

West Central Pennsylvania

Freedom Blue PPO

Summary of Benefits

January 1, 2024 to December 31, 2024

To enroll in the following plan(s), you need to be entitled to Medicare Part A, enrolled in Medicare Part B, and live in one of these counties:

Bedford, Blair, Cameron, Clarion, Clearfield, Crawford, Elk, Erie, Forest, Huntingdon, Jefferson, McKean, Mercer, Potter, Somerset, Venango, Warren

This summary of benefits doesn't list every service, limitation, or special circumstance. Visit us at **medicare.highmark.com** to get more benefit information including:

- Evidence of Coverage (full list of benefits)
- Provider and Pharmacy Directories
- Formulary (full Part D prescription drug list)

If you need printed copies, call us at **1-800-550-8722** (TTY 711). We're available 8 a.m. to 8 p.m., 7 days a week.

If you want to know more about the coverage and costs of Original Medicare, look in your current "Medicare & You" handbook. View it online at **medicare.gov** or call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY 1-877-486-2048.

Freedom Blue PPO has a network of pharmacies. The out-of-network (OON) benefit provides "out-of-network" coverage. You may see out-of-network providers as long as the services are covered benefits and medically necessary. You may pay more for services than you would if you used a "network provider."

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	Freedom Blue PPO Valor	Freedom Blue PPO ValueRx	
Premium	\$0.00	\$61.00	
Part B Premium Reduction	\$60.00	\$0.00	
Deductible	\$0	\$0	
Max Out-Of-Pocket	\$6,000 IN; \$8,950 combined IN and OON	\$5,500 IN; \$8,950 combined IN and OON	
Inpatient Hospital Stay	\$275 copay per admit IN*; \$395 copay per admit OON	Days 1 - 5: \$220 copay per day per admit & Days 6 - 90: \$0 copay per admit IN*; Days 1 - 5: \$220 copay per day per admit & Days 6 - 90: \$0 copay per admit OON	
Outpatient Hospital Coverage	ASC ¹ : \$195 copay IN*; \$325 copay OON Facility: \$245 copay IN*; \$375 copay OON	ASC ¹ : \$175 copay IN*; \$175 copay OON Facility: \$200 copay IN*; \$200 copay OON	
Doctor Office Visit	PCP: \$0 copay IN; \$0 copay OON Specialist: \$10 copay IN; \$10 copay OON	PCP: \$0 copay IN; \$0 copay OON Specialist: \$40 copay IN; \$40 copay OON	
Preventive/Screening	Covered in Full (Office visit copays may apply) IN/OON	Covered in Full (Office visit copays may apply) IN/OON	
Emergency Room	\$100 copay IN/OON	\$100 copay IN/OON	
Urgently Needed Services	\$50 copay IN/OON	\$5 copay IN/OON	
Lab & Diagnostic Tests	Office /Lab: \$0 copay IN*; \$35 copay OON; Outpatient: \$0 copay IN*; \$35 copay OON	Office /Lab: \$0 copay IN*; \$20 copay OON; Outpatient: \$20 copay IN*; \$20 copay OON	
X-Rays/ Advanced Imaging	X-ray: \$20 copay IN*; \$35 copay OON Advanced Imaging: \$225 copay IN*; \$325 copay OON	X-ray: \$20 copay IN*; \$20 copay OON Advanced Imaging: \$200 copay IN*; \$200 copay OON	
