Summary of Benefits

Optional Supplemental Benefits

Humana Gold Plus H6622-063 (HMO)

Northern New Jersey Select Counties in New Jersey

Our service area includes the following county/counties in New Jersey: Bergen, Essex, Hudson, Hunterdon, Middlesex, Monmouth, Morris, Ocean, Passaic, Somerset, Sussex, Union, Warren.

Pre-Enrollment Checklist

Before making an enrollment decision, it is important that you fully understand our benefits and rules. If you have any questions, you can call and speak to a customer service representative at **1-800-833-2364 (TTY: 711)**.

Unde	rstanding the Benefits
	The Evidence of Coverage (EOC) provides a complete list of all coverage and services. It is important to review plan coverage, costs and benefits before you enroll. Visit Humana.com/medicare or call 1-800-833-2364 (TTY: 711) to view a copy of the EOC.
	Review the provider directory (or ask your doctor) to make sure the doctors you see now are in the network. If they are not listed, it means you will likely have to select a new doctor.
	Review the pharmacy directory to make sure the pharmacy you use for any prescription medicines is in the network. If the pharmacy is not listed, you will likely have to select a new pharmacy for your prescriptions.
	Review the formulary to make sure your drugs are covered.
Unde	rstanding Important Rules
	You must continue to pay your Medicare Part B premium. This premium is normally taken out of your Social Security check each month.
	Benefits, premiums and/or copayments/co-insurance may change on January 1, 2025.
	Effect on Current Coverage. If you are currently enrolled in a Medicare Advantage plan, your current Medicare Advantage healthcare coverage will end once your new Medicare Advantage coverage starts. If you have Tricare, your coverage may be affected once your new Medicare Advantage coverage starts. Please contact Tricare for more information. If you have a Medigap plan, once your Medicare Advantage coverage starts, you may want to drop your Medigap policy because you will be paying for coverage you cannot use.
	Except in emergency or urgent situations, we do not cover services by out-of-network providers (doctors who are not listed in the provider directory).



Let's talk about Humana Gold Plus H6622-063 (HMO)

Find out more about the Humana Gold Plus H6622-063 (HMO) plan - including the health and drug services it covers - in this easy-to-use guide.

Humana Gold Plus H6622-063 (HMO) is a Medicare Advantage HMO plan with a Medicare contract. Enrollment in this Humana plan depends on contract renewal.

The benefit information provided is a summary of what we cover and what you pay. It doesn't list every service that we cover or list every limitation or exclusion. For a complete list of services we cover, please refer to the plan's Evidence of Coverage on our website, **Humana.com/plandocuments**.

To be eligible

To join Humana Gold Plus H6622-063 (HMO), you must be entitled to Medicare Part A, be enrolled in Medicare Part B and live in our service area.

Plan name:

Humana Gold Plus H6622-063 (HMO)

How to reach us:

If you're a member of this plan, call toll-free: **1-800-457-4708 (TTY: 711)**.

If you're **not** a member of this plan, call toll free: **1-800-833-2364 (TTY: 711)**.

October 1 - March 31:

Call 7 days a week from 8 a.m. - 8 p.m.

April 1 - September 30:

Call Monday - Friday, 8 a.m. - 8 p.m.

Or visit our website:

Humana.com/medicare

More about Humana Gold Plus H6622-063 (HMO)

Do you have Medicare and Medicaid? If you are a dual-eligible beneficiary enrolled in both Medicare and your state Medicaid program, you may not have to pay the medical costs displayed in this booklet and your prescription drug costs may be lower, too.

If you have Medicaid, be sure to show your Medicaid ID card in addition to your Humana membership card to make your provider aware that you may have additional coverage. Your services are paid first by Humana and then by Medicaid.

As a member you must select an in-network doctor in your service area listed in this document to act as your Primary Care Provider (PCP). Humana Gold Plus H6622-063 (HMO) has a network of doctors, hospitals, pharmacies and other providers. If you use providers who aren't in our network, the plan may not pay for these services.



A healthy partnership

Get more from your plan — with extra services and resources provided by Humana!



Monthly Premium, Deductible and Limits

Monthly Plan Premium	\$0 You must keep paying your Medicare Part B premium.
Medical deductible	This plan does not have a deductible.
Pharmacy (Part D) deductible	\$0 deductible on Tier 1, Tier 2 and Tier 3 \$225 for Tier 4, Tier 5
Maximum out-of-pocket responsibility	\$8,850 in-network The most you pay for copays, coinsurance and other costs for covered medical services for the year.

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Covered Medical and Hospital Benefits

INPATIENT HOSPITAL CARE

Your plan covers an unlimited number of days for an inpatient stay

\$360 copay per day for days 1-7
\$0 copay per day for days 8-90

OUTPATIENT HOSPITAL COVERAGE

Services listed below may also be covered at other places of treatment. Please refer to specific services listed in this document for additional information.

Advanced imaging services (MRI, MRA, PET and CT	\$300 copay
scan)	

Scully	
Basic radiological services (X-rays)	\$125 copay
Cardiac rehabilitation services	\$25 copay
Chemotherapy drugs	20% of the cost
Diagnostic colonoscopy	\$320 copay
Diagnostic mammography	\$90 copay
Diagnostic procedures and tests - other	\$80 copay
Lab services	\$30 copay
Medicare Part B covered drugs	20% of the cost
Mental health services	\$100 copay
Nuclear medicine services	\$320 copay
Occupational therapy	\$20 copay

You do not need a referral to receive covered services from plan providers. Certain procedures, services and drugs may need advance approval from your plan. This is called a "prior authorization" or "preauthorization." Please contact your PCP or refer to the Evidence of Coverage (EOC) for services that require a prior authorization from the plan.

Covered Medical and Hospital Benefits (cont.)				
Opioid treatment program services	\$100 copay			
Physical therapy	\$20 copay			
Pulmonary rehabilitation services	\$15 copay			
Renal dialysis services	20% of the cost			
Sleep study (facility based)	\$80 copay			
Speech therapy	\$20 copay			
Substance abuse services	\$100 copay			
Supervised Exercise Therapy (SET) for Peripheral Artery Disease (PAD)	\$20 copay			
Surgery services	\$320 copay			
Therapeutic radiology (Radiation therapy)	20% of the cost			
Wound care	\$20 copay			
AMBULATORY SURGERY CENTER				
Diagnostic colonoscopy	\$270 copay			
Surgery services	\$270 copay			
DOCTOR OFFICE VISITS				
Primary care provider (PCP)	\$0 copay			
Specialist	\$20 copay			

You do not need a referral to receive covered services from plan providers. Certain procedures, services and drugs may need advance approval from your plan. This is called a "prior authorization" or "preauthorization." Please contact your PCP or refer to the Evidence of Coverage (EOC) for services that require a prior authorization from the plan.



