Zing HEALTH™

Summary of Benefits

January 1, 2025 - December 31, 2025

Illinois
HMO C-SNP

H4624-010 Zing Essential Wellness Diabetes & Heart IL (HMO C-SNP)
Service Area: Boone, Cook, DeKalb, DuPage, Kane, Kankakee, Kendall, Lake, McHenry, Ogle, Will, and Winnebago Counties

H4624-028 Zing Elite Diabetes & Heart IL (HMO C-SNP)
Service Area: Boone, Cook, Kane, Will, and Winnebago Counties

Y0149_0055743_M

SB25IL55743E

Zing Health contracts with Medicare to offer Medicare Advantage HMO, HMO SNP, PPO, and PPO SNP plans in select states, and with select State Medicaid programs. Enrollment in Zing Health depends on contract renewal.

The benefit information provided does not list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, please call 1-866-946-4458 (TTY: 711) and request the "Evidence of Coverage" or access it online at www.myzinghealth.com.

To join Zing Health, you must be entitled to Medicare Part A, be enrolled in Part B, and live in the plan's service area. The service area includes the counties listed in the first row of the chart below for each plan.

For HMO plans, except in emergency situations, if you use providers that are not in our network, we may not pay for these services.

For coverage and costs of Original Medicare, look in your current "Medicare & You" handbook. View it online at www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 7 days a week, 24 hours a day. TTY users should call 1-877-486-2048.

This document is available in other formats such as braille, large print, or audio.

For more information, please call us at 1-866-946-4458 (TTY users should call 711), 7 days a week, 8 a.m. to 8 p.m., or visit us at www.myzinghealth.com.

Monthly Premium, Deductible, and Limits on How Much you Pay for Covered Services

Benefit Coverage Services with a [1] may require prior authorization.	**H4624-010** **Zing Essential Wellness Diabetes & Heart IL (HMO C-SNP)** *Boone, Cook, DeKalb, DuPage, Kane, Kankakee, Kendall, Lake, McHenry, Ogle, Will, and Winnebago Counties*	**H4624-028** **Zing Elite Diabetes & Heart IL (HMO C-SNP)** *Boone, Cook, Kane, Will, and Winnebago Counties*
PREMIUMS, DEDUCTIBLES, AND MOOP		
Monthly Plan Premium (medical and drugs)	$0. You must continue to pay your Medicare Part B premium unless paid on your behalf by Medicaid.	$0. You must continue to pay your Medicare Part B premium unless paid on your behalf by Medicaid.
Deductible (medical)	$0 Medicare-defined Part B Deductible Amount Applies to All In-Network Medicare-Covered Services. See outpatient prescription drugs section for Part D deductible.	$0 Medicare-defined Part B Deductible Amount Applies to All In-Network Medicare-Covered Services. See outpatient prescription drugs section for Part D deductible.
Maximum Out-of-Pocket Responsibility (medical)	You pay no more than $3,650 annually.	You pay no more than $3,200 annually.

