

Summary of Benefits



Medicare Advantage and Part D

Plan year: January 1 – December 31, 2022

Maine

Aroostook, Hancock, Penobscot, Piscataquis, Washington counties

Anthem | MaineHealth Advantage Extra (HMO)

22MEH9065007

Thank you for your interest in our Medicare Advantage plans

Anthem | MaineHealth offers benefits to help you stay healthy while protecting you from unexpected costs. This plan includes your hospital, medical, and drug benefits in one plan.

Anthem I MaineHealth Advantage Extra (HMO)

Anthem I MaineHealth Advantage Extra (HMO)

Our service area includes these counties in ME: Aroostook, Hancock, Penobscot, Piscataquis, Washington

Do you have questions?



- You can learn more on our website, <https://shop.anthem.com/medicare>.



- Or call us toll-free **1-855-639-0209** (TTY: **711**).
- Hours of operation: 8 a.m. to 8 p.m., seven days a week (except Thanksgiving and Christmas) from October 1 through March 31, and Monday to Friday (except holidays) from April 1 through September 30.

The *Summary of Benefits* does not include every service, limit, or exclusion, but the *Evidence of Coverage* does. Just give us a call to request a copy.

Anthem I MaineHealth Advantage Extra (HMO) is a Medicare Advantage plan. It includes hospital, medical, and prescription drug benefits. To join this plan, the following must apply to you:

- You're entitled to Medicare Part A.
- You're enrolled in Medicare Part B.
- You live in our service area.

You need to visit doctors and facilities in this plan's network. This is very important. If you go outside the network, the services may not be covered.

Medicare coverage that goes beyond Original Medicare

- This plan covers everything Original Medicare covers — Part A (hospital services) and Part B (medical services) — plus more.
- This plan covers Medicare Part D drugs and Part B drugs (such as chemotherapy and certain drugs your doctor administers).

This is a Health Maintenance Organization (HMO) plan. That means:

- You must choose a primary care physician (PCP) in the plan's network of doctors for covered services. Your PCP provides most of your medical care, including routine care and hospitalizations. They can help you save time and money by directing you to specialists when needed.
- Before you visit a specialist, we recommend you talk to your PCP first. They know your health history and can help you find the right care.

Is your PCP in our plan's network of doctors?



If you need to change your primary care physician (PCP), give us a call and we'll help. Doctors can join or leave the network at any time, so check if they're in-network with our Find a Doctor tool online. Just follow the steps below.

How to find a doctor/PCP in our plan:



- Go to <https://shop.anthem.com/medicare>
 1. Select **Useful Tools** and choose **Find a Doctor**.
 2. Enter your ZIP code, county and the date you want your coverage to begin.
 3. Fill in the details (city, doctor's name, distance, etc.).
 4. Be sure to check that the doctor is listed as "In-Network" for this plan.
- Or you can ask us for the *Provider Directory*. The phone number is on page 2.

Know your drug plan

Prescription drugs are an important part of health and wellness

Anthem I MaineHealth Advantage Extra (HMO) covers medications that help you stay your healthiest, at the lowest cost possible. Check the plan's drug list, or *Formulary*, to see if your prescriptions are covered and at what price.

How to check if your prescriptions (or an acceptable alternative) are covered and what they'll cost:



- Visit <https://shop.anthem.com/medicare>
 1. Select **Useful Tools** and choose **Find Your Covered Drugs**.
 2. Enter your ZIP code, county and beginning coverage date.
 3. Enter your drug name, dosage, quantity and refill frequency, and select **Add Drug** or **Next**.
 4. Select your pharmacy, and then select **View All Plans**.
 5. Choose **Plan Details** and then **Drug Cost** to view the drug's tier, specific cost, and coverage details.
- You can also call us at the number on page 2 for a copy of the *Formulary*.

Find a pharmacy

Our plans include the majority of pharmacies in America, so you're likely to find one near you. If your pharmacy is not in this plan, you could end up paying more for your drugs.

