## **Summary of Benefits**

Optional Supplemental Benefits

### HumanaChoice R7220-002 (Regional PPO)

Region 21 State of Arizona

Our service area includes the following state(s): Arizona.

#### **Pre-Enrollment Checklist**

Before making an enrollment decision, it is important that you fully understand our benefits and rules. If you have any questions, you can call and speak to a customer service representative at **1-800-833-2364 (TTY: 711)**.

Unde	rstanding the Benefits
	The Evidence of Coverage (EOC) provides a complete list of all coverage and services. It is important to review plan coverage, costs and benefits before you enroll. Visit <b>Humana.com/medicare</b> or call <b>1-800-833-2364 (TTY: 711)</b> to view a copy of the EOC.
	Review the provider directory (or ask your doctor) to make sure the doctors you see now are in the network. If they are not listed, it means you will likely have to select a new doctor.
	Review the pharmacy directory to make sure the pharmacy you use for any prescription medicines is in the network. If the pharmacy is not listed, you will likely have to select a new pharmacy for your prescriptions.
	Review the formulary to make sure your drugs are covered.
Unde	rstanding Important Rules
	In addition to your monthly plan premium, you must continue to pay your Medicare Part B premium. This premium is normally taken out of your Social Security check each month.
	Benefits, premiums and/or copayments/co-insurance may change on January 1, 2024.
	Our plan allows you to see providers outside of our network (non-contracted providers). However, while we will pay for covered services, the provider must agree to treat you. Except in an emergency or urgent situations, non-contracted providers may deny care. In addition, you may pay a higher co-pay for services received by non-contracted providers.

## Great news—Part B Insulin and Part B drug benefits on Humana's Medicare Advantage plans are getting even better in 2023.

At Humana, we strive to help our members achieve total health so that they may live their best lives, which includes efforts to provide our members with access to more affordable prescription drugs.

With the passing of the Inflation Reduction Act, all Medicare Advantage plans will have enhanced benefits in 2023:

**Effective April 1, 2023,** some rebatable Part B drugs may be subject to a lower coinsurance. This means beginning April 1, 2023, some Part B drugs will have a lower coinsurance than your standard part B drug coinsurance to help avoid increased cost for your Part B drugs. Any coinsurance adjustments will be made by the pharmacy at the time of purchase. Note, this does not impact your Part D prescription drug coverage.

**Effective July 1, 2023**, cost sharing for covered Part B Insulin furnished through a covered item of durable medical equipment will be no more than \$35 for a one-month (up to 30-day) supply and if your plan has a deductible, it does not apply to Part B Insulin. Part B Insulin is most commonly used through an insulin pump.

Note, plan information provided in your previous member materials may not reflect these 2023 benefit enhancements from the passing of the Inflation Reduction Act.

# Summary of Benefits

### HumanaChoice R7220-002 (Regional PPO)

Region 21 State of Arizona

Our service area includes the following state(s): Arizona.



# Let's talk about HumanaChoice R7220-002 (Regional PPO)

Find out more about the HumanaChoice R7220-002 (Regional PPO) plan - including the health and drug services it covers - in this easy-to-use guide.

HumanaChoice R7220-002 (Regional PPO) is a Medicare Advantage PPO plan with a Medicare contract. Enrollment in this Humana plan depends on contract renewal.

The benefit information provided is a summary of what we cover and what you pay. It doesn't list every service that we cover or list every limitation or exclusion. For a complete list of services we cover, ask us for the "Evidence of Coverage".

#### To be eligible

To join HumanaChoice R7220-002 (Regional PPO), you must be entitled to Medicare Part A, be enrolled in Medicare Part B and live in our service area.

#### Plan name:

HumanaChoice R7220-002 (Regional PPO)

#### How to reach us:

If you're a member of this plan, call toll-free: **1-800-457-4708** (TTY: 711).

If you're **not** a member of this plan, call toll free: **1-800-833-2364 (TTY: 711)**.

#### October 1 - March 31:

Call 7 days a week from 8 a.m. - 8 p.m.

#### April 1 - September 30:

Call Monday - Friday, 8 a.m. - 8 p.m.

Or visit our website:

Humana.com/medicare

## More about HumanaChoice R7220-002 (Regional PPO)

Do you have Medicare and Medicaid? If you are a dual-eligible beneficiary enrolled in both Medicare and the state's program, you may not have to pay the medical costs displayed in this booklet and your prescription drug costs will be lower, too.

If you have Medicaid, be sure to show your Medicaid ID card in addition to your Humana membership card to make your provider aware that you may have additional coverage. Your services are paid first by Humana and then by Medicaid.

As a member it's a good idea to select a doctor as your Primary Care Provider (PCP). HumanaChoice R7220-002 (Regional PPO) has a network of doctors, hospitals, pharmacies and other providers. If you use providers who aren't in our network, you may be subject to higher copayments/coinsurance.



#### A healthy partnership

Get more from your plan — with extra services and resources provided by Humana!



## Monthly Premium, Deductible and Limits

#### **PLAN COSTS**

Monthly plan premium	\$56	
You must keep paying your		
Medicare Part B premium.	premium may be reduced.	
Medical deductible	This plan does not have a deductible.	
Pharmacy (Part D) deductible	\$505	
Maximum out-of-pocket	<b>\$6,700</b> in-network	
responsibility	\$6,700 combined in- and out-of-network	

The most you pay for copays, coinsurance and other costs for covered medical services for the year.