Hearing Services	Medicare Covered: \$10 copay IN; \$10 copay OON. Routine: \$10 copay IN; \$10 copay OON (1 Per Year). TruHearing Advanced: \$699 copay; TruHearing Premium: \$999 copay (2 Aids Every Year); \$500 allowance IN/OON (per year)	Medicare Covered: \$40 copay IN; \$40 copay OON. Routine: \$0 copay IN; \$40 copay OON (1 Per Year). TruHearing Advanced: \$599 copay; TruHearing Premium: \$899 copay (2 Aids Every Year); \$500 allowance IN/OON (per year)	
Dental Services	Medicare Covered*: \$10 copay IN; \$10 copay OON. Office Visit: \$0 copay IN; 30% coinsurance OON (1 per six months). X-Rays: \$0 copay IN; 30% coinsurance OON (1 per year). Comprehensive*: 20% coinsurance IN; 50% coinsurance OON; with a maximum \$3,000 allowance (preventive and comprehensive combined) IN/OON (Per Year)	Medicare Covered*: \$40 copay IN; \$40 copay OON. Office Visit: \$15 copay IN; 30% coinsurance OON (1 per six months). X-Rays: \$15 copay IN; 30% coinsurance OON (1 per year).	
Vision Services	Medicare Covered: \$10 copay IN; \$10 copay OON. Routine: \$0 copay IN; \$50 copay OON (1 Per Year). Standard eyeglass lenses and frames or contact lenses are covered in full. IN/OON: A \$150 benefit max applies to non-standard frames or a \$150 benefit max for specialty contact lenses per year; \$200 benefit max for post cataract eyewear (once per operated eye).	Medicare Covered: \$40 copay IN; \$40 copay OON. Routine: \$0 copay IN; \$50 copay OON (1 Per Year). Standard eyeglass lenses and frames or contact lenses are covered in full. IN/OON: A \$175 benefit max applies to non-standard frames or a \$175 benefit max for specialty contact lenses per year; \$200 benefit max for post cataract eyewear (once per operated eye).	
Mental Health Services	Inpatient: Days 1 - 3: \$325 copay per day per admit & Days 4 - 90: \$0 copay per admit IN*; Days 1 - 3: \$475 copay per day per admit & Days 4 - 90: \$0 copay per day per admit OON; Outpatient: \$5 copay IN*; \$35 copay OON	Inpatient: Days 1 - 5: \$220 copay per day per admit & Days 6 - 90: \$0 copay per admit IN*; Days 1 - 5: \$220 copay per day per admit & Days 6 - 90: \$0 copay per day per admit OON; Outpatient: \$40 copay IN*; \$40 copay OON	
Skilled Nursing Facility	\$0 copay/day (days 1-20), \$203 copay/day (days 21-100) IN*; 30% coinsurance OON	\$0 copay/day (days 1-20), \$203 copay/day (days 21-100) IN*; 30% coinsurance OON	
Physical Therapy	\$15 copay IN*; \$35 copay OON	\$40 copay IN*; \$40 copay OON	
Ambulance (per one- way trip)	Emergent/Non-Emergent: \$250 copay IN**; Non-Emergent: 30% coinsurance OON	Emergent/Non-Emergent: \$275 copay IN**; Non-Emergent: 30% coinsurance OON	
Transportation (up-to 24 one-way trips)	\$0 copay IN*; 30% coinsurance OON	\$0 copay IN*; 30% coinsurance OON	
Part B Drugs [⁺]	20% coinsurance IN*; 30% coinsurance OON	20% coinsurance IN*; 30% coinsurance OON	
OTC	\$100 allowance once per quarter IN/OON	Not Covered	
Durable Medical Equipment	20% coinsurance IN*; 30% coinsurance OON	20% coinsurance IN*; 30% coinsurance OON	
Fitness Benefit	SilverSneakers covered in full IN; 50% coinsurance after satisfying a \$500 deductible OON	SilverSneakers covered in full IN; 50% coinsurance after satisfying a \$500 deductible OON	
Formulary	Not Covered	Performance	

