

2025 Summary of Benefits

Kaiser Permanente Senior Advantage Core South Plan (HMO) and
Kaiser Permanente Senior Advantage Enhanced Plan (HMO-POS)

Southern Colorado service area

About this Summary of Benefits

Thank you for considering Kaiser Permanente Senior Advantage. You can use this **Summary of Benefits** to learn more about our plans. It includes information about:

- Premiums
- Benefits and costs
- Part D prescription drugs
- Optional supplemental benefits (Advantage Plus)
- Additional benefits, including Point-of-Service (POS) benefits for Enhanced plan members
- Member discounts for products and services
- Who can enroll
- Coverage rules
- Getting care
- Medicare prescription payment plan

For definitions of some of the terms used in this booklet, see the glossary at the end.

For more details

This document is a summary of 2 Kaiser Permanente Senior Advantage plans, Core South (referred to in this document as the "Core plan") and Enhanced. It doesn't include everything about what's covered and not covered or all the plan rules. For details, see the **Evidence of Coverage (EOC)**, which is located on our website at kp.org/eocco or ask for a copy from Member Services by calling **1-800-476-2167** (TTY **711**), 7 days a week, 8 a.m. to 8 p.m.

Kaiser Permanente Senior Advantage Enhanced plan has a Point-of-Service (POS) benefit. "Point-of-Service" means you can use providers outside the plan's network for certain services. Not all services are covered under POS. Covered services under POS are noted in the "Additional benefits" section and also in your EOC.

Have questions?

- If you're not a member, please call **1-877-408-3492** (TTY **711**).
- If you're a member, please call Member Services at **1-800-476-2167** (TTY **711**).
- 7 days a week, 8 a.m. to 8 p.m.

What's covered and what it costs

*Your plan provider may need to provide a referral.

†Prior authorization may be required.

Benefits and premiums	With our Core Plan , you pay	With our Enhanced Plan , you pay
Monthly plan premium	\$0	\$41
Deductible	\$0	\$0
Your maximum out-of-pocket responsibility	\$3,800	\$3,200
Inpatient hospital services*† There's no limit to the number of medically necessary inpatient hospital days.	\$235 per day for days 1–5 of your stay and \$0 for the rest of your stay.	\$225 per day for days 1 –5 of your stay and \$0 for the rest of your stay.
Outpatient hospital services*†	\$215 per visit	\$190 per visit
Ambulatory Surgical Center (ASC)*†	\$140 per visit	\$145 per visit
Doctor's visits	\$0	\$0
<ul style="list-style-type: none"> • Primary care providers 		
<ul style="list-style-type: none"> • Specialists* 	\$25 per visit	\$20 per visit
Preventive care	\$0	\$0
<ul style="list-style-type: none"> • Abdominal aortic aneurysm screening • Alcohol misuse screenings & counseling • Blood–based biomarker tests • Bone mass measurements • Cardiovascular disease screenings • Cardiovascular disease (behavioral therapy) • Cervical & vaginal cancer screening • Colorectal cancer screenings (barium enemas, colonoscopies, fecal occult blood tests, flexible sigmoidoscopies, and multi-target stool DNA tests) • Counseling to prevent tobacco use & tobacco-caused disease 	Any additional preventive services approved by Medicare during the contract year will be covered. See your EOC for frequency of covered services.	Any additional preventive services approved by Medicare during the contract year will be covered. See your EOC for frequency of covered services.

Benefits and premiums	With our Core Plan , you pay	With our Enhanced Plan , you pay
<ul style="list-style-type: none"> • Depression screenings • Diabetes screenings • Diabetes self-management training • Glaucoma screenings • Hepatitis B Virus (HBV) infection screenings • Hepatitis C screening tests • HIV screenings • Lung cancer screenings • Mammograms (screening) • Medical Nutrition therapy services • Medicare Diabetes Prevention Program • Obesity behavior therapy • One-time “Welcome to Medicare” preventive visit • Prostate cancer screenings • Sexually transmitted infections screenings & counseling • Shots that include COVID-19 vaccines, flu shots, Hepatitis B shots and Pneumococcal shots • Yearly “Wellness” visit 		
<p>Emergency care We cover emergency care anywhere in the world.</p>	\$140 per emergency department visit	\$140 per emergency department visit
<p>Urgently needed services We cover urgent care anywhere in the world.</p>	\$25 per visit	\$25 per visit
<p>Diagnostic services, lab, and imaging*</p> <ul style="list-style-type: none"> • Lab tests† • Diagnostic tests and procedures (like EKG)† 	\$0	\$0
<ul style="list-style-type: none"> • X-rays 	\$5 per X-ray	\$5 per X-ray
<ul style="list-style-type: none"> • Other imaging procedures (like MRI, CT, and PET)† 	\$130 per procedure per body part studied (\$35 for ultrasounds)	\$130 per procedure per body part studied (\$25 for ultrasounds)
<p>Hearing services</p>	\$0	\$0

