

## Summary of Benefits 2024

AARP<sup>®</sup> Medicare Advantage Patriot No Rx OR-MA01 (PPO) H2406-073-000

Look inside to learn more about the plan and the health services it covers. Call Customer Service or go online for more information about the plan.



Toll-free **1-844-723-6473**, TTY **711** 8 a.m.-8 p.m. local time, 7 days a week





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# **Summary of Benefits**

## January 1, 2024 - December 31, 2024

This is a summary of what we cover and what you pay. For a complete list of covered services, limitations and exclusions, review the Evidence of Coverage (EOC) at **myAARPMedicare.com** or call Customer Service for help. After you enroll in the plan, you will get more information on how to view your plan details online.

## AARP® Medicare Advantage Patriot No Rx OR-MA01 (PPO)

Medical premium, deductible and limits			
	In-network	Out-of-network	
Monthly plan premium	\$0 You need to continue to p premium	ay your Medicare Part B	
Part B premium reduction	Up to \$110		
Annual medical deductible	This plan does not have a medical deductible.		
Maximum out-of-pocket amount	\$6,300 \$9,550		
	This is the most you will pay out-of-pocket each year for Medicare- covered services and supplies received from network providers.	This is the most you will pay out-of-pocket each year for Medicare- covered services and supplies received from any provider.	

Medical benefits				
		In-network	Out-of-network	
Inpatient hospital care <sup>2</sup> Our plan covers an unlimited number of days for an inpatient hospital stay.		\$425 copay per day: days 1-5 \$0 copay per day: days 6 and beyond	\$525 copay per day: for days 1-19 \$0 copay per day: for days 20 and beyond	
Outpatient hospital Cost-sharing for additional plan	Ambulatory surgical center (ASC) <sup>2</sup>	\$0 copay for a colonoscopy \$400 copay otherwise	30% coinsurance	
covered services will apply.	Outpatient hospital, including surgery <sup>2</sup>	\$0 copay for a colonoscopy \$400 copay otherwise	30% coinsurance	
	Outpatient hospital observation services <sup>2</sup>	\$400 copay	30% coinsurance	
Doctor visits	Primary care provider	\$0 сорау	\$25 copay	
	Specialists <sup>2</sup>	\$50 copay	\$70 copay	
	Virtual medical visits	\$0 copay to talk with a network telehealth provid online through live audio and video		
Preventive services	Routine physical	\$0 copay, 1 per year*	30% coinsurance, 1 per year*	
	Medicare-covered	\$0 сорау	\$0 copay - 30% coinsurance (depending on the service)	
	<ul> <li>Abdominal aori screening</li> <li>Alcohol misuse</li> <li>Annual wellnes</li> <li>Bone mass me</li> <li>Breast cancer s (mammogram)</li> <li>Cardiovascular (behavioral the</li> <li>Cardiovascular</li> </ul>	scree e counseling s visit (color asurement test, f screening Depre Diabe disease monit rapy) Hepa	ectal cancer screenings noscopy, fecal occult blood lexible sigmoidoscopy) ession screening etes screenings and	

**Medical benefits** 

Medical benefits			
		In-network	Out-of-network
	computed tomography (LDCT)screenings and counsescreeningTobacco use cessationMedical nutrition therapycounseling (counselingservicespeople with no sign of tMedicare Diabetes Preventionrelated disease)Program (MDPP)Vaccines, including thoObesity screenings andflu, Hepatitis B, pneumecounselingCOVID-19Prostate cancer screenings"Welcome to Medicare"		counseling (counseling for beople with no sign of tobacco- elated disease) /accines, including those for the lu, Hepatitis B, pneumonia, or COVID-19 Welcome to Medicare" breventive visit (one-time)
Emergency care		the United States) per hospital within 24 hou hospital copay instead	y for emergency care outside visit. If you are admitted to the irs, you pay the inpatient d of the Emergency Care copay. spital Care" section of this s.
Urgently needed se	ervices	\$40 copay (\$0 copay for urgently needed services outside the United States) per visit	
Diagnostic tests, lab and radiology services, and X- rays	Diagnostic radiology services (e.g. MRI, CT scan) <sup>2</sup>	\$0 copay for each diagnostic mammogra \$250 copay otherwise	
	Lab services <sup>2</sup>	\$0 copay	\$0 copay
	Diagnostic tests and procedures <sup>2</sup>	\$45 copay	30% coinsurance
	Therapeutic radiology <sup>2</sup>	\$60 copay	30% coinsurance
	Outpatient X-rays <sup>2</sup>	\$25 copay	\$30 copay