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## Covered Medical and Hospital Benefits

Covered Medical di	na nospital benefits	
	IN-NETWORK	OUT-OF-NETWORK
ACUTE INPATIENT HOSPITAL CAR		
	<b>\$289</b> copay per day for days 1-6 <b>\$0</b> copay per day for days 7-90 Your plan covers an unlimited number of days for an inpatient stay.	<b>50%</b> of the cost
<b>OUTPATIENT HOSPITAL COVERAGE</b>		
Outpatient surgery at outpatient hospital	<b>\$264</b> copay	<b>50%</b> of the cost
Outpatient surgery at ambulatory surgical center	<b>\$214</b> copay	<b>50%</b> of the cost
DOCTOR OFFICE VISITS		
Primary care provider (PCP)	<b>\$0</b> copay	<b>50%</b> of the cost
Specialists	<b>\$45</b> copay	<b>50%</b> of the cost
PREVENTIVE CARE		
	Our plan covers many preventive services at no cost when you see an in-network provider including:  • Abdominal aortic aneurysm screening  • Alcohol misuse counseling	<b>\$0</b> copay or <b>50%</b> of the cost, depending on the service and where service is provided

You do not need a referral to receive covered services from plan providers. Certain procedures, services and drugs may need advance approval from your plan. This is called a "prior authorization" or "preauthorization." Please contact your PCP or refer to the Evidence of Coverage (EOC) for services that require a prior authorization from the plan.

#### **IN-NETWORK**

- Bone mass measurement
- Breast cancer screening (mammogram)
- Cardiovascular disease (behavioral therapy)
- Cardiovascular screenings
- Cervical and vaginal cancer screening
- Colorectal cancer screenings (colonoscopy, fecal occult blood test, flexible sigmoidoscopy)
- · Depression screening
- Diabetes screenings
- HIV screening
- Medical nutrition therapy services
- Obesity screening and counseling
- Prostate cancer screenings (PSA)
- Sexually transmitted infections screening and counseling
- Tobacco use cessation counseling (counseling for people with no sign of tobacco-related disease)
- Vaccines, including flu shots, hepatitis B shots, pneumococcal shots
- "Welcome to Medicare" preventive visit (one-time)
- Annual Wellness Visit
- · Lung cancer screening
- Routine physical exam
- Medicare diabetes prevention program

Any additional preventive services approved by Medicare during the contract year will be covered.

## You do not need a referral to receive covered services from plan providers. Certain procedures, services and drugs may need advance approval from your plan. This is called a "prior authorization" or "preauthorization." Please

contact your PCP or refer to the Evidence of Coverage (EOC) for services that require a prior authorization from the plan.

#### **OUT-OF-NETWORK**

Any additional preventive services approved by Medicare during the contract year will be covered.



	IN-NETWORK	OUT-OF-NETWORK
EMERGENCY CARE		
Emergency room If you are admitted to the hospital within 24 hours, you do not have to pay your share of the cost for the emergency care.	<b>\$90</b> copay	<b>\$90</b> copay
Urgently needed services Urgently needed services are provided to treat a non-emergency, unforeseen medical illness, injury or condition that requires immediate medical attention.	<b>\$25</b> copay at an urgent care center	<b>\$25</b> copay at an urgent care center
	<b>FIC SERVICES, LABS AND IMAGING</b> the service and where service is pro	ovided
Diagnostic mammography	<b>\$0</b> copay	<b>50%</b> of the cost
Diagnostic colonoscopy	<b>\$0</b> copay	<b>50%</b> of the cost
Diagnostic radiology	<b>\$15</b> to <b>\$264</b> copay	<b>50%</b> of the cost
Lab services	<b>\$0</b> to <b>\$25</b> copay or <b>20%</b> of the cost	<b>50%</b> of the cost
Diagnostic tests and procedures	<b>\$0</b> to <b>\$45</b> copay or <b>20%</b> of the cost	<b>50%</b> of the cost
Outpatient X-rays	<b>\$0</b> to <b>\$45</b> copay or <b>20%</b> of the cost	<b>50%</b> of the cost
Radiation therapy	<b>\$45</b> copay or <b>20%</b> of the cost	<b>50%</b> of the cost
HEARING SERVICES		
Medicare-covered hearing	<b>\$45</b> copay	<b>50%</b> of the cost
<b>DENTAL SERVICES</b> Additional dental benefits are avail Supplemental Benefits" page for de	able with a separate monthly premietails.	ium. Please see the "Optional
Medicare-covered dental	<b>\$45</b> copay	<b>50%</b> of the cost
<b>VISION SERVICES</b> Additional vision benefits are availa Supplemental Benefits" page for de	able with a separate monthly premicetails.	um. Please see the "Optional
Medicare-covered vision	<b>\$45</b> copay	<b>50%</b> of the cost

You do not need a referral to receive covered services from plan providers. Certain procedures, services and drugs may need advance approval from your plan. This is called a "prior authorization" or "preauthorization." Please contact your PCP or refer to the Evidence of Coverage (EOC) for services that require a prior authorization from the plan.

Humana.

services

	IN-NETWORK	OUT-OF-NETWORK
Medicare-covered diabetic eye exam	<b>\$0</b> copay	<b>50%</b> of the cost
Medicare-covered glaucoma screening	<b>\$0</b> copay	<b>50%</b> of the cost
Medicare-covered eyewear (post-cataract)	<b>\$0</b> copay	<b>50%</b> of the cost
Routine vision  The provider locator for routine vision can be found at Humana.com > Find a Doctor > select Vision care icon > Vision coverage through Medicare Advantage plans.	<ul> <li>VIS775</li> <li>\$0 copay for routine exam up to 1 per year.</li> <li>\$40 combined maximum benefit coverage amount per year for routine exam.</li> </ul>	<ul> <li>VIS775</li> <li>\$0 copay for routine exam up to 1 per year.</li> <li>\$40 combined maximum benefit coverage amount per year for routine exam.</li> <li>Benefits received out-of-network are subject to any in-network benefit maximums, limitations, and/or exclusions.</li> </ul>
MENTAL HEALTH SERVICES		
Inpatient Your plan covers up to 190 days in a lifetime for inpatient mental health care in a psychiatric hospital	<b>\$289</b> copay per day for days 1-6 <b>\$0</b> copay per day for days 7-90	<b>50%</b> of the cost
Outpatient group and individual therapy visits	<b>\$20</b> copay	<b>50%</b> of the cost
SKILLED NURSING FACILITY (SNF		
Your plan covers up to 100 days in a SNF	<ul><li>\$0 copay per day for days 1-20</li><li>\$188 copay per day for days 21-60</li><li>\$0 copay per day for days 61-100</li></ul>	<b>50%</b> of the cost for days 1-100
PHYSICAL THERAPY		
	<b>\$40</b> copay	<b>50%</b> of the cost
AMBULANCE		
Ambulance (ground)	<b>\$265</b> copay per date of service	<b>\$265</b> copay per date of service
Ambulance (air)	<b>20%</b> of the cost	<b>20%</b> of the cost
TRANSPORTATION		
	Not covered	Not covered

You do not need a referral to receive covered services from plan providers. Certain procedures, services and drugs may need advance approval from your plan. This is called a "prior authorization" or "preauthorization." Please contact your PCP or refer to the Evidence of Coverage (EOC) for services that require a prior authorization from the plan.



