

2025 Summary of Benefits

Blue Cross MA Dual Care Plus Preferred (PPO DSNP)SM

January 1, 2025 – December 31, 2025

This booklet gives you a summary of what we cover and what you pay. It doesn't list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, call us and ask for the "Evidence of Coverage."

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Pre-Enrollment Checklist

Before making an enrollment decision, it is important that you fully understand our benefits and rules. If you have any questions, you can call and speak to a Customer Service representative at 1-877-688-1813 (TTY: 711). We are open 8:00 a.m. – 8:00 p.m., local time, 7 days a week. If you are calling from April 1 through September 30, alternate technologies (for example, voicemail) will be used on the weekends and holidays.

Unders	standing the Benefits
	Review the full list of benefits found in the Evidence of Coverage (EOC), especially for those services for which you routinely see a doctor. Visit getbluenm.com/dsnp or 1-877-688-1813 (TTY: 711) to request a copy of the EOC.
	Review the <i>Provider Finder</i> (or ask your doctor) to make sure the doctors you see now are in the network. If they are not listed, it means you will likely have to select a new doctor.
	Review the <i>Pharmacy Directory</i> to make sure the pharmacy you use for any prescription medicine is in the network. If the pharmacy is not listed, you will likely have to select a new pharmacy for your prescriptions.
	Review the formulary to make sure your drugs are covered.
Unde	rstanding Important Rules
	Effect on Current Coverage. If you are currently enrolled in a Medicare Advantage plan, your current Medicare Advantage healthcare coverage will end once your new Medicare Advantage coverage starts. If you have Tricare, your coverage may be affected once your new Medicare Advantage coverage starts. Please contact Tricare for more information. If you have a Medigap plan, once your Medicare Advantage coverage starts, you may want to drop your Medigap policy because you will be paying for coverage you cannot use.
	In addition to your monthly plan premium, you must continue to pay your Medicare Part B premium This premium is normally taken out of your Social Security check each month.
	Benefits, premiums and/or copayments/co-insurance may change on January 1, 2026.
	Our plan allows you to see providers outside of our network (non-contracted providers). However, while we will pay for covered services provided by a non-contracted provider, the provider must agree to treat you. Except in an emergency or urgent situation, non-contracted providers may deny care. In addition, you will pay a higher co-pay for services received by non-contracted providers.

1

SECTION I - INTRODUCTION TO SUMMARY OF BENEFITS

The benefit information provided is a summary of what we cover and what you pay. It does not list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, call us and ask for the "Evidence of Coverage." You can also see the Evidence of Coverage on our website, getbluenm.com/dsnp.

You have choices about how to get your Medicare benefits

- One choice is to get your Medicare benefits through Original Medicare (fee-for-service Medicare). Original Medicare is run directly by the Federal government.
- Another choice is to get your Medicare benefits by joining a Medicare health plan (such as **Blue Cross MA Dual Care Plus Preferred (PPO DSNP)**).

Tips for comparing your Medicare choices

This Summary of Benefits booklet gives you a summary of what **Blue Cross MA Dual Care Plus Preferred** (**PPO DSNP**) covers and what you pay.

- If you want to compare our plan with other Medicare health plans, ask the other plans for their Summary of Benefits booklets. Or, use the Medicare Plan Finder on https://www.medicare.gov.
- If you want to know more about the coverage and costs of Original Medicare, look in your current
 "Medicare & You" handbook. View it online at https://www.medicare.gov or get a copy by calling
 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call
 1-877-486-2048.

Sections in this booklet

- Things to Know About Blue Cross MA Dual Care Plus Preferred (PPO DSNP).
- Monthly Premium, Deductible, and Limits on How Much You Pay for Covered Services.
- Covered Medical and Hospital Benefits.
- Prescription Drug Benefits.

This document is available in other formats such as Braille, large print or audio.

This document may be available in a non-English language. For additional information, call us at 1-877-688-1813 (TTY: 711).

Things to Know About Blue Cross MA Dual Care Plus Preferred (PPO DSNP)

Hours of Operation & Contact Information

- From October 1 to March 31 we're open 8 a.m. 8 p.m. Local Time, 7 days a week.
- From April 1 to September 30, we're open 8 a.m. 8 p.m. Local Time, 7 days a week. If you are calling from April 1 through September 30, alternate technologies (for example, voicemail) will be used on weekends and holidays.
- If you are a member of this plan, call us at 1-877-688-1813, (TTY: 711).
- If you are not a member of this plan, call us at 1-877-213-1817, (TTY: 711).
- Our website: getbluenm.com/dsnp.

Who can join?

To join **Blue Cross MA Dual Care Plus Preferred (PPO DSNP)**, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, and you must live in our service area and and receive any level of assistance from the New Mexico Medicaid. If you receive both Medicare and Medicaid benefits, this means you are a dual-eligible beneficiary. Our service area includes these counties in New Mexico: Bernalillo, Catron, Chaves, Cibola, Curry, Dona Ana, Eddy, Grant, Guadalupe, Harding, Lincoln, Los Alamos, Luna, McKinley, Mora, Otero, Quay, Rio Arriba, Roosevelt, San Miguel, Sandoval, Santa Fe, Sierra, Socorro, Taos, Torrance and Valencia.

Blue Cross MA Dual Care Plus Preferred (PPO DSNP) may enroll dual-eligibles who are SLMB, QMB, FBDE, QI and QDWI.

Which doctors, hospitals, and pharmacies can I use?

Blue Cross MA Dual Care Plus Preferred (PPO DSNP) has a network of doctors, hospitals, pharmacies, and other providers. If you use the providers that are not in our network, the plan may not pay for these services.

You must generally use network pharmacies to fill your prescriptions for covered Part D drugs.

You can see our plan's *Provider Finder* and *Pharmacy Directory* at our website (getbluenm.com/dsnp).

Or, call us at 1-877-688-1813 (TTY: 711) and we will send you a copy of the *Provider Directory* and *Pharmacy Directory*.

What do we cover?

Like all Medicare health plans, we cover everything that Original Medicare covers – and more. Some of the extra benefits are outlined in this booklet.

We cover Part D drugs. In addition, we cover Part B drugs including chemotherapy and some drugs administered by your provider.