Benefit Coverage Services with a [1] may require prior authorization.	**H4624-010** **Zing Essential Wellness Diabetes & Heart IL (HMO C-SNP)** *Boone, Cook, DeKalb, DuPage, Kane, Kankakee, Kendall, Lake, McHenry, Ogle, Will, and Winnebago Counties*	**H4624-028** **Zing Elite Diabetes & Heart IL (HMO C-SNP)** *Boone, Cook, Kane, Will, and Winnebago Counties*
INPATIENT AND OUTPATIENT HOSPITAL COVERAGE		
Inpatient Hospital[1]	You pay $275 per day for days 1-6; You pay $0 per day for days 7 and beyond per admission or stay.	You pay $275 per day for days 1-6; You pay $0 per day for days 7 and beyond per admission or stay.
Outpatient Hospital[1]	You pay $300 per visit.	You pay $225 per visit.
Ambulatory Surgical Center (ASC)[1]	You pay $200 per visit.	You pay $125 per visit.
DOCTOR VISITS		
Doctor Visits		
• **Primary Care Provider**	You pay $0 per visit.	You pay $0 per visit.
• **Specialists**	You pay $0 per visit for Endocrinologist, Gerontologist, Nephrologist, Ophthalmologist, Cardiologist, Pulmonologist; You pay $15 for all other Specialists.	You pay $0 per visit for Endocrinologist, Gerontologist, Nephrologist, Ophthalmologist, Cardiologist, Pulmonologist; You pay $10 for all other Specialists.
PREVENTIVE CARE		
Preventive Care (e.g., flu vaccine, diabetic screenings)	$0 copay. Other preventive services are available. There are some covered services that have a cost.	$0 copay. Other preventive services are available. There are some covered services that have a cost.
EMERGENCY CARE		
Emergency Care	You pay $135; If you are admitted to the hospital within 24 hours, then you do not have to pay $135.	You pay $140; If you are admitted to the hospital within 24 hours, then you do not have to pay $140.
Worldwide Emergency and Urgent Care (Emergency Transportation not covered)	You pay $0 for emergency and urgent care services received outside of the United States and its, territories. Our plan will reimburse up to a $100,000 maximum benefit amount per year.	You pay $0 for emergency and urgent care services received outside of the United States and its, territories. Our plan will reimburse up to a $100,000 maximum benefit amount per year.
Urgently Needed Services	You pay $0 per visit at a PCP office; You pay $10 per visit at other locations.	You pay $0 per visit at a PCP office; You pay $10 per visit at other locations.

Benefit Coverage Services with a [1] may require prior authorization.	**H4624-010** **Zing Essential Wellness Diabetes & Heart IL (HMO C-SNP)** *Boone, Cook, DeKalb, DuPage, Kane, Kankakee, Kendall, Lake, McHenry, Ogle, Will, and Winnebago Counties*	**H4624-028** **Zing Elite Diabetes & Heart IL (HMO C-SNP)** *Boone, Cook, Kane, Will, and Winnebago Counties*
DIAGNOSTIC SERVICES/LABS/IMAGING		
Diagnostic Services/ Labs/Imaging If a member receives multiple services on the same day, only the maximum copay applies.		
• **Diagnostic tests and procedures**[1]	You pay $0 for outpatient COVID tests; You pay $25 for all other Medicare-covered diagnostic tests and procedures.	You pay $0 for outpatient COVID tests; You pay $25 for all other Medicare-covered diagnostic tests and procedures.
• **Lab services**[1]	You pay $0 for Lab services.	You pay $0 for Lab services.
• **MRI, CAT Scan**[1]	You pay $50 for CT, MRI, PET Scan at a doctor's office; You pay $150 at a facility.	You pay $50 for CT, MRI, PET Scan at a doctor's office; You pay $150 at a facility.
• **X-Rays**	You pay $0 for X-rays.	You pay $0 for X-rays.
• **Therapeutic Radiology**[1] (radiation, chemotherapy)	You pay 20% of the cost for Medicare-covered services.	You pay 20% of the cost for Medicare-covered services.
HEARING SERVICES		
Hearing Services		
• **Medicare-Covered Hearing Exams**	You pay $20 for Medicare-covered hearing exams.	You pay $20 for Medicare-covered hearing exams.
• **Routine Hearing Exam**	You pay $0 for 1 routine hearing exam per year.	You pay $0 for 1 routine hearing exam per year.
• **Fitting and Evaluation for Hearing Aid**	You pay $0 for 1 fitting and evaluation every 3 years.	You pay $0 for 1 fitting and evaluation every 3 years.
• **Hearing Aids**	You receive a $750 benefit allowance towards hearing aids per ear every 3 years.	You receive a $750 benefit allowance towards hearing aids per ear every 3 years.

