



## **Addendum to the 2023 Summary of Benefits Inflation Reduction Act Impacts**

In August 2022, new legislation known as the Inflation Reduction Act was passed, in part, to lower the cost of insulin products and vaccines for those with Medicare Part D prescription drug coverage.

### **Important Message About What You Pay for Insulin**

- You won't pay more than \$35 for a one-month supply of each insulin product covered by our plan, no matter what cost-sharing tier it's on.
- If your insulin is on a tier where cost-sharing is lower than \$35, you will pay the lower cost for your insulin.
- If your plan has a Part D deductible, this will apply even if you haven't paid your deductible.

### **Important Message About What You Pay for Vaccines**

- Our plan covers most Part D vaccines at no cost to you.
- If your plan has a Part D deductible, this will apply even if you haven't paid your deductible.

We have free interpreter services to answer any questions you may have about our health plan. To get an interpreter, just call us at 1-888-284-0268 (TTY 711). Someone who speaks Spanish can help you. This is a free service. All Cigna products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation. The Cigna name, logos, and other Cigna marks are owned by Cigna Intellectual Property, Inc. Cigna contracts with Medicare to offer Medicare Advantage HMO and PPO plans and Part D Prescription Drug Plans (PDPs) in select states and with select state Medicaid programs. Enrollment in Cigna depends on contract renewal.

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# 2023

## Summary of Benefits

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January 1, 2023, to  
December 31, 2023

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### Cigna TotalCare (HMO D-SNP) H4513-060-001

Additional coverage and extra benefits for people with  
Medicare and any level of Medicaid assistance

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#### To Join

You must be entitled to Medicare Part A, be enrolled in  
Medicare Part B and Medicaid, and live in our service area.

#### Service Area

Angelina, Brazoria, Chambers, Fort Bend, Galveston, Hardin,  
Harris, Jasper, Jefferson, Liberty, Montgomery, Nacogdoches,  
Newton, Orange, Polk, San Jacinto, Tyler, Walker, and Waller  
counties, **TX**

Cigna TotalCare (HMO D-SNP) H4513-060-001



# Introduction

This *Summary of Benefits* gives you a summary of what **Cigna TotalCare (HMO D-SNP)** covers and what you pay. It doesn't list every service that we cover or every limitation or exclusion. To get a complete list of services we cover, refer to the plan's *Evidence of Coverage* (EOC) online at **CignaMedicare.com**, or call us to request a copy.

## Comparing coverage

If you want to compare our plan with other Medicare health plans, ask the other plans for their *Summary of Benefits*. Or, use the *Medicare Plan Finder* on **www.medicare.gov**.

## More about Original Medicare

If you want to know more about the coverage and costs of Original Medicare, look in your current *Medicare & You* handbook.

View the handbook online at:  
**www.medicare.gov**

Get a copy of the handbook by calling:  
**1-800-MEDICARE (1-800-633-4227)**,  
24 hours a day, 7 days a week. TTY users  
should call **1-877-486-2048**.

## Need help?

### Already a customer

Call toll-free **1-800-668-3813 (TTY 711)**.  
Customer Service is available 8 a.m.  
to 8 p.m. local time: from October 1 to  
March 31, 7 days a week; and from April 1  
to September 30, Monday through Friday.  
Our automated phone system may answer  
your call during weekends, holidays, and  
after hours.

### Not a customer

Call toll-free **1-800-313-0973 (TTY 711)**.  
Licensed agents are available 8 a.m.  
to 8 p.m. local time: from October 1 to  
March 31, 7 days a week; and from April 1  
to September 30, Monday through Friday.  
Our automated phone system may answer  
your call during weekends, holidays, and  
after hours.

You can also visit our website at:  
**CignaMedicare.com**.

# 1 | About this Plan

## Who can enroll?

This plan is available to anyone who has Medicare AND full or partial Medical Assistance from the state (Medicaid). Premiums, copays, coinsurance, and deductibles may vary based on the level of Medical Assistance and *Extra Help* you receive. Contact the plan for further details.