- You can see the complete plan *Formulary* (list of Part D prescription drugs) and any restrictions on our website, <u>getbluenm.com/dsnp</u>.
- Or, call us at 1-877-688-1813 (TTY: 711) and we will send you a copy of the Formulary.

How will I determine my drug costs?

You will need to use your formulary to locate what tier your drug is on to determine how much it will cost you. The amount you pay depends on the drug's tier and what stage of the benefit you have reached. Later in this document we discuss the benefit stages that occur: Initial Coverage and Catastrophic Coverage.

If you have any questions about this plan's benefits or costs, please contact Blue Cross and Blue Shield of New Mexico

2

SECTION II - SUMMARY OF BENEFITS

Blue Cross MA Dual Care Plus Preferred (PPO DSNP)

MONTHLY PREMIUM, DEDUCTIBLE, AND LIMITS ON HOW MUCH YOU PAY FOR COVERED SERVICES

Monthly Plan Premium	You pay \$0 - \$15.80 per month. In addition, you must keep paying your Medicare Part B premium.
Part B Premium Buy-down (if applicable)	\$0.40
Deductible	\$0 or \$248
Maximum Out-of- Pocket Responsibility	If you reach the limit on out-of-pocket costs, you keep getting covered hospital and medical services and we will pay the full cost for the rest of the year. Please note that you will still need to pay your monthly premiums and cost-sharing for your Part D prescription drugs.
	 Your yearly limit(s) in this plan: \$9,350 for services you receive from in-network providers. \$14,000 for services you receive from out-of-network providers. \$14,000 for services you receive from in and out-of-network providers combined.

COVERED MEDICAL AND HOSPITAL BENEFITS

COVERED MEDICAL AND MOSI MAE DEMENTS	
	The copays for hospital and skilled nursing facility (SNF) benefits are based on benefit periods. A benefit period begins the day you're admitted as an inpatient and ends when you haven't received any inpatient care (or skilled care in a SNF) for 60 days in a row. If you go into a hospital or a SNF after one benefit period has ended, a new benefit period begins. You must pay the inpatient hospital deductible for each benefit period. There's no limit to the number of benefit periods.
Inpatient Hospital	In 2024 the amounts for each benefit period are \$0 or:
	• \$0 or \$1,632 deductible for each benefit period; \$0 copay per day for days 1-60; \$0 or \$408 copay per day for days 61-90
	 \$0 or \$816 copay per day for each benefit period (up to 60 days over your lifetime)
	These amounts may change for 2025.

	Our plan covers 90 days for an inpatient hospital stay.
	Our plan also covers 60 "lifetime reserve days." These are "extra" days that we cover. If your hospital stay is longer than 90 days, you can use these extra days. But once you have used up these extra 60 days, your inpatient hospital coverage will be limited to 90 days.
	In-Network:
Outpatient	0% or 20% of the total cost.
Hospital	Out-of-Network:
	40% of the total cost.
	In-Network:
Ambulatory	0% or 20% of the total cost.
Surgical Center	Out-of-Network:
	40% of the total cost.
	In-Network:
	Primary care physician visit: 0% or 20% of the total cost.
Doctor's Office	Specialist visit: 0% or 20% of the total cost.
Visits	Out-of-Network:
	Primary care physician visit: 40% of the total cost.
	Specialist visit: 40% of the total cost.
	In-Network:
	\$0 copay for all preventive services covered under Original Medicare at zero cost sharing.
Preventive Care	Out-of-Network:
(e.g., flu vaccine,	40% of the total cost for all preventive services covered under Original Medicare at zero cost sharing.
screenings)	Other preventive services are available. There are some covered services that have a cost. Please reference EOC for more detail.
	Important Message About What You Pay for Vaccines
	Our plan covers most Part D vaccines at no cost to you. Call Customer Service for more information.
Emergency Care	0% or 20% of the total cost up to \$110 per visit.

	Copay is waived if you are admitted to the hospital within 3 days for the same condition. See the "Inpatient Hospital" section of this booklet for other costs.
Urgently Needed Services	0% or 20% of the total cost up to \$45 per visit.
	In-Network:
	Diagnostic tests and procedures: 0% of the total cost.
	Lab services: 0% of the total cost.
	Diagnostic Radiology Services (such as MRIs, CT scans): 0% or 20% of the total cost.
	X-rays: 0% or 20% of the total cost.
Diagnostic Services	Therapeutic radiology services (such as radiation treatment for cancer): 0% or 20% of the total cost.
/ Labs/ Imaging	Out-of-Network:
	Diagnostic tests and procedures: 40% of the total cost.
	Lab services: 40% of the total cost.
	Diagnostic Radiology Services (such as MRIs, CT scans): 40% of the total cost.
	X-rays: 40% of the total cost.
	Therapeutic radiology services (such as radiation treatment for cancer): 40% of the total cost.
	In-Network:
	Exam to diagnose and treat hearing and balance issues: 0% or 20% of the total cost.
	Routine hearing exam (1 every year): \$0 copay.
	Hearing aid fitting/evaluation: \$0 copay
Hearing Services	Purchase includes unlimited provider visits for fitting and adjustments within 12 months of purchase of hearing aids.
	Out-of-Network:
	Exam to diagnose and treat hearing and balance issues: 40% of the total cost.
	In-Network and Out-of-Network:
	There is a \$2,000 maximum plan coverage limit for hearing aids (both ears combined) purchased every year.

	In-Network:
	Medicare-covered: 0% or 20% of the total cost.
	Out-of-Network:
	Medicare-covered: 40% of the total cost.
	In-Network and Out-of-Network:
	Preventive dental services:
Dental Services	Oral exam (2 every year): \$0 copay.
	Cleaning (2 every year): \$0 copay.
	Dental X-ray (1 every year): \$0 copay.
	Comprehensive dental services:
	 \$4,000 annual maximum coverage. For more details on benefits and benefit limitations regarding your dental coverage, please see your Evidence of Coverage.
	In-Network:
	Medicare-covered:
	 Exam to diagnose and treat diseases and conditions of the eye (including yearly glaucoma screening): 0% or 20% of the total cost
	Eyeglasses or contact lenses after cataract surgery: 0% or 20% of the total cost
	Routine Vision:
	Routine eye exam (1 every year): \$0 copay
	Eyewear allowance maximum amount (annual): \$0 copay
Vision Services	 \$250 Annual eyewear allowance maximum (Eyewear includes: frames, lenses, and contact lenses).
	Out-of-Network:
	Medicare-covered:
	Exam to diagnose and treat diseases and conditions of the eye (including yearly glaucoma screening): 40% of the total cost for an eye exam; 40% of the total cost for one vision specialist exam.