To confirm your pharmacy is in the plan (or find a new one) see the *Pharmacy Directory* on our website at <https://shop.anthem.com/medicare>. Under **Useful Tools**, choose **Find a Pharmacy** to enter your location and search details. Preferred pharmacies are noted to the right of the pharmacy name. Or you can give us a call and we'll send you the directory.



Save money through mail order or at preferred pharmacies¹

Use mail order or certain retail pharmacies (*preferred pharmacies*) to reduce costs. Using mail order or a preferred pharmacy can lower your copays and share of the cost, but the choice is yours.

Preferred pharmacies include Albertsons/Safeway, CVS Pharmacy, Costco, Giant Eagle Pharmacy, Harris Teeter Pharmacy, H-E-B PHARMACY, Kinney Drugs, Kroger, Publix, Roundy's, Walmart and more than 5,000 independent pharmacies.

Don't miss out on some Extra Help

Medicare offers Extra Help, a program with prescription drug assistance for people who qualify. Extra Help can cover prescription drug plan deductibles, premiums, copays, and coinsurance. Plus:

- The coverage gap stage will not apply to you.
- There are no late-enrollment penalties.



To find out if you qualify for Extra Help, call:

- Our helpful representatives at **1-855-639-0209**.
- 1-800-MEDICARE (1-800-633-4227)** (TTY: **1-877-486-2048**), 24 hours a day/7 days a week.
- The Social Security Administration at **1-800-772-1213** (TTY: **1-800-325-0778**) Monday to Friday, 7 a.m. to 7 p.m.
- Your state Medicaid office.

¹ Anthem I MaineHealth includes limited lower-cost, preferred pharmacies in rural and urban areas of Maine. The lower costs advertised in our plan materials for these pharmacies may not be available at the pharmacy you use. For up-to-date information about our network pharmacies, including whether there are any lower-cost preferred pharmacies in your area, please call 1-844-209-6376 (TTY: 711) or consult the online Pharmacy Directory at <https://shop.anthem.com/medicare>



Summary of 2022 medical benefits

The next pages have more details about plan benefits, so you can choose the right plan for you.

Anthem I MaineHealth Advantage Extra (HMO)

How much is my premium (monthly payment)?

\$21.10 per month

You must continue to pay your Medicare Part B premium.

If you receive Extra Help from Medicare, your monthly plan premium will be lower or you might pay nothing.

How much is my deductible?

This plan does not have a medical deductible.

\$275.00 deductible per year for Part D prescription drugs.

Drugs listed on Tier 2: Generic, Tier 3: Preferred Brand, Tier 4: Non-Preferred Drug, Tier 5: Specialty Tier are included in the Part D deductible.

If you receive Extra Help from Medicare, your deductible amount depends on the level of Extra Help you receive.

If you qualify for low-income subsidy (LIS), also known as Medicare's Extra Help program, your annual Part D deductible will be lower or you might pay nothing.

Is there a limit on how much I will pay for my covered medical services?

(does not include Part D drugs)

\$5,000.00 per year from doctors and facilities in our plan

Like all Medicare health plans, our plan protects you by having yearly limits on your out-of-pocket costs for medical and hospital care.

Services you receive from doctors or facilities in our plan go toward your yearly limit. If you reach the limit on out-of-pocket costs, you will not have to pay any out-of-pocket costs for covered Part A and Part B services for the rest of the year.

Anthem I MaineHealth Advantage Extra (HMO)

Inpatient Hospital¹

Facilities in our plan: Days 1-5: **\$300.00** per day, per admission / Days 6-90: **\$0.00** per day, per admission

Our plan covers an unlimited number of days for an inpatient hospital stay.

Per-day cost sharing applies to each new inpatient admission (Note: transfers to an inpatient rehabilitation hospital is considered a new admission and cost sharing per day applies).

Outpatient Hospital¹

Doctors and facilities in our plan: **\$250.00** copay

What you will pay may depend on the service and where you are treated.