You can enroll in this plan if you are in one of these Medicaid categories:

### **Qualified Medicare Beneficiary (QMB):**

While QMB status provides you with Medicaid coverage of your Medicare cost-share, you are not eligible for full Medicaid benefits. This means that Medicaid pays only your Part A and Part B premiums, deductibles and cost-share amounts. Medicaid does not cover your Part D prescription drug copays nor does it pay for services that Medicare Part A or Part B does not cover.

### **Qualified Medicare Beneficiary Plus**

**(QMB+):** As a QMB+, not only is your Medicare cost-share covered by Medicaid, but you also are eligible for full Medicaid benefits. Medicaid pays your Part A and Part B premiums, deductibles and cost-share amounts. This means you pay your Part D prescription drug copays—and nothing else.

### **Specified Low-Income Medicare**

**Beneficiary (SLMB):** You do not have full Medicaid benefits as an SLMB. Medicaid pays only your Part B premium—not any cost-share amounts; however, you may find that some services do not require a customer cost-share.

### **Specified Low-Income Medicare Beneficiary**

**(SLMB+):** As a SLMB+, you are eligible for full Medicaid benefits. In addition, Medicaid pays your Part B premium. Further, additional limited assistance from your state Medicaid agency may be available to help you pay any Medicare cost-share amounts. When both Medicare and Medicaid provide coverage for a service you receive, your cost-share is typically 0%; however, when Medicaid does not provide coverage for such service or other benefit, you may be required to pay a cost-share amount.

### **Qualifying Individual (QI):**

You do not have full Medicaid benefits as a QI, so Medicaid pays only your Part B premium—not any cost-share amounts; however, you may find that some services do not require a customer cost-share.

### **Qualified Disabled and Working Individual**

**(QDWI):** As a QDWI, you do not have full Medicaid benefits. Medicaid pays only your Part A premium. While Medicaid does not pay any cost-share amounts, you may find that some services do not require a customer cost-share.

### **Full Benefits Dual Eligible (FBDE):**

You are eligible for full Medicaid benefits as an FBDE; further, Medicaid may provide limited assistance with Medicare cost-share amounts. When both Medicare and Medicaid provide coverage for a service you receive, your cost-share is typically 0%; however, when Medicaid does not provide coverage for such service or other benefit, you may be required to pay a cost-share amount.

If your category of Medicaid eligibility changes, your cost-share may also increase or decrease. You must recertify your Medicaid enrollment to continue to receive your Medicare coverage.

### Which doctors, hospitals, and pharmacies can I use?

**Cigna TotalCare (HMO D-SNP)** has a network of doctors, hospitals, and other providers. If you use providers that are not in our network, the plan may not pay for these services.

You must generally use network pharmacies to fill your prescriptions for covered Part D drugs.

- › You can see our plan's *Provider and Pharmacy Directory* at our website, **CignaMedicare.com**.

### What do we cover?

Like all Medicare health plans, we cover everything that Original Medicare covers—and more.

- › Our customers get all of the benefits covered by Original Medicare.
- › Our customers also get more than what is covered by Original Medicare. Some of the extra benefits are outlined in this *Summary of Benefits*.

We cover Part D drugs. In addition, we cover Part B drugs such as chemotherapy and some drugs administered by your provider.

- › You can see the plan's complete *Comprehensive Prescription Drug List* which lists the Part D prescriptions drugs along with any restrictions on our website, **CignaMedicare.com**.
- › Or, call us, and we will send you a copy of the plan's *Comprehensive Prescription Drug List*.

## 2 | Monthly Premium, Deductible, and Limits

This plan is available to anyone who has Medicare AND full or partial Medical Assistance from the state (Medicaid). Premiums, copays, coinsurance, and deductibles may vary based on the level of Medical Assistance and Extra Help you receive. Contact the plan for further details.

