Summary of Benefits

Anthem 🐼

Medicare Advantage and Part D Plan year: January 1 – December 31, 2023 California

Alameda, San Mateo counties
Anthem MediBlue Coordination Plus (HMO)
23CAH0544099

Thank you for your interest in our Medicare Advantage plans

Anthem Blue Cross offers benefits to help you stay healthy while protecting you from unexpected costs. This plan includes your hospital, medical, and drug benefits in one plan.

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Anthem MediBlue Coordination Plus (HMO)

Our service area includes these counties in CA: Alameda, San Mateo

Do you have questions?



You can learn more on our website,
 https://shop.anthem.com/medicare/ca.



- □ Or call us toll-free **1-844-250-2336** (TTY: **711**).
- Hours of operation: 8 a.m. to 8 p.m., seven days a week (except Thanksgiving and Christmas) from October 1 through March 31, and Monday to Friday (except holidays) from April 1 through September 30.

The *Summary of Benefits* does not include every service, limit, or exclusion, but the *Evidence of Coverage* does. Just give us a call to request a copy.

Anthem MediBlue Coordination Plus (HMO) is a Medicare Advantage plan. It includes hospital, medical, and prescription drug benefits. To join this plan, the following must apply to you:

- □ You're entitled to Medicare Part A.
- $\hfill\square$ You're enrolled in Medicare Part B.
- $\hfill\square$ You live in our service area.

With this plan, if you're enrolled in the state's Medicaid program, you may pay nothing or have help with your share of costs (such as monthly payments, coinsurances, copays, or deductibles). You must remain enrolled in the state Medicaid plan for reduced cost-sharing.

You need to visit doctors and facilities in this plan's network. This is very important. If you go outside the network, the services may not be covered.

Medicare coverage that goes beyond Original Medicare

- □ This plan covers everything Original Medicare covers Part A (hospital services) and Part B (medical services) plus more.
- □ This plan covers Medicare Part D drugs and Part B drugs (such as chemotherapy and certain drugs your doctor administers).

This is a Health Maintenance Organization (HMO) plan. That means:

- You must choose a primary care physician (PCP) in the plan's network of doctors for covered services. Your PCP provides most of your medical care, including routine care and hospitalizations. They can help you save time and money by directing you to specialists when needed.
- □ Before you visit a specialist, we recommend you talk to your PCP first. They know your health history and can help you find the right care.

Is your PCP in our plan's network of doctors?



If you need to change your primary care physician (PCP), give us a call and we'll help. Doctors can join or leave the network at any time, so check if they're innetwork with our Find a Doctor tool online. Just follow the steps below.

How to find a doctor/PCP in our plan:

□ Go to https://shop.anthem.com/medicare/ca



- 1. Select Useful Tools and choose Find a Doctor.
- 2. Enter your ZIP code, county and the date you want your coverage to begin.
- 3. Fill in the details (city, doctor's name, distance, etc.).
- 4. Be sure to check that the doctor is listed as "In-Network" for this plan.
- □ Or you can ask us for the *Provider Directory*. The phone number is on page 2.

Know your drug plan

Prescription drugs are an important part of health and wellness

Anthem MediBlue Coordination Plus (HMO) covers medications that help you stay your healthiest, at the lowest cost possible. Check the plan's drug list, or *Formulary*, to see if your prescriptions are covered and at what price.

How to check if your prescriptions (or an acceptable alternative) are covered and what they'll cost:



- □ Visit https://shop.anthem.com/medicare/ca
 - 1. Select Useful Tools and choose Find Your Covered Drugs.
 - 2. Enter your ZIP code, county and beginning coverage date.
 - 3. Enter your drug name, dosage, quantity and refill frequency, and select **Add Drug** or **Next**.
 - 4. Select your pharmacy, and then select View All Plans.
 - 5. Choose **Plan Details** and then **Drug Cost** to view the drug's tier, specific cost, and coverage details.
- □ You can also call us at the number on page 2 for a copy of the *Formulary*.

Find a pharmacy

Our plans include the majority of pharmacies in America, so you're likely to find one near you. If your pharmacy is not in this plan, you could end up paying more for your drugs.

To confirm your pharmacy is in the plan (or find a new one) see the *Pharmacy Directory* on our website at **https://shop.anthem.com/medicare/ca**. Under **Useful Tools**, choose **Find a Pharmacy** to enter your location and search details. Preferred pharmacies are noted to the right of the pharmacy name. Or you can give us a call and we'll send you the directory.



Save money through mail order or at preferred pharmacies

Use mail order or certain retail pharmacies *(preferred pharmacies)* to reduce costs. Using mail order or a preferred pharmacy can lower your copays and share of the cost, but the choice is yours.

Preferred pharmacies include Albertsons/Safeway, CVS Pharmacy, Costco, Giant Eagle Pharmacy, Harris Teeter Pharmacy, H-E-B PHARMACY, Kinney Drugs, Kroger, Publix, Roundy's, Walmart and about 5,000 independent pharmacies.