Benefit Coverage Services with a [1] may require prior authorization.	**H4624-010** **Zing Essential Wellness Diabetes & Heart IL (HMO C-SNP)** *Boone, Cook, DeKalb, DuPage, Kane, Kankakee, Kendall, Lake, McHenry, Ogle, Will, and Winnebago Counties*	**H4624-028** **Zing Elite Diabetes & Heart IL (HMO C-SNP)** *Boone, Cook, Kane, Will, and Winnebago Counties*
DENTAL SERVICES		
Dental Services	You receive a $2,500 benefit allowance every year for preventive, diagnostic, and comprehensive dental benefits combined.	You receive a $2,500 benefit allowance every year for preventive, diagnostic, and comprehensive dental benefits combined.
• **Medicare Dental Services**	You pay $0 for certain emergent or complicated dental services received when in the hospital.	You pay $0 for certain emergent or complicated dental services received when in the hospital.
• **Diagnostic and Preventive Dental Services**	You pay a $0 copay for diagnostic and preventive dental services. • 1 Oral exam every 6 months • 1 Prophylaxis (cleaning) every 6 months • 1 Fluoride treatment every year • 1 X-ray set per year	You pay a $0 copay for diagnostic and preventive dental services. • 1 Oral exam every 6 months • 1 Prophylaxis (cleaning) every 6 months • 1 Fluoride treatment every year • 1 X-ray set per year
• **Comprehensive Dental Services**	You pay $0 for comprehensive dental services. • Restorative Services (crowns) • Endodontics (root canals) • Periodontics (scaling/root planing) • Prosthodontics, fixed and removable (dentures, partials) • Oral and Maxillofacial Surgery (extractions) • Adjunctive General Services	You pay $0 for comprehensive dental services. • Restorative Services (crowns) • Endodontics (root canals) • Periodontics (scaling/root planing) • Prosthodontics, fixed and removable (dentures, partials) • Oral and Maxillofacial Surgery (extractions) • Adjunctive General Services

Benefit Coverage Services with a [1] may require prior authorization.	**H4624-010** **Zing Essential Wellness Diabetes & Heart IL (HMO C-SNP)** *Boone, Cook, DeKalb, DuPage, Kane, Kankakee, Kendall, Lake, McHenry, Ogle, Will, and Winnebago Counties*	**H4624-028** **Zing Elite Diabetes & Heart IL (HMO C-SNP)** *Boone, Cook, Kane, Will, and Winnebago Counties*
VISION SERVICES		
Vision Services		
• **Medicare-Covered Eye Exams**	Diabetic Retinopathy: $0. All Other: $20.	Diabetic Retinopathy: $0. All Other: $20.
• **Routine Eye Exams**	You pay $0 for 1 routine vision exam per year.	You pay $0 for 1 routine vision exam per year.
• **Medicare-Covered Eyewear**	You pay $0 for Medicare-covered eyewear.	You pay $0 for Medicare-covered eyewear.
• **Routine Eyewear**	You pay $0 for routine eyewear; You receive a $300 benefit allowance towards Eyeglass (lenses and frames), Eyeglass lenses, Eyeglass frames, and a pair of Contacts every year.	You pay $0 for routine eyewear; You receive a $350 benefit allowance towards Eyeglass (lenses and frames), Eyeglass lenses, Eyeglass frames, and a pair of Contacts every year.
MENTAL HEALTH SERVICES		
Inpatient Mental Health Services[1]	You pay $275 per day for days 1-6; You pay $0 per day for days 7 and beyond per admission or stay.	You pay $275 per day for days 1-6; You pay $0 per day for days 7 and beyond per admission or stay.
Outpatient Mental Health Services[1]		
• **Outpatient Group Therapy/Individual Therapy Visit[1]**	You pay $0 per Medicare-covered session.	You pay $0 per Medicare-covered session.
SKILLED NURSING		
Skilled Nursing Facility[1]	You pay: • $0 for days 1 through 20. • $214 for days 21 through 100. • All costs for each day after day 100 of the benefit period.	You pay: • $0 for days 1 through 20 • $214 for days 21 through 100. • All costs for each day after day 100 of the benefit period.