Ambulatory Surgical Center¹

Doctors and facilities in our plan: **\$250.00** copay

Doctor's Office Visits

Primary care physician (PCP) visit:

PCPs in our plan: **\$0.00** copay

Specialist visit:¹

Doctors in our plan: **\$35.00** copay

Anthem I MaineHealth Advantage Extra (HMO)

Preventive Care Screenings and Annual Physical Exams

Preventive care screenings:

Doctors in our plan: **\$0.00** copay

Annual physical exam:

Doctors in our plan: **\$0.00** copay

Covered preventive care screenings:

- Abdominal aortic aneurysm screening
- Annual “wellness” visit
- Bone mass measurement
- Breast cancer screening (mammogram)
- Cardiovascular disease (behavioral therapy)
- Cardiovascular screening
- Cervical and vaginal cancer screening
- Colorectal cancer screenings (colonoscopy, fecal occult blood test, flexible sigmoidoscopy)
- Depression screening
- Diabetes prevention program
- Diabetes screenings and monitoring
- Hepatitis C Screening
- High Intensity Behavioral Counseling
- HIV screening
- Lung cancer screenings
- Medical nutrition therapy services
- Obesity screenings and counseling
- Prostate cancer screenings (PSA)
- Sexually transmitted infections screenings and counseling
- Tobacco use cessation counseling (counseling for people with no sign of tobacco-related disease)
- Vaccines, including flu, hepatitis B, pneumococcal, and COVID-19 shots
- “Welcome to Medicare” preventive visit (one-time)

Any extra preventive services approved by Medicare during the contract year will be covered. When you use doctors in our plan, **100%** of the cost of preventive care screenings and annual physical exams is covered.

Anthem I MaineHealth Advantage Extra (HMO)

Emergency Care

\$90.00 copay

Emergency and Urgent Care Worldwide Coverage

\$90.00 copay

This plan covers urgent care and emergency services when traveling outside of the United States for less than six months. This benefit is limited to **\$100,000.00** per year.

Urgently Needed Services

\$45.00 copay

Diagnostic Radiology Services (such as MRIs, CT scans)¹

Doctors and facilities in our plan: **\$100.00 - \$200.00** copay

What you pay for these services may vary based on where you are treated.

Diagnostic Tests and Procedures¹

Doctors and facilities in our plan: **\$0.00 - \$70.00** copay

What you pay for these services may vary based on where you are treated.

Lab Services¹

Doctors and facilities in our plan: **\$0.00 - \$10.00** copay

What you pay may be based on the service received and/or where you are treated.

Anthem I MaineHealth Advantage Extra (HMO)

Outpatient X-rays¹

Doctors and facilities in our plan: **\$15.00 - \$50.00** copay

What you pay for these services may vary based on where you are treated.

Therapeutic Radiology Services (such as radiation treatment for cancer)¹

Doctors and facilities in our plan: **20%** coinsurance

What you pay for these services may vary based on where you are treated.

Hearing Services

Medicare-covered hearing services (Exam to diagnose and treat hearing and balance issues):¹

Doctors in our plan: **\$35.00** copay

Routine hearing services:¹

This plan covers 1 routine hearing exam(s) and hearing aid fitting/evaluation(s) every year. **\$2,000.00** maximum plan benefit for hearing aids every year.

Doctors in our plan: **\$0.00** copay for routine hearing exam(s). **\$0.00** copay for hearing aids up to the maximum plan benefit amount.

Dental Services

Medicare-covered dental services (this does not include services for care, treatment, filling, removal or replacement of teeth):¹

Doctors and dentists in our plan: **\$0.00** copay

Anthem I MaineHealth Advantage Extra (HMO)

Dental Services

Preventive dental services:

This plan covers: 2 oral exam(s), 2 cleaning(s), 1 dental X-ray(s) every year.

Dentists in our plan: **\$0.00** copay

Comprehensive dental services:¹

This plan covers up to a **\$2,000.00** allowance for covered comprehensive dental services every year.

