soft tissue	No		Oral and Maxillofacial Surgery
D7511	Incision & drainage of abscess, intraoral soft tissue, complicated	No		Oral and Maxillofacial Surgery
D7520	Incision & drainage of abscess, extraoral soft tissue	No		Oral and Maxillofacial Surgery
D7521	Incision & drainage of abscess, extraoral soft tissue, complicated	No		Oral and Maxillofacial Surgery
D7530	Remove foreign body, mucosa, skin, tissue	No		Oral and Maxillofacial Surgery
D7540	Removal of reaction producing foreign	No		Oral and Maxillofacial Surgery

Code Set				
Codes	**Description**	**Prior Authorization Required?**	**Frequency Limitation**	**Service Category**
	bodies, musculoskeletal system			
D7953	Bone replacement graft for ridge preservation, per site	No	1 (D7953) per site in a lifetime	Oral and Maxillofacial Surgery
D7961	Buccal / labial frenectomy (frenulectomy)	No	1 (D7961) per arch every 5 calendar years	Oral and Maxillofacial Surgery
D7962	Lingual frenectomy (frenulectomy)	No	1 (D7962) every 5 calendar years	Oral and Maxillofacial Surgery
D7963	Frenuloplasty	No	1 (D7963) every 5 calendar years	Oral and Maxillofacial Surgery
D7970	Excision of hyperplastic tissue, per arch	No	1 (D7970) per arch every 5 calendar years	Oral and Maxillofacial Surgery
D7971	Excision of pericoronal gingiva	No	1 (D7971) per tooth in a lifetime	Oral and Maxillofacial Surgery
D7972	Surgical reduction of fibrous tuberosity	No	1 (D7972) per quad in a lifetime	Oral and Maxillofacial Surgery
D7997	Appliance removal (not by dentist who placed appliance), includes removal of archbar	No	1 (D7997) every 5 calendar years	Oral and Maxillofacial Surgery
Adjunctive General Services				

Code Set				
Codes	**Description**	**Prior Authorization Required?**	**Frequency Limitation**	**Service Category**
D9110	Palliative (emergency) treatment, minor procedure	No	2 (D9110) every calendar year	Adjunctive General Services
D9120	Fixed partial denture sectioning	No		Adjunctive General Services
D9222	Deep sedation/general anesthesia, first 15 minute increment	No		Adjunctive General Services
D9223	Deep sedation/general anesthesia, each subsequent 15 minute increment	No		Adjunctive General Services
D9230	Inhalation of nitrous oxide/analgesia, anxiolysis	No		Adjunctive General Services
D9239	Intravenous moderate (conscious) sedation/analgesia, first 15 minute increment	No		Adjunctive General Services
D9243	Intravenous moderate (conscious) sedation/analgesia, each subsequent 15 minute increment	No		Adjunctive General Services
D9248	Non-intravenous (conscious) sedation, includes non-IV minimal and moderate sedation	No		Adjunctive General Services
D9310	Consultation, other than requesting dentist	No		Adjunctive General Services

Code Set				
Codes	**Description**	**Prior Authorization Required?**	**Frequency Limitation**	**Service Category**
D9410	House/extended care facility call	No		Adjunctive General Services
D9610	Therapeutic parenteral drug, single administration	No		Adjunctive General Services
D9910	Application of desensitizing medicament	No	1 (D9910) every calendar year	Adjunctive General Services
D9911	Application of desensitizing resin for cervical, root surface, per tooth	No	1 (D9911) per tooth every calendar year	Adjunctive General Services
D9930	Treatment of complications, post surgical, unusual, by report	No		Adjunctive General Services
D9942	Repair and/or reline of occlusal guard	No	1 (D9942) every calendar year	Adjunctive General Services
D9944	Occlusal guard, hard appliance, full arch	No	1 of (D9944-D9946) every 3 calendar years	Adjunctive General Services
D9945	Occlusal guard, soft appliance, full arch	No	1 of (D9944-D9946) every 3 calendar years	Adjunctive General Services
D9946	Occlusal guard, hard appliance, partial arch	No	1 of (D9944-D9946) every 3 calendar years	Adjunctive General Services
D9950	Occlusion analysis, mounted case	No		Adjunctive General Services
D9951	Occlusal adjustment, limited	No	1 of (D9951, D9952) every 2 calendar years	Adjunctive General Services

Code Set				
Codes	**Description**	**Prior Authorization Required?**	**Frequency Limitation**	**Service Category**
D9952	Occlusal adjustment, complete	No	1 of (D9951, D9952) every 2 calendar years	Adjunctive General Services
D9995	Teledentistry, synchronous; real-time encounter	No	2 of (D9995, D9996) every calendar year	Adjunctive General Services
D9996	Teledentistry, asynchronous; information stored and forwarded to dentist for subsequent review	No	2 of (D9995, D9996) every calendar year	Adjunctive General Services

Section 2.1 Extra optional supplemental benefits you can buy

Our plan offers some extra benefits that aren't covered by Original Medicare and not included in your benefits package. These extra benefits are called **Optional Supplemental Benefits.** If you want these optional supplemental benefits, you must sign up for them and you may have to pay an additional premium for them. The optional supplemental benefits described in this section are subject to the same appeals process as any other benefits.

You may elect to enroll in an optional supplemental benefit package during the Open Enrollment Period from October 15 through December 7. To enroll, call Customer Service, and ask for a *Short Enrollment Form*. Return the completed form to the address given on the form. You have the option of enrolling in these benefits up to 90 days after your effective date. Once you've enrolled, your optional supplemental benefits would become effective on the first of the following month.

You can pay your optional supplemental benefits monthly plan premium combined with your regular monthly plan premium or late-enrollment penalty, if you have one. The premium information provided in Chapter 1:, Section 4 also applies to your optional supplemental benefits monthly premium, with one exception. As Chapter 1:, Section 4 indicates, if you are enrolled in optional supplemental benefits and do not pay your premium within 60 days, you will be downgraded to the base plan and the optional supplemental benefits will be removed from your plan.

If you are disenrolled due to nonpayment of premiums, you will not be able to re-enroll in an optional supplemental benefits package until the next Open Enrollment Period.

If you decide you no longer want to be enrolled in an optional supplemental benefits package, send us a statement of your request. Please make sure to clarify that you do not want to disenroll from the Medicare Advantage plan, just the optional supplemental benefits portion. Your statement should include your name, Member ID and signature. Any premium overpayments will be applied to your regular monthly plan premium if you have one, or you can request to have the overpayment refunded to you. Once you have disenrolled from these benefits, you will not be able to re-enroll until the next Open Enrollment Period.

The process for seeing in-network and out-of-network providers for your optional supplemental benefits is the same as it is for your other included benefits. See Chapter 3, Section 2 for more information on how to see in-network and out-of-network providers.

<table>
<tr><th colspan="2">Optional Supplemental Benefits</th></tr>
<tr><td colspan="2">As a Supplemental Benefit, these services are not routinely covered under Original Medicare. They are offered for an additional premium through listed package options below.</td></tr>
<tr><td colspan="2">Optional supplemental benefit package 1 – Preventive Dental Package</td></tr>
<tr><td>Premium</td><td>$16.00 monthly premium</td></tr>
<tr><td>Services that are covered for you</td><td>What you must pay when you get these services</td></tr>
<tr><td colspan="2">The preventive dental package covers up to $500 for non-Medicare covered diagnostic and preventive dental benefits each year. Benefit not used at the end of the plan year will expire.</td></tr>
<tr><td>The covered dental services include the approved dental services, limitations and codes listed below:

Two oral exams (includes the following codes):
<table><tr><th>Codes</th><th>Description of Dental Service</th></tr><tr><td>D0120</td><td>Periodic oral evaluation – established patient</td></tr><tr><td>D0140</td><td>Limited oral evaluation – problem focused</td></tr><tr><td>D0150</td><td>Comprehensive oral evaluation – new or established patient</td></tr><tr><td>D0160</td><td>Extensive oral exam problem focused</td></tr></table></td><td>Any costs you pay for Medicare Non-covered Services will not count toward your maximum out-of-pocket amount.

In-network:
In-network dental services are covered. To be covered in-network, dental services must be performed by a provider that is contracted with our approved dental vendor to provide supplemental dental services.
When using an in-network provider, you pay:
• $0.00 copay for covered diagnostic and preventive dental services listed.
Out-of-network:
Out-of-network dental services are covered. Dental services performed by a provider that</td></tr>
</table>

D0170	Re-evaluation-limited problem focused
D0180	Comprehensive periodontal evaluation – new or established patient

Dental X-rays include one full-mouth or panoramic X-ray and one set/series of bitewing X-rays each year and up to seven periapical images (includes the following codes):

Codes	Description of Dental Service
D0210	Intraoral – complete series (including bitewings)
D0220	Intraoral - periapical first radiographic image
D0230	Intraoral - periapical each additional radiographic image
D0270	Bitewings – single film
D0272	Bitewings – two film
D0274	Bitewings – four film
D0277	Vertical bitewings-7 to 8 radiographic images
D0330	Panoramic film

Two cleanings (includes the following codes):

Codes	Description of Dental Service
D1110	Prophylaxis – adult

Two fluoride treatments (includes the following codes):

is not contracted with our approved dental vendor are considered out-of-network.

When using an out-of-network provider, you pay:

- 20% coinsurance for covered diagnostic and preventive dental services listed

As your portion of the covered charges.

If the out-of-network provider does not bill the plan directly, you will need to complete and submit a request form for reimbursement with proof of payment and an itemized receipt.

Talk to your provider and confirm all coverage, costs, and codes prior to services being performed. For more information or to find a provider, call the Dental Member Services number located on the back of your member ID card.

Other Exclusions & Limitations:

- Any dental services not listed are not covered under this package.
- Claims for covered benefits must be filed directly with the contracted providers and not the plan.
- Providers must submit documentation showing the service meets the plan's criteria and is necessary; this includes full-mouth X-rays and a treatment plan. Missing documentation results in denial.
- Treatments covered by other insurance policies or motorist policies are not covered.
- Treatments due to war, nuclear events, or military duties are not covered.

<table><tr><th>Codes</th><th>Description of Dental Service</th></tr><tr><td>D1208</td><td>Topical application of fluoride</td></tr></table>	• Services covered by Worker's Compensation or provided for free by government entities are not covered. • Fees for missed appointments, report preparation, X-ray duplication, or form completion are not covered.
Optional Supplemental Benefits	
As a Supplemental Benefit, these services are not routinely covered under Original Medicare. They are offered for an additional premium through listed package options below.	
Optional supplemental benefit package 2 – Dental and Vision Package	
Premium	**$25.00 monthly premium**
Services that are covered for you	**What you must pay** when you get these services
The dental and vision package covers up to $1,000 for non-Medicare covered diagnostic, preventive, and comprehensive dental services and $150 for vision eyewear each plan year. Benefits not used at the end of the plan year will expire.	
Dental Services **The covered dental services** include the approved dental services, limitations and codes listed below: **Two oral exams** (include the following codes): <table><tr><th>Codes</th><th>Description of Dental Service</th></tr><tr><td>D0120</td><td>Periodic oral evaluation – established patient</td></tr><tr><td>D0140</td><td>Limited oral evaluation – problem focused</td></tr><tr><td>D0150</td><td>Comprehensive oral evaluation – new or established patient</td></tr><tr><td>D0160</td><td>Extensive oral exam problem focused</td></tr></table>	Any costs you pay for Medicare Non-covered Services will not count toward your maximum out-of-pocket amount. **In-network:** In-network dental services are covered. To be covered in-network, dental services must be performed by a provider that is contracted with our approved dental vendor to provide supplemental dental services. When using an in-network provider, you pay: • $0.00 copay for covered diagnostic and preventive dental services listed. • 20% of basic restorative (fillings) services listed • 50% of endodontic, periodontics, and oral & maxillofacial surgery, and adjunctive general dental services listed

D0170	Re-evaluation-limited problem focused
D0180	Comprehensive periodontal evaluation – new or established patient

Dental X-rays include one full-mouth or panoramic X-ray and one set/series of bitewing X-rays each year and up to seven periapical images (include the following codes):

Codes	Description of Dental Service
D0210	Intraoral – complete series (including bitewings)
D0220	Intraoral - periapical first radiographic image
D0230	Intraoral - periapical each additional radiographic image
D0270	Bitewings – single film
D0272	Bitewings – two film
D0274	Bitewings – four film
D0277	Vertical bitewings-7 to 8 radiographic images
D0330	Panoramic film

Two cleanings (include the following codes):

Codes	Description of Dental Service
D1110	Prophylaxis – adult

Two fluoride treatments (include the following codes):

Codes	Description of Dental Service

As your portion of the covered charges.

Out-of-network:

Out-of-network dental services are covered. Dental services performed by a provider that is not contracted with our approved dental vendor are considered out-of-network.

When using an out-of-network provider, you pay:

- 30% of all preventive and diagnostic services listed
- 60% of basic restorative (fillings) services listed
- 75% of endodontic, periodontics, and oral & maxillofacial surgery, and adjunctive general dental services listed

As your portion of the covered charges.

If the out-of-network provider does not bill the plan directly, you will need to complete and submit a request form for reimbursement with proof of payment and an itemized receipt.

Talk to your provider and confirm all coverage, costs, and codes prior to services being performed. For more information or to find a provider, call the Dental Member Services number located on the back of your member ID card.

Other Exclusions & Limitations:

- Any dental services not listed are not covered under this package.
- Claims for covered benefits must be filed directly with the contracted providers and not the plan.
- Providers must submit documentation showing the service meets the plan's criteria and is necessary; this includes full-mouth

D1208	Topical application of fluoride

Basic Restorative dental services (fillings) include the following procedures:

Codes	Description of Dental Service
D2140	Amalgam – one surface, primary or permanent
D2150	Amalgam – two surfaces, primary or permanent
D2160	Amalgam – three surfaces, primary or permanent
D2161	Amalgam – four or more surfaces, primary or permanent
D2330	Resin-based composite – one surface, anterior
D2331	Resin-based composite – two surfaces, anterior
D2332	Resin-based composite – three surfaces, anterior
D2335	Resin-based composite – four or more surfaces or involving incisal angle (anterior)
D2391	Resin-based composite - one surface, posterior
D2392	Resin-based composite - two surfaces, posterior
D2393	Resin-based composite - three surfaces, posterior
D2394	Resin-based composite - four or more surfaces, posterior

X-rays and a treatment plan. Missing documentation results in denial.

- Treatments covered by other insurance policies or motorist policies are not covered.
- Treatments due to war, nuclear events, or military duties are not covered.
- Services covered by Worker's Compensation or provided for free by government entities are not covered.
- Fees for missed appointments, report preparation, X-ray duplication, or form completion are not covered.

Endodontic dental services (root canal) include the following procedures:

Codes	Description of Dental Service
D3110	Pulp cap – direct (excluding final restoration)
D3120	Pulp cap – indirect (excluding final restoration
D3221	Pulpal debridement, primary & permanent teeth
D3310	Root canal – anterior (excluding final restoration)
D3320	Root canal – bicuspid (excluding final restoration)
D3330	Root canal – molar (excluding final restoration)
D3346	Retreatment of previous root canal therapy – anterior
D3347	Retreatment of previous root canal therapy – bicuspid
D3348	Retreatment of previous root canal therapy – molar
D3351	Apexification/recalcification – initial visit (apical closure/calcific repair of perforations, root resorption, etc.)
D3352	Apexification/recalcification – interim medication replacement (apical closure/calcific repair of perforations, root resorption, etc.)
D3353	Apexification/recalcification – final visit (includes completed root canal therapy - apical closure/calcific repair of perforations, root resorption, etc.)

D3410	Apicoectomy/periradicular surgery – anterior
D3421	Apicoectomy/periradicular surgery – bicuspid (first root)
D3425	Apicoectomy/periradicular surgery – molar (first root)
D3430	Retrograde filling – per root
D3450	Root Amputation – per root
D3920	Hemisection (including any root removal), not including root canal therapy

Periodontic services include the following procedures:

Codes	**Description of Dental Service**
D4210	Gingivectomy or gingivoplasty – four or more contiguous teeth or bounded teeth spaces per quadrant
D4211	Gingivectomy or gingivoplasty – one to three contiguous teeth or bounded teeth spaces per quadrant
D4240	Gingival flap procedure, including root planing – four or more contiguous teeth or bounded teeth spaces per quadrant
D4241	Gingival flap procedure, including root planing – one to three contiguous teeth or bounded teeth spaces per quadrant
D4260	Osseous surgery (including flap entry & closure) – four or more contiguous teeth or bounded teeth spaces per quadrant

D4261	Osseous surgery (including flap entry & closure) – one to three contiguous teeth or bounded teeth spaces per quadrant
D4270	Pedicle soft tissue graft procedure
D4341	Periodontal scaling & root planing – four or more teeth per quadrant
D4342	Periodontal scaling & root planing – one to three teeth per quadrant
D4355	Full mouth debridement to enable comprehensive evaluation & diagnosis
D4910	Periodontal maintenance

Oral and Maxillofacial surgery services include the following procedures:

Codes	**Description of Dental Service**
D7111	Extraction, coronal remnants – deciduous tooth
D7140	Extraction, erupted tooth or exposed root (elevation and/or forceps removal)
D7210	Surgical removal of erupted tooth requiring elevation of mucoperiosteal flap & removal of bone and/or section of tooth
D7220	Removal of impacted tooth – soft tissue
D7230	Removal of impacted tooth – partially bony
D7240	Removal of impacted tooth – completely bony

D7241	Removal of impacted tooth – completely bony, with unusual surgical complications
D7250	Surgical removal of residual tooth roots (cutting procedure)

Adjunctive General Services include the following procedures:

Codes	**Description of Dental Service**
D9222	Deep Sedation/general anesthesia-first 15 minutes
D9223	Deep sedation /general anesthesia-each subsequent 15 minutes
D9230	Analgesia, anxiolysis, inhalation of nitrous oxide
D9239	Intravenous moderation (conscious)
D9243	intravenous moderate (conscious) sedation/analgesia - each subsequent 15-minute increment
D9248	Non intravenous conscious sedation
D9310	Consultation - diagnostic service provided by dentist or physician other than requesting dentist or physician

Vision services

The covered eyewear includes corrective (prescription):

- Glasses
- Lenses
- Frames

Any costs you pay for Medicare Non-covered Services will not count toward your maximum out-of-pocket amount.

In-network:

In-network vision services are covered. To be covered in-network, eyewear must be

• Contact lenses	provided by a provider that is contracted with our approved vision vendor. When using an in-network provider, you pay: • $0.00 copay for corrective (prescription) glasses, lenses, frames, and/or contact lenses as your portion of the covered charges for eyewear listed **Out-of-network:** Out-of-network vision services are covered. A provider that is not contracted with our vision vendor is considered as out-of-network. If you use an out-of-network provider: • You may be required to pay in full at the time of service and submit a request for reimbursement To submit a request form for reimbursement, you will need to provide proof of payment and an itemized receipt. Talk to your provider and confirm all coverage, costs, and codes prior to services being provided. **Other Exclusions & Limitations:** • You must pay any extra costs for services outside of the coverage outlined in this section or for any upgrades directly to the provider. • Safety eyewear, non-prescription sunglasses, non-prescription glass lenses, and non-prescription lenses or contacts are not covered. Covered benefits cannot be combined with any other in-store discounts. However, some providers have discounts on items/services that are not covered under these benefits. Contact the provider directly for availability.
Optional Supplemental Benefits	

As a Supplemental Benefit, these services are not routinely covered under Original Medicare. They are offered for an additional premium through listed package options below.

Optional supplemental benefit package 3 – Enhanced Dental and Vision Package

Premium	**$42.00 monthly premium**
Services that are covered for you	**What you must pay** when you get these services

The enhanced dental and vision package cover up to $2,000 for non-Medicare covered diagnostic, preventive, and comprehensive dental services and $200 for vision eyewear each plan year. Benefits not used at the end of the plan year will expire.

Dental Services
The covered dental services include the approved dental services, limitations and codes listed below:

Two oral exams (include the following codes):

Codes	**Description of Dental Service**
D0120	Periodic oral evaluation – established patient
D0140	Limited oral evaluation – problem focused
D0150	Comprehensive oral evaluation – new or established patient
D0160	Extensive oral exam problem focused
D0170	Re-evaluation-limited problem focused
D0180	Comprehensive periodontal evaluation – new or established patient

Dental X-rays include one full-mouth or panoramic X-ray and one set/series of bitewing X-rays each year and up to seven periapical images (include the following codes):

Any costs you pay for Medicare Non-covered Services will not count toward your maximum out-of-pocket amount.