Don't miss out on some Extra Help

Medicare offers Extra Help, a program with prescription drug assistance for people who qualify. Extra Help can cover prescription drug plan deductibles, premiums, copays, and coinsurance. Plus:

- $\hfill\square$ The coverage gap stage will not apply to you.
- □ There are no late-enrollment penalties.



To find out if you qualify for Extra Help, call:

- □ Our helpful representatives at **1-844-250-2336**.
- **1-800-MEDICARE (1-800-633-4227)** (TTY: **1-877-486-2048**),
 24 hours a day/7 days a week.
- □ The Social Security Administration at **1-800-772-1213** (TTY: **1-800-325-0778**) Monday to Friday, 7 a.m. to 7 p.m.
- □ Your state Medicaid office.



Summary of 2023 medical benefits

The next pages have more details about plan benefits, so you can choose the right plan for you.

How much is my premium (monthly payment)?

\$19.70 per month

You must continue to pay your Medicare Part B premium.

If you receive Extra Help from Medicare, your monthly plan premium will be lower or you might pay nothing.

How much is my deductible?

This plan does not have a medical deductible.

\$505.00 deductible per year for Part D prescription drugs.

Drugs listed on Tier 2: Generic, Tier 3: Preferred Brand, Tier 4: Non-Preferred Drug, Tier 5: Specialty Tier are included in the Part D deductible.

If you qualify for low-income subsidy (LIS), also known as Medicare's Extra Help program, your annual Part D deductible will be lower or you might pay nothing.

Additionally, if you're enrolled in the state's Medicaid program, you may pay nothing or get help with your share of the costs (such as monthly plan premium, coinsurances, copays, or deductibles). You must remain enrolled in Medicaid under the state Medicaid plan to get the reduced cost-sharing.

Is there a limit on how much I will pay for my covered medical services? (does not include Part D drugs)

\$7,550.00 per year from doctors and facilities in our plan

Like all Medicare health plans, our plan protects you by having yearly limits on your out-of-pocket costs for medical and hospital care.

Services you receive from doctors or facilities in our plan go toward your yearly limit. If you reach the limit on out-of-pocket costs, you will not have to pay any out-of-pocket costs for covered Part A and Part B services for the rest of the year.

Inpatient Hospital¹

Facilities in our plan: Medicare-defined Cost Share

In 2022, the Medicare-defined cost share amounts for each benefit period are:

- □ **\$1,556** deductible for days 1 through 60.
- □ **\$389** copay per day for days 61 through 90.
- □ **\$778** copay per day for 60 lifetime reserve days. These are "extra" days we cover once in your lifetime.

These amounts may change for 2023. We will provide updated cost share amounts at the website found on page 2 as soon as Medicare releases them.

Your copays for inpatient benefits are based on benefit periods. A benefit period starts on the first day you go into a hospital or skilled nursing facility (SNF) and ends when you haven't had any inpatient hospital care or skilled nursing care for 60 days in a row. If you go into a hospital or a SNF after one benefit period has ended, a new benefit period starts. There's no limit to the number of benefit periods you can have.

Outpatient Hospital^{1,2}

Doctors and facilities in our plan: 20% coinsurance

What you will pay may depend on the service and where you are treated.

Ambulatory Surgical Center^{1,2}

Doctors and facilities in our plan: 20% coinsurance

Doctor's Office Visits

Primary care physician (PCP) visit:

PCPs in our plan: 20% coinsurance

Doctor's Office Visits

Specialist visit: 1,2

Doctors in our plan: 20% coinsurance

Preventive Care Screenings and Annual Physical Exams

Preventive care screenings:

Doctors in our plan: \$0.00 copay

Annual physical exam:

Doctors in our plan: **\$0.00** copay

Preventive Care Screenings and Annual Physical Exams

Covered preventive care screenings:

- □ Abdominal aortic aneurysm screening
- □ Annual "wellness" visit
- □ Bone mass measurement
- Breast cancer screening (mammogram)
- Cardiovascular disease (behavioral therapy)
- □ Cardiovascular screening
- □ Cervical and vaginal cancer screening
- Colorectal cancer screenings (colonoscopy, fecal occult blood test, flexible sigmoidoscopy)
- □ Depression screening
- □ Diabetes prevention program
- Diabetes screenings and monitoring

- □ Hepatitis C Screening
- □ High Intensity Behavioral Counseling
- □ HIV screening
- □ Lung cancer screenings
- □ Medical nutrition therapy services
- $\hfill\square$ Obesity screenings and counseling
- □ Prostate cancer screenings (PSA)
- Sexually transmitted infections screenings and counseling
- Tobacco use cessation counseling (counseling for people with no sign of tobacco-related disease)
- □ Vaccines, including flu, hepatitis B, pneumococcal, and COVID-19 shots
- "Welcome to Medicare" preventive visit (one-time)

Any extra preventive services approved by Medicare during the contract year will be covered. When you use doctors in our plan, **100%** of the cost of preventive care screenings and annual physical exams is covered.