Doctors and dentists in our plan: **\$0.00** copay

We cover more dental care than what Original Medicare covers. You can use our coverage for these services and more: extra exams, cleanings, X-rays, fillings and repairs, root canals (endodontics), dental crowns (caps), bridges and implants, and dentures.

Any amount not used at the end of the calendar year will expire.

To find a dental provider in our plan, follow the same steps as the "How to find a doctor/PCP in our plan" box at the beginning of this booklet. Then select **Dental Provider** under **Provider Type**.

Vision Services

Medicare-covered vision services:

Exam to diagnose and treat diseases and conditions of the eye

Doctors in our plan: **\$35.00** copay

Eyeglasses or contact lenses after cataract surgery

Doctors in our plan: **\$0.00** copay

Anthem I MaineHealth Advantage Extra (HMO)

Vision Services

Routine vision services:

Routine vision exam

This plan covers 1 routine eye exam(s) every year.

Doctors in our plan: **\$0.00** copay

Routine eyewear (lenses and frames)

This plan covers up to **\$125.00** for eyeglasses or contact lenses every year.

Doctors in our plan: **\$0.00** copay

To find a vision provider in our plan, follow the same steps as the "How to find a doctor/PCP in our plan" box at the beginning of this booklet. Then select **Vision Provider** under **Provider Type**.

Mental Health Care

Inpatient visit:¹

Doctors and facilities in our plan: Days 1-5: **\$300.00** per day, per admission / Days 6-90: **\$0.00** per day, per admission

Our plan covers unlimited inpatient days.

Per day cost sharing applies to each new inpatient admission. (Note: transfers to an inpatient rehabilitation hospital is considered a new admission and cost sharing per day applies).

Outpatient individual and group therapy services:¹

Doctors and facilities in our plan: **\$40.00** copay

Anthem I MaineHealth Advantage Extra (HMO)

Skilled Nursing Facility (SNF)¹

Doctors and facilities in our plan: SNF Days 1 - 20: **\$0.00** per day / Days 21 - 100: **\$188.00** per day

Our plan covers up to 100 days in a Skilled Nursing Facility (SNF).

Your copays for SNF benefits are based on benefit periods. A benefit period starts on the first day you go into a hospital or SNF and ends when you haven't had any inpatient hospital care or skilled nursing care for 60 days in a row. If you go into a SNF after one benefit period has ended, a new benefit period starts. There's no limit to the number of benefit periods you can have.

Physical Therapy¹

Doctors and facilities in our plan: **\$40.00** copay

Ambulance¹

Ground/Water Ambulance:

Emergency transportation services in our plan: **\$300.00** copay per trip

Air Ambulance:

Emergency transportation services in our plan: **20%** coinsurance per trip

Transportation

Not Covered

Anthem I MaineHealth Advantage Extra (HMO)

Medicare Part B Drugs¹

Other Part B Drugs:

Drugs obtained from doctors and facilities in our plan: **20%** coinsurance

Chemotherapy drugs:

Drugs obtained from doctors and facilities in our plan: **20%** coinsurance

Additional benefits

Anthem I MaineHealth Advantage Extra (HMO)

Chiropractic Care¹

Medicare-covered chiropractic services:

Providers in our plan: **\$20.00** copay

Medicare coverage includes manipulation of the spine to correct a subluxation (when one or more of the bones of your spine move out of position).

Foot Care (podiatry services)¹

Medicare-covered podiatry:

Doctors in our plan: **\$35.00** copay

Foot exams and treatment are covered if you have diabetes-related nerve damage and/or meet certain conditions.

Healthy Meals-Post Discharge

\$0.00 copay for up to 2 meals a day for 5 days following your discharge from the hospital or skilled nursing facility (SNF).

Home Health Care¹

Doctors and facilities in our plan: **\$0.00** copay

Anthem I MaineHealth Advantage Extra (HMO)

LiveHealth® Online

Lets you talk to a board-certified doctor or licensed psychiatrist, psychologist, or therapist by live, two-way video on a computer, smartphone, or tablet

LiveHealth Online is the trade name of Health Management Corporation, a separate company, providing telehealth services on behalf of our plan.