Benefit Coverage Services with a [1] may require prior authorization.	**H4624-010** **Zing Essential Wellness Diabetes & Heart IL (HMO C-SNP)** *Boone, Cook, DeKalb, DuPage, Kane, Kankakee, Kendall, Lake, McHenry, Ogle, Will, and Winnebago Counties*	**H4624-028** **Zing Elite Diabetes & Heart IL (HMO C-SNP)** *Boone, Cook, Kane, Will, and Winnebago Counties*
REHABILITATION SERVICES		
Physical Therapy/ Speech Therapy[1]	You pay $20 per visit.	You pay $20 per visit.
Occupational Therapy[1]	You pay $20 per visit.	You pay $20 per visit.
Cardiac Rehabilitation[1] • **Intensive Cardiac Rehabilitation**[1]	You pay $0 per visit.	You pay $0 per visit.
AMBULANCE		
Ambulance (Ground)[1]	You pay $175 per Medicare-covered services.	You pay $200 per Medicare-covered services.
Ambulance (Air)[1]	You pay 20% of the cost for Medicare-covered services.	You pay 20% of the cost for Medicare-covered services.
TRANSPORTATION		
Transportation (Non-Emergency)	You pay $0 for 30 one-way trips per year to plan approved locations.	You pay $0 for 30 one-way trips per year to plan approved locations.
MEDICARE PART B DRUGS		
Medicare Part B Drugs[1] • **Insulin**[1]	You pay 0% to 20% coinsurance for insulin not to exceed $35.	You pay 0% to 20% coinsurance for insulin not to exceed $35.
• **Chemotherapy and Other Drugs**[1] Step Therapy may be required.	You pay 20% coinsurance for chemotherapy and other Part B drugs.	You pay 20% coinsurance for chemotherapy and other Part B drugs.

Benefit Coverage Services with a [1] may require prior authorization.	**H4624-010** **Zing Essential Wellness Diabetes & Heart IL (HMO C-SNP)** *Boone, Cook, DeKalb, DuPage, Kane, Kankakee, Kendall, Lake, McHenry, Ogle, Will, and Winnebago Counties*	**H4624-028** **Zing Elite Diabetes & Heart IL (HMO C-SNP)** *Boone, Cook, Kane, Will, and Winnebago Counties*
FOOT CARE		
Podiatry Visit (Medicare-Covered)	You pay $10 per visit.	You pay $10 per visit.
Podiatry Visit (Routine Foot Care)	You pay $0; up to 6 visits/year.	You pay $0; up to 12 visits/year.
MEDICAL EQUIPMENT/SUPPLIES		
Durable Medical Equipment[1] • **Prosthetics[1]** Prior authorization required for items/ supplies over $1,500.	You pay 20% for Medicare-covered benefits.	You pay 20% for Medicare-covered benefits.
Diabetes Supplies and Services	You pay 0%-20%.	You pay 0%-20%.
• **Diabetic Therapeutic Shoes or Inserts**	You pay 0%.	You pay 0%.
• **Diabetes Self-Management Training**	You pay $0.	You pay $0.
CHIROPRACTIC CARE AND ACUPUNCTURE		
Chiropractic Visit (Medicare-Covered)	You pay $20 per visit.	You pay $20 per visit.
Acupuncture Visit (Medicare-Covered)	You pay $0 per visit.	You pay $0 per visit.
HOME HEALTH CARE		
Home Health Care (Medicare-Covered)[1]	You pay $0 per visit.	You pay $0 per visit.
HOSPICE		
Hospice Care	You must get your care from a Medicare certified hospice provider. You pay part of the cost for outpatient drugs.	You must get your care from a Medicare certified hospice provider. You pay part of the cost for outpatient drugs.