Benefit	Cigna TotalCare (HMO D-SNP)
Monthly Premium	<p><b>\$0 per month with full Medicaid cost-share assistance</b></p> <p>\$7.40 per month with SLMB, QI, QDWI, and FBDE cost-share assistance.</p> <p>In addition, you must keep paying your Medicare Part B premium.</p>
Medical Deductible	This plan does not have a deductible.
Pharmacy (Part D) Deductible	<p><b>\$0</b> deductible for those who receive full state Medicaid assistance.</p> <p><b>\$0 or \$104</b> deductible, depending on your level of Extra Help, for those who qualify for low income subsidy (LIS).</p> <p><b>\$505</b> is the standard Part D deductible for 2023.</p>
Is there any limit on how much I will pay for my covered services?	<p>Original Medicare does not have annual limits on out-of-pocket costs.</p> <p>Your yearly limit(s) in this plan:</p> <p><b>\$3,400</b> applies to in-network Medicare-covered benefits</p> <p>This limit is the most you pay for copays, coinsurance, and other costs for Medicare services for the year. Please note that you may still need to pay your monthly premiums, if any, and cost-sharing for your Part D prescription drugs.</p> <p>In this plan, cost-sharing may vary based on your level of Medicaid eligibility.</p>

### 3 | Covered Medical and Hospital Benefits

Benefit	What You Pay	
	With full Medicaid cost-share assistance (QMB, QMB+, SLMB+)	With SLMB, QI, QDWI, and FBDE cost-share assistance
<b>Note:</b> Services with a <sup>1</sup> may require prior authorization. Services with a <sup>2</sup> may require a referral from your doctor.		
<b>Inpatient Hospital Coverage<sup>1,2</sup></b>		
Except in an emergency, your doctor must tell the plan that you are going to be admitted to the hospital.	\$0 copay per stay	\$0 copay per stay
<b>Outpatient Hospital Services/ASC</b>		
Ambulatory Surgical Center (ASC) <sup>1,2</sup>	\$0 copay	\$0 copay
Outpatient Hospital <sup>1,2</sup>	\$0 copay	\$0 copay
Outpatient Observation <sup>1,2</sup>	\$0 copay	\$0 copay
<b>Doctors Visits</b>		
Primary Care Provider (PCP)	\$0 copay	\$0 copay
Specialists <sup>1,2</sup>	\$0 copay	\$0 copay

Benefit	What You Pay	
	With full Medicaid cost-share assistance (QMB, QMB+, SLMB+)	With SLMB, QI, QDWI, and FBDE cost-share assistance
<b>Preventive Care</b>		
<p>Our plan covers many Medicare-covered preventive services, including:</p> <ul style="list-style-type: none"> <li>➤ Abdominal aortic aneurysm screening</li> <li>➤ Alcohol misuse screenings and counseling</li> <li>➤ Bone mass measurement</li> <li>➤ Breast cancer screening (mammogram)</li> <li>➤ Cardiovascular disease (behavioral therapy)</li> <li>➤ Cardiovascular screenings</li> <li>➤ Cervical and vaginal cancer screening</li> <li>➤ Colorectal cancer screening (colonoscopy, fecal occult blood test, multi-target stool DNA tests, screening barium enemas, flexible sigmoidoscopy)</li> <li>➤ Depression screenings</li> <li>➤ Diabetes screenings</li> <li>➤ Diabetes self-management training</li> <li>➤ Glaucoma tests</li> <li>➤ Hepatitis B Virus (HBV) infection screening</li> <li>➤ Hepatitis C screening</li> <li>➤ HIV screening</li> <li>➤ Lung cancer screening with low dose computed tomography (LDCT)</li> <li>➤ Medical nutrition therapy services</li> <li>➤ Obesity screening and counseling</li> <li>➤ Prostate cancer screenings (PSA)</li> <li>➤ Sexually transmitted infections screening and counseling</li> <li>➤ Smoking and tobacco use cessation counseling (counseling for people with no sign of tobacco-related disease)</li> <li>➤ Vaccines; including COVID-19, Flu shots, Hepatitis B shots and Pneumococcal shots</li> <li>➤ Welcome to Medicare preventive visit (one-time)</li> <li>➤ Yearly Wellness visit</li> </ul>	<p><b>\$0</b> copay</p> <p>Any additional preventive services approved by Medicare during the contract year will be covered. Please see your EOC for frequency of covered services.</p>	<p><b>\$0</b> copay</p> <p>Any additional preventive services approved by Medicare during the contract year will be covered. Please see your EOC for frequency of covered services.</p>

