

Summary of Benefits

Humana Gold Plus H4007-028 (HMO-POS)

Puerto Rico

Puerto Rico Island Wide

Our service area is Puerto Rico.

Pre-Enrollment Checklist

Before making an enrollment decision, it is important that you fully understand our benefits and rules. If you have any questions, you can call and speak to a customer service representative at **1-800-681-3625 (TTY: 711)**.

Understanding the Benefits

- The Evidence of Coverage (EOC) provides a complete list of all coverage and services. It is important to review plan coverage, costs and benefits before you enroll. Visit **Humana.com/medicare** or call **1-800-681-3625 (TTY: 711)** to view a copy of the EOC.
- Review the provider directory (or ask your doctor) to make sure the doctors you see now are in the network. If they are not listed, it means you will likely have to select a new doctor.
- Review the pharmacy directory to make sure the pharmacy you use for any prescription medicines is in the network. If the pharmacy is not listed, you will likely have to select a new pharmacy for your prescriptions.
- Review the formulary to make sure your drugs are covered.

Understanding Important Rules

- You must continue to pay your Medicare Part B premium. This premium is normally taken out of your Social Security check each month.
- Benefits, premiums and/or copays/coinsurance may change on January 1, 2026.
- Effect on Current Coverage.** If you are currently enrolled in a Medicare Advantage plan, your current Medicare Advantage healthcare coverage will end once your new Medicare Advantage coverage starts. If you have Tricare, your coverage may be affected once your new Medicare Advantage coverage starts. Please contact Tricare for more information. If you have a Medigap plan, once your Medicare Advantage coverage starts, you may want to drop your Medigap policy because you will be paying for coverage you cannot use.
- This plan allows you to see providers outside of our network (non-contracted providers). However, while we will pay for certain covered services, the provider must agree to treat you. Except in an emergency or urgent situation, non-contracted providers may deny care. In addition, you may pay a higher copay/coinsurance for services received by non-contracted providers.



Let's talk about Humana Gold Plus H4007-028 (HMO-POS)

Find out more about the Humana Gold Plus H4007-028 (HMO-POS) plan – including the health and drug services it covers – in this easy-to-use guide.

Humana Gold Plus H4007-028 (HMO-POS) is a Medicare Advantage HMO-POS plan with a Medicare contract. Enrollment in this Humana plan depends on contract renewal.

The benefit information provided is a summary of what we cover and what you pay. It doesn't list every service that we cover or list every limitation or exclusion. For a complete list of services we cover, please refer to the plan's Evidence of Coverage on our website, [Humana.com/PlanDocuments](https://www.humana.com/PlanDocuments).

To be eligible

To join Humana Gold Plus H4007-028 (HMO-POS), you must be entitled to Medicare Part A, be enrolled in Medicare Part B and live in our service area.

Plan name

Humana Gold Plus H4007-028 (HMO-POS)

How to reach us

If you're a member of this plan, call toll-free: **1-866-773-5959 (TTY: 711)**.

If you're **not** a member of this plan, call toll free: **1-800-681-3625 (TTY: 711)**.

October 1 - March 31:

Call 7 days a week from 8 a.m. – 8 p.m.

April 1 - September 30:

Call Monday - Friday, 8 a.m. – 8 p.m. or Saturday from 7 a.m. to 6 p.m.

Or visit our website:

[Humana.com/Medicare](https://www.humana.com/Medicare)

More about Humana Gold Plus H4007-028 (HMO-POS)

Do you have Medicare and Medicaid? If you are a dual-eligible beneficiary enrolled in both Medicare and your state Medicaid program, you may not have to pay the medical costs displayed in this booklet and your prescription drug costs may be lower, too.

If you have Medicaid, be sure to show your Medicaid ID card in addition to your Humana membership card to make your provider aware that you may have additional coverage. Your services are paid first by Humana and then by Medicaid.

As a member you must select an in-network doctor within the service area listed in this document to act as your Primary Care Provider (PCP). Humana Gold Plus H4007-028 (HMO-POS) has a network of doctors, hospitals, pharmacies and other providers. If you use providers who aren't in our network, the plan may not pay for these services.

Benefits received out-of-network are subject to any in-network benefit maximums, limitations, and/or exclusions. You may be billed by the out-of-network provider for any amount greater than the payment made by Humana to the provider.

Under this plan, you have Point-of-Service (POS) option, which allows you to receive select services outside of the plan provider network. Under the POS option for out of network services, you have a maximum benefit limit of \$5,000 per year for some outpatient services and may require higher cost-sharing than you would pay when using network providers. Please review your Evidence of Coverage for more information.



A healthy partnership

Get more from this plan — with extra services and resources provided by Humana!