Benefit Coverage Services with a [1] may require prior authorization.	**H4624-010** **Zing Essential Wellness Diabetes & Heart IL (HMO C-SNP)** *Boone, Cook, DeKalb, DuPage, Kane, Kankakee, Kendall, Lake, McHenry, Ogle, Will, and Winnebago Counties*	**H4624-028** **Zing Elite Diabetes & Heart IL (HMO C-SNP)** *Boone, Cook, Kane, Will, and Winnebago Counties*
OUTPATIENT SUBSTANCE ABUSE		
Individual and Group Therapy Visit[1]	You pay $0 per visit.	You pay $0 per visit.
Opioid Treatment Visit[1]	You pay $20 per visit.	You pay $20 per visit.
RENAL DIALYSIS		
Renal Dialysis	You pay 20% for Medicare-covered benefits.	You pay 20% for Medicare-covered benefits.
Kidney Disease Education Services	You pay $0 for Medicare-covered benefits.	You pay $0 for Medicare-covered benefits.
IN-HOME SUPPORT SERVICES		
In-Home Support Services	You pay $0 for 60 hours per year of Papa Pals services.	You pay $0 for 60 hours per year of Papa Pals services.
FITNESS		
Fitness - Health Club Membership and At-Home Fitness Kit	You pay $0.	You pay $0.
Weight Management Program	You pay $0.	You pay $0.
24/7 NURSING HOTLINE		
24/7 Nurse Hotline	You pay $0.	You pay $0.
PERSONAL EMERGENCY RESPONSE SYSTEM		
Personal Emergency Response System	You pay $0.	You pay $0.
MEAL BENEFITS		
Post Discharge Meals	You pay $0 for 10 meals after each inpatient facility discharge or surgery.	You pay $0 for 10 meals after each inpatient facility discharge or surgery.
Chronic Condition Meals	You pay $0 for 28 meals if you have a qualifying chronic condition and participate in a lifestyle transition program.	You pay $0 for 28 meals if you have a qualifying chronic condition and participate in a lifestyle transition program.

Benefit Coverage Services with a [1] may require prior authorization.	**H4624-010** **Zing Essential Wellness Diabetes & Heart IL (HMO C-SNP)** *Boone, Cook, DeKalb, DuPage, Kane, Kankakee, Kendall, Lake, McHenry, Ogle, Will, and Winnebago Counties*	**H4624-028** **Zing Elite Diabetes & Heart IL (HMO C-SNP)** *Boone, Cook, Kane, Will, and Winnebago Counties*
OVER-THE-COUNTER ITEMS/HEALTHY FOODS/UTILITY		
Over-the-Counter Items Allowance	You pay $0 for $161/month to use for over-the-counter items, unused funds do not roll-over to next month.	You pay $0 for $181/month to use for over-the-counter items, unused funds do not roll-over to next month.
Healthy Food and Utilities Allowance Any unused balances cannot be converted to cash or rolled over to the next benefit period.	Members with Cardiovascular Disorders, Chronic Heart Failure, and Diabetes who have a high risk of hospitalization or other adverse health outcome, and require intensive care coordination are eligible for this benefit. Eligible members will receive this benefit for the first 90 days of their effective date. In order to continue to receive this benefit, you must complete a health risk assessment (HRA) within 90 days of your effective date and then annually. The over-the-counter (OTC) allowance can also be used for plan-approved food items, and/or utilities (electric, gas, heating oil, sanitation or water). The benefits mentioned are a part of special supplemental program for the chronically ill. Not all members qualify.	Members with Cardiovascular Disorders, Chronic Heart Failure, and Diabetes who have a high risk of hospitalization or other adverse health outcome, and require intensive care coordination are eligible for this benefit. Eligible members will receive this benefit for the first 90 days of their effective date. In order to continue to receive this benefit, you must complete a health risk assessment (HRA) within 90 days of your effective date and then annually. The over-the-counter (OTC) allowance can also be used for plan-approved food items, and/or utilities (electric, gas, heating oil, sanitation or water). The benefits mentioned are a part of special supplemental program for the chronically ill. Not all members qualify.
FLEX CARD BENEFIT		
Flex Card	You receive a $490 debit card every year to apply towards the following non-Medicare covered benefits at your discretion: • Hearing • Dental (preventive and comprehensive) • Vision (routine and eyewear)	You receive a $250 debit card every year to apply towards the following non-Medicare covered benefits at your discretion: • Hearing • Dental (preventive and comprehensive) • Vision (routine and eyewear)