Medical benefits				
		In-network	Out-of-network	
Hearing services	Exam to diagnose and treat hearing and balance issues <sup>2</sup>	\$0 сорау	\$70 copay	
	Routine hearing exam	\$0 copay, 1 per year*	\$70 copay, 1 per year*	
	Hearing aids <sup>2</sup>	Copays from \$99 to \$1,249 for a broad selection of OTC and brand-name hearing aids*		
		hearing professionals locations • Broad range of popula Beltone™, Oticon, Pho Starkey®, Unitron™ an • 3-year manufacturer wa	r hearing aids including onak, ReSound, Signia, id Widex <sup>®</sup> arranty on all prescription trial period and damage or	
Routine dental benefits	Preventive and comprehensive <sup>2</sup>			
		□ If you choose to see a	n out-of-network dentist you even for services listed as	

Medical benefits			
		In-network	Out-of-network
<b>E</b> FP Toz <b>Services</b>	Exam to diagnose and treat diseases and conditions of the eye <sup>2</sup>	\$0 сорау	\$70 copay
	Eyewear after cataract surgery	\$0 сорау	30% coinsurance
	Routine eye exam	\$0 copay, 1 per year*	\$70 copay, 1 per year*
	Routine eyewear	<ul> <li>ar \$300 allowance for frames or contacts*</li> <li>Access to one of Medicare Advantage's la national networks of vision provider and renetwork</li> <li>Free standard prescription lenses includin single vision, bifocals, trifocals and Tier I (standard) progressives—all with scratch-recoating</li> <li>Savings when upgrading lenses including UV/anti-reflective coating and polycarbona lenses</li> <li>Eyewear available from many online providing Warby Parker, GlassesUSA and Saving Warby Parker, GlassesUSA and Saving Warby Parker, GlassesUSA</li> </ul>	
Mental health	Inpatient visit <sup>2</sup> Our plan covers 90 days for an inpatient hospital stay	\$425 copay per day: days 1-5 \$0 copay per day: days 6-90	\$525 copay per day: days 1-19 \$0 copay per day: days 20-90
	Outpatient group therapy visit <sup>2</sup>	\$15 copay	\$30 copay
	Outpatient individual therapy visit <sup>2</sup>	\$25 copay	\$40 copay
	Virtual mental health visits	\$0 copay to talk with a network telehealth provider online through live audio and video	
Skilled nursing facility (SNF) <sup>2</sup>		\$0 copay per day: days 1-20	\$225 copay per day: days 1-43
Our plan covers up to 100 days in a SNF.		\$203 copay per day: days 21-100	\$0 copay per day: days 44-100

Medical benefits			
		In-network	Out-of-network
Outpatient rehabilitation services	Physical therapy and speech and language therapy visit <sup>2</sup>	\$25 copay	\$70 copay
	Occupational Therapy Visit <sup>2</sup>	\$25 copay	\$70 copay
	Virtual medical visits	\$0 copay to talk with a network telehealth provider online through live audio and video	
Ambulance <sup>2</sup>		\$290 copay for ground \$290 copay for air	\$290 copay for ground \$290 copay for air
Your provider must obtain prior authorization for non-emergency transportation.			
Routine transporta	tion	Not covered	
Medicare Part B prescription	Chemotherapy drugs <sup>2</sup>	20% coinsurance	30% coinsurance
<b>drugs</b> In-network cost sharing shown is	Part B covered insulin <sup>2</sup>	20% coinsurance, up to \$35	30% coinsurance
the maximum you will pay for Part B prescription	Other Part B drugs <sup>2</sup>	\$0 copay for allergy antigens	\$0 copay for allergy antigens 30% coinsurance for all
drugs. You may pay less for certain drugs.	Part B drugs may be subject to Step Therapy. See your Evidence of Coverage for details.	20% coinsurance for all others	others

Additional benefits				
		In-network	Out-of-network	
Chiropractic care	Medicare-covered chiropractic care (manual manipulation of the spine to correct subluxation) <sup>2</sup>	\$15 copay	\$70 copay	
Diabetes management	Diabetes monitoring supplies <sup>2</sup>	<ul> <li>\$0 copay</li> <li>We only cover Accu- Chek® and OneTouch® brands.</li> <li>Covered glucose monitors include: OneTouch Verio Flex®, OneTouch Verio Flex®, OneTouch Verio Reflect®, OneTouch® Verio, OneTouch® Ultra 2, Accu-Chek® Guide Me, and Accu-Chek® Guide.</li> <li>Test strips: OneTouch Verio®, OneTouch Ultra®, Accu-Chek® Guide, Accu-Chek® Guide, Accu-Chek® Aviva Plus, and Accu-Chek® SmartView.</li> <li>Other brands are not covered by your plan.</li> </ul>	50% coinsurance	
	Diabetes self- management training	\$0 copay	30% coinsurance	
	Therapeutic shoes or inserts <sup>2</sup>	20% coinsurance	50% coinsurance	