In-network:

In-network dental services are covered. To be covered in-network, dental services must be performed by a provider that is contracted with our approved dental vendor to provide supplemental dental services.

When using an in-network provider, you pay:

- $0.00 copay for covered diagnostic and preventive dental services listed.
- 20% of basic restorative (fillings) services listed
- 50% of enhanced restorative (crown), endodontic, periodontic, removable prosthodontics, oral & maxillofacial surgery, and adjunctive services listed

As your portion of the covered charges.

Out-of-network:

Out-of-network dental services are covered. Dental services performed by a provider that is not contracted with our approved dental vendor are considered out-of-network.

Codes	Description of Dental Service
D0210	Intraoral – complete series (including bitewings)
D0220	Intraoral - periapical first radiographic image
D0230	Intraoral - periapical each additional radiographic image
D0270	Bitewings – single film
D0272	Bitewings – two film
D0274	Bitewings – four film
D0277	Vertical bitewings-7 to 8 radiographic images
D0330	Panoramic film

Two cleanings (include the following codes):

Codes	Description of Dental Service
D1110	Prophylaxis – adult

Two fluoride treatments (include the following codes):

Codes	Description of Dental Service
D1208	Topical application of fluoride

Basic Restorative dental services (fillings) and Enhanced Restorative (crowns) dental services include the following procedures:

Prior authorization required on crowns.

Codes	Description of Dental Service

When using an out-of-network provider, you pay:

- 30% of all preventive and diagnostic services listed
- 60% of basic restorative (fillings) services listed
- 75% of enhanced restorative (crowns), endodontic, periodontics, and oral & maxillofacial surgery, and adjunctive general dental services listed

As a portion of the covered charges.

If the out-of-network provider does not bill the plan directly, you will need to complete and submit a request form for reimbursement with proof of payment and an itemized receipt.

Talk to your provider and confirm all coverage, costs, and codes prior to services being performed. For more information or to find a provider, call the Dental Member Services number located on the back of your member ID card.

Please note: Prior authorization is required for crown services.

Crown services require clinical review for prior authorization before treatment is performed and prior to services to determine if they are appropriate, meet industry standards, and clinical criteria and guidelines. Treatment requests which are not medically necessary or do not meet clinical criteria and guidelines will not be covered. If prior authorization is denied, the service will not be covered and you will be responsible for all associated costs.

- Requires prior authorization through Liberty Dental.

D2140	Amalgam – one surface, primary or permanent
D2150	Amalgam – two surfaces, primary or permanent
D2160	Amalgam – three surfaces, primary or permanent
D2161	Amalgam – four or more surfaces, primary or permanent
D2330	Resin-based composite – one surface, anterior
D2331	Resin-based composite – two surfaces, anterior
D2332	Resin-based composite – three surfaces, anterior
D2335	Resin-based composite – four or more surfaces or involving incisal angle (anterior)
D2391	Resin-based composite - one surface, posterior
D2392	Resin-based composite - two surfaces, posterior
D2393	Resin-based composite - three surfaces, posterior
D2394	Resin-based composite - four or more surfaces, posterior
D2740	Crown - porcelain/ceramic substrate
D2750	Crown - porcelain fused to high noble metal

- Requests for crowns require the tooth/teeth to have a good long-term restorative, endodontic, and periodontal (at least 50% bone support) prognosis for approval.
- Requests for crowns on teeth without root canal treatment must show evidence of decay, fracture, failing restoration, etc., undermining more than 50% of the tooth to be considered for coverage.
- Replacement of existing crowns which, in the opinion of Liberty Dental staff dentist or dental director is satisfactory or can be made to a satisfactory condition, is not covered.
- Cosmetic or experimental dental services and/or procedures not generally performed in a general dentist office are not covered.
- Crowns for the purposes of esthetics or as a result of normal wear & attrition, recession, abfraction and/or abrasion are not covered.
- Core Buildup, including any pins when required (CDT Code D2950), must show evidence that the tooth requires additional structure critical to support and retain a crown or bridge. Otherwise, the service will be considered included as part of the crown restoration.
- Providers must submit all necessary documents to prove the service meets the plan's criteria and is medically necessary. This includes full mouth X-rays and treatment plan. Missing documents will lead to services denial. Services lacking enough documentation to show

D2751	Crown - porcelain fused to predominantly base metal
D2752	Crown - porcelain fused to noble metal
D2753	Crown-porcelain fused to titanium and titanium alloys
D2790	Crown - full cast high noble metal
D2791	Crown - full cast predominantly base metal
D2792	Crown - full cast noble metal
D2910	Recement inlay, onlay, or partial coverage restoration
D2915	Recement cast or prefabricated post & core
D2920	Recement crown
D2950	Core buildup, including any pins
D2951	Pin retention - per tooth, in addition to restoration
D2952	Post & core in addition to crown, indirectly fabricated
D2954	Prefabricated post & Core in addition to crown
D2955	Post removal (not in conjunction with endodontic therapy)

Endodontic dental services (root canal) include the following procedures:

Codes	**Description of Dental Service**

necessity, according to Liberty Dental's criteria, will be denied.

Other Exclusions & Limitations:

- Any dental services not listed are not covered under this package.
- Claims for covered benefits must be filed directly with the contracted providers and not the plan.
- Providers must submit documentation showing the service meets the plan's criteria and is necessary; this includes full-mouth X-rays and a treatment plan. Missing documentation results in denial.
- Treatments covered by other insurance policies or motorist policies are not covered.
- Treatments due to war, nuclear events, or military duties are not covered.
- Services covered by Worker's Compensation or provided for free by government entities are not covered.
- Fees for missed appointments, report preparation, X-ray duplication, or form completion are not covered.

D3110	Pulp cap – direct (excluding final restoration)
D3120	Pulp cap – indirect (excluding final restoration
D3221	Pulpal debridement, primary & permanent teeth
D3310	Root canal – anterior (excluding final restoration)
D3320	Root canal – bicuspid (excluding final restoration)
D3330	Root canal – molar (excluding final restoration)
D3346	Retreatment of previous root canal therapy – anterior
D3347	Retreatment of previous root canal therapy – bicuspid
D3348	Retreatment of previous root canal therapy – molar
D3351	Apexification/recalcification – initial visit (apical closure/calcific repair of perforations, root resorption, etc.)
D3352	Apexification/recalcification – interim medication replacement (apical closure/calcific repair of perforations, root resorption, etc.)
D3353	Apexification/recalcification – final visit (includes completed root canal therapy - apical closure/calcific repair of perforations, root resorption, etc.)
D3410	Apicoectomy/periradicular surgery – anterior

D3421	Apicoectomy/periradicular surgery – bicuspid (first root)
D3425	Apicoectomy/periradicular surgery – molar (first root)
D3430	Retrograde filling – per root
D3450	Root Amputation – per root
D3920	Hemisection (including any root removal), not including root canal therapy

Periodontic dental services (gum treatment) include the following procedures:

Codes	**Description of Dental Service**
D4210	Gingivectomy or gingivoplasty – four or more contiguous teeth or bounded teeth spaces per quadrant
D4211	Gingivectomy or gingivoplasty – one to three contiguous teeth or bounded teeth spaces per quadrant
D4240	Gingival flap procedure, including root planing – four or more contiguous teeth or bounded teeth spaces per quadrant
D4241	Gingival flap procedure, including root planing – one to three contiguous teeth or bounded teeth spaces per quadrant
D4260	Osseous surgery (including flap entry & closure) – four or more contiguous teeth or bounded teeth spaces per quadrant
D4261	Osseous surgery (including flap entry & closure) – one to three

	contiguous teeth or bounded teeth spaces per quadrant
D4270	Pedicle soft tissue graft procedure
D4341	Periodontal scaling & root planing – four or more teeth per quadrant
D4342	Periodontal scaling & root planing – one to three teeth per quadrant
D4355	Full mouth debridement to enable comprehensive evaluation & diagnosis
D4910	Periodontal maintenance

Removable prosthodontic dental services (dentures) include the following procedures:

Codes	**Description of Dental Service**
D5110	Complete denture – maxillary
D5120	Complete denture – mandibular
D5130	Immediate denture – maxillary
D5140	Immediate denture – mandibular
D5211	Maxillary partial denture – resin base (including any conventional clasps, rests & teeth)
D5212	Mandibular partial denture – resin base (including any conventional clasps, rests & teeth)

D5213	Maxillary partial denture – cast metal framework with resin denture bases (including any conventional clasps, rests & teeth)
D5214	Mandibular partial denture – cast metal framework with resin denture bases (including any conventional clasps, rests & teeth)
D5421	Adjust partial denture - maxillary
D5422	Adjust partial denture - mandibular
D5511	Repair broken complete denture base, mandibular
D5512	Repair broken complete denture base, maxillary
D5520	Replace missing or broken teeth - complete denture (each tooth)
D5611	Repair resin denture base, mandibular
D5612	Repair resin denture base, maxillary
D5621	Repair cast framework, mandibular
D5622	Repair cast framework, maxillary
D5630	Repair or replace broken clasp
D5640	Replace broken teeth - per tooth

D5650	Add tooth to existing partial denture
D5660	Add clasp to existing partial denture
D5670	Replace all teeth & acrylic on cast metal framework (maxillary)
D5671	Replace all teeth & acrylic on cast metal framework (mandibular)
D5710	Rebase complete maxillary denture
D5711	Rebase complete mandibular denture
D5720	Rebase maxillary partial denture
D5721	Rebase mandibular partial denture
D5725	rebase of hybrid prothesis
D5730	Reline complete maxillary denture (chairside)
D5731	Reline complete mandibular denture direct
D5740	Reline maxillary partial denture (chairside)
D5741	Reline mandibular partial denture (chairside)
D5750	Reline complete maxillary denture (laboratory)
D5751	Reline complete mandibular denture (laboratory)

D5760	Reline maxillary partial denture (laboratory)
D5761	Reline mandibular partial denture (laboratory)
D5765	soft liner for complete or partial dentures
D5850	Tissue conditioning, maxillary
D5851	Tissue conditioning, mandibular

Oral and Maxillofacial surgery dental services (extractions and other surgical and management of conditions) include the following procedures:

Codes	**Description of Dental Service**
D7111	Extraction, coronal remnants - deciduous tooth
D7210	Surgical removal of erupted tooth requiring elevation of mucoperiosteal flap and removal of bone and/or section of tooth
D7220	Removal of impacted tooth - soft tissue
D7230	Removal of impacted tooth - partially bony
D7240	Removal of impacted tooth - completely bony
D7241	Removal of impacted tooth - completely bony, with unusual surgical complications
D7250	Surgical removal of residual tooth roots (cutting procedure)

D7260	Orolantral fistula closure
D7261	Primary closure of a sinus perforation
D7280	Surgical access of an unerupted tooth
D7285	Biopsy of oral tissue-hard (bone, tooth)
D7286	Biopsy of oral tissue - soft
D7288	Brush biopsy - transepithelial sample collection
D7310	Alveoloplasty in conjunction with extractions - four or more teeth or tooth spaces, per quadrant
D7311	Alveloplasty in conjunction with extractions - one to three teeth or tooth spaces, per quadrant
D7320	Alveoloplasty not in conjunction with extractions - four or more teeth or tooth spaces, per quadrant
D7321	Alveoloplasty not in conjunction with extractions - one to three teeth or tooth spaces per quadrant
D7410	Excision of benign lesion of up to 1.25 Cm
D7411	Excision of benign lesion greater than 1.25 Cm
D7412	Excision of benign lesion, complicated

D7450	Removal of benign odontogenic cyst or tumor - lesion diameter up to 1.25 Cm
D7451	Removal of benign odontogenic cyst or tumor - lesion diameter greater than 1.25 Cm
D7460	Removal of benign nonodontogenic cyst or tumor - lesion diameter up to 1.25 Cm
D7461	Removal of benign nonodontogenic cyst or tumor - lesion diameter greater than 1.25 Cm
D7465	Destruction of lesion(s) by physical or chemical method, by report
D7510	Incision and drainage of abscess - intraoral soft tissue
D7511	Incision and drainage of abscess - intraoral soft tissue - complicated (includes drainage of multiple facial spaces)
D7520	Incision and drainage of abscess - extra oral soft tissue
D7521	Incision and drainage of abscess - extra oral soft tissue - complicated (includes drainage of multiple facial spaces)
D7530	Removal of foreign body from mucosa, skin or subcutaneous alveolar tissue
D7540	Removal of reaction-producing foreign bodies, muscoskeletal system

D7961	buccal / labial frenectomy (frenulectomy)
D7962	lingual frenectomy (frenulectomy)
D7963	Frenuloplasty

Adjunctive General dental services (additional procedures that support dental treatments) include the following procedures:

Codes	**Description of Dental Service**
D9110	Palliative treatment
D9120	Fixed partial denture sectioning
D9210	Local anesthesia not in conjunction with operative or surgical procedure
D9211	Regional block anesthesia
D9212	Trigeminal division block anesthesia (can be billed D9110 palliative care if applicable)
D9222	Deep Sedation/general anesthesia-first 15 minutes
D9223	Deep sedation /general anesthesia-each subsequent 15 minutes
D9230	Analgesia, anxiolysis, inhalation of nitrous oxide
D9239	Intravenous moderation (conscious)
D9243	Intravenous moderate (conscious) sedation/analgesia - each subsequent 15 -minute increment

D9248	Non intravenous conscious sedation
D9310	Consultation - diagnostic service provided by dentist or physician other than requesting dentist or physician

Vision services

The covered eyewear includes corrective (prescription):

- Glasses
- Lenses
- Frames
- Contact lenses

Any costs you pay for Medicare Non-covered Services will not count toward your maximum out-of-pocket amount.

In-network:

In-network vision services are covered. To be covered in-network, eyewear must be provided by a provider that is contracted with our approved vision vendor.

When using an in-network provider, you pay:

- $0.00 copay for corrective (prescription) glasses, lenses, frames, and/or contact lenses as your portion of the covered charges for eyewear listed

Out-of-network:

Out-of-network vision services are covered. A provider that is not contracted with our vision vendor is considered as out-of-network.

If you use an out-of-network provider:

- You may be required to pay in full at the time of service and submit a request for reimbursement To submit a request form for reimbursement, you will need to provide proof of payment and an itemized receipt.

Talk to your provider and confirm all coverage, costs, and codes prior to services being provided.

Other Exclusions & Limitations:

	• You must pay any extra costs for services outside of the coverage outlined in this section or for any upgrades directly to the provider. • Safety eyewear, non-prescription sunglasses, non-prescription glass lenses, and non-prescription lenses or contacts are not covered. Covered benefits cannot be combined with any other in-store discounts. However, some providers have discounts on items/services that are not covered under these benefits. Contact the provider directly for availability.

Section 2.2 Get care using our plan's optional visitor/traveler benefit

If you don't permanently move, but you're continuously away from our plan's service area for more than 6 months, we usually must disenroll you from our plan. However, we offer a visitor/traveler program, that will allow you to remain enrolled when you're outside of our service area for less than 12 months. Under our visitor/traveler program you can get all plan covered services at in-network cost sharing. Contact our plan for help locating a provider when using the visitor/traveler benefit.

If you're in the visitor/traveler area, you can stay enrolled in our plan for up to 12 months. If you don't return to our plan's service area within 12 months, you'll be disenrolled from the plan.

The visitor/travel program will include Blue Medicare Advantage PPO network coverage of all Part A, Part B, and Supplemental benefits offered by your plan outside your service area in 48 states and 2 territories: Alabama, Arizona, Arkansas, California, Colorado, Connecticut, Delaware, District of Columbia, Florida, Georgia, Hawaii, Idaho, Illinois, Indiana, Iowa, Kansas, Kentucky, Louisiana, Maine, Maryland, Massachusetts, Michigan, Minnesota, Mississippi, Missouri, Montana, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, New York, North Carolina, North Dakota, Ohio, Oklahoma, Oregon, Pennsylvania, Puerto Rico, Rhode Island, South Carolina, South Dakota, Tennessee, Texas, Utah, Vermont, Virginia, Washington, Wisconsin and West Virginia. For some of the states listed, MA PPO networks are only available in portions of the state.

In addition, members may:

- Call your plan's Customer Service number found on the back cover of this booklet,
- Call 1-800-810-Blue to find a Blue Medicare Advantage PPO provider, or
- Visit the "Doctor & Hospital Finder" at www.anthem.com to find a Blue Medicare Advantage PPO provider.

When you see Medicare Advantage PPO providers in any geographic area where the visitor/travel program is offered, you will pay the same cost-sharing level (in-network cost sharing) you would pay if you received covered benefits from in-network providers in your service area.
Please see the Medical Benefits Chart for cost-sharing information.

SECTION 3 Services that aren't covered by our plan (exclusions)

This section tells you what services are *excluded* from Medicare coverage and therefore, aren't covered by this plan.

The chart below lists services and items that either aren't covered under any condition or are covered only under specific conditions.

If you get services that are excluded (not covered), you must pay for them yourself except under the specific conditions listed below. Even if you get the excluded services at an emergency facility, the excluded services are still not covered, and our plan won't pay for them. The only exception is if the service is appealed and decided upon appeal to be a medical service that we should have paid for or covered because of your specific situation. (For information about appealing a decision we made to not cover a medical service, go to Chapter 7, Section 5.3.)

Services not covered by Medicare	Covered only under specific conditions
Acupuncture	Available for people with chronic low back pain under certain circumstances.
Cosmetic surgery or procedures	Covered in cases of an accidental injury or for improvement of the functioning of a malformed body member. Covered for all stages of reconstruction for a breast after a mastectomy, as well as for the unaffected breast to produce a symmetrical appearance.
Custodial care Custodial care is personal care that doesn't require the continuing attention of trained medical or paramedical personnel, such as care that helps you with activities of daily living, such as bathing or dressing.	Not covered under any condition.

Services not covered by Medicare	Covered only under specific conditions
Defective equipment or medical devices covered under warranty.	Not covered under any condition.
Drugs for the treatment of sexual dysfunction, including erectile dysfunction, impotence and anorgasmy or hyporgasmy.	Not covered under any condition.
Experimental medical and surgical procedures, equipment and medications. Experimental procedures and items are those items and procedures determined by Original Medicare to not be generally accepted by the medical community.	May be covered by Original Medicare under a Medicare-approved clinical research study or by our plan. (Go to Chapter 3, Section 5 for more information on clinical research studies.)
Fees charged for care by your immediate relatives or members of your household.	Not covered under any condition.
Full-time nursing care in your home.	Not covered under any condition.
Home-delivered meals	Medicare does not cover home-delivered meals. This plan covers home-delivered meals as a supplemental benefit. Any supplemental benefit offered is not covered under the Original Medicare program but as extra benefits under this plan.
Homemaker services including basic household help, such as light housekeeping or light meal preparation.	Not covered under any condition.
Items and services administered to a beneficiary for the purpose of causing or assisting in causing death.	Not covered under any condition.

Services not covered by Medicare	Covered only under specific conditions
Items and services authorized or paid by a government entity such as Veterans Administration authorized services	Not covered under any condition.
Items and services required as a result of war	Not covered under any condition.
Lab, Radiological & Genetic Testing	We follow Medicare guidelines when determining if Lab, Radiological & Genetic Testing services are covered, even if ordered by a physician. Not all lab, Radiological or genetic testing is covered under the Medicare Program, such as Genetic testing based on family medical history. You have the right to contact the plan prior to services being rendered to determine if the services will be covered for your condition (see Organization Determination). When utilizing an out-of-network provider, you are not required to obtain prior authorization however are encouraged to do so. If no prior authorization is obtained, we will review claims submitted to determine coverage under the Medicare program and you could be held liable if not covered.
Modifications to a member's home such as a stair lift and other devices including bathtub grab bars, special pillows, chairs and other items that do not fall under Medicare-covered durable medical equipment.	This plan covers Assistive Devices that is offered as a supplemental benefit. Any supplemental benefit offered is not covered under the Original Medicare program but as extra benefits under this plan. To utilize this benefit, you must use a provider who participates in our contracted network.
Naturopath services (uses natural or alternative treatments).	Not covered under any condition.
Non-routine dental care	Dental care required to treat illness or injury may be covered as inpatient or outpatient care. Dental services are excluded from coverage in connection

Services not covered by Medicare	Covered only under specific conditions
	with the care, treatment, filling, removal, or replacement of teeth, or structures directly supporting the teeth, except for inpatient or outpatient hospital services required because of a medical condition. Additionally, some dental services are covered if an integral part of a covered medical procedure. Medicare has specific guidelines for covered services.
Non-emergency ambulance trips	Medicare does not pay for transportation, including non-emergency ambulance transportation to and from dialysis, unless the Medicare definition of bed-confined is met and documented by your doctor. Bed-confined is defined as unable to get up from bed without assistance; unable to ambulate; and unable to sit in a chair or wheelchair.
Orthopedic shoes or supportive devices for the feet	Shoes that are part of a leg brace and are included in the cost of the brace. Orthopedic or therapeutic shoes are for people with diabetic foot disease.
Over-the-counter purchases	Medicare doesn't cover Over-the-counter purchases. This plan covers over-the-counter purchases as a supplemental benefit. Any supplemental benefit offered is not covered under the Original Medicare program but as extra benefits under this plan. If the benefit is available, you must utilize the contracted OTC provider, limitations and exclusions may apply.
Personal items in your room at a hospital or a skilled nursing facility, such as a telephone or a television.	Not covered under any condition.
Prescription drugs you buy outside the U.S.	Not covered under any condition.
Private room in a hospital.	Covered only when medically necessary.

