

# **Summary of** Benefits 2024

**UHC Complete Care NM-001A (PPO C-SNP)** H0271-033-000

Look inside to learn more about the plan and the health and drug services it covers. Call Customer Service or go online for more information about the plan.



€ Toll-free **1-866-367-7527**, TTY **711** 8 a.m.-8 p.m. local time, 7 days a week



UHC.com/Medicare

# United Healthcare

# **Summary of Benefits**

# January 1, 2024 - December 31, 2024

This is a summary of what we cover and what you pay. For a complete list of covered services, limitations and exclusions, review the Evidence of Coverage (EOC) at **myUHCMedicare.com** or call Customer Service for help. After you enroll in the plan, you will get more information on how to view your plan details online.

# **UHC Complete Care NM-001A (PPO C-SNP)**

Medical premium, deductible and limits	6	
	In-network	Out-of-network
Monthly plan premium	\$12.90	
Annual medical deductible	You pay the Original Media amount combined in and of which will be set by CMS in the 2023 deductible amount 2024. Our plan will provide they are released. The 2023 Medicare Deduction	out-of-network for 2024 in the fall of 2023. This is ant and may change for e updated rates as soon as
Maximum out-of-pocket amount (does not include prescription drugs)	\$8,850  This is the most you will pay out-of-pocket each year for Medicare-covered services and supplies received from network providers.	\$13,300  This is the most you will pay out-of-pocket each year for Medicare-covered services and supplies received from any provider.
		rou will still need to pay your -pocket costs paid for your are not included in this

Medical premium, deductible and limit	s	
	In-network	Out-of-network
Medicare cost-sharing	If you have full Medicaid benefits or are a Qualified Medicare Beneficiary (QMB), you will pay \$0 for your Medicare-covered services as noted by the cost-sharing in this chart.	If you are a QMB or you have full Medicaid benefits and your provider accepts Medicaid, you will pay \$0 for your Medicare-covered services. Otherwise, you will pay the cost-sharing amount as noted in this chart.

Medical benefits			
		In-network	Out-of-network
Our plan covers an days for an inpatier	unlimited number of	Depending upon your level of Medicaid eligibility, you pay \$0 copay per stay, or; \$1,700 copay per stay	20% coinsurance per stay
Outpatient hospital Cost-sharing for additional plan covered services will apply.	Ambulatory surgical center (ASC) <sup>2</sup>	\$0 copay for a colonoscopy Depending on your level of Medicaid eligibility, \$0 copay or 20% coinsurance otherwise	30% coinsurance
	Outpatient hospital, including surgery <sup>2</sup>	\$0 copay for a colonoscopy Depending on your level of Medicaid eligibility, \$0 copay or 20% coinsurance otherwise	30% coinsurance
	Outpatient hospital observation services <sup>2</sup>	Depending on your level of Medicaid eligibility, \$0 copay or 20% coinsurance	30% coinsurance
Doctor visits	Primary care provider	\$0 copay	30% coinsurance
	Specialists <sup>2</sup>	Depending on your level of Medicaid eligibility, \$0 copay or 20% coinsurance	30% coinsurance
	Virtual medical visits	\$0 copay to talk with a net online through live audio a	•
Preventive services	Routine physical	\$0 copay, 1 per year*	30% coinsurance, 1 per year*
	Medicare-covered	\$0 copay	\$0 copay - 30% coinsurance (depending on the service)