- cost for one vision specialist exam.
- Eyeglasses or contact lenses after cataract surgery: 40% of the total cost

Routine Vision:

• Routine eye exam (1 every year): \$0 copay

	Eyewear allowance maximum amount (annual): \$0 copay
	 \$250 Annual eyewear allowance maximum (Eyewear includes: frames, lenses, and contact lenses).
	Our plan covers up to 190 days in a lifetime for inpatient mental health care in a psychiatric hospital. The inpatient hospital care limit does not apply to inpatient mental services provided in a general hospital.
	The copays for hospital and skilled nursing facility (SNF) benefits are based on benefit periods. A benefit period begins the day you're admitted as an inpatient and ends when you haven't received any inpatient care (or skilled care in a SNF) for 60 days in a row. If you go into a hospital or a SNF after one benefit period has ended, a new benefit period begins. You must pay the inpatient hospital deductible for each benefit period. There's no limit to the number of benefit periods.
	In 2024, the amounts for each benefit period are \$0 or:
Mental Health	• \$0 or \$1,632 deductible for each benefit period; \$0 copay per day for days 1-60; \$0 or \$408 copay per day for days 61-90
Services	• \$0 or \$816 copay per day for each benefit period (up to 60 days over your lifetime)
	These amounts may change for 2025.
	<u>In-Network:</u>
	Outpatient group therapy visit: 0% or 20% of the total cost.
	Outpatient Individual therapy visit: 0% or 20% of the total cost.
	Out-of-Network:
	Outpatient group therapy visit: 40% of the total cost.
	Outpatient Individual therapy visit: 40% of the total cost.
Skilled Nursing	The copays for hospital and skilled nursing facility (SNF) benefits are based on benefit periods. A benefit period begins the day you're admitted as an inpatient and ends when you haven't received any inpatient care (or skilled care in a SNF) for 60 days in a row. If you go into a hospital or a SNF after one benefit period has ended, a new benefit period begins. You must pay the inpatient hospital deductible for each benefit period. There's no limit to the number of benefit periods.
Facility (SNF)	In 2024 the amounts for each benefit period are \$0 or:
	• \$0 copay per day for days 1-20; \$204 copay per day for days 21-100.
	These amounts may change for 2025
	Our plan covers up to 100 days in a SNF.
Physical Therapy	In-Network:

Out-of-Network: 40% of the total cost. In-Network: Cardiac (heart) rehab services (for a maximum of 2 one-hour sessions per day fo to 36 sessions up to 36 weeks): 0% or 20% of the total cost. Outpatient Outpatient	r up
In-Network: Cardiac (heart) rehab services (for a maximum of 2 one-hour sessions per day fo to 36 sessions up to 36 weeks): 0% or 20% of the total cost.	r up
Cardiac (heart) rehab services (for a maximum of 2 one-hour sessions per day fo to 36 sessions up to 36 weeks): 0% or 20% of the total cost.	r up
to 36 sessions up to 36 weeks): 0% or 20% of the total cost.	r up
Outpatient Occupational therapy visit: 0% or 20% of the total cost.	
Rehabilitation Out-of-Network:	
Cardiac (heart) rehab services (for a maximum of 2 one-hour sessions per day fo to 36 sessions up to 36 weeks): 40% of the total cost.	r up
Occupational therapy visit: 40% of the total cost.	
Ground Ambulance: 0% or 20% of the total cost for each one-way trip.	
Ambulance Air Ambulance: 0% or 20% of the total cost for each one-way trip.	
\$0 copay.	
Transportation 30 one-way trips every year to plan-approved locations.	
In-Network:	
For Part B drugs such as chemotherapy drugs: 20% of the total cost.	
For other Part B drugs: 20% of the total cost.	
For Part B Insulin Drugs: 20% of the total cost with a maximum copay amount pe Medicare Part B month of \$35.	er
Drugs <u>Out-of-Network:</u>	
For Part B drugs such as chemotherapy drugs: 40% of the total cost.	
Other Part B drugs: 40% of the total cost.	
For Part B Insulin Drugs: 40% of the total cost with a maximum copay amount pe month of \$35.	!r

PRESCRIPTION DR	PRESCRIPTION DRUG BENEFITS	
Deductible	If you receive Extra Help, you do not have a prescription drug deductible. If you do not receive Extra Help, your deductible is \$590 per year for Part D prescription drugs. Important Message About What You Pay for Insulin If you do not receive Extra Help, you won't pay more than \$35 for a one-month supply of each insulin product covered by our plan, no matter what cost-sharing tier it's on, even if you haven't paid your deductible.	
Initial Coverage	If you receive Extra Help, you pay the following for covered Part D drugs, depending on your income and institutional status: Generic Prugs (including brand drugs treated as generic):	
	Generic Drugs (including brand drugs treated as generic):	
	 You pay \$0 copay; or \$1.60 copay; or \$4.90 copay 	
	Other Drugs	
	 You pay \$0 copay; or \$4.80 copay; or \$12.15 copay 	
	If you do not receive Extra Help, you pay 25% coinsurance for all covered Part D drugs until your yearly out-of-pocket drug costs reach \$2,000 at which time you will leave the Initial Coverage stage and enter the Catastrophic Coverage stage.	
	If you reside in a long-term facility, you pay the same as at a standard retail pharmacy.	
	We cover prescriptions filled at out-of-network pharmacies in only limited situations.	
Catastrophic	Depending on your income and institutional status, after your yearly out-of-pocket drug	
Coverage	costs reach \$2,000, you pay nothing for covered Part D drugs.	

