Medicare Plus BlueSM PPO — Essential, Vitality, Signature and Assure

Summary of Benefits

January 1, 2024 — December 31, 2024

To get a complete list of services we cover, call Customer Service and ask for the *Evidence of Coverage* (phone numbers are printed on the back cover of this booklet).

To join Medicare Plus Blue PPO Essential, Vitality, Signature or Assure, you must have both Medicare Part A and Medicare Part B, be a United States citizen or lawfully present in the United States and live in our geographic service area. Incarcerated individuals are not considered living in the geographic service area even if they are physically located in it. Our service area includes the state of Michigan.

www.bcbsm.com/medicare



Medicare Advantage Plans

Medicare Plus Blue PPO Essential, Vitality, Signature and Assure have a network of doctors, hospitals, pharmacies, and other providers. If you use the providers in our network, you may pay less for your covered services. But if you want to, you can also use providers that are not in our network. For more detailed information about our providers, you can call Customer Service (phone numbers are printed on the back cover of this booklet) or visit our website at www.bcbsm.com/medicare.

Out-of-network/non-contracted providers are under no obligation to treat Medicare Plus Blue PPO Essential, Vitality, Signature and Assure members, except in emergency situations. Please call our customer service number or see your *Evidence of Coverage* for more information, including the cost sharing that applies to out-of-network services.

Premium/Cost-sharing Table for Medicare Plus Blue PPO

Premiums vary by county in which you permanently reside (rates are based on the use and cost of health care services in each regional segment). You must continue to pay your Medicare Part B premium.

- 1) Find the county and region that you live in.
- 2) Look across the plan option columns to find your monthly premium rate.

Monthly premium rates per region	Essential	Vitality	Signature	Assure
Region 1 Allegan, Barry, Ionia, Kalamazoo, Mason, Muskegon, Newaygo, Oceana and Ottawa counties	\$0	\$38	\$95	\$184
Region 2 Berrien, Branch, Calhoun, Eaton, Gratiot, Hillsdale, Ingham, Jackson, Monroe, Montcalm, St. Joseph and Van Buren counties	\$0	\$68	\$117	\$246
Region 3 Alcona, Alger, Alpena, Arenac, Baraga, Bay, Charlevoix, Cheboygan, Chippewa, Clare, Crawford, Gladwin, Huron, Iosco, Kalkaska, Keweenaw, Luce, Mackinac, Montmorency, Ogemaw, Ontonagon, Oscoda, Presque Isle, Roscommon, Saginaw, Sanilac, Schoolcraft, Shiawassee and Tuscola counties	\$0	\$83	\$150	\$284
Region 4 Antrim, Benzie, Cass, Clinton, Delta, Dickinson, Emmet, Genesee, Gogebic, Grand Traverse, Houghton, Iron, Isabella, Kent, Lake, Lapeer, Leelanau, Lenawee, Livingston, Manistee, Marquette, Mecosta, Menominee, Midland, Missaukee, Osceola, Otsego, St. Clair and Wexford counties	\$0	\$78	\$120	\$216
Region 6 Macomb, Oakland, Washtenaw and Wayne counties	\$0	\$75	\$133	\$283
Optional Supplemental Dental and Vision \$20.50 (additional monthly premium)				

Region 5 is not being used at this time.

Benefits	Essential	Vitality	Signature	Assure	What you should know
Deductible	-	This plan does not have	a deductible for hospita	al and medical services	
		This plan does not ha	ave a deductible for Part	D prescription drugs.	
Deductible - Optional			There is no deductible		
Supplemental Dental and Vision					
Maximum Out-of-Pocket Responsibility (does not include prescription drugs)	The most you could pay is \$5,200 for services you receive from in-network providers.	The most you could pay is \$5,000 for services you receive from in-network providers.	The most you could pay is \$4,700 for services you receive from in-network providers.	The most you could pay is \$3,425 for services you receive from in-network providers.	The most you pay for copays, coinsurance and other costs for medical services for the year.
	You pay \$5,200 for services you receive from any provider. Your limit for services received from innetwork providers will count toward this limit.	You pay \$6,700 for services you receive from any provider. Your limit for services received from innetwork providers will count toward this limit.	You pay \$6,500 for services you receive from any provider. Your limit for services received from innetwork providers will count toward this limit.	You pay \$5,150 for services you receive from any provider. Your limit for services received from innetwork providers will count toward this limit.	You will still need to pay your premiums and cost sharing for your Part D prescription drugs.

Benefits	Essential	Vitality	Signature	Assure	What you should know
Note: Services with a 1	may require prior author	rization			
Inpatient Hospital Coverage ¹	periods. A benefit period begin	gins the day you're admitted as an inpatient and ends when you haven't			Our plan covers an unlimited number of days for an inpatient stay.
	If you go into a hospital begins. You must pay the inpa				
	There's no limit to the	number of benefit perio	ds.		
	In-network: You pay \$325 copay per day for days 1 through 6	In-network: You pay \$250 copay per day for days 1 through 6	In-network: You pay \$175 copay per day for days 1 through 6	In-network: You pay \$100 copay per day for days 1 through 6	
	You pay \$0 per day for days 7 through 90	You pay \$0 per day for days 7 through 90	You pay \$0 per day for days 7 through 90	You pay \$0 per day for days 7 through 90	
	You pay \$0 per day for days 91 and beyond	You pay \$0 per day for days 91 and beyond	You pay \$0 per day for days 91 and beyond	You pay \$0 per day for days 91 and beyond	
	Out-of-network: You pay 50% of approved amount per stay	Out-of-network: You pay 40% of approved amount per stay	Out-of-network: You pay 40% of approved amount per stay	Out-of-network: You pay 30% of approved amount per stay	

Benefits	Essential	Vitality	Signature	Assure	What you should know
Outpatient Hospital Coverage ¹	In-network You pay \$150 copay for Medicare- covered outpatient hospital non-surgical services.	In-network You pay \$150 copay for Medicare- covered outpatient hospital non-surgical services.	In-network You pay \$125 copay for Medicare- covered outpatient hospital non-surgical services.	In-network You pay \$75 copay for Medicare- covered outpatient hospital non-surgical services.	You may receive other services while in an outpatient hospital facility.
	You pay \$275 copay for Medicare-covered outpatient hospital surgical services	You pay \$220 copay for Medicare-covered outpatient hospital surgical services	You pay \$205 copay for Medicare-covered outpatient hospital surgical services	You pay \$150 copay for Medicare-covered outpatient hospital surgical services	
	Out-of-network 50% of the approved amount.	Out-of-network 40% of the approved amount.	Out-of-network 40% of the approved amount.	Out-of-network 30% of the approved amount.	
Ambulatory Surgical Center (ASC) Services ¹	In-network You pay \$0 copay for Medicare-covered arthroplasty knee and hip services in an ambulatory surgical center.	In-network You pay \$0 copay for Medicare-covered arthroplasty knee and hip services in an ambulatory surgical center.	In-network You pay \$0 copay for Medicare-covered arthroplasty knee and hip services in an ambulatory surgical center.	In-network You pay \$0 copay for Medicare-covered arthroplasty knee and hip services in an ambulatory surgical center.	
	You pay \$100 for non-surgical services in an ambulatory surgical center.	You pay \$100 for non-surgical services in an ambulatory surgical center.	You pay \$75 for non-surgical services in an ambulatory surgical center.	You pay \$50 for non-surgical services in an ambulatory surgical center.	
	You pay \$125 copay for Medicare-covered outpatient surgery in an ambulatory surgical center.	You pay \$125 copay for Medicare-covered outpatient surgery in an ambulatory surgical center.	You pay \$100 copay for Medicare-covered outpatient surgery in an ambulatory surgical center.	You pay \$75 copay for Medicare-covered outpatient surgery in an ambulatory surgical center.	
	Out-of-network 50% of the approved amount.	Out-of-network 40% of the approved amount.	Out-of-network 40% of the approved amount.	Out-of-network 30% of the approved amount.	