Monthly Premium, Deductible and Limits

PLAN COSTS

Monthly plan premium	\$0 You must keep paying your Medicare Part B premium.
Part B premium reduction	Your plan will reduce your Monthly Part B premium by up to \$9 but by no more than Original Medicare's Part B Premium for 2025.
Medical deductible	This plan does not have a deductible.
Pharmacy (Part D) deductible	\$0 deductible.
Maximum out-of-pocket responsibility	\$5,000 in-network The most you pay for copays, coinsurance and other costs for covered medical services for the year.
Maximum Plan Benefit Coverage	\$5,000 out-of-network Annual Maximum Coverage toward select services outside of the plan provider network. Outpatient services include PCP, Specialist and Labs.



Medical Benefits

	IN-NETWORK	OUT-OF-NETWORK
INPATIENT HOSPITAL COVERAGE		
This plan covers an unlimited number of days for an inpatient stay.	\$0 copay per admit	Not Covered
OUTPATIENT HOSPITAL COVERAGE		
Diagnostic colonoscopy	\$20 copay	Not Covered
Diagnostic mammography	\$20 copay	Not Covered
Surgery services	\$20 copay	Not Covered
AMBULATORY SURGERY CENTER		
Diagnostic colonoscopy	\$20 copay	Not Covered
Surgery services	\$20 copay	Not Covered

Your primary care provider (PCP) will work with you to coordinate the care you need with specialists or certain other providers in the network. This is called a "referral." Certain procedures, services and drugs may need advance approval from this plan. This is called "preauthorization." To learn more about services that require a referral or preauthorization from the plan, contact your PCP, refer to the Evidence of Coverage (EOC) for this plan, or visit [Humana.com/PAL](https://www.humana.com/PAL).

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Medical Benefits (cont.)

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	IN-NETWORK	OUT-OF-NETWORK
DOCTOR VISITS		
Primary care provider (PCP)		
• PCP's office	\$0 copay	20% of the cost
• Telehealth	\$0 copay	Not Covered
Specialist		
• Specialist's office	\$0 copay	20% of the cost
• Telehealth	\$0 copay	Not Covered
PREVENTIVE CARE		
This plan covers all Medicare preventive services including:	\$0 copay	Not Covered
<ul style="list-style-type: none"> • Abdominal aortic aneurysm screening • Alcohol misuse screening & counseling • Annual Wellness Visit (AWV) • Bone mass measurement • Breast cancer screening (mammogram) • Cardiovascular disease risk reduction visit • Cardiovascular disease screenings • Cervical and vaginal cancer screening • Colorectal cancer screening • Depression screening • Diabetes screenings • Diabetes self-management training • Glaucoma screening • HIV screening • Immunizations • Lung cancer Screening • Medical nutrition therapy • Medicare Diabetes Prevention Program (MDPP) • Obesity screening and therapy • Prostate cancer screening • Routine physical exam 		

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Medical Benefits (cont.)

H4007028000

IN-NETWORK

OUT-OF-NETWORK

- Sexually transmitted infections (STIs) screening and counseling
- Smoking and tobacco use cessation (counseling to stop smoking or tobacco use)
- "Welcome to Medicare" preventive visit

Any additional preventive services approved by Medicare during the contract year will be covered.

EMERGENCY CARE

Emergency services at emergency room

\$50 copay

\$50 copay

If you are admitted to the same hospital within 24 hours, you do not have to pay your share of the cost for the emergency care.

Physician and professional services at emergency room

\$0 copay

\$0 copay

URGENTLY NEEDED SERVICES

- Telehealth
- Urgent care center

\$10 copay

\$10 copay

Not Covered

Not Covered

Urgently needed services are provided to treat a non-emergency, unforeseen medical illness, injury, or condition that requires immediate medical attention.

DIAGNOSTIC SERVICES, LABS AND IMAGING

Advanced imaging services (MRI, MRA, PET and CT scan)

- Freestanding radiological facility
- Outpatient hospital
- PCP's office
- Specialist's office

\$5 copay

\$15 copay

\$0 copay

\$0 copay

Not Covered

Not Covered

Not Covered

Not Covered

Your primary care provider (PCP) will work with you to coordinate the care you need with specialists or certain other providers in the network. This is called a "referral." Certain procedures, services and drugs may need advance approval from this plan. This is called "preauthorization." To learn more about services that require a referral or preauthorization from the plan, contact your PCP, refer to the Evidence of Coverage (EOC) for this plan, or visit Humana.com/PAL.

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Medical Benefits (cont.)