Services not covered by Medicare	Covered only under specific conditions
Providers who are prohibited from being covered under the Medicare program for any reason.	Not covered under any condition.
Reversal of sterilization procedures and or non-prescription contraceptive supplies.	Not covered under any condition.
Routine chiropractic care	Manual manipulation of the spine to correct a subluxation is covered.
Routine dental care, such as cleanings, fillings or dentures.	Medicare doesn't cover most dental care, dental procedures, or supplies, like cleanings, fillings, tooth extractions, dentures, dental plates, or other dental devices. This plan covers routine dental care as a supplemental benefit or purchased as part of an optional supplemental benefit package. Any supplemental benefit offered is not covered under the Original Medicare program but as extra benefits under this plan. To utilize this benefit, you must use a provider who participates in our routine dental vendor's network.
Routine eye examinations, eyeglasses, radial keratotomy, LASIK surgery, and other low vision aids.	Medicare doesn't cover routine eye exams, eyeglasses or contact lenses. However, an eye exam and one pair of eyeglasses (or contact lenses) are covered by Medicare for people after cataract surgery, that implants an intraocular lens. Medicare coverage of post cataract eyeglasses is limited to standard lenses and standard frames only. Scratch resistant coating, mirror coating, polarization, deluxe lens feature, progressive lenses, polycarbonate (or similar material), high index glass or plastic (light weight or thinness), specialty occupational multifocal lenses, tinted lenses, including photochromatic lenses used as sunglasses, eyeglass cases and deluxe frames are

Services not covered by Medicare	Covered only under specific conditions
	not covered by Medicare. If these items are purchased, you will be responsible for the cost. Anti-reflective coating, tints, oversized lenses or polycarbonate or Trivex™ must be medically necessary and reasonable to be covered based on Medicare criteria. In addition to the Medicare coverage, this plan covers routine eye exams and may cover routine eyewear as a supplemental benefit or purchased as part of an optional supplemental benefit package. Refraction vision test is not covered except where covered under supplemental routine eye exam benefit. This is a supplemental benefit. To utilize this benefit, you must use a provider who participates in our routine vision' vendor network or your services will be considered out-of-network, even if rendered by a medical provider who is not part of the vendor's network.
Routine foot care	Some limited coverage provided according to Medicare guidelines, (e.g., if you have diabetes). Medicare covers podiatrist services for medically necessary treatment of foot injuries or diseases (like hammer toes, bunion deformities, heel spurs), but generally doesn't cover routine foot care (like the cutting or removal of corns and calluses, the trimming, cutting, and clipping of nails, flat foot, or hygienic or other preventive maintenance, including cleaning and soaking the feet). This plan covers additional routine foot care as a supplemental benefit. To utilize this benefit, you must use a provider who participates in our routine podiatry provider network or your services will be considered out-of- network, even if rendered by a medical provider if they are not part of the vendor's network.

Services not covered by Medicare	Covered only under specific conditions
Routine hearing exams, hearing aids, or exams to fit hearing aids.	Medicare doesn't cover routine hearing exams, hearing aids, or exams for fitting hearing aids. This plan covers routine hearing care as a supplemental benefit. Any supplemental benefit offered is not covered under the Original Medicare program but as extra benefits under this plan. To utilize this benefit, you must use a provider who participates in our routine hearing vendor's network or your services will be considered out-of-network, even if rendered by a medical provider if they are not part of the vendor's network.
Services considered not reasonable and necessary, according to Original Medicare standards	Not covered under any condition.
Services ordered or administered that are determined to not be a Medicare covered benefit in accordance with Medicare guidelines and the Social Security Act.	Section 1833(e) of the Social Security Act prohibits Medicare payment for any request for coverage which lacks the necessary information to process the request. Section 1862(a)(1)(A)of the Social Security Act which excludes expenses incurred for items or services which are not reasonable and necessary for the diagnosis or treatment of illness or injury or to improve the functioning of a malformed body member.
Services performed by non-participating vendor network providers	Some supplemental benefits utilize a specific Vendor and providers who participate with that vendor. Providers that participate with the plan may or may not be associated with that vendor. You may call the plan prior to services being rendered with any questions. To be covered in-network, you must use a provider that participates with that vendor as identified in the provider directory or your services will be considered out-of-network, even if rendered by a medical provider if they are not part of the vendor's

Services not covered by Medicare	Covered only under specific conditions
	network. There may be other exceptions, go to Chapter 3 (Using the plan for your medical services) for more information.
Services performed by out-of-network providers.	This plan covers services of out-of-network providers. You are responsible for verifying provider network status prior to receiving services. In-network providers and facilities are listed in the Provider Directory or online at the website listed on the back cover of this booklet. The use of an out-of-network provider will apply the out-of-network provider cost share (even approved) unless considered urgent/emergent (required immediately) or when approved in advance for in-network cost sharing. Go to Chapter 3, Section 2.4 for more information. When utilizing an out-of-network provider, you are not required to obtain prior authorization however are encouraged to do so. If no prior authorization is obtained we will review claims submitted to determine coverage under the Medicare program and you could be held liable if not covered.
Wigs (even if needed due to a covered medical condition).	Not covered under any condition.
Worldwide Care	Medicare generally doesn't cover health care while you're traveling outside the U.S. and its territories. There are some exceptions offered in limited circumstances as per Medicare guidelines. This plan covers health care you get while traveling outside the U.S. if specified in the Chapter 4 Medical Benefits Chart as a supplemental benefit. Any supplemental benefit offered is not covered under the Original Medicare program but as extra benefits under this plan. This benefit applies to travel outside the United States

Services not covered by Medicare	Covered only under specific conditions
	and its territories for less than six months. Members are responsible for all costs that exceed the benefit limitation as well as all costs to return to the service area. If benefit available, coverage is limited to amount noted on benefit summary per year for all covered services rendered outside the US or its territories.

CHAPTER 5:

Asking us to pay our share of a bill for covered medical services

SECTION 1 Situations when you should ask us to pay our share for covered services

Sometimes when you get medical care, you may need to pay the full cost. Other times, you may pay more than you expected under the coverage rules of our plan, or you may get a bill from a provider. In these cases, you can ask our plan to pay you back (reimburse you). It's your right to be paid back by our plan whenever you've paid more than your share of the cost for medical services covered by our plan. There may be deadlines that you must meet to get paid back. Go to Section 2 of this chapter.

There may also be times when you get a bill from a provider for the full cost of medical care you got or for more than your share of cost sharing. First, try to resolve the bill with the provider. If that doesn't work, send the bill to us instead of paying it. We'll look at the bill and decide whether the services should be covered. If we decide they should be covered, we'll pay the provider directly. If we decide not to pay it, we'll notify the provider. You should never pay more than plan-allowed cost-sharing. If this provider is contracted, you still have the right to treatment.

Examples of situations in which you may need to ask our plan to pay you back or to pay a bill you got:

1. **When you got medical care from a provider who isn't in our plan's network**

   When you get care from a provider who is not part of our network, you're only responsible for paying your share of the cost. (Your share of the cost may be higher for an out-of-network provider than for a network provider.) Ask the provider to bill our plan for our share of the cost.

   - Emergency providers are legally required to provide emergency care. You're only responsible for paying your share of the cost for emergency or urgently needed services. If you pay the entire amount yourself at the time you get the care, ask us to pay you back for our share of the cost. Send us the bill, along with documentation of any payments you made.
   - You may get a bill from the provider asking for payment you think you don't owe. Send us this bill, along with documentation of any payments you already made.
     - If the provider is owed anything, we'll pay the provider directly.
     - If you already paid more than your share of the cost of the service, we'll determine how much you owed and pay you back for our share of the cost.

- While you can get your care from an out-of-network provider, the provider must be eligible to participate in Medicare. Except for emergency care, we can't pay a provider who is not eligible to participate in Medicare. If the provider is not eligible to participate in Medicare, you'll be responsible for the full cost of the services you got.

2. When a network provider sends you a bill you think you shouldn't pay

Network providers should always bill our plan directly and ask you only for your share of the cost. But sometimes they make mistakes and ask you to pay more than your share.

- You only have to pay your cost-sharing amount when you get covered services. We don't allow providers to add additional separate charges, called *balance billing*. This protection (that you never pay more than your cost-sharing amount) applies even if we pay the provider less than the provider charges for a service and even if there's a dispute and we don't pay certain provider charges.
- Whenever you get a bill from a network provider you think is more than you should pay, send us the bill. We'll contact the provider directly and resolve the billing problem.
- If you already paid a bill to a network provider, but feel you paid too much, send us the bill along with documentation of any payment you made and ask us to pay you back the difference between the amount you paid and the amount you owed under our plan.

3. If you're retroactively enrolled in our plan

Sometimes a person's enrollment in our plan is retroactive. This means that the first day of their enrollment has already passed. The enrollment date may even have occurred last year.

If you were retroactively enrolled in our plan and you paid out of pocket for any covered services after your enrollment date, you can ask us to pay you back for our share of the costs. You need to submit paperwork such as receipts and bills for us to handle the reimbursement.

When you send us a request for payment, we'll review your request and decide whether the service or drug should be covered. This is called making a **coverage decision**. If we decide it should be covered, we'll pay for our share of the cost for the service or drug. If we deny your request for payment, you can appeal our decision. Chapter 7 has information about how to make an appeal.

SECTION 2 How to ask us to pay you back or pay a bill you got

You can ask us to pay you back by sending us a request in writing. If you send a request in writing, send your bill and documentation of any payment you have made. It's a good idea to make a copy of your bill and receipts for your records. **You must submit your claim to us within one year** of the date you got the service or item.

To make sure you're giving us all the information we need to make a decision, you can fill out our claim form to make your request for payment.

- You don't have to use the form, but it'll help us process the information faster. With your request include:
  - Itemized bill with dates of service and amount charged for each service.
  - Receipt of payment.
  - Medical records (if the medical records are not written in English, a certified translation of the documents should be provided if available).
  - Itinerary (if the services were received on a cruise ship).
  - Appointment of Representation (AOR) or Power of Attorney form (if someone other than the member is submitting the request).
- Download a copy of the form from our website www.anthem.com or call Customer Service at 1-855-690-7798 (TTY users call 711) and ask for the form.

Mail your request for payment for medical services, together with any bills or paid receipts to us at this address:

Anthem Blue Cross and Blue Shield
P.O. Box 105187
Atlanta, GA 30348-5187

SECTION 3 We'll consider your request for payment and say yes or no

When we get your request for payment, we'll let you know if we need any additional information from you. Otherwise, we'll consider your request and make a coverage decision.

- If we decide that the medical care is covered and you followed all the rules, we'll pay for our share of the cost. If you already paid for the service, we'll mail your reimbursement of our share of the cost to you. If you haven't paid for the service yet, we'll mail the payment directly to the provider.
- If we decide that the medical care is *not* covered, or you did *not* follow all the rules, we won't pay for our share of the cost. We'll send you a letter explaining the reasons why we aren't sending the payment and your right to appeal that decision.

Section 3.1 If we tell you we won't pay for all or part of the medical care, you can make an appeal

If you think we have made a mistake in turning down your request for payment or the amount we're paying, you can make an appeal. If you make an appeal, it means you're asking us to change the

decision we made when we turned down your request for payment. The appeals process is a formal process with detailed procedures and important deadlines. For details on how to make this appeal, go to Chapter 7.

CHAPTER 6:

Your rights and responsibilities

SECTION 1 Our plan must honor your rights and cultural sensitivities

Section 1.1 We must provide information in a way that works for you and consistent with your cultural sensitivities (in languages other than English, braille, large print, or other alternate formats, etc.)

Our plan is required to ensure that all services, both clinical and non-clinical, are provided in a culturally competent manner and are accessible to all enrollees, including those with limited English proficiency, limited reading skills, hearing incapacity, or those with diverse cultural and ethnic backgrounds. Examples of how our plan may meet these accessibility requirements include, but aren't limited to, provision of translator services, interpreter services, teletypewriters, or TTY (text telephone or teletypewriter phone) connection.

Our plan has free interpreter services available to answer questions from non-English speaking members. We can also give you materials in braille, in large print, or other alternate formats at no cost if you need it. We're required to give you information about our plan's benefits in a format that's accessible and appropriate for you. To get information from us in a way that works for you, call Customer Service at *1-855-690-7798* (TTY users call *711*).

Our plan is required to give female enrollees the option of direct access to a women's health specialist within the network for women's routine and preventive health care services.

If providers in our plan's network for a specialty aren't available, it's our plan's responsibility to locate specialty providers outside the network who will provide you with the necessary care. In this case, you'll only pay in-network cost sharing. If you find yourself in a situation where there are no specialists in our plan's network that cover a service you need, call our plan for information on where to go to get this service at in-network cost sharing.

If you have any trouble getting information from our plan in a format that is accessible and appropriate for you, seeing a women's health specialist or finding a network specialist, call to file a grievance with Customer Service at 1-855-690-7798 (TTY users call 711) or by writing us at: Civil Rights Coordinator, Mailstop: OH0205-A537; 4361 Irwin Simpson Rd, Mason, OH 45040. You can also file a complaint with Medicare by calling 1-800-MEDICARE (1-800-633-4227) or directly with the Office for Civil Rights 1-800-368-1019 or TTY 1-800-537-7697.

Section 1.2 We must ensure you get timely access to covered services

You have the right to choose a provider in our plan's network. You also have the right to go to a women's health specialist (such as a gynecologist) without a referral and still pay the in-network cost-sharing amount.

You have the right to get appointments and covered services from your providers *within a reasonable amount of time.* This includes the right to get timely services from specialists when you need that care.

If you think you aren't getting your medical care within a reasonable amount of time, Chapter 7 tells what you can do.

Section 1.3 We must protect the privacy of your personal health information

Federal and state laws protect the privacy of your medical records and personal health information. We protect your personal health information as required by these laws.

- Your personal health information includes the personal information you gave us when you enrolled in this plan as well as your medical records and other medical and health information.
- You have rights related to your information and controlling how your health information is used. We give you a written notice, called a *Notice of Privacy Practice*, that tells about these rights and explains how we protect the privacy of your health information.

How do we protect the privacy of your health information?

- We make sure that unauthorized people don't see or change your records.
- Except for the circumstances noted below, if we intend to give your health information to anyone who isn't providing your care or paying for your care, *we're required to get written permission from you or someone you have given legal power to make decisions for you first.*
- There are certain exceptions that don't require us to get your written permission first. These exceptions are allowed or required by law.
    - We're required to release health information to government agencies that are checking on quality of care.
    - Because you're a member of our plan through Medicare, we're required to give Medicare your health information. If Medicare releases your information for research or other uses, this will be done according to federal statutes and regulations; typically, this requires that information that uniquely identifies you not be shared.

You can see the information in your records and know how it's been shared with others

You have the right to look at your medical records held by our plan, and to get a copy of your records. We're allowed to charge you a fee for making copies. You also have the right to ask us to make additions

or corrections to your medical records. If you ask us to do this, we'll work with your health care provider to decide whether the changes should be made.

You have the right to know how your health information has been shared with others for any purposes that aren't routine.

If you have questions or concerns about the privacy of your personal health information, call Customer Service at *1-855-690-7798* (TTY users call *711*).

Below is the Notice of Privacy Practices as of June 2022.

Notice of privacy practices

Important information about your rights and our responsibilities

Protecting your personal health information is important. Each year, we're required to send you specific information about your rights and some of our duties to help keep your information safe. This notice combines three of these required yearly communications:

- State notice of privacy practices
- Health Insurance Portability and Accountability Act (HIPAA) notice of privacy practices
- Breast reconstruction surgery benefits

Would you like to go paperless and read this online or on your mobile app? Go to www.anthem.com and sign up to get these notices by email.

State notice of privacy practices

When it comes to handling your health information, we follow relevant state laws, which are sometimes stricter than the federal HIPAA privacy law. This notice:

- Explains your rights and our duties under state law.
- Applies to health, dental, vision and life insurance benefits you may have.

Your state may give additional rights to limit sharing your health information. Please call the Customer Service phone number on your ID card for more details.

Your personal information

Your nonpublic (private) personal information (PI) identifies you and it's often gathered in an insurance matter. You have the right to see and correct your PI. We may collect, use and share your PI as described in this notice. Our goal is to protect your PI because your information can be used to make judgments about your health, finances, character, habits, hobbies, reputation, career and credit.

We may receive your PI from others, such as doctors, hospitals or other insurance companies. We may also share your PI with others outside our company – without your approval, in some cases. But we take reasonable measures to protect your information. If an activity requires us to give you a chance to opt

out, we'll let you know and we'll let you know how to tell us you don't want your PI used or shared for an activity you can opt out of.

THIS NOTICE DESCRIBES HOW MEDICAL, VISION AND DENTAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED, AND HOW YOU CAN GET ACCESS TO THIS INFORMATION WITH REGARD TO YOUR HEALTH BENEFITS. PLEASE READ CAREFULLY.

HIPAA notice of privacy practices

We keep the health and financial information of our current and former members private as required by law, accreditation standards and our own internal rules. We're also required by federal law to give you this notice to explain your rights and our legal duties and privacy practices.

Your protected health information

There are times we may collect, use and share your Protected Health Information (PHI) as allowed or required by law, including the HIPAA Privacy rule. Here are some of those times:

Payment: We collect, use and share PHI to take care of your account and benefits, or to pay claims for health care you get through your plan.

Health care operations: We collect, use and share PHI for our health care operations.

Treatment activities: We don't provide treatment, but we collect, use and share information about your treatment to offer services that may help you, including sharing information with others providing you treatment.

Examples of ways we use your information:

- We keep information on file about your premium and deductible payments.
- We may give information to a doctor's office to confirm your benefits.
- We may share explanation of benefits (EOB) with the subscriber of your plan for payment purposes.
- We may share PHI with your doctor or hospital so that they may treat you.
- We may use PHI to review the quality of care and services you get.
- We may use PHI to help you with services for conditions like asthma, diabetes or traumatic injury.
- We may collect and use publicly and/or commercially available data about you to support you and help you get health plan benefits and services.
- We may use your PHI to create, use or share de-identified data as allowed by HIPAA.

- We may also use and share PHI directly or indirectly with health information exchanges for payment, health care operations and treatment. If you don't want your PHI to be shared in these situations, visit www.anthem.com/privacy for more information.

Sharing your PHI with you: We must give you access to your own PHI. We may also contact you about treatment options or other health-related benefits and services. When you or your dependents reach a certain age, we may tell you about other plans or programs for which you may be eligible, including individual coverage. We may also send you reminders about routine medical checkups and tests. You may get emails that have limited PHI, such as welcome materials. We'll ask your permission before we contact you.

Sharing your PHI with others: In most cases, if we use or share your PHI outside of treatment, payment, operations or research activities, we have to get your okay in writing first. We must also get your written permission before:

- Using your PHI for certain marketing activities.
- Selling your PHI.
- Sharing any psychotherapy notes from your doctor or therapist.

We may also need your written permission for other situations not mentioned above. You always have the right to cancel any written permission you have given at any time.

You have the right and choice to tell us to:

- Share information with your family, close friends or others involved with your current treatment or payment for your care.
- Share information in an emergency or disaster relief situation.

If you can't tell us your preference, for example in an emergency or if you're unconscious, we may share your PHI if we believe it's in your best interest. We may also share your information when needed to lessen a serious and likely threat to your health or safety.