Emergency Care

\$90.00 copay

If you are admitted to the hospital within 24 hours, you do not have to pay your share of the cost for emergency care.

Emergency and Urgent Care Worldwide Coverage

\$0.00 copay

This plan covers urgent care and emergency services when traveling outside of the United States for less than six months. This benefit is limited to **\$100,000.00** per year.

Urgently Needed Services

\$60.00 copay

Diagnostic Services, Labs, and Imaging ^{1,2}				
Diagnostic Radiology Services (such as MRIs, CT scans)				
Doctors' offices in our plan:	20% coinsurance			
Outpatient facilities in our plan:	20% coinsurance			
Diagnostic Tests and Procedures				
Doctors' offices in our plan:	20% coinsurance			
Outpatient facilities in our plan:	20% coinsurance			
Lab Services				
Doctors' offices in our plan:	20% coinsurance			
utpatient facilities in our plan: 20% coinsurance				

Diagnostic Services, Labs, and Imaging ^{1,2}				
Outpatient X-rays				
Doctors' offices in our plan:	20% coinsurance			
Outpatient hospitals or facilities in our plan:	20% coinsurance			
Freestanding facility or at-home portable x-ray services in our plan:	20% coinsurance			
Therapeutic Radiology Services (such as radiation treatment for cancer)				
Doctors and facilities in our plan:	20% coinsurance			

Hearing Services

Medicare-covered hearing services (Exam to diagnose and treat hearing and balance issues): ^{1,2}

Doctors in our plan: 20% coinsurance

Routine hearing services: 1

This plan covers 1 routine hearing exam(s) and hearing aid fitting/evaluation(s) every year. **\$3,000.00** maximum plan benefit coverage amount applies to prescribed hearing aids covered by the plan every year.

Doctors in our plan: **\$0.00** copay for routine hearing exam(s). **\$0.00** copay for hearing aids up to the maximum plan benefit amount.

Dental Services

Medicare-covered dental services (this does not include services for care, treatment, filling, removal or replacement of teeth): ¹

Doctors and dentists in our plan: 20% coinsurance

Preventive dental services:

This plan covers: 2 oral exam(s), 2 cleaning(s), 1 dental X-ray(s), 1 fluoride treatment(s) every year.

Dentists in our plan: \$0.00 copay

Comprehensive dental services:¹

This plan covers up to a **\$1,000.00** allowance for covered comprehensive dental services every year.

Doctors and dentists in our plan: **\$0.00** copay

We cover more dental care than what Original Medicare covers. You can use our coverage for these services and more: extra exams, cleanings, X-rays, fillings and repairs, root canals (endodontics), dental crowns (caps), bridges and implants, and dentures.

Any amount not used at the end of the calendar year will expire.

To find a dental provider in our plan, follow the same steps as the "How to find a doctor/PCP in our plan" box at the beginning of this booklet. Then select **Dental Provider** under **Provider Type**.

Vision Services

Medicare-covered vision services:

Exam to diagnose and treat diseases and conditions of the eye

Doctors in our plan: 20% coinsurance

Vision Services

Eyeglasses or contact lenses after cataract surgery

Doctors in our plan: 20% coinsurance

Routine vision services:

Routine vision exam

This plan covers 1 routine eye exam(s) every year. Doctors in our plan: **\$0.00** copay

Routine eyewear (lenses and frames)

This plan covers up to **\$300.00** for eyeglasses or contact lenses every year. Doctors in our plan: **\$0.00** copay

To find a vision provider in our plan, follow the same steps as the "How to find a doctor/PCP in our plan" box at the beginning of this booklet. Then select **Vision Provider** under **Provider Type**.

Mental Health Care

Inpatient visit: 1

Doctors and facilities in our plan: Medicare-defined Cost Share

In 2022, the Medicare-defined Cost Share amounts for each benefit period are:

- □ **\$1,556** deductible for days 1 through 60.
- □ **\$389** copay per day for days 61 through 90.
- □ **\$778** copay per day for 60 lifetime reserve days. These are "extra" days we cover once in your lifetime.

These amounts may change for 2023. We will provide updated cost share amounts at the website found on page 2 as soon as Medicare releases them.

Our plan has a lifetime limit of 190 days for inpatient mental health care in a psychiatric hospital. This limit does not apply to inpatient mental health services provided in a general hospital.

Your copays for inpatient benefits are based on benefit periods. A benefit period starts on the first day you go into a hospital or skilled nursing facility (SNF) and ends when you haven't had any inpatient hospital care or skilled nursing care for 60 days in a row. If you go into a hospital after one benefit period has ended, a new benefit period starts. You must pay the inpatient hospital deductible for each benefit period. There's no limit to the number of benefit periods you can have.