PREVENTIVE CARE

Our plan covers many preventive services at no cost when you see an in-network provider including:

- Abdominal aortic aneurysm screening
- Alcohol misuse screening & counseling
- Annual Wellness Visit (AWV)
- Bone mass measurement
- Breast cancer screening (mammogram)
- · Cardiovascular disease risk reduction visit
- Cardiovascular disease screening
- Cervical and vaginal cancer screening
- Colorectal cancer screening
- · Depression screening
- Diabetes screening
- · Diabetes self-management training
- Glaucoma screening
- HIV screening
- Immunizations
- · Lung cancer screening
- Medical nutrition therapy
- Medicare Diabetes Prevention Program (MDPP)
- Obesity screening and therapy
- Prostate cancer screening exams
- Routine physical exam
- Sexually transmitted infections (STIs) screening and counseling
- Smoking and tobacco use cessation (counseling to stop smoking or tobacco use)
- "Welcome to Medicare" preventive visit Any additional preventive services approved by Medicare during the contract year will be covered.

EMERGENCY CARE

Emergency services at emergency room

\$100 copay

If you are admitted to the hospital within 24 hours, you do not have to pay your share of the cost for the emergency care.

Physician and professional services at emergency room

\$0 copay

URGENTLY NEEDED SERVICES

\$55 copay at an urgent care center Urgently needed services are provided to treat a non-emergency, unforeseen medical illness, injury or condition that requires immediate medical attention.

You do not need a referral to receive covered services from plan providers. Certain procedures, services and drugs may need advance approval from your plan. This is called a "prior authorization" or "preauthorization." Please contact your PCP or refer to the Evidence of Coverage (EOC) for services that require a prior authorization from the plan.



DIAGNOSTIC SERVICES, LABS & IMAGING

Advanced imaging services (MRI, MRA, PET and CT scan)	 Freestanding radiological facility: \$200 copay Primary care physician's office: \$200 copay Specialist's office: \$200 copay
Basic radiological services (X-rays)	 Freestanding radiological facility: \$50 copay Primary care physician's office: \$0 copay Specialist's office: \$20 copay Urgent care center: \$55 copay
Diagnostic colonoscopy	Ambulatory surgery center: \$270 copay
Diagnostic mammography	 Freestanding radiological facility: \$20 copay Specialist's office: \$20 copay
Diagnostic procedures and tests	 Primary care physician's office: \$0 copay Specialist's office: \$20 copay Urgent care center: \$55 copay
Lab services	 Freestanding laboratory: \$0 copay Primary care physician's office: \$0 copay Specialist's office: \$0 copay Urgent care center: \$55 copay
Nuclear medicine and services	Freestanding radiological facility: \$100 copay
Sleep study	 Member's home: \$0 copay Specialist's office: \$20 copay
Therapeutic radiology (Radiation therapy)	 Freestanding radiological facility: 20% of the cost Specialist's office: 20% of the cost

You do not need a referral to receive covered services from plan providers. Certain procedures, services and drugs may need advance approval from your plan. This is called a "prior authorization" or "preauthorization." Please contact your PCP or refer to the Evidence of Coverage (EOC) for services that require a prior authorization from the plan.



HEARING SERVICES

Madianus savarad hamina	Ana
Medicare-covered hearing	\$20 copay
Mandatory supplemental hearing benefit	In-Network:
	HER937
	 \$0 copay for routine hearing exams up to 1 per year.
	 \$699 copay for each Advanced level hearing aid up to 1 per ear per year.
	• \$999 copay for each Premium level hearing aid up to 1 per ear per year.
	Hearing aid purchase includes:
	 Unlimited follow-up provider visits during first year
	following TruHearing hearing aid purchase
	 60-day trial period
	 3-year extended warranty
	 80 batteries per aid for non-rechargeable models
	 Rechargeable style options available for an
	additional \$50 per aid.
	You must see a TruHearing provider to use this

DENTAL SERVICES

Medicare-covered dental	\$20 copc
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Mandatory supplemental dental benefit

The cost-share indicated below is what you pay for the covered service.

benefit. Call 1-844-255-7144 to schedule an

appointment (for TTY, dial 711).

In-Network:

DEN330

- **0%** of the cost for comprehensive oral evaluation or periodontal exam up to 1 every 3 years.
- **0%** of the cost for panoramic film or diagnostic x-rays up to 1 every 5 years.
- **0%** of the cost for bitewing x-rays, intraoral x-rays up to 1 set(s) per year.
- **0%** of the cost for emergency diagnostic exam up to 1 per year.
- **0%** of the cost for fluoride treatment, periodic oral exam, prophylaxis (cleaning) up to 2 per year.
- **0%** of the cost for periodontal maintenance up to 4 per year.
- **0%** of the cost for necessary anesthesia with covered service up to unlimited per year.

You do not need a referral to receive covered services from plan providers. Certain procedures, services and drugs may need advance approval from your plan. This is called a "prior authorization" or "preauthorization." Please contact your PCP or refer to the Evidence of Coverage (EOC) for services that require a prior authorization from the plan.



- **\$25** copay for scaling and root planing (deep cleaning) up to 1 per quadrant every 3 years.
- \$25 copay for scaling for moderate inflammation up to 1 every 3 years.
- \$25 copay per tooth for amalgam and/or composite filling up to unlimited per year.
- **\$2,000** maximum benefit coverage amount per year for preventive and comprehensive benefits.

Limitations and exclusions may apply. Submitted claims are subject to a review process which may include a clinical review and dental history to approve coverage. Dental benefits under this plan may not cover all ADA procedure codes. Any services received that are not listed will not be covered by the plan and will be the member's responsibility. The member is responsible for any amount above the dental coverage limit. Benefits are offered on a calendar year basis. Any amount unused at the end of the year will expire. Information regarding each plan is available at **Humana.com/sb**.

In-network dentists have agreed to provide covered services at contracted rates (per the in-network fee schedules, or INFS). If a member visits a participating network dentist, the member cannot be billed for charges that exceed the negotiated fee schedule (but coinsurance payment still applies).

