

Summary of Benefits 2025

UHC Dual Complete UT-S001 (PPO D-SNP) H2001-047-000

Look inside to learn more about the plan and the health and drug services it covers. Contact us for more information about the plan.



UHC.com/CommunityPlan



Toll-free **1-855-545-9340**, TTY **711**

8 a.m.-8 p.m. local time, 7 days a week

United Healthcare[®] **Dual Complete**

Summary of Benefits

January 1, 2025 - December 31, 2025

This is a summary of what we cover and what you pay. For a complete list of covered services, limitations and exclusions, review the Evidence of Coverage (EOC) at **MyUHCAdvantage.com** or call Customer Service for help. After you enroll in the plan, you will get more information on how to view your plan details online.

UHC Dual Complete UT-S001 (PPO D-SNP)

Medical premium, deductible and limits			
	In-network	Out-of-network	
Monthly plan premium	\$54.70		
Part B premium reduction	\$0.70 If your Medicare Part B pr or others on your behalf, y reduction.	emium is paid by Medicaid, ou will not see the	
Annual medical deductible	You pay the Original Medicare Part B deductible amount combined in and out-of-network for 2025 which will be set by CMS in the fall of 2024. This is the 2024 deductible amount and may change for 2025. Our plan will provide updated rates as soon as they are released. The 2024 Medicare Deductible amount is \$240.		
Maximum out-of-pocket amount (does	\$9,350	\$14,000	
not include prescription drugs or any Medicaid cost-shares)	This is the most you will pay out-of-pocket each year for Medicare-covered services and supplies received from network providers.	This is the most you will pay out-of-pocket each year for Medicare-covered services and supplies received from any provider.	
	monthly premiums. Out-of	you will still need to pay your f-pocket costs paid for your or any applicable Medicaid ed in this amount.	

Medical premium, deductible and limits		
	In-network	Out-of-network
Medicare cost-sharing	If you have full Medicaid benefits or are a Qualified Medicare Beneficiary (QMB), you will pay \$0 for your Medicare-covered services unless a separate Medicaid cost-share applies, as noted by the cost-sharing in this chart.	If you are a QMB or you have full Medicaid benefits and your provider accepts Medicaid, you will pay \$0 for your Medicare-covered services unless a separate Medicaid cost-share applies. Otherwise, you will pay the cost-sharing amount as noted in this chart.

Medical benefits				
		In-network	Out-of-network	
Inpatient hospital care ² Our plan covers an unlimited number of days for an inpatient hospital stay. Depending on your Medicaid eligibility, Medicaid may have a separate \$75 copay per stay.		\$0 copay per stay, or; \$1,965 copay per stay	40% coinsurance per stay	
hospital surgical Depending on your Medicaid eligibility, Medicaid may have a separate \$4 copay. Cost-sharing for additional plan covered services will apply. surgical (ASC)² Outpati hospital surgery Outpati hospital observa	Ambulatory surgical center (ASC) ²	\$0 copay for a colonoscopy \$0 copay or 20% coinsurance otherwise	40% coinsurance	
	Outpatient hospital, including surgery ²	\$0 copay for a colonoscopy \$0 copay or 20% coinsurance otherwise	40% coinsurance	
	Outpatient hospital observation services ²	\$0 copay or 20% coinsurance	40% coinsurance	
Doctor visits	Primary care provider	\$0 copay or 20% coinsurance	40% coinsurance	

Medical benefits				
		In-network	Out	t-of-network
Depending on your Medicaid	Specialists ²	\$0 copay or 20% coinsurance	40%	% coinsurance
eligibility, Medicaid may have a separate \$4 copay.	Virtual medical visits	\$0 copay to talk online through liv		telehealth provider deo
Preventive services	Routine physical	\$0 copay, 1 per y	ear* 40% yea	% coinsurance, 1 per
	Medicare-covered	\$0 copay	coi	copay - 40% nsurance (depending the service)
	test, flexible sig Depression scr Diabetes scree monitoring Hepatitis C scre HIV screening	counseling s visit asurement screening disease rapy) screening ginal cancer cer screenings fecal occult blood gmoidoscopy) eening nings and eening	computed screening Medical numbers of the services Medicare Entrogram (Notes) Counseling Prostate can (PSA) Sexually transcreenings Tobacco under the services Tobacco under the services, if the services of the service	reenings and ancer screenings ansmitted infections and counseling se cessation (counseling for no sign of tobacco- ease) Including those for the ais B, pneumonia, or to Medicare" visit (one-time)
	Any additional preve contract year will be This plan covers pre 100% when you use	e covered. eventive care scree	nings and annı	care during the ual physical exams at