Additional Member Benefits	Blue Cross MA Dual Care Plus Preferred (PPO DSNP) SM
Acupuncture for Chronic Low Back Pain	In-Network: • 0% or 20% of the total cost Out-of-Network: • 40% of the total cost
Chiropractic Care	Medicare-covered manipulation of the spine to correct a subluxation (when 1 or more of the bones of your spine move out of position) In-Network: • 0% or 20% of the total cost Out-of-Network: • 40% of the total cost
	In-Network: Diabetes monitoring supplies • 0% or 20% of the total cost
Diabetes Supplies and Services	Diabetes self-management training • \$0 copay
- Diabetes Monitoring Supplies	Therapeutic shoes or inserts • 0% or 20% of the total cost
- Diabetes self- management training	Out-of-Network: Diabetes monitoring supplies • 0% or 20% of the total cost
- Therapeutic shoes or inserts	Diabetes self-management training ■ 40% of the total cost
	Therapeutic shoes or inserts • 0% or 20% of the total cost
Durable Medical Equipment	In-Network:

Additional Member Benefits	Blue Cross MA Dual Care Plus Preferred (PPO DSNP) SM
(wheelchairs,	0% or 20% of the total cost
oxygen, etc.)	Out-of-Network:
	20% of the total cost
	\$0 copay for SilverSneakers®† Fitness Program
	SilverSneakers can help you live a healthier, more active life through fitness and social connection. You are covered for a fitness benefit through SilverSneakers online and at participating locations ¹
Wellness Programs	¹ You have access to a nationwide network of participating locations where you can take classes.
	[†] SilverSneakers is a registered trademark of Tivity Health, Inc. [©] 2023 Tivity Health, Inc. All rights reserved.
	\$1,000 annual Dental, Vision, Hearing benefit:
	The flexible spending card is a preloaded debit card that can be used to help with out-of-pocket expenses at your dental, vision and hearing providers.
	\$335/every quarter Over-the-Counter (OTC) Items¹:
Flexible Spending Card	The flexible spending card is a preloaded debit card that includes a separate quarterly benefit for approved over-the-counter health and wellness items at participating retail locations or for home delivery through our OTC catalog.
	¹ SSBCI approved members: Qualifying members have access to Dietitian and Nutrition counseling through our supplemental benefit vendor. In addition, members have the ability to use up to \$100 per quarter on groceries from the OTC benefit.
	All funds expire at the end of the plan year, or when you leave the plan. Please see your Evidence of Coverage for details.
	Medicare-covered foot exams and treatment if you have diabetes-related nerve damage and/or meet certain conditions
	In-Network:
Foot Care (podiatry services)	0% or 20% of the total cost
	Out-of-Network:
	40% of the total cost
Home Health Care	In-Network:

Additional Member Benefits	Blue Cross MA Dual Care Plus Preferred (PPO DSNP) SM
	• \$0 copay
	Out-of-Network:
	40% of the total cost
	In-Network:
Opioid Treatment	0% of the total cost
Program Services	Out-of-Network:
	40% of the total cost
	In-Network:
	Group therapy visit
	0% or 20% of the total cost
	Individual therapy visit
Outpatient	0% or 20% of the total cost
Substance Abuse Services	Out-of-Network:
Services	Group therapy visit
	40% of the total cost
	Individual therapy visit
	40% of the total cost
Over-the-Counter Items	\$335 quarterly allowance on a preloaded debit card that can be used for approved over-the-counter health and wellness items at participating retail locations or for home delivery through our OTC catalog. Unused quarterly allowance amounts roll over to the next quarter. All funds expire at the end of the plan year, or when you leave the plan. Please see your Evidence of Coverage for details.
	In-Network:
Prosthetic Devices	Prosthetic devices
(braces, artificial	0% or 20% of the total cost
limbs, etc.)	Related medical supplies

Additional Member Benefits	Blue Cross MA Dual Care Plus Preferred (PPO DSNP) SM
	0% or 20% of the total cost
	Out-of-Network:
	Prosthetic devices
	20% of the total cost
	Related medical supplies
	20% of the total cost
	\$0 Copay for Nutrition & Dietitian Support
	\$100/every quarter Grocery benefit
Special Supplemental	The Plan will determine your eligibility for this benefit. Qualified members will be identified and informed of eligibility. Qualified members who have approved chronic conditions cardiovascular disorders, chronic heart failure, diabetes, and stroke will have access to Dietitian and Nutrition counseling through our supplemental benefit vendor, in addition, the ability to use up to a \$100 per quarter on groceries from your OTC benefit.
Benefits for	See the Flexible Spending Card benefit for additional details.
Chronically III (SSBCI)	The benefits mentioned are Special Supplemental Benefits for the chronically ill (SSBCI). To be eligible for SSBCI benefits, you must have one or more of the following chronic conditions: cardiovascular disorders, chronic heart failure, diabetes, and stroke.
	Note that even if you have one or more of the listed chronic conditions, you are not guaranteed access to SSBCI benefits because other eligibility and coverage criteria also apply. Contact us to confirm eligibility for this benefit.
Meals	Eligible members will receive 2 meals a day for 14 days. Unlimited occurrences annually, after an inpatient stay.
Renal Dialysis	In-Network: • 0% or 20% of the total cost Out-of-Network: • 40% of the total cost
Telehealth Services	\$0 copay for urgent care visits through MDLive

Additional Member Benefits	Blue Cross MA Dual Care Plus Preferred (PPO DSNP) SM
Hospice	You pay nothing for hospice care from a Medicare-certified hospice. You may have to pay part of the total costs for drugs and respite care. Hospice is covered outside of our plan. Please contact us for more details.

New Mexico MEDICAID BENEFITS

New Mexico MEDICAID ELIGIBLE MEMBERS

A person who is eligible for both Medicare and Medicaid, and is enrolled in the Blue Cross and Blue Shield of New Mexico Medicaid plan, may enroll in the Blue Cross MA Dual Care Plus Preferred (PPO DSNP) plan for their Medicare services.

The benefits described below are covered by Medicaid. The benefits described in the Covered Medical and Hospital Benefits section of the Summary of Benefits are covered by Medicare. For each benefit listed below, you can see what Turquoise Care (Medicaid) covers and what this Blue Cross MA Dual Care Plus Preferred (PPO DSNP) plan covers. What you pay for covered services may depend on your level of Medicaid eligibility.