Benefits	Essential	Vitality	Signature	Assure	What you should know
Doctor Visits ○ Primary	In-network: You pay \$0 Out-of-network:	In-network: You pay \$0 Out-of-network:	In-network: You pay \$0 Out-of-network:	In-network: You pay \$0 Out-of-network:	Our plan also covers telehealth services including those for primary care
○ Specialists	In-network: You pay \$45 copay	You pay 40% of approved amount In-network: You pay \$40 copay	You pay 40% of approved amount In-network: You pay \$35 copay	You pay 30% of approved amount In-network: You pay \$0	physician services and behavioral health providers.
	Out-of-network: You pay \$50 copay	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 30% of approved amount	
Preventive Care					

Benefits	Essential	Vitality	Signature	Assure	What you should know
Emergency Care		In- and Out- You pay \$			The copay is waived if you are admitted to the hospital within three days for the same condition.
					You are covered for emergency medical care worldwide.
Urgently Needed Services	In- and Out-of- network: You pay \$50 copay at an urgent care center	In- and Out-of- network: You pay \$50 copay at an urgent care center	In- and Out-of- network: You pay \$50 copay at an urgent care center	In- and Out-of- network: You pay \$40 copay at an urgent care center	You have coverage for worldwide urgently needed services.
	You pay \$0 copay at a primary care physician's office	You pay \$0 copay at a primary care physician's office	You pay \$0 copay at a primary care physician's office	You pay \$0 copay at a primary care physician's office	
Diagnostic Services/ Labs/Imaging ¹					
 Diagnostic radiology services (low-tech, high-tech) 	In-network: You pay \$100-\$150 copay, depending on the service	In-network: You pay \$100-\$150 copay, depending on the service	In-network: You pay \$100-\$125 copay, depending on the service	In-network: You pay \$75 copay	Using in-network providers lowers your costs.
	Out-of-network: You pay 50% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 30% of approved amount	
Lab services	In-network: You pay \$0-\$40 copay, depending on the provider	In-network: You pay \$0-\$40 copay, depending on the provider	In-network: You pay \$0-\$30 copay, depending on the provider	In-network: You pay \$0-\$20 copay, depending on the provider	
	Out-of-network: You pay 50% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 30% of approved amount	
o COVID-19 testing	In-network: You pay \$0 copay				
	Out-of-network: You pay \$0 copay				

Benefits	Essential	Vitality	Signature	Assure	What you should know
 Diagnostic tests and procedures 	In-network: You pay \$45-\$150 copay, depending on location	In-network: You pay \$40-\$150 copay, depending on location	In-network: You pay \$35-\$125 copay, depending on location	In-network: You pay \$0-\$75, depending on location	Using in-network providers lowers your costs.
	Out-of-network: You pay 50% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 30% of approved amount	
Outpatient X-rays	In-network: You pay \$35-\$150 copay, depending on service	In-network: You pay \$35-\$150 copay, depending on service	In-network: You pay \$35-\$125 copay, depending on service	In-network: You pay \$35-\$75 copay, depending on service	
	Out-of-network: You pay 50% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 30% of approved amount	
Therapeutic radiology services	In-network: You pay \$35 copay	In-network: You pay \$35 copay	In-network: You pay \$35 copay	In-network: You pay \$35 copay	
	Out-of-network: You pay 50% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 30% of approved amount	
Hearing Services					
 Hearing exam to diagnose and treat hearing and balance issues 	In-network: You pay \$0 copay for Medicare-covered hearing services from a primary care provider.	In-network: You pay \$0 copay for Medicare-covered hearing services from a primary care provider.	In-network: You pay \$0 copay for Medicare-covered hearing services from a primary care provider.	In-network: You pay \$0 copay for Medicare-covered hearing services from a primary care provider	
	You pay \$45 copay for Medicare-covered hearing services from a specialist.	You pay \$40 copay for Medicare-covered hearing services from a specialist.	for Medicare-covered	You pay \$0 copay for Medicare-covered hearing services from a specialist.	
	Out-of-network: You pay 50% of approved amount	Out-of-network: You pay 50% of approved amount	Out-of-network: You pay 50% of approved amount	Out-of-network: You pay 50% of approved amount	

Benefits	Essential	Vitality	Signature	Assure	What you should know
exam (1 every year) You he	In-network: You pay \$0 copay for Medicare-covered hearing services from a primary care provider.	In-network: You pay \$0 copay for Medicare-covered hearing services from a primary care provider.	In-network: You pay \$0 copay for Medicare-covered hearing services from a primary care provider.	In-network: You pay \$0 copay for Medicare-covered hearing services from a primary care provider.	
	You pay \$45 copay for Medicare-covered hearing services from a specialist.	You pay \$40 copay for Medicare-covered hearing services from a specialist.	You pay \$35 copay for Medicare-covered hearing services from a specialist.	You pay \$0 copay for Medicare-covered hearing services from a specialist.	
	Out-of-network: You pay 50% of approved amount				
 Hearing aid fitting/ evaluation (1 every 	In-network: You pay \$0	In-network: You pay \$0	In-network: You pay \$0	In-network: You pay \$0	Hearing aids:
three years)	Out-of-network: You pay 50% of approved amount	Plan covers a \$1,500 allowance maximum for both ears (up to \$750 per ear) every three years for new hearing aids, including applicable dispensing fee.			
					Over-the-Counter (OTC) hearing aids may be purchased using the OTC allowance.

Benefits	Essential	Vitality	Signature	Assure	What you should know
Dental Services (Medicare covered)	In-network: You pay \$0 copay for Medicare-covered dental services from a primary care provider	In-network: You pay \$0 copay for Medicare-covered dental services from a primary care provider	In-network: You pay \$0 copay for Medicare-covered dental services from a primary care provider	In-network: You pay \$0 copay for Medicare-covered dental services from a primary care provider	
	You pay \$45 copay for Medicare-covered dental services from a specialist.	You pay \$40 copay for Medicare-covered dental services from a specialist.	You pay \$35 copay for Medicare-covered dental services from a specialist.	You pay \$0 copay for Medicare-covered dental services from a specialist.	
	Out-of-network: You pay 50% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 30% of approved amount	
Dental services (Preventive and Comprehensive)	· ·	a \$1,500 annual maximu ehensive dental services	•	ut-of-network) for	To find a participating dentist, visit www. mibluedentist.com and search for PPO dentists in the BCBSM Medicare Advantage PPO network.

Benefits	Essential	Vitality	Signature	Assure	What you should know
○ Preventive	In-network:				
Oral exams (up to	You pay 0% coinsurance				
2 every calendar year)	Out-of-network: You pay 50% of approved	l amount			
 Routine cleanings (up to 2 every calendar year) 					
 Dental X-rays (1 set of up to 4 bitewing X-rays, or 1 set of up to 					
6 periapical films every 2 calendar years)					
 Fluoride treatment (1 every calendar year) 					

Benefits	Essential	Vitality	Signature	Assure	What you should know
 ○ Comprehensive 	In-network:				
 Brush biopsies 	You pay 0% coinsuranc	е			
(2 per calendar	Out-of-network:				
year)	You pay 50% of approv	ed amount			
 Resin and amalgam fillings 					
(once per tooth per					
surface every					
48 months)					
Crowns for					
permanent teeth only (once per					
tooth every					
84 months)					
 Crown repairs 					
(3 per permanent					
tooth per calendar year)					
Root canals (once					
per tooth per					
lifetime) • Deep cleaning					
 Deep cleaning (once per quadrant 					
per 24 months)					
• Extractions (1 time					
per tooth per					
lifetime)					
 Oral Surgery (2 times per tooth 					
per lifetime)					