Medical Equipment/Supplies

Durable Medical Equipment (wheelchairs, oxygen, etc.):¹

Suppliers in our plan: **20%** coinsurance

Medical supplies and prosthetic devices (braces, artificial limbs, etc.):¹

Suppliers in our plan: **20%** coinsurance

Diabetic supplies and services:

Suppliers in our plan: **\$0.00** copay

Outpatient Rehabilitation

Cardiac (heart) rehab services (with a limit of two, one-hour sessions per day and a maximum of 36 sessions within a 36-week period):¹

Doctors and facilities in our plan: **\$50.00** copay

Pulmonary (lung) rehab services (with a limit of two, one-hour sessions per day and a maximum of 36 sessions):¹

Doctors and facilities in our plan: **\$30.00** copay

Anthem I MaineHealth Advantage Extra (HMO)

Outpatient Rehabilitation

Occupational therapy visit:¹

Doctors and facilities in our plan: **\$40.00** copay

Outpatient Substance Abuse¹

Individual & Group therapy visit:

Doctors and facilities in our plan: **\$40.00** copay

Over-the-Counter Items

This plan covers certain approved, non-prescription, over-the-counter drugs and health-related items, up to **\$50** every quarter. Unused OTC amounts do roll over to the next quarter. Unused OTC amounts do not roll over to the next calendar year.

There are three ways to access your benefit:

- Shop online or use the app and have items sent to your home or to a store location near you for pickup.
- Shop at more than 4,700 Walmart and Neighborhood Market stores and other participating retailers.
- Call to place an order and have items sent to your home.

Renal Dialysis

Doctors and facilities in our plan: **20%** coinsurance

Anthem I MaineHealth Advantage Extra (HMO)

SilverSneakers^{®†} Fitness program

When you become our member, you can sign up for SilverSneakers. It's included in our plan. To learn more details, go to www.silversneakers.com or call SilverSneakers at 1-855-741-4985 (TTY: 711), Monday to Friday, 8 a.m. to 8 p.m. ET.

†The SilverSneakers Fitness Program is provided by Tivity Health, an independent company. SilverSneakers is a registered trademark of Tivity Health, Inc. © 2021 Tivity Health, Inc. All rights reserved.

24/7 NurseLine

24-hour access to a nurse helpline, seven days a week, 365 days a year

Services with a 1 may need prior authorization (preapproval) from the plan.



Summary of 2022 prescription drug coverage

Ways to save

1. Choose generic drugs on tiers 1 and 2 when available.
2. Use mail order.
3. Use a preferred pharmacy. To find a preferred pharmacy in this plan:
 - Visit <https://shop.anthem.com/medicare> (select **Useful Tools**, and choose **Find a Pharmacy**). Preferred pharmacies are noted to the right of the pharmacy name.
 - Give us a call and we will send you a copy of the *Pharmacy Directory*.

Anthem I MaineHealth Advantage Extra (HMO)

Stage 1: How much is my deductible?

\$275.00 deductible per year for Part D prescription drugs.

Drugs listed on Tier 2: Generic, Tier 3: Preferred Brand, Tier 4: Non-Preferred Drug, Tier 5: Specialty Tier are included in the Part D deductible.

If you receive Extra Help from Medicare, your deductible amount depends on the level of Extra Help you receive.

Stage 2: Initial Coverage

After you pay your yearly deductible (if your plan has one), you pay the amount listed in the table on the following pages, until your total yearly drug costs reach **\$4,430**. Total yearly drug costs are the total drug costs paid by both you and our Part D plan.

You may get your covered drugs at retail pharmacies and mail-order pharmacies in our plan. Generally, you may get your covered drugs from pharmacies not in our plan only when you are unable to get your prescription drugs from a pharmacy that is in our plan. If you live in a long-term care facility, you pay the same as at a standard retail pharmacy.

If you qualify for low-income subsidy (LIS), also known as Medicare's Extra Help program, the amount you pay may be different in this Stage.