COST-SHARE/COPAYMENT INFORMATION

In the Blue Cross MA Dual Care Plus Preferred (PPO DSNP) plan, the member receives Medicare cost-sharing assistance from the state Medicaid program. Coverage of the benefits described below depends upon your level of Medicaid eligibility. No matter what your level of Medicaid eligibility is, Blue Cross MA Dual Care Plus Preferred (PPO DSNP) will cover the benefits described in the Covered Medical and Hospital Benefits section of the Summary of Benefits. If you have questions about your Medicaid eligibility and what benefits you are entitled to call: 1-877-688-1813 (TTY users should call 711). The Medicaid eligibility categories and amount of member cost-sharing are listed below:

IF YOU ARE A QUALIFIED MEDICARE BENEFICIARY (QMB)

You are entitled to payment of Medicare premiums as well as the deductible and coinsurance amounts on Medicare-covered services. To be eligible, you must already have, or be conditionally eligible for Medicare Part A (Hospital Insurance). Medicaid will pay your Medicare premiums, deductibles, and co-insurance charges on Medicare covered services only.

IF YOU ARE A SPECIFIED LOW-INCOME MEDICARE BENEFICIARIES (SLMB)/QUALIFIED INDIVIDUALS (QI1)

You are entitled to payment of your Medicare Part B premiums. For SLMBs, your income must be below 120% of the Federal Poverty Level Guidelines and for QI1's, your income must be between 120-135% of the Federal Poverty Level Guidelines. You must be enrolled in Medicare Part A. Medicaid does not pay the Medicare Part A premium. Since payment of the Medicare Part B premium is the only benefit, no Medicaid card is issued.

IF YOU ARE A QUALIFIED WORKING DISABLED INDIVIDUALS (QWDI)

For a QWDI, Medicaid coverage is limited to payment of the Medicare Part A premium. No Medicaid card is issued.

SUMMARY OF MEDICAID-COVERED
BENEFITS
January 1, 2025 – December 31, 2025

SUMMARY OF MEDICARE-COVERED BENEFITS

January 1, 2025 – December 31, 2025

Approval or a referral.			
Benefit	Turquoise Care (Medicaid)	Blue Cross MA Dual Care Plus Preferred (PPO DSNP) SM (See benefit details above)	
Acupuncture	Not Covered	 Coverage is limited to Medicare- covered acupuncture for chronic low back pain 	
Ambulance	If an emergency occurs, there is no need to call BCBSNM before going or calling 911 for emergency ambulance services. In an emergency, you do not have to worry about whether or not the ambulance is in the Blue Cross of New Mexico network.	• Covered	
Chemotherapy and Radiation Therapy	 Is covered and prior authorization is required. 	• Covered	
Chiropractic Care	Not Covered	Covered	
Dental Services	Services for eligible members are covered through a program administered by DentaQuest. One complete oral exam every 12 months all ages. Emergency dental care is available	• Covered	
Diabetes Supplies and Services	Includes coverage for test strips, lancets, and screening tests	• Covered	
Diagnostic Tests, Lab and Radiology Services, and X- Rays (Costs for these services may be different if received in an outpatient surgery setting)*	 Laboratory, X-ray, EKGs, medical imaging services and other diagnostics tests dependent on exact services. PET, MRA, MRI and CT scans are covered and require prior authorization. 	• Covered	
Doctor's Office Visits	 Office visits to PCPs or specialists, including dieticians, nurse practitioners, and physician assistants. 	• Covered	
Durable Medical Equipment	Medical supplies; durable medical equipment.	• Covered	

SUMMARY OF MEDICAID-COVERED	SUMMARY OF MEDICARE-COVERED
BENEFITS	BENEFITS
January 1, 2025 – December 31, 2025	January 1, 2025 – December 31, 2025

Approvar or a referral.			
Benefit	Turquoise Care (Medicaid)	Blue Cross MA Dual Care Plus Preferred (PPO DSNP) SM (See benefit details above)	
(wheelchairs,	All medical supplies costing \$1,500 or more		
oxygen, etc.)	require prior authorization. Please call		
	customer service and speak with a Care		
	Coordinator/Case Manager for more		
	information. Prior authorization is required.		
Emergency Care	 Ground and air ambulance are covered. Air ambulance requires prior authorization. 	• Covered	
Foot Care (podiatry services)	 Podiatry (foot and ankle services require prior authorization). 	• Covered	
Hearing Services	 Hearing services are covered and require prior authorization. 	• Covered	
Home Health Care	 Home health care and intravenous services are covered and require prior authorization. 	• Covered	
Behavioral Health Care	 Inpatient professional services, hospital outpatient services, evaluations, assessments, counseling, applies to all ages with no prior authorization. Psychiatric Inpatient hospital services applies to all ages and requires prior authorization. Partial hospitalization requires prior authorization. Therapy services, Psychological testing and comprehensive community support services are covered and services beyond core coverage may need prior authorization 	• Covered	
Outpatient Rehab	Outpatient rehab services are covered and require prior authorization.	• Covered	
Outpatient	Intensive outpatient services for substance	Covered	
Substance Abuse	abuse and Co-occurring Disorders applies to		
Services	all ages with no prior authorization required.		
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SUMMARY OF MEDICAID-COVERED
BENEFITS
January 1, 2025 – December 31, 2025