	Freedom Blue PPO Select	Freedom Blue PPO Classic	
Premium	\$119.00	\$243.00	
Part B Premium Reduction	\$0.00	\$0.00	
Deductible	\$0	\$0	
Max Out-Of-Pocket	\$5,000 IN; \$8,950 combined IN and OON	\$4,500 IN; \$8,950 combined IN and OON	
Inpatient Hospital Stay	\$350 copay per admit IN*; \$350 copay per admit OON	\$210 copay per admit IN*; \$210 copay per admit OON	
Outpatient Hospital Coverage	ASC ¹ : \$125 copay IN*; \$125 copay OON Facility: \$175 copay IN*; \$175 copay OON	ASC ¹ : \$75 copay IN*; \$75 copay OON Facility: \$150 copay IN*; \$150 copay OON	
Doctor Office Visit	PCP: \$0 copay IN; \$0 copay OON Specialist: \$30 copay IN; \$30 copay OON	PCP: \$0 copay IN; \$0 copay OON Specialist: \$25 copay IN; \$25 copay OON	
Preventive/Screening	Covered in Full (Office visit copays may apply) IN/OON	Covered in Full (Office visit copays may apply) IN/OON	
Emergency Room	\$100 copay IN/OON	\$100 copay IN/OON	
Urgently Needed Services	\$5 copay IN/OON	\$5 copay IN/OON	
Lab & Diagnostic Tests	Office /Lab: \$0 copay IN*; \$15 copay OON; Outpatient: \$15 copay IN*; \$15 copay OON	Office /Lab: \$0 copay IN*; \$10 copay OON; Outpatient: \$10 copay IN*; \$10 copay OON	
X-Rays/ Advanced Imaging	X-ray: \$20 copay IN*; \$20 copay OON Advanced Imaging: \$125 copay IN*; \$125 copay OON	X-ray: \$15 copay IN*; \$15 copay OON Advanced Imaging: \$100 copay IN*; \$100 copay OON	
Hearing Services	Medicare Covered: \$30 copay IN; \$30 copay OON. Routine: \$0 copay IN; \$30 copay OON (1 Per Year). TruHearing Advanced: \$599 copay; TruHearing Premium: \$899 copay (2 Aids Every Year); \$500 allowance IN/OON (per year)	Medicare Covered: \$25 copay IN; \$25 copay OON. Routine: \$0 copay IN; \$25 copay OON (1 Per Year). TruHearing Advanced: \$599 copay; TruHearing Premium: \$899 copay (2 Aids Every Year); \$500 allowance IN/OON (per year)	
Dental Services	Medicare Covered*: \$30 copay IN; \$30 copay OON. Office Visit: \$15 copay IN; 30% coinsurance OON (1 per six months). X-Rays: \$15 copay IN; 30% coinsurance OON (1 per year).	Medicare Covered*: \$25 copay IN; \$25 copay OON. Office Visit: \$15 copay IN; 30% coinsurance OON (1 per six months). X-Rays: \$15 copay IN; 30% coinsurance OON (1 per year).	
Vision Services	Medicare Covered: \$30 copay IN; \$30 copay OON. Routine: \$0 copay IN; \$50 copay OON (1 Per Year). Standard eyeglass lenses and frames or contact lenses are covered in full. IN/OON: A \$175 benefit max applies to non-standard frames or a \$175 benefit max for specialty contact lenses per year; \$200 benefit max for post cataract eyewear (once per operated eye).	Medicare Covered: \$25 copay IN; \$25 copay OON. Routine: \$0 copay IN; \$50 copay OON (1 Per Year). Standard eyeglass lenses and frames or contact lenses are covered in full. IN/OON: A \$175 benefit max applies to non-standard frames or a \$175 benefit max for specialty contact lenses per year; \$200 benefit max for post cataract eyewear (once per operated eye).	
Mental Health Services	Inpatient: \$350 copay per admit IN*; \$350 copay per admit OON; Outpatient: \$30 copay IN*; \$30 copay OON	Inpatient: \$210 copay per admit IN*; \$210 copay per admit OON; Outpatient: \$25 copay IN*; \$25 copay OON	
Skilled Nursing Facility	\$0 copay/day (days 1-20), \$203 copay/day (days 21-100) IN*; 30% coinsurance OON	\$0 copay/day (days 1-20), \$203 copay/day (days 21-100) IN*; 30% coinsurance OON	
Physical Therapy	\$30 copay IN*; \$30 copay OON	\$25 copay IN*; \$25 copay OON	
Ambulance (per one- way trip)	Emergent/Non-Emergent: \$215 copay IN**; Non-Emergent: 30% coinsurance OON	Emergent/Non-Emergent: \$165 copay IN**; Non-Emergent: 30% coinsurance OON	
Transportation (up-to 24 one-way trips)	\$0 copay IN*; 30% coinsurance OON	\$0 copay IN*; 30% coinsurance OON	
Part B Drugs [†]	20% coinsurance IN*; 30% coinsurance OON	20% coinsurance IN*; 30% coinsurance OON	
OTC	Not Covered	Not Covered	
Durable Medical Equipment	20% coinsurance IN*; 30% coinsurance OON	20% coinsurance IN*; 30% coinsurance OON	
Fitness Benefit	SilverSneakers covered in full IN; 50% coinsurance after satisfying a \$500 deductible OON	SilverSneakers covered in full IN; 50% coinsurance after satisfying a \$500 deductible OON	
Formulary	Venture	Venture	