Medical benefits			
		In-network	Out-of-network
Emergency care Depending on your Medicaid eligibility, Medicaid may have a separate \$8 copay for non-emergency trips to the emergency room.		inpatient hospital copay in	ates) per visit. If you are ithin 24 hours, you pay the stead of the Emergency tient Hospital Care" section
Urgently needed so Depending on your Medicaid may have copay.	Medicaid eligibility,	\$0 copay or \$45 copay (\$0 services outside the United	o copay for urgently needed d States) per visit
Diagnostic tests, lab and radiology services, and X- rays	Diagnostic radiology services (e.g. MRI, CT scan) ²	\$0 copay for each diagnostic mammogram or vascular screening \$0 copay or 20% coinsurance otherwise	40% coinsurance
	Lab services ²	\$0 copay	\$0 copay
	Diagnostic tests and procedures ²	\$0 copay or 20% coinsurance	40% coinsurance
	Therapeutic radiology ²	\$0 copay or 20% coinsurance	40% coinsurance
	Outpatient X-rays ²	\$0 copay or 20% coinsurance	40% coinsurance
Hearing services	Exam to diagnose and treat hearing and balance issues ²	\$0 copay or 20% coinsurance	40% coinsurance
	Routine hearing exam	\$0 copay, 1 per year*	40% coinsurance, 1 per year*
	Hearing aids ²	\$1,500 allowance every ye	ear for 2 hearing aids*
		brand-name prescript Access to one of the I hearing professionals locations 3-year manufacturer v	argest national networks of with more than 7,000 varranty on all prescription trial period and damage or

Medical benefits			
		In-network	Out-of-network
Routine dental benefits	Preventive and comprehensive ²	\$2,500 allowance for all co \$0 copay for covered prev services like cleanings, filli No annual deductible Access to one of the I networks Freedom to see any description	entive and comprehensive ings and crowns argest national dental
Vision services Depending on your Medicaid	Exam to diagnose and treat diseases and conditions of the eye ²	\$0 copay	40% coinsurance
eligibility, Medicaid may	Eyewear after cataract surgery	\$0 copay	40% coinsurance
have a separate \$4 copay for each visit with an	Routine eye exam	\$0 copay, 1 per year*	40% coinsurance, 1 per year*
ophthalmologist or optometrist.	Routine eyewear	 \$300 allowance for 1 pair of frames or contacts* • Free standard prescription lenses including single vision, bifocals, trifocals and Tier I (standard) progressives — all with scratch-resistant coating • Access to one of Medicare Advantage's large national networks of vision providers and retain providers • Eyewear available from many online provider including Warby Parker and GlassesUSA 	

Medical benefits			
		In-network	Out-of-network
Mental health	Inpatient visit ² Our plan covers 90 days for an inpatient hospital stay	\$0 copay per stay, or; \$1,965 copay per stay	40% coinsurance per stay
	Outpatient group therapy visit ²	\$0 copay or 20% coinsurance	40% coinsurance
	Outpatient individual therapy visit ²	\$0 copay or 20% coinsurance	40% coinsurance
	Virtual mental health visits	\$0 copay to talk with a net online through live audio a	•
Skilled nursing fact (Stay must meet Mocriteria) Our plan covers up SNF.	edicare coverage	\$0 copay per day: days 1-100, or; You pay the Original Medicare cost sharing amount for 2025 which will be set by CMS in the fall of 2024. These are 2024 cost sharing amounts and may change for 2025. Our plan will provide updated rates as soon as they are released. \$0 copay per day: days 1-20 \$204 copay per day: days 21-100	40% coinsurance per stay, up to 100 days
Outpatient rehabilitation services Depending on your Medicaid eligibility, Medicaid may have a separate \$4 copay for physical therapy.	Physical therapy and speech and language therapy visit ²	\$0 copay or 20% coinsurance	40% coinsurance
	Occupational Therapy Visit ²	\$0 copay or 20% coinsurance	40% coinsurance
	Virtual medical visits	\$0 copay to talk with a net online through live audio a	

