

# **Summary of Benefits 2025**

AARP® Medicare Advantage from UHC NJ-0004 (PPO) H8768-022-000

Look inside to learn more about the plan and the health and drug services it covers. Contact us for more information about the plan.



## AARPMedicarePlans.com



Toll-free **1-844-723-6473**, TTY **711** 

8 a.m.-8 p.m. local time, 7 days a week



# **Summary of Benefits**

## January 1, 2025 - December 31, 2025

This is a summary of what we cover and what you pay. For a complete list of covered services, limitations and exclusions, review the Evidence of Coverage (EOC) at **myAARPMedicare.com** or call Customer Service for help. After you enroll in the plan, you will get more information on how to view your plan details online.

## AARP® Medicare Advantage from UHC NJ-0004 (PPO)

Medical premium, deductible and limits			
	In-network	Out-of-network	
Monthly plan premium	\$0 You need to continue to pa premium	ay your Medicare Part B	
Annual medical deductible	This plan does not have a medical deductible.		
Maximum out-of-pocket amount (does not include prescription drugs)	\$7,900	\$14,000	
	This is the most you will pay out-of-pocket each year for Medicare-covered services and supplies received from network providers.	This is the most you will pay out-of-pocket each year for Medicare-covered services and supplies received from any provider.	
	Out-of-pocket costs paid for your Part D prescription drugs are not included in this amount.		

Medical benefits				
		In-network	Out-of-network	
Inpatient hospital care <sup>2</sup> Our plan covers an unlimited number of days for an inpatient hospital stay.		\$390 copay per day: days 1-6 \$0 copay per day: days 7 and beyond	\$550 copay per day: for days 1-26 \$0 copay per day: for days 27 and beyond	
Outpatient hospital	Ambulatory surgical center (ASC) <sup>2</sup>	\$0 copay for a colonoscopy \$340 copay otherwise	50% coinsurance	

Medical benefits				
		In-network		Out-of-network
Cost-sharing for additional plan covered services will apply.	Outpatient hospital, including surgery <sup>2</sup>	\$0 copay for a colonoscopy \$390 copay othe	rwise	50% coinsurance
	Outpatient hospital observation services <sup>2</sup>	\$390 copay		50% coinsurance
Doctor visits	Primary care provider	\$0 copay		\$58 copay
	Specialists <sup>2</sup>	\$40 copay		\$80 copay
	Virtual medical visits	\$0 copay to talk with a network telehealth provonline through live audio and video		•
Preventive services	Routine physical	\$0 copay, 1 per y	/ear*	50% coinsurance, 1 per year*
	Medicare-covered	\$0 copay		\$0 copay - 50% coinsurance (depending on the service)
	□ Abdominal aort screening □ Alcohol misuse □ Annual wellnes: □ Bone mass meat cancer so (mammogram) □ Cardiovascular (behavioral there is cardiovascular i	counseling s visit asurement screening disease rapy) screening ginal cancer cer screenings fecal occult blood amoidoscopy) eening nings and	composition couns  Couns	cancer with low dose uted tomography (LDCT) ning cal nutrition therapy es care Diabetes Prevention am (MDPP) ty screenings and

Medical benefits				
		In-network	Out-of-network	
	flu, Hepatitis B, COVID-19	pneumonia, or preven	lcome to Medicare" entive visit (one-time)	
	contract year will be This plan covers pre		d annual physical exams at	
Emergency care		\$110 copay (\$0 copay for emergency care outside the United States) per visit. If you are admitted to the hospital within 24 hours, you pay the inpatient hospital copay instead of the Emergency Care copay. See the "Inpatient Hospital Care" section of this booklet for other costs.		
Urgently needed so	ervices	\$45 copay (\$0 copay for u		
Diagnostic tests, lab and radiology services, and X- rays	Diagnostic radiology services (e.g. MRI, CT scan) <sup>2</sup>	\$0 copay for each diagnostic mammogram \$195 copay otherwise	50% coinsurance	
	Lab services <sup>2</sup>	\$0 copay	\$0 copay	
	Diagnostic tests and procedures <sup>2</sup>	\$50 copay	50% coinsurance	
	Therapeutic radiology <sup>2</sup>	20% coinsurance	50% coinsurance	
	Outpatient X-rays <sup>2</sup>	\$40 copay	\$55 copay	
Hearing services	Exam to diagnose and treat hearing and balance issues <sup>2</sup>	\$0 copay	\$80 copay	
	Routine hearing exam	\$0 copay, 1 per year*	\$80 copay, 1 per year*	
	Hearing aids <sup>2</sup>	\$99 - \$829 copay for each \$1,249 copay for each pre can purchase up to 2 hea	escription hearing aid. You	