Benefits and premiums	With our Core Plan, you pay	With our Enhanced Plan, you pay
<ul style="list-style-type: none"> Evaluations to diagnose medical conditions Routine hearing exams Hearing aid fitting or evaluation exam 		
<ul style="list-style-type: none"> Hearing aid allowance every two years to purchase hearing aids* If you sign up for optional benefits, the allowance is greater (see Advantage Plus Options 1 & 2 for details). 	\$600 allowance per ear. If your hearing aid purchase is more than \$600, you pay the difference.	\$750 allowance per ear. If your hearing aid purchase is more than \$750, you pay the difference.
<p>Dental services Preventive and diagnostic dental care provided by either Delta Dental Medicare Advantage Premier® or Delta Dental Medicare Advantage PPO™ dentists (see the Provider Directory for network dentists):</p> <ul style="list-style-type: none"> Oral exam (limited to two oral exams per year) Prophylaxis (limited to two cleanings per year) Topical fluoride (once in 12 months) Full mouth or panoramic X-rays (once per 60 months) Bitewing X-rays (one set per 12 months) Periapical X-rays (four per 12 months) Occlusal X-rays (two per 12 months) Pulp vitality tests 	\$0	\$0
<p>Comprehensive dental care when provided by either Delta Dental Medicare Advantage Premier® or Delta Dental Medicare Advantage PPO™ dentists (see the Provider Directory for network dentists).</p> <ul style="list-style-type: none"> Covered services include fillings, crowns, extractions, dentures, endodontics, and periodontics. Please see EOC for details. Not all comprehensive services are 	30% coinsurance for fillings and 50% coinsurance for root canals, implants and periodontics services from Delta Dental Medicare Advantage PPO dentists until the plan has paid \$1,450 (combined annual benefit limit) for preventive and comprehensive services. When you reach the annual	30% coinsurance for basic comprehensive dental services and 50% coinsurance for major comprehensive services from Delta Dental Medicare Advantage PPO dentists until the plan has paid \$1,650 (combined annual benefit limit) for preventive and comprehensive services, or 50% coinsurance for

Benefits and premiums	With our Core Plan, you pay	With our Enhanced Plan, you pay
<p>covered for all plans. See your specific plan coverage to the right. For more information, visit https://healthy.kaiserpermanente.org/colorado/health-wellness/senior-health/extras.</p> <p>If you sign up for optional benefits, you receive additional comprehensive dental coverage (see Advantage Plus Option 1 for details).</p>	<p>limit, you pay 100% for the rest of the year.</p>	<p>comprehensive dental services from Delta Dental Medicare Advantage Premier dentists until the plan has paid \$500 (annual benefit limit) for preventive and comprehensive services.</p> <p>When you reach the \$1,650 combined annual benefit limit for preventive and comprehensive services provided by Delta Dental Medicare Advantage PPO and/or Delta Dental Medicare Advantage Premier dentists, you pay 100% for the rest of the year. Note: The maximum benefit limit for Delta Dental Medicare Advantage Premier dentists may not exceed \$500.</p>
<p>Vision services</p> <ul style="list-style-type: none"> • Visits to diagnose and treat eye diseases and conditions • Preventive glaucoma screening • Routine eye exams 	<p>\$0</p>	<p>\$0</p>
<ul style="list-style-type: none"> • Eyeglasses or contact lenses after cataract surgery 	<p>\$0 up to Medicare's limit, but you pay any amounts beyond that limit.</p>	<p>\$0 up to Medicare's limit, but you pay any amounts beyond that limit.</p>
<ul style="list-style-type: none"> • Other eyewear • If you sign up for optional benefits, the allowance is greater (see Advantage Plus Option 1 for details). 	<p>\$350 allowance every year. If your eyewear costs more than \$350, you pay the difference.</p>	<p>\$350 allowance every year. If your eyewear costs more than \$350, you pay the difference.</p>
<p>Mental health services</p> <ul style="list-style-type: none"> • Inpatient mental health*† 	<p>You pay \$235 per day for days 1–5 (\$0 for the rest of your stay).</p>	<p>You pay \$225 per day for days 1–5 (\$0 for the rest of your stay).</p>
<ul style="list-style-type: none"> • Outpatient group therapy 	<p>\$5 per visit</p>	<p>\$0</p>
<ul style="list-style-type: none"> • Outpatient individual therapy 	<p>\$10 per visit</p>	<p>\$5 per visit</p>
<p>Skilled nursing facility*†</p> <p>We cover up to 100 days per benefit period.</p>	<p>Per benefit period:</p> <ul style="list-style-type: none"> • \$0 per day for days 1–20 • \$203 per day for days 21–39 • \$0 per day for days 40–100 	<p>Per benefit period:</p> <ul style="list-style-type: none"> • \$0 per day for days 1–20 • \$203 per day for days 21–36 • \$0 per day for days 37–100