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	IN-NETWORK	OUT-OF-NETWORK
Basic radiological services (X-rays)		
• Freestanding radiological facility	\$0 copay	Not Covered
• Outpatient hospital	\$0 copay	Not Covered
• PCP's office	\$0 copay	Not Covered
• Specialist's office	\$0 copay	Not Covered
• Urgent care center	\$10 copay	Not Covered
Diagnostic mammography		
• Freestanding radiological facility	\$5 copay	Not Covered
• Specialist's office	\$0 copay	Not Covered
Diagnostic procedures and tests		
• Outpatient hospital	\$20 copay	Not Covered
• PCP's office	\$0 copay	Not Covered
• Specialist's office	\$0 copay	Not Covered
• Urgent care center	\$10 copay	Not Covered
Lab services		
• Freestanding laboratory	\$0 copay	20% of the cost
• Outpatient hospital	\$0 copay	20% of the cost
• PCP's office	\$0 copay	20% of the cost
• Specialist's office	\$0 copay	20% of the cost
• Urgent care center	\$0 copay	Not Covered
Nuclear medicine and services		
• Freestanding radiological facility	\$20 copay	Not Covered
• Outpatient hospital	\$20 copay	Not Covered
Sleep study		
• Member's home	\$0 copay	Not Covered
• Outpatient hospital	\$20 copay	Not Covered
• Specialist's office	\$0 copay	Not Covered
Therapeutic radiology (Radiation therapy)		
• Freestanding radiological facility	20% of the cost	Not Covered
• Outpatient hospital	20% of the cost	Not Covered
• Specialist's office	\$0 copay	Not Covered

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	IN-NETWORK	OUT-OF-NETWORK
HEARING SERVICES		
Medicare-covered hearing	\$0 copay	Not Covered
Mandatory supplemental hearing benefit Routine Hearing providers can be found at Humana.com > Find Care.	HER865 <ul style="list-style-type: none"> • \$0 copay for fitting/evaluation, routine hearing exams up to 1 per year. • \$1,000 maximum benefit coverage amount for the choice of each OTC hearing aids or each prescription hearing aids (all types) up to 1 per ear per year. 	Not Covered
DENTAL SERVICES		
Medicare-covered dental	\$0 copay	Not Covered
Mandatory supplemental dental benefit Limitations and exclusions may apply. Submitted claims are subject to a review process which may include a clinical review and dental history to approve coverage. Dental benefits under this plan may not cover all ADA procedure codes. Any services received that are not listed will not be covered by the plan and will be the member's responsibility. The member is responsible for any amount above the dental coverage limit. Benefits are offered on a calendar year basis. Any amount unused at the end of the year will expire. In-network dentists have agreed to provide covered services at contracted rates (per the in-network fee schedules, or	DEN481 <ul style="list-style-type: none"> • 0% of the cost for bitewing x-rays up to 1 set(s) every 2 years. • 0% of the cost for periodontal surgery up to 1 per quadrant every 3 years. • 0% of the cost for amalgam and/or composite filling up to 1 per tooth every 3 years. • 0% of the cost for comprehensive oral exam, cone beam CT imaging, panoramic film up to 1 every 3 years. • 0% of the cost for crown, implant supported prosthetics up to 1 per tooth every 5 years. • 0% of the cost for bridges, complete dentures, complete or partial denture reline, partial dentures up to 1 every 5 years. • 0% of the cost for implant services, other restorative services - core buildup and 	Not Covered

Your primary care provider (PCP) will work with you to coordinate the care you need with specialists or certain other providers in the network. This is called a "referral." Certain procedures, services and drugs may need advance approval from this plan. This is called "preauthorization." To learn more about services that require a referral or preauthorization from the plan, contact your PCP, refer to the Evidence of Coverage (EOC) for this plan, or visit **Humana.com/PAL**.



IN-NETWORK

OUT-OF-NETWORK

INFS). If a member visits a participating network dentist, the member cannot be billed for charges that exceed the negotiated fee schedule (but any applicable coinsurance payment still applies).

Out-of-network dentists have not agreed to provide services at contracted fees. Benefits received out-of-network are subject to any in-network benefit maximums, limitations and/or exclusions. Members may be billed by the out-of-network provider for any amount greater than the payment made by Humana to the provider. Network providers agree to bill us directly. If a provider who is not in our network is not willing to bill us directly, you may have to pay upfront and submit a request for reimbursement. The coinsurance level will apply to the average negotiated in-network fee schedule (INFS) in your area. See Chapter 2 Payment Requests Contact Information in your Evidence of Coverage or visit **Humana.com** for information on requesting reimbursement.