Medical benefits			
		In-network	Out-of-network
		brand-name prescript  Access to one of the I hearing professionals locations  3-year manufacturer was a second control of the I hearing professionals are second control of the I had a se	argest national networks of with more than 7,000 varranty on all prescription trial period and damage or
Routine dental benefits	Optional Dental Rider	Additional dental benefits available with a separate premium. Please see optional benefits section below for details.	
	Preventive	\$0 copay for preventive de X-rays, routine cleanings a  \( \subseteq \text{No annual deductible} \) \( \subseteq \text{Access to one of the lanetworks} \) \( \subseteq Freedom to see any details and the see any details and the see any details are seen and the see any details are seen and the seen	argest national dental
Vision services	Exam to diagnose and treat diseases and conditions of the eye <sup>2</sup>	\$0 copay	\$80 copay
	Eyewear after cataract surgery	\$0 copay	50% coinsurance
	Routine eye exam	\$0 copay, 1 per year*	\$80 copay, 1 per year*
	Routine eyewear	\$40 – \$153 • Access to one of Med national networks of v providers	otion lenses including trifocals and Tier I es available with copays from icare Advantage's largest ision providers and retail m many online providers,

		In-network	Out-of-network
Mental health	Inpatient visit <sup>2</sup> Our plan covers 90 days for an inpatient hospital stay	\$390 copay per day: days 1-5 \$0 copay per day: days 6-90	\$550 copay per day: days 1-26 \$0 copay per day: days 27-90
	Outpatient group therapy visit <sup>2</sup>	\$15 copay	\$30 copay
	Outpatient individual therapy visit <sup>2</sup>	\$25 copay	\$40 copay
	Virtual mental health visits	\$0 copay to talk with a network telehealth provider online through live audio and video	
Skilled nursing facility (SNF) <sup>2</sup> Our plan covers up to 100 days in a SNF.		\$0 copay per day: days 1-20 \$203 copay per day: days 21-100	\$225 copay per day: days 1-100
Outpatient rehabilitation services	Physical therapy and speech and language therapy visit <sup>2</sup>	\$25 copay	\$80 copay
	Occupational Therapy Visit <sup>2</sup>	\$25 copay	\$80 copay
	Virtual medical visits	\$0 copay to talk with a ne online through live audio a	
Ambulance <sup>2</sup> Your provider must obtain prior authorization for non-emergency transportation.		\$275 copay for ground \$275 copay for air	\$275 copay for ground \$275 copay for air
Routine transportation		Not covered	Not covered

Medical benefits			
		In-network	Out-of-network
Medicare Part B prescription	Chemotherapy drugs <sup>2</sup>	20% coinsurance	50% coinsurance
drugs In-network cost sharing shown is	Part B covered insulin <sup>2</sup>	20% coinsurance, up to \$35	50% coinsurance
the maximum you will pay for Part B prescription drugs. You may pay less for certain drugs.	Other Part B drugs <sup>2</sup> Part B drugs may be subject to Step Therapy. See your Evidence of Coverage for details.	\$0 copay for allergy antigens 20% coinsurance for all others	\$0 copay for allergy antigens 50% coinsurance for all others

## Good news for 2025

The Coverage Gap, or "donut hole", has been eliminated and your out-of-pocket maximum cost is lower than ever. That means you're more protected from high drug costs in 2025.