Benefits	Essential	Vitality	Signature	Assure	What you should know
Dental - Optional Supplemental Benefit	The benefit provides and to \$3,000 (combined in-a services. No Deductible.				This optional supplemental benefit is available for an additional premium.
	In-network: 25% coinsurance for: Onlays Periodontics Bridges				For in-network benefits, you must receive dental services from a participating provider.
	 Dentures Denture adjustments Denture repairs Denture relines Denture rebase Implants Implant maintenance Anesthesia Consultation exams Out-of-network: 50% coinsurance for: 	and repairs			For out-of-network services, if your provider doesn't submit your claim, you may be required to pay costs up front and submit for reimbursement. Out-of-network expenses will be reimbursed at 50% of allowed amounts up to the combined annual maximum.
	OnlaysPeriodonticsBridgesDenturesDenture adjustments				You may pay higher out-of-pocket amounts if you receive services from out-of-network providers.
	 Denture repairs Denture relines Denture rebase Implants Implant maintenance Anesthesia Consultation exams 	and repairs			The additional optional supplemental \$1,500 annual maximum applies to all dental services listed in this document. This is in addition to the \$1,500 annual maximum for preventive and comprehensive dental services.

Benefits	Essential	Vitality	Signature	Assure	What you should know
Vision Services					
 Exam to diagnose and treat diseases and conditions of the eye (including yearly glaucoma screening) 	In-network: You pay \$0 copay for Medicare-covered vision services from a primary care provider.	In-network: You pay \$0 copay for Medicare-covered vision services from a primary care provider	In-network: You pay \$0 copay for Medicare-covered vision services from a primary care provider	In-network: You pay \$0 copay for Medicare-covered vision services from a primary care provider	People with diabetes, screening for diabetic retinopathy is covered once per year.
	You pay \$45 copay for Medicare-covered vision services from a specialist.	You pay \$40 copay for Medicare-covered vision services from a specialist.	You pay \$35 copay for Medicare-covered vision services from a specialist.	You pay \$0 copay for Medicare-covered vision services from a specialist.	
	Out-of-network: You pay 50% of approved amount for Medicare-covered services	Out-of-network: You pay 40% of approved amount for Medicare-covered services	Out-of-network: You pay 40% of approved amount for Medicare-covered services	Out-of-network: You pay 30% of approved amount for Medicare-covered services	
 Eyeglasses or contact lenses after cataract surgery 	In-network: You pay \$0 copay for eyeglasses or contact lenses after cataract surgery	In-network: You pay \$0 copay for eyeglasses or contact lenses after cataract surgery	In-network: You pay \$0 copay for eyeglasses or contact lenses after cataract surgery	In-network: You pay \$0 copay for eyeglasses or contact lenses after cataract surgery	
	Out-of-network: You pay 50% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 30% of approved amount	

Benefits	Essential	Vitality	Signature	Assure	What you should know
Vision Services, continued					
Enhanced Vision Benefits					
Elective Lasik and RK surgery (not)	In-network: You pay \$45 copay	In-network: You pay \$40 copay	In-network: You pay \$35 copay	In-network: You pay \$0 copay	
provided by VSP)	Out-of-network: You pay 50% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 30% of approved amount	
Routine eye exam	In-network: You pay \$0	In-network: You pay \$0	In-network: You pay \$0	In-network: You pay \$0	VSP Vision Care providers represent
	Out-of-network: Reimbursed up to 50% of the allowed amount	Out-of-network: Reimbursed up to 50% of the allowed amount	Out-of-network: Reimbursed up to 50% of the allowed amount	Out-of-network: Reimbursed up to 50% of the allowed amount	the plan's vision network. Routine vision care must be provided by a VSP provider for services
 You are eligible for ONE of the following, every calendar year: Elective contacts OR One pair standard lenses OR One frame OR One complete pair of eyeglasses 	In-network: Eyewear benefit provides a combined in- and out-of- network maximum benefit up to \$150 every calendar year and may be used for either (a) elective contact lenses or, (b) one frame. One pair of standard eyeglass lenses is covered in full every calendar year.	In-network: Eyewear benefit provides a combined in- and out-of- network maximum benefit up to \$150 every calendar year and may be used for either (a) elective contact lenses or, (b) one frame. One pair of standard eyeglass lenses is covered in full every calendar year.	In-network: Eyewear benefit provides a combined in- and out-of- network maximum benefit up to \$150 every calendar year and may be used for either (a) elective contact lenses or, (b) one frame. One pair of standard eyeglass lenses is covered in full every calendar year.	In-network: Eyewear benefit provides a combined in- and out-of- network maximum benefit up to \$150 every calendar year and may be used for either (a) elective contact lenses or, (b) one frame. One pair of standard eyeglass lenses is covered in full every calendar year.	to be considered innetwork. To locate a VSP Choice Network provider you can access VSP.com or call 1-877-365-5430, 8 a.m. to 8 p.m. local time, Monday - Saturday. Hearing impaired customers may call 1-800-428-4833 for assistance.

Benefits	Essential	Vitality	Signature	Assure	What you should know
Vision Services, continued					
 An allowance (every calendar year) is provided for: Elective contacts OR One frame For a complete pair of eyeglasses, allowance available for the frame only. Standard eyeglass lenses are covered in full every calendar year. 	Out-of-network: Eyewear benefit provides a combined in- and out-of- network maximum benefit with 50% coinsurance up to \$150 every calendar year and may be used for either (a) elective contact lenses or, (b) one frame. Standard eyeglass lenses are	Out-of-network: Eyewear benefit provides a combined in- and out-of- network maximum benefit with 50% coinsurance up to \$150 every calendar year and may be used for either (a) elective contact lenses or, (b) one frame. Standard eyeglass lenses are	Out-of-network: Eyewear benefit provides a combined in- and out-of- network maximum benefit with 50% coinsurance up to \$150 every calendar year and may be used for either (a) elective contact lenses or, (b) one frame. Standard eyeglass lenses are	Out-of-network: Eyewear benefit provides a combined in- and out-of- network maximum benefit with 50% coinsurance up to \$150 every calendar year and may be used for either (a) elective contact lenses or, (b) one frame. Standard eyeglass lenses are	
	reimbursed up to 50% of the allowed amount	reimbursed up to 50% of the allowed amount	reimbursed up to 50% of the allowed amount	reimbursed up to 50% of the allowed amount	

Benefits	Essential	Vitality	Signature	Assure	What you should know
Optional Supplemental Vision You are eligible for			ard either elective contact) combined in- and out-of		The optional supplemental benefit is available for an
ONE of the following, every calendar year:	maximum (in addition to	the enhanced vision	benefit for a total of \$400 elective contact lenses or)) once every	additional premium. Optional
 Elective contact lenses OR One pair of standard eyeglass lenses OR One frame OR One complete pair of eyeglasses An allowance every 	Standard eyeglass lens Vision benefit.	es are covered in full	every calendar year as pa	art of the Enhanced	supplemental vision benefits are provided in conjunction with the Enhanced Vision benefits. Frequency limits apply.
 calendar year is provided for: Elective contact lenses OR 					
• One frame For a complete pair of eyeglasses, the vision allowance is available for the frame only. If standard eyeglass lenses or one complete pair of eyeglasses are chosen, lenses have the options of polycarbonate lenses and anti-reflective coating.					