Benefit Coverage Services with a [1] may require prior authorization.	**H4624-010** **Zing Essential Wellness Diabetes & Heart IL (HMO C-SNP)** *Boone, Cook, DeKalb, DuPage, Kane, Kankakee, Kendall, Lake, McHenry, Ogle, Will, and Winnebago Counties*	**H4624-028** **Zing Elite Diabetes & Heart IL (HMO C-SNP)** *Boone, Cook, Kane, Will, and Winnebago Counties*
PART D PRESCRIPTION DRUGS		
Phase 1: Deductible Stage	You pay $0.	You pay $0.
Phase 2: Out--of-Pocket Threshold	$2,000. The maximum that you will pay each year for Medicare Part D prescription drugs covered by the plan. Once you've reached this amount, you enter the catastrophic coverage phase.	$2,000. The maximum that you will pay each year for Medicare Part D prescription drugs covered by the plan. Once you've reached this amount, you enter the catastrophic coverage phase.
Standard Retail Benefits (30 days/60 days/100 days) Insulins (30 days): T1, T3, T5, T6-$0, T4-$35		
Tier 1 - Preferred Generic	$0/$0/$0	$0/$0/$0
Tier 2 - Generic (includes excluded drugs)	$5/$10/$15	$5/$10/$15
Tier 3 - Preferred Brand	$47/$94/$141	$47/$94/$141
Tier 4 - Non-Preferred Drug	33%/33%/33%	33%/33%/33%
Tier 5 - Specialty Tier (30-day supply only)	33%	33%
Tier 6 - Select Care Drugs	$0/$0/$0	$0/$0/$0

Benefit Coverage Services with a [1] may require prior authorization.	**H4624-010** **Zing Essential Wellness Diabetes & Heart IL (HMO C-SNP)** *Boone, Cook, DeKalb, DuPage, Kane, Kankakee, Kendall, Lake, McHenry, Ogle, Will, and Winnebago Counties*	**H4624-028** **Zing Elite Diabetes & Heart IL (HMO C-SNP)** *Boone, Cook, Kane, Will, and Winnebago Counties*
Mail Order Copay (30 days/60 days/100 days) Insulins (30 days): T1, T3, T5, T6-$0, T4-$35		
Tier 1 - Preferred Generic	$0/$0/$0	$0/$0/$0
Tier 2 - Generic (includes excluded drugs)	$0/$0/$0	$0/$0/$0
Tier 3 - Preferred Brand	$47/$94/$94	$47/$94/$94
Tier 4 - Non-Preferred Drug	33%/33%/33%	33%/33%/33%
Tier 5 - Specialty Tier (30-day supply only)	33%	33%
Tier 6 - Select Care Drugs	$0/$0/$0	$0/$0/$0
Phase 3: Catastrophic Coverage Stage	The plan pays the full cost for your covered Part D drugs. You pay nothing.	
Additional Drug Coverage		
Erectile Dysfunction (ED Drugs) - sildenafil	Covered at Tier 2 cost-share amount.	

Cost-Sharing may change depending on point-of-service (mail-order, retail, Long Term Care (LTC)), home infusion, the pharmacy you choose, and when you enter a new phase of the drug stages.

Important Message About What You Pay for Insulin - You won't pay more than $35 for a one-month supply of each insulin product covered by our plan, no matter what cost-sharing tier it's on.

Important Message About What You Pay for Vaccines - Our plan covers most Part D vaccines at no cost to you. Call Member Services for more information.

Your cost share may differ depending on when you enter another phase of the drug benefit and if you qualify for "Extra Help." To find out if you qualify for "Extra Help," please contact the Social Security Office at 1-800-772-1213, Monday through Friday, 7 a.m. – 7 p.m. TTY users should call 1-800-325-0778.

For more information on additional pharmacy specific cost-share and the drug coverage stages, please call Member Services or access our "Evidence of Coverage" online or request one by mail.

[(2)] If you have full Medicaid benefits or are a Qualified Medicare Beneficiary, you will pay $0 for your Medicare-covered services as noted by the cost sharing in this chart.