Prescription drug payment stages					
Deductible	There is no deductible for drugs in Tier 1 and 2. Your coverage for these drugs starts in the Initial Coverage stage.  There is a \$420 deductible for drugs in Tier 3, 4 and 5. You pay the full cost for your drugs in these tiers until you reach the deductible amount. Then you move to the Initial Coverage stage.				
Initial Coverage	rest. Once you, ar \$2,000, which incl	In this stage, you'll pay your plan copays or coinsurance. The plan pays the rest. Once you, and others on your behalf, have paid a combined total of \$2,000, which includes the amount you paid towards your deductible, you move to the Catastrophic Coverage stage.			
	Retail Mail Order				
Tier drug	Retail		Mail Order		
Tier drug coverage	Retail Standard		Mail Order Preferred	Standard	
•	- 1000	100-day supply		Standard 100-day supply	
•	Standard	100-day supply \$0 copay	Preferred		

Prescription drug payment stages				
Tier drug	Retail		Mail Order	
coverage	Standard		Preferred	Standard
	30-day supply^	100-day supply	100-day supply	100-day supply
Tier 3: Preferred Brand	\$47 copay	\$141 copay	\$131 copay	\$141 copay
<b>Tier 3:</b> Covered Insulin Drugs <sup>4</sup>	\$35 copay	\$105 copay	\$95 copay	\$105 copay
<b>Tier 4:</b> Non-Preferred Drug <sup>5</sup>	\$100 copay	N/A	N/A	N/A
<b>Tier 5:</b> Specialty Tier <sup>5</sup>	28% coinsurance	N/A	N/A	N/A
Catastrophic Coverage	•	s stage, you won't pugs for the rest of the		r Medicare-
Additional covered drugs These drugs are not covered by Medicare Part D and not on the plan's Drug List.	This plan covers these additional drugs as Tier 2 medications.  Uitamin D (50,000)  Sildenafil (generic Viagra)  Cyanocobalamin (Vitamin B-12)  Folic Acid (1 mg)			

<sup>^</sup>Members living in long-term care facilities pay the same for a 31-day supply as a 30-day supply at a retail pharmacy.

<sup>&</sup>lt;sup>3</sup> Tier includes enhanced drug coverage.

<sup>&</sup>lt;sup>4</sup> You will pay a maximum of \$35 for each 1-month supply of Part D covered insulin drugs through all drug payment stages, except the Catastrophic drug payment stage, where you pay \$0.

<sup>&</sup>lt;sup>5</sup> Limited to a 30-day supply

Additional benefits	<b>3</b>		
		In-network	Out-of-network
Chiropractic services	Medicare-covered chiropractic care (manual manipulation of the spine to correct subluxation) <sup>2</sup>	\$15 copay	\$80 copay
Diabetes management	Diabetes monitoring supplies <sup>2</sup>	\$0 copay  We only cover Accu- Chek® and OneTouch® brands.  Covered glucose monitors include: OneTouch Verio Flex®, OneTouch® Ultra 2, Accu-Chek® Guide Me and Accu-Chek® Guide.  Test strips: OneTouch Verio®, OneTouch Ultra®, Accu-Chek® Guide, Accu-Chek® Aviva Plus and Accu-Chek® SmartView.  Other brands are not covered by your plan.	50% coinsurance
	Diabetes self- management training	\$0 copay	50% coinsurance
	Therapeutic shoes or inserts <sup>2</sup>	20% coinsurance	50% coinsurance
Durable medical equipment (DME) and related	DME (e.g., wheelchairs, oxygen) <sup>2</sup>	20% coinsurance	50% coinsurance
supplies	Prosthetics (e.g., braces, artificial limbs) <sup>2</sup>	20% coinsurance	50% coinsurance

Additional benefits			
		In-network	Out-of-network
Fitness program		\$0 copay Your fitness program helps you stay active and connected at the gym, from home or in your community. It's available to you at no additional cost and includes:    Free gym membership   Access to a large national network of gyms and fitness locations   On-demand workout videos and live streaming fitness classes   Online memory fitness activities	
Foot care (podiatry services)	Foot exams and treatment <sup>2</sup>	\$40 copay	\$80 copay
	Routine foot care	\$40 copay, 6 visits per year*	\$80 copay, 6 visits per year*
Meal benefit <sup>2</sup>		\$0 copay for 28 home-delivered meals immediately after an inpatient hospitalization or skilled nursing facility (SNF) stay	
Home health care <sup>2</sup>	Home health care <sup>2</sup>		50% coinsurance
Hospice		You pay nothing for hospice care from any Medicare- approved hospice. You may have to pay part of the costs for drugs and respite care. Hospice is covered by Original Medicare, outside of our plan.	
Opioid treatment p	rogram services <sup>2</sup>	\$0 copay	\$0 copay
Outpatient substance use	Outpatient group therapy visit <sup>2</sup>	\$15 copay	\$30 copay
disorder services	Outpatient individual therapy visit <sup>2</sup>	\$25 copay	\$40 copay
Over-the-counter (OTC) credit		\$25 credit every quarter for OTC products in-store or online  Choose from thousands of brand name and generic OTC products like vitamins, pain relievers, first aid and more  Shop at thousands of participating stores, including Walmart, Walgreens, Dollar General and Kroger, or at neighborhood stores near you	