The Mandatory Supplemental Dental benefits are provided through the Humana Dental Medicare Network. The provider locator can be found at **Humana.com** > Find a doctor > Select the Dentist icon from the menu > Enter Zip code > From the Distance drop down select the preferred distance > From the look up method select All Dental Networks > Then select HumanaDental Medicare.

Additional dental benefits are available with a separate monthly premium. Please see the "Optional Supplemental Benefits" page for details.

VISION SERVICES	
Eyewear (post cataract surgery)	\$0 copay
Medicare-covered diabetic eye exam	\$0 copay

You do not need a referral to receive covered services from plan providers. Certain procedures, services and drugs may need advance approval from your plan. This is called a "prior authorization" or "preauthorization." Please contact your PCP or refer to the Evidence of Coverage (EOC) for services that require a prior authorization from the plan.

Covered Medical and Hospital Benefits (cont.) Medicare-covered vision services **\$20** copay

The provider location for Medicare-covered vision can be found at **Humana.com** > Find a Doctor > select the Medical icon > enter Zip Code > select look up Method > Medicare or Medicare-Medicaid > select your plan Network > select Search Category > Specialty Physician.

Mandatory supplemental vision benefit

In-Network:

VIS693

- **\$0** copay for routine exam up to 1 per year.
- \$150 maximum benefit coverage amount per year for contact lenses or eyeglasses-lenses and frames, fitting for eyeglasses-lenses and frames.
- \$200 maximum benefit coverage amount per year at PLUS Provider for contact lenses or eyeglasses-lenses and frames, fitting for eyeglasses-lenses and frames.
- Eyeglass lens options may be available with the maximum benefit coverage amount up to 1 pair per year.
- Maximum benefit coverage amount is limited to one time use per year.
- Maximum benefit coverage amounts cannot be combined.

PLUS providers are part of the **Humana Medicare Insight Network** and are indicated in the provider locator search results.

The provider locator for the Humana Medicare Insight Network for Mandatory supplemental benefit vision can be found at **Humana.com** > Find a Doctor > select the Vision Care icon > select Medicare > select Medicare Advantage.

MENTAL HEALTH SERVICES

Inpatient

Your plan covers up to 190 days in a lifetime for inpatient mental health care in a psychiatric hospital

\$275 copay per day for days 1-7 **\$0** copay per day for days 8-90

Therapy visits

- Partial hospitalization: \$55 copay
- Specialist's office: **\$20** copay

You do not need a referral to receive covered services from plan providers. Certain procedures, services and drugs may need advance approval from your plan. This is called a "prior authorization" or "preauthorization." Please contact your PCP or refer to the Evidence of Coverage (EOC) for services that require a prior authorization from the plan.

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Covered Medical and Hospital	Benefits (cont.)		
SKILLED NURSING FACILITY (SNF)			
Your plan covers up to 100 days in a SNF \$0 copay per day for days 1-20 \$203 copay per day for days 21-100			
PHYSICAL THERAPY			
Comprehensive outpatient rehab facility	\$20 copay		
Specialist's office	\$20 copay		
AMBULANCE			
	\$300 copay per date of service		
TRANSPORTATION			
	Not covered		
MEDICARE PART B DRUGS			
Allergy shots and serum	 Primary care physician's office: \$0 copay Specialist's office: \$0 copay 		
Chemotherapy drugs	Specialist's office: 20% of the cost		
Other Part B drugs Some rebatable Part B drugs may be subject to a lower coinsurance. You pay no more than \$35 for a one-month (up to 30-day) supply for all Part B insulin covered by our plan, and if your plan has a deductible it does not apply to Part B insulin.	 Pharmacy: 20% of the cost Primary care physician's office: 20% of the cost Specialist's office: 20% of the cost 		

You do not need a referral to receive covered services from plan providers. Certain procedures, services and drugs may need advance approval from your plan. This is called a "prior authorization" or "preauthorization." Please contact your PCP or refer to the Evidence of Coverage (EOC) for services that require a prior authorization from the plan.

Prescription Drug Benefi	ts
PLAN HIGHLIGHTS	
\$0 copays	\$0 copays at select pharmacy locations and tiers. Additional details below.
Deductible	\$0 deductible on Tier 1, Tier 2 and Tier 3
Insulin costs	You won't pay more than \$35 for a one-month (up to 30-day) supply of each insulin product covered by your plan
Additional gap coverage	Additional gap coverage for the following: Tier 1 drugs Tier 2 drugs Insulin
Excluded drug coverage	Additional drug coverage for the following: Erectile dysfunction (ED) drugs Anti-Obesity drugs Prescription Vitamins
\$0 vaccines	\$0 copay for adult Part D covered vaccines recommended by the Advisory Committee on Immunization Practices (ACIP)

DEDUCTIBLE

\$0 deductible for Tier 1, Tier 2 and Tier 3. This plan has a **\$225** deductible for Tier 4, Tier 5 drugs. You pay the full cost of these drugs until you reach **\$225**. Then, you only pay your cost-share.

INITIAL COVERAGE

You pay the following until your total yearly drug costs for covered drugs reach **\$5,030**. Total yearly drug costs are the total drug costs paid by both you and our plan. Once you reach this amount, you will enter the Coverage Gap.

Pharmacy Cost-Sharing						
	Retail Cost-Sharing Includes all in-network retail pharmacies		Standard Mail-Order Cost-Sharing		Preferred Mail-Order Cost-Sharing CenterWell Pharmacy™	
Day supply	30-day	90-day*	30-day	90-day*	30-day	90-day*
Tier 1: Preferred Generic	\$0	\$0	\$10	\$30	\$0	\$0
Tier 2: Generic	\$5	\$15	\$20	\$60	\$5	\$0
Tier 3: Preferred Brand	\$47	\$141	\$47	\$141	\$47	\$131
Tier 4: Non-Preferred Drug	\$100	\$300	\$100	\$300	\$100	\$290
Tier 5: Specialty Tier	29%	N/A	29%	N/A	29%	N/A

Other pharmacies are available in your network. To find which pharmacies are available in your network, go to **Humana.com/pharmacyfinder**.

You won't pay more than \$35 for a one-month (up to 30-day) supply of each plan-covered insulin product regardless of cost-sharing tier, even if you haven't paid your deductible.