Benefit	What You Pay	
	With full Medicaid cost-share assistance (QMB, QMB+, SLMB+)	With SLMB, QI, QDWI, and FBDE cost-share assistance
<b>Emergency Care</b>		
Emergency Care Services	<b>\$0</b> copay	<b>\$125</b> copay  If you are admitted to the hospital within 24 hours for the same condition, you do not have to pay your share of the cost for emergency care.
Worldwide Emergency/Urgent Coverage/Emergency Transportation	<b>\$125</b> copay  Maximum worldwide coverage amount <b>\$50,000</b>	<b>\$125</b> copay  Maximum worldwide coverage amount <b>\$50,000</b>
<b>Urgently Needed Services</b>		
Urgent Care Services	<b>\$0</b> copay	<b>\$0</b> copay
<b>Diagnostic Services, Labs, and Imaging</b> Costs for these services may vary based on place of service or type of service		
Diagnostic Procedures and Tests <sup>1,2</sup>	<b>\$0</b> copay	<b>\$0</b> copay
Lab Services <sup>1,2</sup>	<b>\$0</b> copay	<b>\$0</b> copay
Therapeutic Radiological Services <sup>1,2</sup>	<b>\$0</b> copay	<b>\$0</b> copay
X-ray Services <sup>2</sup>	<b>\$0</b> copay	<b>\$0</b> copay
Diagnostic Radiological Services (MRIs, CT scans, etc.) <sup>1,2</sup>	<b>\$0</b> copay	<b>\$0</b> copay
<b>Hearing Services</b>		
Hearing Exams (Medicare-covered) <sup>2</sup>	<b>\$0</b> copay	<b>\$0</b> copay
Routine Hearing Exams	<b>\$0</b> copay for one routine exam every year	<b>\$0</b> copay for one routine exam every year
Hearing Aid Fitting/Evaluation	<b>\$0</b> copay for one fitting evaluation for hearing aid every three years	<b>\$0</b> copay for one fitting evaluation for hearing aid every three years
Hearing Aids	<b>\$0</b> copay up to plan maximum coverage amount of <b>\$3,000</b> allowance for both ears combined every three years	<b>\$0</b> copay up to plan maximum coverage amount of <b>\$3,000</b> allowance for both ears combined every three years

Benefit	What You Pay	
	With full Medicaid cost-share assistance (QMB, QMB+, SLMB+)	With SLMB, QI, QDWI, and FBDE cost-share assistance
<b>Dental Services (Medicare-covered)<sup>1</sup></b>		
Limited dental services (this does not include services in connection with care, treatment, filling, removal, or replacement of teeth)	\$0 copay	\$0 copay
<b>Preventive Dental Services</b>		
Oral exams (four every year)	\$0 copay	\$0 copay
Cleanings (two every year)	\$0 copay	\$0 copay
Fluoride treatments (two every year)	\$0 copay	\$0 copay
Dental x-rays	\$0 copay	\$0 copay
Maximum Coverage Amount	\$20,000 combined preventive and comprehensive every year	\$20,000 combined preventive and comprehensive every year
<b>Comprehensive Dental Services<sup>1</sup></b>		
Diagnostic Services (unlimited)	\$0 copay	\$0 copay
Restorative Services (unlimited)	\$0 copay	\$0 copay
Endodontics (unlimited)	\$0 copay	\$0 copay
Periodontics (unlimited)	\$0 copay	\$0 copay
Extractions (unlimited)	\$0 copay	\$0 copay
Prosthodontics/oral surgery (unlimited)	\$0 copay	\$0 copay
Maximum Coverage Amount	\$20,000 combined preventive and comprehensive every year	\$20,000 combined preventive and comprehensive every year
<b>Vision Services</b>		
Eye Exams (Medicare-covered)	\$0 copay	\$0 copay
Routine Eye Exam Non-Medicare covered routine eye exam (including eye refraction) per year. Eye refractions outside of the annual non-Medicare covered routine eye exam are not covered.	\$0 copay for one routine exam every year	\$0 copay for one routine exam every year
Glaucoma Screening (Medicare-covered)	\$0 copay	\$0 copay