Other reasons we may use or share your information:

We are allowed, and in some cases required, to share your information in other ways - usually for the good of the public, such as public health and research. We can share your information for these specific purposes:

- Helping with public health and safety issues, such as:
    - Preventing disease
    - Helping with product recalls
    - Reporting adverse reactions to medicines
    - Reporting suspected abuse, neglect or domestic violence

    - Preventing or reducing a serious threat to anyone’s health or safety
- Doing health research.
- Obeying the law, if it requires sharing your information.
- Responding to organ donation groups for research and certain reasons.
- Addressing worker’s compensation, law enforcement and other government requests, and to alert proper authorities if we believe you may be a victim of abuse or other crimes.
- Responding to lawsuits and legal actions.

If you’re enrolled with us through an employer, we may share your PHI with your group health plan. If the employer pays your premium or part of it, but doesn’t pay your health insurance claims, your employer can only have your PHI for permitted reasons and is required by law to protect it.

Authorization: We’ll get your written permission before we use or share your PHI for any purpose not stated in this notice. You may cancel your permission at any time, in writing. We will then stop using your PHI for that purpose. But if we’ve already used or shared your PHI with your permission, we cannot undo any actions we took before you told us to stop.

Genetic information: We cannot use your genetic information to decide whether we’ll give you coverage or decide the price of that coverage.

Race, ethnicity, language, sexual orientation and gender identity: We may receive race, ethnicity, language, sexual orientation and gender identity information about you and protect this information as described in this notice. We may use this information to help you, including identifying your specific needs, developing programs and educational materials and offering interpretation services. We don’t use race, ethnicity, language, sexual orientation and gender identity information to decide whether we’ll give you coverage, what kind of coverage and the price of that coverage. We don’t share this information with unauthorized persons.

Your rights

Under federal law, you have the right to:

- Send us a written request to see or get a copy of your PHI, including a request for a copy of your PHI through email. Remember, there’s a risk your PHI could be read by a third party when it’s sent unencrypted, meaning regular email. So we will first confirm that you want to get your PHI by unencrypted email before sending it to you. We will provide you a copy of your PHI usually within 30 days of your request. If we need more time, we will let you know.
- Ask that we correct your PHI that you believe is wrong or incomplete. If someone else, such as your doctor, gave us the PHI, we’ll let you know so you can ask him or her to correct it. We may say "no" to your request, but we'll tell you why in writing within 60 days.
- Send us a written request not to use your PHI for treatment, payment or health care operations activities. We may say “no” to your request, but we’ll tell you why in writing.

- Request confidential communications. You can ask us to send your PHI or contact you using other ways that are reasonable. Also, let us know if you want us to send your mail to a different address if sending it to your home could put you in danger.
- Send us a written request to ask us for a list of those with whom we've shared your PHI. We will provide you a list usually within 60 days of your request. If we need more time, we will let you know.
- Ask for a restriction for services you pay for out of your own pocket: If you pay in full for any medical services out of your own pocket, you have the right to ask for a restriction. The restriction would prevent the use or sharing of that PHI for treatment, payment or operations reasons. If you or your provider submits a claim to us, we may not agree to a restriction (see "Your rights" above). If a law requires sharing your information, we don't have to agree to your restriction.
- Call Customer Service at the phone number on your ID card to use any of these rights. A representative can give you the address to send the request. They can also give you any forms we have that may help you with this process.

How we protect information

We're dedicated to protecting your PHI, and we've set up a number of policies and information practices to help keep your PHI secure and private. If we believe your PHI has been breached, we must let you know.

We keep your oral, written and electronic PHI safe using the right procedures, and through physical and electronic ways. These safety measures follow federal and state laws. Some of the ways we keep your PHI safe include securing offices that hold PHI, password-protecting computers, and locking storage areas and filing cabinets. We require our employees to protect PHI through written policies and procedures. These policies limit access to PHI to only those employees who need the data to do their jobs. Employees are also required to wear ID badges to help keep unauthorized people out of areas where your PHI is kept. Also, where required by law, our business partners must protect the privacy of data we share with them as they work with us. They're not allowed to give your PHI to others without your written permission, unless the law allows it and it's stated in this notice.

Potential impact of other applicable laws

HIPAA, the federal privacy law, generally doesn't cancel other laws that give people greater impact of other privacy protections. As a result, if any state or federal privacy law requires us to give your applicable laws more privacy protections, then we must follow that law in addition to HIPAA.

To see more information

To read more information about how we collect and use your information, your privacy rights, and details about other state and federal privacy laws, please visit our Privacy web page at www.anthem.com/privacy.

Calling or texting you

We, including our affiliates and/or vendors, may call or text you by using an automatic telephone dialing system and/or an artificial voice. But we only do this in accordance with the Telephone Consumer Protection Act (TCPA). The calls may be about treatment options or other health-related benefits and services for you. If you don't want to be contacted by phone, just let the caller know or call **1-844-203-3796** to add your phone number to our Do Not Call list. We will then no longer call or text you.

Complaints

If you think we haven't protected your privacy, you can file a complaint with us at the Customer Service phone number on your ID Card. You may also file a complaint with the U.S. Department of Health and Human Services Office for Civil Rights by visiting hhs.gov/ocr/privacy/hipaa/complaints/. We will not take action against you for filing a complaint.

Contact information

You may call us at the Customer Service phone number on your ID card. Our representatives can help you apply your rights, file a complaint or talk with you about privacy issues.

Copies and changes

You have the right to get a new copy of this notice at any time. Even if you have agreed to get this notice by electronic means, you still have the right to ask for a paper copy. We reserve the right to change this notice. A revised notice will apply to PHI we already have about you, as well as any PHI we may get in the future. We're required by law to follow the privacy notice that's in effect at this time. We may tell you about any changes to our notice through a newsletter, our website or a letter.

Effective date of this notice

The original effective date of this Notice was April 14, 2003.

Breast reconstruction surgery benefits

A mastectomy that's covered by your health plan includes benefits that comply with the Women's Health and Cancer Rights Act of 1998, which provides for:

- Reconstruction of the breast(s) that underwent a covered mastectomy.
- Surgery and reconstruction of the other breast to restore a symmetrical appearance.
- Prostheses and coverage for physical complications related to all stages of a covered mastectomy, including lymphedema.

You'll pay your usual deductible, copay and/or coinsurance. For details, contact your plan administrator.

For more information about the Women's Health and Cancer Rights Act, go to the United States Department of Labor website at http://www.dol.gov/agencies/ebsa/laws-and-regulations/laws/whcra.

Section 1.4 We must give you information about our plan, our network of providers, and your covered services

As a member of Anthem Veteran (PPO), you have the right to get several kinds of information from us.

If you want any of the following kinds of information, call Customer Service at *1-855-690-7798* (TTY users call *711*):

- **Information about our plan.** This includes, for example, information about our plan's financial condition.
- **Information about our network providers.** You have the right to get information about the qualifications of the providers in our network and how we pay the providers in our network.
- **Information about your coverage and the rules you must follow when using your coverage.** Chapters 3 and 4 provide information regarding medical services.
- **Information about why something is not covered and what you can do about it.** Chapter 7 provides information on asking for a written explanation on why a medical service isn't covered or if your coverage is restricted. Chapter 7 also provides information on asking us to change a decision, also called an appeal.

Section 1.5 You have the right to know your treatment options and participate in decisions about your care

You have the right to get full information from your doctors and other health care providers. Your providers must explain your medical condition and your treatment choices *in a way that you can understand.*

You also have the right to participate fully in decisions about your health care. To help you make decisions with your doctors about what treatment is best for you, your rights include the following:

- **To know about all your choices.** You have the right to be told about all treatment options recommended for your condition, no matter what they cost or whether they're covered by our plan.
- **To know about the risks.** You have the right to be told about any risks involved in your care. You must be told in advance if any proposed medical care or treatment is part of a research experiment. You always have the choice to refuse any experimental treatments.

- **The right to say "no."** You have the right to refuse any recommended treatment. This includes the right to leave a hospital or other medical facility, even if your doctor advises you not to leave. If you refuse treatment, you accept full responsibility for what happens to your body as a result.

You have the right to give instructions about what's to be done if you can't make medical decisions for yourself

Sometimes people become unable to make health care decisions for themselves due to accidents or serious illness. You have the right to say what you want to happen if you're in this situation. This means, *if you want to*, you can:

- Fill out a written form to give **someone the legal authority to make medical decisions for you** if you ever become unable to make decisions for yourself.
- **Give your doctors written instructions** about how you want them to handle your medical care if you become unable to make decisions for yourself.

Legal documents you can use to give your directions in advance of these situations are called **advance directives.** Documents like a **living will** and **power of attorney for health care** are examples of advance directives.

How to set up an advance directive to give instructions:

- **Get a form.** You can get an advance directive form from your lawyer, a social worker, or some office supply stores. You can sometimes get advance directive forms from organizations that give people information about Medicare.
- **Fill out the form and sign it.** No matter where you get this form, it's a legal document. Consider having a lawyer help you prepare it.
- **Give copies of the form to the right people**.

  Give a copy of the form to your doctor and to the person you name on the form who can make decisions for you if you can't. You may want to give copies to close friends or family members. Keep a copy at home.

If you know ahead of time that you're going to be hospitalized, and you have signed an advance directive, **take a copy with you to the hospital.**

- The hospital will ask whether you signed an advance directive form and whether you have it with you.
- If you didn't sign an advance directive form, the hospital has forms available and will ask if you want to sign one.

Filling out an advance directive is your choice (including whether you want to sign one if you're in the hospital). According to law, no one can deny you care or discriminate against you based on whether or not you signed an advance directive.

If your instructions aren't followed

If you sign an advance directive and you believe that a doctor or hospital didn't follow the instructions in it, you can file a complaint with the Missouri Department of Health and Senior Services.

Section 1.6 You have the right to make complaints and ask us to reconsider decisions we made

If you have any problems, concerns, or complaints and need to ask for coverage, or make an appeal, Chapter 7 of this document tells what you can do. Whatever you do —ask for a coverage decision, make an appeal, or make a complaint — **we're required to treat you fairly.**

Section 1.7 If you believe you're being treated unfairly, or your rights aren't being respected

If you believe you've been treated unfairly or your rights haven't been respected due to your race, disability, religion, sex, health, ethnicity, creed (beliefs), age, or national origin, call the Department of Health and Human Services' **Office for Civil Rights** at 1-800-368-1019 (TTY users call 1-800-537-7697), or call your local Office for Civil Rights.

If you believe you've been treated unfairly or your rights haven't been respected, *and* it's *not* about discrimination, you can get help dealing with the problem you're having from these places:

- **Call Customer Service at 1-855-690-7798 (TTY users call 711)**
- **Call your local SHIP** at 1-800-390-3330
- **Call Medicare** at 1-800-MEDICARE (1-800-633-4227) (TTY users call 1-877-486-2048)

Section 1.8 How to get more information about your rights

Get more information about your rights from these places:

- **Call Customer Service at 1-855-690-7798 (TTY users call 711)**
- **Call your local SHIP** at 1-800-390-3330
- **Contact Medicare**
  - Visit www.Medicare.gov to read the publication *Medicare Rights & Protections* (available at Medicare Rights & Protections)
  - Call 1-800-MEDICARE (1-800-633-4227) (TTY users call 1-877-486-2048).

SECTION 2 Your responsibilities as a member of our plan

Things you need to do as a member of our plan are listed below. For questions, call Customer Service at *1-855-690-7798* (TTY users call 711).

- **Get familiar with your covered services and the rules you must follow to get these covered services.** Use this *Evidence of Coverage* to learn what's covered and the rules you need to follow to get covered services.
  - Chapters 3 and 4 give details about medical services.
- **If you have any other health coverage in addition to our plan, or separate drug coverage, you're required to tell us.** Chapter 1 tells you about coordinating these benefits.
- **Tell your doctor and other health care providers that you're enrolled in our plan.** Show our plan membership card whenever you get your medical care.
- **Help your doctors and other providers help you by giving them information, asking questions, and following through on your care.**
  - To help get the best care, tell your doctors and other health providers about your health problems. Follow the treatment plans and instructions you and your doctors agree on.
  - Make sure your doctors know all the drugs you're taking, including over-the-counter drugs, vitamins, and supplements.
  - If you have questions, be sure to ask and get an answer you can understand.
- **Be considerate.** We expect our members to respect the rights of other patients. We also expect you to act in a way that helps the smooth running of your doctor's office, hospitals, and other offices.
- **Pay what you owe**. As a plan member, you're responsible for these payments:
  - You must continue to pay your Medicare Part B premiums to stay a member of our plan.
  - For some of your medical services covered by our plan, you must pay your share of the cost when you get the service.
- **If you move *within* our plan service area, we need to know** so we can keep your membership record up to date and know how to contact you.
- **If you move *outside* of our plan service area, you can't stay a member of our plan.**
- **If you move, tell Social Security (or the Railroad Retirement Board).**

CHAPTER 7:

If you have a problem or complaint (coverage decisions, appeals, complaints)

SECTION 1 What to do if you have a problem or concern

This chapter explains 2 types of processes for handling problems and concerns:

- For some problems, you need to use the **process for coverage decisions and appeals.**
- For other problems, you need to use the **process for making complaints** (also called grievances).

Both processes have been approved by Medicare. Each process has a set of rules, procedures, and deadlines that must be followed by us and by you.

The information in this chapter will help you identify the right process to use and what to do.

Section 1.1 Legal terms

There are legal terms for some of the rules, procedures, and types of deadlines explained in this chapter. Many of these terms are unfamiliar to most people. To make things easier, this chapter uses more familiar words in place of some legal terms.

However, it's sometimes important to know the correct legal terms. To help you know which terms to use to get the right help or information, we include these legal terms when we give details for handling specific situations.

SECTION 2 Where to get more information and personalized help

We're always available to help you. Even if you have a complaint about our treatment of you, we're obligated to honor your right to complain. You should always call Customer Service at 1-855-690-7798 (TTY users call 711) for help. In some situations, you may also want help or guidance from someone who isn't connected with us. Two organizations that can help are:

State Health Insurance Assistance Program (SHIP)

Each state has a government program with trained counselors. The program is not connected with us or with any insurance company or health plan. The counselors at this program can help you understand which process you should use to handle a problem you're having. They can also answer questions, give you more information, and offer guidance on what to do.

The services of SHIP counselors are free. You will find phone numbers and website URLs in Chapter 2, Section 3 of this document.

Medicare

You can also contact Medicare for help:

- Call 1-800-MEDICARE (1-800-633-4227). TTY users call 1-877-486-2048.
- Visit www.Medicare.gov

SECTION 3 Which process to use for your problem

Is your problem or concern about your benefits or coverage?

This includes problems about whether medical care (medical items, services and/or Part B drugs) are covered or not, the way they're covered, and problems related to payment for medical care.

Yes.

Go to **Section 4, A guide to coverage decisions and appeals.**

No.

Go to **Section 9, How to make a complaint about quality of care, waiting times, customer service, or other concerns.**

Coverage decisions and appeals

SECTION 4 A guide to coverage decisions and appeals

Coverage decisions and appeals deal with problems related to your benefits and coverage for your medical care (services, items, and Part B drugs, including payment). To keep things simple, we generally refer to medical items, services, and Medicare Part B drugs as **medical care**. You use the coverage decision and appeals process for issues such as whether something is covered or not and the way in which something is covered.

Asking for coverage decisions before you get services

If you want to know if we'll cover a medical care before you get it, you can ask us to make a coverage decision for you. A coverage decision is a decision we make about your benefits and coverage or about the amount we'll pay for your medical care. For example, if our plan network doctor refers you to a medical specialist not inside the network, this referral is considered a favorable coverage decision unless either you or your network doctor can show that you got a standard denial notice for this medical specialist, or the *Evidence of Coverage* makes it clear that the referred service is never covered under any condition. You or your doctor can also contact us and ask for a coverage decision if your doctor is unsure whether we'll cover a particular medical service or refuses to provide medical care you think you need.

In limited circumstances a request for a coverage decision will be dismissed, which means we won't review the request. Examples of when a request will be dismissed include if the request is incomplete, if someone makes the request on your behalf but isn't legally authorized to do so, or if you ask for your request to be withdrawn. If we dismiss a request for a coverage decision, we'll send a notice explaining why the request was dismissed and how to ask for a review of the dismissal.

We make a coverage decision whenever we decide what's covered for you and how much we pay. In some cases, we might decide medical care isn't covered or is no longer covered for you. If you disagree with this coverage decision, you can make an appeal.

Making an appeal

If we make a coverage decision, whether before or after you get a benefit, and you aren't satisfied, you can **appeal** the decision. An appeal is a formal way of asking us to review and change a coverage decision we made. Under certain circumstances, you can ask for an expedited or **fast appeal** of a coverage decision. Your appeal is handled by different reviewers than those who made the original decision.

When you appeal a decision for the first time, this is called a Level 1 appeal. In this appeal, we review the coverage decision we made to check to see if we properly followed the rules. When we complete the review, we give you our decision.

In limited circumstances a request for a Level 1 appeal will be dismissed, which means we won't review the request. Examples of when a request will be dismissed include if the request is incomplete if someone makes the request on your behalf but isn't legally authorized to do so, or if you ask for your request to be withdrawn. If we dismiss a request for a Level 1 appeal, we'll send a notice explaining why the request was dismissed and how to ask for a review of the dismissal.

If we say no to all or part of your Level 1 appeal for medical care, your appeal will automatically go on to a Level 2 appeal conducted by an independent review organization not connected to us.

- You don't need to do anything to start a Level 2 appeal. Medicare rules require we automatically send your appeal for medical care to Level 2 if we don't fully agree with your Level 1 appeal.
- Go to **Section 5.4** of this chapter for more information about Level 2 appeals for medical care.

If you aren't satisfied with the decision at the Level 2 appeal, you may be able to continue through additional levels of appeal (this chapter explains the Level 3, 4, and 5 appeals processes).

Section 4.1 Get help when asking for a coverage decision or making an appeal

Here are resources if you decide to ask for any kind of coverage decision or appeal a decision:

- **Call Customer Service at 1-855-690-7798 (TTY users call 711)**
- **Get free help** from your State Health Insurance Assistance Program.
- **Your doctor can make a request for you.** If your doctor helps with an appeal past Level 2, they need to be appointed as your representative. Call Customer Service at 1-855-690-7798 (TTY users call 711) and ask for the *Appointment of Representative* form. (The form is also available at www.CMS.gov/Medicare/CMS-Forms/CMS-Forms/downloads/cms1696.pdf.)
    - For medical care or Part B drugs, your doctor can ask for a coverage decision or a Level 1 appeal on your behalf. If your appeal is denied at Level 1, it will be automatically forwarded to Level 2.
- **You can ask someone to act on your behalf.** You can name another person to act for you as your *representative* to ask for a coverage decision or make an appeal.
    - If you want a friend, relative, or another person to be your representative, call Customer Service at 1-855-690-7798 (TTY users call 711) and ask for the *Appointment of Representative* form. (The form is also available at www.CMS.gov/Medicare/CMS-Forms/CMS-Forms/downloads/cms1696.pdf.) This form gives that person permission to act on your behalf. It must be signed by you and by the person you want to act on your behalf. You must give us a copy of the signed form.
    - We can accept an appeal request from a representative without the form, but we can't begin or complete our review until we get it. If we don't get the form before our deadline for making a decision on your appeal, your appeal request will be dismissed. If this happens, we'll send you a written notice explaining your right to ask the independent review organization to review our decision to dismiss your appeal.
- **You also have the right to hire a lawyer.** You can contact your own lawyer or get the name of a lawyer from your local bar association or other referral service. There are groups that will give you free legal services if you qualify. However, **you aren't required to hire a lawyer** to ask for any kind of coverage decision or appeal a decision.

Section 4.2 Rules and deadlines for your different situations

There are 3 different situations that involve coverage decisions and appeals. Each situation has different rules and deadlines We give the details for each one of these situations in this chapter:

- **Section 5:** Medical care: How to ask for a coverage decision or make an appeal
- **Section 6:** How to ask us to cover a longer inpatient hospital stay if you think you're being discharged too soon
- **Section 7:** How to ask us to keep covering certain medical services if you think your coverage is ending too soon (*Applies only to these services*: home health care, skilled nursing facility care, and Comprehensive Outpatient Rehabilitation Facility (CORF) services)

If you're not sure which information applies to you, call Customer Service at 1-855-690-7798 (TTY users call 711). You can also get help or information from your SHIP.