Medical benefits		
	In-network	Out-of-network
Abdominal aort screening  Alcohol misuse Annual wellness Bone mass mea Breast cancer s (mammogram) Cardiovascular (behavioral ther Cardiovascular Cervical and va screening Colorectal cance (colonoscopy, f test, flexible sig Depression screening Hepatitis C screening Lung cancer with computed tomoscreening	counseling s visit asurement screening disease rapy) screening ginal cancer cer screenings fecal occult blood amoidoscopy) eening nings and eening th low dose	<ul> <li>Medical nutrition therapy services</li> <li>Medicare Diabetes Prevention Program (MDPP)</li> <li>Obesity screenings and counseling</li> <li>Prostate cancer screenings (PSA)</li> <li>Sexually transmitted infections screenings and counseling</li> <li>Tobacco use cessation counseling (counseling for people with no sign of tobaccorelated disease)</li> <li>Vaccines, including those for the flu, Hepatitis B, pneumonia, or COVID-19</li> <li>"Welcome to Medicare" preventive visit (one-time)</li> </ul>
contract year will be	covered. eventive care scree	roved by Medicare during the nings and annual physical exams at ers.
Emergency care	copay or \$90 cop outside the Unite admitted to the h inpatient hospital	our level of Medicaid eligibility, \$0 pay (\$0 copay for emergency care d States) per visit. If you are ospital within 24 hours, you pay the copay instead of the Emergency the "Inpatient Hospital Care" section r other costs.
Urgently needed services	copay or \$40 cop	our level of Medicaid eligibility, \$0 pay (\$0 copay for urgently needed the United States) per visit

Medical benefits			
		In-network	Out-of-network
Diagnostic tests, lab and radiology services, and X- rays	Diagnostic radiology services (e.g. MRI, CT scan) <sup>2</sup>	\$0 copay for each diagnostic mammogram Depending on your level of Medicaid eligibility, \$0 copay or 20% coinsurance otherwise	30% coinsurance
	Lab services <sup>2</sup>	\$0 copay	\$0 copay
	Diagnostic tests and procedures <sup>2</sup>	Depending on your level of Medicaid eligibility, \$0 copay or 20% coinsurance	30% coinsurance
	Therapeutic radiology <sup>2</sup>	Depending on your level of Medicaid eligibility, \$0 copay or 20% coinsurance	30% coinsurance
	Outpatient X-rays <sup>2</sup>	Depending on your level of Medicaid eligibility, \$0 copay or 20% coinsurance	30% coinsurance
Hearing services	Exam to diagnose and treat hearing and balance issues <sup>2</sup>	Depending on your level of Medicaid eligibility, \$0 copay or 20% coinsurance	30% coinsurance
	Routine hearing exam	\$0 copay, 1 per year*	30% coinsurance, 1 per year*
	Hearing aids <sup>2</sup>	\$3,600 allowance for a bro brand-name prescription h	
		hearing professionals locations  • Broad range of popular Beltone <sup>TM</sup> , Oticon, Pho Starkey <sup>®</sup> , Unitron <sup>TM</sup> an  • 3-year manufacturer was	r hearing aids including onak, ReSound, Signia, d Widex® arranty on all prescription trial period and damage or

Medical benefits			
		In-network	Out-of-network
Routine dental benefits	Preventive and comprehensive <sup>2</sup>	services like cleanings, fi  No annual deductible  Medicare Advantage network  Freedom to see any  If you choose to see	eventive and comprehensive Ilings and crowns e 's largest national dental
Vision services	Exam to diagnose and treat diseases and conditions of the eye <sup>2</sup> Eyewear after cataract surgery	\$0 copay \$0 copay	30% coinsurance \$0 copay
	Routine eye exam	\$0 copay, 1 per year*	30% coinsurance, 1 per year*
	Routine eyewear	national networks of network  • Free standard prescrisingle vision, bifocals (standard) progressing coating  • Savings when upgraduV/anti-reflective coallenses  • Eyewear available from	dicare Advantage's largest vision provider and retail ription lenses including

Medical benefits			
		In-network	Out-of-network
Mental health	Inpatient visit <sup>2</sup> Our plan covers 90 days for an inpatient hospital stay	Depending upon your level of Medicaid eligibility, you pay \$0 copay per stay, or; \$1,700 copay per stay	20% coinsurance per stay
	Outpatient group therapy visit <sup>2</sup>	Depending on your level of Medicaid eligibility, \$0 copay or 20% coinsurance	30% coinsurance
	Outpatient individual therapy visit <sup>2</sup>	Depending on your level of Medicaid eligibility, \$0 copay or 20% coinsurance	30% coinsurance
	Virtual mental health visits	\$0 copay to talk with a net online through live audio a	
Skilled nursing fact (Stay must meet Me criteria)  Our plan covers up SNF.	edicare coverage	Depending upon your level of Medicaid eligibility, you pay \$0 copay per day: days 1-100, or; You pay the Original Medicare cost sharing amount for 2024 which will be set by CMS in the fall of 2023. These are 2023 cost sharing amounts and may change for 2024. Our plan will provide updated rates as soon as they are released. \$0 copay per day: days 1-20 \$200 copay per day: days 21-100	20% coinsurance per stay, up to 100 days