Additional benefits			
	In-network	Out-of-network	
Renal dialysis <sup>2</sup>	20% coinsurance	20% coinsurance	

 $<sup>^{\</sup>rm 2}$  May require your provider to get prior authorization from the plan for in-network benefits.

<sup>\*</sup>Benefits are combined in and out-of-network

Optional supplemental benefits	
Platinum Dental Rider premium	Additional \$54 per month
	The Platinum Dental Rider includes preventive and comprehensive dental benefits. It can be purchased to replace any dental benefits that may already be offered within your Medicare Advantage Plan.

### **Member discounts**



As a UnitedHealthcare Medicare Advantage plan member, you'll have access to an exclusive collection of discounts on hundreds of products and services. Once you're a member, you can sign in to your member site for a list of discounts available to you.

## About this plan

AARP® Medicare Advantage from UHC NJ-0004 (PPO) is a Medicare Advantage PPO plan with a Medicare contract.

To join this plan, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, live within our service area listed below, and be a United States citizen or lawfully present in the United States.

Our service area includes these counties in:

**New Jersey:** Atlantic, Bergen, Burlington, Camden, Cape May, Cumberland, Essex, Gloucester, Hudson, Hunterdon, Mercer, Middlesex, Monmouth, Morris, Ocean, Passaic, Salem, Somerset, Sussex, Union, Warren.

## Use network providers and pharmacies

AARP® Medicare Advantage from UHC NJ-0004 (PPO) has a network of doctors, hospitals, pharmacies and other providers. With this plan, you have the freedom to enjoy access to care at innetwork costs when you visit any provider participating in the UnitedHealthcare® Medicare National Network (exclusions may apply). Plus, you have the flexibility to visit any provider nationwide who accepts Medicare. You may pay a higher copay or coinsurance when you see an out-of-network provider. When looking at the charts above you'll see the cost differences for network vs. out-of-network care and services. If you use pharmacies that are not in our network, the plan may not pay for those drugs, or you may pay more than you pay at a network pharmacy.

You can go to **AARPMedicarePlans.com** to search for a network provider or pharmacy using the online directories. You can also view the plan Drug List (Formulary) to see what drugs are covered and if there are any restrictions.

## **Required Information**

AARP® Medicare Advantage from UHC NJ-0004 (PPO) is insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract. Enrollment in the plan depends on the plan's contract renewal with Medicare. UnitedHealthcare Insurance Company pays royalty fees to AARP for the use of its intellectual property. These fees are used for the general purposes of AARP. You do not need to be an AARP member to enroll in a Medicare Advantage or Prescription Drug Plan. AARP and its affiliates are not insurers. AARP encourages you to consider your needs when selecting products and does not make specific product recommendations for individuals.

Plans may offer supplemental benefits in addition to Part C benefits and Part D benefits.

If you want to know more about the coverage and costs of Original Medicare, look in your current "Medicare & You" handbook. View it online at www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

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UnitedHealthcare provides free services to help you communicate with us such as documents in other languages, Braille, large print, audio, or you can ask for an interpreter. Please contact our Customer Service number at 1-866-314-8188 for additional information (TTY users should call 711). Hours are 8 a.m.-8 p.m.: 7 Days Oct-Mar; M-F Apr-Sept.