SECTION 5 Medical care: How to ask for a coverage decision or make an appeal

Section 5.1 What to do if you have problems getting coverage for medical care or want us to pay you back for our share of the cost of your care

Your benefits for medical care are described in Chapter 4 in the Medical Benefits Chart. In some cases, different rules apply to ask for a Part B drug. In those cases, we'll explain how the rules for Part B drugs are different from the rules for medical items and services.

This section tells what you can do if you're in any of the 5 following situations:

1. You aren't getting certain medical care you want, and you believe that this care is covered by our plan. **Ask for a coverage decision. Section 5.2.**
2. Our plan won't approve the medical care your doctor or other medical provider wants to give you, and you believe this care is covered by our plan. **Ask for a coverage decision. Section 5.2.**
3. You got medical care that you believe should be covered by our plan, but we said we won't pay for this care. **Make an Appeal. Section 5.3.**
4. You got and paid for medical care that you believe should be covered by our plan, and you want to ask our plan to reimburse you for this care. **Send us the bill. Section 5.5.**
5. You're told that coverage for certain medical care you've been getting that we previously approved will be reduced or stopped, and you believe that reducing or stopping this care could harm your health. **Make an Appeal. Section 5.3.**

Note: If the coverage that will be stopped is for hospital care, home health care, skilled nursing facility care, or Comprehensive Outpatient Rehabilitation Facility (CORF) services, go to Sections 6 and 7 of this Chapter. Special rules apply to these types of care.

Section 5.2 How to ask for a coverage decision

Legal Terms:

A coverage decision that involves your medical care is called an **organization determination.**

A fast coverage decision is called an **expedited determination.**

Step 1: Decide if you need a standard coverage decision or a fast coverage decision.

A standard coverage decision is usually made within 7 calendar days when the medical item or service is subject to our prior authorization rules, 14 calendar days for all other medical items and services, or 72 hours for Part B drugs. A fast coverage decision is generally made within 72 hours, for medical services, or 24 hours for Part B drugs. To get a fast coverage decision, you must meet 2 requirements:

- You may *only ask* for coverage for medical care items and/or services (not requests for payment for items and/or services you already got).
- You can get a fast coverage decision *only* if using the standard deadlines could cause serious harm to your health or hurt your ability to regain function.

If your doctor tells us that your health requires a fast coverage decision, we'll automatically agree to give you a fast coverage decision.

If you ask for a fast coverage decision on your own, without your doctor's support, we'll decide whether your health requires that we give you a fast coverage decision. If we don't approve a fast coverage decision, we'll send you a letter that:

- Explains that we'll use the standard deadlines.
- Explains if your doctor asks for the fast coverage decision, we'll automatically give you a fast coverage decision.
- Explains that you can file a *fast complaint* about our decision to give you a standard coverage decision instead of the fast coverage decision you asked for.

Step 2: Ask our plan to make a coverage decision or fast coverage decision

- Start by calling, writing, or faxing our plan to make your request for us to authorize or provide coverage for the medical care you want. You, your doctor, or your representative can do this. Chapter 2 has contact information.

Step 3: We consider your request for medical care coverage and give you our answer.

For standard coverage decisions we use the standard deadlines.

This means we'll give you an answer within 7 calendar days after we get your request for a medical item or service that is subject to our prior authorization rules. If your requested medical item or service is not subject to our prior authorization rules, we'll give you an answer within 14 calendar days after we get your request. If your request is for a Part B drug, we'll give you an answer within 72 hours after we get your request.

- **However,** if you ask for more time, or if we need more information that may benefit you, **we can take up to 14 more calendar days** if your request is for a medical item or service. If we take extra days, we'll tell you in writing. We can't take extra time to make a decision if your request is for a Part B drug.
- If you believe we *shouldn't* take extra days, you can file a *fast complaint*. We'll give you an answer to your complaint as soon as we make the decision. (The process for making a complaint is different from the process for coverage decisions and appeals. Go to Section 9 of this chapter for information on complaints.)

For fast coverage decisions we use an expedited timeframe.

A fast coverage decision means we'll answer within 72 hours if your request is for a medical item or service. If your request is for a Part B drug, we'll answer within 24 hours.

- **However,** if you ask for more time, or if we need more information that may benefit you, **we can take up to 14 more calendar days**. If we take extra days, we'll tell you in writing. We can't take extra time to make a decision if your request is for a Part B drug.
- If you believe we *shouldn't* take extra days, you can file a *fast complaint*. (Go to Section 9 for information on complaints.) We'll call you as soon as we make the decision.
- If our answer is no to part or all of what you asked for, we'll send you a written statement that explains why we said no.

Step 4: If we say no to your request for coverage for medical care, you can appeal.

- If we say no, you have the right to ask us to reconsider this decision by making an appeal. This means asking again to get the medical care coverage you want. If you make an appeal, it means you're going on to Level 1 of the appeals process.

Section 5.3 How to make a Level 1 appeal

Legal Terms:

An appeal to our plan about a medical care coverage decision is called a plan **reconsideration.**

A fast appeal is also called an **expedited reconsideration.**

Step 1: Decide if you need a standard appeal or a fast appeal.

A standard appeal is usually made within 30 calendar days or 7 calendar days for Part B drugs. A fast appeal is generally made within 72 hours.

- If you're appealing a decision we made about coverage for care, you and/or your doctor need to decide if you need a fast appeal. If your doctor tells us that your health requires a fast appeal, we'll give you a fast appeal.
- The requirements for getting a *fast appeal* are the same as those for getting a fast coverage decision in Section 5.2 of this chapter.

Step 2: Ask our plan for an appeal or a fast appeal

- **If you're asking for a standard appeal, submit your standard appeal in writing.** Chapter 2 has contact information.
- **If you're asking for a fast appeal, make your appeal in writing or call us.** Chapter 2 has contact information.
- **You must make your appeal request within 65 calendar days** from the date on the written notice we sent to tell you our answer on the coverage decision. If you miss this deadline and have a good reason for missing it, explain the reason your appeal is late when you make your appeal. We may give you more time to make your appeal. Examples of good cause may include a serious illness that prevented you from contacting us or if we provided you with incorrect or incomplete information about the deadline for asking for an appeal.
- **You can ask for a copy of the information regarding your medical decision. You and your doctor may add more information to support your appeal.** We're allowed to charge a fee for copying and sending this information to you.

Step 3: We consider your appeal, and we give you our answer.

- When our plan is reviewing your appeal, we take a careful look at all the information. We check to see if we were following all the rules when we said no to your request.
- We'll gather more information if needed and may contact you or your doctor.

Deadlines for a fast appeal

- For fast appeals, we must give you our answer **within 72 hours after we get your appeal**. We'll give you our answer sooner if your health requires us to.
    - If you ask for more time, or if we need more information that may benefit you, **we can take up to 14 more calendar days** if your request is for a medical item or service. If we take extra days, we'll tell you in writing. We can't take extra time if your request is for a Part B drug.
    - If we don't give you an answer within 72 hours (or by the end of the extended time period if we took extra days), we're required to automatically send your request to Level 2 of the appeals process, where it will be reviewed by an independent review organization. Section 5.4 explains the Level 2 appeal process.
- **If our answer is yes to part or all of what you asked for,** we must authorize or provide the coverage we agreed to within 72 hours after we get your appeal.
- **If our answer is no to part or all of what you asked for,** we'll send you our decision in writing and automatically forward your appeal to the independent review organization for a Level 2 appeal. The independent review organization will notify you in writing when it gets your appeal.

Deadlines for a standard appeal

- For standard appeals, we must give you our answer **within 30 calendar days** after we get your appeal. If your request is for a Part B drug you didn't get yet, we'll give you our answer **within 7 calendar days** after we get your appeal. We'll give you our decision sooner if your health condition requires us to.
    - However, if you ask for more time, or if we need more information that may benefit you, **we can take up to 14 more calendar days** if your request is for a medical item or service. If we take extra days, we'll tell you in writing. We can't take extra time to make a decision if your request is for a Part B drug.
    - If you believe we shouldn't take extra days, you can file a fast complaint. When you file a fast complaint, we'll give you an answer to your complaint within 24 hours. (Go to Section 9 of this chapter for information on complaints.)
    - If we don't give you an answer by the deadline (or by the end of the extended time period), we'll send your request to a Level 2 appeal, where an independent review organization will review the appeal. Section 5.4 explains the Level 2 appeal process.
- **If our answer is yes to part or all of what you asked for,** we must authorize or provide the coverage within 30 calendar days if your request is for a medical item or service, or **within 7 calendar days** if your request is for a Part B drug.
- **If our plan says no to part or all of your appeal,** we'll automatically send your appeal to the independent review organization for a Level 2 appeal.

Section 5.4 The Level 2 appeal process

Legal Term:

The formal name for the independent review organization is the **Independent Review Entity.** It's sometimes called the **IRE.**

The **independent review organization is an independent organization hired by Medicare**. It isn't connected with us and isn't a government agency. This organization decides whether the decision we made is correct or if it should be changed. Medicare oversees its work.

Step 1: The independent review organization reviews your appeal.

- We'll send the information about your appeal to this organization. This information is called your **case file**. **You have the right to ask us for a copy of your case file**. We're allowed to charge you a fee for copying and sending this information to you.
- You have a right to give the independent review organization additional information to support your appeal.
- Reviewers at the independent review organization will take a careful look at all the information related to your appeal.

If you had a fast appeal at Level 1, you'll also have a fast appeal at Level 2.

- For the fast appeal, the independent review organization must give you an answer to your Level 2 appeal **within 72 hours** of when it gets your appeal.
- If your request is for a medical item or service and the independent review organization needs to gather more information that may benefit you, **it can take up to 14 more calendar days**. The independent review organization can't take extra time to make a decision if your request is for a Part B drug.

If you had a standard appeal at Level 1, you'll also have a standard appeal at Level 2.

- For the standard appeal, if your request is for a medical item or service, the independent review organization must give you an answer to your Level 2 appeal **within 30 calendar days** of when it gets your appeal. If your request is for a Part B drug, the independent review organization must give you an answer to your Level 2 appeal **within 7 calendar days** of when it gets your appeal.
- If your request is for a medical item or service and the independent review organization needs to gather more information that may benefit you, **it can take up to 14 more calendar days**. The independent review organization can't take extra time to make a decision if your request is for a Part B drug.

Step 2: The independent review organization gives you its answer.

The independent review organization will tell you it's decision in writing and explain the reasons for it.

- **If the independent review organization says yes to part or all of a request for a medical item or service**, we must authorize the medical care coverage within 72 hours or provide the service within 14 calendar days after we get the decision from the independent review organization for **standard requests**. For **expedited requests**, we have **72 hours** from the date we get the decision from the independent review organization.
- **If the independent review organization says yes to part or all of a request for a Part B drug**, we must authorize or provide the Part B prescription drug within **72 hours** after we get the decision from the independent review organization for **standard requests**. For **expedited requests** we have **24 hours** from the date we get the decision from the independent review organization.
- **If this organization says no to part or all of your appeal**, it means they agree with us that your request (or part of your request) for coverage for medical care shouldn't be approved. (This is called **upholding the decision** or **turning down your appeal**.) In this case, the independent review organization will send you a letter:
  - Explains the decision.
  - Lets you know about your right to a Level 3 appeal if the dollar value of the medical care coverage meets a certain minimum. The written notice you get from the independent review organization will tell you the dollar amount you must meet to continue the appeals process.
  - Tells you how to file a Level 3 appeal.

Step 3: If your case meets the requirements, you choose whether you want to take your appeal further.

- There are 3 additional levels in the appeals process after Level 2 (for a total of 5 levels of appeal). If you want to go to a Level 3 appeal the details on how to do this are in the written notice you get after your Level 2 appeal.
- The Level 3 appeal is handled by an Administrative Law Judge or attorney adjudicator. Section 8 explains the Level 3, 4, and 5 appeals processes.

Section 5.5 If you're asking us to pay you for our share of a bill you got for medical care

Chapter 5 describes when you may need to ask for reimbursement or to pay a bill you got from a provider. It also tells how to send us the paperwork that asks us for payment.

Asking for reimbursement is asking for a coverage decision from us

If you send us the paperwork asking for reimbursement, you're asking for a coverage decision. To make this coverage decision, we'll check to see if the medical care you paid for is covered. We'll also check to see if you followed the rules for using your coverage for medical care.

- **If we say yes to your request:** If the medical care is covered and you followed the rules, we'll send you the payment for the cost typically within 30 calendar days, but no later than 60 calendar days after we get your request. If you haven't paid for the medical care, we'll send the payment directly to the provider.
- **If we say no to your request:** If the medical care is not covered, or you did not follow all the rules, we won't send payment. Instead, we'll send you a letter that says we won't pay for the medical care and the reasons why.

If you don't agree with our decision to turn you down, **you can make an appeal**. If you make an appeal, it means you're asking us to change the coverage decision we made when we turned down your request for payment.

To make this appeal, follow the process for appeals in Section 5.3. For appeals concerning reimbursement, note:

- We must give you our answer within 60 calendar days after we get your appeal. If you're asking us to pay you back for medical care you have already received and paid for, you aren't allowed to ask for a fast appeal.
- If the independent review organization decides we should pay, we must send you or the provider the payment within 30 calendar days. If the answer to your appeal is yes at any stage of the appeals process after Level 2, we must send the payment you asked for to you or the provider within 60 calendar days.

SECTION 6 How to ask us to cover a longer inpatient hospital stay if you think you're being discharged too soon

When you're admitted to a hospital, you have the right to get all covered hospital services necessary to diagnose and treat your illness or injury.

During your covered hospital stay, your doctor and the hospital staff will work with you to prepare for the day you leave the hospital. They'll help arrange for care you may need after you leave.

- The day you leave the hospital is called your **discharge date**.
- When your discharge date is decided, your doctor or the hospital staff will tell you.
- If you think you're being asked to leave the hospital too soon, you can ask for a longer hospital stay, and your request will be considered.

Section 6.1 During your inpatient hospital stay, you'll get a written notice from Medicare that tells you about your rights

Within 2 calendar days of being admitted to the hospital, you'll be given a written notice called *An Important Message from Medicare about Your Rights*. Everyone with Medicare gets a copy of this notice. If you don't get the notice from someone at the hospital (for example, a caseworker or nurse), ask any hospital employee for it. If you need help, call Customer Service at 1-855-690-7798 (TTY users call 711) or 1-800-MEDICARE (1-800-633-4227). TTY users call 1-877-486-2048.

1. **Read this notice carefully and ask questions if you don’t understand it.** It tells you:
    - Your right to get Medicare-covered services during and after your hospital stay, as ordered by your doctor. This includes the right to know what these services are, who will pay for them, and where you can get them.
    - Your right to be involved in any decisions about your hospital stay.
    - Where to report any concerns, you have about the quality of your hospital care.
    - Your right to **request an immediate review** of the decision to discharge you if you think you're being discharged from the hospital too soon. This is a formal, legal way to ask for a delay in your discharge date, so we'll cover your hospital care for a longer time.
2. **You'll be asked to sign the written notice to show that you got it and understand your rights.**
    - You or someone who is acting on your behalf will be asked to sign the notice.
    - Signing the notice shows *only* that you got the information about your rights. The notice doesn't give your discharge date. Signing the notice **doesn't mean** you're agreeing on a discharge date.
3. **Keep your copy** of the notice so you'll have the information about making an appeal (or reporting a concern about quality of care) if you need it.
    - If you sign the notice more than 2 calendar days before your discharge date, you'll get another copy before you're scheduled to be discharged.
    - To look at a copy of this notice in advance, call Customer Service at 1-855-690-7798 (TTY users call 711) or 1-800 MEDICARE (1-800-633-4227). TTY users call 1-877-486-2048. You can also get the notice online at www.CMS.gov/Medicare/forms-notices/beneficiary-notices-initiative/ffs-ma-im.

Section 6.2 How to make a Level 1 appeal to change your hospital discharge date

To ask us to cover inpatient hospital services for a longer time, use the appeals process to make this request. Before you start, understand what you need to do and what the deadlines are.

- **Follow the process.**
- **Meet the deadlines.**
- **Ask for help if you need it.** If you have questions or need help, call Customer Service at 1-855-690-7798 (TTY users call 711). Or call your State Health Insurance Assistance Program (SHIP) for personalized help. You can call Missouri State Health Insurance Assistance Program (SHIP) at 1-800-390-3330. SHIP contact information is available in Chapter 2, Section 3.

During a Level 1 appeal, the Quality Improvement Organization reviews your appeal. It checks to see if your planned discharge date is medically appropriate for you. The **Quality Improvement Organization** is a group of doctors and other health care professionals paid by the federal government to check on and help improve the quality of care for people with Medicare. This includes reviewing hospital discharge dates for people with Medicare. These experts aren't part of our plan.

Step 1: Contact the Quality Improvement Organization for your state and ask for an *immediate* review of your hospital discharge. You must act quickly.

How can you contact this organization?

- The written notice you got (*An Important Message from Medicare About Your Rights*) tells you how to reach this organization. Or find the name, address, and phone number of the Quality Improvement Organization for your state in Chapter 2.

Act quickly:

- To make your appeal, you must contact the Quality Improvement Organization *before* you leave the hospital and **no later than midnight the day of your discharge.**
    - **If you meet this deadline**, you can stay in the hospital *after* your discharge date *without paying for it* while you wait to get the decision from the Quality Improvement Organization.
    - **If you don't meet this deadline, contact us.** If you decide to stay in the hospital after your planned discharge date, *you may have to pay all the costs* for hospital care you get after your planned discharge date.
- Once you ask for an immediate review of your hospital discharge the Quality Improvement Organization will contact us. By noon of the day after we're contacted, we'll give you a **Detailed Notice of Discharge**. This notice gives your planned discharge date and explains in detail the reasons why your doctor, the hospital, and we think it's right (medically appropriate) for you to be discharged on that date.
- You can get a sample of the **Detailed Notice of Discharge** by calling Customer Service at 1-855-690-7798 (TTY users call 711) or 1-800-MEDICARE (1-800-633-4227). (TTY users call

1-877-486-2048.) Or you can get a sample notice online at www.CMS.gov/Medicare/forms-notices/beneficiary-notices-initiative/ffs-ma-im.

Step 2: The Quality Improvement Organization conducts an independent review of your case.

- Health professionals at the Quality Improvement Organization (the *reviewers*) will ask you (or your representative) why you believe coverage for the services should continue. You don't have to prepare anything in writing, but you can if you want.
- The reviewers will also look at your medical information, talk with your doctor, and review information that we and the hospital gave them.
- By noon of the day after the reviewers told us of your appeal, you'll get a written notice from us that gives your planned discharge date. This notice also explains in detail the reasons why your doctor, the hospital, and we think it's right (medically appropriate) for you to be discharged on that date.

Step 3: Within one full day after it has all the needed information, the Quality Improvement Organization will give you its answer to your appeal.

What happens if the answer is yes?

- If the independent review organization says *yes*, **we must keep providing your covered inpatient hospital services for as long as these services are medically necessary.**
- You'll have to keep paying your share of the costs (such as deductibles or copayments, if these apply). In addition, there may be limitations on your covered hospital services.

What happens if the answer is no?

- If the independent review organization says *no*, they're saying that your planned discharge date is medically appropriate. If this happens, **our coverage for your inpatient hospital services will end** at noon on the day *after* the Quality Improvement Organization gives you its answer to your appeal.
- If the independent review organization says *no* to your appeal and you decide to stay in the hospital, **you may have to pay the full cost** of hospital care you get after noon on the day after the Quality Improvement Organization gives you its answer to your appeal.

Step 4: If the answer to your Level 1 appeal is no, you decide if you want to make another appeal.

- If the Quality Improvement Organization said *no* to your appeal, *and* you stay in the hospital after your planned discharge date, you can make another appeal. Making another appeal means you're going to *Level 2* of the appeals process.

Section 6.3 How to make a Level 2 appeal to change your hospital discharge date

During a Level 2 appeal, you ask the Quality Improvement Organization to take another look at its decision on your first appeal. If the Quality Improvement Organization turns down your Level 2 appeal, you may have to pay the full cost for your stay after your planned discharge date.

Step 1: Contact the Quality Improvement Organization again and ask for another review.

- You must ask for this review **within 60 calendar days** after the day the Quality Improvement Organization said *no* to your Level 1 appeal. You can ask for this review only if you stay in the hospital after the date your coverage for the care ended.

Step 2: The Quality Improvement Organization does a second review of your situation.