Medical benefits			
		In-network	Out-of-network
Outpatient rehabilitation services	Physical therapy and speech and language therapy visit <sup>2</sup>	Depending on your level of Medicaid eligibility, \$0 copay or 20% coinsurance	30% coinsurance
	Occupational Therapy Visit <sup>2</sup>	Depending on your level of Medicaid eligibility, \$0 copay or 20% coinsurance	30% coinsurance
	Virtual medical visits	\$0 copay to talk with a net online through live audio a	•
Ambulance <sup>2</sup> Your provider mus authorization for n transportation.	•	Depending on your level of Medicaid eligibility, \$0 copay or 20% coinsurance for ground Depending on your level of Medicaid eligibility, \$0 copay or 20% coinsurance for air	20% coinsurance for ground 20% coinsurance for air
Routine transpor	tation	\$0 copay for 36 one-way trips to or from approved locations, such as medically related appointments, gyms and pharmacies*	75% coinsurance*

Medical benefits			
		In-network	Out-of-network
Medicare Part B prescription drugs In-network cost sharing shown is	Chemotherapy drugs <sup>2</sup>	Depending on your level of Medicaid eligibility, \$0 copay or 20% coinsurance	20% coinsurance
the maximum you will pay for Part B prescription drugs. You may pay less for	Part B covered insulin <sup>2</sup>	Depending on your level of Medicaid eligibility, \$0 copay or 20% coinsurance, up to \$35	20% coinsurance
certain drugs.	Other Part B drugs <sup>2</sup> Part B drugs may be subject to Step Therapy. See your Evidence of Coverage for details.	\$0 copay for allergy antigens Depending on your level of Medicaid eligibility, \$0 copay or 20% coinsurance for all others	\$0 copay for allergy antigens 20% coinsurance for all others

Prescription drug p	payment stages if you qu	ualify for Low-Income Sub	sidy (LIS)
Annual Prescription Deductible	Your deductible amour	nt is \$0	
30-day^ or 100-day	y supply from a retail ne	twork pharmacy	
Generic (including brand drugs treated as generic)	\$0, \$1.55, or \$4.50 cop (Some covered drugs a	pay are limited to a 30-day supp	ly)
All other drugs	\$0, \$4.60, or \$11.20 cc (Some covered drugs a	ppay are limited to a 30-day supp	ly)
Prescription drug p	payment stages if you do	o not qualify for LIS	
Annual Prescription Deductible	\$545 for Part D prescri	ption drugs	
Initial Coverage	coinsurance. You gene	pays its share of the cost an erally stay in this stage until 130. Then you move to the 0	your year-to-date total
Drug Coverage	Retail		Mail Order
	30-day supply^	100-day supply	100-day supply
All covered drugs <sup>3</sup>	25% coinsurance	25% coinsurance (Some covered drugs are limited to a 30-day supply)	25% coinsurance (Some covered drugs are limited to a 30-day supply)
Coverage Gap (Donut hole)	may pay less if your pla	5% of the negotiated price an has additional coverage out-of-pocket cost reaches	in the gap. You pay this
Catastrophic Coverage		ocket drug cost reaches \$8 Part D covered drugs for th	

<sup>^</sup>Members living in long-term care facilities pay the same for a 31-day supply as a 30-day supply at a retail pharmacy.

<sup>&</sup>lt;sup>3</sup> You will pay a maximum of \$35 for each 1-month supply of Part D covered insulin drugs through all drug payment stages, except the Catastrophic drug payment stage, where you pay \$0.