Benefits	Essential	Vitality	Signature	Assure	What you should know	
Optional Supplemental Vision continued						
If elective contact lenses are chosen, they are covered up to the maximum vision benefit.						
You may pay higher out-of-pocket amounts	Out-of-network You have an allowance t	hat can be used towa	ard either elective contact	t lenses or one frame.		
if you receive services from out-of-network providers.	if you receive services from out-of-network The optional eyewear benefit provides (in addition to the Enhanced vision benefit) a combined in- and out-of-network benefit maximum with 50% coinsurance up to \$250					
Routine vision care must be from a participating VSP	Standard eyeglass lense every calendar year, as		50% coinsurance up to a Vision benefit.	llowed amounts		
Choice Network provider. To locate	Exams are reimbursed a limited to once every cal		p to allowed amounts. Ro	outine eye exams are		
a VSP Choice Network provider, call 1-877-365-5430 from	VSP Choice etwork provider, call For out-of-network services, you may be required to pay the cost up front and submit for reimbursement.					
8 a.m. to 8 p.m. local time, Monday through						
Friday. TTY users call 1-800-428-4833 or visit						
www.vsp.com.						

Benefits	Essential	Vitality	Signature	Assure	What you should know	
Mental Health Services						
	The copays for hospital and skilled nursing facility (SNF) benefits are based on benefit periods. A benefit period begins the day you're admitted as an inpatient and ends when you haven't received any inpatient care (or skilled care in a SNF) for 60 days in a row. If you go into a hospital or a SNF after one benefit period has ended, a new benefit period begins. You must pay the inpatient hospital deductible for each benefit period. There's no limit to the number of benefit periods.					
	Our plan covers 90 da	ys for a benefit period.				
○ Inpatient visit¹	In-network: You pay \$300 copay per day for days 1 through 6	In-network: You pay \$250 copay per day for days 1 through 6	In-network: You pay \$175 copay per day for days 1 through 6	In-network: You pay \$100 copay per day for days 1 through 6	Using in-network providers lowers your costs.	
	You pay \$0 per day for days 7 through 90	You pay \$0 per day for days 7 through 90	You pay \$0 per day for days 7 through 90	You pay \$0 per day for days 7 through 90		
	Out-of-network: You pay 50% of approved amount per stay	Out-of-network: You pay 40% of approved amount per stay	Out-of-network: You pay 40% of approved amount per stay	Out-of-network: You pay 30% of approved amount per stay		
 Outpatient group or individual therapy 	In-network: You pay \$20 copay	In-network: You pay \$20 copay	In-network: You pay \$20 copay	In-network: You pay \$20 copay		
visit	Out-of-network: You pay 50% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 30% of approved amount		

Benefits	Essential	Vitality	Signature	Assure	What you should know
Mobile Crisis and Crisis Stabilization for Behavioral Health For members who reside in Allegan, Barry, Berrien, Branch,	In-network: You pay \$20 copay for mobile crisis and crisis stabilization for behavioral health services	In-network: You pay \$20 copay for mobile crisis and crisis stabilization for behavioral health services	In-network: You pay \$20 copay for mobile crisis and crisis stabilization for behavioral health services	In-network: You pay \$20 copay for mobile crisis and crisis stabilization for behavioral health services	For more information or to find a provider near you, visit https://www.bcbsm.com/behavioral-mental-health/
Calhoun, Eaton, Gratiot, Hillsdale, Ingham, Ionia, Kalamazoo, Jackson, Macomb, Mason, Monroe, Montcalm, Muskegon, Newaygo, Oakland, Oceana, Ottawa, St. Joseph, Van Buren, Wayne and Washtenaw counties only.	Out-of-network: You pay 50% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 30% of approved amount	index/ or contact your Medicare Advantage plan's customer service.
Mobile crisis and crisis stabilization for behavioral health will improve care for people who are in crisis. Services include onsite services, mobile crisis intervention by telehealth or face to face, along with crisis stabilization.					

Benefits	Essential	Vitality	Signature	Assure	What you should know
Skilled Nursing Facility (SNF) ¹	In-network: You pay \$0 per day for days 1 through 20	In-network: You pay \$0 per day for days 1 through 20	In-network: You pay \$0 per day for days 1 through 20	In-network: You pay \$0 per day for days 1 through 20	Our plan covers up to 100 days in a SNF. No prior hospital
	You pay \$188 copay per day for days 21 through 100	You pay \$188 copay per day for days 21 through 100	You pay \$188 copay per day for days 21 through 100	You pay \$188 copay per day for days 21 through 100	stay is required for a skilled nursing facility stay.
	Out-of-network: You pay 50% of approved amount per stay	Out-of-network: You pay 40% of approved amount per stay	Out-of-network: You pay 40% of approved amount per stay	Out-of-network: You pay 30% of approved amount per stay	
Physical Therapy	In-network: You pay \$40 copay	In-network: You pay \$40 copay	In-network: You pay \$35 copay	In-network: You pay \$30 copay	Physical Therapy is available in
	Out-of-network: You pay 50% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 30% of approved amount	various outpatient settings, such as hospital outpatient departments, independent therapist offices, and Comprehensive Outpatient Rehabilitation Facilities.

Benefits	Essential	Vitality	Signature	Assure	What you should know
Ambulance	In-network: You pay \$275 copay	In-network: You pay \$275 copay	In-network: You pay \$250 copay	In-network: You pay \$250 copay	Copay is for each one-way trip.
 Ground or Air Ambulance services without transportation 	for each one-way emergent trip for Medicare-covered services	for each one-way emergent trip for Medicare-covered services	for each one-way emergent trip for Medicare-covered services	for each one-way emergent trip for Medicare-covered services	We cover ambulance services even if you are not transported to a facility, if you
You for a serv	You pay \$90 copay for ambulance services not requiring transportation	You pay \$90 copay for ambulance services not requiring transportation	You pay \$90 copay for ambulance services not requiring transportation	You pay \$90 copay for ambulance services not requiring transportation	are stabilized at your home or another location. This service is not covered
	Out-of-network: You pay a \$275 copay for each one-way trip for emergent Medicare-covered services	Out-of-network: You pay a \$275 copay for each one-way trip for emergent Medicare-covered services	Out-of-network: You pay a \$250 copay for each one-way trip for emergent Medicare-covered services	Out-of-network: You pay a \$250 copay for each one-way trip for emergent Medicare-covered services	outside of the U.S. or
	You pay a \$90 copay for ambulance services not requiring transportation	You pay a \$90 copay for ambulance services not requiring transportation	You pay a \$90 copay for ambulance services not requiring transportation	You pay a \$90 copay for ambulance services not requiring transportation	
	You pay 50% of the approved amount for non-emergency transportation	You pay 40% of the approved amount for non-emergency transportation	You pay 40% of the approved amount for non-emergency transportation	You pay 30% of the approved amount for non-emergency transportation	

Benefits	Essential	Vitality	Signature	Assure	What you should know
Transportation All members are eligible for 1 round trip per calendar year to an Enhanced Wellness Visit within the state of Michigan, no referral needed.	\$0 copay for transporta year within the state of		Vellness Visit for 1 round needed.	trip per calendar	No referral needed.
To arrange transportation, call 1-888-617-0468 from 6 a.m. to 6 p.m. Eastern time, Monday through Saturday. TTY users call 711. Please call 48 hours in advance to schedule transportation.					
For qualified members who reside in Wayne, Oakland, Macomb and Washtenaw counties only, non-emergency, medical transportation is covered for up to 28 days after a hospital discharge.			ayne, Oakland, Macomb tion is covered for up to 2		Your Care Manager must arrange your transportation with the plan-approved transportation provider.
Qualified members who have been selected for Blue Cross Coordinated Care SM , our care management program for members with special health needs,					

Benefits	Essential	Vitality	Signature	Assure	What you should know
Transportation continued					
may be eligible for non- emergency medical transportation (NEMT) provided by a plan- approved transportation provider to medical appointments, physical therapy, a pharmacy, or other plan-approved locations.					
Medicare Part B Drugs ¹					
 Medicare Part B Insulin Drugs (one- month's supply) 	In- and Out-of- network: Not more than a \$35 copay	Step therapy may be required.			
 Part B drugs such as chemotherapy drugs and other 	In-network: You pay 0% – 20% of approved amount	In-network: You pay 0% – 20% of approved amount	In-network: You pay 0% – 20% of approved amount	In-network: You pay 0% – 20% of approved amount	
Part B drugs	Out-of-network: You pay 50% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 30% of approved amount	