Medical benefits				
		In-network	Out-of-network	
Ambulance ² Your provider must obtain prior authorization for non-emergency transportation.		\$0 copay or 20% coinsurance for ground \$0 copay or 20% coinsurance for air	20% coinsurance for ground 20% coinsurance for air	
Routine transportation		\$0 copay for 36 one-way trips to or from approved locations, such as medically related appointments, gyms and pharmacies*	75% coinsurance*	
Medicare Part B prescription drugs	Chemotherapy drugs ²	\$0 copay or 20% coinsurance	40% coinsurance	
In-network cost sharing shown is the maximum you	Part B covered insulin ²	\$0 copay or 20% coinsurance, up to \$35	40% coinsurance	
will pay for Part B prescription drugs. You may pay less for certain drugs. Other F drugs² Part B o be subj Therapy Evidence	Part B drugs may be subject to Step Therapy. See your Evidence of Coverage for	\$0 copay for allergy antigens \$0 copay or 20% coinsurance for all others	\$0 copay for allergy antigens 40% coinsurance for all others	

Good news for 2025

The Coverage Gap, or "donut hole", has been eliminated and your out-of-pocket maximum cost is lower than ever. That means you're more protected from high drug costs in 2025.

Prescription drugs	
Deductible	\$0
Initial Coverage	30-day^ or 100-day supply from a retail or mail order network pharmacy
All covered drugs ³	\$0 copay (Some covered drugs are limited to a 30-day supply)

[^]Members living in long-term care facilities pay the same for a 31-day supply as a 30-day supply at a retail pharmacy.

 $^{^{\}rm 3}$ You will pay a maximum of \$0 for each 1-month supply of Part D covered insulin drugs.

		In-network	Out-of-network
Chiropractic services	Medicare-covered chiropractic care (manual manipulation of the spine to correct subluxation) ²	\$0 copay or 20% coinsurance	40% coinsurance
Diabetes management	Diabetes monitoring supplies ²	\$0 copay We only cover Accu- Chek® and OneTouch® brands. Covered glucose monitors include: OneTouch Verio Flex®, OneTouch® Ultra 2, Accu-Chek® Guide Me and Accu-Chek® Guide. Test strips: OneTouch Verio®, OneTouch Ultra®, Accu-Chek® Guide, Accu-Chek® Aviva Plus and Accu-Chek® SmartView. Other brands are not covered by your plan.	40% coinsurance
	Diabetes self- management training	\$0 copay	40% coinsurance
	Therapeutic shoes or inserts ²	\$0 copay or 20% coinsurance	40% coinsurance
Durable medical equipment (DME) and related supplies	DME (e.g., wheelchairs, oxygen) ²	\$0 copay or 20% coinsurance	40% coinsurance
	Prosthetics (e.g., braces, artificial limbs) ²	\$0 copay or 20% coinsurance	40% coinsurance

		In-network	Out-of-network
Fitness pro	gram	fitness locations	om home or in your to you at no cost and nip ational network of gyms and t videos and live streaming
Foot care (podiatry services)	Foot exams and treatment ²	\$0 copay or 20% coinsurance	40% coinsurance
Depending on your Medicaid eligibility, Medicaid may have a separate \$4 copay.	Routine foot care	\$0 copay, 6 visits per year*	40% coinsurance, 6 visits per year*
Meal benefit ²			elivered meals immediately dization or skilled nursing
Home health care ²		\$0 copay	40% coinsurance
Hospice		approved hospice. You r	pice care from any Medicaremay have to pay part of the ite care. Hospice is covered tside of our plan.
Opioid treatment program services ²		\$0 copay	\$0 copay
Outpatient substance use	Outpatient group therapy visit ²	\$0 copay or 20% coinsurance	40% coinsurance
substance use disorder services			