	IN-NETWORK	OUT-OF-NETWORK
MEDICARE PART B DRUGS		
Chemotherapy drugs	20% of the cost	<b>50%</b> of the cost
Other Part B drugs	<b>20%</b> of the cost	<b>50%</b> of the cost



## Prescription Drug Benefits

#### **PRESCRIPTION DRUGS**

#### **Important Message About What You Pay for Vaccines**

Our plan covers most Part D vaccines at no cost to you, no matter what cost-sharing tier it's on, even if you haven't paid your deductible.

#### **Important Message About What You Pay for Insulin**

You won't pay more than \$35 for a one-month (up to 30-day) supply of each Part D insulin product covered by our plan, no matter what cost-sharing tier it's on, even if you haven't paid your deductible. Please see your Prescription Drug Guide to find all Part D insulins covered by your plan.

#### If you don't receive Extra Help for your drugs, you'll pay the following:

**Deductible** This plan has a **\$505** deductible. You pay the full cost of your drugs until you reach **\$505**. Then, you only pay your cost-share.

#### **Initial coverage** (after you pay your deductible)

You pay the following until your total yearly drug costs reach **\$4,660**. Total yearly drug costs are the total drug costs paid by both you and our plan. Once you reach this amount, you will enter the Coverage Gap.

Mail Order Cost-Sharing					
Pharmacy options	Standard Walmart Mail, PillPack Other pharmacies are available in our network. To find pharmacy mail order options go to Humana.com/pharmacyfinder		<b>Preferred</b> CenterWell Pharmacy <sup>™</sup>		
	30-day supply	30-day supply 90-day supply* 3		90-day supply*	
<b>Tier 1:</b> Preferred Generic	\$19	\$57	\$12	\$0	
Tier 2: Generic	\$20	\$60	\$15	\$0	
<b>Tier 3:</b> Preferred Brand	21%	21%	21%	21%	
<b>Tier 4:</b> Non-Preferred Drug	24%	24%	24%	24%	
<b>Tier 5:</b> Specialty Tier	25%	N/A	25%	N/A	

You do not need a referral to receive covered services from plan providers. Certain procedures, services and drugs may need advance approval from your plan. This is called a "prior authorization" or "preauthorization." Please contact your PCP or refer to the Evidence of Coverage (EOC) for services that require a prior authorization from the plan.

Retail Cost-Sharing			
Pharmacy options	<b>Retail</b> All network retail pharmacies. To find the retail pharmacies near you, go to <b>Humana.com/pharmacyfinder</b>		
	30-day supply	90-day supply*	
Tier 1: Preferred Generic	\$12	\$36	
Tier 2: Generic	\$15	\$45	
Tier 3: Preferred Brand	21%	21%	
<b>Tier 4:</b> Non-Preferred Drug	24%	24%	
<b>Tier 5:</b> Specialty Tier	25%	N/A	

#### If you receive Extra Help for your drugs, you'll pay the following:

**Deductible** You may pay **\$0** or **\$104** depending on your level of "Extra Help". If your deductible is **\$104**, you pay the full cost of your drugs until you reach **\$104**. Then, you only pay your cost-share.

Pharmacy cost-sharing			
For generic drugs (including	30-day supply	90-day supply*	
brand drugs treated as generic), either:	<b>\$0</b> copay; or <b>\$1.45</b> copay; or <b>\$4.15</b> copay; or <b>15%</b> of the cost	\$0 copay; or \$1.45 copay; or \$4.15 copay; or 15% of the cost	
For all other drugs, either:	<b>\$0</b> copay; or <b>\$4.30</b> copay; or <b>\$10.35</b> copay; or <b>15%</b> of the cost	\$0 copay; or \$4.30 copay; or \$10.35 copay; or 15% of the cost	

Other pharmacies are available in our network.

Cost sharing may change depending on the pharmacy you choose, when you enter another phase of the Part D benefit and if you qualify for "Extra Help." To find out if you qualify for "Extra Help," please contact the Social Security Office at 1-800-772-1213 Monday — Friday, 7 a.m. — 7 p.m. TTY users should call 1-800-325-0778. For more information on your prescription drug benefit, please call us or access your "Evidence of Coverage" online.

If you reside in a long-term care facility, you pay the same as at a retail pharmacy.

You may get drugs from an out-of-network pharmacy but may pay more than you pay at an in-network pharmacy.

<sup>\*</sup>Some drugs are limited to a 30-day supply

#### **Coverage Gap**

After you enter the coverage gap, you pay **25 percent** of the plan's cost for covered brand name drugs and **25 percent** of the plan's cost for covered generic drugs until your out-of-pocket costs total **\$7,400** — which is the end of the coverage gap. Not everyone will enter the coverage gap.