Additional benefits				
		In-network	Out-of-network	
Durable medical equipment (DME) and related	DME (e.g., wheelchairs, oxygen) <sup>2</sup>	20% coinsurance	50% coinsurance	
supplies	Prosthetics (e.g., braces, artificial limbs) <sup>2</sup>	20% coinsurance	50% coinsurance	
Fitness program		<ul> <li>\$0 copay for Renew Active<sup>®</sup></li> <li>A free gym membership at a gym near you</li> <li>Access to the largest national network of gyms and fitness locations</li> <li>Access to many premium gyms and fitness locations</li> <li>An annual personalized fitness plan</li> <li>Members who need help can bring a workout assistant to the gym</li> <li>Access to thousands of on-demand workout videos and live streaming fitness classes</li> <li>Social activities at local health and wellness classes, clubs and events</li> <li>Online Fitbit<sup>®</sup> Community for Renew Active – no Fitbit device needed</li> <li>Access to the AARP<sup>®</sup> Staying Sharp<sup>®</sup> App</li> </ul>		
Foot care (podiatry	Foot exams and treatment <sup>2</sup>	\$50 copay	\$70 copay	
services)	Routine foot care	\$50 copay, 6 visits per year*	\$70 copay, 6 visits per year*	
Meal benefit <sup>2</sup>		\$0 copay for 28 home-deli after an inpatient hospitali facility (SNF) stay.		
Home health care <sup>2</sup>		\$0 copay	50% coinsurance	
Hospice		You pay nothing for hospice care from any Medicare- approved hospice. You may have to pay part of the costs for drugs and respite care. Hospice is covered by Original Medicare, outside of our plan.		
Nurse Hotline		Speak with a registered nurse (RN) 24 hours a day, 7 days a week		
Opioid treatment program services <sup>2</sup>		\$0 copay	\$0 copay	

Additional benefits				
		In-network	Out-of-network	
Outpatient substance abuse	Outpatient group therapy visit <sup>2</sup>	\$15 copay	\$30 copay	
	Outpatient individual therapy visit <sup>2</sup>	\$25 copay	\$40 copay	
Over-the-Counter (OTC) Credit		\$70 credit every quarter for OTC products like pain relievers, cold remedies and vitamins in-store or online		
		Choose from thousands of brand name and generic OTC products like vitamins, pain relievers, toothpaste and more		
	Shop at thousands of participating stores, including Walmart, Walgreens, Kroger and C or at neighborhood stores near you		, Walgreens, Kroger and CVS,	
Renal Dialysis <sup>2</sup>		20% coinsurance	20% coinsurance	

<sup>2</sup> May require your provider to get prior authorization from the plan for in-network benefits.

\*Benefits are combined in and out-of-network

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As a UnitedHealthcare Medicare Advantage plan member, you'll have access to an exclusive collection of discounts on hundreds of products and services. Once you're a member, you can sign in to your member site for a list of discounts available to you.

## About this plan

AARP<sup>®</sup> Medicare Advantage Patriot No Rx OR-MA01 (PPO) is a Medicare Advantage PPO plan with a Medicare contract.

To join this plan, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, live within our service area listed below, and be a United States citizen or lawfully present in the United States.

Our service area includes these counties in:

**Oregon:** Benton, Clackamas, Columbia, Jackson, Josephine, Lane, Linn, Marion, Multnomah, Polk, Washington, Yamhill.

### **Use network providers**

AARP<sup>®</sup> Medicare Advantage Patriot No Rx OR-MA01 (PPO) has a network of doctors, hospitals, and other providers. With this plan, you have the freedom to enjoy nationwide access to care at innetwork costs when you visit any provider participating in the UnitedHealthcare<sup>®</sup> Medicare National Network (exclusions may apply). Plus, you have the flexibility to visit any provider nationwide who accepts Medicare. You may pay a higher copay or coinsurance when you see an out-of-network provider. When looking at the charts above you'll see the cost differences for network vs. out-of-network care and services.

You can go to **AARPMedicarePlans.com** to search for a network provider using the online directory.

## **Required Information**

AARP<sup>®</sup> Medicare Advantage Patriot No Rx OR-MA01 (PPO) is insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract. Enrollment in the plan depends on the plan's contract renewal with Medicare. UnitedHealthcare Insurance Company pays royalty fees to AARP for the use of its intellectual property. These fees are used for the general purposes of AARP. You do not need to be an AARP member to enroll in a Medicare Advantage or Prescription Drug Plan. AARP and its affiliates are not insurers. AARP encourages you to consider your needs when selecting products and does not make specific product recommendations for individuals.

Plans may offer supplemental benefits in addition to Part C benefits.

If you want to know more about the coverage and costs of Original Medicare, look in your current "Medicare & You" handbook. View it online at www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

UnitedHealthcare does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities.