Outpatient individual and group therapy services: 1,2

Doctors and facilities in our plan: 20% coinsurance

Skilled Nursing Facility (SNF)¹

Doctors and facilities in our plan: Medicare-defined Cost Share

In 2022, the Medicare-defined cost share amounts for each benefit period are:

- □ **\$0** copay per day for days 1 through 20.
- □ **\$194.50** copay per day for days 21 through 100.

These amounts may change for 2023. We will provide updated cost share amounts at the website found on page 2 as soon as Medicare releases them.

Our plan covers up to 100 days in a Skilled Nursing Facility (SNF).

Your copays for SNF benefits are based on benefit periods. A benefit period starts on the first day you go into a hospital or SNF and ends when you haven't had any inpatient hospital care or skilled nursing care for 60 days in a row. If you go into a SNF after one benefit period has ended, a new benefit period starts. There's no limit to the number of benefit periods you can have.

Physical Therapy^{1,2}

Doctors and facilities in our plan: 20% coinsurance

Ambulance¹

Ground/Water Ambulance:

Emergency transportation services in our plan: 20% coinsurance per trip

Air Ambulance:

Emergency transportation services in our plan: 20% coinsurance per trip

Transportation

\$0.00 copay. This plan offers coverage for 48, one-way, routine transportation services every year. Trips are limited to 60 miles.

Routine transportation coverage is limited to plan-approved locations (within the local service area) provided by contracted transportation vendors in our plan. If you need a ride, call us at least 48 hours ahead of time (excluding weekends).

This plan allows you to select additional transportation benefits as part of the Essential Extras benefit. See that benefit description for more information.

Medicare Part B Drugs¹

Other Part B Drugs:

Drugs obtained from doctors and facilities in our plan: 20% coinsurance

Chemotherapy drugs:

Drugs obtained from doctors and facilities in our plan: 20% coinsurance

Additional benefits

Essential Extras

We want you to have not just the best possible health, but comfort in your daily life. Choose **any two** of the following innovative benefits as part of a comprehensive plan that we will help you create.



Assistive Devices

You will receive an annual spending allowance of **\$500** for assistive and safety devices, such as hand rails, shower stools, raised toilet seats, and temporary mobility ramps.



Flex Account – Dental, Vision, Hearing

Enjoy a **\$500** annual spending allowance for your dental, vision, and/or hearing needs. You get to choose how to use your annual spending allowance - toward out-of-pocket costs or additional services.



Healthy Groceries

If you have a diagnosed chronic condition, you will receive a monthly spending allowance of **\$50** toward the purchase of healthy groceries at participating stores near you. Select healthy groceries are also available online.



Flex Account - Utilities

If you have a diagnosed chronic condition, you can receive a **\$50** monthly spending allowance toward the payment of household utilities including gas, electric, water, or sewer. It can also be used with your internet and cellular providers.



In-Home Support

Enjoy up to 60 hours per year of companionship and support with independent activities of daily living such as light chores, errands, and more.



Transportation

Get up to 60 one-way rides per year to plan-approved locations.

Providers in our plan: **\$0.00** copay per visit. This plan offers coverage for unlimited visits every year.

Chiropractic Care^{1,2}

Medicare-covered chiropractic services:

Providers in our plan: 20% coinsurance

Medicare coverage includes manipulation of the spine to correct a subluxation (when one or more of the bones of your spine move out of position).

Routine chiropractic services:

Providers in our plan: \$0.00 copay for 12 visits each year

Enhanced Drug Coverage

Our plan offers additional coverage of some prescription drugs not normally covered in a Medicare prescription drug plan. Covered drugs include:

Sildenafil. Limit 4 tablets per month.

Please refer to your Tier 1: Preferred Generic copay later in this Summary of Benefits for how much you will pay. Your plan's *Formulary* includes additional information about all drugs covered under this benefit.

Foot Care (podiatry services)^{1,2}

Medicare-covered podiatry:

Doctors in our plan: \$0.00 copay - 20% coinsurance

Foot exams and treatment are covered if you have diabetes-related nerve damage and/or meet certain conditions. You pay nothing for Medicare-covered *routine* podiatry services. For all other Medicare-covered podiatry services, you pay the higher amount shown above.

Routine foot care:

Doctors in our plan: **\$0.00** copay This plan covers: Unlimited routine foot care visits each year.

Healthy Meals - Post Discharge

\$0.00 copay for up to 2 meals a day for 5 days following your discharge from the hospital or skilled nursing facility (SNF).

Home Health Care^{1,2}

Doctors and facilities in our plan: \$0.00 copay

LiveHealth[®] Online

Lets you talk to a board-certified doctor or licensed psychiatrist, psychologist, or therapist by live, two-way video on a computer, smartphone, or tablet

LiveHealth Online is the trade name of Health Management Corporation, a separate company, providing telehealth services on behalf of our plan.