#### Catastrophic Coverage

After your yearly out-of-pocket drug costs (including drugs purchased through your retail pharmacy and through mail order) reach **\$7,400**, you pay the greater of:

- **5%** of the cost, or
- **\$4.15** copay for generic (including brand drugs treated as generic) and a **\$10.35** copay for all other drugs

Additional Benefits				
	IN-NETWORK	OUT-OF-NETWORK		
Medicare-covered foot care (podiatry)	<b>\$45</b> copay	<b>50%</b> of the cost		
Medicare-covered chiropractic services	<b>\$20</b> copay	<b>50%</b> of the cost		
MEDICAL EQUIPMENT/SUPPLIES				
Durable medical equipment (like wheelchairs or oxygen)	<b>20%</b> of the cost	<b>50%</b> of the cost		
Medical Supplies	<b>20%</b> of the cost	<b>50%</b> of the cost		
Prosthetics (artificial limbs or braces)	20% of the cost	<b>50%</b> of the cost		
<b>Diabetic monitoring supplies</b> Cost share may vary depending on where service is provided.	<b>\$0</b> copay or <b>10%</b> to <b>20%</b> of the cost	<b>50%</b> of the cost		
REHABILITATION SERVICES				
Occupational and speech therapy	<b>\$40</b> copay	<b>50%</b> of the cost		
Cardiac rehabilitation	<b>\$40</b> copay	<b>50%</b> of the cost		
Pulmonary rehabilitation	<b>\$20</b> copay	<b>50%</b> of the cost		
TELEHEALTH SERVICES (in additio	n to Original Medicare)			
Primary care provider (PCP)	<b>\$0</b> copay	Not Covered		
Specialist	<b>\$45</b> copay	Not Covered		
Urgent care services	<b>\$0</b> copay	Not Covered		
Substance abuse or behavioral health services	<b>\$0</b> copay	Not Covered		



## More benefits with your plan

Enjoy some of these extra benefits included in your plan.
This is a summary of what we cover. It doesn't list every service that we cover or list every limitation or exclusion. The Evidence of Coverage (EOC) provides a complete list of coverage and services. Visit **Humana.com/medicare** to view a copy of the EOC or call **1-800-833-2364**.

#### **Travel Coverage**

The PPO national network gives you in-network coverage across the country, so you can see any doctor who accepts the plan terms and conditions. You'll be able to travel with ease or split your time between locations. Visit

Humana.com or contact Customer Care on the back of your ID card if you need help finding an in-network provider.

#### **Routine foot care**

- In-network: **\$0** copay
- Out-of-network: **50%** of the cost
- Combined in- and out-of-network visit limit: 12 visits per year.

#### Humana Well Dine® Meal Program

Humana's home delivered meal program for members following an inpatient stay in the hospital or nursing facility.

Over-the-Counter (OTC) mail order

**\$50** maximum benefit coverage amount per quarter (3 months) for select over-the-counter health and wellness products.

#### **Rewards and Incentives**

Go365 by Humana® a Rewards and Incentive program for completing certain preventive health screenings and health and wellness activities.

#### SilverSneakers® fitness program

Basic fitness center membership including fitness classes.



## Optional Supplemental Benefits

Customize your coverage for an extra monthly premium when you enroll. You can choose from the following to help create your Medicare plan.

\$36.20

**MyOption Platinum Dental DEN887** 

Offers coverage for preventive, basic, and major services at both in-network (HumanaDental Medicare network) and out-of-network dentists. These extra benefits have an additional monthly premium.

\$22.20

MyOption Dental - High DEN838

Includes benefits for preventive, basic, and major services at both in-network (HumanaDental Medicare network) and out-of-network dentists. These benefits have an additional monthly premium.

\$26.70

MyOption Plus DEN843 & VIS759

Includes benefits for preventive and basic dental services at both in-network (HumanaDental Medicare network) and out-of-network dentists as well as vision benefits. These benefits have an additional monthly premium.

\$16.10

**MyOption Vision VIS757** 

Gives members access to the EyeMed Vision Care Select Network and provides additional vision benefits. These benefits have an additional monthly premium.

\$37.60

MyOption DEN206

Offers coverage for certain preventive, basic, and major services at both in-network (HumanaDental Medicare network) and out-of-network dentists. These extra benefits – in addition to your basic benefits – have an additional monthly premium.

Humana MyOption optional supplemental benefits (OSB) are only available to members of certain Humana Medicare Advantage (MA) plans. Members of Humana plans that offer OSBs may enroll in OSBs throughout the year. Benefits may change on January 1 each year. Enrollees must use network providers for specific OSBs when stated in the Evidence of Coverage (EOC); otherwise, covered services may be received from non-network providers at a higher cost. Enrollees must continue to pay the Medicare Part B premium, their Humana plan premium and the OSB premium.





You can see our plan's **provider and pharmacy directory** at our website at **humana.com/finder/search** or call us at the number listed at the beginning of this booklet and we will send you one.



You can see our plan's **drug guide** at our website at **humana.com/medicaredruglist** or call us at the number listed at the beginning of this booklet and we will send you one.

To find out more about the coverage and costs of Original Medicare, look in the current "Medicare & You" handbook. View it online at http://www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, seven days a week. TTY users should call 1-877-486-2048.

Telehealth services shown are in addition to the Original Medicare covered telehealth. Your cost may be different for Original Medicare telehealth.

Limitations on telehealth services, also referred to as virtual visits or telemedicine, vary by state. These services are not a substitute for emergency care and are not intended to replace your primary care provider or other providers in your network. Any descriptions of when to use telehealth services are for informational purposes only and should not be construed as medical advice. Please refer to your evidence of coverage for additional details on what your plan may cover or other rules that may apply.

Plans may offer supplemental benefits in addition to Part C benefits and Part D benefits.

Out-of-network/non-contracted providers are under no obligation to treat Humana members, except in emergency situations. Please call our customer service number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services.

# Optional Supplemental Benefits

HumanaChoice R7220-002 (Regional PPO)

Region 21 State of Arizona

#### My Options, My Choice Adding Benefits to Your Plan

You're unique and have unique needs. That's why Humana offers optional supplemental benefits (OSB). For an extra monthly premium you can customize your Humana Medicare Advantage plan.

The information in this booklet will tell you about the benefits you can add to your plan. You can add these extra benefits when you sign up for your Medicare Advantage plan. You can also add these benefits after Medicare open enrollment ends on December 7 by contacting your agent or calling OSB sales at 1-888-413-7026. OSB sales is available from 8 a.m. – 8 p.m. local time, seven days a week October 1 – March 31, and Monday through Friday April 1 – September 30.

## **MyOption Platinum Dental (DEN887)**

The MyOption Platinum Dental benefit helps you plan for your dental care. This benefit has no deductible and pays the full cost for two routine exams per year with an in-network provider.