When visiting an out-of-network provider there could be a difference between Humana's reimbursement and the dentist's charges. Members are responsible for this difference when visiting an out-of-network

- prefabricated post and core up to 1 per tooth per lifetime.
- **0%** of the cost for scaling and root planing (deep cleaning) up to 1 per quadrant per year.
- **0%** of the cost for periodontal debridement up to 1 per year.
- **0%** of the cost for pulp vitality test up to 2 per quadrant per year.
- **0%** of the cost for periodic oral exam, periodontal maintenance, prophylaxis (cleaning) up to 2 per year.
- **0%** of the cost for complete or partial denture repair up to 3 per year.
- **0%** of the cost for intraoral x-rays up to 6 per year.
- **0%** of the cost for adjustments to dentures, extractions, root canal up to unlimited per year.
- **\$3,000** maximum benefit coverage amount per year for adjustments to dentures, bridges, complete dentures, complete or partial denture relines, complete or partial denture repair, crown, implant services, implant supported prosthetics, other restorative services - core buildup and prefabricated post and core, partial dentures comprehensive benefits.
- **\$2,000** of the **\$3,000** maximum benefit amount can be used towards implant services and implant supported prosthetics.

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Medical Benefits (cont.)

	IN-NETWORK	OUT-OF-NETWORK
provider; this is known as balanced billing.		
Dentists can be found at Humana.com > Find Care.		
VISION SERVICES		
Eyewear (post cataract surgery)	\$0 copay	Not Covered
Medicare-covered diabetic eye exam	\$0 copay	Not Covered
Medicare-covered vision services	\$0 copay	Not Covered
Mandatory supplemental vision benefit Routine vision providers can be found at Humana.com > Find Care.	VIS318 <ul style="list-style-type: none"> \$0 copay for routine exam 1 per year. \$600 maximum benefit coverage amount per year for contact lenses and/or eyeglasses-lenses and frames up to unlimited pair(s) per year, fitting for eyeglasses-lenses and frames up to unlimited per year. Eyeglasses include ultraviolet protection and scratch-resistant coating. 	Not Covered
MENTAL HEALTH SERVICES		
Inpatient This plan covers up to 190 days in a lifetime for inpatient mental health care in a psychiatric hospital	\$0 copay per admit	Not Covered
Mental health therapy visits <ul style="list-style-type: none"> Outpatient hospital Partial hospitalization Specialist's office 	<ul style="list-style-type: none"> \$20 copay \$0 copay \$0 copay 	<ul style="list-style-type: none"> Not Covered Not Covered Not Covered

Your primary care provider (PCP) will work with you to coordinate the care you need with specialists or certain other providers in the network. This is called a "referral." Certain procedures, services and drugs may need advance approval from this plan. This is called "preauthorization." To learn more about services that require a referral or preauthorization from the plan, contact your PCP, refer to the Evidence of Coverage (EOC) for this plan, or visit [Humana.com/PAL](https://www.humana.com/PAL).

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Medical Benefits (cont.)

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	IN-NETWORK	OUT-OF-NETWORK
Outpatient substance abuse services		
• Outpatient hospital	\$20 copay	Not Covered
• Partial hospitalization	\$0 copay	Not Covered
• Specialist's office	\$0 copay	Not Covered
• Telehealth	\$0 copay	Not Covered
SKILLED NURSING FACILITY (SNF)		
This plan covers up to 100 days in a SNF	\$0 copay per admit	Not Covered
AMBULANCE		
Air	20% of the cost	20% of the cost
Ground	\$50 copay per date of service	\$50 copay per date of service
TRANSPORTATION		
The member must contact transportation vendor to arrange transportation and should contact Customer Care to be directed to their plan's specific transportation provider.	\$0 copay for plan approved location up to 36 one-way trip(s) per year. This benefit offers unlimited miles per trip.	

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Medical Benefits (cont.)

H4007028000

IN-NETWORK

OUT-OF-NETWORK

MEDICARE PART B DRUGS

Some rebatable Part B drugs may be subject to a lower coinsurance.

Allergy shots and serum

• PCP's office	\$0 copay	Not Covered
• Specialist's office	\$0 copay	Not Covered

Chemotherapy drugs

• Outpatient hospital	19% of the cost	Not Covered
• Specialist's office	19% of the cost	Not Covered

Other Part B drugs

• Outpatient hospital	19% of the cost	Not Covered
• PCP's office	19% of the cost	Not Covered
• Pharmacy	19% of the cost	Not Covered
• Specialist's office	19% of the cost	Not Covered

Part B Insulin

• Outpatient hospital	19% of the cost	Not Covered
• PCP's office	19% of the cost	Not Covered
• Pharmacy	19% of the cost	Not Covered
• Specialist's office	19% of the cost	Not Covered

You won't pay more than **\$35** for a one-month (up to 30-day) supply of each insulin product covered by this plan.

Your primary care provider (PCP) will work with you to coordinate the care you need with specialists or certain other providers in the network. This is called a "referral." Certain procedures, services and drugs may need advance approval from this plan. This is called "preauthorization." To learn more about services that require a referral or preauthorization from the plan, contact your PCP, refer to the Evidence of Coverage (EOC) for this plan, or visit **Humana.com/PAL**.