Medical Equipment/Supplies

Durable Medical Equipment (wheelchairs, oxygen, etc.):1

Suppliers in our plan: 20% coinsurance

Medical supplies and prosthetic devices (braces, artificial limbs, etc.):1

Suppliers in our plan: 20% coinsurance

Diabetic supplies and services:

Suppliers in our plan: \$0.00 copay

Medicare Community Resource Support

We assist you right over the phone by providing you with health-related information and by connecting you to local community-based services and support programs. We'll help you coordinate these services based on your unique needs. Call us at the number listed on your plan ID card and ask for the Medicare Community Resource Support team for more details.

Outpatient Rehabilitation

Cardiac (heart) rehab services (with a limit of two, one-hour sessions per day and a maximum of 36 sessions within a 36-week period):¹

Doctors and facilities in our plan: 20% coinsurance

Pulmonary (lung) rehab services (with a limit of two, one-hour sessions per day and a maximum of 36 sessions):¹

Doctors and facilities in our plan: 20% coinsurance

Outpatient Rehabilitation

Occupational therapy visit:^{1,2}

Doctors and facilities in our plan: 20% coinsurance

Outpatient Substance Abuse^{1,2}

Individual & Group therapy visit:

Doctors and facilities in our plan: 20% coinsurance

Over-the-Counter Items

Get a spending allowance of **\$100** every quarter for certain approved, non-prescription, over-the-counter drugs and health-related items.

Here are the ways you can use your benefit:

- \Box Shop at participating stores near you.
- □ Shop online, use the app, or call to place an order and have items delivered to your home.

Personal Emergency Response System (PERS) coverage

Includes the monitoring device and monitoring service. To start and install services, give us a call. We can help you.

Renal Dialysis

Doctors and facilities in our plan: 20% coinsurance

SilverSneakers®† Fitness program

When you become our member, you can sign up for SilverSneakers. It's included in our plan. To learn more details, go to **www.silversneakers.com** or call SilverSneakers at 1-855-741-4985 (TTY: 711), Monday to Friday, 8 a.m. to 8 p.m. ET.

[†]The SilverSneakers Fitness Program is provided by Tivity Health, an independent company. SilverSneakers is a registered trademark of Tivity Health, Inc. © 2021 Tivity Health, Inc. All rights reserved.

24/7 NurseLine

24-hour access to a nurse helpline, seven days a week, 365 days a year

Services with a 1 may need prior authorization (preapproval) from the plan.

Services with a 2 may need a referral from your doctor or Primary Care Physician (PCP).



Summary of 2023 prescription drug coverage

Ways to save

- 1. Choose generic drugs on tiers 1 and 2 when available.
- 2. Use mail order.
- 3. Use a preferred pharmacy. To find a preferred pharmacy in this plan:
 - Visit https://shop.anthem.com/medicare/ca (select Useful Tools, and choose Find a Pharmacy). Preferred pharmacies are noted to the right of the pharmacy name.
 - □ Give us a call and we will send you a copy of the *Pharmacy Directory*.

Stage 1: How much is my deductible?

\$505.00 deductible per year for Part D prescription drugs. Drugs listed on Tier 2: Generic, Tier 3: Preferred Brand, Tier 4: Non-Preferred Drug, Tier 5: Specialty Tier are included in the Part D deductible.

If you qualify for low-income subsidy (LIS), also known as Medicare's Extra Help program, your annual Part D deductible will be lower or you might pay nothing.

Stage 2: Initial Coverage

After you pay your yearly deductible (if your plan has one), you pay the amount listed in the table on the following pages, until your total yearly drug costs reach **\$4,660**. Total yearly drug costs are the total drug costs paid by both you and our Part D plan.

You may get your covered drugs at retail pharmacies and mail-order pharmacies in our plan. Generally, you may get your covered drugs from pharmacies not in our plan only when you are unable to get your prescription drugs from a pharmacy that is in our plan. If you live in a long-term care facility, you pay the same as at a standard retail pharmacy.

If you qualify for low-income subsidy (LIS), also known as Medicare's Extra Help program, the amount you pay may be different in this Stage.

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Stage 2: Initial Coverage			
Cost Sharing	Anthem MediBlue Coordination Plus (HMO)		
Tier 1: Preferred Generic			
Preferred retail one-month supply	\$0.00*		
Standard retail one-month supply	\$0.00*		
Mail order three-month supply	\$0.00 ^{*100}		
Tier 2: Generic			
Preferred retail one-month supply	\$13.00		
Standard retail one-month supply	\$13.00		
Mail order three-month supply	\$0.00		
Tier 3: Preferred Brand			
Preferred retail one-month supply	\$47.00		
Standard retail one-month supply	\$47.00		
Mail order three-month supply	\$141.00		
Tier 4: Non-Preferred Drug			
Preferred retail one-month supply	\$95.00		
Standard retail one-month supply	\$100.00		
Mail order three-month supply	\$285.00		
Tier 5: Specialty Tier			
Preferred retail one-month supply	25%		
Standard retail one-month supply	25%		
Mail order three-month supply	Not available		

Stage 3: Coverage Gap

After your total yearly drug costs reach **\$4,660**, you receive limited coverage by the plan on certain drugs. You will continue to pay your ICL cost share for Tier 1 preferred generic drugs in the coverage gap. You will also receive a discount on brand name drugs and generally pay no more than **25%** of the plan's costs for formulary brand drugs and **25%** of the plan's costs for other formulary generic drugs until your yearly out-of-pocket drug costs reach **\$7,400**.