- Reviewers at the Quality Improvement Organization will take another careful look at all the information related to your appeal.

Step 3: Within 14 calendar days of receipt of your request for a Level 2 appeal, the reviewers will decide on your appeal and tell you it's decision.

If the independent review organization says yes:

- **We must reimburse you** for our share of the costs of hospital care you got since noon on the day after the date your first appeal was turned down by the Quality Improvement Organization. **We must continue providing coverage for your inpatient hospital care for as long as it's medically necessary.**
- You must continue to pay your share of the costs and coverage limitations may apply.

If the independent review organization says no:

- It means they agree with the decision they made on your Level 1 appeal.
- The notice you get will tell you in writing what you can do if you want to continue with the review process.

Step 4: If the answer is no, you need to decide whether you want to take your appeal further by going to Level 3.

- There are 3 additional levels in the appeals process after Level 2 (for a total of 5 levels of appeal). If you want to go to a Level 3 appeal, the details on how to do this are in the written notice you get after your Level 2 appeal decision.
- The Level 3 appeal is handled by an Administrative Law Judge or attorney adjudicator. Section 8 in this chapter tells more about Levels 3, 4, and 5 of the appeals process.

SECTION 7 How to ask us to keep covering certain medical services if you think your coverage is ending too soon

When you're getting covered **home health services, skilled nursing care, or rehabilitation care (Comprehensive Outpatient Rehabilitation Facility)**, you have the right to keep getting your services for that type of care for as long as the care is needed to diagnose and treat your illness or injury.

When we decide it's time to stop covering any of these 3 types of care for you, we're required to tell you in advance. When your coverage for that care ends, *we'll stop paying our share of the cost for your care*.

If you think we're ending the coverage of your care too soon, **you can appeal our decision**. This section tells you how to ask for an appeal.

Section 7.1 We'll tell you in advance when your coverage will be ending

Legal Term:

Notice of Medicare Non-Coverage. It tells you how you can ask for a **fast-track appeal.** Asking for a fast-track appeal is a formal, legal way to ask for a change to our coverage decision about when to stop your care.

1. **You get a notice in writing** at least 2 calendar days before our plan is going to stop covering your care. The notice tells you:
   - The date when we'll stop covering the care for you.
   - How to ask for a fast-track appeal to ask us to keep covering your care for a longer period of time.
2. **You, or someone who is acting on your behalf, will be asked to sign the written notice to show that you got it.** Signing the notice shows *only* that you got the information about when your coverage will stop. **Signing it doesn't mean you agree** with our plan's decision to stop care.

Section 7.2 How to make a Level 1 appeal to have our plan cover your care for a longer time

If you want to ask us to cover your care for a longer period of time, you'll need to use the appeals process to make this request. Before you start, understand what you need to do and what the deadlines are.

- **Follow the process.**

- **Meet the deadlines.**
- **Ask for help if you need it.** If you have questions or need help, call Customer Service at 1-855-690-7798 (TTY users call 711). Or call your State Health Insurance Assistance Program (SHIP) for personalized help. You can call Missouri State Health Insurance Assistance Program (SHIP) at 1-800-390-3330. SHIP contact information is available in Chapter 2, Section 3.

During a Level 1 appeal, the Quality Improvement Organization reviews your appeal. It decides if the end date for your care is medically appropriate. The **Quality Improvement Organization** is a group of doctors and other health care experts who are paid by the federal government to check on and improve the quality of care for people with Medicare. This includes reviewing plan decisions about when it's time to stop covering certain kinds of medical care. These experts aren't part of our plan.

Step 1: Make your Level 1 appeal: contact the Quality Improvement Organization and ask for a *fast-track appeal*. You must act quickly.

How can you contact this organization?

- The written notice you got (*Notice of Medicare Non*-Coverage) tells you how to reach this organization. Or find the name, address, and phone number of the Quality Improvement Organization for your state in Chapter 2.

Act quickly:

- You must contact the Quality Improvement Organization to start your appeal **by noon of the day before the effective date** on the *Notice of Medicare Non-Coverage.*
- If you miss the deadline, and you want to file an appeal, you still have appeal rights. Contact the Quality Improvement Organization using the contact information on the *Notice of Medicare Non-coverage*. The name, address, and phone number of the Quality Improvement Organization for your state may also be found in Chapter 2.

Step 2: The Quality Improvement Organization conducts an independent review of your case.

Legal Term:

Detailed Explanation of Non-Coverage. Notice that gives details on reasons for ending coverage.

What happens during this review?

- Health professionals at the Quality Improvement Organization (the *reviewers*) will ask you, or your representative, why you believe coverage for the services should continue. You don't have to prepare anything in writing, but you can if you want.
- The independent review organization will also look at your medical information, talk with your doctor, and review information our plan gives them.

- By the end of the day the reviewers tell us of your appeal, you'll get the *Detailed Explanation of Non-Coverage* from us that explains in detail our reasons for ending our coverage for your services.

Step 3: Within one full day after they have all the information they need; the reviewers will tell you it's decision.

What happens if the reviewers say yes?

- If the reviewers say *yes* to your appeal, then **we must keep providing your covered services for as long as it's medically necessary.**
- You'll have to keep paying your share of the costs (such as deductibles or copayments if these apply). There may be limitations on your covered services.

What happens if the reviewers say no?

- If the reviewers say *no*, then **your coverage will end on the date we told you.**
- If you decide to keep getting the home health care, or skilled nursing facility care, or Comprehensive Outpatient Rehabilitation Facility (CORF) services *after* this date when your coverage ends, **you'll have to pay the full cost** of this care yourself.

Step 4: If the answer to your Level 1 appeal is no, you decide if you want to make another appeal.

- If reviewers say *no* to your Level 1 appeal – and you choose to continue getting care after your coverage for the care has ended – then you can make a Level 2 appeal.

Section 7.3 How to make a Level 2 appeal to have our plan cover your care for a longer time

During a Level 2 appeal, you ask the Quality Improvement Organization to take another look at the decision on your first appeal. If the Quality Improvement Organization turns down your Level 2 appeal, you may have to pay the full cost for your home health care, or skilled nursing facility care, or Comprehensive Outpatient Rehabilitation Facility (CORF) services *after* the date when we said your coverage would end.

Step 1: Contact the Quality Improvement Organization again and ask for another review.

- You must ask for this review **within 60 calendar days** after the day when the Quality Improvement Organization said *no* to your Level 1 appeal. You can ask for this review only if you continued getting care after the date your coverage for the care ended.

Step 2: The Quality Improvement Organization does a second review of your situation.

- Reviewers at the Quality Improvement Organization will take another careful look at all the information related to your appeal.

Step 3: Within 14 calendar days of receipt of your appeal request, reviewers will decide on your appeal and tell you it's decision.

What happens if the independent review organization says yes?

- **We must reimburse you** for our share of the costs of care you got since the date when we said your coverage would end. **We must continue providing coverage** for the care for as long as it's medically necessary.
- You must continue to pay your share of the costs and there may be coverage limitations that apply.

What happens if the independent review organization says no?

- It means they agree with the decision made to your Level 1 appeal.
- The notice you get will tell you in writing what you can do if you want to continue with the review process. It will give you details about how to go to the next level of appeal, which is handled by an Administrative Law Judge or attorney adjudicator.

Step 4: If the answer is no, you need to decide whether you want to take your appeal further.

- There are 3 additional levels of appeal after Level 2, for a total of 5 levels of appeal. If you want to go on to a Level 3 appeal, the details on how to do this are in the written notice you get after your Level 2 appeal decision.
- The Level 3 is handled by an Administrative Law Judge or attorney adjudicator. Section 8 in this chapter tells more about Levels 3, 4, and 5 of the appeals process.

SECTION 8 Taking your appeal to Levels 3, 4, and 5

Section 8.1 Appeal Levels 3, 4 and 5 for Medical Service Requests

This section may be right for you if you made a Level 1 appeal and a Level 2 appeal, and both of your appeals were turned down.

If the dollar value of the item or medical service you appealed meets certain minimum levels, you may be able to go on to additional levels of appeal. If the dollar value is less than the minimum level, you can't appeal any further. The written response you get to your Level 2 appeal will explain how to make a Level 3 appeal.

For most situations that involve appeals, the last 3 levels of appeal work in much the same way at the first 2 levels. Here's who handles the review of your appeal at each of these levels.

Level 3 appeal

An **Administrative Law Judge** or an attorney adjudicator who works for the federal government will review your appeal and give you an answer.

- **If the Administrative Law Judge or attorney adjudicator says yes to your appeal, the appeals process *may* or *may not* be over.** Unlike a decision at a Level 2 appeal, we have the right to appeal a Level 3 decision that's favorable to you. If we decide to appeal, it will go to a Level 4 appeal.
    - If we decide *not* to appeal, we must authorize or provide you with the medical care within 60 calendar days after we get the Administrative Law Judge's or attorney adjudicator's decision.
    - If we decide to appeal the decision, we'll send you a copy of the Level 4 appeal request with any accompanying documents. We may wait for the Level 4 appeal decision before authorizing or providing the medical care in dispute.
- **If the Administrative Law Judge or attorney adjudicator says no to your appeal, the appeals process *may* or *may not* be over.**
    - If you decide to accept the decision that turns down your appeal, the appeals process is over.
    - If you don't want to accept the decision, you can continue to the next level of the review process. The notice you get will tell you what to do for a Level 4 appeal.

Level 4 appeal

The **Medicare Appeals Council** (Council) will review your appeal and give you an answer. The Council is part of the federal government.

- **If the answer is yes, or if the Council denies our request to review a favorable Level 3 appeal decision, the appeals process *may* or *may not* be over.** Unlike a decision at Level 2, we have the right to appeal a Level 4 decision that is favorable to you. We'll decide whether to appeal this decision to Level 5.
    - If we decide *not* to appeal the decision, we must authorize or provide you with the medical care within 60 calendar days after getting the Council's decision.
    - If we decide to appeal the decision, we'll let you know in writing.
- **If the answer is no or if the Council denies the review request, the appeals process *may* or *may not* be over.**
    - If you decide to accept this decision that turns down your appeal, the appeals process is over.

- If you don't want to accept the decision, you may be able to continue to the next level of the review process. If the Council says no to your appeal, the notice you get will tell you whether the rules allow you to go to a Level 5 appeal and how to continue with a Level 5 appeal.

Level 5 appeal

A judge at the **Federal District Court** will review your appeal.

- A judge will review all the information and decide *yes* or *no* to your request. This is a final answer. There are no more appeal levels after the Federal District Court.

Making complaints

SECTION 9 How to make a complaint about quality of care, waiting times, customer service, or other concerns

Section 9.1 What kinds of problems are handled by the complaint process?

The complaint process is *only* used for certain types of problems. This includes problems related to quality of care, waiting times, and customer service. Here are examples of the kinds of problems handled by the complaint process.

Complaint	Example
Quality of your medical care	• Are you unhappy with the quality of the care you got (including care in the hospital)?
Respecting your privacy	• Did someone not respect your right to privacy or share confidential information?
Disrespect, poor customer service, or other negative behaviors	• Has someone been rude or disrespectful to you? • Are you unhappy with our Customer Service? • Do you feel you're being encouraged to leave our plan?
Waiting times	• Are you having trouble getting an appointment, or waiting too long to get it? • Have you been kept waiting too long by doctors, pharmacists, or other health professionals? Or by our Customer Service or other staff at our plan?

Complaint	Example
	○ Examples include waiting too long on the phone, in the waiting or exam room, or getting a prescription.
Cleanliness	• Are you unhappy with the cleanliness or condition of a clinic, hospital, or doctor's office?
Information you get from us	• Did we fail to give you a required notice? • Is our written information hard to understand?
Timeliness (These types of complaints are all about the *timeliness* of our actions related to coverage decisions and appeals)	If you asked for a coverage decision or made an appeal, and you think we aren't responding quickly enough, you can make a complaint about our slowness. Here are examples: • You asked us for a *fast coverage decision* or a *fast appeal*, and we said no; you can make a complaint. • You believe we aren't meeting the deadlines for coverage decisions or appeals; you can make a complaint. • You believe we aren't meeting deadlines for covering or reimbursing you for certain medical items or services or drugs that were approved; you can make a complaint. • You believe we failed to meet required deadlines for forwarding your case to the independent review organization; you can make a complaint.

Section 9.2 How to make a complaint

Legal Terms:

A **complaint** is also called a **grievance.**

Making a complaint is called **filing a grievance.**

Using the process for complaints is called **using the process for filing a grievance.**

A **fast complaint** is called an **expedited grievance.**

Step 1: Contact us promptly – either by phone or in writing.

- **Calling Customer Service at 1-855-690-7798 (TTY users call 711) is usually the first step.** If there's anything else you need to do, Customer Service will let you know.
- **If you don't want to call (or you called and were not satisfied), you can put your complaint in writing and send it to us.** If you put your complaint in writing, we'll respond to your complaint in writing.
    - You or someone you name may file a grievance. The person you name would be your representative. You may name a relative, friend, lawyer, advocate, doctor or anyone else to act for you.
    - If you want someone to act for you who is not already authorized by the court or under state law, then you and that person must sign and date a statement that gives the person legal permission to be your representative. To learn how to name your representative, you may call Customer Service.
    - A grievance must be filed, either verbally or in writing within 60 days of the event or incident. We must address your grievance as quickly as your case requires based on your health status, but no later than 30 days after receiving your complaint. We may extend the time frame by up to 14 days if you ask for the extension, or, if we justify a need for additional information and the delay is in your best interest.
    - A fast grievance can be filed concerning a plan decision not to conduct a fast response to a coverage decision or appeal, or, if we take an extension on a coverage decision or appeal. We must respond to your expedited grievance within 24 hours.
- The **deadline** for making a complaint is 60 calendar days from the time you had the problem you want to complain about.

Step 2: We look into your complaint and give you our answer.

- **If possible, we'll answer you right away.** If you call us with a complaint, we may be able to give you an answer on the same phone call.
- **Most complaints are answered within 30 calendar days.** If we need more information and the delay is in your best interest or if you ask for more time, **we can take up to 14 more calendar days** (44 calendar days total) to answer your complaint. If we decide to take extra days, we'll tell you in writing.
- **If you're making a complaint because we denied your request for a fast coverage decision or a fast appeal, we'll automatically give you a fast complaint.** If you have a fast complaint, it means we'll give you **an answer within 24 hours.**
- **If we don't agree** with some or all of your complaint or don't take responsibility for the problem you're complaining about, we'll include our reasons in our response to you.

Section 9.3 You can also make complaints about quality of care to the Quality Improvement Organization

When your complaint is about *quality of care,* you have 2 extra options:

- **You can make your complaint directly to the Quality Improvement Organization.** The Quality Improvement Organization is a group of practicing doctors and other health care experts paid by the federal government to check and improve the care given to Medicare patients. Chapter 2 has contact information.

Or

- **You can make your complaint to both the Quality Improvement Organization and us at the same time**.

Section 9.4 You can also tell Medicare about your complaint

You can submit a complaint about Anthem Veteran (PPO) directly to Medicare. To submit a complaint to Medicare, go to www.Medicare.gov/my/medicare-complaint. You can also call 1-800-MEDICARE (1-800-633-4227). TTY/TDD users call 1-877-486-2048.

CHAPTER 8:

Ending membership in our plan

SECTION 1 Ending your membership in our plan

Ending your membership in Anthem Veteran (PPO) may be **voluntary** (your own choice) or **involuntary** (not your own choice):

- You might leave our plan because you decide you *want* to leave. Sections 2 and 3 provide information on ending your membership voluntarily.
- There are also limited situations where we're required to end your membership. Section 5 tells you about situations when we must end your membership.

If you're leaving our plan, our plan must continue to provide your medical care, and you'll continue to pay your cost share until your membership ends.

SECTION 2 When can you end your membership in our plan?

Section 2.1 You can end your membership during the Open Enrollment Period

You can end your membership in our plan during the **Open Enrollment Period** each year. During this time, review your health and drug coverage and decide about coverage for the upcoming year.

- **The Open Enrollment Period** is from **October 15 to December 7.**
- **Choose to keep your current coverage or make changes to your coverage for the upcoming year.** If you decide to change to a new plan, you can choose any of the following types of plans:
  - Another Medicare health plan, with or without drug coverage,
  - Original Medicare *with* a separate Medicare drug plan,
  - Original Medicare *without* a separate Medicare drug plan.
- **Your membership will end in our plan** when your new plan's coverage starts on January 1.

Section 2.2 You can end your membership during the Medicare Advantage Open Enrollment Period

You can make *one* change to your health coverage during the **Medicare Advantage Open Enrollment Period** each year.

- **The Medicare Advantage Open Enrollment Period** is from January 1 to March 31 and also for new Medicare enrollees who are enrolled in an MA plan, from the month of entitlement to Part A and Part B until the last day of the 3rd month of entitlement.
- **During the Medicare Advantage Open Enrollment Period** you can:
    - Switch to another Medicare Advantage Plan with or without drug coverage.
    - Disenroll from our plan and get coverage through Original Medicare. If you switch to Original Medicare during this period, you can also join a separate Medicare drug plan at the same time.
- **Your membership will end** on the first day of the month after you enroll in a different Medicare Advantage plan, or we get your request to switch to Original Medicare. If you also choose to enroll in a Medicare drug plan, your membership in the drug plan will start the first day of the month after the drug plan gets your enrollment request.

Section 2.3 In certain situations, you can end your membership during a Special Enrollment Period

In certain situations, members of Anthem Veteran (PPO) may be eligible to end their membership at other times of the year. This is known as a **Special Enrollment Period**.

You may be eligible to end your membership during a Special Enrollment Period if any of the following situations apply to you. These are just examples. For the full list you can contact our plan, call Medicare, or visit www.Medicare.gov.

- Usually, when you move
- If you have Medicaid
- If we violate our contract with you
- If you're getting care in an institution, such as a nursing home or long-term care (LTC) hospital
- If you enroll in the Program of All-inclusive Care for the Elderly (PACE)

Enrollment time periods vary depending on your situation.

To find out if you're eligible for a Special Enrollment Period, call Medicare at 1-800-MEDICARE (1-800-633-4227). TTY users call 1-877-486-2048. If you're eligible to end your membership because of a

special situation, you can choose to change both your Medicare health coverage and drug coverage. You can choose:

- Another Medicare health plan with or without drug coverage.
- Original Medicare *with* a separate Medicare drug plan.
- Original Medicare *without* a separate Medicare drug plan.

Your membership will usually end on the first day of the month after we get your request to change our plan.

Section 2.4 Get more information about when you can end your membership

If you have questions about ending your membership you can:

- **Call** Customer Service **at 1-855-690-7798 (TTY users call 711)**
- Find the information in the ***Medicare & You 2026*** handbook.
- Contact **Medicare** at 1-800-MEDICARE (1-800-633-4227) TTY users call 1-877-486-2048.

SECTION 3 How to end your membership in our plan

The table below explains how you can end your membership in our plan.

To switch from our plan to:	Here's what to do:
Another Medicare health plan	• Enroll in the new Medicare health plan. • You'll automatically be disenrolled from Anthem Veteran (PPO) when your new plan's coverage starts.
Original Medicare *with* a separate Medicare drug plan	• Enroll in the new Medicare drug plan. • You'll automatically be disenrolled from Anthem Veteran (PPO) when your new plan's coverage starts.
Original Medicare *without* a separate Medicare drug plan	• **Send us a written request to disenroll**. Contact Customer Service at 1-855-690-7798 (TTY users call 711) if you need more information on how to do this.

To switch from our plan to:	Here's what to do:
	• You can also contact **Medicare** at 1-800-MEDICARE (1-800-633-4227) and ask to be disenrolled. TTY users call 1-877-486-2048. • You'll be disenrolled from Anthem Veteran (PPO) when your coverage in Original Medicare starts.

Note: If you also have creditable drug coverage (e.g., separate Medicare drug plan) and disenroll from that coverage, you may have to pay a Part D late enrollment penalty if you join a Medicare drug plan later after going without creditable drug coverage for 63 days or more in a row.

SECTION 4 Until your membership ends, you must keep getting your medical items and services through our plan

Until your membership ends, and your new Medicare coverage starts, you must continue to get your medical items, services through our plan.

- **Continue to use our network providers to get medical care.**
- **If you're hospitalized on the day your membership ends, your hospital stay will be covered by our plan until you're discharged** (even if you're discharged after your new health coverage starts).