Benefits and premiums	With our Core Plan, you pay	With our Enhanced Plan, you pay
Physical therapy	\$25 per visit	\$20 per visit
Ambulance†	\$290 per one-way trip	\$250 per one-way trip
<p>Transportation</p> <p>We cover a certain amount of one-way trips per calendar year as noted on the right (limited to 65 miles one way) to get you to or from a plan provider when provided by our transportation provider.</p> <p>For more information, visit https://healthy.kaiserpermanente.org/colorado/health-wellness/senior-health/extras.</p>	<p>\$0 for up to 22 one-way trips per calendar year to get you to and from plan providers. If you sign up for optional benefits, the number of trips is combined (see Advantage Plus Option 2 for details).</p>	<p>\$0 for up to 26 one-way trips per calendar year to get you to and from plan providers. If you sign up for optional benefits, the number of trips is combined (see Advantage Plus Option 2 for details).</p>
<p>Medicare Part B drugs†</p> <p>Medicare Part B drugs are covered when you get them from a plan provider. See the EOC for details and the Pharmacy Directory for preferred and standard plan pharmacy locations.</p> <ul style="list-style-type: none"> • Drugs that must be administered by a health care professional 	<p>0%–20% coinsurance depending on the drug. Some drugs may be less than 20% if those drugs are determined to exceed the amount of inflation.</p>	<p>0%–20% coinsurance depending on the drug. Some drugs may be less than 20% if those drugs are determined to exceed the amount of inflation.</p>
<ul style="list-style-type: none"> • Up to a 30–day supply of a generic drug 	<ul style="list-style-type: none"> • \$5 at a preferred plan pharmacy • \$20 at a standard plan pharmacy 	<ul style="list-style-type: none"> • \$5 at a preferred plan pharmacy • \$20 at a standard plan pharmacy
<ul style="list-style-type: none"> • Up to a 30–day supply of a brand-name drug 	<ul style="list-style-type: none"> • \$45 at a preferred plan pharmacy, except you pay \$35 for Part B insulin drugs furnished through an item of DME. • \$47 at a standard plan pharmacy, except you pay \$35 for Part B insulin drugs furnished through an item of DME. 	<ul style="list-style-type: none"> • \$45 at a preferred plan pharmacy, except you pay \$35 for Part B insulin drugs furnished through an item of DME. • \$47 at a standard plan pharmacy, except you pay \$35 for Part B insulin drugs furnished through an item of DME.

Medicare Part D prescription drug coverage†

The amount you pay for drugs will be different depending on:

- The plan you enroll in (Core or Enhanced plan).

- The tier your drug is in. There are 6 drug tiers. To find out which of the 6 tiers your drug is in, see our Part D formulary at kp.org/seniorrx or call Member Services to ask for a copy at **1-800-476-2167 (TTY 711)**, 7 days a week, 8 a.m. to 8 p.m.
- The day supply quantity you get (like a 30–day or 90–day supply). Note: A supply greater than a 30–day supply isn’t available for all drugs.
- The type of plan pharmacy that fills your prescription (preferred pharmacy, standard pharmacy, or our mail-order pharmacy). To find our pharmacy locations, see the **Pharmacy Directory** at kp.org/directory. Note: Not all drugs can be mailed.
- The coverage stage you’re in (deductible, initial coverage or catastrophic coverage stages).

Note: Medicare provides Extra Help to pay prescription drug costs for people who have limited income and resources. If you are entitled to Extra Help, the cost-sharing below may not apply to you; instead, please refer to the **Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs**.

Deductible stage

Because we have no deductible, this payment stage does not apply to you and you start the year in the initial coverage stage.

Initial coverage stage

You pay the copays and coinsurance shown in the chart below until your out-of-pocket costs reach **\$2,000**. If you reach the \$2,000 limit in 2025, you move on to the catastrophic stage and your coverage changes.

Drug tier	Retail plan pharmacy					
	Up to a 30–day supply		31– to 60–day supply		61– to 90–day supply	
	Preferred pharmacy	Standard pharmacy	Preferred pharmacy	Standard pharmacy	Preferred pharmacy	Standard pharmacy
Tier 1 (Preferred generic)	\$0	\$15	\$0	\$30	\$0	\$45
Tier 2 (Generic)	\$5	\$20	\$10	\$40	\$15	\$60
Tier 3* (Preferred brand-name)	\$45	\$47	\$90	\$94	\$135	\$141
Tier 4* (Non-preferred drugs)	\$90	\$100	\$180	\$200	\$270	\$300
Tier 5* (Specialty)	33%					
Tier 6** (Vaccines)	\$0	\$0	N/A			

*For each insulin product covered by our plan, you will not pay more than **\$35** for a 30–day supply, **\$70** for a 31– to 60–day supply, and **\$105** for a 61– to 90–day supply, regardless of the tier.