UnitedHealthcare ofrece servicios gratuitos para ayudarle a que se comunique con nosotros. Por ejemplo, documentos en otros idiomas, braille, letra grande, audio o bien, usted puede pedir un intérprete. Comuníquese con nuestro número de Servicio al Cliente al 1-866-314-8188, para obtener información adicional (los usuarios de TTY deben comunicarse al 711). Los horarios de atención son de 8 a.m. a 8 p.m.: los 7 días de la semana, de octubre a marzo; de lunes a viernes, de abril a septiembre.

Benefits, features, and/or devices vary by plan/area. Limitations, exclusions and/or network restrictions may apply.

### **Hearing aids**

Other hearing exam providers are available in the UnitedHealthcare network. The plan only covers hearing aids from a UnitedHealthcare Hearing network provider. Provider network size may vary by local market. OTC hearing aid warranties, if available, will vary by device and are handled through the manufacturer. One-time professional fee may apply for prescription hearing aids.

#### Routine dental benefits

If your plan offers out-of-network dental coverage and you see an out-of-network dentist, you might be billed more. Provider network may vary in local market. Dental network size based on Zelis Network360, May 2023.

#### Routine evewear

Additional charges may apply for out-of-network items and services. Provider and retail network may vary in local market. Vision network size based on Zelis Network360, March 2023. Annual routine eye exam and \$100-450 allowance for contacts or designer frames, with standard (single, bi-focal, tri-focal or standard progressive) lenses covered in full either annually or every two years. Savings based on comparison to retail. Other vision providers are available in our network.

#### Fitness program

Participation in the fitness program is voluntary. Consult your doctor prior to beginning an exercise program or making changes to your lifestyle or health care routine. The fitness program includes standard fitness membership and other offerings. Fitness membership equipment, classes, activities and events may vary by location. Certain services, discounts, classes, activities, events and online fitness offerings are provided by affiliates of UnitedHealthcare Insurance Company or other third parties not affiliated with UnitedHealthcare. Participation in these third-party services is subject to your acceptance of their respective terms and

policies. UnitedHealthcare is not responsible for the services or information provided by third parties. The information provided through these services is for informational purposes only and is not a substitute for the advice of a doctor.

Gym network may vary in local market and plan.

AARP® Staying Sharp® is the registered trademark of AARP. Staying Sharp, including all content and features, is offered for informational purposes and to educate users on brain health care and medical issues that may affect their daily lives. Staying Sharp is based on a holistic, lifestyle approach to brain health that encourages users to incorporate into their daily lives activities that are associated with general wellness. Nothing in the service should be considered, or used as a substitute for, medical advice, diagnosis, or treatment. Features including the Cognitive Assessment and Lifestyle Check-Ins, Additional Tests, exercises, and challenges assess performance at a particular moment in time on certain discrete cognitive tasks. Staying Sharp games are intended for entertainment and recreational purposes only. Various factors may affect performance, including sleep, tiredness, focus, and other social, environmental, or emotional factors. Performance is not indicative of cognitive health and not predictive of future performance or medical conditions.

### Over-the-counter (OTC) credit

OTC benefits have expiration timeframes. Call your plan or review your Evidence of Coverage (EOC) for more information.

Out-of-network/non-contracted providers are under no obligation to treat UnitedHealthcare members, except in emergency situations. Please call our customer service number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services.

The Formulary, pharmacy network, and/or provider network may change at any time. You will receive notice when necessary.

Optum® Home Delivery Pharmacy and Optum Rx are affiliates of UnitedHealthcare Insurance Company. You are not required to use Optum Home Delivery Pharmacy for medications you take regularly. If you have not used Optum Home Delivery Pharmacy, you must approve the first prescription order sent directly from your doctor to the pharmacy before it can be filled. Prescriptions from the pharmacy should arrive within 5 business days after we receive the complete order. There may be other pharmacies in our network.

Additional authorizations may be required to access discount programs. The discounts described are neither offered nor guaranteed under our contract with the Medicare program. In addition, they are not subject to the Medicare appeals process. Any disputes regarding these products and services may be subject to the UnitedHealthcare grievance process. Discount offerings may vary by plan and are not available on all plans. The discount offers are made available to members through a third party. Participation in these third-party services are subject to your acceptance of their respective terms and policies. UnitedHealthcare and its respective subsidiaries are not responsible for the services or information provided by third parties.

#### **Rewards Program**

Reward offerings may vary by plan and are not available in all plans. Reward program terms of service apply.