Here's how the benefit works:

Monthly Premium	\$36.20			
Maximum Benefit	Humana pays up	Humana pays up to <b>\$2,000</b> per calendar year		
Covered Dental Services	In-Network* You Pay	Out-Of- Network** You Pay	Benefit Limitations Per Calendar Year	
Pre	ventive and Diagn	ostic Dental Servi	ces	
Periodic oral exam	0%	50%	<b>-</b>	
Emergency diagnostic exam	0%	50%	Two per year	
Periodontal exam	0%	50%	One procedure every	
Comprehensive oral evaluation	0%	50%	three years	
Dental prophylaxis (cleanings)	0%	50%	Two per year	
Fluoride treatment	0%	50%	Two per year	
Bitewing X-ray	0%	50%	One set per year	
Intraoral X-ray	0%	50%	One per year	
Panoramic or diagnostic X-ray	0%	50%	One per year	
Periodontal maintenance	0%	50%	Four per year	
Basic Dental Services (Minor Restorative)				
Amalgam restorations (silver fillings)	50%	55%	Two per year	
Composite resin restorations (white fillings)	50%	55%	Two per year	

Covered Dental Services	In-Network* You Pay	Out-Of- Network** You Pay	Benefit Limitations Per Calendar Year	
Basic Dental Services (Minor Restorative)				
Extractions (pulling teeth), simple or surgical	50%	55%	Unlimited per year	
Recementation – Crown	50%	55%	One procedure every five years	
Recementation – Bridge	50%	55%	One procedure every five years	
Emergency treatment for pain	50%	55%	Two per year	
Anesthesia	0%	50%	Unlimited per calendar year	
Major Dental Sei	vices (Endodontio	s, Periodontics, o	and Oral Surgery)	
Root canal treatment	70%	75%	One per year	
Crowns	70%	75%	Two per year	
Periodontal scaling and root planing (deep cleaning)	70%	75%	One procedure for each quadrant per year	
Scaling – generalized inflammation	70%	75%	One procedure per year	
Complete dentures (including routine post-delivery care)	70%	75%	One upper and/or one lower complete denture every five years	
Partial dentures (including routine post-delivery care)	70%	75%	One upper and/or one lower partial denture every five years	
Denture adjustments (not covered within six months of initial placement)	70%	75%	One per year	
Denture reline (not allowed on spare dentures)	70%	75%	One per year	
Denture rebase (not covered if within six months of initial placement)	70%	75%	One procedure per year	
Denture repair	70%	75%	One procedure per year	
Tissue conditioning	70%	75%	One procedure per year	
Occlusal adjustments	70%	75%	One procedure every three years	
Oral surgery	70%	75%	Two per year	

Covered dental services are subject to conditions, limitations, exclusions, and maximums. Please see your Evidence of Coverage for details.

\*Network dentists have agreed to provide services at a negotiated rate. If you see a network dentist, you cannot be billed more than that rate.

Out-of-network dentists have not agreed to provide services at contracted fees. Benefits received out-of-network are subject to any in-network benefit maximums, limitations, and/or exclusions. You may be billed by the out-of-network provider for any amount greater than the payment made by Humana to the provider. Please see below for provider locator instructions.

Dental services are subject to our standard claims review procedures which could include dental history to approve coverage. Dental benefits under this plan may not cover all American Dental Association procedure codes. Information regarding each plan is available at **Humana.com/sb**.

The Humana Optional Supplemental Dental benefits are provided through the Humana Dental Medicare Network. The provider locator can be found at Humana.com > Find a Doctor > Select the Dentist icon from the menu > From the distance drop down select preferred distance > Enter zip Code > From the look up method select All Dental Networks > then select HumanaDental Medicare.

## **MyOption Dental – High (DEN838)**

The MyOption Dental – High benefit helps make it easy for you to plan for your dental care.

Here's how the benefit works:

Monthly Premium	\$22.20				
Maximum Benefit	Humana pays up	Humana pays up to <b>\$2,000</b> per calendar year			
Covered Dental Services	In- Network* You Pay	Out-Of- Network** You Pay	Benefit Limitations Per Calendar Year		
Pre	ventive and Diagr	nostic Dental Serv	rices		
Periodic oral examinations	0%	50%	Tura par vagr		
Emergency diagnostic exam	0%	50%	Two per year		
Periodontal exam	0%	50%	One procedure every		
Comprehensive oral evaluation	0%	50%	three years		
Dental prophylaxis (cleanings)	0%	50%	Two per year		
Fluoride treatment	0%	50%	Two per year		
Bitewing X-ray	0%	50%	One set per year		
Intraoral X-ray	0%	50%	One per year		
Panoramic or diagnostic X-ray	0%	50%	One procedure every three years		
Periodontal Maintenance	0%	50%	Four procedures per calendar year		

Covered Dental Services	In- Network* You Pay	Out-Of- Network** You Pay	Benefit Limitations Per Calendar Year
Bas	sic Dental Service	s (Minor Restorat	ive)
Amalgam restorations (silver fillings)	50%	55%	Tuyo por your
Composite resin restorations (white fillings)	50%	55%	Two per year
Extractions (pulling teeth), simple or surgical	50%	55%	Two per year
Recementation – Crown	50%	55%	One procedure every five years
Emergency treatment for pain	50%	55%	Two per year
Anesthesia	0%	50%	Unlimited procedures per year
Major Dental Se	rvices (Endodonti	cs, Periodontics, o	ınd Oral Surgery)
Crowns	70%	75%	Two per year
Periodontal scaling and root planing (deep cleaning)	70%	75%	One procedure for each quadrant every three years
Scaling – generalized inflammation	70%	75%	One procedure every three years

Covered dental services are subject to conditions, limitations, exclusions, and maximums. Please see your Evidence of Coverage for details.

Out-of-network dentists have not agreed to provide services at contracted fees. Benefits received out-of-network are subject to any in-network benefit maximums, limitations, and/or exclusions. You may be billed by the out-of-network provider for any amount greater than the payment made by Humana to the provider. Please see below for provider locator instructions.

Dental services are subject to our standard claims review procedures which could include dental history to approve coverage. Dental benefits under this plan may not cover all American Dental Association procedure codes. Information regarding each plan is available at **Humana.com/sb**.