Additional benefits			
		In-network	Out-of-network
Chiropractic care	Medicare-covered chiropractic care (manual manipulation of the spine to correct subluxation) <sup>2</sup>	Depending on your level of Medicaid eligibility, \$0 copay or 20% coinsurance	30% coinsurance
Diabetes management	Diabetes monitoring supplies <sup>2</sup>	\$0 copay  We only cover Accu- Chek® and OneTouch® brands.  Covered glucose monitors include: OneTouch Verio Flex®, OneTouch Verio Reflect®, OneTouch® Verio, OneTouch® Ultra 2, Accu-Chek® Guide Me, and Accu-Chek® Guide.  Test strips: OneTouch Verio®, OneTouch Ultra®, Accu-Chek® Guide, Accu-Chek® Guide, Accu-Chek® Aviva Plus, and Accu-Chek® SmartView.  Other brands are not	30% coinsurance
	Diabetes self- management training	\$0 copay	30% coinsurance
	Therapeutic shoes or inserts <sup>2</sup>	Depending on your level of Medicaid eligibility, \$0 copay or 20% coinsurance	30% coinsurance

Additional benefits			
		In-network	Out-of-network
Durable medical equipment (DME) and related supplies	DME (e.g., wheelchairs, oxygen) <sup>2</sup>	Depending on your level of Medicaid eligibility, \$0 copay or 20% coinsurance	30% coinsurance
	Prosthetics (e.g., braces, artificial limbs) <sup>2</sup>	Depending on your level of Medicaid eligibility, \$0 copay or 20% coinsurance	30% coinsurance
Fitness prog	gram	<ul> <li>and fitness locations</li> <li>Access to many premiled locations</li> <li>An annual personalize</li> <li>Members who need he assistant to the gym</li> <li>Access to thousands of videos and live stream</li> </ul>	ip at a gym near you national network of gyms fum gyms and fitness d fitness plan elp can bring a workout of on-demand workout
		classes, clubs and eve	al health and wellness ents nity for Renew Active — no
Foot care (podiatry services)	Foot exams and treatment <sup>2</sup>	<ul> <li>classes, clubs and eve</li> <li>Online Fitbit<sup>®</sup> Commu</li> <li>Fitbit device needed</li> </ul>	al health and wellness ents nity for Renew Active — no
		<ul> <li>classes, clubs and eve</li> <li>Online Fitbit® Commu</li> <li>Fitbit device needed</li> <li>Access to the AARP®</li> </ul>	al health and wellness ents nity for Renew Active — no Staying Sharp® App
	treatment <sup>2</sup>	classes, clubs and everage of the communication of	al health and wellness ents nity for Renew Active — no Staying Sharp® App 30% coinsurance 30% coinsurance, 4 visits per year*
(podiatry services)	treatment <sup>2</sup>	classes, clubs and everage of the community of the commun	al health and wellness ents nity for Renew Active — no Staying Sharp® App 30% coinsurance 30% coinsurance, 4 visits per year*
(podiatry services)  Meal benefit <sup>2</sup>	treatment <sup>2</sup>	classes, clubs and everage of the community of the commun	al health and wellness ents nity for Renew Active — no Staying Sharp® App 30% coinsurance 30% coinsurance, 4 visits per year*  vered meals immediately zation or skilled nursing 30% coinsurance ce care from any Medicareay have to pay part of the e care. Hospice is covered
(podiatry services)  Meal benefit <sup>2</sup> Home health care <sup>2</sup>	treatment <sup>2</sup>	classes, clubs and everage of the community of the commun	al health and wellness ents nity for Renew Active — no Staying Sharp® App 30% coinsurance 30% coinsurance, 4 visits per year*  vered meals immediately eation or skilled nursing 30% coinsurance as the care from any Medicareary have to pay part of the e care. Hospice is covered

Additional benefits			
		In-network	Out-of-network
Outpatient substance abuse	Outpatient group therapy visit <sup>2</sup>	Depending on your level of Medicaid eligibility, \$0 copay or 20% coinsurance	30% coinsurance
	Outpatient individual therapy visit <sup>2</sup>	Depending on your level of Medicaid eligibility, \$0 copay or 20% coinsurance	30% coinsurance
Food and Over-the-Counter (OTC) Credit		\$75 credit every month to pay for healthy food and OTC products in-store or online  Buy healthy foods like fruits and vegetables,	
		meat, seafood, dairy products and water  Choose from thousands of OTC products, like toothpaste, first aid, bladder control pads and more	
		□Shop at thousands of including Walmart, Wa or at neighborhood sto	algreens, Kroger and CVS,
Personal emergency response system		\$0 copay for a personal emergency response system (PERS). Help is only a button press away. A PERS device can quickly connect you to the help you need, 24 hours a day in any situation.	
Renal Dialysis <sup>2</sup>		Depending on your level of Medicaid eligibility, \$0 copay or 20% coinsurance	20% coinsurance

<sup>&</sup>lt;sup>2</sup> May require your provider to get prior authorization from the plan for in-network benefits.