Insulin Cost-Sharing						
	Includes all	s t-Sharing I in-network armacies	Standard Mail-Order Cost-Sharing		Preferred Mail-Order Cost-Sharing CenterWell Pharmacy™	
Day supply	30-day	90-day*	30-day	90-day*	30-day	90-day*
Tier 3: Preferred Brand	\$35	\$105	\$35	\$105	\$35	\$105
Tier 5: Specialty Tier	\$35	N/A	\$35	N/A	\$35	N/A

Other pharmacies are available in your network. To find which pharmacies are available in your network, go to **Humana.com/pharmacyfinder**.

^{*}Some drugs are limited to a 30-day supply.

^{*}Some drugs are limited to a 30-day supply.

COVERAGE GAP

After you enter the coverage gap, you pay **25 percent** of the plan's cost for covered brand name drugs and **25 percent** of the plan's cost for covered generic drugs until your out-of-pocket costs total **\$8,000** — which is the end of the coverage gap. Not everyone will enter the coverage gap.

Under this plan, **you may pay even less** for the following:

- Tier 1 (Preferred Generic) All Drugs
- Tier 2 (Generic) All Drugs
- Tier 3 (Preferred Brand) Insulin
- Tier 5 (Specialty Tier) Insulin

For more information on cost sharing in the coverage gap, please call us or access your Evidence of Coverage online.

CATASTROPHIC COVERAGE

After your yearly out-of-pocket drug costs reach **\$8,000** you pay **\$0** for plan-covered Part D and Excluded drugs.

EXCLUDED DRUG COVERAGE				
Erectile dysfunction (ED) drugs	Covered at Tier 1 cost-share amount.			
Anti-Obesity drugs	Covered at Tier 2 cost-share amount.			
Prescription Vitamins	Covered at Tier 1 cost-share amount.			
EVEDA LICI D				

EXTRA HELP

If you receive "Extra Help" for your drugs you will have a **\$0** deductible.

Prior to reaching your annual **\$8,000** out-of-pocket limit you will pay one of the following depending on your level of "Extra Help:"

- \$4.50 for generic/preferred multi-source drug or biosimilar; \$11.20 for any other drug; OR
- \$1.55 for generic/preferred multi-source drug or biosimilar; \$4.60 for any other drug; OR
- **\$0** for all drugs

After reaching your annual **\$8,000** out-of-pocket limit, you will pay **\$0** for the remainder of the calendar year, regardless of the level of "Extra Help" you receive. Additional information will be available on your LIS rider.

Cost sharing may change depending on the pharmacy you choose, when you enter another phase of the Part D benefit and if you qualify for "Extra Help." To find out if you qualify for "Extra Help," please contact the Social Security Office at 1-800-772-1213 Monday — Friday, 7 a.m. — 7 p.m. TTY users should call 1-800-325-0778. For more information on your prescription drug benefit, please call us or access your Evidence of Coverage online.

If you reside at an in-network long-term care facility, you pay the same as you would at an in-network retail pharmacy. Under certain situations you may be able to get drugs from an out-of-network pharmacy but may pay more than you would pay at an in-network pharmacy.

Additional Benefits	
Chiropractic services (Medicare-covered)	\$15 copay
Podiatry services (Medicare-covered)	\$20 copay
Acupuncture services (Medicare-covered)	\$20 copay for acupuncture for chronic low back pain visits up to 20 visit(s) per year.
MEDICAL EQUIPMENT/SUPPLIES	
Diabetic monitoring supplies	 Diabetic supplier: 20% of the cost Network retail pharmacy: 10% of the cost Preferred diabetic supplier: \$0 copay
Durable medical equipment (DME) and related supplies	 Durable medical equipment provider: 20% of the cost
Medical supplies	Medical supplier: 20% of the cost
Prosthetic devices and related supplies	 Prosthetics provider: 20% of the cost
REHABILITATION SERVICES	
Cardiac rehabilitation services	• Specialist's office: \$25 copay
Occupational therapy	 Comprehensive outpatient rehab facility: \$20 copay Specialist's office: \$20 copay
Physical therapy	 Comprehensive outpatient rehab facility: \$20 copay Specialist's office: \$20 copay
Pulmonary rehabilitation services	Specialist's office: \$15 copay
Speech therapy	 Comprehensive outpatient rehab facility: \$20 copay Specialist's office: \$20 copay
Supervised Exercise Therapy (SET) for Peripheral Artery Disease (PAD)	Specialist's office: \$20 copay
TELEHEALTH SERVICES (in addition to Original Me	edicare)
Primary care physician's office	\$0 copay
Specialist	\$20 copay
Substance abuse and behavioral health services	\$0 copay
Urgent care services	\$55 copay



More benefits with your plan

Enjoy some of these extra benefits included in your plan.
This is a summary of what we cover. It doesn't list every service that we cover or list every limitation or exclusion. The Evidence of Coverage (EOC) provides a complete list of coverage and services. Visit **Humana.com/plandocuments** to view a copy of the EOC or call **1-800-833-2364**.

Over-the-Counter (OTC) Allowance \$100 quarterly allowance on a prepaid

card to buy approved over-the-counter health and wellness products at participating retail locations.

Allowance amount cannot be combined with other allowances which may be on the Card.

Unused amount expires at the end of the quarter.

- Quarterly allowance amounts are available to use at the beginning of January, April, July, and October.
- Limitations and restrictions may apply.

See the Humana Spending Account Card section for more details.

Humana Spending Account Card

The Humana Spending Account Card is what you use to spend allowances included in this plan. If your previous plan had a Humana Spending Account Card, please keep using the same card. If your previous plan did not have a Humana Spending Account Card, please activate your card as soon as you receive it in the mail.

Please keep this card even after the allowance is spent as future allowance amounts will be added to this card.

- Humana is not responsible for funds lost due to lost or stolen cards.
- Please see the back of your card for more information.
- Allowance amounts cannot be combined with other benefit allowances on the card.
- Limitations and restrictions may apply.

HMO Travel Benefit

Members can receive in-network benefits when services are received from a participating HMO National Network provider during their travels to other states and Puerto Rico.

You must select an in-network doctor in your service area listed in this document to act as your Primary Care Provider (PCP).

Routine Acupuncture

\$0 copay for acupuncture visits up to 25 visit(s) per year.

Authorization rules may apply.

Chiropractic services

\$15 copay for routine chiropractic visits up to 12 visit(s) per year.

Humana Well Dine® Meal Program

Humana's home delivered meal program for members following an inpatient stay in the hospital or nursing facility.