SECTION 5 Anthem Veteran (PPO) must end your plan membership in certain situations

Anthem Veteran (PPO) must end your membership in our plan if any of the following happen:

- If you no longer have Medicare Part A and Part B
- If you move out of our service area
- If you're away from our service area for more than 6 months

- If you move or take a long trip, call Customer Service at 1-855-690-7798 (TTY users call 711) to find out if the place you're moving or traveling to is in our plan's area

- If you become incarcerated (go to prison)
- If you're no longer a United States citizen or lawfully present in the United States
- If you intentionally give us incorrect information when you're enrolling in our plan, and that information affects your eligibility for our plan (We can't make you leave our plan for this reason unless we get permission from Medicare first)
- If you continuously behave in a way that's disruptive and makes it difficult for us to provide medical care for you and other members of our plan (We can't make you leave our plan for this reason unless we get permission from Medicare first)
- If you let someone else use your membership card to get medical care (We can't make you leave our plan for this reason unless we get permission from Medicare first)
  - If we end your membership because of this reason, Medicare may have your case investigated by the Inspector General

If you have questions or want more information on when we can end your membership, call Customer Service at 1-855-690-7798 (TTY users call 711).

Section 5.1 We can't ask you to leave our plan for any health-related reason

Anthem Veteran (PPO) isn't allowed to ask you to leave our plan for any health-related reason.

What should you do if this happens?

If you feel you're being asked to leave our plan because of a health-related reason, call Medicare at 1-800-MEDICARE (1-800-633-4227). TTY users call 1-877-486-2048.

Section 5.2 You have the right to make a complaint if we end your membership in our plan

If we end your membership in our plan, we must tell you our reasons in writing for ending your membership. We must also explain how you can file a grievance or make a complaint about our decision to end your membership.

CHAPTER 9:

Legal notices

SECTION 1 Notice about governing law

The principal law that applies to this *Evidence of Coverage* document is Title XVIII of the Social Security Act and the regulations created under the Social Security Act by the Centers for Medicare & Medicaid Services, (CMS). In addition, other federal laws may apply and, under certain circumstances, the laws of the state you live in. This may affect your rights and responsibilities even if the laws aren't included or explained in this document.

SECTION 2 Notice about nondiscrimination

We don’t discriminate based on race, ethnicity, national origin, color, religion, sex, age, mental or physical disability, health status, claims experience, medical history, genetic information, evidence of insurability, or geographic location within the service area. All organizations that provide Medicare Advantage plans, like our plan, must obey federal laws against discrimination, including Title VI of the Civil Rights Act of 1964, the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, the Americans with Disabilities Act, Section 1557 of the Affordable Care Act, all other laws that apply to organizations that get federal funding, and any other laws and rules that apply for any other reason.

If you want more information or have concerns about discrimination or unfair treatment, call the Department of Health and Human Services’ **Office for Civil Rights** at 1-800-368-1019 (TTY 1-800-537-7697) or your local Office for Civil Rights. You can also review information from the Department of Health and Human Services’ Office for Civil Rights at www.HHS.gov/ocr/index.html.

If you have a disability and need help with access to care, call Customer Service at 1-855-690-7798 (TTY users call 711). If you have a complaint, such as a problem with wheelchair access, Customer Service can help.

SECTION 3 Notice about Medicare Secondary Payer subrogation rights

We have the right and responsibility to collect for covered Medicare services for which Medicare is not the primary payer. According to CMS regulations at 42 CFR sections 422.108 and 423.462, Anthem Veteran (PPO), as a Medicare Advantage Organization, will exercise the same rights of recovery that the Secretary exercises under CMS regulations in subparts B through D of part 411 of 42 CFR and the rules established in this section supersede any state laws.

Additional Legal notices

Collecting member payments

Under certain circumstances, if we pay the health care provider amounts that are your responsibility, such as deductibles, copayments or coinsurance, we may collect such amounts directly from you. You agree that we have the right to collect such amounts from you.

Assignment

The benefits provided under this *Evidence of Coverage* are for the personal benefit of the member and cannot be transferred or assigned. Any attempt to assign this contract will automatically terminate all rights under this contract.

Notice of claim

In the event that a service is rendered for which you are billed, you have at least 12 months from the date of service to submit such claims to your plan. According to CMS Pub 100-02 Benefit Policy, Chapter 15, Section 40, physicians and practitioners are required to submit claims on behalf of beneficiaries for all items and services they provide for which Medicare payment may be made under Part B. Also, they **are not allowed to charge beneficiaries in excess of the limits on charges that apply to the item or service being furnished**. However, a physician or practitioner (as defined in §40.4) may opt out of Medicare. A physician or practitioner who opts out is not required to submit claims on behalf of beneficiaries and also is excluded from limits on charges for Medicare covered services.

You may submit such claims to:
Anthem Blue Cross and Blue Shield
P.O. Box 105187
Atlanta, GA 30348-5187

Entire contract

This *Evidence of Coverage* and applicable riders attached hereto, and your completed enrollment form, constitute the entire contract between the parties and as of the effective date hereof, supersede all other agreements between the parties.

Waiver by agents

No agent or other person, except an executive officer of Anthem Blue Cross and Blue Shield, has authority to waive any conditions or restrictions of this *Evidence of Coverage* or the Medical Benefits Chart in Chapter 4. No change in this *Evidence of Coverage* shall be valid unless evidenced by an endorsement signed by an authorized executive officer of the company or by an amendment to it signed by the authorized company officer.

Cessation of operation

In the event of the cessation of operation or dissolution of your plan in the area in which you reside, this *Evidence of Coverage* will be terminated. You will receive notice 90 days before the *Evidence of Coverage* is terminated. **Please note:** If the *Evidence of Coverage* terminates, your coverage will also end.

In that event, the company will explain your options at that time. For example, there may be other health plans in the area for you to join if you wish. Or you may wish to return to Original Medicare and possibly obtain supplemental insurance. In the latter situation, Anthem Blue Cross and Blue Shield would arrange for you to obtain, without health screening or a waiting period, a supplemental health insurance policy to cover Medicare coinsurance and deductibles.

Whether you enroll in another prepaid health plan or not, there would be no gap in coverage.

Refusal to accept treatment

You may, for personal or religious reasons, refuse to accept procedures or treatment recommended as necessary by your primary care physician. Although such refusal is your right, in some situations it may be regarded as a barrier to the continuance of the provider/patient relationship, or to the rendering of the appropriate standard of care.

When a member refuses a recommended, necessary treatment or procedure, and the primary care physician believes that no professionally acceptable alternative exists, the member will be advised of this belief.

In the event you discharge yourself from a facility against medical advice, your plan will pay for covered services rendered up to the day of self-discharge. Fees pertaining to that admission will be paid on a per diem basis or appropriate Diagnostic Related Grouping (DRG), whichever is applicable.

Limitations of actions

No legal action may be taken to recover benefits within 60 days after the service is rendered. No such action may be taken later than three years after the service, upon which the legal action is based, was provided.

Circumstances beyond plan control

If there is an epidemic, catastrophe, general emergency, or other circumstance beyond the company's control, neither your plan nor any provider shall have any liability or obligation except the following, as a result of reasonable delay in providing services:

- Because of the occurrence, you may have to obtain covered services from a non-network provider, instead of a network provider. Your plan will reimburse you up to the amount that would have been covered under this *Evidence of Coverage*.
- Your plan may require written statements, from you and the medical personnel who attended you, confirming your illness or injury and the necessity for the treatment you received.

Plan's sole discretion

The plan may, at its sole discretion, cover services and supplies not specifically covered by the *Evidence of Coverage*.

This applies if the plan determines such services and supplies are in lieu of more expensive services and supplies that would otherwise be required for the care and treatment of a member.

Disclosure

You are entitled to ask for the following information from your plan:

- Information on your plan's physician incentive plans.
- Information on the procedures your plan uses to control utilization of services and expenditures.
- Information on the financial condition of the company.
- General coverage and comparative plan information.

To obtain this information, call Customer Service at 1-855-690-7798, or, if you are hearing or speech impaired and have a TTY telephone line, 711. The Customer Service department is available from 8 a.m. to 8 p.m., seven days a week (except Thanksgiving and Christmas) from October 1 through March 31, and Monday to Friday (except holidays) from April 1 through September 30. The plan will send this information to you within 30 days of your request.

Information about advance directives

(Information about using a legal form such as a “living will” or “power of attorney” to give directions in advance about your health care in case you become unable to make your own health care decisions).

You have the right to make your own health care decisions. *But what if you had an accident or illness so serious that you became unable to make these decisions for yourself?*

If this were to happen:

- You might want a particular person you trust to make these decisions for you.
- You might want to let health care providers know the types of medical care you would *want* and *not want* if you were not able to make decisions for yourself.
- You might want to do both - to appoint someone else to make decisions for you, and to let this person and your health care providers know the kinds of medical care you would want if you were unable to make these decisions for yourself.

If you wish, you can fill out and sign a special form that lets others know what you want done if you cannot make health care decisions for yourself. This form is a legal document. It is sometimes called an “advance directive,” because it lets you give directions in advance about what you want to happen if you ever become unable to make your own health care decisions.

There are different types of advance directives and different names for them depending on your state or local area. For example, documents called “living will” and “power of attorney for health care” are examples of advance directives.

It's your choice whether you want to fill out an advance directive. The law forbids any discrimination against you in your medical care based on whether or not you have an advance directive.

How can you use a legal form to give your instructions in advance?

If you decide that you want to have an advance directive, there are several ways to get this type of legal form. You can get a form from your lawyer, from a social worker, and from some office supply stores. You can sometimes get advance directive forms from organizations that give people information about Medicare, such as your SHIP (which stands for State Health Insurance Assistance Program). Chapter 2 of this document tells how to contact your SHIP. SHIPs have different names depending on which state you are in.

Regardless of where you get this form, keep in mind that it is a legal document. You should consider having a lawyer help you prepare it. It is important to sign this form and keep a copy at home. You should give a copy of the form to your doctor and to the person you name on the form as the one to make decisions for you if you can't.

You may want to give copies to close friends or family members as well. If you know ahead of time that you are going to be hospitalized, take a copy with you.

If you are hospitalized, they will ask you about an advance directive

If you are admitted to the hospital, they will ask you whether you have signed an advance directive form and whether you have it with you. If you have not signed an advance directive form, the hospital has forms available and will ask if you want to sign one.

It is your choice whether to sign or not. If you decide not to sign an advance directive form, you will not be denied care or be discriminated against in the care you are given.

What if providers don't follow the instructions you have given?

If you believe that a doctor or hospital has not followed the instructions in your advance directive, you may file a complaint with your state Department of Health.

Continuity and coordination of care

Anthem Blue Cross and Blue Shield has policies and procedures in place to promote the coordination and continuity of medical care for our members. This includes the confidential exchange of information between primary care physicians and specialists, as well as behavioral health providers. In addition, Anthem Blue Cross and Blue Shield helps coordinate care with a practitioner when the practitioner’s contract has been discontinued and works to enable a smooth transition to a new practitioner.

Subrogation and reimbursement

These provisions apply when we pay benefits as a result of injuries or illness you sustained, and you have a right to a recovery or have received a recovery. We have the right to recover payments we make on your behalf, or take any legal action against, any party responsible for compensating you for your injuries. We also have a right to be repaid from any recovery in the amount of benefits paid on your behalf. The following apply:

- The amount of our recovery will be calculated pursuant to 42 C.F.R. 411.37, and pursuant to 42 C.F.R. 422.108(f), no state laws shall apply to our subrogation and reimbursement rights.
- Our subrogation and reimbursement rights shall have first priority, to be paid before any of your other claims are paid. Our subrogation and reimbursement rights will not be affected, reduced, or eliminated by the “made whole” doctrine or any other equitable doctrine.
- You must notify us promptly of how, when and where an accident or incident, resulting in personal injury or illness to you, occurred and all information regarding the parties involved, and you must notify us promptly if you retain an attorney related to such an accident or incident. You and your legal representative must cooperate with us, do whatever is necessary to enable us to exercise our rights, and do nothing to prejudice our rights.
- If you fail to repay us, we shall be entitled to deduct any of the unsatisfied portion of the amount of benefits we have paid or the amount of your recovery whichever is less, from any future benefit under the plan.

Presidential or Gubernatorial emergencies

In the event of a Presidential or Gubernatorial emergency or major disaster declaration or an announcement of a public health emergency by the Secretary of Health and Human Services, your plan will make the following exceptions to assure adequate care during the emergency:

- Approve services to be furnished at specified non-contracted facilities that are considered Medicare-certified facility;
- Temporarily reduce cost sharing for plan-approved out-of-network services to the in-network cost-sharing amounts; and
- Waive in full the requirements for a primary physician referral where applicable.

Typically, the source that declared the disaster will clarify when the disaster or emergency is over. If, however, the disaster or emergency time frame has not been closed within 30 days from the initial declaration, and, if CMS has not indicated an end date to the disaster or emergency, your plan will resume normal operations 30 days from the initial declaration.

When a disaster or emergency is declared, it is specific to a geographic location (i.e., county). Your plan will apply the above exceptions only if you reside in the geographic location indicated.

CHAPTER 10:

Definitions

Ambulatory Surgical Center – An Ambulatory Surgical Center is an entity that operates exclusively for the purpose of furnishing outpatient surgical services to patients not requiring hospitalization and whose expected stay in the center doesn't exceed 24 hours.

Appeal – An appeal is something you do if you disagree with our decision to deny a request for coverage of health care services or payment for services you already got. You may also make an appeal if you disagree with our decision to stop services that you're getting.

Balance Billing – When a provider (such as a doctor or hospital) bills a patient more than our plan's allowed cost-sharing amount. As a member of Anthem Veteran (PPO), you only have to pay our plan's cost-sharing amounts when you get services covered by our plan. We don't allow providers to **balance bill** or otherwise charge you more than the amount of cost sharing our plan says you must pay.

Benefit Period – The way that Original Medicare measures your use of hospital and skilled nursing facility (SNF) services. A benefit period begins the day you go into a hospital or skilled nursing facility. The benefit period ends when you haven't received any inpatient hospital care (or skilled care in a SNF) for 60 days in a row. If you go into a hospital or a skilled nursing facility after one benefit period has ended, a new benefit period begins. There's no limit to the number of benefit periods.

Centers for Medicare & Medicaid Services (CMS) – The federal agency that administers Medicare.

Chronic-Care Special Needs Plan (C-SNP) - C-SNPs are SNPs that restrict enrollment to MA eligible people who have specific severe and chronic diseases.

Coinsurance – An amount you may be required to pay, expressed as a percentage (for example 20%) as your share of the cost for services.

Combined Maximum Out-of-Pocket Amount – This is the most you will pay in a year for all Part A and Part B services from both network (preferred) providers and out-of-network (non-preferred) providers. See Chapter 4, Section 1.2, for information about your combined maximum out-of-pocket amount.

Complaint – The formal name for *making a complaint* is *filing a grievance*. The complaint process is used *only* for certain types of problems. This includes problems about quality of care, waiting times, and the customer service you get. It also includes complaints if our plan doesn't follow the time periods in the appeal process.

Comprehensive Outpatient Rehabilitation Facility (CORF) – A facility that mainly provides rehabilitation services after an illness or injury, including physical therapy, social or psychological

services, respiratory therapy, occupational therapy and speech-language pathology services, and home environment evaluation services.

Copayment (or copay) – An amount you may be required to pay as your share of the cost for a medical service or supply, like a doctor's visit, hospital outpatient visit, or a prescription. A copayment is a set amount (for example $10), rather than a percentage.

Cost Sharing – Cost sharing refers to amounts that a member has to pay when services are gotten. Cost sharing includes any combination of the following 3 types of payments: 1) any deductible amount a plan may impose before services are covered; 2) any fixed copayment amount that a plan requires when a specific service is gotten; or 3) any coinsurance amount, a percentage of the total amount paid for a service, that a plan requires when a specific service is gotten.

Covered Services – The term we use to mean all the health care services and supplies that are covered by our plan.

Creditable Prescription Drug Coverage – Prescription drug coverage (for example, from an employer or union) that is expected to pay, on average, at least as much as Medicare's standard prescription drug coverage. People who have this kind of coverage when they become eligible for Medicare can generally keep that coverage without paying a penalty if they decide to enroll in Medicare prescription drug coverage later.

Custodial Care – Custodial care is personal care provided in a nursing home, hospice, or other facility setting when you don't need skilled medical care or skilled nursing care. Custodial care, provided by people who don't have professional skills or training, includes help with activities of daily living like bathing, dressing, eating, getting in or out of a bed or chair, moving around, and using the bathroom. It may also include the kind of health-related care that most people do themselves, like using eye drops. Medicare doesn't pay for custodial care.

Customer Service – A department within our plan responsible for answering your questions about your membership, benefits, grievances, and appeals.

Disenroll or Disenrollment – The process of ending your membership in our plan.

Dual Eligible Special Needs Plans (D-SNP) – D-SNPs enroll people who are entitled to both Medicare (Title XVIII of the Social Security Act) and medical assistance from a state plan under Medicaid (Title XIX). States cover some Medicare costs, depending on the state and the person's eligibility.

Durable Medical Equipment (DME) – Certain medical equipment that is ordered by your doctor for medical reasons. Examples include walkers, wheelchairs, crutches, powered mattress systems, diabetic supplies, IV infusion pumps, speech generating devices, oxygen equipment, nebulizers, or hospital beds ordered by a provider for use in the home.

Emergency – A medical emergency is when you, or any other prudent layperson with an average knowledge of health and medicine, believe that you have medical symptoms that require immediate medical attention to prevent loss of life (and, if you're a pregnant woman, loss of an unborn child), loss

of a limb, or loss of function of a limb, or loss of or serious impairment to a bodily function. The medical symptoms may be an illness, injury, severe pain, or a medical condition that is quickly getting worse.

Emergency Care – Covered services that are: 1) provided by a provider qualified to furnish emergency services; and 2) needed to treat, evaluate, or stabilize an emergency medical condition.

Evidence of Coverage (EOC) and Disclosure Information – This document, along with your enrollment form and any other attachments, riders, or other optional coverage selected, which explains your coverage, what we must do, your rights, and what you have to do as a member of our plan.

Extra Help – A Medicare program to help people with limited income and resources pay Medicare prescription drug program costs, such as premiums, deductibles, and coinsurance.

Grievance – A type of complaint you make about our plan or providers including a complaint concerning the quality of your care. This doesn't involve coverage or payment disputes.

Home Health Aide – A person who provides services that don't need the skills of a licensed nurse or therapist, such as help with personal care (e.g., bathing, using the toilet, dressing, or carrying out the prescribed exercises).

Hospice – A benefit that provides special treatment for a member who has been medically certified as terminally ill, meaning having a life expectancy of 6 months or less. Our plan must provide you with a list of hospices in your geographic area. If you elect hospice and continue to pay premiums, you're still a member of our plan. You can still get all medically necessary services as well as the supplemental benefits we offer.

Hospital Inpatient Stay – A hospital stay when you've been formally admitted to the hospital for skilled medical services. Even if you stay in the hospital overnight, you might still be considered an *outpatient.*

Initial Enrollment Period – When you're first eligible for Medicare, the period of time when you can sign up for Medicare Part A and Part B. If you're eligible for Medicare when you turn 65, your Initial Enrollment Period is the 7-month period that begins 3 months before the month you turn 65, includes the month you turn 65, and ends 3 months after the month you turn 65.

In-Network Maximum Out-of-Pocket Amount – The most you'll pay for covered Part A and Part B services gotten from network (preferred) providers. After you have reached this limit, you won't have to pay anything when you get covered services from network providers for the rest of the contract year. However, until you reach your combined out-of-pocket amount, you must continue to pay your share of the costs when you seek care from an out-of-network (non-preferred) provider.

Medicaid (or Medical Assistance) – A joint federal and state program that helps with medical costs for some people with low incomes and limited resources. State Medicaid programs vary, but most health care costs are covered if you qualify for both Medicare and Medicaid.

Medically Necessary – Services, supplies, or drugs that are needed for the prevention, diagnosis, or treatment of your medical condition and meet accepted standards of medical practice.

Medicare – The federal health insurance program for people 65 years of age or older, some people under age 65 with certain disabilities, and people with End-Stage Renal Disease (generally those with permanent kidney failure who need dialysis or a kidney transplant).

Medicare Advantage Open Enrollment Period – The time period from January 1 to March 31 when members in a Medicare Advantage plan can cancel their plan enrollment and switch to another Medicare Advantage plan or get coverage through Original Medicare. If you choose to switch to Original Medicare during this period, you can also join a separate Medicare prescription drug plan at that time. The Medicare Advantage Open Enrollment Period is also available for a 3-month period after a person is first eligible for Medicare.