Stage 4: Catastrophic Coverage

After your yearly out-of-pocket drug costs reach **\$7,400**: For tier 1, you pay **\$0.00.** For tiers 2 - 5, you pay the greater of: a **\$4.15** copay for generic (including brand drugs treated as generic) and a **\$10.35** copay for all other drugs, or **5%** coinsurance.

An overview of how Medicare works

If you're new to Medicare, this can help you decide what is right for you.

Original Medicare (Parts A and B) is a federal government program that helps cover:



- □ Inpatient care in hospitals and skilled nursing facilities (not custodial or long-term care).
- □ Hospice and some home healthcare services.
- Doctor services, hospital outpatient care, lab tests, medical equipment, and supplies.
- □ Most preventive services, including a yearly wellness exam.

Original Medicare (Parts A and B) does not cover:

- □ Prescription drugs.
- $\hfill\square$ Vision, dental, or hearing care.

Here are your options

Option 1: an all-in-one Medicare Advantage plan	Option 2: One or both of the following		
Medicare Part C C+D+Extras	Medicare Supplement		
 Includes all of Part A (hospital) and Part B (medical) coverage Usually includes Part D prescription drug coverage Often offers extra services and benefits Caps what you'll pay out-of-pocket for medical services 	 Medicare Part A or Part B deductibles, coinsurance, or copayments Medicare Part B excess charges Skilled nursing facility care coinsurance Foreign travel emergencies 		
	Prescription drug coverage Part D		
	 Helps pay for many of your prescribed drugs Gives you access to home delivery services and pharmacies across the country 		
	Anthem MediBlue Coordination Plus (HMO) 29		

The four stages of drug coverage

To understand your plan's specific coverage for each stage, see the **Summary of 2023 prescription drug coverage** section in this Summary of Benefits.

\$	\$	(\$	\$
Stage 1	Stage 2	Stage 3	Stage 4
Deductible	Initial Coverage	Coverage Gap	Catastrophic Coverage
If you have a deductible, you pay 100% of your drug costs until you meet your deductible. If you have no deductible, or if a specific drug tier does not apply to the deductible, you will skip to Stage 2.	You pay a copay or a percentage of the cost, and your plan pays the rest for your covered drugs.		CoverageIn this stage, afteryour yearlyout-of-pocketdrug costs(including drugspurchasedthrough homedelivery andpharmacy) reach\$7,400, the planpays most, or insome cases, all,of your covereddrug costs. Thisstage lasts untilthe end of theplan year.See the Stage 4:CatastrophicCoverage sectionfor what you paywith this plan.
Which coverage stand You will receive an Benefits (EOB) each prescription. It will coverage stage you close you are to end one.	a Explanation of ch month you fill a l show which u're in and how		

When you can enroll

Initial Enrollment Period

You can sign up for a Medicare Advantage or Part D plan when you are first eligible for Medicare. Your Initial Enrollment Period is a seven-month period that includes the three months before your 65th birthday month, the month you turn 65, and the three months after your 65th birthday month.

Annual Enrollment Period - October 15 to December 7

This is the time each year to enroll in or change your Medicare Advantage or Part D plan. You may also switch to only Original Medicare (Parts A and B). New coverage begins January 1 of each year.

Open Enrollment Period - January 1 to March 31

This is an extra time each year when you can make one enrollment change to your existing Medicare Advantage plan. You can do one of the following:

- Move to a different Medicare Advantage plan
- Drop your Medicare Advantage plan to stay with Original Medicare. If you do this and need drug coverage, you have until March 31 to add a Medicare Part D (prescription drug) plan.

Special Enrollment Period

You can sign up for a Medicare Advantage or Part D plan outside of the standard time frames if certain events occur in your life. These events may include (but aren't limited to) a change in employment, circumstances, or location.







OCT



Medicare ID cards

If you choose a Medicare Advantage and Prescription Drug plan:

One Card for ALL!



You will not need your red, white and blue Medicare ID card. Just present your member ID card for all your covered medical and drug benefits.

Avoid late-enrollment penalties

It's important to enroll in a Medicare plan when you're first eligible. If you don't, you may have to pay the following penalties:



Medicare Part A: You may have to buy Part A if you don't qualify for premium-free Part A. If you do not buy it when you're first eligible for Medicare, your monthly premium may go up 10%. You will have to pay the higher premium for twice the number of years you didn't sign up.

For example, if you delayed enrollment for one year and your monthly Part A premium was \$100, then you would have to pay a \$110 (10% increase) premium for two years (two times the one year you didn't have Medicare Part A).