Benefit	What You Pay	
	With full Medicaid cost-share assistance (QMB, QMB+, SLMB+)	With SLMB, QI, QDWI, and FBDE cost-share assistance
Eyewear (Medicare-covered)	<b>\$0</b> copay	<b>\$0</b> copay
Routine Eyewear > Eyeglasses (lenses and frames) > Eyeglass lenses > Eyeglass frames > Contact lenses (including contact lens fitting) > Upgrades	<b>\$0</b> copay up to plan maximum coverage amount of <b>\$500</b> every year  The plan-specified allowance may be applied to one set of the member's choice of eyewear once per year, to include the eyeglass frame/lenses/lens options combination or contact lenses (to include related professional fees) in lieu of eyeglasses.	<b>\$0</b> copay up to plan maximum coverage amount of <b>\$500</b> every year  The plan-specified allowance may be applied to one set of the member's choice of eyewear once per year, to include the eyeglass frame/lenses/lens options combination or contact lenses (to include related professional fees) in lieu of eyeglasses.
<b>Mental Health Services</b>		
Inpatient <sup>1</sup> Except in an emergency, your doctor must tell the plan that you are going to be admitted to the hospital.  For each Medicare-covered hospital stay, you are required to pay the applicable cost sharing, starting with Day 1 each time you are admitted.  There is a <b>\$0</b> copayment per lifetime reserve day.	<b>\$0</b> copay per day for days 1-6  <b>\$0</b> copay per day for days 7-90	<b>\$100</b> copay per day for days 1-6  <b>\$0</b> copay per day for days 7-90
Outpatient <sup>1</sup> Individual or Group Therapy Visit	<b>\$0</b> copay	<b>\$0</b> copay
<b>Skilled Nursing Facility (SNF)<sup>1</sup></b>		
Our plan covers up to 100 days per benefit period.	<b>\$0</b> copay per day for days 1-20  <b>\$0</b> copay per day for days 21-100	<b>\$20</b> copay per day for days 1-20  <b>\$196</b> copay per day for days 21-100
<b>Rehabilitation Services</b>		
Cardiac (Heart) Rehab Services <sup>1,2</sup>	<b>\$0</b> copay	<b>\$0</b> copay
Pulmonary Rehab Services <sup>1,2</sup>	<b>\$0</b> copay	<b>\$0</b> copay
Occupational Therapy Services <sup>1,2</sup>	<b>\$0</b> copay	<b>\$0</b> copay

Benefit	What You Pay	
	With full Medicaid cost-share assistance (QMB, QMB+, SLMB+)	With SLMB, QI, QDWI, and FBDE cost-share assistance
Physical Therapy and Speech/Language Therapy Services <sup>1,2</sup>	\$0 copay	\$0 copay
Physical Therapy and Speech/Language Therapy Telehealth Services <sup>1,2</sup>	\$0 copay	\$0 copay
<b>Ambulance<sup>1</sup></b>		
Ground Service (one-way trip)	\$0 copay	\$100 copay
Air Service (one-way trip)	0% coinsurance	20% coinsurance
<b>Transportation<sup>1</sup></b>		
Members are required to coordinate with Cigna vendor for transportation to plan-approved locations at least 48 hours in advance. Mileage restrictions may apply. See <i>Evidence of Coverage</i> for full details and restrictions related to benefit.	\$0 copay for unlimited one-way trips every year	\$0 copay for unlimited one-way trips every year
<b>Medicare Part B Drugs</b>		
Part B Chemotherapy Drugs and Other Part B Drugs <sup>1</sup>  Medicare-covered Part B Drugs may be subject to step therapy requirements.	0% coinsurance  This plan has Part D prescription drug coverage. See Section 4 in the <i>Summary of Benefits</i> .	20% coinsurance  This plan has Part D prescription drug coverage. See Section 4 in the <i>Summary of Benefits</i> .
<b>Foot Care (Podiatry Services)</b>		
Podiatry Services (Medicare-covered) <sup>2</sup>	\$0 copay	\$0 copay
Routine Podiatry Services <sup>2</sup>	Not covered	Not covered
<b>Medical Equipment and Supplies</b>		
Durable Medical Equipment (wheelchairs, oxygen, etc.) <sup>1</sup>	\$0 copay	\$0 copay
Prosthetic Devices (braces, artificial limbs, etc.) and Related Medical Supplies <sup>1</sup>	0% coinsurance	20% coinsurance
Diabetic Services and Supplies Brand limitations apply to certain supplies.	\$0 copay for diabetes self-management training <sup>2</sup> \$0 copay for therapeutic shoes or inserts <sup>1</sup> \$0 copay for diabetic monitoring supplies <sup>1</sup>	\$0 copay for diabetes self-management training <sup>2</sup> \$0 copay for therapeutic shoes or inserts <sup>1</sup> \$0 copay for diabetic monitoring supplies <sup>1</sup>