UnitedHealthcare provides free services to help you communicate with us such as documents in other languages, Braille, large print, audio, or you can ask for an interpreter. Please contact our Customer Service number at 1-877-370-3249 for additional information (TTY users should call 711). Hours are 8 a.m.-8 p.m.: 7 Days Oct-Mar; M-F Apr-Sept.

UnitedHealthcare ofrece servicios gratuitos para ayudarle a que se comunique con nosotros. Por ejemplo, documentos en otros idiomas, braille, letra grande, audio o bien, usted puede pedir un intérprete. Comuníquese con nuestro número de Servicio al Cliente al 1-877-370-3249, para obtener información adicional (los usuarios de TTY deben comunicarse al 711). Los horarios de atención son de 8 a.m. a 8 p.m.: los 7 días de la semana, de octubre a marzo; de lunes a viernes, de abril a septiembre.

Benefits, features, and/or devices vary by plan/area. Limitations, exclusions and/or network restrictions may apply.

#### Hearing aids

Other hearing exam providers are available in the UnitedHealthcare network. The plan only covers hearing aids from a UnitedHealthcare Hearing network provider. Provider network size may vary by local market. OTC hearing aid warranties, if available, will vary by device and are handled through the manufacturer. One-time professional fee may apply for prescription hearing aids.

#### **Routine dental benefits**

If your plan offers out-of-network dental coverage and you see an out-of-network dentist, you might be billed more. Provider network may vary in local market. Dental network size based on Zelis Network360, May 2023.

#### Routine eyewear

Additional charges may apply for out-of-network items and services. Provider and retail network may vary in local market. Vision network size based on Zelis Network360, March 2023. Annual routine eye exam and \$100-400 allowance for contacts or designer frames, with standard (single, bi-focal, tri-focal or standard progressive) lenses covered in full either annually or every two years. Savings based on comparison to retail. Other vision providers are available in our network.

#### Fitness program

The Renew Active® Program varies by plan/area and may not be available on all plans. Participation in the Renew Active program is voluntary. Consult your doctor prior to beginning an exercise program or making changes to your lifestyle or health care routine. Renew Active includes standard fitness membership and other offerings. Fitness membership equipment, classes, personalized fitness plans, caregiver access and events may vary by location. Certain services, discounts, classes, events, and online fitness offerings are provided by affiliates of UnitedHealthcare Insurance Company or other third parties not affiliated with UnitedHealthcare. Participation in these third-party services are subject to your acceptance of their respective terms and policies. UnitedHealthcare is not responsible for the services or information provided by third parties. The information provided through these services is for informational purposes only and is not a substitute for the advice of a doctor.

Gym network may vary in local market and plan. Gym network size is based on comparison of competitor's website data as of May 2023.

AARP<sup>®</sup> Staying Sharp<sup>®</sup> is the registered trademark of AARP. Staying Sharp, including all content and features, is offered for informational purposes and to educate users on brain health care and medical issues that may affect their daily lives. Staying Sharp is based on a holistic, lifestyle approach to brain health that encourages users to incorporate into their daily lives activities that are associated with general wellness. Nothing in the service should be considered, or used as a substitute for, medical advice, diagnosis, or treatment. Features including the Cognitive Assessment and Lifestyle Check-Ins, Additional Tests, exercises, and challenges assess performance at a particular moment in time on certain discrete cognitive tasks. Staying Sharp games are intended for entertainment and recreational purposes only. Various factors may affect performance, including sleep, tiredness, focus, and other social, environmental, or emotional factors. Performance is not indicative of cognitive health and not predictive of future performance or medical conditions.

#### **Over-the-Counter (OTC) Credit**

OTC benefits have expiration timeframes. Call your plan or review your Evidence of Coverage (EOC) for more information.

Out-of-network/non-contracted providers are under no obligation to treat UnitedHealthcare members, except in emergency situations. Please call our customer service number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services.

The provider network may change at any time. You will receive notice when necessary.

The Nurse Hotline service should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. The information provided through this service is for informational purposes only. The nurses cannot diagnose problems or recommend treatment and are not a substitute for your doctor's care. Your health information is kept confidential in accordance with the law. Access to this service is subject to terms of use.

Additional authorizations may be required to access discount programs. The discounts described are neither offered nor guaranteed under our contract with the Medicare program. In addition, they are not subject to the Medicare appeals process. Any disputes regarding these products and services may be subject to the UnitedHealthcare grievance process. Discount offerings may vary by plan and are not available on all plans. The discount offers are made available to members through a third party. Participation in these third-party services are subject to your acceptance of their respective terms and policies. UnitedHealthcare and its respective subsidiaries are not responsible for the services or information provided by third parties.

#### **Rewards Program**

Reward offerings may vary by plan and are not available in all plans. Reward program terms of service apply.