\$

Medicare Part B: Your monthly premium may increase 10% for each 12-month period you could have had Part B but didn't sign up. You'll have to pay this penalty for as long as you have Part B.



Medicare Part D: If you don't sign up when you're first eligible, you may have to pay this penalty for as long as you are enrolled in Part D, and it may increase every year. You may not have to pay it if you receive Extra Help or have proof of other creditable (as good as Medicare's) coverage.

How can I learn more about Medicare?

Medicare & You, a helpful tool



The United States government's *Medicare & You* handbook is a great way to learn about Medicare and find answers to your questions. If you do not have a copy, you can view it online at **medicare.gov** or call Medicare for a copy at **1-800-MEDICARE** (1-800-633-4227), 24/7. TTY users can call **1-877-486-2048**.

我們提供翻譯服務;請聯絡公司或您的代理人。

Hay disponibles servicios de traducción; póngase en contacto con el plan o su agente.

If you need emergency or urgent care, call 911 or go to the nearest doctor or facility that can help you. Most times, you must use doctors in our plan to receive covered medical care, except for emergencies and urgently needed care when doctors in our plan are not available or dialysis services when you are out of the service area. If you receive routine care from doctors outside our plan, neither Medicare nor Anthem Blue Cross will pay for it.

Some benefits mentioned are a part of a special supplemental program for the chronically ill. Not all members qualify.

Anthem Blue Cross is an HMO plan with a Medicare contract. Enrollment in Anthem Blue Cross depends on contract renewal.

Anthem Blue Cross is the trade name of Blue Cross of California. Independent licensee of the Blue Cross Association. Anthem is a registered trademark of Anthem Insurance Companies, Inc.

Multi-Language Insert

Multi-language Interpreter Services

English: We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at 1-888-230-7338. Someone who speaks English/Language can help you. This is a free service.

Spanish: Tenemos servicios de intérprete sin costo alguno para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para hablar con un intérprete, por favor llame al 1-888-230-7338. Alguien que hable español le podrá ayudar. Este es un servicio gratuito.

Chinese Mandarin:我们提供免费的翻译服务,帮助您解答关于健康或药物保险的任何疑问。如果您需要此翻译服务,请致电 1-888-230-7338。我们的中文工作人员很乐意帮助您。这是一项免费服务。

Chinese Cantonese: 您對我們的健康或藥物保險可能存有疑問,為此我們提供免費的翻譯 服務。如需翻譯服務,請致電 1-888-230-7338。我們講中文的人員將樂意為您提供幫助。這 是一項 免費服務。

Tagalog: Mayroon kaming libreng serbisyo sa pagsasaling-wika upang masagot ang anumang mga katanungan ninyo hinggil sa aming planong pangkalusugan o panggamot. Upang makakuha ng tagasaling-wika, tawagan lamang kami sa 1-888-230-7338. Maaari kayong tulungan ng isang nakakapagsalita ng Tagalog. Ito ay libreng serbisyo.

French: Nous proposons des services gratuits d'interprétation pour répondre à toutes vos questions relatives à notre régime de santé ou d'assurance-médicaments. Pour accéder au service d'interprétation, il vous suffit de nous appeler au 1-888-230-7338. Un interlocuteur parlant Français pourra vous aider. Ce service est gratuit.

Vietnamese: Chúng tôi có dịch vụ thông dịch miễn phí để trả lời các câu hỏi về chương sức khỏe và chương trình thuốc men. Nếu quí vị cần thông dịch viên xin gọi 1-888-230-7338 sẽ có nhân viên nói tiếng Việt giúp đỡ quí vị. Đây là dịch vụ miễn phí.

German: Unser kostenloser Dolmetscherservice beantwortet Ihren Fragen zu unserem Gesundheits- und Arzneimittelplan. Unsere Dolmetscher erreichen Sie unter 1-888-230-7338. Man wird Ihnen dort auf Deutsch weiterhelfen. Dieser Service ist kostenlos.

Korean: 당사는 의료 보험 또는 약품 보험에 관한 질문에 답해 드리고자 무료 통역 서비스를 제 공하고 있습니다. 통역 서비스를 이용하려면 전화 1-888-230-7338번으로 문의해 주십시오. 한국 어를 하는 담당자가 도와 드릴 것입니다. 이 서비스는 무료로 운영됩니다.

Russian: Если у вас возникнут вопросы относительно страхового или медикаментного плана, вы можете воспользоваться нашими бесплатными услугами переводчиков. Чтобы воспользоваться услугами переводчика,

позвоните нам по телефону 1-888-230-7338. Вам окажет помощь сотрудник, который говорит по-русски. Данная услуга бесплатная.

Arabic: إننا نقدم خدمات المترجم الفوري المجانية للإجابة عن أي أسئلة تتعلق بالصحة أو جدول الأدوية لدينا. للحصول على مترجم ، Arabic: ،فوري ليس عليك سوى الاتصال بنا على 7338-230-1. سيقوم شخص ما يتحدث العربية بمساعدتك. هذه خدمة مجانية.