The Humana Optional Supplemental Dental benefits are provided through the Humana Dental Medicare Network. The provider locator can be found at Humana.com > Find a Doctor > Select the Dentist icon from the menu > From the distance drop down select preferred distance > Enter Zip Code > From the look up method select All Dental Networks > then select HumanaDental Medicare.

<sup>\*</sup>Network dentists have agreed to provide services at a negotiated rate. If you see a network dentist, you can't be billed more than that rate.

## MyOption Plus (DEN843 & VIS759)

MyOption Plus helps make it easy to plan for both your dental and vision care.

Here's how the benefit works:

Monthly Premium	\$26.70		
Annual Deductible	Dental: <b>\$50</b> for basic services per calendar year Vision: There is no annual deductible		
Maximum Benefit	Dental: Humana pays up to <b>\$1,000</b> per calendar year Vision: Humana pays up to <b>\$290</b> for one pair of eyeglass frames and one pair of lenses <b>OR</b> contact lenses (includes conventional or disposable)		
Covered Dental Services	In-Network* You Pay	Out-Of- Network** You Pay	Benefit Limitations Per Calendar Year
Pre	ventive and Diagno	stic Dental Services	
Oral examinations	0%	30%	Two per year
Dental prophylaxis (cleanings)	0%	30%	Two per year
Fluoride treatment	0%	30%	Two procedures per year
Bitewing X-ray	0%	30%	One set per year
Periodontal maintenance	0%	30%	Four procedures per year
Anesthesia - Nitrous	0%	30%	Unlimited per year
Ва	sic Dental Services	(Minor Restorative)	
Amalgam restorations (silver fillings)	50%	55%	T
Composite resin restorations (white fillings)	50%	55%	Two per year
Extractions (pulling teeth), simple or surgical	50%	55%	Two per year
Recementation – Crown or Bridge	50%	55%	One per year
Emergency treatment for pain	50%	55%	Two per year
Covered Vision Benefits	In-Network You Pay	Out-Of- Network*** You Pay	Benefit Limitations
Routine exam <b>\$40</b> allowance	Any amount over \$40***	Any amount over <b>\$40</b>	One per year

Covered Vision Benefits	In-Network You Pay	Out-Of- Network*** You Pay	Benefit Limitations
<b>\$290</b> (combined in and out-of-network) benefit toward the purchase and fitting of eyeglasses and pair of lenses or contact lenses.			
Eyeglass lens options may be available with the maximum benefit. Coverage amount is limited to one time use per year.	Any amount over <b>\$290</b> retail price	Any amount over <b>\$290</b> retail price	One per year
Contact lenses will include conventional or disposable.			
The benefit can only be used one time per plan year. Any remaining benefit dollars do not "roll over" to a future purchase.			

Refraction is only covered when billed as part of the routine vision exam.

Covered dental and vision services are subject to conditions, limitations, exclusions, and maximums. Please see your Evidence of Coverage for details.

\*Network dentists have agreed to provide services at a negotiated rate. If you see a network dentist, you cannot be billed more than that rate.

Out-of-network dentists have not agreed to provide services at contracted fees. Benefits received out-of-network are subject to any in-network benefit maximums, limitations, and/or exclusions. You may be billed by the out-of-network provider for any amount greater than the payment made by Humana to the provider. Please see below for provider locator instructions.

Dental services are subject to our standard claims review procedures which could include dental history to approve coverage. Dental benefits under this plan may not cover all American Dental Association procedure codes. Information regarding each plan is available at **Humana.com/sb**.

The Humana Optional Supplemental Dental benefits are provided through the Humana Dental Medicare Network. The provider locator can be found at Humana.com > Find a Doctor > Select the Dentist icon from the menu > From the distance drop down select preferred distance > Enter Zip Code > From the look up method select All Dental Networks > then select HumanaDental Medicare.

\*\*\*Your routine eye exam charge will not exceed **\$40** at an **EyeMed Vision Care Select network optical provider**. Please inform the network provider that you are part of the EyeMed Select Network. When using an out-of-network Vision provider, you will be responsible for costs above the allowance and plan-approved amount. You are responsible for submitting an EyeMed Vision Care out-of-network claim form with itemized receipt when seeing a non-EyeMed select provider. Claim forms can be found on Humana.com or you can call EyeMed Customer service at 1-844-828-8703 Monday thru Saturday 7:30 a.m. – 11 p.m. Eastern Time and Sunday 11 a.m. – 8 p.m. Eastern Time.

The provider locator for routine vision can be found at **Humana.com > Find a Doctor > select Vision care** icon > Vision coverage through Medicare Advantage plans.

## **MyOption Vision (VIS757)**

The MyOption Vision benefit helps you plan for your vision care.

Here's how the benefit works:

Monthly Premium	\$16.10  Humana pays up to \$375 for one pair of eyeglass frames and one pair of lenses or contact lenses (conventional or disposable) per calendar year				
Maximum Benefit					
Covered Vision Benefits	In-Network You Pay	Out-Of- Network* You Pay	Benefit Limitations		
Routine exam <b>\$40</b> allowance	Any amount over \$40*	Any amount over <b>\$40</b>	One per year		
<b>\$375</b> (combined in and out-of-network) benefit toward the purchase and fitting of eyeglasses and pair of lenses or contact lenses.					
Eyeglass lens options may be available with the maximum benefit coverage amount up to 1 pair per year. Maximum benefit coverage amount is limited to one time use per year.	Any amount over <b>\$375</b> retail price	Any amount over <b>\$375</b> retail price	One per year		
Contact lenses will include conventional or disposable.					
This benefit can only be used one time per plan year. Any remaining benefit dollars do not "roll over" to a future purchase.					

Refraction is only covered when billed as part of the routine vision exam.

Covered vision services are subject to conditions, limitations, exclusions, and maximums. Please see your Evidence of Coverage for details.