Benefit	What You Pay	
	With full Medicaid cost-share assistance (QMB, QMB+, SLMB+)	With SLMB, QI, QDWI, and FBDE cost-share assistance
<b>Fitness and Wellness Programs</b>		
Fitness Program  The program offers the flexibility of a fitness center membership, digital fitness tools, and a home fitness kit.	\$0 copay	\$0 copay
<b>Health Information Line</b>		
Talk one-on-one with a Nurse Advocate* to get timely answers to your health-related questions at no additional cost, anytime day or night.  *Nurse Advocates hold current nursing licensure in a minimum of one state, but are not practicing nursing or providing medical advice in any capacity as a health advocate.	\$0 copay	\$0 copay
<b>Chiropractic Care</b>		
Chiropractic Services (Medicare-covered) <sup>1,2</sup>	\$0 copay	\$0 copay
Routine Chiropractic Services	Not covered	Not covered
<b>Home Health Care<sup>1</sup></b>		
Home Health	\$0 copay	\$0 copay
<b>Hospice</b>		
Hospice care must be provided by a Medicare-certified hospice program.  Our plan covers hospice consultation services (one-time only) before you select hospice. Hospice is covered outside of our plan. You may have to pay part of the cost for drugs and respite care. Please contact the plan for more details.	\$0 copay	\$0 copay
<b>Outpatient Substance Abuse<sup>1</sup></b>		
Individual or Group Therapy Visit	\$0 copay	\$0 copay
<b>Opioid Treatment Services<sup>1</sup></b>		
FDA-approved treatment medications in addition to testing, counseling, and therapy.	\$0 copay	\$0 copay
<b>Over-the-Counter (OTC) Items</b>		
Over-the-counter drugs and other health-related pharmacy products, as listed in the <i>OTC Catalog</i> .	\$300 allowance every three months	\$300 allowance every three months

Benefit	What You Pay	
	With full Medicaid cost-share assistance (QMB, QMB+, SLMB+)	With SLMB, QI, QDWI, and FBDE cost-share assistance
<b>Home-Delivered Meals</b>		
	<b>\$0</b> copay for home-delivered meals  Limited to 14 meals per discharge from a qualified hospital stay or skilled nursing facility (up to three stays per year), ESRD care management is limited to 56 meals once per year.	<b>\$0</b> copay for home-delivered meals  Limited to 14 meals per discharge from a qualified hospital stay or skilled nursing facility (up to three stays per year), ESRD care management is limited to 56 meals once per year.
<b>Telehealth Services (Medicare-covered)</b>		
For non-emergency care, talk with a telehealth doctor via phone or video for certain telehealth services, including: allergies, cough, headache, sore throat, and other minor illnesses.	<b>\$0</b> copay	<b>\$0</b> copay
<b>Acupuncture Services</b>		
Acupuncture Services (Medicare-covered) <sup>1,2</sup> Services for chronic lower back pain.	<b>\$0</b> copay	<b>\$0</b> copay
Supplemental Acupuncture Services	Not covered	Not covered
<b>Additional Benefits</b> Enjoy these extra benefits included in your plan.		
	With full Medicaid cost-share assistance (QMB, QMB+, SLMB+)	With SLMB, QI, QDWI, and FBDE cost-share assistance
<b>Annual Physical Exam</b>	<b>\$0</b> copay	<b>\$0</b> copay
<b>Caregiver Support</b>  The caregiver benefit includes: individual help with caregiving, social health needs such as nutrition, finding resources, and stress management; one-on-one coaching for caregivers who need personal support and guidance; and an online application to stay in touch with your caregiver coach, share information with others in the caregiver team, and access support and resources.	<b>\$0</b> copay for caregiver support services, including one-on-one coaching and personalized resources for members and caregivers.	<b>\$0</b> copay for caregiver support services, including one-on-one coaching and personalized resources for members and caregivers.