Stage 2: Initial Coverage	
Cost Sharing	Anthem I MaineHealth Advantage Extra (HMO)
Tier 1: Preferred Generic	
Preferred retail one-month supply	\$0.00*
Standard retail one-month supply	\$0.00*
Mail order three-month supply	\$0.00*
Tier 2: Generic	
Preferred retail one-month supply	\$16.00
Standard retail one-month supply	\$16.00
Mail order three-month supply	\$0.00
Tier 3: Preferred Brand	
Preferred retail one-month supply	\$47.00
Standard retail one-month supply	\$47.00
Mail order three-month supply	\$141.00
Tier 4: Non-Preferred Drug	
Preferred retail one-month supply	\$95.00
Standard retail one-month supply	\$100.00
Mail order three-month supply	\$285.00
Tier 5: Specialty Tier	
Preferred retail one-month supply	28%
Standard retail one-month supply	28%
Mail order three-month supply	Not available

Stage 2: Initial Coverage

Cost Sharing	Anthem I MaineHealth Advantage Extra (HMO)
Tier 6: Select Care Drugs	
Preferred retail one-month supply	\$0.00*
Standard retail one-month supply	\$0.00*
Mail order three-month supply	\$0.00*¹⁰⁰

*Your deductible will not apply for these drugs.

¹⁰⁰The three-month supply for this tier on this plan is 100 days.

Anthem I MaineHealth Advantage Extra (HMO)

Stage 3: Coverage Gap

After your total yearly drug costs reach **\$4,430**, you receive limited coverage by the plan on certain drugs. You will continue to pay your ICL cost share for Tier 1 preferred generic drugs and Tier 6 select care drugs in the coverage gap. You will also receive a discount on brand name drugs and generally pay no more than **25%** of the plan's costs for other formulary brand drugs and **25%** of the plan's costs for other formulary generic drugs until your yearly out-of-pocket drug costs reach **\$7,050**.

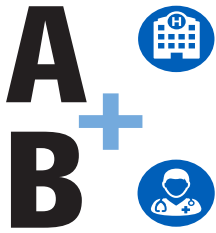
Stage 4: Catastrophic Coverage

After your yearly out-of-pocket drug costs reach **\$7,050**, you pay the greater of: a **\$3.95** copay for generic (including brand drugs treated as generic) and a **\$9.85** copay for all other drugs, or **5%** coinsurance.

An overview of how Medicare works

If you're new to Medicare, this can help you decide what is right for you.

Original Medicare (Parts A and B) is a federal government program that helps cover:





- Inpatient care in hospitals and skilled nursing facilities (not custodial or long-term care).
- Hospice and some home healthcare services.
- Doctor services, hospital outpatient care, lab tests, medical equipment, and supplies.
- Most preventive services, including a yearly wellness exam.

Original Medicare (Parts A and B) does not cover:

- Prescription drugs.
- Vision, dental, or hearing care.



Here are your options

Option 1: an all-in-one Medicare Advantage plan	Option 2: One or both of the following
<p>Medicare Part C</p> <h3>C+D+Extras</h3> <ul style="list-style-type: none"> <input type="checkbox"/> Includes all of Part A (hospital) and Part B (medical) coverage <input type="checkbox"/> Usually includes Part D prescription drug coverage <input type="checkbox"/> Often offers extra services and benefits <input type="checkbox"/> Caps what you'll pay out-of-pocket for medical services 	<p>Medicare Supplement </p> <ul style="list-style-type: none"> <input type="checkbox"/> Medicare Part A or Part B deductibles, coinsurance, or copayments <input type="checkbox"/> Medicare Part B excess charges <input type="checkbox"/> Skilled nursing facility care coinsurance <input type="checkbox"/> Foreign travel emergencies <hr/> <p>Prescription drug coverage</p> <p>Part D </p> <ul style="list-style-type: none"> <input type="checkbox"/> Helps pay for many of your prescribed drugs <input type="checkbox"/> Gives you access to home delivery services and pharmacies across the country

The four stages of drug coverage

To understand your plan's specific coverage for each stage, see the **Summary of 2022 prescription drug coverage** section in this Summary of Benefits.