Prescription Drug Benefits

PLAN HIGHLIGHTS

\$0 copays	\$0 copays at select pharmacy locations and tiers. Additional details below.
Deductible	\$0 deductible
Insulin costs	You won't pay more than \$0 for a one-month (up to 30-day) supply of each insulin product covered by this plan.
Excluded drug coverage	Additional drug coverage for the following: Erectile dysfunction (ED) drugs Prescription vitamins
\$0 vaccines	\$0 copay for adult Part D covered vaccines recommended by the Advisory Committee on Immunization Practices (ACIP)

DEDUCTIBLE

This plan has a **\$0** deductible.

INITIAL COVERAGE

You pay the following until your total yearly out-of-pocket drug costs reach **\$2,000**. Once you reach this amount, you will enter the Catastrophic Stage.

Pharmacy Cost-Sharing

	Retail Cost-Sharing Includes all in-network retail pharmacies		Standard Mail-Order Cost-Sharing		Preferred Mail-Order Cost-Sharing CenterWell Pharmacy™	
	30-day	90-day*	30-day	90-day*	30-day	90-day*
Day supply						
Tier 1: Preferred Generic	\$0	\$0	\$0	\$0	\$0	\$0
Tier 2: Generic	\$0	\$0	\$0	\$0	\$0	\$0
Tier 3: Preferred Brand	\$10	\$30	\$11	\$33	\$10	\$20
Tier 4: Non-Preferred Drug	25%	25%	25%	25%	25%	25%
Tier 5: Specialty Tier	33%	N/A	33%	N/A	33%	N/A
Tier 6: Select Care Drugs	\$0	\$0	\$0	\$0	\$0	\$0

You have several options for filling your prescriptions, including retail and mail-order pharmacies. CenterWell Pharmacy® is the preferred mail-order, cost-sharing pharmacy for many Humana plans, which means you may pay as little as **\$0** for certain Tier 1 and Tier 2 generics. Learn more at **CenterWellPharmacy.com**.

Other pharmacies are available in our network. To find which pharmacies are available in our network, go to **Humana.com/pharmacyfinder**.

*Some drugs are limited to a 30-day supply.

You won't pay more than **\$0** for a one-month (up to 30-day) supply of each plan-covered insulin product regardless of cost-sharing tier.

Insulin Cost-Sharing

	Retail Cost-Sharing Includes all in-network retail pharmacies		Standard Mail-Order Cost-Sharing		Preferred Mail-Order Cost-Sharing CenterWell Pharmacy™	
	30-day	90-day*	30-day	90-day*	30-day	90-day*
Day supply						
Tier 3: Preferred Brand	\$0	\$0	\$0	\$0	\$0	\$0
Tier 5: Specialty Tier	\$0	N/A	\$0	N/A	\$0	N/A

Other pharmacies are available in our network. To find which pharmacies are available in our network, go to **Humana.com/pharmacyfinder**.

*Some drugs are limited to a 30-day supply.

CATASTROPHIC COVERAGE

After your total out-of-pocket costs reach **\$2,000** you pay **\$0** for plan-covered Part D and Excluded drugs.

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EXCLUDED DRUG COVERAGE

Erectile dysfunction (ED) drugs Covered at Tier 1 cost-share amount.

Prescription vitamins Covered at Tier 1 cost-share amount.

Cost sharing may change depending on the pharmacy you choose or when you enter another phase of the Part D benefit. For more information on your prescription drug benefit, please call us or access your Evidence of Coverage online.

If you reside at an in-network long-term care facility, you pay the same as you would at an in-network retail pharmacy. Under certain situations you may be able to get drugs from an out-of-network pharmacy but may pay more than you would pay at an in-network pharmacy.

**Additional Benefits**

	IN-NETWORK	OUT-OF-NETWORK
Acupuncture services (Medicare-covered)	\$0 copay for acupuncture for chronic low back pain visits up to 20 visit(s) per year.	Not Covered
Chiropractic services (Medicare-covered)	\$0 copay	Not Covered
Podiatry services (Medicare-covered)	\$0 copay	Not Covered
MEDICAL EQUIPMENT/SUPPLIES		
Continuous glucose monitor (CGM)		
• DME provider	\$0 copay	
• Pharmacy	\$0 copay	
Diabetic monitoring supplies		
• Diabetic supplier	\$0 copay	Not Covered
• Network retail pharmacy	\$0 copay	Not Covered
• Preferred diabetic supplier	\$0 copay	Not Covered
Durable medical equipment (DME)	\$0 copay	Not Covered
Medical supplies at medical supplier	\$0 copay	Not Covered
Prosthetics devices and related supplies at prosthetics provider	\$0 copay	Not Covered



Additional Benefits (cont.)