**Our plan covers most Part D vaccines at no cost to you.

Drug tier	Mail-order plan pharmacy		
	Up to a 30–day supply	31–to 60–day supply	61–to 90–day supply
Tier 1 (Preferred generic)	\$0	\$0	\$0
Tier 2 (Generic)	\$0	\$0	\$0
Tier 3* (Preferred brand-name)	\$45	\$90	\$135
Tier 4* (Non-preferred drugs)	\$90	\$180	\$270
Tier 5* (Specialty)	33%		

Note: Tier 6 (vaccines) are not available through mail order.

*For each insulin product covered by our plan, you will not pay more than **\$35** for a 30–day supply, **\$70** for a 31– to 60–day supply, and **\$105** for a 61– to 90–day supply, regardless of the tier.

Catastrophic coverage stage

If you or others on your behalf spend **\$2,000** on your Part D prescription drugs in 2025, you’ll enter the catastrophic coverage stage. Most people never reach this stage, but if you do, you pay nothing for covered Part D drugs in 2025.

Long-term care, plan home-infusion, and non-plan pharmacies

- If you live in a **long-term care facility** and get your drugs from their pharmacy, you pay the same as at a preferred plan pharmacy and you can get up to a 31–day supply.
- Covered Part D **home infusion** drugs from a plan home-infusion pharmacy are provided at no charge.
- If you get covered Part D drugs from a **non-plan pharmacy**, you pay the same as at a standard plan pharmacy and you can get up to a 30–day supply. Generally, we cover drugs filled at a non-plan pharmacy only when you can’t use a network pharmacy, like during a disaster. See the **Evidence of Coverage** for details.

Advantage Plus (optional benefits)

In addition to the benefits that come with your plan, you can choose to buy one or both optional supplemental benefit packages. We call the packages Advantage Plus Option 1 and Advantage Plus Option 2. The packages give you extra coverage for an additional monthly cost that’s added to your monthly plan premium. See the **Evidence of Coverage** for details.

*Your plan provider may need to provide a referral.

Advantage Plus Option 1 benefits and premium	With our Core plan, you pay	With our Enhanced plan, you pay
Additional monthly premium	\$44	\$44
Eyewear An additional \$200 allowance to buy eyewear every 12 months	A \$200 allowance is added to the \$350 allowance described in “Vision services” above.	A \$200 allowance is added to the \$350 allowance described in “Vision services” above.

Advantage Plus Option 1 benefits and premium	With our Core plan, you pay	With our Enhanced plan, you pay
	If your eyewear costs more than the combined allowance of \$550, you pay the difference.	If your eyewear costs more than the combined allowance of \$550, you pay the difference.
<p>Hearing aids*</p> <p>\$500 allowance to buy 1 aid per ear every 2 years.</p> <p>Note: If you enroll in both Advantage Plus options (Option 1 and Option 2), the allowance is \$1,000 per ear, which is added to the allowance described in "Hearing services".</p>	<p>A \$500 allowance is added to the \$600 allowance described in "Hearing services" above.</p> <p>If your hearing aid costs more than \$1,100 per ear, you pay the difference.</p>	<p>A \$500 allowance is added to the \$750 allowance described in "Hearing services" above.</p> <p>If your hearing aid costs more than \$1,250 per ear, you pay the difference.</p>
<p>Comprehensive dental care</p> <p>Covered basic and major services include fillings, crowns, extractions, endodontics, periodontics, implants and dentures when provided by either Delta Dental Medicare Advantage Premier® or Delta Dental Medicare Advantage PPO™ dentists (see the Provider Directory for network dentists):</p> <ul style="list-style-type: none"> • Annual benefit limit: \$1,000 <p>Note: All plan members have coverage for comprehensive dental as described in "Dental services." The benefit limits of both benefits are combined as shown on the right. Benefit is combined in and out-of-network.</p> <p>For more information, visit https://healthy.kaiserpermanente.org/colorado/health-wellness/senior-health/extras.</p>	<p>After the plan pays \$1,000 in a calendar year for preventive and comprehensive dental care provided by Delta Dental Medicare Advantage Premier network dentists, you pay 100% for the rest of the year.</p> <p>After the plan pays \$2,450 in a calendar year for preventive and comprehensive dental care provided by Delta Dental Medicare Advantage PPO network dentists, you pay 100% for the rest of the year.</p> <p>When you reach the \$2,450 combined annual benefit limit for preventive and comprehensive dental care provided by Delta Dental Medicare Advantage PPO and/or Delta Dental Medicare Advantage Premier dentists, you pay 100% for the rest of the year.</p> <p>Note: The maximum benefit limit for Delta Dental Medicare Advantage Premier</p>	<p>After the plan pays \$1,500 in a calendar year for preventive and comprehensive dental care provided by Delta Dental Medicare Advantage Premier network dentists, you pay 100% for the rest of the year.</p> <p>After the plan pays \$2,650 in a calendar year for preventive and comprehensive dental care provided by Delta Dental Medicare Advantage PPO network dentists, you pay 100% for the rest of the year.</p> <p>When you reach the \$2,650 combined annual benefit limit for preventive and comprehensive dental care provided by Delta Dental Medicare Advantage PPO and/or Delta Dental Medicare Advantage Premier dentists, you pay 100% for the rest of the year.</p> <p>Note: The maximum benefit limit for Delta Dental Medicare Advantage Premier</p>