Stage 1	Stage 2	Stage 3	Stage 4
Deductible	Initial Coverage	Coverage Gap	Catastrophic Coverage
<p>If you have a deductible, you pay 100% of your drug costs until you meet your deductible.</p> <p>If you have no deductible, or if a specific drug tier does not apply to the deductible, you will skip to Stage 2.</p>	<p>You pay a copay or a percentage of the cost, and your plan pays the rest for your covered drugs.</p>	<p>In this stage, you pay a greater share of the costs. It begins after you and your plan have paid a certain amount on covered drugs during Stages 1 and 2 (this can vary by plan). See Stage 2: Initial Coverage in the prescription drug coverage section in this Summary of Benefits for the exact amount.</p> <p>After you enter the coverage gap, you pay a percentage of the plan's cost for covered brand-name drugs and/or covered generic drugs until your costs total \$7,050.</p> <p>Some plans have extra coverage. See the Stage 3: Coverage Gap section for more details.</p>	<p>In this stage, after your yearly out-of-pocket drug costs (including drugs purchased through home delivery and pharmacy) reach \$7,050, the plan pays most, or in some cases, all, of your covered drug costs. This stage lasts until the end of the plan year.</p> <p>See the Stage 4: Catastrophic Coverage section for what you pay with this plan.</p>
<p>Which coverage stage am I in?</p> <p>You will receive an Explanation of Benefits (EOB) each month you fill a prescription. It will show which coverage stage you're in and how close you are to entering the next one.</p>			

When you can enroll

Initial Enrollment Period



You can sign up for a Medicare Advantage or Part D plan when you are first eligible for Medicare. Your Initial Enrollment Period is a seven-month period that includes the three months before your 65th birthday month, the month you turn 65, and the three months after your 65th birthday month.

Annual Enrollment Period - October 15 to December 7



This is the time each year to enroll in or change your Medicare Advantage or Part D plan. You may also switch to only Original Medicare (Parts A and B). New coverage begins January 1 of each year.

Open Enrollment Period - January 1 to March 31



This is an extra time each year when you can make one enrollment change to your existing Medicare Advantage plan. You can do one of the following:

- Move to a different Medicare Advantage plan
- Drop your Medicare Advantage plan to stay with Original Medicare. If you do this and need drug coverage, you have until March 31 to add a Medicare Part D (prescription drug) plan.

Special Enrollment Period

You can sign up for a Medicare Advantage or Part D plan outside of the standard time frames if certain events occur in your life. These events may include (but aren't limited to) a change in employment, circumstances, or location.

Medicare ID cards

If you choose a Medicare Advantage and Prescription Drug plan:



You will not need your red, white and blue Medicare ID card. Just present your member ID card for all your covered medical and drug benefits.

Avoid late-enrollment penalties

It's important to enroll in a Medicare plan when you're first eligible. If you don't, you may have to pay the following penalties:



Medicare Part A: You may have to buy Part A if you don't qualify for premium-free Part A. If you do not buy it when you're first eligible for Medicare, your monthly premium may go up 10%. You will have to pay the higher premium for twice the number of years you didn't sign up.

For example, if you delayed enrollment for one year and your monthly Part A premium was \$100, then you would have to pay a \$110 (10% increase) premium for two years (two times the one year you didn't have Medicare Part A).



Medicare Part B: Your monthly premium may increase 10% for each 12-month period you could have had Part B but didn't sign up. You'll have to pay this penalty for as long as you have Part B.



Medicare Part D: If you don't sign up when you're first eligible, you may have to pay this penalty for as long as you are enrolled in Part D, and it may increase every year. You may not have to pay it if you receive Extra Help or have proof of other creditable (as good as Medicare's) coverage.

How can I learn more about Medicare?