REHABILITATION SERVICES

Cardiac rehabilitation services

- | | | |
|-----------------------|------------------|--------------------|
| • Outpatient hospital | \$0 copay | Not Covered |
| • Specialist's office | \$0 copay | Not Covered |

Occupational therapy

- | | | |
|---|------------------|------------------------|
| • Comprehensive outpatient rehab facility | \$6 copay | Not Covered |
| • Outpatient hospital | \$6 copay | Not Covered |
| • Specialist's office | \$6 copay | 20% of the cost |

Physical therapy

- | | | |
|---|------------------|------------------------|
| • Comprehensive outpatient rehab facility | \$6 copay | Not Covered |
| • Outpatient hospital | \$6 copay | Not Covered |
| • Specialist's office | \$6 copay | 20% of the cost |

Pulmonary rehabilitation

- | | | |
|-----------------------|------------------|--------------------|
| • Outpatient hospital | \$0 copay | Not Covered |
| • Specialist's office | \$0 copay | Not Covered |

Speech therapy

- | | | |
|---|------------------|------------------------|
| • Comprehensive outpatient rehab facility | \$6 copay | Not Covered |
| • Outpatient hospital | \$6 copay | Not Covered |
| • Specialist's office | \$6 copay | 20% of the cost |

Supervised exercise therapy (SET) for Peripheral Artery Disease (PAD)

- | | | |
|-----------------------|------------------|--------------------|
| • Outpatient hospital | \$0 copay | Not Covered |
| • Specialist's office | \$0 copay | Not Covered |



More benefits with **this plan**

Enjoy some of these extra benefits included in this plan.

This is a summary of what we cover. It doesn't list every service that we cover or list every limitation or exclusion. The Evidence of Coverage (EOC) provides a complete list of coverage and services. Visit [Humana.com/PlanDocuments](https://www.humana.com/PlanDocuments) to view a copy of the EOC or call **1-800-681-3625**.

Over-the-Counter (OTC) Allowance

\$25 monthly allowance on a prepaid card to buy approved over-the-counter health and wellness products at participating retail locations.

Allowance amount cannot be combined with other allowances which may be on the Card.

Unused amount rolls over to the next month and expires at the end of the plan year.

- The allowance is available to use at the beginning of every month.
- Limitations and restrictions may apply.

See the Humana Spending Account Card section for more details.

Humana Spending Account Card

The Humana Spending Account Card is what you use to spend allowances included in this plan. If you currently have a Humana Spending Account Card please keep using it. Allowances will continue to be loaded to this card. If you do not have a card, one will be sent to you. Please activate your card as soon as you receive it in the mail.

- Humana is not responsible for funds lost due to lost or stolen cards.
- Please see the back of your card for more information.
- Allowance amounts cannot be combined with other benefit allowances on the card.
- Limitations and restrictions may apply.

Routine Chiropractic services

\$0 copay for routine chiropractic visits up to 12 visit(s) per year.

Bathroom safety device

\$0 copayment for one (1) contracted standard bath or shower chair with or without wheels, any size every 5 years to members who meet the medical criteria.

Prior authorization requirements may apply.

Blood pressure monitor

You may receive one blood pressure monitor every five (5) years.

Humana Well Dine® Meal Program

\$0 copayment for Humana Well Dine® meal program.

After your inpatient stay in either a hospital or a nursing facility, you may be eligible to receive 2 home delivered meals per day for 7 days (up to 14 meals).

Meals must be requested within 30 days of discharge from your inpatient stay.

Limited to 4 times per year.

Rewards and Incentives - Go365® by Humana

Complete eligible healthy activities, like preventive screenings and exams, and get rewarded.

SilverSneakers® fitness program

Live a healthier, more active life through fitness and social connection at participating locations and online.

Notice of Non-Discrimination

Humana Inc. and its subsidiaries comply with applicable Federal civil rights laws and do not discriminate or exclude people because of their race, color, religion, gender, gender identity, sex, sexual orientation, age, disability, national origin, military status, veteran status, genetic information, ancestry, ethnicity, marital status, language, health status, or need for health services. Humana Inc.:

- Provides people with disabilities reasonable modifications and free appropriate auxiliary aids and services to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats).
- Provides free language assistance services to people whose primary language is not English, which may include:
 - Qualified interpreters
 - Information written in other languages.

If you need reasonable modifications, appropriate auxiliary aids, or language assistance services contact **1-866-773-5959 (TTY: 711)**. If you believe that Humana Inc. has not provided these services or discriminated on the basis of race, color, religion, gender, gender identity, sex, sexual orientation, age, disability, national origin, military status, veteran status, genetic information, ancestry, ethnicity, marital status, language, health status, or need for health services, you can file a grievance in person or by mail or email with Humana Inc.'s Non-Discrimination Coordinator at P.O. Box 14618, Lexington, KY 40512-4618, **1-866-773-5959 (TTY: 711)**, or **accessibility@humana.com**. If you need help filing a grievance, Humana Inc.'s Non-Discrimination Coordinator can help you.