Advantage Plus Option 1 benefits and premium	With our Core plan, you pay	With our Enhanced plan, you pay
	dentists may not exceed \$1,000 .	dentists may not exceed \$1,500 .
<ul style="list-style-type: none"> Basic comprehensive services 	<p>50% coinsurance for basic comprehensive dental services provided by Delta Dental Medicare Advantage Premier network dentists, up to the annual benefit limit.</p> <p>30% coinsurance for basic comprehensive dental services provided by Delta Dental Medicare Advantage PPO network dentists, up to the annual benefit limit.</p>	<p>50% coinsurance for basic comprehensive dental services provided by Delta Dental Medicare Advantage Premier network dentists, up to the annual benefit limit.</p> <p>30% coinsurance for basic comprehensive dental services provided by Delta Dental Medicare Advantage PPO network dentists, up to the annual benefit limit.</p>
<ul style="list-style-type: none"> Major comprehensive services <p>Please see EOC for details.</p>	<p>50% coinsurance for major comprehensive dental services up to the annual benefit limit.</p>	<p>50% coinsurance for major comprehensive dental services up to the annual benefit limit.</p>

Advantage Plus Option 2 benefits and premium	With our Core plan, you pay	With our Enhanced plan, you pay
Additional monthly premium	\$14	\$14
<p>Acupuncture 16 visits per calendar year</p>	\$15 per visit	\$15 per visit
<p>Hearing aids* \$500 allowance to buy 1 aid, per ear every 2 years Note: If you enroll in both Advantage Plus options (Option 1 and Option 2), the allowance is \$1,000 per ear, which is added to the allowance described in “Hearing services.”</p>	<p>A \$500 allowance is added to the \$600 allowance described in “Hearing services” above. If your hearing aid costs more than \$1,100 per ear, you pay the difference.</p>	<p>A \$500 allowance is added to the \$750 allowance described in “Hearing services” above. If your hearing aid costs more than \$1,250 per ear, you pay the difference.</p>
<p>Transportation We cover up to 20 one-way trips per calendar year (limited to 65 miles one way) to get you to or from a plan provider when provided by our transportation provider. For more information, visit https://healthy.kaiserpermanente.org/colorado/health-wellness/senior-health/extras.</p>	<p>\$0 This benefit and the benefit described in “Transportation” are combined to give you 42 one-way trips per calendar year.</p>	<p>\$0 This benefit and the benefit described in “Transportation” are combined to give you 46 one-way trips per calendar year.</p>

<p>In-home support</p> <p>We cover up to 60 hours of non-medical, in-home support services per year to address assistance with ADLs and IADLs within the home. Each visit must be at least 3 hours and there is a maximum of 8 hours per shift.</p> <p>For more information, visit https://healthy.kaiserpermanente.org/colorado/health-wellness/senior-health/extras.</p>	<p>\$0</p> <p>60 hours of support per year.</p>	<p>\$0</p> <p>This benefit and the benefit described in “Additional benefits” are combined to give you 120 hours of support per year.</p>
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Additional benefits

These benefits are available to you as a plan member:	You pay
<p>Medicare Explorer by Kaiser Permanente (point-of-service supplemental benefit) for Enhanced plan members only</p> <p>If you travel outside any Kaiser Permanente service area, but inside the United States or its territories, we cover preventive, routine, follow-up, or continuing care office visits obtained from out-of-network Medicare providers not to exceed a benefit maximum of \$1,000 in covered plan charges per calendar year.</p> <p>Covered services, include, but are not limited to:</p> <ul style="list-style-type: none"> • Preventive services covered at \$0 under Original Medicare. • Primary care and specialty care visits. • Outpatient diagnostic tests and services. • X-rays and ultrasounds. • Mental health care outpatient visits. • Medicare Part B drugs. <p>For coverage details, including a full list of covered services, how to locate an eligible provider, how to schedule an appointment, claims, and how to determine if you are outside a Kaiser Permanente service area, please see Chapter 4, Section 2.2, in the Evidence of Coverage.</p>	<p>Enhanced plan members:</p> <p>You pay the following up to the \$1,000 annual benefit limit:</p> <ul style="list-style-type: none"> • \$25 per ultrasound. • \$20 per specialty care visit. • \$20 per specialty care visit and \$0 per group visit for cardiac rehabilitation and intensive cardiac rehabilitation. • \$20 per kidney disease education specialty care visit and \$0 per kidney disease education primary care visit. • \$20 per opioid treatment program services visit. • \$20 per podiatry visit. • \$20 per chiropractic visit. • \$20 per visit for physical, speech, and occupational therapy. • \$5 per individual therapy visit and \$0 per group therapy visit for mental health, psychiatric and substance abuse care. • \$5 per service for X-rays. • \$5 per visit for pulmonary rehabilitation. • \$0 per primary care visits. • \$0 for lab tests and diagnostic tests. • \$0 for preventive care visits. • \$0 for blood, including storage and administration. • \$0 for annual physical exams. • \$0 for diabetes self-management training. • \$0 for glaucoma screening visits. • \$0 for Medicare-covered hearing exams.