Benefits	Essential	Vitality	Signature	Assure	What you should know
Rehabilitation Services					
 Occupational therapy visit 	In-network: You pay \$40 copay	In-network: You pay \$40 copay	In-network: You pay \$35 copay	In-network: You pay \$30 copay	Rehabilitation services are available
	Out-of-network: You pay 50% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 30% of approved amount	in various outpatient settings, such as hospital outpatient departments,
 Speech and language therapy 	In-network: You pay \$40 copay	In-network: You pay \$40 copay	In-network: You pay \$35 copay	In-network: You pay \$30 copay	independent therapist offices,
visit	Out-of-network: You pay 50% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 30% of approved amount	and Comprehensive Outpatient Rehabilitation Facilities.
Cardiac rehabilitation services					
Comprehensive programs of cardiac rehabilitation services that include exercise, education, and counseling are covered for members who meet	In-network: You pay \$0 copay for Medicare-covered cardiac rehabilitation and intensive cardiac rehabilitation services.	In-network: You pay \$0 copay for Medicare-covered cardiac rehabilitation and intensive cardiac rehabilitation services.	In-network: You pay \$0 copay for Medicare-covered cardiac rehabilitation and intensive cardiac rehabilitation services.	In-network: You pay \$0 copay for Medicare-covered cardiac rehabilitation and intensive cardiac rehabilitation services.	
certain conditions with a doctor's order.	Out-of-network: You pay 50% of the	Out-of-network: You pay 40% of the	Out-of-network: You pay 40% of the	Out-of-network: You pay 30% of the	
The plan also covers intensive cardiac rehabilitation programs that are typically more rigorous or more intense than cardiac rehabilitation programs.	approved amount for Medicare-covered cardiac rehabilitation and intensive cardiac rehabilitation services.	approved amount for Medicare-covered cardiac rehabilitation and intensive cardiac rehabilitation services.	approved amount for Medicare-covered cardiac rehabilitation and intensive cardiac rehabilitation services.	approved amount for Medicare-covered cardiac rehabilitation and intensive cardiac rehabilitation services.	

Benefits	Essential	Vitality	Signature	Assure	What you should know
Pulmonary rehabilitation services					
Comprehensive programs of pulmonary rehabilitation are covered for members who have moderate to very severe chronic	In-network: You pay \$0 copay for Medicare- covered pulmonary rehabilitation services.	In-network: You pay \$0 copay for Medicare- covered pulmonary rehabilitation services.	In-network: You pay \$0 copay for Medicare- covered pulmonary rehabilitation services.	In-network: You pay \$0 copay for Medicare- covered pulmonary rehabilitation services.	
obstructive pulmonary disease (COPD) and an order for pulmonary rehabilitation from the doctor treating the chronic respiratory disease.	Out-of-network: You pay 50% of the approved amount for Medicare-covered pulmonary rehabilitation services.	Out-of-network: You pay 40% of the approved amount for Medicare-covered pulmonary rehabilitation services.	Out-of-network: You pay 40% of the approved amount for Medicare-covered pulmonary rehabilitation services.	Out-of-network: You pay 30% of the approved amount for Medicare-covered pulmonary rehabilitation services.	
Foot Care (podiatry services) ¹					
Foot exams and treatment if you have	In-network: You pay \$45 copay	In-network: You pay \$40 copay	In-network: You pay \$35 copay	In-network: You pay \$0 copay	Your doctor may charge an outpatient
diabetes-related nerve damage and/or meet certain conditions	Out-of-network: You pay 50% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 30% of approved amount	surgical copay for toenail clipping.

Benefits	Essential	Vitality	Signature	Assure	What you should know
Medical Equipment/ Supplies ¹					
 Durable Medical Equipment (e.g., wheelchairs, 	In-network: You pay 20% of approved amount	Members can obtain diabetic supplies, including diabetic			
oxygen)	Out-of-network: You pay 50% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 30% of approved amount	shoes and inserts from Northwood at 1-800-667-8496, 8:30 a.m. to 5 p.m.,
 Prosthetics (e.g., braces, artificial limbs) 	In-network: You pay 20% of approved amount	Monday through Friday. TTY users call 711.			
	Out-of-network: You pay 50% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 30% of approved amount	Select continuous glucose monitors and other diabetic supplies (except
 Diabetes supplies (e.g., monitoring, 	In-network: You pay \$0	In-network: You pay \$0	In-network: You pay \$0	In-network: You pay \$0	diabetic shoes) may be obtained from any
including approved continuous glucose monitors and supplies as covered by Original Medicare, therapeutic shoes or inserts)	Out-of-network: You pay \$0	Out-of-network: You pay \$0	Out-of-network: You pay \$0	Out-of-network: You pay \$0	in-network pharmacy.

Benefits	Essential	Vitality	Signature	Assure	What you should know
Health fitness	In-network				Benefits include:
Members are covered for a fitness benefit through SilverSneakers®. SilverSneakers is a comprehensive program that can improve overall well-being and social connections. Designed for all levels and abilities, SilverSneakers provides convenient access to a nationwide fitness network, a variety of programming options and activities beyond the gym that incorporate physical well-being and social interaction.	("Tivity") or its affiliates. Internet service charge	ty provider and is not on the Users must have intended are responsibility of	owned or operated by Tiven to access General service to access General was a common to the common to	etSetUp service.	 Use of exercise equipment, classes, and other amenities at thousands of participating locations SilverSneakers LIVE online classes and workshops taught by instructors trained in senior fitness SilverSneakers On-Demand online library with hundreds of workout videos SilverSneakers GO mobile app with on-demand videos and live classes SilverSneakers Community gives you options to get active outside of traditional gyms (like recreation centers, malls, and parks)

Benefits	Essential	Vitality	Signature	Assure	What you should know
					Online fitness tips and healthy eating information
					Social connections through events such as shared meals, holiday celebrations, and class socials
					GetSetUp virtual enrichment program with classes on topics ranging from healthy eating to aging in place
Bathroom Safety Members may use the	You pay \$0 copay Covered in full up to \$100 ar	nnual plan benefit max	imum.		Installation and in- home assessment
annual plan benefit maximum towards supplemental bathroom safety items such as:					are not covered. If a noncovered item and/or service is elected, the member
 Shower/bathtub grab bar Tub stool or transfer bench Commode rails Elevated toilet seats 					is responsible for the entire charge associated with that item and/or service.

Benefits	Essential	Vitality	Signature	Assure	What you should know
Chiropractic Care					
Manipulation of the spine to correct a	In-network: You pay \$15 copay	In-network: You pay \$15 copay	In-network: You pay \$15 copay	In-network: You pay \$15 copay	One routine office visit per year.
subluxation (when one or more of the bones of your spine move out of position)	Out-of-network: You pay 50% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 30% of approved amount	You have coverage for 1 set of X-rays (up to 3 views) per year performed by a
Routine Care, 1 visit per year	In-network: You pay \$45 copay	In-network: You pay \$40 copay	In-network: You pay \$35 copay	In-network: You pay \$0 copay	chiropractor.
	Out-of-network: You pay 50% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 30% of approved amount	
Chiropractic X-rays	In-network: You pay \$35 copay	In-network: You pay \$35 copay	In-network: You pay \$35 copay	In-network: You pay \$35 copay	
	Out-of-network: You pay 50% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 30% of approved amount	
Home Health Care ¹	In-network: You pay \$0	In-network: You pay \$0	In-network: You pay \$0	In-network: You pay \$0	Home health care does not include
	Out-of-network: You pay 50% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 30% of approved amount	custodial care.
Home Infusion Therapy¹ Intravenous or subcutaneous administration of drugs or biologicals to an individual at home.	In- and Out-of-network: 0% coinsurance for Medicare-covered home infusion therapy services.				
Hospice	Please	You may have to pa Hospic	pice care from a Medicary part of the cost for dree is covered outside of the part of the properties of the country of the cou	ugs and respite care.	ooklet).