Additional benefits In-network **Out-of-network** Food, over-the-counter (OTC) \$147 credit every month to pay for OTC products, healthy food and utility bills and utility bill credit Choose from thousands of OTC products, like first aid, pain relievers and more Buy healthy foods like fruits and vegetables, meat, seafood, dairy products and water Pay home utility bills like electricity, heat, water and internet Shop at thousands of participating stores, including Walmart, Walgreens, Dollar General and Kroger, or at neighborhood stores near you Renal dialysis² 20% coinsurance \$0 copay or 20% coinsurance

Member discounts



As a UnitedHealthcare Medicare Advantage plan member, you'll have access to an exclusive collection of discounts on hundreds of products and services. Once you're a member, you can sign in to your member site for a list of discounts available to you.

² May require your provider to get prior authorization from the plan for in-network benefits.

^{*}Benefits are combined in and out-of-network

Plan deductible

Your plan has a deductible for certain services. The benefit information provided is a summary of what we cover and what you pay. It doesn't list every service that we cover or list every limitation or exclusion. The Evidence of Coverage (EOC) provides a complete list of services we cover.

The deductible applies to the following Medicare-covered benefit categories, unless otherwise specified.

Annual medical deductible

Your deductible is the 2025 Original Medicare Part B deductible amount for covered medical services you receive from providers as described below. The 2024 Medicare deductible amount is \$240. The 2025 amount will be set by CMS in the fall of 2024. Our plan will provide updated rates as soon as they are released. Until you have paid the deductible amount, you must pay the full cost of your covered medical services.

Here's how it works:

- 1. You pay your plan's deductible in full; then,
- 2. You pay your copay or coinsurance; finally,
- **3.** Your plan pays the rest.

The deductible applies in and out-of-network to the following Medicare-covered benefit categories, unless otherwise specified:

In-network List of applicable services	Out-of-network List of applicable services
Outpatient hospital	Outpatient hospital
 Ambulatory surgical center (ASC), excluding diagnostic colonoscopy Outpatient hospital, including surgery, 	☐ Ambulatory surgical center (ASC) ☐ Outpatient hospital, including surgery
excluding diagnostic colonoscopy Outpatient hospital observation services	☐ Outpatient hospital observation services
Doctor visits	Doctor visits
□ Primary	☐ Primary
□ Specialists	□ Specialists
Diagnostic tests, lab and radiology services, and X-rays □ Diagnostic radiology services (e.g. MRI), excluding diagnostic mammogram and vascular screening □ Lab services □ Diagnostic tests and procedures □ Therapeutic radiology □ Outpatient X-rays	Diagnostic tests, lab and radiology services, and X-rays ☐ Diagnostic radiology services (e.g. MRI) ☐ Lab services ☐ Diagnostic tests and procedures ☐ Therapeutic radiology ☐ Outpatient X-rays

Hearing services	Hearing services
 Exam to diagnose and treat hearing and balance issues 	 Exam to diagnose and treat hearing and balance issues
Vision services	Vision services
 Exam to diagnose and treat diseases and conditions of the eye 	 Exam to diagnose and treat diseases and conditions of the eye
☐ Eyewear after cataract surgery	☐ Eyewear after cataract surgery
Mental health ☐ Outpatient group therapy visit ☐ Outpatient individual therapy visit	Mental health ☐ Outpatient group therapy visit ☐ Outpatient individual therapy visit
Physical therapy and speech and language therapy visit	Physical therapy and speech and language therapy visit
Ambulance	Ambulance
Medicare Part B drugs ☐ Chemotherapy drugs ☐ Other Part B drugs	Medicare Part B drugs ☐ Chemotherapy drugs ☐ Other Part B drugs
Chiropractic services ☐ Manual manipulation of the spine to correct subluxation	Chiropractic services ☐ Manual manipulation of the spine to correct subluxation
Diabetes management ☐ Diabetes monitoring supplies ☐ Therapeutic shoes or inserts	Diabetes management ☐ Diabetes monitoring supplies ☐ Diabetes self-management training ☐ Therapeutic shoes or inserts
Durable medical equipment (DME) and related supplies □ Durable medical equipment (e.g. wheelchairs, oxygen) □ Prosthetics (e.g., braces, artificial limbs)	Durable medical equipment (DME) and related supplies □ Durable medical equipment (e.g. wheelchairs, oxygen) □ Prosthetics (e.g., braces, artificial limbs)
Foot care ☐ Foot exams and treatment	Foot care ☐ Foot exams and treatment
Occupational therapy visit	Occupational therapy visit
Opioid treatment program services	Opioid treatment program services
Outpatient substance use disorder services Outpatient group therapy visit Outpatient individual therapy visit	Outpatient substance use disorder services Outpatient group therapy visit Outpatient individual therapy visit