Special Supplemental Benefits for the Chronically Ill (SSBCI) Worry Free™ Meals

Members diagnosed with Diabetes, participating with care management services, and who meet program criteria may receive 2 meals per day for 12 weeks, 168 meals total. An additional 12 weeks of meals may be available as determined by the plan. Members may qualify for the Worry Free™ Meals program up to two times per plan year. There is no cost to participate. Authorization may be required.

Rewards and Incentives

Go365 by Humana® a Rewards and Incentive program for completing certain preventive health screenings and health and wellness activities.

SilverSneakers® fitness program

Basic fitness center membership including in person and digital fitness classes.



Optional Supplemental Benefits

Customize your coverage for an extra monthly premium when you enroll. You can choose from the following to help create your Medicare plan.

\$29.50 Monthly premium

MyOption DEN204

MyOption DEN204 is an optional supplemental benefit package (OSB) that can be purchased for an additional monthly premium to replace any routine dental benefits that are offered within your Medicare Advantage plan. If purchased, the OSB will entirely replace the dental coverage defined in your benefits package. This means, you should disregard any language in the Mandatory Supplemental Dental Benefit section contained in Chapter 4 of the EOC. When you enroll, you will receive a new ID card showing your new DEN204 listed on the back. Any claim paid under the current year Mandatory Supplemental Benefit will apply toward the annual OSB maximum plan benefit.

\$42.30 Monthly premium

MyOption DEN205

MyOption DEN205 is an optional supplemental benefit package (OSB) that can be purchased for an additional monthly premium to replace any routine dental benefits that are offered within your Medicare Advantage plan. If purchased, the OSB will entirely replace the dental coverage defined in your benefits package. This means, you should disregard any language in the Mandatory Supplemental Dental Benefit section contained in Chapter 4 of the EOC. When you enroll, you will receive a new ID card showing your new DEN205 listed on the back. Any claim paid under the current year Mandatory Supplemental Benefit will apply toward the annual OSB maximum plan benefit.

\$48.80 Monthly premium

MyOption DEN432

MyOption DEN432 is an optional supplemental benefit package (OSB) that can be purchased for an additional monthly premium to replace any routine dental benefits that are offered within your Medicare Advantage plan. If purchased, the OSB will entirely replace the dental coverage defined in your benefits package. This means, you should disregard any language in the Mandatory Supplemental Dental Benefit section contained in Chapter 4 of the EOC. When you enroll, you will receive a new ID card showing your new DEN432 listed on the back. Any claim paid under the current year Mandatory Supplemental Benefit will apply toward the annual OSB maximum plan benefit.

Optional Supplemental Benefits

Humana Gold Plus H6622-063 (HMO)

Northern New Jersey Select Counties in New Jersey

My Options, My Choice Adding Benefits to Your Plan

You're unique and have unique needs. That's why Humana offers optional supplemental benefits (OSB). For an extra monthly premium, you can customize your Humana Medicare Advantage plan.

The information in this booklet will tell you about the benefits you can add to your plan. You can add these extra benefits when you sign up for your Medicare Advantage plan. You can also add these benefits after Medicare open enrollment ends on December 7 by contacting your agent or calling OSB sales at 1-888-413-7026. OSB sales is available from 8 a.m. – 8 p.m. local time, seven days a week October 1 – March 31, and Monday through Friday April 1 – September 30.

MyOption (DEN204)

The MyOption Dental benefit helps make it easy for you to plan for your dental care.

This benefit has no deductible.

Here's how the benefit works:

Monthly Premium	\$29.50			
Maximum Benefit	Humana pays up to \$2,000 per calendar year			
Covered Dental Services	In-Network* You Pay Out-Of- Network** You Pay Benefit Limitati		Benefit Limitations	
	Preventive De	ental Services		
Periodic oral exam	0%	0%	Two per year	
Emergency diagnostic exam	0%	0%	One per year	
Bitewing X-rays	0%	0%	One per year	
Intraoral X-rays (inside the mouth)	0%	0%	One per year	
Full mouth or panoramic X-rays	0%	0%	One every five years	
Prophylaxis (cleaning)	0%	0%	Two per year	
Periodontal maintenance	0%	0%	Four per year	
Fluoride	0%	0%	Two per year	
Basic Dental Services (Minor Restorative)				
Amalgam restoration (silver filings)	\$25 Per tooth	\$25 Per tooth	Unlimited partyons	
Composite resin restoration (white filings)	\$25 Per tooth	\$25 Per tooth	Unlimited per year	

Covered Dental Services	In-Network* You Pay	Out-Of- Network** You Pay	Benefit Limitations
Ва	sic Dental Services	s (Minor Restorativ	/e)
Extraction, erupted tooth or exposed root	\$25 Per tooth	\$25 Per tooth	I blicaited party or
Surgical removal of erupted tooth	\$25 Per tooth	\$25 Per tooth	Unlimited per year
Recement crown	\$25	\$25	One every five years
Recement bridge	\$25	\$25	One every five years
Palliative (emergency) treatment of dental pain	\$25	\$25	Two per year
Anesthesia	0%	0%	Unlimited per year
Major Dental Se	rvices (Endodontio	cs, Periodontics, ar	nd Oral Surgery)
Periodontal scaling and root planing	\$25	\$25	One per quadrant every three years
Scaling – moderate or severe gingival inflammation	\$25	\$25	One every three years
Root Canal	50%	50%	One per tooth per lifetime
Root Canal retreatment	50%	50%	One per tooth per lifetime
Crowns	50%	50%	
Onlay	50%	50%	One per tooth per lifetime
Inlay – alternate benefit only	50%	50%	
Other restorative services - core buildup and prefabricated post and core	50%	50%	One per tooth per lifetime
Bridges - pontic	50%	50%	One every five years
Bridges - crown	50%	50%	Two every five years
Occlusal adjustment – limited	50%	50%	0.000
Occlusal adjustment – complete	50%	50%	One every three years
Oral Surgery	50%	50%	Two per year

Limitations and exclusions may apply. Submitted claims are subject to a review process which may include a clinical review and dental history to approve coverage. Dental benefits under this plan may not cover all ADA procedure codes. Any services received that are not listed will not be covered by the plan and will be the member's responsibility. The member is responsible for any amount above the dental coverage limit.

Benefits are offered on a calendar year basis. Any amount unused at the end of the year will expire. Information regarding each plan is available at **Humana.com/sb**.

In-network dentists have agreed to provide covered services at contracted rates (per the in-network fee schedules, or INFS). If a member visits a participating network dentist, the member cannot be billed for charges that exceed the negotiated fee schedule (but coinsurance payment still applies).