# **Member discounts**



As a UnitedHealthcare Medicare Advantage plan member, you'll have access to an exclusive collection of discounts on hundreds of products and services. Once you're a member, you can sign in to your member site for a list of discounts available to you.

<sup>\*</sup>Benefits are combined in and out-of-network

# Plan deductible

Your plan has a deductible for certain services. The benefit information provided is a summary of what we cover and what you pay. It doesn't list every service that we cover or list every limitation or exclusion. The Evidence of Coverage (EOC) provides a complete list of services we cover.

The deductible applies to the following Medicare-covered benefit categories, unless otherwise specified.

## **Annual medical deductible**

Your deductible is the 2024 Original Medicare Part B deductible amount for covered medical services you receive from providers as described below. The 2023 Medicare deductible amount is \$226. The 2024 amount will be set by CMS in the fall of 2023. Our plan will provide updated rates as soon as they are released. Until you have paid the deductible amount, you must pay the full cost of your covered medical services.

## Here's how it works:

- 1. You pay your plan's deductible in full; then,
- 2. You pay your copay or coinsurance; finally,
- 3. Your plan pays the rest.

The deductible applies in and out-of-network to the following Medicare-covered benefit categories, unless otherwise specified:

In-network	Out-of-network	
List of applicable services	List of applicable services	
Outpatient hospital	Outpatient hospital	
<ul> <li>Ambulatory surgical center (ASC), excluding diagnostic colonoscopy</li> </ul>	☐ Ambulatory surgical center (ASC)	
	☐ Outpatient hospital, including surgery	
<ul> <li>Outpatient hospital, including surgery, excluding diagnostic colonoscopy</li> </ul>	☐ Outpatient hospital observation services	
☐ Outpatient hospital observation services		
Doctor visits	Doctor visits	
☐ Primary	☐ Primary	
□ Specialists	□ Specialists	
Diagnostic tests, lab and radiology services, and X-rays  □ Diagnostic radiology services (e.g. MRI), excluding diagnostic mammogram	Diagnostic tests, lab and radiology services, and X-rays  □ Diagnostic radiology services (e.g. MRI) □ Lab services	
<ul><li>□ Lab services</li><li>□ Diagnostic tests and procedures</li></ul>	<ul><li>□ Diagnostic tests and procedures</li><li>□ Therapeutic radiology</li></ul>	
<ul> <li>□ Diagnostic tests and procedures</li> <li>□ Therapeutic radiology</li> <li>□ Outpatient X-rays</li> </ul>	☐ Outpatient X-rays	
Hearing services	Hearing services	