Benefits	Essential	Vitality	Signature	Assure	What you should know
Meal benefit Qualified members who have been selected to be a part of Blue Cross Coordinated Care SM , a care management program for members with special health needs, and have been discharged from a	\$0 copay for qualified	members			Twenty-eight (28) meals will be delivered to your home in a refrigerated cooler pack in two shipments (14 meals per shipment). Meals can be tailored to meet certain dietary needs.
hospital may be eligible for a two-week (14-day) meal benefit. Members are eligible for this benefit during the 30-day period after they return home from the hospital.					An assessment with your Blue Cross nurse care manager is required to determine eligibility for the meal benefit. Members can receive up to 28 meals following each hospital discharge. There is no annual
					limit to the number of occurrences.
Outpatient Substance Abuse					
Group and individual therapy visit	In-network: You pay \$45 copay	In-network: You pay \$40 copay	In-network: You pay \$35 copay	In-network: You pay \$0 copay	Includes detoxification,
	Out-of-network: You pay 50% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 30% of approved amount	medical testing and diagnostic evaluation.
Renal dialysis	In-network: You pay 20% coinsurance	In-network: You pay 20% coinsurance	In-network: You pay 20% coinsurance	In-network: You pay 20% coinsurance	Certain drugs for dialysis are covered under your Medicare
	Out-of-network: You pay 50% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 40% of approved amount	Out-of-network: You pay 30% of approved amount	Part B drug benefit.

Benefits	Essential	Vitality	Signature	Assure	What you should know	
Over-the-Counter (OTC) Allowance:	Th	Essential, Vitality and Signature				
Advantage Dollars Over-the-Counter (OTC) items are drugs		Allowan	ce Amount		members will receive one card for purchasing approved	
and health related products that do not	You receive \$125 per quarter	uarter				
need a prescription. This benefit covers certain approved non-prescription over- the-counter drugs and health-related items. An a amo final carr	amounts will carry forv final day to spend allow carry over to 2025.	vard into the next quar wance dollars is Decer	over-the-care (January 1, April 1, July 1, October 1). Unused e next quarter but not into the next calendar year. The ars is December 31, 2024. Any unspent allowance will not le through plan-approved retailers. over-the-care drugs, here items, and qualify, here at participal locations, members receive or card for the Counter (Advantage). Flex benefits the content of the care			
There are four ways to use your benefit:						
1) In-store. You will receive an Advantage Dollars card in the mail. You can use this card to purchase many common items at local retailers. You can find a complete list of plan-approved retailers online at www.bcbsm.com/medicareotc.						

Benefits	Essential	Vitality	Signature	Assure	What you should know
2) Online. Go to www.bcbsm.com/ medicareotc and follow the prompts to place the order using the online catalog. Items will be mailed to you.					See Special supplemental benefits for the chronically ill, Food Allowance, for more information.
3) Mail. You may request a printed catalog and order form by calling 1-855-856-7878 (TTY: 711), 8 a.m. – 11 p.m. Eastern time, Monday – Friday. Complete and return the order form. Items will be mailed to you.					
4) Telephone . Select items using the printed or online catalog and call 1-855-856-7878 (TTY: 711), 8 a.m. – 11 p.m. Eastern time, Monday – Friday, to place an order. Items will be mailed to you.					

Benefits	Essential	Vitality	Signature	Assure	What you should know
Advantage Dollars Flex Card Allowance	I hara is no coincurance consument or deductible				
(Assure ONLY) Advantage Dollars Flex		Allowand	ce Amount		
Card is an allowance that can be used for	Not available for Essen	tial, Vitality, or Signatu	ure	You receive \$75 per quarter	
items and services for Dental, Vision, and Hearing services, both in-network and out-of-network. How to use your benefit: You will receive a credit card in the mail. You can use this benefit at any dental, vision, or hearing provider. This allowance is separate from the Advantage Dollars Over-the-Counter				An allowance is added each quarter (January 1, April 1, July 1, October 1). Unused amounts will carry forward into the next quarter but not into the next calendar year. The final day to spend allowance dollars is December 31, 2024. Any unspent allowance will not carry over to 2025.	You can use this allowance to pay for in- and out-of-network dental, vision, and hearing items and services in addition to your plan-covered services. You will receive one credit card for the Advantage Dollars Flex and Over-the-Counter (OTC) benefit.
(OTC) benefit but will be on the same card.					

Benefits	Essential	Vitality	Signature	Assure	What you should know		
Special supplemental benefits for the		There is no coinsurance, copayment, or deductible.					
chronically ill		Allowance Amount					
Food Allowance							
Members with certain health conditions can	You receive \$125 per quarter	You receive \$50 per quarter	You receive \$50 per quarter	You receive \$50 per quarter	Note: This benefit works in conjunction		
use their quarterly over-the-counter (OTC) Advantage Dollars allowance to buy approved food and produce. This benefit will be available only	An allowance is added will carry forward into t spend allowance dollar 2025. Note: All purchases mu	with the Over-the-Counter (OTC) Allowance: Advantage Dollars benefit and is limited to the maximum amount.					
to plan-identified members who have been diagnosed with: arthritis, autoimmune disorders (polyarteritis nodosa, polymyositis rheumatica,		The benefits mentioned are a part of special supplemental program for the chronically ill. Not all members qualify.					
polymyositis, systemic lupus erythematosus), cancer (excluding precancer conditions or in-situ status), chronic alcohol and/or other drug dependence, chronic cardiovascular disorders (coronary artery disease [CAD], peripheral vascular, chronic venous thromboembolic disorder), chronic					See Over-the-Counter (OTC) Allowance: Advantage Dollars benefit for more information on the over-the-counter items benefit.		

Benefits	Essential	Vitality	Signature	Assure	What you should know
and disabling mental					
health conditions,					
chronic heart failure,					
chronic lung disorders					
(chronic obstructive					
pulmonary disease					
[COPD]), cardiac					
arrhythmias, dementia,					
diabetes, pre-					
diabetes, end-stage					
liver disease, end-					
stage renal disease					
(ESRD) requiring					
dialysis, HIV/AIDS,					
hypertension, severe					
hematologic disorders					
(aplastic anemia,					
hemophilia, immune					
thrombocytopenic					
purpura,					
myelodysplastic					
syndrome, sickle-cell					
disease [excluding					
having the sickle-cell					
trait], chronic venous					
thromboembolic					
disorder), neurologic					
disorders, and/or					
stroke.					