Medicare Advantage (MA) Plan – Sometimes called Medicare Part C. A plan offered by a private company that contracts with Medicare to provide you with all your Medicare Part A and Part B benefits. A Medicare Advantage Plan can be i) an HMO, ii) a PPO, iii) a Private Fee-for-Service (PFFS) plan, or iv) a Medicare Medical Savings Account (MSA) plan. Besides choosing from these types of plans, a Medicare Advantage HMO or PPO plan can also be a Special Needs Plan (SNP). In most cases, Medicare Advantage Plans also offer Medicare Part D (prescription drug coverage). These plans are called **Medicare Advantage Plans with Prescription Drug Coverage**. This plan doesn't offer Medicare prescription drug coverage.

Medicare-Covered Services – Services covered by Medicare Part A and Part B. All Medicare health plans must cover all the services that are covered by Medicare Part A and B. The term Medicare-Covered Services doesn't include the extra benefits, such as vision, dental, or hearing, that a Medicare Advantage plan may offer.

Medicare Health Plan – A Medicare health plan is offered by a private company that contracts with Medicare to provide Part A and Part B benefits to people with Medicare who enroll in our plan. This term includes all Medicare Advantage Plans, Medicare Cost Plans, Special Needs Plans, Demonstration/Pilot Programs, and Programs of All-inclusive Care for the Elderly (PACE).

Medicare Prescription Drug Coverage (Medicare Part D) – Insurance to help pay for outpatient prescription drugs, vaccines, biologicals, and some supplies not covered by Medicare Part A or Part B.

Medigap (Medicare Supplement Insurance) Policy – Medicare supplement insurance sold by private insurance companies to fill *gaps* in Original Medicare. Medigap policies only work with Original Medicare. (A Medicare Advantage Plan isn't a Medigap policy.)

Member (Member of our Plan, or Plan Member) – A person with Medicare who is eligible to get covered services, who has enrolled in our plan, and whose enrollment has been confirmed by the Centers for Medicare & Medicaid Services (CMS).

Network Provider – **Provider** is the general term for doctors, other health care professionals, hospitals, and other health care facilities that are licensed or certified by Medicare and by the state to

provide health care services. **Network providers** have an agreement with our plan to accept our payment as payment in full, and in some cases to coordinate as well as provide covered services to members of our plan. Network providers are also called **plan providers**.

Optional Supplemental Benefits – Non-Medicare-covered benefits that can be purchased for an additional premium and aren't included in your package of benefits. You must voluntarily elect Optional Supplemental Benefits to get them.

Open Enrollment Period – The time period of October 15 until December 7 of each year when members can change their health or drug plans or switch to Original Medicare.

Organization Determination – A decision our plan makes about whether items or services are covered or how much you have to pay for covered items or services. Organization determinations are called *coverage decisions* in this document.

Original Medicare (Traditional Medicare or Fee-for-Service Medicare) – Original Medicare is offered by the government, and not a private health plan such as Medicare Advantage plans and prescription drug plans. Under Original Medicare, Medicare services are covered by paying doctors, hospitals, and other health care providers payment amounts established by Congress. You can see any doctor, hospital, or other health care provider that accepts Medicare. You must pay the deductible. Medicare pays its share of the Medicare-approved amount, and you pay your share. Original Medicare has 2 parts: Part A (Hospital Insurance) and Part B (Medical Insurance) and is available everywhere in the United States.

Out-of-Network Provider or Out-of-Network Facility – A provider or facility that doesn't have a contract with our plan to coordinate or provide covered services to members of our plan. Out-of-network providers are providers that aren't employed, owned, or operated by our plan.

Out of Pocket Costs – Go to the definition for *cost sharing* above. A member's cost-sharing requirement to pay for a portion of services gotten is also referred to as the member's out-of-pocket cost requirement.

PACE plan – A PACE (Program of All-Inclusive Care for the Elderly) plan combines medical, social, and long-term services and supports (LTSS) for frail people to help people stay independent and living in their community (instead of moving to a nursing home) as long as possible. People enrolled in PACE plans get both their Medicare and Medicaid benefits through our plan.

Part C – Go to Medicare Advantage (MA) Plan.

Part D – The voluntary Medicare Prescription Drug Benefit Program.

Preferred Provider Organization (PPO) Plan – A Preferred Provider Organization plan is a Medicare Advantage Plan that has a network of contracted providers that have agreed to treat plan members for a specified payment amount. A PPO plan must cover all plan benefits whether they're received from network or out-of-network providers. Member cost sharing will generally be higher when plan benefits are gotten from out-of-network providers. PPO plans have an annual limit on your out-of-pocket costs

for services received from network (preferred) providers and a higher limit on your total combined out-of-pocket costs for services from both in-network (preferred) and out-of-network (non-preferred) providers.

Premium – The periodic payment to Medicare, an insurance company, or a health care plan for health or prescription drug coverage.

Preventive services – Health care to prevent illness or detect illness at an early stage, when treatment is likely to work best (for example, preventive services include Pap tests, flu shots, and screening mammograms).

Primary Care Provider (PCP) – The doctor or other provider you see first for most health problems. In many Medicare health plans, you must see your primary care provider before you see any other health care provider.

Prior Authorization – Approval in advance to get covered services. In the network portion of a PPO, some in-network medical services are covered only if your doctor or other network provider gets prior authorization from our plan. In a PPO, you don't need prior authorization to get out-of-network services. However, you may want to check with our plan before getting services from out-of-network providers to confirm that the service is covered by our plan and what your cost-sharing responsibility is. Covered services that need prior authorization are marked in the Medical Benefits Chart in Chapter 4.

Prosthetics and Orthotics – Medical devices including, but not limited to, arm, back and neck braces; artificial limbs; artificial eyes; and devices needed to replace an internal body part or function, including ostomy supplies and enteral and parenteral nutrition therapy.

Quality Improvement Organization (QIO) – A group of practicing doctors and other health care experts paid by the federal government to check and improve the care given to Medicare patients.

Referral – A written order from your primary care doctor for you to visit a specialist or get certain medical services. Without a referral, our plan may not pay for services from a specialist.

Rehabilitation Services – These services include inpatient rehabilitation care, physical therapy (outpatient), speech and language therapy, and occupational therapy.

Service Area – A geographic area where you must live to join a particular health plan. For plans that limit which doctors and hospitals you may use, it’s also generally the area where you can get routine (non-emergency) services. Our plan must disenroll you if you permanently move out of our plan’s service area.

Skilled Nursing Facility (SNF) Care – Skilled nursing care and rehabilitation services provided on a continuous, daily basis, in a skilled nursing facility. Examples of care include physical therapy or intravenous injections that can only be given by a registered nurse or doctor.

Special Enrollment Period – A set time when members can change their health or drug plan or return to Original Medicare. Situations in which you may be eligible for a Special Enrollment Period include: if

you move outside the service area, if you move into a nursing home, or if we violate our contract with you.

Special Needs Plan – A special type of Medicare Advantage Plan that provides more focused health care for specific groups of people, such as those who have both Medicare and Medicaid, who live in a nursing home, or who have certain chronic medical conditions.

Supplemental Security Income (SSI) – A monthly benefit paid by Social Security to people with limited income and resources who are disabled, blind, or age 65 and older. SSI benefits aren't the same as Social Security benefits.

Urgently Needed Services – A plan-covered service requiring immediate medical attention that's not an emergency is an urgently needed service if either you're temporarily outside our plan's service area, or it's unreasonable given your time, place, and circumstances to get this service from network providers. Examples of urgently needed services are unforeseen medical illnesses and injuries, or unexpected flare-ups of existing conditions. Medically necessary routine provider visits (like annual checkups) aren't considered urgently needed even if you're outside our plan's service area or our plan network is temporarily unavailable.

Notice of Availability of Language Assistance Services and Auxiliary Aids and Services

ATTENTION: If you speak English, free language assistance services are available to you. Appropriate auxiliary aids and services to provide information in accessible formats are also available free of charge. Call the phone number on your member ID card or speak to your provider.

Spanish – ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia en otros idiomas. También puede obtener ayudas y servicios auxiliares adecuados gratuitos para proporcionar información en formatos accesibles. Llame al número de teléfono que figura en su tarjeta de identificación del miembro o hable con su proveedor.

Amharic – ያስተውሉ:- አማርኛ የሚናገሩ ከሆነ፣ ነጻ የቋንቋ እርዳታ አገልግሎቶች ለእርስዎ ይገኛሉ። መረጃን በተደራሽ ቅርጸቶች ለማቅረብ አግባብ የሆኑ ረዳት መርጃዎች እና አገልግሎቶችም በነጻ ይገኛሉ። በአባል ID ካርድዎ ላይ ያለውን ስልክ ቁጥር ይደውሉ ወይም አቅራቢዎን ያነጋግሩ።

Arabic - تنبيه: إذا كنت تتحدث العربية، فإن خدمات المساعدة اللغوية المجانية متاحة لك. كما تتوفر مساعدات وخدمات مساعدة مناسبة لتوفير المعلومات بأشكال يسهل الوصول إليها مجانا. اتصل برقم الهاتف الموجود على بطاقة ID هوية العضو الخاصة بك أو تحدث إلى مقدم الخدمة.

Chinese Simplified – 注意：如果您说简体中文，我们可以为您提供免费的语言协助服务。我们还免费提供适当的辅助工具和服务，以可访问的格式提供信息。请拨打您的会员 ID 卡上的电话号码或与您的提供者交谈。

Chinese Traditional – 注意：如果您說繁體中文，我們可以為您提供免費的語言協助服務。我們還免費提供適當的輔助工具和服務，以無障礙格式提供資訊。請撥打您的會員 ID 卡上的電話號碼或與您的提供者交談。

Farsi - توجه: اگر به زبان فارسی صحبت می‌کنید، خدمات کمک زبانی رایگان قابل ارائه به شما است. وسایل و خدمات کمکی مناسب برای ارائه اطلاعات در قالب‌های مناسب معلولان نیز به‌صورت رایگان قابل ارائه است. با شماره تلفن مندرج روی کارت عضویت خود تماس بگیرید یا با ارائه‌دهندگان صحبت کنید .

French – ATTENTION : Si vous parlez français, des services gratuits d'assistance linguistique sont disponibles. Des aides et services auxiliaires appropriés permettant de fournir des informations dans des formats accessibles sont également disponibles gratuitement. Appelez le numéro de téléphone figurant sur votre carte d'ID de membre ou appelez votre prestataire.

German – ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlose Dienste zur sprachlichen Unterstützung zur Verfügung. Außerdem sind kostenlose Hilfsmittel und Dienste verfügbar, um Informationen in zugänglichen Formaten bereitzustellen. Rufen Sie die Telefonnummer auf Ihrer Mitglieds-ID-Karte an oder wenden Sie sich an Ihren Anbieter.

Hindi – ध्यान दें: यदि आप हिंदी बोलते हैं, तो आपके लिए निशुल्क भाषा सहायता सेवाएं उपलब्ध हैं। पहुँच योग्य प्रारूपों में जानकारी प्रदान करने के लिए उपयुक्त सहायक साधन और सेवाएँ भी निशुल्क उपलब्ध हैं। अपने सदस्य ID कार्ड पर दिए गए फ़ोन नंबर पर कॉल करें या अपने प्रदाता से बात करें।

Japanese – 注意：日本語を話せる方向けに、無料の言語支援サービスをご提供しています。適切な補助器具・サービスも、利用者がアクセスしやすい方法でご提供しています。こちらも無料でご利用いただけます。必要な情報取得にお役立てください。会員IDカードに記載されている電話番号にお電話いただくか 、プロバイダーにお問い合わせください。

Khmer – សូមយកចិត្តទុកដាក់៖ ប្រសិនបើអ្នកនិយាយភាសា ខ្មែរ សេវាជំនួយភាសាឥតគិតថ្លៃមានផ្តល់ជូនអ្នក។ មានផ្តល់ជូនដោយឥតគិតថ្លៃនៃរសេវាកម្មនិងឧបករណ៍ជំនួយសមស្របដើម្បីផ្តល់ព័ត៌មានក្នុងទម្រង់បបែបទដែលអាចចូលប្រើបានផងដែរ។ សូមហៅទូរសព្ទទៅលេខនៅលើកាត ID សមាជិករបស់អ្នក ឬនិយាយជាមួយអ្នកផ្តល់សេវារបស់អ្នក។

Korean – 주의: 한국어를 구사하시는 경우 무료 언어 지원 서비스를 이용하실 수 있습니다. 대체 형식으로 정보를 제공하기 위한 적절한 보조 장치 및 서비스도 무료로 제공됩니다. 가입자 ID 카드에 기재된 전화 번호로 전화하시거나 담당 의료 제공자에게 문의해 주십시오.

Oromo – XIYYEEFFANNOO: Afaan Oromoo dubbattu yoo ta'e, deeggarsi afaanii bilisaan jira. Gargaarsi fi tajaajilootni odeeffannoo kennuu namoota arguufi dhagahuu hin dandeenyeef kaffaltii tokko malee bifa garaagaraan ni jiru. Lakkoofsa kaardii waraqaa eenyummaa miseensummaa keessan irra jiru irratti bilbilaa yookiin dhiyeessaa keessan haasofsiisaa.

Pennsylvania Dutch – BEACHTUNG: Wann Sie Pennsilfaanisch Deitsch schwetze, sin fer Sie gratis Schproochhilfsdiener verfügbar Geeignet Hilfsmittel un Hilfsdienscht, fer Wiss in barrierefreie Formate bereitzustelle, sin aa gratis verfügbar. Rufe Sie die telefunnummer wu auf Ihrer ID Kart steht odder schwetze Sie mit Ihrem Versorger.

Portuguese – ATENÇÃO: Se fala português, tem à sua disposição serviços de assistência linguística gratuitos. Estão também disponíveis, a título gratuito, ajudas e serviços auxiliares adequados para fornecer informações em formatos acessíveis. Ligue para o número de telefone indicado no seu cartão de identificação de membro ou fale com o seu prestador.

Russian – ВНИМАНИЕ: Если вы говорите на русском языке, вам могут предоставить бесплатные услуги переводчика. Также бесплатно предоставляются вспомогательные средства и услуги, позволяющие получать информацию в доступных форматах. Позвоните по номеру телефона, указанному на вашей ID-карте участника, или обсудите этот вопрос с вашим поставщиком услуг.

Serbian – ПАЖЊА: Ако говорите српски, доступне су вам бесплатне услуге помоћи за ваш језик. Бесплатно су вам доступна и одговарајућа помагала и услуге у доступним форматима како бисте добили информације које су вам потребне. Позовите број телефона на вашој чланској ID картици или поразговарајте са својим пружаоцем услуга.

Tagalog – PAUNAWA: Kung nagsasalita ka ng Tagalog, mayroong available na mga libreng serbisyo sa tulong sa wika para sa iyo. Ang naaangkop na mga karagdagang tulong at serbisyo para magbigay ng impormasyon sa mga naa-access na format ay available rin nang walang bayad. Tawagan ang numero ng telepono sa iyong ID card ng miyembro o makipag-usap sa iyong provider.

Telugu – గమనిక: మీరు తెలుగులో మాట్లాడదలచుకుంటే కనుక, మీకు ఉచిత భాష సహాయ సేవలు అందుబాటులో ఉన్నాయి. అందుబాటులో ఉన్న ఫార్మాట్‌లలో సమాచారాన్ని అందించడానికి తగిన సహాయక పరికరాలు, సేవలు కూడ ఉచితంగా లభిస్తాయి. మీ మెంబర్ ID కార్డులోని ఫోన్ నంబర్‌కు కాల్ చేయండి లేదా మీ ప్రొవైడర్‌తో మాట్లాడండి.

Ukrainian – УВАГА. Якщо ви розмовляєте українською here, вам доступні безкоштовні послуги мовної допомоги. Відповідні допоміжні засоби й послуги для надання інформації в доступних форматах також можна отримати безкоштовно. Зателефонуйте за номером, указаним на ідентифікаційній карті учасника, або зверніться до свого постачальника.

Urdu - توجہ دیں: اگر آپ اردو بولتے ہیں، تو آپ کے لیے زبان کی مفت مدد کی خدمات دستیاب ہیں۔ قابل رسائی فارمیٹس میں معلومات فراہم کرنے کے لیے مناسب معاون آلات اور خدمات بھی مفت دستیاب ہیں۔ اپنے ممبر شناختی کارڈ پر موجود فون نمبر پر کال کریں یا اپنے فراہم کنندہ سے بات کریں۔

Vietnamese – CHÚ Ý: Nếu quý vị nói tiếng Việt, các dịch vụ hỗ trợ ngôn ngữ miễn phí luôn sẵn sàng phục vụ quý vị. Các dịch vụ và hỗ trợ phụ trợ thích hợp cung cấp thông tin ở các định dạng có thể truy cập cũng được cung cấp miễn phí. Gọi số điện thoại trên thẻ ID thành viên của quý vị hoặc nói chuyện với nhà cung cấp của quý vị.

Nondiscrimination Notice

Discrimination is against the law. That's why we comply with applicable Federal civil rights laws and do not discriminate, exclude people or treat them differently on the basis of race, color, national origin, sex, age or disability.

For people with disabilities, we offer free aids and services to communicate effectively with us, such as:

- Qualified sign language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)

For people whose primary language is not English, we offer free language assistance services, which may include:

- Qualified interpreters
- Information written in other languages

If you need these services, call Customer Service (TTY: **711**) for help.

If you think we failed to offer these services or discriminated based on race, color, national origin, age, sex or disability, you can file a complaint, also known as a grievance. You can file a complaint with our Civil Rights Coordinator in writing to:

Civil Rights Coordinator
4361 Irwin Simpson Rd
Mailstop: OH0205-A537
Mason, Ohio 45040-9498

You can also file a complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201
1-800-368-1019 (TTY: **1-800-537-7697**)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

PRA Disclosure Statement *According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0938-1051. If you have comments or suggestions for improving this form, write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.*

Anthem Blue Cross and Blue Shield is a PPO plan with a Medicare contract. Enrollment in Anthem Blue Cross and Blue Shield depends on contract renewal. In Missouri (excluding 30 counties in the Kansas City area): Anthem Blue Cross and Blue Shield is the trade name of RightCHOICE® Managed Care, Inc. (RIT), Healthy Alliance® Life Insurance Company (HALIC), and HMO Missouri, Inc. RIT and certain affiliates administer non-HMO benefits underwritten by HALIC and HMO benefits underwritten by HMO Missouri, Inc. RIT and certain affiliates only provide administrative services for self-funded plans and do not underwrite benefits. Independent licensees of the Blue Cross Blue Shield Association. Anthem is a registered trademark of Anthem Insurance Companies, Inc.

The Benefits Mastercard® Prepaid Card is issued by The Bancorp Bank N.A., Member FDIC, pursuant to license by Mastercard International Incorporated and card can be used for eligible expenses wherever Mastercard is accepted. Valid only in the U.S. No cash access. This is not a gift card or gift certificate. You have received this card as a gratuity without the payment of any monetary value or consideration.

Notes:

Anthem Veteran (PPO) Customer Service

Method	Customer Service – Contact Information
CALL	1-855-690-7798 (Calls to this number are free.) Hours are from 8 a.m. to 8 p.m., seven days a week (except Thanksgiving and Christmas) from October 1 through March 31, and Monday to Friday (except holidays) from April 1 through September 30. Customer Service 1-855-690-7798 (TTY users call 711) also has free language interpreter services available for non-English speakers.
TTY	711 (Calls to this number are free.) 8 a.m. to 8 p.m., seven days a week (except Thanksgiving and Christmas) from October 1 through March 31, and Monday to Friday (except holidays) from April 1 through September 30.
FAX	1-877-664-1504
WRITE	Anthem Blue Cross and Blue Shield P.O. Box 105187 Atlanta, GA 30348-5187
WEBSITE	www.anthem.com

Missouri State Health Insurance Assistance Program (SHIP)

Missouri State Health Insurance Assistance Program (SHIP) is a state program that gets money from the federal government to give free local health insurance counseling to people with Medicare.

Method	Contact Information
Call	1-800-390-3330 9 a.m. - 4 p.m. local time, Monday - Friday
TTY	711
Write	State Health Insurance Assistance Program 601 W Nifong Blvd, Suite 3A Columbia, MO 65203
Website	https://www.missouriship.org/