<ul> <li>Exam to diagnose and treat hearing and balance issues</li> </ul>	<ul> <li>Exam to diagnose and treat hearing and balance issues</li> </ul>	
Vision services	Vision services	
<ul> <li>Exam to diagnose and treat diseases and conditions of the eye</li> </ul>	<ul> <li>Exam to diagnose and treat diseases and conditions of the eye</li> </ul>	
☐ Eyewear after cataract surgery	☐ Eyewear after cataract surgery	
Mental health  ☐ Outpatient group therapy visit ☐ Outpatient individual therapy visit	Mental health  ☐ Outpatient group therapy visit  ☐ Outpatient individual therapy visit	
Physical therapy and speech and language therapy visit	Physical therapy and speech and language therapy visit	
Ambulance	Ambulance	
Medicare Part B drugs  ☐ Chemotherapy drugs ☐ Other Part B drugs	Medicare Part B drugs  ☐ Chemotherapy drugs ☐ Other Part B drugs	
Chiropractic care  Manual manipulation of the spine to correct subluxation	Chiropractic care  ☐ Manual manipulation of the spine to correct subluxation	
Diabetes management  ☐ Diabetes monitoring supplies ☐ Therapeutic shoes or inserts	Diabetes management  ☐ Diabetes monitoring supplies ☐ Diabetes self-management training ☐ Therapeutic shoes or inserts	
Durable medical equipment (DME) and related supplies  Durable medical equipment (e.g. wheelchairs, oxygen) Prosthetics (e.g., braces, artificial limbs)	Durable medical equipment (DME) and related supplies  ☐ Durable medical equipment (e.g. wheelchairs, oxygen) ☐ Prosthetics (e.g., braces, artificial limbs)	
Foot care	Foot care	
☐ Foot exams and treatment	☐ Foot exams and treatment	
Occupational therapy visit	Occupational therapy visit	
Opioid treatment program services	Opioid treatment program services	
Outpatient substance abuse  Outpatient group therapy visit Outpatient individual therapy visit	Outpatient substance abuse  Outpatient group therapy visit Outpatient individual therapy visit	
Renal dialysis	Renal dialysis	
	Inpatient services  ☐ Inpatient hospital ☐ Inpatient mental health	
	Skilled nursing facility (SNF)	
	Home health care	

# About this plan

UHC Complete Care NM-001A (PPO C-SNP) is a Medicare Advantage PPO plan with a Medicare contract.

To join this plan, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, live within our service area listed below, and be a United States citizen or lawfully present in the United States.

UHC Complete Care NM-001A (PPO C-SNP) is a Chronic or Disabling Condition Special Needs Plan designed to specifically help people who have one or more of the following conditions: Cardiovascular Disorders, Chronic Heart Failure, and Diabetes.

Our service area includes these counties in:

**New Mexico:** Bernalillo, Los Alamos, Mora, Rio Arriba, San Miguel, Sandoval, Santa Fe, Torrance, Valencia.

# Use network providers and pharmacies

UHC Complete Care NM-001A (PPO C-SNP) has a network of doctors, hospitals, pharmacies and other providers. With this plan, you have the freedom to see any provider nationwide that accepts Medicare. Plus, you have the flexibility to access a network of local providers. You may pay a higher copay or coinsurance when you see an out-of-network provider. When looking at the charts above you'll see the cost differences for network vs. out-of-network care and services. If you use pharmacies that are not in our network, the plan may not pay for those drugs, or you may pay more than you pay at a network pharmacy.

You can go to **UHC.com/Medicare** to search for a network provider or pharmacy using the online directories. You can also view the plan Drug List (Formulary) to see what drugs are covered and if there are any restrictions.

# **Required Information**

UHC Complete Care NM-001A (PPO C-SNP) is insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract. Enrollment in the plan depends on the plan's contract renewal with Medicare.

Plans may offer supplemental benefits in addition to Part C benefits and Part D benefits.

If you want to know more about the coverage and costs of Original Medicare, look in your current "Medicare & You" handbook. View it online at www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

UnitedHealthcare does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities.

UnitedHealthcare provides free services to help you communicate with us such as documents in other languages, Braille, large print, audio, or you can ask for an interpreter. Please contact our Customer Service number at 1-866-579-8774 for additional information (TTY users should call 711). Hours are 8 a.m.-8 p.m.: 7 Days Oct-Mar; M-F Apr-Sept.

UnitedHealthcare ofrece servicios gratuitos para ayudarle a que se comunique con nosotros. Por ejemplo, documentos en otros idiomas, braille, letra grande, audio o bien, usted puede pedir un intérprete. Comuníquese con nuestro número de Servicio al Cliente al 1-866-579-8774, para obtener información adicional (los usuarios de TTY deben comunicarse al 711). Los horarios de atención son de 8 a.m. a 8 p.m.: los 7 días de la semana, de octubre a marzo; de lunes a viernes, de abril a septiembre.

Benefits, features, and/or devices vary by plan/area. Limitations, exclusions and/or network restrictions may apply.