*Indicates a service that requires prior authorization.

**Indicates a service that requires prior authorization for non-emergent trips.

ASC¹=Ambulatory Surgery Center

†Certain rebatable drugs may be subject to a lower coinsurance. Insulin cost sharing is subject to a coinsurance cap of \$35 for a one-month's supply of insulin.

Freedom Blue PPO ValueRx You pay the following until your total yearly drug costs reach \$5,030. Total yearly drug costs are the total drug costs paid by both you and your Part D plan. Deductible \$0 **31 Day Supply** 100 Day (T1/2) 90 Day (T3/4) Tier Tier 1 (Preferred Generic) \$0 Copay \$0 Copay Preferred Retail Tier 2 (Generic) \$13 Copay \$39 Copay Cost-Tier 3 (Preferred Insulin) \$35 Copay \$105 Copay Sharing Tier 3 (Preferred Brand) \$45 Copay \$135 Copay

		The 5 (Treferred Dialid)	\$45 Copay	\$155 Copay
		Tier 4 (Insulin)	\$35 Copay	\$105 Copay
		Tier 4 (Non-Preferred Drug)	\$95 Copay	\$285 Copay
		Tier 5 (Specialty Tier)	33% of the cost	Not Applicable
	Standard Retail Cost- Sharing	Tier	31 Day Supply	100 Day (T1/2) 90 Day (T3/4)
		Tier 1 (Preferred Generic)	\$5 Copay	\$15 Copay
		Tier 2 (Generic)	\$19 Copay	\$57 Copay
		Tier 3 (Preferred Insulin)	\$35 Copay	\$105 Copay
		Tier 3 (Preferred Brand)	\$47 Copay	\$141 Copay
		Tier 4 (Insulin)	\$35 Copay	\$105 Copay
		Tier 4 (Non-Preferred Drug)	\$100 Copay	\$300 Copay
Initial		Tier 5 (Specialty Tier)	33% of the cost	Not Applicable
Coverage	Preferred Mail Cost- Sharing	Tier	31 Day Supply	100 Day (T1/2) 90 Day (T3/4)
		Tier 1 (Preferred Generic)	Not Applicable	\$0 Copay
		Tier 2 (Generic)	Not Applicable	\$27 Copay
		Tier 3 (Preferred Insulin)	Not Applicable	\$105 Copay
		Tier 3 (Preferred Brand)	Not Applicable	\$115 Copay
		Tier 4 (Insulin)	Not Applicable	\$105 Copay
		Tier 4 (Non-Preferred Drug)	Not Applicable	\$275 Copay
		Tier 5 (Specialty Tier)	33% of the cost	Not Applicable
	Standard Mail Cost- Sharing	Tier	31 Day Supply	100 Day (T1/2) 90 Day (T3/4)
		Tier 1 (Preferred Generic)	Not Applicable	\$15 Copay
		Tier 2 (Generic)	Not Applicable	\$57 Copay
		Tier 3 (Preferred Insulin)	Not Applicable	\$105 Copay
		Tier 3 (Preferred Brand)	Not Applicable	\$141 Copay
		Tier 4 (Insulin)	Not Applicable	\$105 Copay
		Tier 4 (Non-Preferred Drug)	Not Applicable	\$300 Copay
		Tier 5 (Specialty Tier)	33% of the cost	Not Applicable
Coverage Gap	After you enter	the coverage gap, you pay 25% of	the plan's cost for covered brand nan	d what you have paid) reaches \$5,030 ne drugs and 25% of the plan's cost fo p. Not everyone will enter the coverag

Generics (25% Coinsurance) Brand (25% Coinsurance including 70% discount)

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Coverage

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If you reside in a long-term care facility, you pay the same as at a standard retail pharmacy.

After your yearly out-of-pocket drug costs (including drugs purchased through your retail pharmacy and through mail order)

reaches \$8,000, the plan pays the full cost for your covered Part D drugs. You pay nothing.