\*Your routine eye exam charge will not exceed **\$40** at an **EyeMed Vision Care Select network optical provider**. Please inform the network provider that you are part of the EyeMed Select Network. When using an out-of-network Vision provider, you will be responsible for costs above the allowance and plan-approved amount. You are responsible for submitting an EyeMed Vision Care out-of-network claim

form with itemized receipt when seeing a non-EyeMed select provider. Claim forms can be found on Humana.com or you can call EyeMed Customer service at 1-844-828-8703 Monday thru Saturday 7:30 a.m. – 11 p.m. Eastern Time and Sunday 11 a.m. – 8 p.m. Eastern Time.

The provider locator for routine vision can be found at **Humana.com > Find a Doctor > select Vision care icon > Vision coverage through Medicare Advantage plans.** 

## **MyOption (DEN206)**

The MyOption Dental benefit helps make it easy for you to plan for your dental care.

This benefit has no deductible.

Here's how the benefit works:

Monthly Premium	\$37.60			
Maximum Benefit	Humana pays up	Humana pays up to <b>\$2,000</b> per calendar year		
Covered Dental Services	In-Network* You Pay	Out-Of- Network** You Pay	Benefit Limitations Per Calendar Year	
Pre	eventive and Diagn	ostic Dental Serv	rices	
Periodic oral exam	0%	0%	Two procedures per year	
Emergency diagnostic exam	0%	0%	One procedure per year	
Periodontal Exam	0%	0%	One procedure every three years	
Comprehensive oral evaluation	0%	0%		
Bitewing X-rays	0%	0%	One set per year	
Intraoral X-rays	0%	0%	One procedure per year	
Panoramic or Diagnostic X-rays	0%	0%	One procedure every five years	
Prophylaxis (cleaning)	0%	0%	Two procedures per year	
Fluoride Treatment	0%	0%	Two procedures per year	
Periodontal maintenance following periodontal therapy	0%	0%	Four procedures per year	
Во	isic Dental Services	s (Minor Restorat	ive)	
Amalgam restoration (silver filings)	\$25 Per tooth	\$25 Per tooth		
Composite resin restoration (white filings)	\$25 Per tooth	\$25 Per tooth	Unlimited procedures per year	

Covered Dental Services	In-Network* You Pay	Out-Of- Network** You Pay	Benefit Limitations Per Calendar Year
Bas	sic Dental Services	s (Minor Restorati	ive)
Extraction, erupted tooth or exposed root	\$25 Per tooth	\$25 Per tooth	Unlimited procedures per year
Surgical removal of erupted tooth	\$25 Per tooth	\$25 Per tooth	orillimited procedures per year
Recement crown	\$25	\$25	One procedure every five years
Recement Denture	\$25	\$25	One procedure every five years
Palliative (emergency) treatment of dental pain	\$25	\$25	Two procedures per year
Anesthesia	0%	0%	Unlimited per year
Major Dental Se	rvices (Endodontio	cs, Periodontics, a	nd Oral Surgery)
Periodontal scaling and root planing	\$25	\$25	One procedure for each quadrant every three years
Scaling – moderate or severe gingival inflammation	\$25	\$25	One procedure every three years
Root Canal	50%	50%	One per tooth per lifetime
Root Canal retreatment	50%	50%	One per tooth per lifetime
Crowns	50%	50%	
Onlay	50%	50%	One per tooth per lifetime
Inlay – alternate benefit only	50%	50%	
Tissue conditioning – maxillary (upper) or mandibular (lower)	50%	50%	One procedure code per year
Bridges	50%	50%	One procedure every five years.
Occlusal adjustment – limited	50%	50%	0
Occlusal adjustment – complete	50%	50%	One procedure every three years
Oral Surgery	50%	50%	Two per year

<sup>\*</sup>Network dentists have agreed to provide services at a negotiated rate. If you see a network dentist, you cannot be billed more than that rate.

Out-of-network dentists have not agreed to provide services at contracted fees. Benefits received out-of-network are subject to any in-network benefit maximums, limitations, and/or exclusions. You may be billed by the out-of-network provider for any amount greater than the payment made by Humana to the provider. Please see below for provider locator instructions.

Dental services are subject to our standard claims review procedures which could include dental history to approve coverage. Dental benefits under this plan may not cover all American Dental Association procedure codes. Information regarding each plan is available at **Humana.com/sb**.

The Humana Optional Supplemental Dental benefits are provided through the Humana Dental Medicare Network. The provider locator can be found at Humana.com > Find a Doctor > Select the Dentist icon from the menu > From the distance drop down select preferred distance > Enter Zip Code > From the look up method select All Dental Networks > then select HumanaDental Medicare.

Humana is a Medicare Advantage PPO plan with a Medicare contract. Enrollment in this Humana plan depends a contract renewal. Humana MyOption Optional Supplemental Benefits (OSB) are only available to members of certain Humana Medicare Advantage (MA) plans. Members of Humana plans that offer OSBs may enroll in OSBs throughout the year. Benefits may change on January 1st each year. Enrollees must use network providers for specific OSBs when stated in the Evidence of Coverage (EOC); otherwise, covered services may be received from non-network providers at a higher cost. Enrollees must continue to pay the Medicare Part B premium, their Humana premium, and the OSB premium.	n
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#### **Important**

#### At Humana, it is important you are treated fairly.

Humana Inc. and its subsidiaries do not discriminate or exclude people because of their race, color, national origin, age, disability, sex, sexual orientation, gender, gender identity, ancestry, ethnicity, marital status, religion, or language. Discrimination is against the law. Humana and its subsidiaries comply with applicable federal civil rights laws. If you believe that you have been discriminated against by Humana or its subsidiaries, there are ways to get help.

- You may file a complaint, also known as a grievance:
   Discrimination Grievances, P.O. Box 14618, Lexington, KY 40512-4618.

   If you need help filing a grievance, call 1-877-320-1235 or if you use a TTY, call 711.
- You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through their Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or at U.S. Department of Health and Human Services, 200 Independence Avenue, SW, Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, 800-537-7697 (TDD). Complaint forms are available at https://www.hhs.gov/ocr/office/file/index.html.
- California residents: You may also call California Department of Insurance toll-free hotline number: 1-800-927-HELP (4357), to file a grievance.