#### Hearing aids

Other hearing exam providers are available in the UnitedHealthcare network. The plan only covers hearing aids from a UnitedHealthcare Hearing network provider. Provider network size may vary by local market. OTC hearing aid warranties, if available, will vary by device and are handled through the manufacturer. One-time professional fee may apply for prescription hearing aids.

#### **Routine dental benefits**

If your plan offers out-of-network dental coverage and you see an out-of-network dentist, you might be billed more. Provider network may vary in local market. Dental network size based on Zelis Network360, May 2023.

#### Routine eyewear

Additional charges may apply for out-of-network items and services. Provider and retail network may vary in local market. Vision network size based on Zelis Network360, March 2023. Annual routine eye exam and \$100-400 allowance for contacts or designer frames, with standard (single, bi-focal, tri-focal or standard progressive) lenses covered in full either annually or every two years. Savings based on comparison to retail. Other vision providers are available in our network.

### Fitness program

The Renew Active® Program varies by plan/area and may not be available on all plans. Participation in the Renew Active program is voluntary. Consult your doctor prior to beginning an exercise program or making changes to your lifestyle or health care routine. Renew Active includes standard fitness membership and other offerings. Fitness membership equipment, classes, personalized fitness plans, caregiver access and events may vary by location. Certain services, discounts, classes, events, and online fitness offerings are provided by affiliates of UnitedHealthcare Insurance Company or other third parties not affiliated with UnitedHealthcare. Participation in these third-party services are subject to your acceptance of their respective terms and policies. UnitedHealthcare is not responsible for the services or information provided by third parties. The information provided through these services is for informational purposes only and is not a substitute for the advice of a doctor.

Gym network may vary in local market and plan. Gym network size is based on comparison of competitor's website data as of May 2023.

AARP® Staying Sharp® is the registered trademark of AARP. Staying Sharp, including all content and features, is offered for informational purposes and to educate users on brain health care and medical issues that may affect their daily lives. Staying Sharp is based on a holistic, lifestyle approach to brain health that encourages users to incorporate into their daily lives activities that are associated with general wellness. Nothing in the service should be considered, or

used as a substitute for, medical advice, diagnosis, or treatment. Features including the Cognitive Assessment and Lifestyle Check-Ins, Additional Tests, exercises, and challenges assess performance at a particular moment in time on certain discrete cognitive tasks. Staying Sharp games are intended for entertainment and recreational purposes only. Various factors may affect performance, including sleep, tiredness, focus, and other social, environmental, or emotional factors. Performance is not indicative of cognitive health and not predictive of future performance or medical conditions.

#### Food and Over-the-Counter (OTC) Credit

Food and OTC benefits have expiration timeframes. Call your plan or review your Evidence of Coverage (EOC) for more information.

Out-of-network/non-contracted providers are under no obligation to treat UnitedHealthcare members, except in emergency situations. Please call our customer service number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services.

The Formulary, pharmacy network, and/or provider network may change at any time. You will receive notice when necessary.

OptumRx is an affiliate of UnitedHealthcare Insurance Company. You are not required to use OptumRx home delivery for a 100 day supply of your maintenance medication.

If you have not used OptumRx home delivery, you must approve the first prescription order sent directly from your doctor to OptumRx before it can be filled. New prescriptions from OptumRx should arrive within five business days from the date the completed order is received, and refill orders should arrive in about seven business days. Contact OptumRx anytime at 1-877-266-4832, TTY 711.

The Nurse Hotline service should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. The information provided through this service is for informational purposes only. The nurses cannot diagnose problems or recommend treatment and are not a substitute for your doctor's care. Your health information is kept confidential in accordance with the law. Access to this service is subject to terms of use.

Additional authorizations may be required to access discount programs. The discounts described are neither offered nor guaranteed under our contract with the Medicare program. In addition, they are not subject to the Medicare appeals process. Any disputes regarding these products and services may be subject to the UnitedHealthcare grievance process. Discount offerings may vary by plan and are not available on all plans. The discount offers are made available to members through a third party. Participation in these third-party services are subject to your acceptance of their respective terms and policies. UnitedHealthcare and its respective subsidiaries are not responsible for the services or information provided by third parties.

#### **Rewards Program**

Reward offerings may vary by plan and are not available in all plans. Reward program terms of service apply.