Freedom Blue PPO Select You pay the following until your total yearly drug costs reach \$5,030. Total yearly drug costs are the total drug costs paid by both you and your Part D plan. **Deductible** \$0 100 Day (T1/2) 90 Day (T3/4) 31 Day Supply Tier Tier 1 (Preferred Generic) \$0 Copay \$0 Copay Preferred Tier 2 (Generic) \$13 Copay \$39 Copay Retail Cost-Tier 3 (Preferred Insulin) \$35 Copay \$105 Copay Sharing Tier 3 (Preferred Brand) \$45 Copay \$135 Copay Tier 4 (Insulin) \$35 Copay \$105 Copay Tier 4 (Non-Preferred Drug) \$95 Copay \$285 Copay Tier 5 (Specialty Tier) 33% of the cost Not Applicable Tier 31 Day Supply 100 Day (T1/2) 90 Day (T3/4) Tier 1 (Preferred Generic) \$5 Copay \$15 Copay Standard Tier 2 (Generic) \$19 Copay \$57 Copay Retail Cost-Tier 3 (Preferred Insulin) \$35 Copay \$105 Copay Sharing Tier 3 (Preferred Brand) \$47 Copay \$141 Copay Tier 4 (Insulin) \$35 Copay \$105 Copay Tier 4 (Non-Preferred Drug) \$100 Copay \$300 Copay Tier 5 (Specialty Tier) 33% of the cost Not Applicable Initial 31 Day Supply Coverage Tier 100 Day (T1/2) 90 Day (T3/4) Tier 1 (Preferred Generic) Not Applicable \$0 Copay Preferred Tier 2 (Generic) Mail Not Applicable \$27 Copay Cost-Tier 3 (Preferred Insulin) \$105 Copay Not Applicable Sharing Tier 3 (Preferred Brand) Not Applicable \$115 Copay Tier 4 (Insulin) Not Applicable \$105 Copay Tier 4 (Non-Preferred Drug) Not Applicable \$275 Copay Tier 5 (Specialty Tier) 33% of the cost Not Applicable 31 Day Supply 100 Day (T1/2) 90 Day (T3/4) Tier Tier 1 (Preferred Generic) Not Applicable \$15 Copay Standard Tier 2 (Generic) \$57 Copay Mail Not Applicable Cost-Tier 3 (Preferred Insulin) Not Applicable \$105 Copay Sharing Tier 3 (Preferred Brand) Not Applicable \$141 Copay Tier 4 (Insulin) Not Applicable \$105 Copay Tier 4 (Non-Preferred Drug) Not Applicable \$300 Copay 33% of the cost Tier 5 (Specialty Tier) Not Applicable The coverage gap begins after the yearly drug cost (including what our plan has paid and what you have paid) reaches \$5,030. After you enter the coverage gap, you pay 25% of the plan's cost for covered brand name drugs and 25% of the plan's cost for covered generic drugs until your costs total \$8,000, which is the end of the coverage gap. Not everyone will enter the coverage Coverage Gap gap. Generics (25% Coinsurance) Brand (25% Coinsurance including 70% discount)

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Catastrophic
CoverageAfter your yearly out-of-pocket drug costs (including drugs purchased through your retail pharmacy and through mail order)
reaches \$8,000, the plan pays the full cost for your covered Part D drugs. You pay nothing.

Freedom Blue PPO Classic You pay the following until your total yearly drug costs reach \$5,030. Total yearly drug costs are the total drug costs paid by both you and your Part D plan. Deductible \$0 **31 Day Supply** 100 Day (T1/2) 90 Day (T3/4) Tier Tier 1 (Preferred Generic) \$0 Copay \$0 Copay Preferred \$39 Copay Retail Tier 2 (Generic) \$13 Copay Cost-Tier 3 (Preferred Insulin) \$35 Copay \$105 Copay