SUMMARY OF MEDICARE-COVERED BENEFITS

January 1, 2025 – December 31, 2025

Approval or a referral.			
Benefit	Turquoise Care (Medicaid)	Blue Cross MA Dual Care Plus Preferred (PPO DSNP) SM (See benefit details above)	
Outpatient Surgery	 Minor surgeries dependent on exact service are covered. Surgery, including pre- and post-operative care dependent on surgery require prior authorization. Assistant Surgeon Anesthesiologist, Organ transplants; all transplants and pre-transplant evaluation require prior authorization. 	• Covered	
Special Rehabilitation Services	 Special rehabilitation services such as Physical therapy, Occupational therapy, Speech therapy, Cardiac therapy, and Pulmonary rehabilitation are covered and require prior authorization. 	• Covered	
Over-the-Counter Items	Not Covered	Covered	
Prosthetic Devices (braces, artificial limbs, etc.)	Prosthetic coverage depends on the section number of the procedure code and prior authorization is required	• Covered	
Renal Dialysis	 Dialysis services are covered and require prior notification. 	• Covered	
Transportation	MotivCare* coordinates all non-emergency transportation for members, including food and lodging expenses when long distance travel is needed to get covered medical care. Rides to routine appointments mileage reimbursement, and mass transit are covered. *MotivCare Solutions, LLC, is an independent company that administers transportation services for Blue Cross of New Mexico.	• Covered	
Urgently Needed Services	Urgent care is provided for sudden illnesses or injuries that are not life threatening at innetwork Blue Cross of New Mexico facilities.	Covered	

SUMMARY OF MEDICAID-COVERED	SUMMARY OF MEDICARE-COVERED
BENEFITS	BENEFITS
January 1. 2025 – December 31. 2025	January 1. 2025 – December 31. 2025

Approval or a referral.			
Benefit	Turquoise Care (Medicaid)	Blue Cross MA Dual Care Plus Preferred (PPO DSNP) SM (See benefit details above)	
Vision Services	Routine vision care, eyeglasses, and eye checkups are covered anytime and apply to all ages through a program administered by Davis Vision.	• Covered	
Preventive Care	Preventive health care is for everyone and well-child visits from birth to age 21. Early and periodic Screening Diagnostic and treatment (EPSDT) services are provided to every Medicaid-eligible child from birth to age 21. Blue Cross of New Mexico will provide checkups and preventive services through providers. Other recommended health screenings include mammograms for women ages 40 through 69 every one or two years and both men and women age 50 should be screened for colon cancer. Routine PCP visits are covered as preventative measures.	• Covered	
Second Opinions	Members may disagree with PCP or specialist, have concerns and need more information or treatment regarding illness. In these cases, the second opinion needs prior authorization	• Covered	
Hospice	Hospice is covered with prior authorization.	Covered	
Pregnancy-Related and Maternity Services	Pregnancy-related and maternity services are covered	Covered	
Inpatient Hospital Care	Hospital services (inpatient, outpatient, is covered with prior authorization).	• Covered	
School-Based Health Clinics	Covered services with no prior authorization required.	Covered	
Bariatric Surgery	Covered service with prior authorization required.	Covered	

SUMMARY OF MEDICAID-COVERED
BENEFITS
January 1, 2025 – December 31, 2025

SUMMARY OF MEDICARE-COVERED BENEFITS

January 1, 2025 – December 31, 2025

Approval or a referral.			
Benefit	Turquoise Care (Medicaid)	Blue Cross MA Dual Care Plus Preferred (PPO DSNP) SM (See benefit details above)	
Skilled Nursing Facility (SNF)	Skilled nursing is covered with prior authorization required.	• Covered	
Prescription Drug Benefits	The Blue Cross of New Mexico Drug List is a list of drugs that are covered.	Covered	
ADDITIONAL INFOR	MATION		
Alternative Benefit Plan	The Alternative Benefit Plan (ABP) is a part of the New Mexico Medicaid program. The ABP offers coverage for Medicaid-eligible adults ages 19-64 who have income up to 138% of the Federal Poverty Level (FPL).	Not Covered	
Value-Added Services	In addition to covering the services required by state law, Blue Cross of New Mexico offers extra services to help keep you and your family healthy. Some services are not always available all year and may have additional limits and steps. Call Customer Service at 1-877-688-1813 (TTY: 711) for more details. Note: Services may change from year-to-year.	See SilverSneakers † Fitness Program	
Member Rewards	Every member of Blue Cross of New Mexico is able to enroll in the Turquoise Rewards Program. The Rewards Program allows you to earn "credits" by just taking part in certain healthy actions. To use your credits, enrollment is required. You can enroll at www.turquoiserewards.com or call Turquoise Rewards Wellness Services at 1-877-806-8964. Credits can be used by making choices from a catalog. You can order catalog items through a website or by calling Turquoise Rewards Wellness Services at 1-877-806-8964. Shipping costs will not	• Not Covered	

SUMMARY OF MEDICAID-COVERED	SUMMARY OF MEDICARE-COVERED
BENEFITS	BENEFITS
January 1, 2025 – December 31, 2025	January 1, 2025 – December 31, 2025

Benefit	Turquoise Care (Medicaid)	Blue Cross MA Dual Care Plus Preferred (PPO DSNP) SM
		(See benefit details above)
	apply. You will get your Turquoise Rewards Program catalog when you earn your first credits.	

MEDICAID COVERED BENEFITS

Medical, behavioral health, and long-term care services are covered. Some categories of eligibility may also cover dental, vision, transportation, and prescription services. Additional Medicaid covered services may include:

- Preventive services
- Well-child visits
- Early and Periodic Screening, Diagnostic and Treatment (EPSDT) services
- Medical/surgical services
- Family planning services
- Pregnancy-related and maternity services
- Prenatal care
- Urgent care services
- Emergency services
- Behavioral health benefits
- Prescription drug benefits
- Vision benefits
- Dental benefits
- Transportation benefits

MEDICAID LONG-TERM CARE SERVICES

Long-term care services for members who meet the Nursing Facility Level of Care (NFLOC) criteria are covered. Long-term care includes medical and nonmedical care for people who have disabilities or long- lasting illnesses. The member has to be in Agency-Based Community Benefit for 120 days before provides the services. switching to Self-Directed Community Benefit.

The following services are covered for members who are eligible for the Self-Directed Community Benefit

- Behavior support consultation
- Customized community support
- Emergency response
- Employment supports
- Environmental modifications
- Home health aide
- Homemaker/Direct Support
- Nutritional counseling

MEDICAID AGENCY-BASED COMMUNITY BENEFIT

The following services are covered for members who meet NF LOC and select the Agency-Based Community Benefit (ABCB):

- Adult day health
- Assisted living
- Behavior support consultation
- Community transition services
- Emergency response
- Employment supports
- Environmental modifications
- Home health aide
- Nutritional Counseling
- Personal care services
- Private duty nursing for adults
- Respite
- Skilled maintenance therapy services

MEDICAID SELF-DIRECTED COMMUNITY BENEFIT

The Self-Directed Community Benefit (SDCB) is composed of certain home and community-based services available to eligible members. Self-direction gives you choices. It also gives you control over how the services are provided. You can choose who

OTHER INSURANCE

If a Medicaid member has other medical or dental plan coverage, including Medicare, it is important that the member inform the Human Services Departments (HSD) Income Support Division (ISD) office. If the member does not know how to contact ISD, they should call the Medicaid Call Center at 1-888-997-2583 to get that information. The member should tell his or her provider about other insurance before any appointment.