You can also file a complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at **<https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>**, or by mail or phone at:

- U.S. Department of Health and Human Services, 200 Independence Avenue, S.W., Room 509F, HHH Building Washington, D.C. 20201. **800-368-1019, 800-537-7697 (TDD)**.

This notice is available at **www.humana.com/legal/non-discrimination-disclosure**.

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Multi-Language Insert

Multi-language Interpreter Services

English: We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at 1-866-773-5959 (TTY: 711). Someone who speaks English can help you. This is a free service.

Spanish: Tenemos servicios de intérprete sin costo alguno para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para hablar con un intérprete, por favor llame al 1-866-773-5959 (TTY: 711). Alguien que hable español le podrá ayudar. Este es un servicio gratuito.

Chinese Mandarin: 我们提供免费的翻译服务，帮助您解答关于健康或药物保险的任何疑问。如果您需要此翻译服务，请致电 1-866-773-5959 (听障专线：711)。我们的中文工作人员很乐意帮助您。这是一项免费服务。

Chinese Cantonese: 您對我們的健康或藥物保險可能存有疑問，為此我們提供免費的翻譯服務。如需翻譯服務，請致電 1-866-773-5959 (聽障專線：711)。我們講中文的人員將樂意為您提供幫助。這是一項免費服務。

Tagalog: Mayroon kaming libreng serbisyo sa pagsasaling-wika upang masagot ang anumang mga katanungan ninyo hinggil sa aming planong pangkalusugan o panggamot. Upang makakuha ng tagasaling-wika, tawagan lamang kami sa 1-866-773-5959 (TTY: 711). Maaari kayong tulungan ng isang nakakapagsalita ng Tagalog. Ito ay libreng serbisyo.

French: Nous proposons des services gratuits d'interprétation pour répondre à toutes vos questions relatives à notre régime de santé ou d'assurance-médicaments. Pour accéder au service d'interprétation, il vous suffit de nous appeler au 1-866-773-5959 (TTY: 711). Un interlocuteur parlant Français pourra vous aider. Ce service est gratuit.

Vietnamese: Chúng tôi có dịch vụ thông dịch miễn phí để trả lời các câu hỏi về chương sức khỏe và chương trình thuốc men. Nếu quý vị cần thông dịch viên xin gọi 1-866-773-5959 (TTY: 711) sẽ có nhân viên nói tiếng Việt giúp đỡ quý vị. Đây là dịch vụ miễn phí.

German: Unser kostenloser Dolmetscherservice beantwortet Ihren Fragen zu unserem Gesundheits- und Arzneimittelplan. Unsere Dolmetscher erreichen Sie unter 1-866-773-5959 (TTY: 711). Man wird Ihnen dort auf Deutsch weiterhelfen. Dieser Service ist kostenlos.

Korean: 당사는 의료 보험 또는 약품 보험에 관한 질문에 대해 드리고자 무료 통역 서비스를 제공하고 있습니다. 통역 서비스를 이용하려면 전화 1-866-773-5959 (TTY: 711) 번으로 문의해 주십시오. 한국어를 하는 담당자가 도와 드릴 것입니다. 이 서비스는 무료로 운영됩니다.

Form CMS-10802 (Expires 12/31/25)

Form Approved OMB# 0938-1421

Humana.

Russian: Если у вас возникнут вопросы относительно страхового или медикаментного плана, вы можете воспользоваться нашими бесплатными услугами переводчиков. Чтобы воспользоваться услугами переводчика, позвоните нам по телефону 1-866-773-5959 (TTY: 711). Вам окажет помощь сотрудник, который говорит по-русски. Данная услуга бесплатная.

Arabic: إننا نقدم خدمات المترجم الفوري المجانية للإجابة عن أي أسئلة تتعلق بخططنا الصحية أو خطة الأدوية الموصوفة لدينا. للحصول على مترجم فوري، ليس عليك سوى الاتصال بنا على (1-866-773-5959 (TTY: 711). سيقوم شخص ما يتحدث العربية بمساعدتك. هذه خدمة مجانية.

Hindi: हमारे स्वास्थ्य या दवा की योजना के बारे में आपके किसी भी प्रश्न के जवाब देने के लिए हमारे पास मुफ्त दुभाषिया सेवाएँ उपलब्ध हैं. एक दुभाषिया प्राप्त करने के लिए, बस हमें 1-866-773-5959 (TTY: 711) पर फोन करें. कोई व्यक्ति जो हिन्दी बोलता है आपकी मदद कर सकता है. यह एक मुफ्त सेवा है.