Out-of-network dentists have not agreed to provide services at contracted fees. Benefits received out-of-network are subject to any in-network benefit maximums, limitations and/or exclusions. Members may be billed by the out-of-network provider for any amount greater than the payment made by Humana to the provider. Please see below for provider locator instructions. Network providers agree to bill us directly. If a provider who is not in our network is not willing to bill us directly, you may have to pay upfront and submit a request for reimbursement. The coinsurance level will apply to the average negotiated in-network fee schedule INFS or usual and customary fees in your area. See Chapter 2 Payment Requests Contact Information in your Evidence of Coverage or visit **Humana.com** for information on requesting reimbursement.

When visiting an out-of-network provider there could be a difference between Humana's reimbursement and the dentist's charges. Members are responsible for this difference when visiting an out-of-network provider; this is known as balanced billing.

The Mandatory Supplemental Dental benefits are provided through the Humana Dental Medicare Network. The provider locator can be found at Humana.com > Find a doctor > Select the Dentist icon from the menu > From the Distance drop down select the preferred distance > Enter Zip code > From the look up method select All Dental Networks > Then select HumanaDental Medicare.

MyOption (DEN205)

The MyOption Dental benefit helps make it easy for you to plan for your dental care.

This benefit has no deductible.

Here's how the benefit works:

Monthly Premium	\$42.30			
Maximum Benefit	Humana pays up to \$2,000 per calendar year			
Covered Dental Services	In-Network* You Pay Out-Of- Network** You Pay Benefit Limitations			
Preventive Dental Services				
Periodic oral exam	0%	0%	Two per year	
Emergency diagnostic exam	0%	0%	One per year	
Bitewing X-rays	0%	0%	One per year	

Covered Dental Services	In-Network* You Pay	Out-Of- Network** You Pay	Benefit Limitations	
	Preventive De	ntal Services		
Intraoral X-rays (inside the mouth)	0%	0%	One per year	
Full mouth or panoramic X-rays	0%	0%	One every five years	
Prophylaxis (cleaning)	0%	0%	Two per year	
Periodontal maintenance	0%	0%	Four per year	
Fluoride	0%	0%	Two per year	
Bas	sic Dental Services	(Minor Restorativ	/e)	
Amalgam restoration (silver filings)	0%	0%	Unlimited per year	
Composite resin restoration (white filings)	0%	0%	Unlimited per year	
Extraction, erupted tooth or exposed root	0%	0%	Unlimited per year	
Surgical removal of erupted tooth	0%	0%	Unlimited per year	
Recement inlay, onlay or partial coverage restoration	\$25	\$25	One every five years	
Recement indirectly fabricated or prefabricated post and core	\$25	\$25		
Recement crown	\$25	\$25		
Recement bridge	\$25	\$25	One every five years	
Palliative (emergency) treatment of dental pain	\$25	\$25	Two per year	
Anesthesia	0%	0%	Unlimited per year	
Major Dental Se	rvices (Endodontic	s, Periodontics, ar	nd Oral Surgery)	
Periodontal scaling and root planing	0%	0%	One per quadrant every three years	
Scaling – moderate or severe gingival inflammation	0%	0%	One every three years	
Root canal	50%	50%	One per tooth per lifetime	
Root canal retreatment	50%	50%	One per tooth per lifetime	

Covered Dental Services	In-Network* You Pay	Out-Of- Network** You Pay	Benefit Limitations	
Major Dental Se	rvices (Endodontic	s, Periodontics, a	nd Oral Surgery)	
Crowns	50%	50%		
Onlay	50%	50%	One per tooth per lifetime	
Inlay – alternate benefit only	50%	50%		
Other restorative services - core buildup and prefabricated post and core	50%	50%	One per tooth per lifetime	
Bridges - pontic	50%	50%	One every five years	
Bridges - crown	50%	50%	Two every five years	
Complete denture (including routine post-delivery care) – maxillary (upper) or mandibular (lower)	50%	50%		
Immediate denture (including routine post-delivery care) – maxillary (upper) or mandibular (lower)	50%	50%	One every five years	
Partial dentures (including routine post-delivery care) – resin or metal, maxillary (upper) or mandibular (lower)	50%	50%	One every five years	
Unilateral partial denture (including routine post-delivery care)	50%	50%		
Complete denture adjustment – maxillary (upper) or mandibular (lower)	50%	50%		
Partial denture adjustment – maxillary (upper) or mandibular (lower)	50%	50%	One per year	
Reline complete denture – maxillary (upper) or mandibular (lower)	50%	50%	One per year	
Reline partial denture – maxillary (upper) or mandibular (lower)	50%	50%		

Covered Dental Services	In-Network* You Pay	Out-Of- Network** You Pay	Benefit Limitations	
Major Dental Se	rvices (Endodontio	cs, Periodontics, a	nd Oral Surgery)	
Rebase complete denture – maxillary (upper) or mandibular (lower)	50%	50%	One per year	
Rebase partial denture – maxillary (upper) or mandibular (lower)	50%	50%		
Repair complete denture base – maxillary (upper) or mandibular (lower)	50%	50%		
Repair partial denture base – maxillary (upper) or mandibular (lower)	50%	50%	One per year	
Repair partial denture framework – maxillary (upper) or mandibular (lower)	50%	50%		
Replace missing or broken tooth	50%	50%		
Add tooth or clasp to partial denture	50%	50%		
Replace all teeth/acrylic – maxillary (upper) or mandibular (lower)	50%	50%		
Tissue conditioning – maxillary (upper) or mandibular (lower)	50%	50%	One per year	
Occlusal adjustment – limited	50%	50%	On a grown thought to a green	
Occlusal adjustment – complete	50%	50%	One every three years	
Oral surgery	50%	50%	Two per year	

Limitations and exclusions may apply. Submitted claims are subject to a review process which may include a clinical review and dental history to approve coverage. Dental benefits under this plan may not cover all ADA procedure codes. Any services received that are not listed will not be covered by the plan and will be the member's responsibility. The member is responsible for any amount above the dental coverage limit. Benefits are offered on a calendar year basis. Any amount unused at the end of the year will expire. Information regarding each plan is available at **Humana.com/sb**.

In-network dentists have agreed to provide covered services at contracted rates (per the in-network fee schedules, or INFS). If a member visits a participating network dentist, the member cannot be billed for charges that exceed the negotiated fee schedule (but coinsurance payment still applies).