The member should always show all insurance ID cards

- Private duty nursing for adults
- Related goods
- Respite
- Self-Directed Personal Care
- Skilled maintenance therapy services
- Specialized therapies
- Start Up Goods
- Transportation (non-medical)

IF YOU ARE A SLMB, QI1, OR QDWI BENEFICIARY:

Because Medicaid does not pay your cost-share, and you do not have full Medicaid benefits, your cost-share is typically 20%. There are a few exceptions such as preventive wellness exams and most supplemental benefits provided by Blue Cross Medicare Advantage Dual Care plus, where you will have a 0% cost-share.

when he or she sees a provider and/or goes to the hospital. The other insurance plan needs to be billed for the members health care services before Turquoise Care (Medicaid) can be billed. The member's Medicaid Managed Care Organization (MCO) will work with the other insurance plan on payment for these services. The only exception to this is if a member has Indian Health Service (IHS) coverage. Medicaid will pay before IHS does.

If a member has both Medicare and Medicaid, the member has more than one insurance coverage.

Medicare is considered as the primary insurance and Medicaid is the secondary insurance. The members Medicaid benefits will not change the primary insurance benefits.

Medicaid Plan Notice:

Blue Cross and Blue Shield of New Mexico, a Division of Health Care Service Corporation, a Mutual Legal Reserve Company (HCSC), an Independent Licensee of the Blue Cross and Blue Shield Association.

Such services are funded in part with the State of New Mexico.

Medicare Advantage Plan Notice:

Our service area includes these counties in New Mexico: Bernalillo, Catron, Chaves, Cibola, Curry, Dona Ana, Eddy, Grant, Guadalupe, Harding, Lincoln, Los Alamos, Luna, McKinley, Mora, Otero, Quay, Rio Arriba, Roosevelt, San Miguel, Sandoval, Santa Fe, Sierra, Socorro, Taos, Torrance and Valencia.

PPO Special Needs Plan provided by Health Care Service Corporation, a Mutual Legal Reserve Company (HCSC), an Independent Licensee of the Blue Cross and Blue Shield Association. HCSC is a Medicare Advantage organization with a Medicare contract and a contract with the New Mexico Medicaid program. Enrollment in HCSC's plan depends on contract renewal.

Such services are funded in part with the State of New Mexico.

This plan is available to anyone who has both Medical Assistance from the State and Medicare.

Premium, copays, coinsurance, and deductibles may vary based on the level of Extra Help you receive. Please contact the plan for further details.

DISCLAIMERS

This document is available in other alternate formats.

We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at 1-877-688-1813 (TTY: 711). Someone who speaks Spanish/Language can help you. This is a free service.

Tenemos servicios de intérprete sin costo alguno para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para hablar con un intérprete, por favor llame al 1-877-583-8129 (TTY: 711). Alguien que hable español le podrá ayudar. Este es un servicio gratuito.

Blue Cross MA Dual Care Plus Preferred is a Local PPO plan with a Medicare contract. Enrollment in **Blue Cross MA Dual Care Plus Preferred** depends on contract renewal.

This information is not a complete description of benefits. Contact the plan for more information. Limitations, copayments, and restrictions may apply. Benefits, premiums and/or copayments/coinsurance may change on January 1 of each year.

You must continue to pay your Medicare Part B premium.

The formulary, pharmacy network, and/or provider network may change at any time. You will receive notice when necessary.

Out-of-network/non-contracted providers are under no obligation to treat Blue Cross and Blue Shield of New Mexico members, except in emergency situations. For a decision about whether we will cover an out-of-network service, we encourage you or your provider to ask us for a pre-service organization determination before you receive the service. Please call our Customer Service number or see your "Evidence of Coverage" for more information, including the cost-sharing that applies to out-of-network services.

Health coverage is offered by Health Care Service Corporation.



Blue Cross and Blue Shield of New Mexico complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Blue Cross and Blue Shield of New Mexico does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Blue Cross and Blue Shield of New Mexico:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - o Information written in other languages

If you need these services, contact a Civil Rights Coordinator.

If you believe that Blue Cross and Blue Shield of New Mexico has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Civil Rights Coordinator, Office of Civil Rights Coordinator, 300 E. Randolph St., 35th floor, Chicago, Illinois 60601, 1-855-664-7270, TTY/TDD: 1-855-661-6965, Fax: 1-855-661-6960. You can file a grievance by phone, mail, or fax. If you need help filing a grievance, a Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/smartscreen/main.jsf, or by mail or phone at:

U.S. Department of Health and Human Services

200 Independence Avenue, SW

Room 509F, HHH Building

Washington, D.C. 20201

1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at

https://www.hhs.gov/civil-rights/filing-a-complaint/complaint-process/index.html.

https://www.hhs.gov/sites/default/files/ocr-cr-complaint-form-package.pdf.

English: We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at 1-877-688-1813 (TTY/TDD: 711). Someone who speaks English/Language can help you. This is a free service.

Ata' halne'í bee áka'anída'awo'í nihee hóló áko nihi ats'íís át'éhígíí doodago azee' bił ha'dít'éhí baah na'ídikid nee hólóogo yee nił halne' dooleeł. Ata' halne' jókeedgo, t'óó kohji' 1-877-688-1813 (TTY/TDD: 711) nihich'i hodíilnih. T'áá háíshíí Diné bizaad yee yáłti'ígíí nika'iilyeedgo bíighah. Díí bee áka'aná'awo'í éí t'áá jiik'eh.