Hindi: हमारे स्वासथ्य या दवा की योजना के बारे में आपके किसी भी प्रश्न के जवाब देने के लिए हमारे पास मुफ्त दुभाषिया सेवाएँ उपलब्ध हैं. एक दुभाषिया प्राप्त करने के लिए, बस हमें 1-888-230-7338 पर फोन करें. कोई व्यक्ति जो हिन्दी बोलता है आपकी मदद कर सकता है. यह एक मुफ्त सेवा है.

Italian: È disponibile un servizio di interpretariato gratuito per rispondere a eventuali domande sul nostro piano sanitario e farmaceutico. Per un interprete, contattare il numero 1-888-230-7338. Un nostro incaricato che parla Italianovi fornirà l'assistenza necessaria. È un servizio gratuito.

Portugués: Dispomos de serviços de interpretação gratuitos para responder a qualquer questão que tenha acerca do nosso plano de saúde ou de medicação. Para obter um intérprete, contacte-nos através do número 1-888-230-7338. Irá encontrar alguém que fale o idioma Português para o ajudar. Este serviço é gratuito.

French Creole: Nou genyen sèvis entèprèt gratis pou reponn tout kesyon ou ta genyen konsènan plan medikal oswa dwòg nou an. Pou jwenn yon entèprèt, jis rele nou nan 1-888-230-7338. Yon moun ki pale Kreyòl kapab ede w. Sa a se yon sèvis ki gratis.

Polish: Umożliwiamy bezpłatne skorzystanie z usług tłumacza ustnego, który pomoże w uzyskaniu odpowiedzi na temat planu zdrowotnego lub dawkowania leków. Aby skorzystać z pomocy tłumacza znającego język polski, należy zadzwonić pod numer 1-888-230-7338. Ta usługa jest bezpłatna.

Japanese: 当社の健康 健康保険と薬品 処方薬プランに関するご質問にお答えするため に、無料の通訳サービスがありますございます。通訳をご用命になるには、1-888-230-7338にお電話 ください。日本語を話す人者 が支援いたします。これは無料のサービスです。

IMPORTANT INFORMATION:

2022 Medicare Star Ratings

Official U.S. Government Medicare Information



Anthem Blue Cross - H0544

For 2022, Anthem Blue Cross - H0544 received the following Star Ratings from Medicare:

Overall Star Rating: ★★★☆☆

Health Services Rating: ★★★☆☆

Drug Services Rating: $\star \star \star \star \star \star$

Every year, Medicare evaluates plans based on a 5-star rating system.

Why Star Ratings Are Important

Medicare rates plans on their health and drug services.

This lets you easily compare plans based on quality and performance.

Star Ratings are based on factors that include:

- Feedback from members about the plan's service and care
- The number of members who left or stayed with the plan
- The number of complaints Medicare got about the plan
- Data from doctors and hospitals that work with the plan

More stars mean a better plan – for example, members may get better care and better, faster customer service.

Get More Information on Star Ratings Online

Compare Star Ratings for this and other plans online at **medicare.gov/plan-compare.**

Questions about this plan?

Contact Anthem Blue Cross 7 days a week from 8 a.m. to 8 p.m., (except Thanksgiving and Christmas) from October 1 through March 31, and Monday to Friday (except holidays) from April 1 through September 30 at 1-844-250-2336 (toll-free) or 711 (TTY).

Current members please call 1-888-230-7338 (toll-free) or 711 (TTY).



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Enrollment Checklist

Before making an enrollment decision, it is important that you fully understand our benefits and rules. If you have any questions, you can call and speak to a customer service representative at **1-844-250-2336** TTY: **711**, 8 a.m. to 8 p.m., seven days a week (except Thanksgiving and Christmas) from October 1 through March 31, and Monday to Friday (except holidays) from April 1 through September 30.

Understanding the Benefits

The Evidence of Coverage (EOC) provides a complete list of all coverage and services. It is important to review plan coverage, costs, and benefits before you enroll. Visit **https://shop.anthem.com/medicare/ca** or call **1-844-250-2336** to view a copy of the EOC.



Review the provider directory (or ask your doctor) to make sure the doctors you see now are in the network. If they are not listed, it means you will likely have to select a new doctor.



Review the pharmacy directory to make sure the pharmacy you use for any prescription medicines is in the network. If the pharmacy is not listed, you will likely have to select a new pharmacy for your prescriptions.

Review the formulary to make sure your drugs are covered.

Understanding Important Rules

In addition to your monthly plan premium, you must continue to pay your Medicare Part B premium. This premium is normally taken out of your Social Security check each month.

Benefits, premiums and/or copayments/co-insurance may change on January 1, 2024.



Except in emergency or urgent situations, we do not cover services by out-of-network providers (doctors who are not listed in the provider directory).