Benefits	Essential	Vitality	Signature	Assure	What you should know
Support for caregivers of enrollees Eligible members who have a non-			es. anager is required to det	ermine eligibility.	Qualifying members will be referred to this program by their Care Manager.
professional caregiver (e.g., a family member or other person who cares for them) may be eligible for access to an online Caregiver Support tool. The					For a caregiver to qualify for this benefit, the member must meet the following requirements:
tool provides training, coaching and support to family members or other persons who care for members with dementia and other high-risk conditions.					1. Have been selected to be a part of a Blue Cross Coordinated Care SM , a care management
Caregivers will have access to online coaching, education, and support where they can learn:					program for members with special health needs. 2. Be cared for at home by a family.
 How to manage stress and social isolation How to access available resources such as transportation and home health 					home by a family member or other person who would benefit from the support, training and coaching this program provides.
 assistance Home safety improvements How to prevent falls About advanced care planning 					

Benefits	Essential	Vitality	Signature	Assure		What you should know
Virtual Care Visits This Virtual Care benefit applies to certain telehealth services. This service is separate from any virtual care your personal doctor might offer. Medical: Members can get	vendor.		ysician medical visit thro		Te an co pla ve vir an he yo or an	rtual Care through eladoc Health, independent ompany and our an-approved endor, gives you rtual urgent care and behavioral ealth care through our phone, tablet, is computer from anywhere in the inited States.
virtual urgent care visits from U.S. board- certified doctors 24 hours a day, 7 days a week for minor illnesses and symptoms through Teladoc Health®. Examples of symptoms that can be addressed in a virtual primary					•	Visit bcbsm.com/ virtualcare for more information or call 1-800-835-2362, available 24 hours a day, 7 days a week, 365 days a year. TTY users call
care physician visit include: Respiratory and sinus infections Colds, flu and seasonal allergies Eye irritation or redness Strains and sprains					•	1-855-636-1578. Urgent general medical appointments are available 24 hours a day, 7 days a week, 365 days a year.

Benefits	Essential	Vitality	Signature	Assure	What you should know
Mental Health: Members can schedule virtual individual mental health visits. These virtual visits are available by appointment from licensed behavioral health providers such as therapists, counselors, and U.S. board-certified psychiatrists.					 Mental health appointment availability is 7 days a week, 7 a.m. to 9 p.m. local time. Providers will contact members directly. Appointments are not conducted through the 800 number above.
Worldwide emergency coverage o Worldwide emergency coverage	In- and Out-of- Network You pay \$90 for worldwide emergency coverage.	In- and Out-of- Network You pay \$90 for worldwide emergency coverage.	In- and Out-of- Network You pay \$90 for worldwide emergency coverage.	In- and Out-of- Network You pay \$90 for worldwide emergency coverage.	If you need care when you're outside of the United States, we cover emergency and urgently needed services and emergency
Worldwide urgent coverage	In- and Out-of- Network You pay \$50 for worldwide urgent coverage.	In- and Out-of- Network You pay \$50 for worldwide urgent coverage.	In- and Out-of- Network You pay \$50 for worldwide urgent coverage.	In- and Out-of- Network You pay \$40 for worldwide urgent coverage.	There is a combined \$50,000 lifetime limit that applies to both urgent and
 Worldwide emergency transportation 	In- and Out-of- Network You pay \$275 for worldwide emergency transportation.	In- and Out-of- Network You pay \$275 for worldwide emergency transportation.	In- and Out-of- Network You pay \$250 for worldwide emergency transportation.	In- and Out-of- Network You pay \$250 for worldwide emergency transportation.	emergent medical care and emergency transportation outside of the United States and its territories.

Outpatient Prescription Drugs - Essential

Phase 1: The Deductible Stage

Because there is no deductible for the plan, this stage does not apply to you.

Phase 2: The Initial Coverage Stage

You pay the amounts listed in the tables below, and on the next page, until your total yearly drug costs reach \$5,030. Total yearly drug costs are the total drug costs paid by both you and our Part D plan.

Your share of the cost when you get a one-month (31-day) supply of a covered Part D prescription drug:

	Standard retail and standard mail-order cost sharing (in-network)	Preferred retail and preferred mail-order cost sharing (in-network)
Tier 1: Preferred Generic	\$5	\$0
Tier 2: Generic	\$20	\$11
Tier 3: Preferred Brand	\$47	\$42
Tier 4: Non-Preferred Drug	50%	50%
Tier 5: Specialty Tier	33%	33%

Essential, continued	Standard retail and standard mail-order cost sharing (in-network)	Preferred retail cost sharing (in-network)	Preferred mail-order cost sharing (in-network)
Tier 1: Preferred Generic	\$15	\$0	\$0
Tier 2: Generic	\$60	\$0	\$0
Tier 3: Preferred Brand	\$141	\$126	\$84
Tier 4: Non-Preferred Drug	50%	50%	50%
Tier 5: Specialty Tier	Not offered	Not offered	Not offered

You won't pay more than \$105 for up to a three-month supply of each covered insulin product regardless of the cost-sharing tier.

Cost sharing may change depending on the pharmacy you choose and when you enter another phase of the Part D benefit. For more information on the additional pharmacy-specific cost sharing and the phases of the benefit, please call us or access our *Evidence of Coverage* online at **www.bcbsm.com/medicare**.

Phase 3 & 4: The Coverage Gap & The Catastrophic Stages

You have coverage for some Tier 1 generics during the coverage gap stage. During this stage, you will pay either \$0 at a Preferred pharmacy or \$5 at a Standard pharmacy for a 31-day supply of these medications. You won't pay more than \$35 for a 31-day supply for each covered insulin product regardless of the cost-sharing tier. You also have coverage for generic and brand-name drugs in the Catastrophic Coverage stage. During this stage, you will pay \$0 for the cost of the drug. Most members do not reach the Coverage Gap stage or the Catastrophic Coverage stage. For information about your costs in these stages, look at Chapter 6, Sections 6 and 7, in the *Evidence of Coverage* online at www. bcbsm.com/medicare.

Your plan requires prior authorization and has step therapy and quantity limit restrictions for certain drugs. Please refer to your formulary to determine if your drugs are subject to any limitations.

You must generally use network pharmacies to fill your prescriptions for covered Part D drugs. Some of our network pharmacies have preferred cost-sharing. You may pay less if you use these pharmacies. You can see our plan's pharmacy directory at our website (www.bcbsm.com/pharmaciesmedicare).

Outpatient Prescription Drugs - Vitality

Phase 1: The Deductible Stage

Because there is no deductible for the plan, this stage does not apply to you.

Phase 2: The Initial Coverage Stage

You pay the amounts listed in the tables below, and on the next page, until your total yearly drug costs reach \$5,030. Total yearly drug costs are the total drug costs paid by both you and our Part D plan.

Your share of the cost when you get a one-month (31-day) supply of a covered Part D prescription drug:

	Standard retail and standard mail-order cost sharing (in-network)	Preferred retail and preferred mail-order cost sharing (in-network)
Tier 1: Preferred Generic	\$5	\$0
Tier 2: Generic	\$20	\$11
Tier 3: Preferred Brand	\$47	\$42
Tier 4: Non-Preferred Drug	50%	50%
Tier 5: Specialty Tier	33%	33%

Vitality, continued	Standard retail and standard mail-order cost sharing (in-network)	Preferred retail cost sharing (in-network)	Preferred mail-order cost sharing (in-network)
Tier 1: Preferred Generic	\$15	\$0	\$0
Tier 2: Generic	\$60	\$0	\$0
Tier 3: Preferred Brand	\$141	\$126	\$84
Tier 4: Non-Preferred Drug	50%	50%	50%
Tier 5: Specialty Tier	Not offered	Not offered	Not offered

You won't pay more than \$105 for up to a three-month supply of each covered insulin product regardless of the cost-sharing tier.

Cost sharing may change depending on the pharmacy you choose and when you enter another phase of the Part D benefit. For more information on the additional pharmacy-specific cost sharing and the phases of the benefit, please call us or access our *Evidence of Coverage* online at **www.bcbsm.com/medicare**.

Phase 3 & 4: The Coverage Gap & The Catastrophic Stages

You have coverage for some Tier 1 generics during the coverage gap stage. During this stage, you will pay either \$0 at a Preferred pharmacy or \$5 at a Standard pharmacy for a 31-day supply of these medications. You won't pay more than \$35 for a 31-day supply for each covered insulin product regardless of the cost-sharing tier. You also have coverage for generic and brand-name drugs in the Catastrophic Coverage stage. During this stage, you will pay \$0 for the cost of the drug. Most members do not reach the Coverage Gap stage or the Catastrophic Coverage stage. For detailed information about your costs in these stages, look at Chapter 6, Sections 6 and 7, in the *Evidence of Coverage* online at **www.bcbsm.com/medicare**.