These benefits are available to you as a plan member:	You pay
	<ul style="list-style-type: none"> • \$0 for Medicare-covered ophthalmology services. • You pay 0%–20% of physician allowed charges for Medicare Part B drugs administered in an office or clinic. Some drugs may be less than 20% if those drugs are determined to exceed the amount of inflation. <p>Once you reach the maximum plan benefit coverage amount of \$1,000 per calendar year, you pay any amounts that exceed the benefit maximum.</p>
<p>Fitness benefit (fitness allowance) You receive an annual (one calendar year) allowance of up to \$500 to spend on covered health-related services. Covered items include:</p> <ul style="list-style-type: none"> • Personal training fees. • Fitness class fees that do not come with a basic One Pass membership (e.g., yoga, Pilates). • Out-of-network fitness location fees (e.g., gyms, fitness studios, climbing gyms). • Additional class fees within the One Pass network that exceed the basic One Pass membership (e.g., power cycling). • Raquet club memberships (e.g., tennis, pickleball). <p>Members will be reimbursed for covered expenses. Any unused amounts do not roll over to the next year. Please see the EOC for more information.</p>	<p>You pay \$0 for covered expenses up to the \$500 annual allowance. If the fees and services you purchase are more than \$500, you pay the difference.</p>
<p>Fitness benefit – One Pass™ You have access to the One Pass complete fitness program for the body and mind. One Pass includes:</p> <ul style="list-style-type: none"> • A large premium gym network featuring national, local, and community fitness centers and boutique fitness studios. You can use any in-network location. • Live, on-demand, and digital fitness programs at home. • Social clubs and activities available on the One Pass member website and mobile app. • One home fitness kit annually for strength, yoga, or dance. • Online brain health cognitive training programs. <p>For more information about participating gyms and fitness locations, the program’s benefits, or to set up your online account, visit</p>	<p>\$0</p>

These benefits are available to you as a plan member:	You pay
<p>www.YourOnePass.com or call 1-877-614-0618 (TTY 711), Monday through Friday, 7 a.m. to 8 p.m.</p>	
<p>In-home support for Enhanced plan members only We cover 60 hours of non-medical, in-home support services per year to address assistance with Activities of Daily Living (ADLs) and Instrumental Activities of Daily Living (IADLs) within the home. Each visit must be at least 3 hours and there is a maximum of 8 hours per shift. See the EOC for details.</p> <p>Note: This benefit is not covered for Core plan members unless they sign up for optional supplemental benefits (see "Advantage Plus" for details).</p> <p>For more information, visit https://healthy.kaiserpermanente.org/colorado/health-wellness/senior-health/extras.</p>	<p>\$0</p>
<p>Over-the-counter (OTC) items We cover OTC items listed in our OTC catalog for free home delivery. You may order OTC items each quarter of the year (January, April, July, October) up to the quarterly benefit limit shown in the right column. Each order must be at least \$35. For more information, visit https://healthy.kaiserpermanente.org/colorado/health-wellness/senior-health/extras.</p>	<p>\$0 up to the following quarterly benefit limit, depending upon the plan:</p> <ul style="list-style-type: none"> • \$80 quarterly benefit limit for Enhanced plan members. • \$70 quarterly benefit limit for Core plan members.

Out-of-network/non-contracted providers are not required to treat plan members, except in emergency situations. Please call our customer service number or see your **Evidence of Coverage** for more information, including the cost-sharing that applies to out-of-network services.

Member discounts for products and services

Kaiser Permanente partners with leading companies to support your health, safety, and well-being — and offer substantial savings and discounts.

Lively™ Mobile Plus

Get a personal emergency response system that provides 24/7 help with the push of a button. Receive a reduced one-time device fee and choice of two monthly service plans (coverage limits may apply). Visit greatcall.com/KP or call **1-800-205-6548** (TTY 711) for more information.

CareLinx

Kaiser Permanente has partnered with CareLinx to provide you with a discount for purchasing non-medical, in-home help with daily activities. Your caregiver can help you live an independent lifestyle in your own home by assisting with light housekeeping, meal preparation, companionship and more.