## Additional Benefits

Enjoy these extra benefits included in your plan.

	With full Medicaid cost-share assistance (QMB, QMB+, SLMB+)	With SLMB, QI, QDWI, and FBDE cost-share assistance
<b>Cigna Healthy Today Card</b> Use your pre-loaded Cigna Healthy Today benefit card for easy access to incentives, rewards, and select allowance benefits* that may be part of your plan. *Benefits, coverage and amounts vary by plan. Limitations, exclusions, and restrictions may apply.	Based on your plan's allowance and frequency amounts, funds will be loaded on your Cigna Healthy Today card automatically.	Based on your plan's allowance and frequency amounts, funds will be loaded on your Cigna Healthy Today card automatically.
<b>Cigna Medicare Advantage Incentives</b> With the Cigna Medicare Advantage incentives program, you can earn money for completing certain health check-ups. After completing your yearly health check-up, you can qualify for additional incentives as determined by your plan and provider. Reward dollars are intended to be used on health and wellness products only.	You can earn up to <b>\$100</b> , which is loaded on your Cigna Healthy Today card for completing certain healthy activities.	You can earn up to <b>\$100</b> , which is loaded on your Cigna Healthy Today card for completing certain healthy activities.
<b>Healthy Grocery Allowance</b> A key ingredient to keeping healthy is eating healthy foods. Your plan includes a monthly allowance to use toward the purchase of healthy and nutritious foods from participating retailers. The amount does not carry over to the next month or the following year. This allowance cannot be used towards the purchase of tobacco, alcohol or other select products.	<b>\$100</b> every month to use toward the purchase of healthy and nutritious foods. Funds are loaded to your Cigna Healthy Today card each month.	<b>\$100</b> every month to use toward the purchase of healthy and nutritious foods. Funds are loaded to your Cigna Healthy Today card each month.
<b>In-Home Support</b> The in-home support program provides a variety of helpful services and companionship. Services can include transportation to doctor's appointments, grocery shopping, technology support, light housekeeping and more. Services can be provided in the home or virtually.	<b>\$0</b> copay <b>60 hours</b> per year toward the use of in-home support services.	<b>\$0</b> copay <b>60 hours</b> per year toward the use of in-home support services.
<b>Part D Cost-Sharing Reduction</b> If you receive the Low Income Subsidy (LIS), regardless of your income and institutional status, you pay a <b>\$0</b> copay for any covered Part D drug throughout all coverage phases. You may get your drugs at network retail pharmacies and mail order pharmacies.	<b>\$0</b> copay for all covered Part D drugs throughout all coverage phases.	<b>\$0</b> copay for all covered Part D drugs throughout all coverage phases.

## Additional Benefits

Enjoy these extra benefits included in your plan.

	With full Medicaid cost-share assistance (QMB, QMB+, SLMB+)	With SLMB, QI, QDWI, and FBDE cost-share assistance
<b>Utility Services Allowance</b> Your plan may include a quarterly utility services allowance to help pay for essential utility services for your home, such as, gas, electric, water, sanitation and internet.	<b>\$75 allowance</b> The utility services allowance amount will automatically be applied your Cigna Healthy Today Card each quarter.	<b>\$75 allowance</b> The utility services allowance amount will automatically be applied your Cigna Healthy Today Card each quarter.

## 4 | Prescription Drug Benefits

### Medicare Part D Drugs Initial Coverage

Most of our members qualify for and are already getting *Extra Help* from Medicare to pay for their Part D prescription drug costs.

Medicare provides *Extra Help* to pay Part D prescription drug costs for people who have limited income and resources. Resources include your savings and stocks but not your home or car. Those who qualify get help paying for any Medicare drug plan's monthly premium, yearly deductible, and prescription copayments. This *Extra Help* also counts toward your out-of-pocket costs.