Your plan requires prior authorization and has step therapy and quantity limit restrictions for certain drugs. Please refer to your formulary to determine if your drugs are subject to any limitations.

You must generally use network pharmacies to fill your prescriptions for covered Part D drugs. Some of our network pharmacies have preferred cost-sharing. You may pay less if you use these pharmacies. You can see our plan's pharmacy directory at our website (www.bcbsm.com/pharmaciesmedicare).

Outpatient Prescription Drugs - Signature

Phase 1: The Deductible Stage

Because there is no deductible for the plan, this stage does not apply to you.

Phase 2: The Initial Coverage Stage

You pay the amounts listed in the tables below, and on the next page, until your total yearly drug costs reach \$5,030. Total yearly drug costs are the total drug costs paid by both you and our Part D plan.

Your share of the cost when you get a one-month (31-day) supply of a covered Part D prescription drug:

	Standard retail and standard mail-order cost sharing (in-network)	Preferred retail and preferred mail-order cost sharing (in-network)
Tier 1: Preferred Generic	\$5	\$0
Tier 2: Generic	\$18	\$10
Tier 3: Preferred Brand	\$47	\$42
Tier 4: Non-Preferred Drug	48%	48%
Tier 5: Specialty Tier	33%	33%

Signature, continued	Standard retail and standard mail-order cost sharing (in-network)	Preferred retail cost sharing (in-network)	Preferred mail-order cost sharing (in-network)
Tier 1: Preferred Generic	\$15	\$0	\$0
Tier 2: Generic	\$54	\$0	\$0
Tier 3: Preferred Brand	\$141	\$126	\$84
Tier 4: Non-Preferred Drug	48%	48%	48%
Tier 5: Specialty Tier	Not offered	Not offered	Not offered

You won't pay more than \$105 for up to a three-month supply of each covered insulin product regardless of the cost-sharing tier.

Cost sharing may change depending on the pharmacy you choose and when you enter another phase of the Part D benefit. For more information on the additional pharmacy-specific cost sharing and the phases of the benefit, please call us or access our *Evidence of Coverage* online at **www.bcbsm.com/medicare**.

Phase 3 & 4: The Coverage Gap & The Catastrophic Stages

You have coverage for some Tier 1 generics during the coverage gap stage. During this stage, you will pay either \$0 at a Preferred pharmacy or \$5 at a Standard pharmacy for a 31-day supply of these medications. You won't pay more than \$35 for a 31-day supply for each covered insulin product regardless of the cost-sharing tier. You also have coverage for generic and brand-name drugs in the Catastrophic Coverage stage. During this stage, you will pay \$0 for the cost of the drug. Most members do not reach the Coverage Gap stage or the Catastrophic Coverage stage. For detailed information about your costs in these stages, look at Chapter 6, Sections 6 and 7, in the *Evidence of Coverage* online at **www.bcbsm.com/medicare**.

Your plan requires prior authorization and has step therapy and quantity limit restrictions for certain drugs. Please refer to your formulary to determine if your drugs are subject to any limitations.

You must generally use network pharmacies to fill your prescriptions for covered Part D drugs. Some of our network pharmacies have preferred cost-sharing. You may pay less if you use these pharmacies. You can see our plan's pharmacy directory at our website (www.bcbsm.com/pharmaciesmedicare).

Outpatient Prescription Drugs - Assure

Phase 1: The Deductible Stage

Because there is no deductible for the plan, this stage does not apply to you.

Phase 2: The Initial Coverage Stage

You pay the amounts listed in the tables below, and on the next page, until your total yearly drug costs reach \$5,030. Total yearly drug costs are the total drug costs paid by both you and our Part D plan.

Your share of the cost when you get a one-month (31-day) supply of a covered Part D prescription drug:

	Standard retail and standard mail-order cost sharing (in-network)	Preferred retail and preferred mail-order cost sharing (in-network)
Tier 1: Preferred Generic	\$5	\$0
Tier 2: Generic	\$12	\$7
Tier 3: Preferred Brand	\$42	\$37
Tier 4: Non-Preferred Drug	45%	45%
Tier 5: Specialty Tier	33%	33%

Assure, continued	Standard retail and standard mail-order cost sharing (in-network)	Preferred retail cost sharing (in-network)	Preferred mail-order cost sharing (in-network)
Tier 1: Preferred Generic	\$15	\$0	\$0
Tier 2: Generic	\$36	\$0	\$0
Tier 3: Preferred Brand	\$126	\$111	\$74
Tier 4: Non-Preferred Drug	45%	45%	45%
Tier 5: Specialty Tier	Not offered	Not offered	Not offered

You won't pay more than \$105 for up to a three-month supply of each covered insulin product regardless of the cost-sharing tier.

Cost sharing may change depending on the pharmacy you choose and when you enter another phase of the Part D benefit. For more information on the additional pharmacy-specific cost sharing and the phases of the benefit, please call us or access our *Evidence of Coverage* online at **www.bcbsm.com/medicare**.

Phase 3 & 4: The Coverage Gap & The Catastrophic Stages

You have coverage for some Tier 1 generics during the coverage gap stage. During this stage, you will pay either \$0 at a Preferred pharmacy or \$5 at a Standard pharmacy for a 31-day supply of these medications. You won't pay more than \$35 for a 31-day supply for each covered insulin product regardless of the cost-sharing tier. You also have coverage for generic and brand-name drugs in the Catastrophic Coverage stage. During this stage, you will pay \$0 for the cost of the drug. Most members do not reach the Coverage Gap stage or the Catastrophic Coverage stage. For detailed information about your costs in these stages, look at Chapter 6, Sections 6 and 7, in the *Evidence of Coverage* online at **www.bcbsm.com/medicare**.

Your plan requires prior authorization and has step therapy and quantity limit restrictions for certain drugs. Please refer to your formulary to determine if your drugs are subject to any limitations.

You must generally use network pharmacies to fill your prescriptions for covered Part D drugs. Some of our network pharmacies have preferred cost-sharing. You may pay less if you use these pharmacies. You can see our plan's pharmacy directory at our website (www.bcbsm.com/pharmaciesmedicare).

For more information

A complete list of services is found in the *Evidence of Coverage*. For a copy of the *Evidence of Coverage*, go to **www.bcbsm.com/ medicare-evidence-of-coverage**, or contact Customer Service at 1-877-241-2583 from October 1 to March 31, 7 days a week from 8 a.m. to 9 p.m. Eastern time and from April 1 to September 30, Monday through Friday from 8 a.m. to 9 p.m. Eastern time, for more information. TTY users call 711.

You can order a copy of the "Medicare & You" handbook at **www.medicare.gov**, or you can call Medicare at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

For more information, please call us at the phone number below or visit us at www.bcbsm.com/medicare.

If you are not a member of this plan, call toll-free 1-888-563-3307. TTY users should call 711.

If you are a member of this plan, call toll-free 1-877-241-2583. TTY users should call 711.

From October 1 to March 31, you can call us 7 days a week from 8 a.m. to 9 p.m. Eastern time.

From April 1 to September 30, you can call us Monday through Friday from 8 a.m. to 9 p.m. Eastern time.

If you want to know more about the coverage and costs of Original Medicare, look in your current "Medicare & You" handbook. View it online at www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

This document is available in other formats such as audio CD and large print. This document may be available in a non-English language.

Medicare Plus BlueSM is a PPO plan with a Medicare contract. Enrollment in Medicare Plus Blue depends on contract renewal.

Confidence comes with every card.

Medicare PLUS Blue[™] PPO





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