Visit <https://www.carelinx.com/kaiserpermanente> or call toll-free **1-844-636-4592** Monday-Friday, 7 a.m. – 6 p.m. MST, and on weekends, 9 a.m. – 5 p.m. MST.

Comfort Keepers® in-home care and assistance

In-home care services to help you maintain independence at home with everything from 24-hour care, respite and personal care, meal preparation, and light housekeeping. Receive a discount on all services and get a free in-home safety assessment. Visit [comfortkeepers.com/kaiser-permanente](https://www.comfortkeepers.com/kaiser-permanente) or call **1-800-611-9689** (TTY **711**) for more information.

Mom's Meals® healthy meal delivery

Getting the right nutrition is essential to achieving and maintaining good health. Receive delivery of refrigerated ready-to-heat-and-eat meals to homes nationwide. Crafted by chefs and registered dietitians, meals are medically tailored to support most major chronic conditions and overall wellness. Kaiser Permanente members enjoy discounted pricing and free shipping from Mom's Meals.

Visit www.momsmealsnc.com/kp/home.aspx or call **1-866-224-9483** (TTY **711**) for more information.

Kaiser Permanente members may continue to use or select these products or services from any company of their choice but Kaiser Permanente discounts are only available with the partner listed above. The products and services described above are neither offered nor guaranteed under our contract with the Medicare program. In addition, they are not subject to the Medicare appeals process. Any disputes regarding these products and services may be subject to the Kaiser Permanente Senior Advantage grievance process. BEST BUY HEALTH, GREATCALL, LIVELY and LINK are trademarks of Best Buy and its affiliated companies. ©2022 Best Buy. All rights reserved.

Who can enroll

You can sign up for one of our plans if:

- You have both Medicare Part A and Part B. (To get and keep Medicare, most people must pay Medicare premiums directly to Medicare. These are separate from the premiums you pay our plan.)
- You're a citizen or lawfully present in the United States.
- You live in the service area for these plans, which includes all of El Paso, Fremont, Pueblo and Teller counties.

Coverage rules

We cover the services and items listed in this document and the **Evidence of Coverage**, if:

- The services or items are medically necessary.
- The services and items are considered reasonable and necessary according to Original Medicare's standards.
- You get all covered services and items from plan providers listed in our **Provider Directory** and **Pharmacy Directory**. But there are exceptions to this rule. We also cover:
 - Care from plan providers in another Kaiser Permanente Region
 - For Enhanced plan members only, care covered under the Medicare Explorer point-of-service benefit. See the Evidence of Coverage for details.
 - Emergency care

- Out-of-area dialysis care
- Out-of-area urgent care (covered inside the service area from plan providers and in rare situations from non-plan providers)
- Referrals to non-plan providers if you got approval in advance (prior authorization) from our plan in writing
- Routine care from a Colorado Permanente Medical Group (CPMG) physician at a Kaiser Permanente medical office in our Denver Metropolitan or Northern Colorado service areas

Note: You pay the same plan copays and coinsurance when you get covered care listed above from non-plan providers. If you receive non-covered care or services, you must pay the full cost.

For details about coverage rules, including non-covered services (exclusions), see the **Evidence of Coverage**.

Getting care

At most of our plan facilities, you can usually get all the covered services you need, including specialty care, pharmacy, and lab work. To find our provider locations, see our **Provider Directory** or **Pharmacy Directory** at kp.org/directory or ask us to mail you a copy by calling Member Services at **1-800-476-2167 (TTY 711)**, 7 days a week, 8 a.m. to 8 p.m.

The formulary, pharmacy network, and/or provider network may change at any time. You will receive notice when necessary.

Your personal doctor

Your personal doctor (also called a primary care physician) will give you primary care and will help coordinate your care, including hospital stays, referrals to specialists, and prior authorizations. Most personal doctors are in internal medicine or family practice. You must choose one of our available plan providers to be your personal doctor. You can change your doctor at any time and for any reason. You can choose or change your doctor by calling **1-855-208-7221 (TTY 711)**, weekdays 7 a.m. to 5:30 p.m. or at kp.org.

Help managing conditions

If you have more than one ongoing health condition and need help managing your care, we can help. Our case management programs bring together nurses, social workers, and your personal doctor to help you manage your conditions. The program provides education and teaches self-care skills. If you're interested, please ask your personal doctor for more information.

Medicare prescription payment plan

The Medicare Prescription Payment Plan is a new payment option for 2025 that can help you manage your drug costs by spreading them out during the year as monthly payments. This program is available to anyone with Medicare Part D and works with your drug coverage. It can be especially helpful to people with high drug cost sharing earlier in the plan year and help manage out-of-pocket drug costs, but it doesn't save you money or lower your drug costs. Contact us or visit [Medicare.gov](https://www.medicare.gov) to learn more about this program.