		The 5 (Treferred Insulit)	\$55 Copuy	\$105 Copuy
	Sharing	Tier 3 (Preferred Brand)	\$45 Copay	\$135 Copay
		Tier 4 (Insulin)	\$35 Copay	\$105 Copay
		Tier 4 (Non-Preferred Drug)	\$95 Copay	\$285 Copay
		Tier 5 (Specialty Tier)	33% of the cost	Not Applicable
		Tier	31 Day Supply	100 Day (T1/2) 90 Day (T3/4)
	Standard	Tier 1 (Preferred Generic)	\$5 Copay	\$15 Copay
	Retail	Tier 2 (Generic)	\$19 Copay	\$57 Copay
	Cost-	Tier 3 (Preferred Insulin)	\$35 Copay	\$105 Copay
	Sharing	Tier 3 (Preferred Brand)	\$47 Copay	\$141 Copay
		Tier 4 (Insulin)	\$35 Copay	\$105 Copay
		Tier 4 (Non-Preferred Drug)	\$100 Copay	\$300 Copay
Initial		Tier 5 (Specialty Tier)	33% of the cost	Not Applicable
Coverage		Tier	31 Day Supply	100 Day (T1/2) 90 Day (T3/4)
	Preferred	Tier 1 (Preferred Generic)	Not Applicable	\$0 Copay
	Mail	Tier 2 (Generic)	Not Applicable	\$27 Copay
	Cost-	Tier 3 (Preferred Insulin)	Not Applicable	\$105 Copay
	Sharing	Tier 3 (Preferred Brand)	Not Applicable	\$115 Copay
		Tier 4 (Insulin)	Not Applicable	\$105 Copay
		Tier 4 (Non-Preferred Drug)	Not Applicable	\$275 Copay
		Tier 5 (Specialty Tier)	33% of the cost	Not Applicable
		Tier	31 Day Supply	100 Day (T1/2) 90 Day (T3/4)
	Standard	Tier 1 (Preferred Generic)	Not Applicable	\$15 Copay
	Mail	Tier 2 (Generic)	Not Applicable	\$57 Copay
	Cost-	Tier 3 (Preferred Insulin)	Not Applicable	\$105 Copay
	Sharing	Tier 3 (Preferred Brand)	Not Applicable	\$141 Copay
		Tier 4 (Insulin)	Not Applicable	\$105 Copay
		Tier 4 (Non-Preferred Drug)	Not Applicable	\$300 Copay
		Tier 5 (Specialty Tier)	33% of the cost	Not Applicable
Coverage	Gap After you enter covered gener gap.	The coverage gap begins after the yearly drug cost (including what our plan has paid and what you have paid) reaches \$5,03 After you enter the coverage gap, you pay 25% of the plan's cost for covered brand name drugs and 25% of the plan's cost for covered generic drugs until your costs total \$8,000, which is the end of the coverage gap. Not everyone will enter the coverage gap.		name drugs and 25% of the plan's cost for
	See Table Be	See Table Below		

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Catastrophic

Coverage

After your yearly out-of-pocket drug costs (including drugs purchased through your retail pharmacy and through mail order)

reaches \$8,000, the plan pays the full cost for your covered Part D drugs. You pay nothing.

Freedom Blue PPO Classic				
	Preferred Network	Tier		
		Tier 1 (Preferred Generic)	\$0 Copay	
		Tier 2 (Generic)	\$13 Copay	
		Tier 3-5 (Generic)	25% Coinsurance	
		Brand	25% Coinsurance including 70% discount	
Coverage Gap	Standard Network	Tier		
		Tier 1 (Preferred Generic)	\$5 Copay	
		Tier 2 (Generic)	\$19 Copay	
		Tier 3-5 (Generic)	25% Coinsurance	
		Brand	25% Coinsurance including 70% discount	



Highmark Blue Cross Blue Shield is a Medicare Advantage HMO, PPO, and/or Part D plan with a Medicare contract. Enrollment in these plans depends on contract renewal.

Benefits and/or benefit administration may be provided by or through the following entities, which are independent licensees of the Blue Cross Blue Shield Association: Highmark Inc. d/b/a Highmark Blue Cross Blue Shield, Highmark Choice Company, Highmark Health Insurance Company, or Highmark Senior Health Company, which are independent licensees of the Blue Cross Blue Shield Association. The Blue Cross[®] Blue Shield[®] and Cross and Shield Symbols are registered service marks of the Blue Cross Blue Shield Association, an association of independent Blue Cross Blue Shield Plans.

All references to "Highmark" in this document are references to the Highmark company that is providing the member's health benefits or health benefit administration and/or to one or more of its affiliated Blue companies.

Out-of-network/non-contracted providers are under no obligation to treat Freedom Blue PPO members, except in emergency situations. For a decision about whether we will cover an out-of-network service, we encourage you or your provider to ask us for a pre-service organization determination before you receive the service. Please call our customer service number or see your Evidence of Coverage for more information, including the cost sharing that applies to out-of-network services.

This information is not a complete description of benefits. Call 1-866-743-5478 (TTY users may call 711), October 1 – March 31, 8 a.m. to 8 p.m., 7 days a week; April 1 – September 30, 8 a.m. to 8 p.m., Monday – Friday for more information.

TruHearing is a registered trademark of TruHearing, Inc.

SilverSneakers is a registered trademark of Tivity Health, Inc. Tivity Health, Inc., is a separate company that administers the SilverSneakers program.