Spanish: Tenemos servicios de intérprete sin costo alguno para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para hablar con un intérprete, por favor llame al 1-877-688-1813 (TTY/TDD: 711). Alguien que hable español le podrá ayudar. Este es un servicio gratuito.

Chinese Mandarin: 我们提供免费的翻译服务,帮助您解答关于健康或药物保险的任何疑问。如果您需要此翻译服务,请致电 1-877-688-1813 (TTY/TDD: 711)。我们的中文工作人员很乐意帮助您。这是一项免费服务。

Chinese Cantonese: 您對我們的健康或藥物保險可能存有疑問,為此我們提供免費的翻譯服務。如需翻譯服務,請致電1-877-688-1813 (TTY/TDD: 711)。我們講中文的人員將樂意為您提供幫助。這是一項免費服務。

Tagalog: Mayroon kaming libreng serbisyo sa pagsasaling-wika upang masagot ang anumang mga katanungan ninyo hinggil sa aming planong pangkalusugan o panggamot. Upang makakuha ng tagasaling-wika, tawagan lamang kami sa 1-877-688-1813 (TTY/TDD: 711). Maaari kayong tulungan ng isang nakakapagsalita ng Tagalog. Ito ay libreng serbisyo.

French: Nous proposons des services gratuits d'interprétation pour répondre à toutes vos questions relatives à notre régime de santé ou d'assurance-médicaments. Pour accéder au service d'interprétation, il vous suffit de nous appeler au 1-877-688-1813 (TTY/TDD: 711). Un interlocuteur parlant Français pourra vous aider. Ce service est gratuit.

Vietnamese: Chúng tôi có dịch vụ thông dịch miễn phí để trả lời các câu hỏi về chương sức khỏe và chương trình thuốc men. Nếu quí vị cần thông dịch viên xin gọi 1-877-688-1813 (TTY/TDD: 711). sẽ có nhân viên nói tiếng Việt giúp đỡ quí vị. Đây là dịch vụ miễn phi.

German: Unser kostenloser Dolmetscherservice beantwortet Ihren Fragen zu unserem Gesundheits- und Arzneimittelplan. Unsere Dolmetscher erreichen Sie unter 1-877-688-1813 (TTY/TDD: 711). Man wird Ihnen dort auf Deutsch weiterhelfen. Dieser Service ist kostenlos.

Korean: 당사는 의료 보험 또는 약품 보험에 관한 질문에 답해 드리고자 무료 통역 서비스를 제공하고 있습니다. 통역 서비스를 이용하려면 전화 1-877-688-1813 (TTY/TDD: 711). 번으로 문의해 주십시오. 한국어를 하는 담당자가 도와 드릴 것입니다. 이 서비스는 무료로 운영됩니다. Russian: Если у вас возникнут вопросы относительно страхового или медикаментного плана, вы можете воспользоваться нашими бесплатными услугами переводчиков. Чтобы воспользоваться услугами переводчика, позвоните нам по телефону 1-877-688-1813 (TTY/TDD: 711). Вам окажет помощь сотрудник, который говорит по-русски. Данная услуга бесплатная.

TTY/) 1-877-688-1813 تعلق -1813 المترجم الفوري المجانية للإجابة عن أي أسئلة تتعلق -1813-688-1871 (TTY/) المترجم ليسعليك سوى الاتصال بنا على .(Arabic 711): بالصحة أو جدول الأدوية لدينا .للحصول :TDD

Hindi: हमारेस्वास्थ्य या दवा की योजना केबारेमेंआपकेकिसी भी प्रश्न केजवाब देनेकेलिए हमारेपास मुफ्त दुभाषिया सेवाएँउपलब्ध हैं. एक दुभाषिया प्राप्त करनेकेलिए, बस हमें 1-877-688-1813 (TTY/TDD: 711). पर फोन करें. कोई व्यक्ति जो हिन्दी बोलता हैआपकी मदद कर सकता है. यह एक मुफ्त सेवा है.

Italian: È disponibile un servizio di interpretariato gratuito per rispondere a eventuali domande sul nostro piano sanitario e farmaceutico. Per un interprete, contattare il numero 1-877-688-1813 (TTY/TDD: 711). Un nostro incaricato che parla Italianovi fornirà l'assistenza necessaria. È un servizio gratuito.

Portugués: Dispomos de serviços de interpretação gratuitos para responder a qualquer questão que tenha acerca do nosso plano de saúde ou de medicação. Para obter um intérprete, contacte-nos através do número 1-877-688-1813 (TTY/TDD: 711). Irá encontrar alguém que fale o idioma Português para o ajudar. Este serviço é gratuito.

French Creole: Nou genyen sèvis entèprèt gratis pou reponn tout kesyon ou ta genyen konsènan plan medikal oswa dwòg nou an. Pou jwenn yon entèprèt, jis rele nou nan 1-877-688-1813 (TTY/TDD: 711). Yon moun ki pale Kreyòl kapab ede w. Sa a se yon sèvis ki gratis.

Polish: Umożliwiamy bezpłatne skorzystanie z usług tłumacza ustnego, który pomoże w uzyskaniu odpowiedzi na temat planu zdrowotnego lub dawkowania leków. Aby skorzystać z pomocy tłumacza znającego język polski, należy zadzwonić pod numer 1-877-688-1813 (TTY/TDD: 711). Ta usługa jest bezpłatna.

Japanese: 当社の健康健康保険と薬品処方薬プランに関するご質問にお答えするために、無料の通訳サービスがありますございます。通訳をご用命になるには、1-877-688-1813 (TTY/TDD: 711). にお電話ください。日本語を話す人者が支援いたします。これは無料のサービスです。



Out-of-network/non-contracted providers are under no obligation to treat Blue Cross Medicare members, except in emergency situations. Please call our customer service number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services.

This information is not a complete description of benefits. Call 1-877-688-1813 (TTY: 711) for more information.

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This plan is available to anyone who has both Medical Assistance from the State and Medicare.

Premium, copays, coinsurance, and deductibles may vary based on the level of Extra Help you receive. Please contact the plan for further details.

THANK YOU

Connect with us

Contact Information: 1-877-688-1813, TTY: 711

Organization Name: Blue Cross and Blue Shield of New Mexico

Organization website: getbluenm.com/dsnp