Renal dialysis	Renal dialysis	
	Inpatient services Inpatient hospital Inpatient mental health	
	Skilled nursing facility (SNF)	
	Home health care	

Medicaid Benefits

Information for people with Medicare and Medicaid. Your services are paid first by Medicare and then by Medicaid.

The benefits described below are covered by Medicaid. You can see what Utah Department of Health, Medicaid and Health Financing covers and what our plan covers.

Coverage of the benefits depends on your level of Medicaid eligibility. If Medicare doesn't cover a service or a benefit has run out, Medicaid may help, but you may have to pay a cost share. In some situations, Medicaid may pay your Medicare cost sharing amount. See your Medicaid Member Handbook for more details. If you have questions about your Medicaid eligibility and what benefits you are entitled to, call Utah Department of Health, Medicaid and Health Financing, 1-800-662-9651.

Benefits	Medicaid	UHC Dual Complete UT- S001 (PPO D-SNP)
Inpatient Hospital Care	Covered	Covered
Doctor Office Visits	Covered	Covered
Preventive Care	Covered	Covered
Emergency Care	Covered	Covered
Urgently Needed Services	Covered	Covered
Diagnostic Tests Lab and Radiology Services and X-Rays	Covered	Covered
Hearing Services Pregnant members and Medicaid members who are eligible for EPSDT benefits may get speech and hearing services.	Covered with limitations	Covered
Dental Services Pregnant members, members with EPSDT benefits, and members who are eligible for Medicaid due to a disability and/or a visual impairment have dental benefits. Medicaid members, age 65 and older, are eligible to receive dental services. All dental services will be provided by the University of Utah School of Dentistry and its network of dental providers statewide.	Covered with limitations	Covered
Vision Services	Covered	Covered

Benefits	Medicaid	UHC Dual Complete UT- S001 (PPO D-SNP)
Inpatient Mental Health Care	Covered	Covered
Mental Health Care	Covered	Covered
Skilled Nursing Facility (SNF)	Covered	Covered
Ambulance	Covered	Covered
Transportation (Routine) Type/Vendor will depend on county member lives	Covered	Covered
Prescription Drug Benefits Only OTC medications prescribed by a physician & some cough & cold medications when covered by Medicare & possibly Part B cost share	Covered with limitations	Covered
Chiropractic Care Manipulations only	Covered with limitations	Covered with limitations
Diabetes Supplies and Services	Covered	Covered
Durable Medical Equipment	Covered	Covered
Foot Care	Covered	Covered
Home Health Care	Covered	Covered
Hospice	Covered	Covered
Outpatient Hospital Services	Covered	Covered
Renal Dialysis	Covered	Covered
Prosthetic Devices	Covered	Covered

About this plan

UHC Dual Complete UT-S001 (PPO D-SNP) is a Medicare Advantage PPO plan with a Medicare contract.

To join this plan, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, live within our service area listed below, and be a United States citizen or lawfully present in the United States.

This plan is a Dual Eligible Special Needs Plan (D-SNP) for people who have both Medicare and Medicaid. How much Medicaid covers depends on your income, resources, and other factors.