Notices

Appeals and grievances

You can ask us to provide or pay for an item or service you think should be covered by submitting a claim to us within a specific time period that includes the date you received the item or service. If we say no, you can ask us to reconsider our decision. This is called an appeal. You can ask for a fast decision if you think waiting could put your health at risk. If your doctor agrees, we'll speed up our decision.

If you have a complaint that's not about coverage, you can file a grievance with us. See the **Evidence of Coverage** for details about the processes for making complaints and making coverage decisions and appeals, including fast or urgent decisions for drugs, services, or hospital care.

Privacy

We protect your privacy. See the **Evidence of Coverage** or view our **Notice of Privacy Practices** on kp.org/privacy to learn more.

Helpful definitions (glossary)

Allowance

A dollar amount you can use toward the purchase of an item. If the price of the item is more than the allowance, you pay the difference.

Benefit period

The way our plan measures your use of skilled nursing facility services. A benefit period starts the day you go into a hospital or skilled nursing facility (SNF). The benefit period ends when you haven't gotten any inpatient hospital care or skilled care in an SNF for 60 days in a row. The benefit period isn't tied to a calendar year. There's no limit to how many benefit periods you can have or how long a benefit period can be.

Calendar year

The year that starts on January 1 and ends on December 31.

Coinsurance

A percentage you pay of our plan's total charges for certain services or prescription drugs. For example, a 20% coinsurance for a \$200 item means you pay \$40.

Copay

The set amount you pay for covered services — for example, a \$20 copay for an office visit.

Deductible

It's the amount you must pay for Medicare Part D drugs before you will enter the initial coverage stage.

Evidence of Coverage

A document that explains in detail your plan benefits and how your plan works.

HMO-POS

An HMO-POS plan is an HMO plan with a Point-of-Service (POS) benefit. "Point-of-Service" means you can use providers outside the plan's network for certain services.

Maximum out-of-pocket responsibility

The most you'll pay in copays or coinsurance each calendar year for services that are subject to the maximum. If you reach the maximum, you won't have to pay any more copays or coinsurance for services subject to the maximum for the rest of the year.

Medically necessary

Services, supplies, or drugs that are needed for the prevention, diagnosis, or treatment of your medical condition and meet accepted standards of medical practice.

Non-plan provider

A provider or facility that doesn't have an agreement with Kaiser Permanente to deliver care to our members.

Plan

Kaiser Permanente Senior Advantage.

Plan premium

The amount you pay for your Senior Advantage health care and prescription drug coverage.

Plan provider

A plan or network provider can be a facility, like a hospital or pharmacy, or a health care professional, like a doctor or nurse.

Preferred pharmacy

A plan pharmacy where you can get your prescriptions at preferred copays. These pharmacies are usually located at plan medical offices (see the **Pharmacy Directory** for locations). The amount you pay at these pharmacies is less than you pay at other plan pharmacies that only offer standard copays, which are referred to in this document as standard pharmacies.

Prior authorization

Some services or items are covered only if your plan provider gets approval in advance from our plan (sometimes called prior authorization). Services or items subject to prior authorization are flagged with a † symbol in this document.

Region

A Kaiser Foundation Health Plan organization. We have Kaiser Permanente Regions located in Northern California, Southern California, Colorado, Georgia, Hawaii, Maryland, Oregon, Virginia, Washington, and Washington, D.C.

Retail plan pharmacy

A plan pharmacy where you can get prescriptions. These pharmacies are usually located at plan medical offices.

Standard pharmacy

A plan pharmacy where you can get your prescriptions at standard copays. These pharmacies aren't usually located at plan medical offices (see the **Pharmacy Directory** for locations). The amount you pay at these pharmacies is more than you pay at plan pharmacies that only offer preferred copays, which are referred to in this document as preferred pharmacies.

Kaiser Permanente is an HMO and HMO-POS plan with a Medicare contract. Enrollment in Kaiser Permanente depends on contract renewal. By law, our plan or CMS can choose not to renew our Medicare contract.

Kaiser Permanente's pharmacy network includes limited lower cost, preferred pharmacies in El Paso, Fremont, Pueblo and Teller Counties in Colorado. The lower costs advertised in our plan materials for these pharmacies may not be available at the pharmacy you use. For up-to-date information about our network pharmacies, including whether there are any lower-cost preferred pharmacies in your area, please call **1-800-476-2167 (TTY 711)**, 7 days a week, 8 a.m. to 8 p.m. or consult the online pharmacy directory at **kp.org/directory**.

For information about Original Medicare, refer to your "**Medicare & You**" handbook. You can view it online at **medicare.gov** or get a copy by calling **1-800-MEDICARE (1-800-633-4227)**, 24 hours a day, 7 days a week. TTY users should call **1-877-486-2048**.

kp.org/medicare

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