Italian: È disponibile un servizio di interpretariato gratuito per rispondere a eventuali domande sul nostro piano sanitario e farmaceutico. Per un interprete, contattare il numero 1-866-773-5959 (TTY: 711). Un nostro incaricato che parla Italianovi fornirà l'assistenza necessaria. È un servizio gratuito.

Portuguese: Dispomos de serviços de interpretação gratuitos para responder a qualquer questão que tenha acerca do nosso plano de saúde ou de medicação. Para obter um intérprete, contacte-nos através do número 1-866-773-5959 (TTY: 711). Irá encontrar alguém que fale o idioma Português para o ajudar. Este serviço é gratuito.

French Creole: Nou genyen sèvis entèprèt gratis pou reponn tout kesyon ou ta genyen konsènan plan medikal oswa dwòg nou an. Pou jwenn yon entèprèt, jis rele nou nan 1-866-773-5959 (TTY: 711). Yon moun ki pale Kreyòl kapab ede w. Sa a se yon sèvis ki gratis.

Polish: Umożliwiamy bezpłatne skorzystanie z usług tłumacza ustnego, który pomoże w uzyskaniu odpowiedzi na temat planu zdrowotnego lub dawkowania leków. Aby skorzystać z pomocy tłumacza znającego język polski, należy zadzwonić pod numer 1-866-773-5959 (TTY: 711). Ta usługa jest bezpłatna.

Japanese: 当社の健康保険と処方薬プランに関するご質問にお答えするために、無料の通訳サービスをご用意しています。通訳をご用命になるには、1-866-773-5959 (TTY: 711) にお電話ください。日本語を話す者が支援いたします。これは無料のサービスです。



Find out **more**



Need help finding a doctor or pharmacy? You can see this plan's **Provider and Pharmacy Directory** at our website at **Humana.com/Find-Care** or call us at the number listed at the beginning of this booklet and we will send you one. Many doctor listings include a Care Highlight® rating. These ratings in clinical quality and cost-efficiency can help you make informed choices about your healthcare. Ratings only appear when we have enough information to measure a doctor's clinical quality and cost-efficiency. Learn more at **Humana.com/CareHighlight**.



You can see this plan's **Drug Guide** at our website at **Humana.com/medicaredruglist** or call us at the number listed at the beginning of this booklet and we will send you one.

Clinical quality and cost-efficiency ratings are available in all states except Alaska. Ratings are not available for all physicians. Care Highlight is intended for informational purposes only. Members have access to all physicians in the Humana network, regardless of whether or not the physician has a Care Highlight rating. Ratings should not be the sole basis for selecting a doctor. Humana does not give performance-based payments to doctors based on these ratings. Ratings do not guarantee the quality or outcome of healthcare services.

To find out more about the coverage and costs of Original Medicare, look in the current "Medicare & You" handbook. View it online at <http://www.medicare.gov> or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, seven days a week. TTY users should call 1-877-486-2048.

Telehealth services shown are in addition to the Original Medicare covered telehealth. Your cost may be different for Original Medicare telehealth. Limitations on telehealth services, also referred to as virtual visits or telemedicine, vary by state. These services are not a substitute for emergency care and are not intended to replace your primary care provider or other providers in your network. Any descriptions of when to use telehealth services are for informational purposes only and should not be construed as medical advice. Please refer to your Evidence of Coverage for additional details on what this plan may cover or other rules that may apply.

Plans may offer supplemental benefits in addition to Part C benefits and Part D benefits.

All product names, logos, brands and trademarks are property of their respective owners, and any use does not imply endorsement.

The Part B Premium Reduction benefit pays part or all of your Part B premium and the amount may change based on the amount you pay for Part B.

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More information is just a click away.

Visit [Humana.com/PlanDocuments](https://www.humana.com/PlanDocuments) to see additional details about this plan, including benefits and costs.

If you'd like a printed Evidence of Coverage, Provider Directory, or Drug Guide mailed to you, you can request one online at the website above, or call **1-800-457-4708 (TTY: 711)**, 24 hours a day, seven days a week. Please have your Humana member ID card ready when you call. When asked for the reason you've called, say "Evidence of Coverage," "Drug Guide" or "Provider Directory."

Activate your secure MyHumana account.

Your online MyHumana account is an important part of your Humana membership. Use it to view this plan's details anytime and access important plan documents online, all in one place. It's easy to use and tailored to you.

Already have an account?

Go to [Humana.com/Member/ManageYourAccount](https://www.humana.com/Member/ManageYourAccount) and log in.

Don't have an account yet?

Create one using the same link above in just minutes.

Receiving information about other insurance products

As a Humana member, we may call you to offer other insurance-related products. You can opt out of any future calls using the Customer Care number on the back of your ID card.

Humana Inc.
P.O. Box 14168
Lexington, KY 40512-4168

Important information about this plan

[Humana.com](https://www.humana.com)