You can enroll in this plan if you are in one of these Medicaid categories:

- Qualified Medicare Beneficiary Plus (QMB+): You get Medicaid coverage of Medicare
 cost-share and are also eligible for full Medicaid benefits. Medicaid pays your Part A and
 Part B premiums, deductibles, coinsurance, and copayment amounts for Medicare covered
 services. You pay nothing, except for Part D prescription drug copays (if applicable).
- Qualified Medicare Beneficiary (QMB): You get Medicaid coverage of Medicare cost-share but are not eligible for full Medicaid benefits. Medicaid pays your Part A and Part B premiums, deductibles, coinsurance, and copayment amounts only for Medicare covered services. You pay nothing, except for Part D prescription drug copays (if applicable).
- Specified Low-Income Medicare Beneficiary (SLMB+): Medicaid pays your Part B premium and provides full Medicaid benefits. You are eligible for full Medicaid benefits. At times you may also be eligible for limited assistance from your state Medicaid agency in paying your Medicare cost share amounts. Generally your cost share is 0% when the service is covered by both Medicare and Medicaid. There may be cases where you have to pay cost sharing when a service or benefit is not covered by Medicaid.
- Full Benefits Dual Eligible (FBDE): Medicaid may provide limited assistance with Medicare cost-sharing. Medicaid also provides full Medicaid benefits. You are eligible for full Medicaid benefits. At times you may also be eligible for limited assistance from the State Medicaid Office in paying your Medicare cost share amounts. Generally your cost share is 0% when the service is covered by both Medicare and Medicaid. There may be cases where you have to pay cost sharing when a service or benefit is not covered by Medicaid.

If your category of Medicaid eligibility changes, your cost share may also increase or decrease. You must recertify your Medicaid enrollment to continue to receive your Medicare coverage.

Our service area includes these counties in:

Utah: Beaver, Box Elder, Cache, Daggett, Davis, Duchesne, Emery, Garfield, Grand, Iron, Juab, Kane, Millard, Morgan, Piute, Rich, Salt Lake, San Juan, Sanpete, Sevier, Summit, Tooele, Uintah, Utah, Wasatch, Washington, Wayne, Weber.

Use network providers and pharmacies

UHC Dual Complete UT-S001 (PPO D-SNP) has a network of doctors, hospitals, pharmacies and other providers. With this plan, you have the freedom to see any provider nationwide that accepts Medicare. Plus, you have the flexibility to access a network of local providers. You may pay a higher copay or coinsurance when you see an out-of-network provider. When looking at the charts above you'll see the cost differences for network vs. out-of-network care and services. If you use

pharmacies that are not in our network, the plan may not pay for those drugs, or you may pay more than you pay at a network pharmacy.

You can go to **UHC.com/CommunityPlan** to search for a network provider or pharmacy using the online directories. You can also view the plan Drug List (Formulary) to see what drugs are covered and if there are any restrictions.

Required Information

UHC Dual Complete UT-S001 (PPO D-SNP) is insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract and a contract with the State Medicaid Program. Enrollment in the plan depends on the plan's contract renewal with Medicare.

Plans may offer supplemental benefits in addition to Part C benefits and Part D benefits.

If you want to know more about the coverage and costs of Original Medicare, look in your current "Medicare & You" handbook. View it online at www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

UnitedHealthcare does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities.

UnitedHealthcare provides free services to help you communicate with us such as documents in other languages, Braille, large print, audio, or you can ask for an interpreter. Please contact our Customer Service number at 1-866-480-1086 for additional information (TTY users should call 711). Hours are 8 a.m.-8 p.m.: 7 Days Oct-Mar; M-F Apr-Sept.

UnitedHealthcare ofrece servicios gratuitos para ayudarle a que se comunique con nosotros. Por ejemplo, documentos en otros idiomas, braille, letra grande, audio o bien, usted puede pedir un intérprete. Comuníquese con nuestro número de Servicio al Cliente al 1-866-480-1086, para obtener información adicional (los usuarios de TTY deben comunicarse al 711). Los horarios de atención son de 8 a.m. a 8 p.m.: los 7 días de la semana, de octubre a marzo; de lunes a viernes, de abril a septiembre.