People with limited income and resources may qualify for *Extra Help*. Some people automatically qualify for *Extra Help* and don't need to apply. Medicare mails a letter to people who automatically qualify for *Extra Help*.

If you have questions about *Extra Help*, call:

- Your local Social Security office, or
  - Social Security at 1-800-772-1213.
- TTY users should call 1-800-325-0778.

The following chart shows the cost-sharing amounts for Part D drugs covered under this plan for all Part D coverage stages if you get *Extra Help* from Medicare. You may get your drugs at network retail pharmacies and mail order pharmacies:

		Mail Order Cost-Sharing		Retail Cost-Sharing	
All Covered Part D Drugs	Supply	Preferred	Standard	Preferred	Standard
	30-day	\$0 copay	\$0 copay	\$0 copay	\$0 copay
	60-day	\$0 copay	\$0 copay	\$0 copay	\$0 copay
	90-day	\$0 copay	\$0 copay	\$0 copay	\$0 copay

# 5 | Medicaid-covered Benefits

This section provides information for people with Original Medicare and full Medicaid coverage.

If you have questions about the assistance you get from Medicaid, contact:

## **Texas Health and Human Services Commission**

**1-512-424-6500 or 1-800-252-8263**  
(TTY 1-800-735-2989)

<https://yourtexasbenefits.hhsc.texas.gov/>

If offered in Texas, you may be eligible for the Medicaid benefits listed below in addition to the Original Medicare benefits described in this *Summary of Benefits* booklet when the services are not already covered by Original Medicare. Benefit limitations, referrals, and prior authorizations may apply.

### **Mandatory**

- › Inpatient hospital services
- › Outpatient hospital services
- › Laboratory and x-ray services
- › Physician services
- › Medical and surgical services provided by a dentist
- › Early and Periodic Screening, Diagnosis and Treatment services for individuals age 20 and younger
- › Family planning services and supplies
- › Federally Qualified Health Center services
- › Rural health clinic services

- › Nurse-midwife services
- › Certified pediatric and family nurse practitioner services
- › Home health services
- › Freestanding birth center services (when licensed or otherwise recognized by the state)
- › Transportation to medically necessary services
- › Tobacco cessation counseling for pregnant women
- › Extended services for pregnant women

### **Optional\***

- › Prescription drugs
- › Medical or remedial care by other licensed practitioners:
- › Nurse practitioners/certified nurse specialists
- › Physician assistants, Licensed midwife
- › Certified registered nurse anesthetists
- › Anesthesiologist assistants
- › Psychologists
- › Licensed clinical social workers\*\*
- › Licensed professional counselors
- › Licensed marriage and family therapists
- › Podiatry
- › Limited chiropractic services
- › Optometry (including eyeglasses and contacts)
- › Telemedicine
- › Home telemonitoring
- › Hearing instruments and related audiology

- › Home health supplies provided by a pharmacy
- › Clinic services:
- › Maternity clinic services
- › Renal dialysis facility services
- › Ambulatory surgical center services
- › Tuberculosis clinic services
- › Peer specialist services
- › Rehabilitation and other therapies:
- › Mental health rehabilitative services
- › Rehabilitation and other therapy services
- › Substance use disorder treatment
- › Physical, occupational and speech therapy
- › Case management services for pregnant women with high-risk conditions

- › Pregnancy-related and postpartum services for 60 days after the pregnancy ends
- › Services for any other medical conditions that may complicate pregnancy
- › Respiratory care services
- › Ambulance services
- › Emergency hospital services
- › Private duty nursing

\*Includes optional Medicaid services provided in Texas. Does not include all optional services allowed under federal policy.

\*\*Except when delivered in a Federally Qualified Health Center setting.

\* All Medicaid covered services are subject to change at any time. For the most current Texas Medicaid coverage information, please visit the Texas Medicaid website at <https://yourtexasbenefits.hhsc.texas.gov/>, or call the Medicaid Hotline at 1-512-424-6500 or 1-800-252-8263 (TTY 1-800-735-2989).

Cigna contracts with Medicare to offer Medicare Advantage HMO and PPO plans and Part D Prescription Drug Plans (PDPs) in select states and with select state Medicaid programs. Enrollment in Cigna depends on contract renewal.