Medicare & You, a helpful tool



The United States government's *Medicare & You* handbook is a great way to learn about Medicare and find answers to your questions. If you do not have a copy, you can view it online at **medicare.gov** or call Medicare for a copy at **1-800-MEDICARE (1-800-633-4227)**, 24/7. TTY users can call **1-877-486-2048**.

If you need emergency or urgent care, call 911 or go to the nearest doctor or facility that can help you. Most times, you must use doctors in our plan to receive covered medical care, except for emergencies and urgently needed care when doctors in our plan are not available or dialysis services when you are out of the service area. If you receive routine care from doctors outside our plan, neither Medicare nor Anthem I MaineHealth will pay for it.

Anthem I MaineHealth, LLC. is an HMO plan with a Medicare contract. Enrollment in Anthem I MaineHealth, LLC. depends on contract renewal.

Plans offered by AMH Health, LLC., a joint venture between MaineHealth and Anthem Partnership Holding Company, LLC. AMH Health, LLC. is an independent licensee of the Blue Cross Blue Shield Association.

IMPORTANT INFORMATION:

2022 Medicare Star Ratings

Official U.S.
Government
Medicare
Information



AMH Health - H9065

For 2022, AMH Health - H9065 received the following Star Ratings from Medicare:

Overall Star Rating: ★★★★★☆

Health Services Rating: ★★★★★☆

Drug Services Rating: ★★★★★☆

Every year, Medicare evaluates plans based on a 5-star rating system.

Why Star Ratings Are Important

Medicare rates plans on their health and drug services.

This lets you easily compare plans based on quality and performance.

Star Ratings are based on factors that include:

- Feedback from members about the plan's service and care
- The number of members who left or stayed with the plan
- The number of complaints Medicare got about the plan
- Data from doctors and hospitals that work with the plan

The number of stars show how well a plan performs.

★★★★★ EXCELLENT

★★★★☆ ABOVE AVERAGE

★★★☆☆ AVERAGE

★★☆☆☆ BELOW AVERAGE

★☆☆☆☆ POOR

More stars mean a better plan – for example, members may get better care and better, faster customer service.

Get More Information on Star Ratings Online

Compare Star Ratings for this and other plans online at [medicare.gov/plan-compare](https://www.medicare.gov/plan-compare).

Questions about this plan?

Contact AMH Health 7 days a week from 8 a.m. to 8 p.m., (except Thanksgiving and Christmas) from October 1 through March 31, and Monday to Friday (except holidays) from April 1 through September 30 at 1-855-639-0209 (toll-free) or 711 (TTY).

Current members please call 1-844-209-6376 (toll-free) or 711 (TTY).

Anthem I MaineHealth, LLC. is an HMO plan with a Medicare contract. Enrollment in Anthem I MaineHealth, LLC. depends on contract renewal.

Enrollment Checklist

Before making an enrollment decision, it is important that you fully understand our benefits and rules. If you have any questions, you can call and speak to a customer service representative at **1-855-639-0209** TTY: **711**, 8 a.m. to 8 p.m., seven days a week (except Thanksgiving and Christmas) from October 1 through March 31, and Monday to Friday (except holidays) from April 1 through September 30.

Understanding the Benefits

- Review the full list of benefits found in the Evidence of Coverage (EOC), especially for those services for which you routinely see a doctor. Visit <https://shop.anthem.com/medicare> or call **1-855-639-0209** to view a copy of the EOC.
- Review the provider directory (or ask your doctor) to make sure the doctors you see now are in the network. If they are not listed, it means you will likely have to select a new doctor.
- Review the pharmacy directory to make sure the pharmacy you use for any prescription medicines is in the network. If the pharmacy is not listed, you will likely have to select a new pharmacy for your prescriptions.

Understanding Important Rules

- In addition to your monthly plan premium, you must continue to pay your Medicare Part B premium. This premium is normally taken out of your Social Security check each month.
- Benefits, premiums and/or copayments/co-insurance may change on January 1, 2023.
- Except in emergency or urgent situations, we do not cover services by out-of-network providers (doctors who are not listed in the provider directory).