Out-of-network dentists have not agreed to provide services at contracted fees. Benefits received out-of-network are subject to any in-network benefit maximums, limitations and/or exclusions. Members may be billed by the out-of-network provider for any amount greater than the payment made by Humana to the provider. Please see below for provider locator instructions. Network providers agree to bill us directly. If a provider who is not in our network is not willing to bill us directly, you may have to pay upfront and submit a request for reimbursement. The coinsurance level will apply to the average negotiated in-network fee schedule INFS or usual and customary fees in your area. See Chapter 2 Payment Requests Contact Information in your Evidence of Coverage or visit **Humana.com** for information on requesting reimbursement.

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The Mandatory Supplemental Dental benefits are provided through the Humana Dental Medicare Network. The provider locator can be found at Humana.com > Find a doctor > Select the Dentist icon from the menu > From the Distance drop down select the preferred distance > Enter Zip code > From the look up method select All Dental Networks > Then select HumanaDental Medicare.

MyOption (DEN432)

This dental plan covers certain preventive, basic and major dental services. It is an extra benefit you may choose to add to your Medicare Advantage plan. However, you will have to pay an extra monthly premium for it.

In this plan, you may receive your care from either an in-network or out-of-network dentist. If you use an out-of-network dentist, your share of the cost may be higher.

Monthly Cost	
Monthly Premium	\$48.80
Coverage Information	
Maximum plan benefit (combined in and out-of-network)	\$2,000 per calendar year
Deductible	\$0 per calendar year

You may receive the following dental services:

Plan covers up to **\$2,000** allowance every year for non-Medicare covered preventive and comprehensive dental services. You are responsible for any amount above the dental coverage limit. Any amount unused at the end of the year will expire.

Your benefit can be used for most dental treatments such as:

- Preventive dental services, such as exams, routine cleanings, etc.
- Basic dental services, such as fillings, extractions, etc.
- Major dental services, such as periodontal scaling, crowns, dentures, root canals, bridges, etc.

Note: The allowance cannot be used on cosmetic services and implants.

Limitations and exclusions may apply. Submitted claims are subject to a review process which may include a clinical review and dental history to approve coverage. Dental benefits under this plan may not cover all ADA procedure codes. Any services received that are not listed will not be covered by the plan and will be the member's responsibility. The member is responsible for any amount above the dental coverage limit. Benefits are offered on a calendar year basis. Any amount unused at the end of the year will expire. Information regarding each plan is available at **Humana.com/sb**.

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Humana is a Medicare Advantage HMO plan with a Medicare contract. Enrollment in this Humana plan depends on contract renewal. Humana MyOption Optional Supplemental Benefits (OSB) are only available to members of certain Humana Medicare Advantage (MA) plans. Members of Humana plans that offer OSBs may enroll in OSBs throughout the year. Benefits may change on January 1st each year. Enrollees must use network providers for specific OSBs when stated in the Évidence of Coverage (EOC); otherwise, covered services may be received from non-network providers at a higher cost. Enrollees must continue to pay the Medicare Part B premium, their Humana premium, and the OSB premium. Humana.

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Notes	
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Important

At Humana, it is important you are treated fairly.

Humana Inc. and its subsidiaries do not discriminate or exclude people because of their race, color, national origin, age, disability, sex, sexual orientation, gender, gender identity, ancestry, ethnicity, marital status, religion, or language. Discrimination is against the law. Humana and its subsidiaries comply with applicable federal civil rights laws. If you believe that you have been discriminated against by Humana or its subsidiaries, there are ways to get help.

- You may file a complaint, also known as a grievance:
 Discrimination Grievances, P.O. Box 14618, Lexington, KY 40512-4618.

 If you need help filing a grievance, call 1-877-320-1235 or if you use a TTY, call 711.
- You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through their Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or at U.S. Department of Health and Human Services, 200 Independence Avenue, SW, Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, 800-537-7697 (TDD). Complaint forms are available at https://www.hhs.gov/ocr/office/file/index.html.
- California residents: You may also call California Department of Insurance toll-free hotline number: 1-800-927-HELP (4357), to file a grievance.

Auxiliary aids and services, free of charge, are available to you. 1-877-320-1235 (TTY: 711)

Humana provides free auxiliary aids and services, such as qualified sign language interpreters, video remote interpretation, and written information in other formats to people with disabilities when such auxiliary aids and services are necessary to ensure an equal opportunity to participate.

GHHLNNXEN 0623

Multi-Language Insert

Multi-language Interpreter Services

English: We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at 1-877-320-1235 (TTY: 711). Someone who speaks English can help you. This is a free service.

Spanish: Tenemos servicios de intérprete sin costo alguno para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para hablar con un intérprete, por favor llame al 1-877-320-1235 (TTY: 711). Alguien que hable español le podrá ayudar. Este es un servicio gratuito.

Chinese Mandarin: 我们提供免费的翻译服务,帮助您解答关于健康或药物保险的任何疑问。如果您需要此翻译服务,请致电 1-877-320-1235 (听障专线: 711)。我们的中文工作人员很乐意帮助您。这是一项免费服务。

Chinese Cantonese: 您對我們的健康或藥物保險可能存有疑問,為此我們提供免費的翻譯服務。如需翻譯服務,請致電 1-877-320-1235 (聽障專線: 711)。我們講中文的人員將樂意為您提供幫助。這是一項免費服務。

Tagalog: Mayroon kaming libreng serbisyo sa pagsasaling-wika upang masagot ang anumang mga katanungan ninyo hinggil sa aming planong pangkalusugan o panggamot. Upang makakuha ng tagasaling-wika, tawagan lamang kami sa 1-877-320-1235 (TTY: 711). Maaari kayong tulungan ng isang nakakapagsalita ng Tagalog. Ito ay libreng serbisyo.

French: Nous proposons des services gratuits d'interprétation pour répondre à toutes vos questions relatives à notre régime de santé ou d'assurance-médicaments. Pour accéder au service d'interprétation, il vous suffit de nous appeler au 1-877-320-1235 (TTY: 711). Un interlocuteur parlant Français pourra vous aider. Ce service est gratuit.

Vietnamese: Chúng tôi có dịch vụ thông dịch miễn phí để trả lời các câu hỏi về chương sức khỏe và chương trình thuốc men. Nếu quí vị cần thông dịch viên xin gọi 1-877-320-1235 (TTY: 711) sẽ có nhân viên nói tiếng Việt giúp đỡ quí vị. Đây là dịch vụ miễn phí.