Benefits, features, and/or devices vary by plan/area. Limitations, exclusions and/or network restrictions may apply.

Hearing aids

Other hearing exam providers are available in the UnitedHealthcare network. The plan only covers hearing aids from a UnitedHealthcare Hearing network provider. Provider network size may vary by local market. OTC hearing aid warranties, if available, will vary by device and are handled through the manufacturer. One-time professional fee may apply for prescription hearing aids.

Routine dental benefits

If your plan offers out-of-network dental coverage and you see an out-of-network dentist, you might be billed more. Provider network may vary in local market. Dental network size based on Zelis Network360, May 2023.

Routine eyewear

Additional charges may apply for out-of-network items and services. Provider and retail network may vary in local market. Vision network size based on Zelis Network360, March 2023. Annual routine eye exam and \$100-450 allowance for contacts or designer frames, with standard (single, bi-focal, tri-focal or standard progressive) lenses covered in full either annually or every two years. Savings based on comparison to retail. Other vision providers are available in our network.

Fitness program

Participation in the fitness program is voluntary. Consult your doctor prior to beginning an exercise program or making changes to your lifestyle or health care routine. The fitness program includes standard fitness membership and other offerings. Fitness membership equipment, classes, activities and events may vary by location. Certain services, discounts, classes, activities, events and online fitness offerings are provided by affiliates of UnitedHealthcare Insurance Company or other third parties not affiliated with UnitedHealthcare. Participation in these third-party services is subject to your acceptance of their respective terms and policies. UnitedHealthcare is not responsible for the services or information provided by third parties. The information provided through these services is for informational purposes only and is not a substitute for the advice of a doctor.

Gym network may vary in local market and plan.

AARP® Staying Sharp® is the registered trademark of AARP. Staying Sharp, including all content and features, is offered for informational purposes and to educate users on brain health care and medical issues that may affect their daily lives. Staying Sharp is based on a holistic, lifestyle approach to brain health that encourages users to incorporate into their daily lives activities that are associated with general wellness. Nothing in the service should be considered, or used as a substitute for, medical advice, diagnosis, or treatment. Features including the Cognitive Assessment and Lifestyle Check-Ins, Additional Tests, exercises, and challenges assess performance at a particular moment in time on certain discrete cognitive tasks. Staying Sharp games are intended for entertainment and recreational purposes only. Various factors may affect performance, including sleep, tiredness, focus, and other social, environmental, or emotional factors. Performance is not indicative of cognitive health and not predictive of future performance or medical conditions.

Food, over-the-counter (OTC) and utility bill credit

Food, OTC and utility benefits have expiration timeframes. Call your plan or review your Evidence of Coverage (EOC) for more information.

Eligibility for healthy food, utilities and \$0 copay for Rx benefits under the Value-Based Insurance Design model is limited to members with Extra Help from Medicare, and will be verified after enrollment.

Out-of-network/non-contracted providers are under no obligation to treat UnitedHealthcare members, except in emergency situations. Please call our customer service number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services.

The Formulary, pharmacy network, and/or provider network may change at any time. You will receive notice when necessary.

Optum® Home Delivery Pharmacy and Optum Rx are affiliates of UnitedHealthcare Insurance Company. You are not required to use Optum Home Delivery Pharmacy for medications you take regularly. If you have not used Optum Home Delivery Pharmacy, you must approve the first prescription order sent directly from your doctor to the pharmacy before it can be filled. Prescriptions from the pharmacy should arrive within 5 business days after we receive the complete order. There may be other pharmacies in our network.

Additional authorizations may be required to access discount programs. The discounts described are neither offered nor guaranteed under our contract with the Medicare program. In addition, they are not subject to the Medicare appeals process. Any disputes regarding these products and services may be subject to the UnitedHealthcare grievance process. Discount offerings may vary by plan and are not available on all plans. The discount offers are made available to members through a third party. Participation in these third-party services are subject to your acceptance of their respective terms and policies. UnitedHealthcare and its respective subsidiaries are not responsible for the services or information provided by third parties.

Rewards Program

Reward offerings may vary by plan and are not available in all plans. Reward program terms of service apply.