## Auxiliary aids and services, free of charge, are available to you. 1-877-320-1235 (TTY: 711)

Humana provides free auxiliary aids and services, such as qualified sign language interpreters, video remote interpretation, and written information in other formats to people with disabilities when such auxiliary aids and services are necessary to ensure an equal opportunity to participate.

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#### Multi-Language Insert

Multi-language Interpreter Services

**English:** We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at 1-877-320-1235 (TTY: 711). Someone who speaks English can help you. This is a free service.

**Spanish:** Tenemos servicios de intérprete sin costo alguno para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para hablar con un intérprete, por favor llame al 1-877-320-1235 (TTY: 711). Alguien que hable español le podrá ayudar. Este es un servicio gratuito.

Chinese Mandarin: 我们提供免费的翻译服务,帮助您解答关于健康或药物保险的任何疑问。如果您需要此翻译服务,请致电 1-877-320-1235 (TTY: 711)。我们的中文工作人员很乐意帮助您。这是一项免费服务。

Chinese Cantonese: 您對我們的健康或藥物保險可能存有疑問,為此我們提供免費的翻譯服務。如需翻譯服務,請致電 1-877-320-1235 (TTY: 711)。我們講中文的人員將樂意為您提供幫助。這是一項免費服務。

**Tagalog:** Mayroon kaming libreng serbisyo sa pagsasaling-wika upang masagot ang anumang mga katanungan ninyo hinggil sa aming planong pangkalusugan o panggamot. Upang makakuha ng tagasaling-wika, tawagan lamang kami sa 1-877-320-1235 (TTY: 711). Maaari kayong tulungan ng isang nakakapagsalita ng Tagalog. Ito ay libreng serbisyo.

**French:** Nous proposons des services gratuits d'interprétation pour répondre à toutes vos questions relatives à notre régime de santé ou d'assurance-médicaments. Pour accéder au service d'interprétation, il vous suffit de nous appeler au 1-877-320-1235 (TTY: 711). Un interlocuteur parlant Français pourra vous aider. Ce service est gratuit.

**Vietnamese:** Chúng tôi có dịch vụ thông dịch miễn phí để trả lời các câu hỏi về chương sức khỏe và chương trình thuốc men. Nếu quí vị cần thông dịch viên xin gọi 1-877-320-1235 (TTY: 711) sẽ có nhân viên nói tiếng Việt giúp đỡ quí vị. Đây là dịch vụ miễn phí.

**German:** Unser kostenloser Dolmetscherservice beantwortet Ihren Fragen zu unserem Gesundheits- und Arzneimittelplan. Unsere Dolmetscher erreichen Sie unter 1-877-320-1235 (TTY: 711). Man wird Ihnen dort auf Deutsch weiterhelfen. Dieser Service ist kostenlos.

**Korean:** 당사는 의료 보험 또는 약품 보험에 관한 질문에 답해 드리고자 무료 통역 서비스를 제공하고 있습니다. 통역 서비스를 이용하려면 전화 1-877-320-1235 (TTY: 711) 번으로 문의해 주십시오. 한국어를 하는 담당자가 도와 드릴 것입니다. 이 서비스는 무료로 운영됩니다.

**Russian:** Если у вас возникнут вопросы относительно страхового или медикаментного плана, вы можете воспользоваться нашими бесплатными услугами переводчиков. Чтобы воспользоваться услугами переводчика, позвоните нам по телефону 1-877-320-1235 (TTY: 711). Вам окажет помощь сотрудник, который говорит по-русски. Данная услуга бесплатная.

Arabic: إننا نقدم خدمات المترجم الفوري المجانية للإجابة عن أي أسئلة تتعلق بالصحة أو جدول الأدوية لدينا. للحصول على مترجم فوري، ليس عليك سوى الاتصال بنا على (711 :717) 1235-320-1. سيقوم شخص ما يتحدث العربية بمساعدتك. هذه خدمة مجانية.

Hindi: हमारे स्वास्थ्य या दवा की योजना के बारे में आपके किसी भी प्रश्न के जवाब देने के लिए हमारे पास मुफ्त दुभाषिया सेवाएँ उपलब्ध हैं. एक दुभाषिया प्राप्त करने के लिए, बस हमें 1-877-320-1235 (TTY: 711) पर फोन करें. कोई व्यक्ति जो हिन्दी बोलता है आपकी मदद कर सकता है. यह एक मुफ्त सेवा है.

**Italian:** È disponibile un servizio di interpretariato gratuito per rispondere a eventuali domande sul nostro piano sanitario e farmaceutico. Per un interprete, contattare il numero 1-877-320-1235 (TTY: 711). Un nostro incaricato che parla Italianovi fornirà l'assistenza necessaria. È un servizio gratuito.

**Portugues:** Dispomos de serviços de interpretação gratuitos para responder a qualquer questão que tenha acerca do nosso plano de saúde ou de medicação. Para obter um intérprete, contacte-nos através do número 1-877-320-1235 (TTY: 711). Irá encontrar alguém que fale o idioma Português para o ajudar. Este serviço é gratuito.

**French Creole:** Nou genyen sèvis entèprèt gratis pou reponn tout kesyon ou ta genyen konsènan plan medikal oswa dwòg nou an. Pou jwenn yon entèprèt, jis rele nou nan 1-877-320-1235 (TTY: 711). Yon moun ki pale Kreyòl kapab ede w. Sa a se yon sèvis ki gratis.

**Polish:** Umożliwiamy bezpłatne skorzystanie z usług tłumacza ustnego, który pomoże w uzyskaniu odpowiedzi na temat planu zdrowotnego lub dawkowania leków. Aby skorzystać z pomocy tłumacza znającego język polski, należy zadzwonić pod numer 1-877-320-1235 (TTY: 711). Ta usługa jest bezpłatna.

**Japanese:** 当社の健康健康保険と薬品処方薬プランに関するご質問にお答えするために、無料の通訳サービスがありますございます。通訳をご用命になるには、1-877-320-1235 (TTY: 711) にお電話ください。日本語を話す人者が支援いたします。これは無料のサービスです。

HumanaChoice R7220-002 (Regional PPO) R7220002000 ENG State of Arizona

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