German: Unser kostenloser Dolmetscherservice beantwortet Ihren Fragen zu unserem Gesundheits- und Arzneimittelplan. Unsere Dolmetscher erreichen Sie unter 1-877-320-1235 (TTY: 711). Man wird Ihnen dort auf Deutsch weiterhelfen. Dieser Service ist kostenlos.

Korean: 당사는 의료 보험 또는 약품 보험에 관한 질문에 답해 드리고자 무료 통역 서비스를 제공하고 있습니다. 통역 서비스를 이용하려면 전화 1-877-320-1235 (TTY: 711) 번으로 문의해 주십시오. 한국어를 하는 담당자가 도와 드릴 것입니다. 이 서비스는 무료로 운영됩니다.

Form CMS-10802 (Expires 12/31/25)

Form Approved OMB# 0938-1421

Russian: Если у вас возникнут вопросы относительно страхового или медикаментного плана, вы можете воспользоваться нашими бесплатными услугами переводчиков. Чтобы воспользоваться услугами переводчика, позвоните нам по телефону 1-877-320-1235 (ТТҮ: 711). Вам окажет помощь сотрудник, который говорит по-русски. Данная услуга бесплатная.

Arabic: إننا نقدم خدمات المترجم الفوري المجانية للإجابة عن أي أسئلة تتعلق بخطتنا الصحية أو خطة الأدوية الموصوفة لدينا. للحصول على مترجم فوري، ليس عليك سوى الاتصال بنا على (711 :717) 1235-320-1. سيقوم شخص ما يتحدث العربية بمساعدتك. هذه خدمة مجانية.

Hindi: हमारे स्वास्थ्य या दवा की योजना के बारे में आपके किसी भी प्रश्न के जवाब देने के लिए हमारे पास मुफ्त दुभाषिया सेवाएँ उपलब्ध हैं. एक दुभाषिया प्राप्त करने के लिए, बस हमें 1-877-320-1235 (TTY: 711) पर फोन करें. कोई व्यक्ति जो हिन्दी बोलता है आपकी मदद कर सकता है. यह एक मुफ्त सेवा है.

Italian: È disponibile un servizio di interpretariato gratuito per rispondere a eventuali domande sul nostro piano sanitario e farmaceutico. Per un interprete, contattare il numero 1-877-320-1235 (TTY: 711). Un nostro incaricato che parla Italianovi fornirà l'assistenza necessaria. È un servizio gratuito.

Portuguese: Dispomos de serviços de interpretação gratuitos para responder a qualquer questão que tenha acerca do nosso plano de saúde ou de medicação. Para obter um intérprete, contacte-nos através do número 1-877-320-1235 (TTY: 711). Irá encontrar alguém que fale o idioma Português para o ajudar. Este serviço é gratuito.

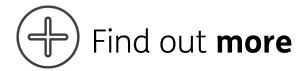
French Creole: Nou genyen sèvis entèprèt gratis pou reponn tout kesyon ou ta genyen konsènan plan medikal oswa dwòg nou an. Pou jwenn yon entèprèt, jis rele nou nan 1-877-320-1235 (TTY: 711). Yon moun ki pale Kreyòl kapab ede w. Sa a se yon sèvis ki gratis.

Polish: Umożliwiamy bezpłatne skorzystanie z usług tłumacza ustnego, który pomoże w uzyskaniu odpowiedzi na temat planu zdrowotnego lub dawkowania leków. Aby skorzystać z pomocy tłumacza znającego język polski, należy zadzwonić pod numer 1-877-320-1235 (TTY: 711). Ta usługa jest bezpłatna.

Japanese: 当社の健康保険と処方薬プランに関するご質問にお答えするために、無料の通訳サービスをご用意しています。通訳をご用命になるには、1-877-320-1235 (TTY:711) にお電話ください。日本語を話す者が支援いたします。これは無料のサービスです。

Form CMS-10802 (Expires 12/31/25)

Form Approved OMB# 0938-1421





You can see our plan's **provider and pharmacy directory** at our website at **humana.com/finder/search** or call us at the number listed at the beginning of this booklet and we will send you one.



You can see our plan's **drug guide** at our website at **humana.com/medicaredruglist** or call us at the number listed at the beginning of this booklet and we will send you one.

To find out more about the coverage and costs of Original Medicare, look in the current "Medicare & You" handbook. View it online at http://www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, seven days a week. TTY users should call 1-877-486-2048.

Telehealth services shown are in addition to the Original Medicare covered telehealth. Your cost may be different for Original Medicare telehealth. Limitations on telehealth services, also referred to as virtual visits or telemedicine, vary by state. These services are not a substitute for emergency care and are not intended to replace your primary care provider or other providers in your network. Any descriptions of when to use telehealth services are for informational purposes only and should not be construed as medical advice. Please refer to your evidence of coverage for additional details on what your plan may cover or other rules that may apply.

Plans may offer supplemental benefits in addition to Part C benefits and Part D benefits.

All product names, logos, brands and trademarks are property of their respective owners, and any use does not imply endorsement.

The information you need is just a click away.

Visit Humana.com/PlanDocuments to check details about your plan, including benefits and costs.

If you'd like a printed Evidence of Coverage, Provider Directory, or Drug List mailed to you, you can request one online at the website above, or call **1-800-457-4708 (TTY: 711)**, 24 hours a day, seven days a week. Please have your Humana member ID card ready when you call. When asked for the reason you've called, say "Evidence of Coverage," "Drug List" or "Provider Directory."

Activate your secure MyHumana account.

Your online MyHumana account is an important part of your Humana membership. Use it to view your plan details anytime and access important plan documents online, all in one place. It's easy to use and tailored to you.

Already have an account?

Go to **Humana.com/MyHumanaPlan** and log in.

Don't have an account yet?

Create one using the same link above in just minutes.

Complete your Medicare Health Assessment

Reply to nine simple questions about your health. Your answers will help us guide you to tools and resources in your plan that may help you reach your health goals and live the way you want.

Two easy options

Call our automated voice service at **888-445-3379 (TTY: 711)**. Have your eight-digit member ID number handy—it's located on the front of your Humana member ID card. OR log in to your MyHumana account.

Receiving information about other insurance products

As a Humana member, we may call you to offer other insurance-related products. You can opt out of those future calls by calling the Customer Care number on the back of your ID card.

Humana Inc. P.O. Box 14168 Lexington, KY 40512-4168	
Important information about your plan	
	Humana.com

Summary of Benefits H6622063000SB24

H6622_SB_MAPD_HMO_063000_2024_M

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